



For Immediate Release:

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In honor of Women's Health Month, Light of Gold PR hosts the Gold Women's Health & Business Conference on Thursday, May 8, 2025 from 1:00PM to 7:00 PM at The Jay Conference Center, 109 West 39th Street & 6th Avenue, 2nd floor, New York, NY 10018

GOLD WOMEN'S HEALTH & BUSINESS CONFERENCE EMPOWERS WOMEN PROFESSIONALS AND ENTREPRENEURS TO THRIVE IN 2025

New York, NY – Thursday, May 8, 2025 – The highly anticipated Gold Women's Health & Business Conference is set to take place on Thursday, May 8, 2025, from 1:00PM to 7:00 PM Doors open at 1:00PM at the Jay Conference Center, at 109 West 39th Street & 6th Avenue in New York City.

Hosted and Curated by **Debra Dixon-Anderson**, CEO of Light of Gold PR, this event promises to deliver cutting-edge insights, expert discussions, and unparalleled networking opportunities while encouraging women to prioritize their health and wellness. This Event is great for Women Entrepreneurs, Start-ups, Women and Junior Professionals .

With the empowering theme “Learn to Thrive in 2025,” this year's conference offers practical strategies, tech-forward tools, and insightful discussions tailored to today's women in business

and nonprofit leaders.

This year, **Debra Dixon-Anderson**, owner of Light of Gold PR, the curator of The Gold Women's Health & Business Conference, feels like the Conference improves every year. This year another spectacular group of experts address useful topics. They include:

- **Host, Debra Dixon-Anderson of Light of Gold PR** will speak about *Unlocking 2025: Your Marketing, AI & Wellness Toolkit"*
- **Co-Host & Wellness Advocate, Tyisha Eason** will share tips on *Self-Care For Busy Women*
- **Katanni Grey of the K-District** will speak about *Tribe Building 2.0: Maximizing Tech and the Power of Connection*
- **Carolyn Josephs from CJ Design & Consulting** will speak about *SEO & Accessibility Reaching Everyone while Ranking Higher*

- Lishawn Alexander of Lishawn's Consulting will cover *Funding your Mission: Securing Grants for Your Non-profits*.
- Rachel Kylie of Kaylie Law will share about *"Demystifying Wills, Power of Attorney, and Healthcare Proxies for Your Peace of Mind"*

And Keynote Speaker, Nicky Sunshine, co-owner of Comedy in Harlem, will be sharing *The Power of Perseverance*.

Level Up Your Career – Bonus Session at the 2025 Gold Women's Health & Business Conference!
Jumpstart your career at our **Bonus Session: Résumé & Job Hunting Tips to Help**—a power-packed hour (**1:00 PM – 2:00 PM**) before the main event. Learn cutting edge strategies for résumés, digital portfolios, and networking—perfect for college seniors, early-career professionals, or career changers.

Debra Dixon-Anderson, Conference Host and CEO of Light of Gold PR, shares:

*"Running a business as a Woman—especially a **Woman of Color**—is challenging, but having aligned partners makes all the difference. I'm honored to have Partners and Leaders like **Katanni Grey** and **Athenia Rodney** for this empowering experience."*

What our Partners are saying about being part of our Event!

Katanni Grey of The K District, said *"I'm beyond excited to be a speaker, sponsor, and event partner at the **The Gold Women's Health & Business Conference**! This event is all about **growth, connection, and empowerment**, and I can't wait to share insights on how business owners can **leverage AI and networking to thrive in 2025**. Let's build, learn, and succeed together!"*

Athenia Rodney, CEO & Founder of Juneteenth NYC *"**The Gold Women's Health & Business Conference** is more than just an event—it's a movement that amplifies the voices, brilliance, and resilience of women entrepreneurs and leaders. As women, we continue to break barriers, innovate, and create opportunities not just for ourselves but for our communities. I'm honored to be part of this empowering space where we can connect, share knowledge, and build lasting relationships that drive real change. Let's continue to rise, support one another, and thrive in 2025 and beyond!"*

According to these Statistics, Women-Owned Businesses Continue to Rise:

- The worldwide growth rate of women-owned businesses stands at 5%.
- In 2022, 47% of women started their own businesses compared to 44% of men.
- In the U.S., there are 11.6 million women-owned firms, with 5.4 million owned by women of color.

Health Insight: According to the CDC, 1 in 5 women in the U.S. experience a mental health condition annually, emphasizing the importance of prioritizing wellness alongside entrepreneurship. Events like the **Gold Women's Health & Business Conference** are essential in learning how to foster balance with knowledge and resources while staying resilient for sustainable growth for women in business.

TICKETS & REGISTRATION:

- Special **only \$99** each using the Promo Code **attendforhalf** & more Discounts up to **May 8th!**
- ~~\$199 Regular Price~~

Need more info? Visit our Landing Page for more info:

<https://lightofgoldpr.com/2025-gold-women-biz-conf>



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