



**Training**  
Group Limited

*The person named below has successfully completed*  
**First Aid at Work 18 Hour L3 (VTQ) - FAW**

**CARLY BOWNES**

**In compliance with Health & Safety (First Aid) Regulations (1981)  
Delivered in Accordance with Currently Accepted First Aid Practice**

Course Completed On: 29 Jan 2025

Certificate valid for 3 years and annual refresher training is  
recommended by the HSE on:

**1st Update: January 2026 2nd Update: January 2027**

**Retake this course before: 28 January 2028**

**Certificate No. 173816803661578**

Signed   
Training Director

**Instructor: Adam Holmes**

**Instructor No. 3001389**

Validate Cert



**ATH Training Group Ltd**

ProTrainings Approved Centre 90373

Training Contact No. 01206807552

ProTrainings - An Industry Body for First Aid Training