



# First Class Safety Training

Training today for a safer tomorrow

## Training Course Specification

Course Title	Emergency Paediatric First Aid Level 3 (VTQ)
Course Description	This course equips learners with essential life saving skills to respond confidently to emergencies involving infants and children. Covering critical topics such as CPR, choking, seizures, bleeding and shock management. This course is ideal for parents, teachers, childcare providers and anyone responsible for children's safety. Participants will gain hands on experience in a practical, engaging environment, ensuring they are prepared to handle real life situations with confidence and competence.
Course Duration	1 Day Course (6 Learning hours)
Max no of participants	12
Who should attend	Anyone who wishes to learn Emergency First Aid for children and/or infants
Pre-requisites	N/A
Course Content	<ul style="list-style-type: none"><li>• Assessing an incident</li><li>• Dealing with an unresponsive child or infant</li><li>• CPR and use of AED</li><li>• Recovery position</li><li>• Cardiac Arrest</li><li>• Bleeding</li><li>• Choking</li><li>• Shock</li><li>• Seizures</li><li>• Drowning</li><li>• Minor injuries</li></ul>
Assessments	Delegates will be continuously assessed throughout the course, to ensure they have met the learning outcomes. Learning objectives are also reinforced through written answers.
Course Costs	TBA – Quote upon request

**Email:** [carly@firstclasssafety.co.uk](mailto:carly@firstclasssafety.co.uk)

**Phone:** 07719 285628

**Web:** [www.firstclasssafety.co.uk](http://www.firstclasssafety.co.uk)