



**District 62 – November 2018**

## **A word from our District Director, Helen Dotson**

Fellow Toastmasters,

It is a tremendous honor and privilege to serve as your District Director during District 62's 60<sup>th</sup> Anniversary Year. As I reflect on my own life and the impact Toastmasters has had on me, there are three key points that may be of interest and benefit to you.

**Embrace the opportunities before you with a positive mindset.** Focusing on the positive increases your energy and empowers you to embrace the opportunities before you. This will enable you to experience personal growth, which should broaden your skills, increase your confidence, and expand your courage.

**Not having time is the greatest avoidance strategy.** Lately I have reflected upon this a lot and found ways to carve time and space for what means the most to me. This has enabled me to accomplish more with the time I have, given me space to breathe and think more clearly, and reduced stress in multiple areas.



**Our Trio, left to right: Club Growth Director - Faith Cooper, District Director - Helen Dotson, Program Quality Director - Spencer Van Roekel**



**All journeys of importance begin with a single step.** Major accomplishments require many small steps, taken time and time again with consistency, to achieve them. When you finish one step,

be sure to set a time to take the next one. It takes many small steps, one after the other, to finish any significant goal. Our personal growth occurs through many endeavors over time, honing and polishing our talents and strengths, and building new ones, much like polishing a stone. The incremental steps we take day by day help us to grow and develop, resulting in amazing growth over time if we embark on the journey.

As the 2018 holiday season approaches, I encourage you to pause for personal reflection on where you are today, where you'd like to be a year from now, and where you want to be five years from now. What opportunities are before you? What do you consider to be your greatest accomplishment in the last 5 years? What do you dream of looking back on as your greatest accomplishment 10 years from now? Embrace what you see and make the time to go for it by taking the next step. When you look back upon the 2018-2019 year, I hope you will see how much you have grown by embracing your opportunities, making the time for what matters most to you, and taking steps on a regular basis to achieve your goals.

Sincerely,  
Helen

## Who's who in District 62

### District Director

Helen Dotson, DTM

### Program Quality Director

Spencer VanRoekel, DTM

### Club Growth Director

Faith Cooper, DTM, DL4, VC1

### Administration Manager

Cindy Pavella, DTM, PID, PRA

### Finance Manager

Amy Moored, CPA, DTM

### Public Relations Manager

Karen MacLean

### Immediate Past District Director

Karen Newhouse, DTM

### Division C Director

Whitney Mitchell, CC, ALB

### Division E Director

Isabella Muscott, DTM

### Division N Director

Sienna Mavima, DTM

### Division S Director

Bhanu Singh, ACB, ALS

### Division W Director

Laura St. Louis, ACS, ALS

## Admin Support Team

### Webmaster

Bryan Garfoot, DTM

### District Leadership Committee Chair

Karen Newhouse, DTM

### Pathways Lead Guide

Lori Haynes, ACS, ALB

### Audit Committee Chair

Mary Lawrence, ACB, ALB

### 2019 Spring Conference Co-Chairs

Laura St. Louis

Anna Donahue

### Parliamentarian

Bhanu Singh

## We need your nominations!

It is time once again to recognize those who have contributed to the success of our membership and district in the 2017/2018 Toastmaster year completed on June 30<sup>th</sup>. There is no question that in a volunteer organization that it takes many hands to accomplish the members' and district's goals and we are fortunate as a district to have so many outstanding contributors. With that said, each year we take time out to recognize a select group of Toastmasters that have epitomized the Toastmaster values Respect, Integrity, Service and Excellence in the following areas. Please take time to think about those who have impacted you and nominate them for one of the following awards. Nomination forms can be found at <https://62toast.com/nomination-forms>.

Please complete and email to [AwardNominations@62toast.com](mailto:AwardNominations@62toast.com) by **December 1, 2018**.

**District 62 Toastmaster of the Year Award** - This award recognizes one Toastmaster whose dedication, commitment, and efforts significantly contributed towards achieving the district mission.

**The Longtime Toastmaster Award** - Named after Past District Governor Bruce Frandsen (1993-94) who was the first International Director from District 62 (1995-97), is awarded to a veteran Toastmaster who continues to contribute in a significant way to the success of District 62.

**Club President of the Year Award** - Named after Past District Governor James Leader (1967-68) honors a Club president who has led their club officers and members to excel in administrative, educational, membership growth and retention, and other club activities.

**Spirit of Success Award** - This award, named after Past District Governor Dick Haskins (1983-84) recognizes one Toastmaster who has been a member for 5 years or less, and who exhibits or demonstrates that spark of enthusiasm, spirit, commitment, and dedication to the District which foretells success.

**Division Governor (Director) of the Year Award** - This award recognizes a division governor (director) whose dedication, commitment, and area team significantly contributed towards achieving the district mission.

**Area Governor (Director) of the Year Award** - This award recognizes an area governor (Director) whose dedication, commitment, and area team significantly contributed towards achieving the district mission

## SAVE THE DATE

**D 62's Spring Conference will be April 26-28, 2019.**

### Volunteers needed

Please contact Laura St Louis at [w.div.dir@62toast.com](mailto:w.div.dir@62toast.com) or Anna Donahue at [area18@62toast.com](mailto:area18@62toast.com) if you are able to help out.

### **Congratulations to the following clubs in achieving the Super Seven!**

C Division Advanced Speakers  
Auto-Owners  
East Advanced Sensational Speakers  
Lunch Bunch Club  
The Law of Attraction Club  
Gun Lake Toastmasters

### **Congratulations to C Division Advanced Speakers!**

They were the only club to achieve the Terrific Ten, an incentive that had 7 officers trained as well as 3 additional members.

### **Congratulations to the following Leaders who met their incentives!**

Area 6 Director, Darlene Smith  
Area 8 Director, Marcia Marques  
Area 9 Director, Stefan Jenson  
Area 10 Director, Debra Loader  
Area 11 Director, Lavon Compton  
Area 12 Director, Nathan Hickman  
Area 13 Director, Diane Sinclair  
Area 14 Director, Victor Marques  
Area 15 Director, Mark Li  
Area 17 Director, Adam Bush  
Area 20 Director, Ron Jacobs  
Area 21 Director, Lori Haynes  
E Division Director, Isabella Muscott

## **Region 6 Advisor Visit**

We were truly blessed to have our Region Advisor, Jeff Sobel visit our district earlier this month. He spent several days visiting clubs and working with our executive team. Jeff also joined us for our DEC meeting and presented a very valuable interactive session.



#### **Area 2 Director**

Chet Zelasko, ACS

#### **Area 3 Director**

Andrew McCullough, ACS

#### **Area 4 Director**

Al Hight, ACG, CL

#### **Area 5 Director**

Crow Demortier, VC4

#### **Area 6 Director**

Darlene Smith, CC, ALB

#### **Area 7 Director**

Joshua Gillespie, CC, ALB

#### **Area 8 Director**

Marcia Marques, DTM

#### **Area 9 Director**

Stefan Jenssen, ACB

#### **Area 10 Director**

Debra Loader, CC, MS1, ALB

#### **Area 11 Director**

Lavon Compton, ACB, ALB, EC1

#### **Area 12 Director**

Nathan Hickman, CC

#### **Area 13 Director**

Diane Sinclair, CC, ALB

#### **Area 14 Director**

Victor Marques

#### **Area 15 Director**

Mark Li, ACB, CL

#### **Area 16 Director**

Roy Sims, ACS, ALB

#### **Area 17 Director**

Adam Bush

#### **Area 18 Director**

Anna Donahue, CC, CL

#### **Area 19 Director**

Barb Sheren, CL

#### **Area 20 Director**

Ron Jacobs, ACB, CL

#### **Area 21 Director**

Lori Haynes, ACS, ALB

#### **Area 22 Director**

Kendra Nichols





**TOASTMASTERS**  
**PATHWAYS**  
— learning experience —

We just celebrated the first anniversary of our journey with Pathways. Our members have made remarkable progress during this first year. So far District 62 has achieved over 80 Pathways education awards, including the very first path completed in our district (Presentation Mastery by Jeffrey A. Martin). That path is the first of many, many more to come as we continue our transition to the Pathways learning experience.

Some of you may be still completing awards in the Traditional education program and even working towards your DTM before starting on Pathways. That is wonderful. Remember that awards in the Traditional program can only be earned until June 30, 2020.

If you still need to serve a year as a district officer for your DTM, there is just one more Toastmasters year available to do that for the Traditional program, the 2019-2020 year that starts on July 1st. Send an email soon to [DecNominations@62toast.com](mailto:DecNominations@62toast.com) so our district leaders know about your interest.

And if you are needing to be a club sponsor, mentor or coach, send an email to [cgd@62toast.com](mailto:cgd@62toast.com) and Faith Cooper, our Club Growth Director, will work to find the perfect spot for you.

Both district officer service and being a sponsor/mentor/coach are requirements for Pathways DTMs as well. If you have completed these in the Traditional program but not applied them toward your Advanced Leader Silver (ALS) you can use them for a Pathways DTM.

With a little planning, finishing that DTM is possible. I also recommend that you select a path in Pathways so that you can help your fellow club members who have started on their paths and be a part of this new program.

Please send any questions or suggestions about Pathways to me at [pathways@62toast.com](mailto:pathways@62toast.com). You can also post them on our District 62 Facebook page. You'll also find updates about our Pathways progress and helpful resources on our Facebook page as well.

## District Leader Nominations

### Due December 15, 2018!

Succession planning is key to the success of District 62. While it may seem that the Toastmaster year has just gotten started, it is important to start looking for the leaders that will move the district forward in the 2019/2020 year. Leadership development is a process both for those who aspire to lead and those that come alongside them to mentor and support them.

District Leadership in Toastmasters is achieved by two different avenues, election and appointment. Elected positions are District Director, Program Quality Director, Club Growth Director and Division Director. Appointed positions are Area Director, Administration Manager, Finance Manager, Public Relations Manager and Audit Chair, Alignment Committee Chair and District Leadership Committee Chair. Audit, Alignment and District Leadership Committee Chairs are not necessarily part of the District Executive Committee.

Nominations of candidates for the elected positions are due by December 15, 2018 to [DecNominations@62toast.com](mailto:DecNominations@62toast.com). Requirements for each position and Nomination forms are available at <https://62toast.com/nomination-forms>. Candidates are welcome to self-nominate. This will be the last opportunity to complete your district leadership requirement for a DTM in the old system. I look forward to receiving some great nominations to help move District 62 into the future. Questions can be sent to [IPDD@62toast.com](mailto:IPDD@62toast.com)

Karen Newhouse, DTM

District Leadership Chairperson 2018/2019

**Visit our website**

[www.62toast.com](http://www.62toast.com)

**Go to our Facebook page**

<https://www.facebook.com/groups/103667698094/>

**We build new clubs and support all clubs in achieving excellence**



**Our  
International  
President  
Lark Doley with  
our District  
Director Helen  
Dotson**

## **Greetings from your Club Growth Director, Faith Cooper**

I joined Toastmaster 5 years ago to work on my communication skills and to increase my scores on my annual reviews. I discovered that I learned many other transferable skills that you do not learn in college. Two years ago, I took on the role of area director. That year, I contacted several members that had the same goal of starting a club, Mint to Speak. It excites me to equip others and watch them soar.

This year I trained for my first half Iron Man. Although I could have found a plan and trained for it on my own, I choose to hire a coach. My coach made me much stronger by evaluating the areas I needed to focus on and critiqued my skills along the way. I needed to put in the work, but the plan to reach my goal was laid out and adjusted when needed. I had support and did not do it alone. My coach answered questions and showed me new drills to improve my skills. She was also there cheering loudly.

Just like coaches helps athletes reach their personal goals, club coaches help clubs reach the goals they have as well. They have the gift of listening and help put the steps in place to help a club reach their goals and cheer them on. They have experiences from their home club that might be different than the club they are coaching. If your club has fewer than 12 members, you are eligible to have up to 2 club coaches to reach your goals.

**Wondering how you can be an exceptional club coach?** We have a new video on the district website by our very own Carol Prahinski "How to Be an Exceptional Club Coach". <https://62toast.com/club-coach-resources>

Based on the October 2018 renewals, more clubs are eligible for coaches and several clubs are already asking for coaches. After watching the video, if you are interested in serving as a club coach, share what your biggest take away from the video and what area you are interested in coaching in by emailing [cgd@62toast.com](mailto:cgd@62toast.com), and I will consider you to serve as a District 62 Club Coach..

We have had a great start to the year. I have meet with leads for 6 new corporate programs. Two additional prospects have been added: Pfizer in Portage and the VA hospital in Saginaw. If you are interested in sponsoring or mentoring a new club, or have any new club needs, please email me at [cgd@62toast.com](mailto:cgd@62toast.com). The best leads come from someone that is experienced with Toastmasters.



## Summary for the completion of the Fall District Council Meeting

We successfully completed our first ever full Fall Virtual District Council Meeting on Tuesday evening, October 23. A quorum was achieved which enabled the District to conduct required business. We successfully used Election Runner to collect the votes via an electronic ballot. The proposed District budget for the 2018-2019 fiscal year was approved as a key matter of business at the meeting. Special thanks to our District 62 Administration Manager, Cindy Pavella, DTM, PID, PRA for her detailed preparations for the meeting including the investigation of the best options for conducting the electronic vote. The lessons learned from this council meeting will be taken into consideration in planning and execution for the Fall 2019 Virtual District Council meeting.



## Role Opportunities

**Club Coach Chair.** - The club coach chair would be responsible for locating qualified coaches; matching the right coach club partnership; and providing ongoing training for the club coaches.

**Club Sponsor/Club Mentor Chair** - They would be responsible building and supporting teams to support new clubs and programs. Supporting the teams includes training and other resources.

**Club Extension Chair** - Supports the Club Growth Director with processes of opening new clubs

**Retention Chair** - This member has a passion for seeking to support clubs and programs in retaining members and coming up with solutions.

**Corporate Liaison** - This member works with both existing corporate programs and new programs to build and keep the relationship with the corporations strong.

**Book Store Manager** – As a service to the members of District 62, the district operates a non-profit bookstore at all major training events and the annual spring conference. To continue to operate our bookstore, we need a dedicated and organized District 62 Toastmaster to become our new Bookstore Manager, effective beginning with the January TLI events. Key responsibilities include managing and tracking the inventory and setting up and operating the bookstore at TLIs and the annual spring conference. Interested District 62 Toastmasters should email District Director Dotson at [DD@62toast.com](mailto:DD@62toast.com) for more information regarding this position and to schedule an interview.

**Audit Committee Members** - In accordance with District by-laws, the District Director shall appoint an Audit Committee consisting of at least three individual members who are not members of the District Executive Committee to conduct both a Mid-Year and Year-End Audit. Mary Lawrence has been appointed as Chairperson of the Audit Committee for 2018-2019. Our District Director, Helen Dotson, DTM, is looking for qualified committee members from each Division to join this important required committee. District 62 Toastmasters interested in serving on this committee and having a firsthand look at the District 62 finances should email District Director Dotson at [DD@62toast.com](mailto:DD@62toast.com). The Mid-Year Audit is required to be completed and submitted to Toastmasters International World Headquarters by no later than February 15, 2019. Results of the Mid-Year Audit are reviewed at the Annual Business Meeting.

**Spring Conference Volunteers** - The District 62 2019 Spring Conference will be held the weekend of April 26 through 28, 2019 in Lansing, Michigan. The target location is the Kellogg Hotel & Conference Center at Michigan State University in East Lansing. The Spring District Council Business Meeting, also called the Annual Business Meeting, will be held on Saturday, April 27, 2019. Our conference co-chairs Anna Donahue ([area18@62toast.com](mailto:area18@62toast.com)) and Laura St Louis ([W.Div.Dir@62toast.com](mailto:W.Div.Dir@62toast.com)) are working diligently with our Program Quality Director, Spencer Van Roekel, DTM, in the initial planning for the Spring Conference. It takes many members to prepare for and run a successful District Conference. If you are interested in volunteering to help, please contact either of our Co-Chairs for further information. More information will be coming soon via our District 62 Facebook, District 62 Web Site, and next District 62 Newsletter

**All roles can be used for High Performance leadership credit or lead in any situation from level 5 of Dynamic Leadership. If interested, email [trio@62toast.com](mailto:trio@62toast.com) . Final decision on appointments will be made by our District Director, Helen Dotson.**



## Charge Up Award

This just in! The District 62 Charge Up Award Passport has been finalized and is now posted on the D62 web site. Visit 5 clubs you are not a member of with your "D62 Charge Up Passport" to document your visit, and you will be eligible to earn a Toastmasters Charger. (Note: Area Directors are not eligible.) You must submit a copy of your completed passport to the D62 Club Growth Director (CGD) at [CGD@62toast.com](mailto:CGD@62toast.com) by no later than Saturday, May 18, 2019 to be eligible for the "Charge Up Award". Upon satisfactory confirmation of completed passport, CGD will provide incentive award to the Passport Member per the published D62 2018-2019 Incentives. Earned incentive is targeted for disbursement by no later than June 30, 2019. Happy Visiting!!

**WHERE  
LEADERS  
ARE  
MADE**

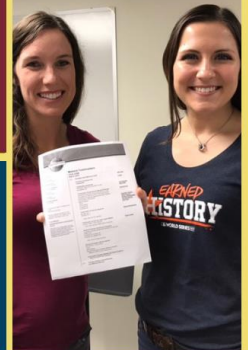


### "BRING A FRIEND TO TOASTMASTERS"

#### CONTEST

INVITE A NONMEMBER TO A TOASTMASTERS MEETING. TAKE A PICTURE TOGETHER AT THE MEETING WHILE HOLDING THE AGENDA OR STANDING NEXT TO YOUR CLUB'S BANNER. THEN POST IT IN THIS THREAD ON OUR DISTRICT FB PAGE.

ONE WINNER WILL BE SELECTED BY A DRAWING ON FACEBOOK LIVE EACH MONTH. WINNER WILL RECEIVE A \$20 REIMBURSEMENT FOR THEIR NEXT MEMBERSHIP PERIOD OR FOR THEIR NEXT PATH IN PATHWAYS.



#### Contest: Bring a Friend to Toastmasters

- 1.) Invite a nonmember to your Toastmasters meeting.
- 2.) Take a picture with your friend holding a copy of the agenda or standing next to your club's banner.
- 3.) Post the picture on the District 62 Facebook page in the contest thread.
- 4.) Watch on Facebook Live on the first Sunday of the month at 7pm, as the winner is announced.