

Animated Employee e-Newsletter!

When **karma corner** is clicked, you travel inside the building to get your personalized horoscope guidance.

When **path carvers** is clicked, you travel inside to soak in leadership, relationship management and communications exercises to try.

Peek's picks highlights an item or activity your readers will enjoy working into their lives or sharing with someone they know.

peek
FORWARD

EXPLORE!
click building signs for tips of the week!

For Mental Health & Productivity
It Moves, Stimulates, & Educates
We Personalize Each Topic Area

When **in-the-know** is clicked, you're brought to a fun video that features a current announcement.

In-the-know topics vary widely each send. It can sometimes feature a survey, signup form, or special offer!

Self-talk-studio brings you to a light-hearted visual yet powerful self-improvement techniques and habit-changers to try.

Fitness farmer brings you to the farm to learn about foods to try & shows exercises or physical therapy techniques to try.