



## Insulin-Controlled Diabetes DOT Information

### What will you need?

1) You will need the ITDM form (MCSA-5870) completed by your doctor (within 45 days before DOT physical)

Click [THIS LINK](#) for the form for your doctor.

2) You will need a printout of your 90-day daily glucose readout.

### What happens if I don't have these?

- Without a completed form, we won't be able to complete your physical
- **Without a readout, you can only receive a 3-month medical card.** You will need to come back with a 90-day readout to renew for 1 year.

**All insulin-controlled diabetes DOT drivers can receive up to 1 year for their medical card.**

**\*\*If you have diabetes that doesn't require insulin, these requirements do not apply to you and you are now able to renew every 2 years.**