



The Lake Windcrest Ledger

THE LWGGA NEWSLETTER

August, 2023

Volume 2, Issue 7



FROM THE PRESIDENT'S DESK

What brings us out to the course in this dangerously hot weather...the love of the game! Oh yes, we could escape the brutality of the weather by staying in the air conditioning, but there is nothing like the beauty of a golf course no matter how hot it is...and, there is no other game where you essentially can compete against yourself! The phrase "Inside Every Golfer is A Better One" is currently a popular marketing tool...and there is even a song of that title. Perhaps belief in this is what drives us out of the house and onto the course when the thermometer hovers in the 90+ range for weeks at a time.

But, while we all seek the best golfers inside of us, let's also be the smartest golfers in these conditions! Dehydration and heat stroke can strike the most unsuspecting victims. As you know, the body's natural cooling system is the perspiration that we produce on our body's surface. We caution... drink, drink, drink to replace the fluid lost through perspiration. Being smart is understanding the real causes and all the likely symptoms. Below is the definition of heat stroke from John's Hopkins Hospital:

Our bodies make a tremendous amount of internal heat and we normally cool ourselves by sweating and radiating heat through the skin. However, in certain circumstances, such as extreme heat, high humidity, or vigorous activity in the hot sun, this cooling system may begin to fail. This allows heat to build up to dangerous levels.

If a person becomes dehydrated and cannot sweat enough to cool his or her body, his or her internal temperature may rise to dangerously high levels. This causes heat stroke.

The following are the most common symptoms of heat stroke. How-

ever, each individual may experience symptoms differently. Common symptoms may include: *headache, dizziness, disorientation, agitation or confusion, sluggishness or fatigue, hot, dry skin that is flushed but not sweaty, and high body temperature. Most severe symptoms can include loss of consciousness, rapid heartbeat, and hallucinations.*

A word of caution...while water is the most obvious remedy for dehydration and sports drinks with electrolytes and salts (sodium and potassium) are beneficial, energy drinks definitely are not as they have caffeine which contributes to dehydration. Alcoholic beverages are best reserved for the 19th hole as alcohol also contributes to dehydration. In this heat, a watchful eye for everyone in your playing group is the best defense.

Thanks to those of you who attended our quarterly meeting in July. While there was no new business to address, tournament chairs Sue Ball and Chris Hofmann gave an update on plans for the Member/Member Tournament, which now in the rearview mirror, was a success. In addition, plans for our signature invitational, Girls Just Wanna Have Fun, were discussed, noting a change of date from Tuesday, September 26th to Wednesday, September 27th. Our Pro, Brett Williams gave the "state of the club" report and advised us that the **second round of course aeration will take place from Monday, August 14th through Thursday, August 17th.**

Our next quarterly meeting is scheduled for October 19th at which time a committee to develop a slate of officers for the WGA elections will be formed. An election will be conducted electronically during the month of November.

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Our By-Laws state that Board positions (President, Vice-President, Secretary, Treasurer and Tournament Chairs) are two year terms with the exception of the Immediate Past-President. The current President automatically serves an additional two years to assure continuity and serve as Parliamentarian. Board positions are open to any interested members, including any currently serving. Playday representatives are voluntary positions open to anyone interested including those currently serving. While we are just heading into August, it is relevant to suggest that all, currently serving or interested in serving, begin to think about next year.

Finally, August is a busy month of fun competitive events. A Tournament Timetable is included on page 2. Not only are there results from recent events but information about both the Mars/Venus Event and the re-scheduled Round Robin Tournament. We really need strong support from you ...a minimum of 12 players is required for any event to go forward. Since we are hosting the Mars/Venus this year, the format is more favorable to us! You may sign up at the usual SignUp.com....do it now!!!!

Stay hydrated and enjoy the course.
Joni Stoy, President
LW WGA

TOURNAMENT TIMETABLE COMING THIS MONTH





**MEN
are from
MARS**



**WOMEN
are from
VENUS**



ATTENTION WGA MEMBERS

Join a really fun event ...
The Annual Mars vs Venus Tournament
 When: Saturday, August 12, 2023
 Where: Lake Windcrest
 Time: 8:30 am shotgun
 Format: Teams of two—2 gals vs 2 guys
 Best net ball match play
 Lowest net ball of the foursome wins the match point;
 ties are halved to give each team 1/2 point

(Optional) Pairing Party Friday night August 11th at 6 pm
 Join the fun and trash talk and find out who your opponents will be!

Entry fee: \$50 includes Friday night finger food
 & a complimentary glass of beer or wine,
 lunch following the tournament & prizes.

The men earned the bragging rights the last year!
 Will it be Mars or Venus that dominates in 2023?

LADIES SIGN-UP AT SIGNUP.COM 
 WE NEED YOU!!!!

PLEASE INDICATE IF YOU PLAN TO ATTEND THE PAIRING PARTY
 IN THE COMMENTS SECTION AT SIGNUP.COM



Derby Hat Contest

THE ROUND ROBIN DERBY

WHEN: SATURDAY, AUGUST 26
(re-scheduled for the same day as the Travers Stakes
 nicknamed "The Saratoga Mid-summer Derby")

TIME: 8:30 AM SHOTGUN

ORDER OF EVENTS

- 1. MATCH PLAY WITHIN FOURSOMES**
Each hole won earns a point
- 2. WINNERS ANNOUNCED**
- 3. LUNCH (included)**
- 4. OPTIONAL BETTING ON HORSERACE
(ALL BETS CASH, \$5 MINIMUM, CASH PAYOUTS)**
- 5. HORSERACE WITH TOP POINT WINNERS**

ENTRY FEE: \$40

SIGN UP AT SIGNUP.COM

RECENTLY IN THE WINNERS CIRCLE

MEMBER/MEMBER



- 1st Place Gross**
 JINA AUGER & DONNA MOORE

2nd Place Gross
 SHERI CAPRIO & CHEY O'ROURKE

1st Place Net
 GWEN BARTZ & DEB YARBROUGH

2nd Place Net
 KAREN CHRISTIAN & CHARMELLE VONDRAK





COMBINED STABLEFORD

- 1st place
 JANICE & STEVE KNOTT
- 2nd place tie
 CINDY BAILEY & HALE BAUGH
 JONI & BOB STOY

JULY PLAYDAY WINNERS

JULY 1 GAME: PRO SHOP PICKS 9

DAY 5

GAME WINNER CINDY BAILEY

LOW PUTTS MARION NOJEK

JULY 5, 7 & 8 GAME: LOW NET

JULY 12, 14 & 15

GAME: FLAG DAY

DAY	GAME WINNER	LOW PUTTS	DAY	GAME WINNER	LOW PUTTS
WEDNESDAY	PJ MULLARKEY	KATHLEEN SULLINS	WEDNESDAY	DONNA MOORE	DONNA MOORE
FRIDAY	NO GAMES— RAIN		FRIDAY	DONNA MOORE	DONNA MOORE SHIRLEY ROBERTSON
SATURDAY			SATURDAY	PATRICIA THOMPSON	JONI STOY

JULY 19, 21 & 22 GAME: STABLEFORD

JULY 26 GAME: BLIND PARTNER DRAW

DAY	GAME WINNER	LOW PUTTS	DAY	GAME WINNER	GAME WINNER
WEDNESDAY	JINA AUGER	JINA AUGER	WEDNESDAY	SHERI CAPRIO	MARCIA WILKINS
FRIDAY	JINA AUGER	JINA AUGER	FRIDAY	MEMBER/MEMBER TOURNAMENT	
SATURDAY	MARCIA WILKINS	JONI STOY	SATURDAY	CLUB EVENT — NO PLAYDAY	

WORTHY of NOTE...The following players had a least one birdie and/or one chip-in not necessarily on their designated day:



BIRDIES: Janice Knott, Shirley Robertson, Donna Moore, Sheri Caprio, PJ Mullarkey, Chris Hofmann, Marion Nojek, Jina Auger, Marcia Wilkins



CHIP-INS: Annemarie Tobin, Donna Moore, Shirley Robertson, PJ Mullarkey, Patricia Thompson, Chris Hofmann, Jina Auger, Marcia Wilkins

August Calendar

W, F & S AUGUST 2, 4 & 5	LOW NET: THE PLAYER WHOSE GROSS SCORE MINUS HANDICAP IS LOWEST SHARES THE CASH POT WITH LOW PUTTS AND EARNS PRO SHOP CREDIT.
W, F AUGUST 9, 11	STABLEFORD: THE PLAYER WITH THE MOST POINTS SHARES THE CASH POT WITH LOW PUTTS AND EARNS PRO SHOP CREDIT. NET BOGIE= 1 PT., NET PAR = 2 PTS., NET BIRDIE = 3 PTS., NET EAGLE= 4 PTS, NET DOUBLE EAGLE= 5 PTS.
S AUGUST 12	 TOURNAMENT...TWO LADIES COMPETE AGAINST TWO MEN—LOW NET BALL OF THE FOURSOME WINS THE HOLE FOR A POINT. PAIRING PARTY FRIDAY 8/11 6:00 PM
W AUGUST 16	COURSE CLOSED FOR AERATION
F & S AUGUST 18 & 19	STABLEFORD: THE PLAYER WITH THE MOST POINTS SHARES THE CASH POT WITH LOW PUTTS AND EARNS PRO SHOP CREDIT. NET BOGIE= 1 PT., NET PAR = 2 PTS., NET BIRDIE = 3 PTS., NET EAGLE= 4 PTS, NET DOUBLE EAGLE= 5 PTS.
W, F AUGUST 23, 25	PAR 3's & PAR 5's : LOWEST NET TOTAL ON THE PAR 3 HOLES AND PAR 5 HOLES WINS AND EARNS PROSHOP CREDIT AND SPLITS THE CASH POT WITH LOW PUTTS
S AUGUST 26	 RE-SCHEDULED ROUND ROBIN TOURNAMENT
W AUGUST 30	NET PAR FOURS; LOWEST NET TOTAL ON ALL PAR 4 HOLES EARNS SHOP CREDIT AND SPLITS THE CASH POT WITH LOW PUTTS.



As we face our final contest in Ladies Challenge Cup against Walden on Lake Conroe, we are in a great position in the net category. A look at the standings below shows that we currently hold a 30 point lead in net over them (WLC). Similarly, we hold approximately the same kind of lead over Elkins Lake and The Woodlands CC. While it appears that Falcon Point is 67 points ahead of us, keep in mind that they have completed all of their matches so they will not earn any more points in either category. All we need to do, is play our game. This Thursday, August 3rd, our match is at home where we have the potential to do well. Our final match will be in Conroe which can be a challenging course. Whatever the final outcome, we are very proud of all of our LCC players this year and our LCC organizers Shirley Robertson and Donna Moore. **GO TEAM!**

		Opposing Team												TOTALS		PLACE	
		Elkins Lake		Falcon Point		Lake Windcrest		Walden		The Woodlands							
Home Course		GROSS	NET	GROSS	NET	GROSS	NET	GROSS	NET	GROSS	NET	GROSS	NET	GROSS	NET	GROSS	NET
Elkins Lake	AT HOME			57.0	43.5	55.0	48.5	51.5	44.5			163.5	136.5				
	AWAY			58.5	46.5	44.0	36.0	48.0	43.5			150.5	126.0				
	TOTAL			115.5	90.0	99.0	84.5	99.5	88.0			314.0	262.5				
Falcon Point	AT HOME	31.5	43.5			37.0	40.0	46.5	50.5	27.0	47.0	142.0	181.0				
	AWAY	33.0	46.5			34.0	38.0	39.0	43.5	34.0	49.0	140.0	177.0				
	TOTAL	64.5	90.0			71.0	78.0	85.5	94.0	61.0	96.0	282.0	358.0				
Lake Windcrest	AT HOME	46.0	54.0	56.0	52.0					36.0	48.0	138.0	154.0				
	AWAY	35.0	41.5	53.0	50.0					26.5	46.0	114.5	137.5				
	TOTAL	81.0	95.5	109.0	102.0					62.5	94.0	252.5	291.5				
Walden	AT HOME	42.0	46.5	51.0	46.5					30.5	44.0	123.5	137.0				
	AWAY	38.5	45.5	43.5	39.5					31.5	44.0	113.5	129.0				
	TOTAL	80.5	92.0	94.5	86.0					62.0	88.0	237.0	266.0				
The Woodlands	AT HOME			56.0	41.0	63.5	44.0	58.5	46.0			178.0	131.0				
	AWAY			63.0	43.0	54.0	42.0	59.5	46.0			176.5	131.0				
	TOTAL			119.0	84.0	117.5	86.0	118.0	92.0			354.5	262.0				



Just the other day, a question was raised about an out of bounds situation. The scenario was as follows: player hits her ball and is uncertain about whether it went out of bounds, so she hits a provisional ball. When she reaches the location where she thinks her ball might be, she finds her ball, which is, indeed, out of bounds. The question—does she have the option of applying the local rule taking the original ball two club-lengths in from the edge of the fairway for a two stroke penalty or had she already committed to the stroke and distance penalty when she hit the provisional?? **She opted to hit the provisional to remedy a possible out of bounds shot, and since that is what happened, the provisional is the ball in play.**

The above reference to this particular local rule is deserving of further discussion. It is a rule sanctioned by the USGA that has come down as an option for local clubs to save time on the course when shots are lost or out of bounds. The first reaction that most players have to the option of a two stroke penalty rather than the original stroke and distance one stroke penalty is that it is a greater penalty. However, when you walk through the steps, you may find that taking the 2 stroke penalty may be the better choice. If an OB ball has traveled a good distance and is found (or at least a fair idea of where the ball disappeared is known), then the 2 stroke option might be the better choice. Let's take the above scenario and assume that the player did not hit a provisional because she doesn't expect that her ball went out of bounds. She finds her ball OB...if she takes stroke and distance, it takes time and she is now hitting three from the spot of her previous shot. There is always the risk of another bad shot. Then, on the other hand, it might be a shot of near the same distance, maybe in the fairway or maybe in the rough; her next shot is number 4. If she had taken the two stroke penalty, she would have the distance of her OB shot, but she would be in the fairway hitting number 4. Think it over...you might see that there is really no increased penalty...you are just eliminating the trek back to the location of the previous shot and the time lost in doing so.

WGA SCRAPBOOK



MEMBER/MEMBER



Shirley delivers add'l treats.
Thanks Shirley.



We're ready...let's go!



Not just a little shade...an unseen bonus...who has an umbrella with a built in fan? Jina does!



The set-up.



The swing.



The chip.



The putt.

MORE WGA SCRAPBOOK



1st place gross



2nd place gross



1st place net



2nd place net

WINNERS CIRCLE



Southwest Salad was delightful!



Surprise cupcakes are served!
Happy Birthday PJ!

Candids from The Folds of Honor Charity Event

