



# First Class Safety Training

Training today for a safer tomorrow

## Training Course Specification

Course Title	First Aid for Schools
Course Description	This course is designed specifically for teachers, teaching assistants, cleaners and school support staff. It provides a practical introduction to basic first aid, equipping staff with the knowledge and confidence to respond to common injuries and medical emergencies in a school setting. This course covers key topics including how to assess a situation, perform CPR, deal with choking, bleeding, burns and understand common childhood conditions such as asthma, allergies, and seizures.
Course Duration	1 Day Course (6-7 Learning hours)
Max no of participants	12
Who should attend	Teachers, teaching assistants, cleaners, support staff
Pre-requisites	N/A
Course Content	<ul style="list-style-type: none"><li>Assessing an incident</li><li>Accident reporting</li><li>Dealing with an unresponsive child or infant</li><li>CPR and use of AED</li><li>Recovery position</li><li>Cardiac Arrest</li><li>Bleeding</li><li>Choking</li><li>Shock</li><li>Seizures</li><li>Drowning</li><li>Minor injuries, nosebleeds, stings</li><li>Spinal Injuries</li><li>Strains and sprains</li><li>Dislocations and fractures</li><li>Burns</li><li>Asthma</li><li>Anaphylaxis</li><li>Fainting</li></ul>
Assessments	Delegates will be continuously assessed throughout the course, to ensure they have met the learning outcomes. Learning objectives are also reinforced through written answers.
Course Costs	TBA – Quote upon request

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