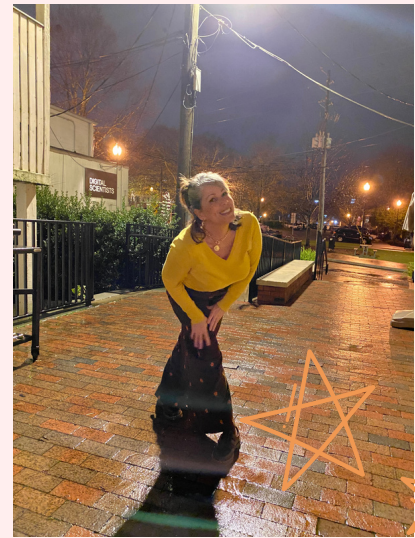


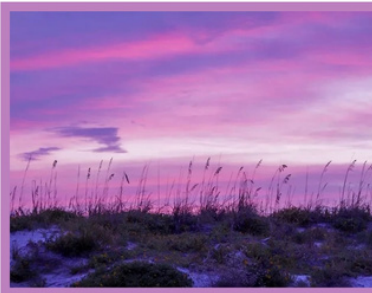
# Shanonn Thompson

(404)210-1906

shanhale29@gmail.com



wanderlust mystic  
curiosity, concepts &  
connections



wanderlustmystic.com

About Us



CAREFULLY CURATED FOR THE  
COLLECTIVE CONSCIOUS

Wanderlust Mystic is an online retailer of out of the ordinary books, crystals, cards & gifts. We search local and independent creators with stories infused into their work. All items are curated with the intention to contribute positively towards the collective energy of the universe.

We also offer a concierge service to help you find the best resources, be it coaching, podcasts or books, to help you spread your wings in your spiritual, wellness and growth journey

THIS IS WHAT  
IT FEELS LIKE  
TO BE SAFE  
IN MY SKIN

warm sun on my face  
no recoiling from a hand on my arm  
speaking my words out loud  
windchimes sprinkling their music across the air  
salt water kissing my feet  
laughing freely  
no more looking over my shoulder

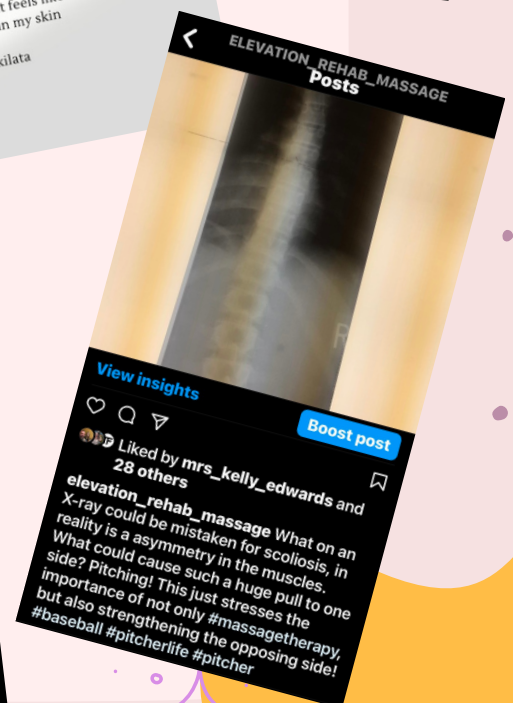
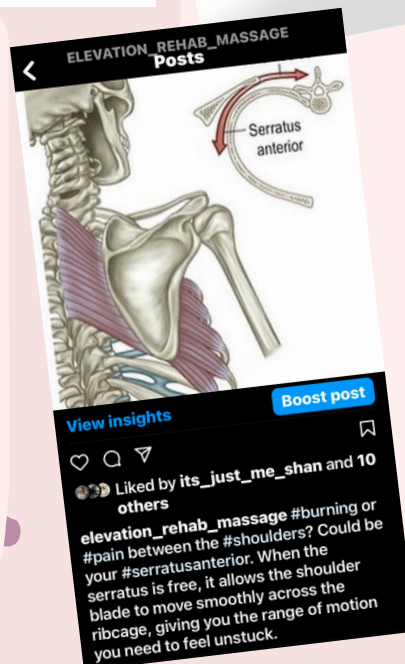
this is what it feels like  
to be safe in my skin

~s.kilata



## Skills & Experience

- Digital product design
- Webiste Creation
- Print and web design
- Social Media Management
- Photo and Video Editing
- Small Business Coaching



wanderlust mystic  
curiosity, concepts &  
connections



[vanderlustmystic.com](https://wanderlustmystic.com)

### About Us



#### CAREFULLY CURATED FOR THE COLLECTIVE CONSCIOUS

Wanderlust Mystic is an online retailer of out of the ordinary books, crystals, cards & gifts. We search local and independent creators with stories infused into their work. All items are curated with the intention to contribute positively towards the collective energy of the universe.

We also offer a concierge service to help you find the best resources, be it coaching, podcasts or books, to help you spread your wings in your spiritual, wellness and growth journey





# Wanderlust Mystic



**Masterkraft Screen & Aluminum is a small business that was seeing a decline in new customers. I consulted with the owner, and brought them into the 21st century :) by building a website showcasing their quality work, as well as social media, and pushing campaigns to build their Google profile. Within a week, they had 10 new contacts, and bids for 4 new customer builds.**



**the\_suburban\_misfit**...



*i know this much is true*  
A COLLECTION OF ESSAYS & THOUGHTS ON LIFE  
s. kilata

**I KNOW THIS MUCH IS TRUE**  
A COLLECTION OF ESSAYS & THOUGHTS ON LIFE

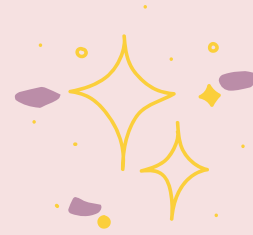
**ABOUT THE BOOK**  
I Know This Much is True is as much an autobiography as it is self-help, chronicling her tumultuous childhood years, melodramatic twenties, and losing herself in a one-sided marriage for the next two decades. Stepping out into her own voice, s. kilata discovers that within her, not outside, is where the true power lies. The need for compassion of others and the world around us is more vital now than ever. s. kilata calls for us to disconnect from the cogs of society and open our eyes to humanity. It is only when we recognize our connection to each other, that we can see more harmony

**REVIEWS**  
"This is a stunning soon to be released book. I think this is outstanding work and the type of story that should be shared, and in the current "climate," it might need to be a must read for organizations and leaders who deal with diversity issues every day."  
Calvin Lawrence, Ed. D., Motivational Speaker & Consultant

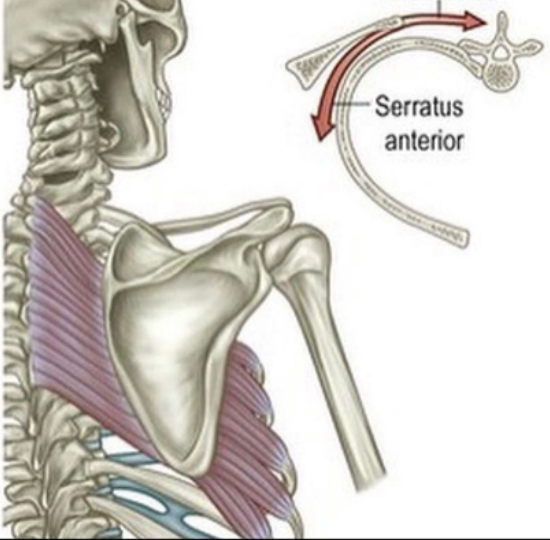
"This book is a must-read. The author wears her journey of trials and tribulations like a badge of honor! She brings light, learning and healing to even the heaviest of topics. It's never too late to choose a new direction for yourself." Jenna Slaughter, Heart Forward Business Coach

**S. KILATA**  
404-210-1906  
thesuburbanmisfit@gmail.com  
<https://linktr.ee/thesuburbanmisfit>

# The Suburban Misfit



**ELEVATION\_REHAB\_MASSAGE**  
**Posts**



[View insights](#) [Boost post](#)


♥ 💬 ▼ 📌

👤👤👤 Liked by [its\\_just\\_me\\_shan](#) and 10 others

**elevation\_rehab\_massage** #burning or #pain between the #shoulders? Could be your #serratusanterior. When the serratus is free, it allows the shoulder blade to move smoothly across the ribcage, giving you the range of motion you need to feel unstuck.



**ELEVATION\_REHAB\_MASSAGE**  
**Posts**



[View insights](#) [Boost post](#)

♥ 💬 ▼ 📌

👤👤👤 Liked by [mrs\\_kelly\\_edwards](#) and 28 others

**elevation\_rehab\_massage** What on an X-ray could be mistaken for scoliosis, in reality is a asymmetry in the muscles. What could cause such a huge pull to one side? Pitching! This just stresses the importance of not only #massagetherapy, but also strengthening the opposing side! #baseball #pitcherlife #pitcher

# Elevation Rehabilitative Massage

# THIS IS WHAT IT FEELS LIKE TO BE SAFE IN MY SKIN

warm sun on my face  
no recoiling from a hand on my arm  
speaking my words out loud  
windchimes sprinkling their music across the air  
salt water kissing my feet  
laughing freely  
no more looking over my shoulder

this is what it feels like  
to be safe in my skin

~s.kilata

## Personal Writings



# About Me



**I am a self-starter, quick learner, and highly motivated. I love being creative, and using my creativity to help others' small businesses grow.**

**With my own small business, Elevation Rehabilitative Massage, I was amazed to watch it grow from just one client, a friend who was helping me out, to a 90% ROI year after year. Unfortunately, due to COVID, my business quickly dwindled, but I still sought out ways to keep it above water, and create new ideas for other revenue streams. I am proud of the work that I do, and am excited to help you find ways to build your brand!**