



First Class Safety Training

Training today for a safer tomorrow

Training Course Specification

Course Title	COSHH Awareness Training
Course Description	This course is designed to provide participants with the knowledge and skills needed to safely handle hazardous substances in the workplace. The course covers the key principles of COSHH regulations, risk assessment processes, safe use, storage and disposal of hazardous substances, along with the importance of personal protective equipment. Participants will gain an understanding of how to identify, control and reduce exposure to hazardous substances to prevent incidents and ensure compliance with legal requirements.
Course Duration	4 hours
Max no of participants	12
Who should attend	Employees who handle, work with or supervise the use of hazardous substances
Pre-requisites	N/A
Course Content	<ul style="list-style-type: none">• Understand the COSHH regulations and their application in the workplace• Identify hazardous substances and their associated risks• Understanding risk assessments for hazardous substances.• Implement control measures to protect themselves and others from hazardous substances.• Understand the safe use, storage, and disposal of hazardous substances.• Recognize the importance of personal protective equipment• Follow emergency procedures in case of exposure or spills
Assessments	Delegates will be continuously assessed throughout the course, to ensure they have met the learning outcomes. Learning objectives are also reinforced through written answers.
Course Costs	TBA – Quote upon request

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