Frances Jessie Coaching

Leadership Coaching with a special interest in progression pathways

About Frances Jessie

Frances is leadership coach and SEND consultant & trainer with over 25 years working in the education sector in the UK and New Zealand including extensive experience at senior leadership and specialist levels.

When working with coaching clients Frances delivers a brain based training and coaching model informed by how people take on new information, approach their work and interact with each other through identifying self-directed goals.

The measure of coaching success is behaviour change and the formation of new habits contributing to individual and strategic direction and development.

The focus of Frances' work lies in building trusting relationships to develop a deeper understanding of the goals to be achieved and ownership of solutions.







COACHING FOR CHANGE

6 – 12 individual sessions working on self identified goals – personal and/or work based

STAND ALONE

1 - 2 hour individual or group sessions aimed at specific themes e.g. Identifying and Reviewing Actions; Creating habits; or Working with Difficult people.

BESPOKE

For individual or organisational coaching packages contact Frances Jessie Coaching directly

What clients say ...



ORELLE SAYS

Before I started my journey with Frances, I felt like I was freefalling and not sure where I wanted to go next; everything was muddy and unclear. After only a few sessions everything felt as clear as day. She always knew exactly the questions to ask: all the goals (and steps leading up to them) were onpoint and relevant, I felt listened to and really supported. I have now finished our course together and I am now working on exciting and achievable goals to help me move forwards. I know exactly what I want (and what I don't). I cannot thank and recommend Frances enough she is a total magician.



RICHARD SAYS

It has been a pleasure working with you. I have grown so much and I appreciate all your help and support to achieve this.

Get in Touch

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