

Weekly Lunch & Dinner Specials

Lunch- \$11.75/Dinner- \$18.75

Soup of the Week

Small \$7, Large \$9

Butternut Squash

(Take a Quart home for Thanksgiving! \$18)

Balsam Farms Baby Kale & Delicata Squash Salad

Choice of: Grilled Chicken or Salmon

Balsam Farms Baby Kale, Delicata Squash, Roasted Red Onions, Toasted Walnuts and Balsamic Vinaigrette

Grilled Chicken Tacos

Grilled Chicken, Rice, and a Corn & Black Bean Cabbage Slaw in Flour Tortilla Tacos

Cajun Bowl

Choice of: Grilled Chicken or Salmon

Cajun Spiced Protein over Red Beans & Rice, Lettuce and topped with Mango Salsa