



## SIZE GUIDE

### Unisex Sleeves-

## Sun Sleeves Size Guide

Size Chart (Inch)	J	XS	S	M	L	XL	XXL
Upper arm circumference	5.9 - 6.3	7.1 - 9.4	7.9 - 11	9.4 - 12.6	10.2 - 15.7	11.8 - 17.7	12.6 - 18.9
<b>Best fit for</b>	<b>6.1</b>	<b>8.3</b>	<b>9.4</b>	<b>11</b>	<b>13</b>	<b>14.8</b>	<b>15.7</b>
Child/Youth*	4 - 7 years	7 - teen	Young adult				
Female*		Size 0-2	Size 4-6	Size 8-10	Size 12-14	Size 16-18	Size 18+
Male*		XXS in shirt	XS/S in shirt	M in shirt	L in shirt	XL in shirt	XXL in shirt

Our SParms sleeves are unisex so it is important to measure your biceps and fall within the middle range of the stretched and unstretched size.  
 \*This table is merely a guide and the circumference measurement should be the key guide  
 For a firmer tight fit, lean towards the stretched limit.  
 For a looser more comfortable fit, lean towards to unstretched measurement.  
 Length of the arm should not be a key measurement to determine your size

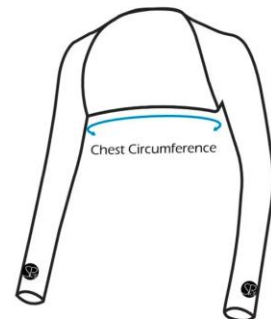


### Unisex Shoulder Wrap-

## Shoulder Wrap (Shawl) Size Guide

Size Chart (Inch)	XS	S	M	L	XL	XXL
Chest circumference	22.9-35.4	25.6-37.4	31.5-43.3	35.4-47.2	37.4-53.1	40.9-59
<b>Best fit for</b>	<b>29.1</b>	<b>31.5</b>	<b>37.4</b>	<b>41.3</b>	<b>45</b>	<b>50</b>
Child/Youth*	7 years	10 years	Young adult			
Female*	Size 0-2	Size 4-6	Size 8-10	Size 12-14	Size 16-18	Size 18+
Male*		XS in shirt	S in shirt	M in shirt	L in shirt	XL in shirt

Our SParms Shoulder Wraps are unisex so it is important to measure your chest and fall within the middle range of the stretched and unstretched range.  
 \*This table is merely a guide and the circumference measurement should be the key guide  
 For a firmer tight fit, lean towards the stretched limit.  
 For a looser more comfortable fit, lean towards to unstretched measurement.  
 If you require a larger range of movement (such as playing sport) in your shoulder wrap, please go up a size  
 Length of the arm should not be a key measurement to determine your size



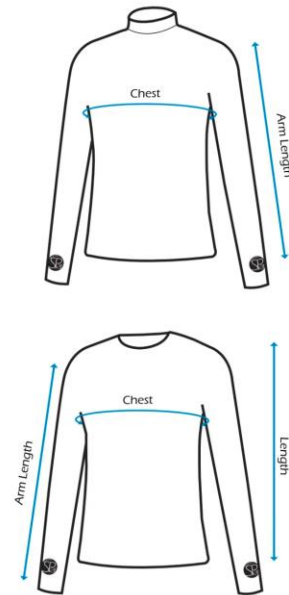


## SIZE GUIDE

### Men's Full Body-

#### SP Body Men Size Guide

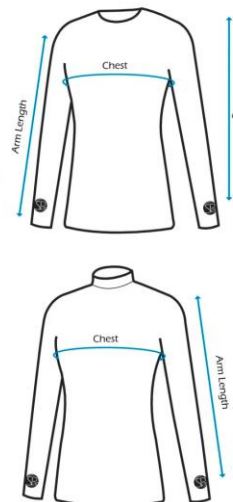
Size Chart (Inch)	J	S	M	L	XL
Arm Length	15	19.7	19.9	21	21.3
Chest	29.1	37.4	41.3	43.3	45.3
Length	23.6	28.7	30.1	32.7	34.6
Best fit for	XS in shirt	S in shirt	M in shirt	L in shirt	XL in shirt



### Women's Full Body-

#### SP Body Women Size Guide

Size Chart (Inch)	J	XS	S	M	L	XL
Arm Length	15	17.1	17.5	18.3	18.7	19
Chest	29.1	34.3	35.4	37.8	39.4	43.3
Length	23.6	25.2	26	26.8	28	28.7
Best fit for	Size 00	Size 0-2	Size 4-6	Size 8-10	Size 12-14	Size 16-18



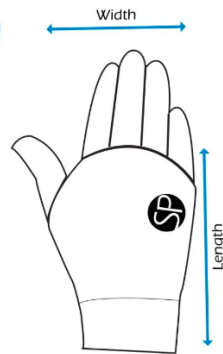


## SIZE GUIDE

### Unisex Gloves-

### SP Gloves Size Guide

Size Chart (Inch)	S	M	L
Length	4.9	5.7	6.1
Width	4.3	4.9	5.5
Child/Youth*			
Female*			
Male*			



SP Glove covers the top part of the hand, so no matter how long your fingers are, we have noticed that most people fall within this range

### Women's Leggings-

### SP Leggings Size Guide

WOMEN (cm)	XS	S	M	L	XL
Waist	60 - 70	64 - 68	68 - 78	72 - 82	76 - 86
Hip	70 - 75	76 - 81	82 - 87	88 - 93	94 - 100
Ankle	16	18	19	20	21
Length	83	85	87	89	91

