Milk Substitutions & Creditable Milks In the Florida Child Care Food Program

For children ages one and older, CCFP regulations require that each child's breakfast, lunch, and supper must include fluid milk to be eligible for reimbursement. Fluid milk may also be served as one of the two components of a snack.

Creditable fluid milks include breastmilk, as well as pasteurized fluid types of cow or goat milk, lactose-free or lactose-reduced milk, UHT (Ultra High Temperature) milk, acidified or cultured milk, and organic milk.

Non-dairy fluid milk substitutions may be served when requested in writing the by child's parent or guardian. The written request must identify the medical or special dietary condition that restricts the diet of the child, such as milk allergy or vegan diet. For the meal to be reimbursable, the non-dairy beverage must be nutritionally equivalent to fluid milk. Child care providers or parents may provide the non-dairy beverage.

For Children Ages One through Five

The following non-dairy beverages meet required nutritional standards for approved milk substitutions:

8th Continent Soymilk Original	Great Value Original Soymilk	Silk Original Soymilk *	Kikkoman Pearl Organic Soymilk Smart Original	Sunrich Naturals Original Soymilk	Westsoy Organic Plus Plain Soymilk	Ripple Original Dairy Free Milk *
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For Children Ages Six and Older

The following flavored non-dairy beverages meet required nutritional standards for approved milk substitutions:

8 th	Kikkoman	Kikkoman	Ripple	Ripple	Sunrich	Westsoy	Silk	Silk
Continent	Pearl	Pearl	Chocolate	Vanilla	Naturals	Organic	Very	Chocolate
Soymilk	Organic	Organic	Dairy Free	Dairy Free	Vanilla	Plus	Vanilla	Soymilk *
Vanilla	Soymilk	Soymilk	Milk *	Milk *	Soymilk	Vanilla	Soymilk *	
	Smart	Smart				Soymilk		
	Vanilla	Chocolate					SECTION AND ADDRESS OF THE PARTY OF T	
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Vanilla	PEARL	PEARL	ripple	Chary-Free. As If Should Se."	VANILLA	Vonito SOMME	SOYMILK	SOYMILK
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^{*}SHELF STABLE VERSION ONLY

Non-dairy beverages must meet the following specific nutritional standards to be considered nutritionally equivalent to milk:

Nutrient	Requirement Per Cup	% of Reference Daily Intakes		
Protein	8 grams			
Calcium	276 mg	About 28%		
Vitamin A	500 IU	10%		
Vitamin D	100 IU	25%		
Magnesium	24 mg	6%		
Phosphorus	222 mg	About 22%		
Potassium	349 mg	10%		
Riboflavin	.44 mg	About 26%		
Vitamin B ₁₂	1.1mca	About 18%		