



First Class Safety Training

Training today for a safer tomorrow

Training Course Specification

Course Title	First Aid at Work Level 3 (VTQ) - Requalification
Course Description	This course is suitable for candidates who have a current First Aid at Work certificate or a certificate that has expired within the last 28 days from the completion date of the course.
Course Duration	2 Day Course (12 Learning hours)
Max no of participants	12
Who should attend	Anyone who wishes to renew their full First Aid at Work certificate
Pre-requisites	Minimum age 14.
Course Content	<ul style="list-style-type: none">• Roles and responsibilities of a first aider• Assessing an incident• Dealing with an unresponsive casualty• CPR and use of AED• Broken bones, dislocations, strains and sprains• Head, eye and spinal injuries• Chest injury• Heart Attacks• Drowning• Bleeding• Choking• Burns• Shock• Seizures• Minor injuries• Bites, stings and poisoning• Diabetes, asthma, angina and stroke
Assessments	Delegates will be continuously assessed throughout the course, to ensure they have met the learning outcomes. Learning objectives are also reinforced through written answers.
Course Costs	TBA – Quote upon request

Email: carly@firstclassafety.co.uk

Phone: 07719 285628

Web: www.firstclassafety.co.uk