



LONG BEACH SEA BASE

In Partnership with

ALGALITA

SATURDAY SEPT 20

Marine Research and Education

Join us for a statewide day of action to honor a movement that has brought communities together to protect our coastlines for over 40 years. Algalita, our local community partner, is hosting a local clean-up at Mother's Beach, and you too can be part of the event.

California Coastal Cleanup Day



HOW TO PARTICIPATE

- GO TO THE LINK AND RSVP FOR YOUR PLACE. BRING YOUR FRIENDS AND FAMILY.
- CHECK IN AT MOTHER'S BEACH (5839 APPIAN WAY, LONG BEACH) AND GET YOUR INSTRUCTIONS, SUPPLIES, AND ASSIGNMENTS.
- 8:00–9:00 AM: START THE DAY WITH AN OPTIONAL FREE GROUNDING YOGA SESSION IN THE SHADED, GRASSY AREA NEAR THE BEACH.
- PLEASE BRING A YOGA MAT OR BLANKET
- 9:00 AM – 12 PM BEACH CLEAN UP

The Sea Base will be used as a staging area, snack and water stop, and will have its restrooms open.

