

HGSA Sunday Sermon
Rev. Glenn Haddick
January 10, 2021

A Thorough House Cleaning

I was walking with my dog the other day. It was one of those days, here in Southern California, where the sky was bright, and the air was clear and dry. In those conditions, you can feel the Sun radiate its energy into you. It was calm and quiet. Walking in that natural environment sometimes becomes a meditation in itself. I usually don't think of myself as particularly clairaudient, but it seemed as if someone said to me "A Thorough House Cleaning". That was it, nothing more. I know that phrase as the title of one of a series of development class lessons given by Spirit to my Godmother and taught to me by my Dad and my Uncle. They called that specific section of the lessons, "the Faculties of Being". These were spiritual faculties – a system of consciousness or thoughts of a higher nature that when used purposefully can create a new reality in one's life expression, one's life path. The Faculties describe a process when you manifest or give life to those thoughts. This topic connects with my last talk a couple of months ago where we discussed, "Making Friends with the Invisible". In that discussion, we were presented with the ideas that 1) we should develop our intuition for self-clairvoyance, 2) cultivate hope and create a sense of faith for our future life path and 3) have a positive attitude in all things which help create spiritual substance. A Thorough House Cleaning is one of the next steps we all must take in trying to manifest something new and be successful at it.

There is another connection with this short lesson, and some cultural behaviors that happen after the New Year celebration – resolutions. Frequently resolutions are made to try to invoke new habits and behaviors that attempt a significant change in our personal life - adopt a healthier lifestyle, lose weight, stop smoking..., and the list goes on and on. Many resolutions have been doomed to failure because the change in behavior comes from a sense of overcoming something that has defeated us in the past. There was a phrase that I grew up with which said that "our motive is our manifestation". Here the motivation for our new behaviors was one based on fear rather than its inherent joy. In situations of challenge or difficulty in our society, we often use a prayer of deliverance to release us from the difficulty we face, or to help make the challenge less daunting. This short lesson presents how we should think about and use prayer to focus on our aspirations and the inherent joy that we look forward to in our new activity and hoped for accomplishments.

When you listen to the words of "A Thorough House Cleaning", imagine that a Spirit teacher or guide is talking to you. I have added my thoughts in parenthesis.

"If one continues aimlessly, endeavoring to eradicate uncertainty and difficulty by merely juggling or manipulating the outward expression, you are giving birth to greater illusion. First, chalk up a new endeavor to use more perfectly and faithfully the laws of being". (You remember what those are? The law of attraction, the law of vibration, the Golden rule, the law of cause and effect and others.) **"Then, should the storm clouds appear with greater difficulty – bless them – meet them. You are then able**

to discern them as a great opportunity to eliminate the hidden errors or causes and thus opening the way for true power to enter”.

“What about habit, then attitude of mind – and what about prayer? Prayer is not a matter of routine. Your spiritual exercise (concentration, meditation, prayer, etc.) is not just a repetition of something. Prayer is a conscious acknowledgement of what can come to pass. Prayer, when not used by rote, recharges one’s mental storage battery, and arouses a spiritual substance to flow as odic force (Odic force is 1) a metaphysical energy that comes from the fabric of the seen and unseen universe, and is a component of the physical forces in electricity and magnetism and 2) There was a Baron Carl von Reichenbach who in the 1850’s tried to measure this force scientifically. Try these websites, 1) <https://www.llewellyn.com/encyclopedia/term/Odic+Force> , 2) [https://en.wikipedia.org/wiki/Odic_force#:~:text=The%20Odic%20force%20\(also%20called,Odic%20force%20is%20called%20odology.](https://en.wikipedia.org/wiki/Odic_force#:~:text=The%20Odic%20force%20(also%20called,Odic%20force%20is%20called%20odology.)) from the laboratory of the Creator - which means the formless takes form. This is when spiritual exercises or contemplation revives and strengthens you”.

(Thoughts such as hope and aspiration are formless or un-manifested. Here we focus on positive constructive thoughts. When you create spiritual substance through the application of the Faculties those thoughts take on form. All of this takes place in the mental world of Spirit. Universal law, such as the law of compensation, will bring into the physical world that which we create with our thoughts, deeds and actions. Children in our Lyceum were taught that everything that exists in our physical world had to first exist in the mental world of Spirit.)

“There is the spontaneous prayer, and there is the prayer of habit. There is a prayer motivated by fear where one is seeking escape. But the prayer that has an anchor of poise permits thy will not my will to enter into your consciousness. While the prayer of appreciation and gratitude opens the way to reserve your full power for the time of need, that which must be met under the law of compensation. Guard your prayer. Guard your prayer as you would the last sip of water on the heated desert. The spoken word of your prayer discharges through the sense of speech, the energy of both negative and destructive thoughts or positive and constructive thoughts and attaches that vibration to the spiritual substance of your creation”.

“To tell someone what you are going to do in prayer, robs yourself of that part of the energy needed to do it. Therefore, one’s prayers become more effective as a mental spiritual attitude, rather than a ritual. Prayer and faith go hand in hand. Faith is like an intuitive vision of what is best in the ultimate”.

“Contemplation is an utterly impersonal awareness of the essence of the thing observed. From this, you achieve the utmost one-pointedness of thought on the given subject, thus moving beyond one’s conceptions into one’s consciousness where revelation and perception take place.”

“Individuality is now and always at-one-ment with God”.

“Mind reflects its own prototype. Mind is self-luminous. This being true, mind becomes reality, but it must first manifest itself in these higher planes of vibration as realms of light before it is manifested into the lower planes of physical matter”.

“Prayer is the aspiration of the individualized Soul to the Over Soul (God)”.

“The power of prayer is the only tool to unfold these Faculties of Being which are the roadway to happiness – the only true happiness”.

The New Year is always a good time for new beginnings and even a thorough house cleaning. Maybe spring comes early with faith and poise. Think about how you are using prayer. Be kind to yourself. The prayers of gratitude and appreciation will eventually lift your spirit. Prayers motivated through fear of overcoming obstacles will only bring more obstacles. Visualize yourself on the other side and feel the joy of being on your path. All the way to Heaven is Heaven.