

Nathan Hickman is the founder of TaskPro, a lifestyle management service that gives people more of their life back by doing the errands, chores and personal tasks that weigh down their lives. He is the author of *Take Time To-Be: How Learning To Live In the Moment Allowed My Late Brother to Live an Imperfect Life, Perfectly*. He writes a lifestyle management blog: *Be Still. Be Free. Be Content*. He is a member of West Michigan Advanced Toastmasters (Sergeant at Arms), Lunch Bunch (VP Ed), and The Law of Attraction. He is a Club Coach for Mercy Health Toastmasters. He is obsessed with quality of life, both yours and his. He works hard everyday to live in the moment and in allowing others to enjoy more of their own moments. His hobby is volunteering, and along with being Area Director for Area 12, he also is a Board Trustee for Mind Meets Music, is a Council Member for a Patient and Family Advisory Council for Spectrum Health, serves as President of Opera Ambassadors, which supports Opera Grand Rapids and loves spending his Saturdays at Toastmaster Events.