

# GRINDSTONE

## Cowboy

### BREAKFAST / 7AM - 11AM

<b>Breakfast Sandwich</b> .....	\$6 - \$8.50
Bacon, Sausage or Ham, Egg Chees & Cowboy Sauce on Sourdough, Bagel, Croissant, Biscuit or Gluten Free	
<b>Breakfast Burrito</b> .....	\$8
Bacon, Sausage and/or Pulled Pork or Ham, Egg, Cheese, Cowboy Sauce Add Potatoes \$.75	
<b>Wild West Breakfast Bowl</b> .....	\$10
Bacon, Sausage and/or Pulled Pork, Eggs, Jalapeno, Cheese, Tomato, Side of Gravy Add Avocado \$.50	
<b>Fried Bologna Sandwich</b> .....	\$8
Bologna, Eggs, American Cheese and Cowboy Sauce	
<b>Breakfast Bowl</b> .....	\$9
Bacon, Sausage and/or Pulled Pork, Eggs, Potatoes, Cheese w/ Side of Gravy	
<b>Protein Bowl</b> .....	9.50
(no Potatoes)	
<b>Sausage or Bacon Biscuit/Croissant</b> .....	\$4
Add Cheese \$.25	
<b>Waffles</b> .....	\$5
2 Waffles with Syrup and Butter Add Strawberries \$.50 Add Whip Cream \$.50	
<b>Avocado Toast</b> .....	\$6
Sourdough, Fresh Avocado, Tomato w/ Everything Bagel Seasoning Add Bacon \$2.50	
<b>Bagel</b> .....	3.65
Bagel w/ Cream Cheese and/or Jelly	

**Biscuits and Sausage Gravy**..... Half \$6 Whole \$8  
Saturdays Only

### FRAPPES \$6.50

**Vanilla Bean, White  
Chocolate, Mocha,  
Caramel, Java Chip,  
Cookies & Cream,  
Reeses, Cowgirl Chole...**  
Add Vanilla or Chocolate Protein

### SMOOTHIES \$6.50

**Strawberry, Banana,  
Blueberry, Peanut  
Butter, Pineapple,  
Mango**.....  
Add Vanilla or Chocolate Protein

### ACAI BOWLS \$10

**Strawberry, Banana,  
Blueberries, Nutella,  
Granola and Honey**....

### BULL RIDERZ

<b>Moon Juice</b> .....	\$6.75
Blueberry & Coconut	
<b>Yellow Knife</b> .....	\$6.75
Tropical & Strawberry	
<b>Red Rock</b> .....	\$6.75
Peaches & Cream	
<b>Juneberry</b> .....	\$6.75
Watermelon	

### OUTLAW LATTES

**12oz \$5.25 16oz \$5.95..**

**Annie Oakley**.....  
Honey and Lavendar

**Billy the Kid**.....  
Dark Chocolate, Almond, Hazelnut

**Wyatt Earp**.....  
Brown Sugar Cinnamon, Hazelnut,  
Cinnamon

**Clint Eastwood**.....  
Dark Chocolate, Caramel, Toffee

**Rip Wheeler**.....  
White Chocolate, Coconut, Hazelnut

**John Wayne**.....  
Honey and Cinnamon

### COFFEE/ESPRESSO

<b>Espresso</b> .....	\$2.95(S) \$3.25(D)
<b>Mocha</b> .....	\$5.45 \$6
<b>White Mocha</b> .....	\$5.45 \$6
<b>Caramel Machiato</b> ...	\$5.65 \$6
<b>Latte</b> .....	\$4.95 \$5.25
<b>Vanilla Latte</b> .....	\$5.25 \$5.95
<b>Caramel Latte</b> .....	\$5.25 \$5.95
<b>Cuban</b> .....	\$5.25 \$5.95
<b>Cappuccino</b> .....	\$4.95 \$5.25
<b>Flat White</b> .....	\$5.25 \$5.75
<b>Americano</b> .....	\$3.95 \$4.25
<b>Red Eye</b> .....	\$3.95 \$4.25
<b>Cold Brew</b> .....	\$4.95
<b>House Drip</b> .....	\$2.95

### TEAS/REFRESHERS

<b>Passion Fruit Refresher</b> .....	\$5.25
<b>Matcha</b> .....	\$4.95 \$5.25
<b>Chai Tea Latte</b> .....	\$4.95 \$5.25
<b>London Fog</b> .....	\$4.95 \$5.25
<b>Jasmine Mint Tea</b> .....	\$3.25 \$3.75
<b>Flavored Lemonade</b> .....	\$3
<b>Fountain Drink</b> .....	\$2.75
<b>Hot Chocolate</b> .....	\$3.50 \$3.85

MUST HAVE  
menus

Prices on the Menu are CASH Prices. A 3.5% Fee will appear on all Credit Card Fees.  
Before Placing your Order Please Inform your Server if Any Person in Your Party has a Food Allergy.  
Consuming Raw or Undercooked Eggs May Increase your Risk of Food Born Illnesses.