

BREAKFAST HOURS
M-F : 6 AM - 11 AM
SAT : 7 AM - 11 AM

GRINDSTONE

Cowboy

***BEFORE PLACING YOUR ORDER,
PLEASE INFORM YOUR SERVER IF A
PERSON IN YOUR PARTY HAS A
FOOD ALLERGY.***

BREAKFAST

BREAKFAST SANDWICH
BACON, SAUSAGE, OR HAM, EGG, CHEESE &
COWBOY SAUCE ON
BAGEL, BISCUIT, CROISSANT, SOURDOUGH OR
GF BREAD

SAUSAGE OR BACON BISCUIT \$4
W/ CHEESE \$4.25

FRIED BOLOGNA SANDWICH \$8.00
AMERICAN CHEESE, EGGS, COWBOY SAUCE

BREAKFAST BURRITO \$8
BACON, SAUSAGE OR HAM, EGG, CHEESE,
COWBOY SAUCE
ADD POTATOES +\$.75
ADD PULLED PORK +\$1.50

BREAKFAST BOWL \$8.00
BACON OR SAUSAGE , EGGS, POTATOES, CHEESE,
SIDE GRAVY

PROTEIN BOWL (NO POTATOES) \$9.50
BACON OR SAUSAGE , EGGS, CHEESE, SIDE
GRAVY

BREAKFAST PLATTER \$10.00
3 EGGS, BACON OR SAUSAGE, AND CHOICE OF
TOAST, POTATOES, BAGEL, TOASTED CROISSANT,
OR GLUTEN FREE TOAST (+1.50)

BLT \$8.00

WAFFLES \$5.00
2 WAFFLES WITH BUTTER AND MAPLE SYRUP

AVOCADO TOAST (1 PEICE) \$6
SOURDOUGH, AVOCADO, TOMATO

BAGEL \$3.65
W/ CREAM CHEESE

BISCUITS & GRAVY (SAT. ONLY)

SMOOTHIES

BYO SMOOTHIE : \$6.50

STRAWBERRY, BANANA, BLUEBERRY
PEANUT BUTTER, PINEAPPLE, MANGO

(VANILLA OR CHOCOLATE PROTEIN SHOT
ADDED FOR \$2.50)

COMES WITH WHIPPED CREAM

REFRESHERS

MADE WITH WATER OR LEMONADE: \$5.00

STRAWBERRY HIBISCUS
PASSION FRUIT

COFFEE

12 OZ OR 16 OZ / ICED

ESPRESSO \$1.95(S) \$2.75(DBL)
MOCHA \$4.85 \$5.80
WHITE MOCHA \$4.85 \$5.80
CARAMEL MACCHIATO \$5.15 \$5.95
LATTE \$4.25 \$4.75
VANILLA LATTE \$4.65 \$5.45
CARAMEL LATTE \$4.65 \$5.45
CUBAN \$4.85 \$5.80
CAPPUCCINO \$3.85 \$4.05
FLAT WHITE \$4.85 \$5.15
AMERICANO \$3.50 \$4.25
RED EYE \$3.25 \$3.50
COLD BREW \$3.95 \$4.65
HOUSE DRIP \$2.45 \$2.65

OUTLAW LATTES

12 OZ OR 16 OZ / ICED
\$5.25 OR \$5.95

ANNIE OAKLEY - HONEY & LAVENDER
BILLY THE KID - DARK CHOCOLATE, ALMOND,
HAZELNUT
WYATT EARP - BROWN SUGAR, HAZELNUT,
CINNAMON
CLINT EASTWOOD - DARK CHOCOLATE,
CARAMEL, COFFEE
RIP WHEELER - WHITE CHOCOLATE, COCONUT,
HAZELNUT
JOHN WAYNE - HONEY & CINNAMON

FRAPPES

\$6.50

MILK OR COFFEE BASED

VANILLA BEAN, WHITE CHOCOLATE MOCHA,
MOCHA, CARAMEL, JAVA CHIP, COOKIES &
CREAM, STRAWBERRIES & CREAM, REESES

TEAS/NON-COFFEE

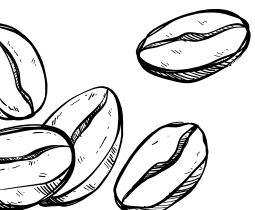
12 OZ OR 16 OZ / ICED

MATCHA \$4.00 \$4.50
CHAI LATTE \$4.20 \$4.70
LONDON FOG \$4.20 \$4.70
HIBISCUS TEA \$3.00 \$3.50
JASMINE MINT TEA \$3.00 \$3.50
FLAVORED LEMONADE \$3.00
FOUNTAIN DRINK \$2.50
HOT CHOCOLATE \$2.50 \$2.75

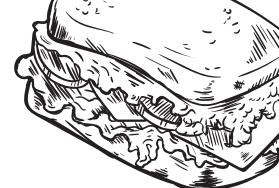
BULL RIDERZ

MADE WITH RED BULL \$6.00

MOON JUICE: BLUEBERRY & COCONUT
YELLOW KNIFE: PEACHES & CREAM
RED ROCK: STRAWBERRY & MANGO



BEFORE PLACING YOUR ORDER, PLEASE INFORM YOUR SERVER IF A PERSON IN YOUR PARTY HAS A FOOD ALLERGY.



LUNCH HOURS
M-F : 11 AM - 3 PM
SAT : 11 AM - 2 PM

LUNCH

SALADS

STRAWBERRY PECAN SALAD \$10

CHICKEN SALAD, SPRING MIX, STRAWBERRIES, CANDIED PECANS, BLUE CHEESE & YOUR CHOICE OF DRESSING

GRILLED CHICKEN SALAD \$11

SPRING MIX, TOMATO, GRILLED CHICKEN, BACON BITS, HARD BOILED EGG, SHREDDED CHEESE & YOUR CHOICE OF DRESSING

COWGIRL SALAD \$11

GRILLED CHICKEN, CRANBERRIES, PECANS, FETA CHEESE & MANGO DRESSING

CHICKEN SALAD, SALAD \$11

CHICKEN SALAD, SPRING MIX, TOMATOES, HARD BOILED EGG & YOUR CHOICE OF DRESSING

DRESSING: RANCH, SOUTHWEST RANCH, RASPBERRY VINAIGRETTE, BALSAMIC VINAIGRETTE, MANGO, THOUSAND ISLAND, BLUE CHEESE

SOUPS

TOMATO BISQUE (EVERYDAY)

SOUP OF THE DAY

MONDAY: CHICKEN N DUMPLINS

TUESDAY: CHICKEN TORTILLA

WEDNESDAY: CHEFS CHOICE

THURSDAY: CHEESY POBLANO

FRIDAY: LOADED POTATO

WRAPS

SANTA FE WRAP \$9

CHICKEN, CHEESE, BLACK BEANS, CORN, LETTUCE, TOMATO, COWBOY SAUCE

CLUB WRAP \$9

TURKEY OR HAM, BACON, AVOCADO, LETTUCE, TOMATO, RANCH

CHICKEN SALAD WRAP \$8

W/ CHICKEN SALAD, LETTUCE, TOMATO, BALSAMIC DRESSING

BLT WRAP \$8

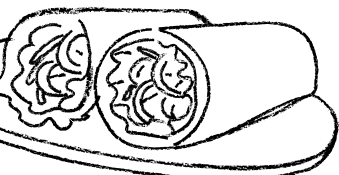
W/ BACON, LETTUCE, TOMATO, MAYO

BACON BLUE CHEESE CHICKEN WRAP \$9

W/ CHICKEN, BACON, LETTUCE TOMATO, BLUE CHEESE DRESSING

VEGETARIAN WRAP \$7

BLACK BEANS AND CORN, TOMATOES, GREEN LEAF, CHEESE, COWBOY SAUCE



SANDWICHES

GLUTEN-FREE BREAD AVAILABLE \$1.50

THE BOSS HOGG - \$9.50

PULLED PORK, PIMENTO CHEZ, BACON AND PICKLES

BBQ SANDWICH

SMOKED PULLED PORK ON SOURDOUGH
(ADD COLESLAW +\$1.50)

GRILLED CHEESE \$7

BACON GRILLED CHEESE \$8

JALAPENO PIMENTO CHEESE \$7

(ADD BACON \$2.50)

HAM OR TURKEY & CHEESE W/ BACON \$8.50

W/ SWISS, HONEY DIJON OR MAYO

REUBEN \$9

CORN BEEF, SAUERKRAUT, SWISS, THOUSAND ISLAND ON MARBLE RYE

CHICKEN MELT \$8.50

GRILLED CHICKEN, CHEESE W/ COWBOY SAUCE
(ADD BACON \$2.50)

CHICKEN SALAD SANDWICH \$8.50

FRIED BOLOGNA \$8.50

BOLOGNA, AMERICAN CHEESE, LETTUCE. TOMATO, MAYO

BLT \$8

ADD AVOCADO +\$1.00

CHICKEN SALAD SCOOP \$8

SERVED W/ CRACKERS

JALAPENO PIMENTO CHEESE SCOOP \$8

SERVED W/ CRACKERS

CHICKEN BACON BOWL \$9

CHICKEN, BLACK BEANS & CORN, BACON, SERVED ON GREEN LEAF LETTUCE

SIDES

BISQUE

SOUP OF THE DAY

KETTLE CHIPS

SALAD

COLESLAW

ACAI BOWLS

\$10

COMES WITH STRAWBERRY, BANANA, BLUEBERRIES, NUTELLA, GRANOLA, HONEY
ADD PEANUT BUTTER \$ 0.50

***A NON CASH ADJUSTMENT WILL BE ADDED TO ALL CREDIT CARD