



First Class Safety Training

Training today for a safer tomorrow

Training Course Specification

Course Title	First Aid Annual Refresher
Course Description	This course is suitable for candidates who have a current First Aid at Work certificate or a current Emergency First Aid at Work certificate and wish to refresh their knowledge around the fundamental first aid principles.
Course Duration	3-4 hours
Max no of participants	12
Who should attend	Anyone who wishes to refresh their First Aid knowledge
Pre-requisites	Minimum age 14.
Course Content	<ul style="list-style-type: none">• CPR and use of AED• Recovery position• Applying bandages and slings• Choking• Bleed control
Assessments	Delegates will be continuously assessed throughout the course, to ensure they have met the learning outcomes. Learning objectives are also reinforced through written answers.
Course Costs	TBA – Quote upon request

Email: carly@firstclasssafety.co.uk

Phone: 07719 285628

Web: www.firstclasssafety.co.uk