



Other training

There are many skills and a great deal of knowledge required to be effective when working, no matter what position you hold. At People Care Plus we recognise this and offer the following.

Acquired brain injury

- How the brain works
- Types of brain injury
- Acquired brain injury and its effects
- The Brain Injury Needs Indicator
- Therapy
- Effects on family
- Communication
- Activities



Activities for the elderly

- What are activities
- Progression of dementia
- Strength-based progression
- Gardener's Theory of Multiple Intelligences
- The assessment process
- Linking strength-based progression and activities
- Physical impairments and activities
- Activity options



ADHD awareness

- What is ADHD?
- Causes
- Symptoms and related conditions
- Diagnosis
- Treatment
- Support strategies



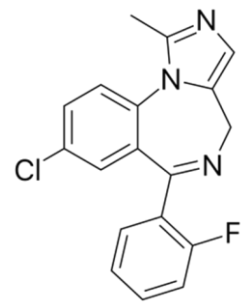
Autism awareness

- Statistics
- What is autism?
- Symptoms
- The Triad of Impairments
- Sensory stimuli
- Behaviours
- Asperger Syndrome and Semantic Pragmatic Disorder
- Behavioural difficulties



Buccal Midazolam

- Buccal midazolam administration
- Considerations
- Seizure management plan
- First aid for seizures
- When and how to administer
- When to call for an ambulance
- Dosages
- Possible side effects
- Storing midazolam



Care Act 2014

- Most important changes
- What the Act aims to achieve
- Local authorities general responsibilities
- Assessment and eligibility
- Care and support planning
- Charging and financial assessment
- Personal budgets and direct payments
- Safeguarding
- Integration
- Diverse care markets
- Appeals policy



Care Act 2014

Catheter care

- Reasons for catheterisation
- Urinary tract anatomy and physiology
- Indwelling and intermittent catheterisation
- Pros and cons of catheterisation
- Risks and problems
- Catheter bags, attachments and drainage options
- Emptying a catheter
- Effective catheter care



Challenging behaviour (aka Behaviour that challenges)

- Legislation and codes of practice
- What is unpredictable behaviour?
- Those who typically display unpredictable behaviour
- The brain and behaviours
- Why does it happen?
- Working with it
- Positive behavioural support
- Anger and aggression
- Improving communication
- Responding safely



Contenance care

- Contenance care
- Legislation
- What causes incontinence
- Impact on the individual
- Toileting
- Treatment plan
- Assessment
- Diet and drinking
- Contenance aids



Diabetes awareness

- What is diabetes?
- Types 1 and 2 diabetes
- Glycaemic index
- Emergency first aid for diabetics
- Eating well and exercise
- Insulin
- Oral and foot care
- Complications of diabetes



Dignity in care

- What is "Dignity"?
- Choice and control
- Communication
- Eating and nutrition
- Pain management
- Personal hygiene
- Privacy
- Social inclusion
- End of life care
- Mental health
- Reporting



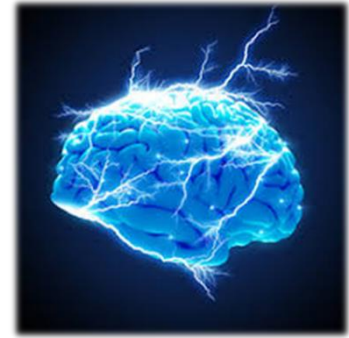
End of life care

- Understand palliative care
- World Health Organisation's nine points
- The person-centred approach
- Understand what makes a "good death" and a "bad death"
- How to deal with and discuss death
- Models of palliative care
- Fundamental human needs
- The stages of grieving
- Communication – some dos and don'ts
- Caring for the deceased
- Marking the life and death of a person in a care setting
- Dealing with your own feelings of grief



Epilepsy awareness

- Seizure types
- First aid for seizures
- When is it an emergency?
- Triggers or precipitants
- Living with epilepsy
- AEDs, surgery, VNS and diet
- Buccal Midazolam administration



Foot care

- Keeping feet healthy
- Foot and toenail issues
- Foot hygiene
- Footwear
- First aid
- Foot care



Learning disabilities

- Legislation and regulations: human rights, equality and diversity
- What is "learning disability"?
- Causes of learning disability
- Experiences of individuals with learning disabilities
- Medical and Social Models of Disability
- How past provisions may affect present services
- Social inclusion
- Effective communication



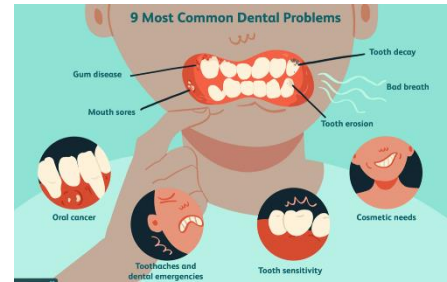
Lone working

- Who is a lone worker
- Possible risks to safety
- Policies and procedures to ensure safety
- Employer and employee responsibilities
- Assessing the risks
- Supervision and emergency staffing
- Ensuring traceability
- Calling for help in an emergency
- Dealing with aggressive and threatening behaviour



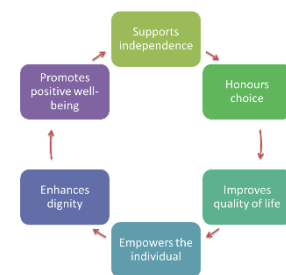
Oral care

- A warning
- Tooth decay
- Good oral healthcare
- Oral problems
- Diabetes and oral care
- Cancer and oral care
- Dementia and oral care
- Reasons for tooth loss
- Cleaning teeth
- Oral care for the elderly
- Dentures and stomatitis
- Identifying dental problems



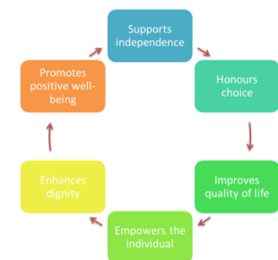
Person centred care and dignity

- Person-centred care
- The elements of person-centred care
- Person-centred planning
- The care plan
- Positive outcomes
- Skills required



Person-centred care planning

- Person-centred care
- Person-centred planning
- The care plan
- Positive outcomes
- Medical Model vs Social Model
- Assessment methods



Positive communication

- Non-verbal communication
- Verbal communication
- Listening
- Difficult situations
- Transactional analysis
- Sensory preferences



Pressure area care

- Pressure area definition
- Location of pressure ulcers
- Stages of pressure ulcers
- Unstageable pressure ulcers
- Emotional impact
- Skin assessment
- Prevention
- When to call for help
- Treatment
- Roles and responsibilities



Professional boundaries

- Definitions
- Professional boundaries
- Applying professional boundaries
- Staff
- Care work values
- The power imbalance
- Relationships
- Trust and confidence
- Areas of possible concern
- Challenging breaches



Record keeping and report writing

- The Care Act 2014
- Data Protection Act 1998
- General Date Protection Regulation
- Information Governance (IG)
- Good record keeping
- What are the problems
- The effects of recording
- General principles of record keeping
- Security and confidentiality
- Caldicott Principles
- Legal duties and delegation responsibilities
- Electronic records



- Inspections
- Right of access

Risk assessment

- The Law
- Employer and employee responsibilities
- 5 steps to risk assessment
- Company policies and procedures
- CQC requirements
- Risk vs restriction



Stroke awareness

- What is a stroke
- Types of strokes
- Symptoms
- What can be done
- TIAs
- Medication
- Who is more at risk and reducing the risk
- How the brain is affected
- Physical effects
- Psychological effects
- Alcohol and stroke
- High blood pressure
- Smoking and stroke
- Diet and stroke



Supported living

- The differences – care and supported living
- History of care and support services
- Code of practice for social care workers
- Medical and Social Models of support/care
- Normalisation
- Social role valorisation
- Person-centred care
- Structures, systems and responsibilities
- Benefits and funding



Teamwork

- What is teamwork?
- Benefits, characteristics and tips
- Learning more about you
- Feedback
- How you interact with others
- Transactional analysis
- Assertiveness



Time management

- What is effective time management?
- Personal achievement criteria
- Mental discipline
- Planning and prioritisation
- Managing interruptions and expectations
- Developing strategies



We will be adding further details.

Please contact us on **07904 954916** or

email FHVILLAGECARE@peoplecareplus.co.uk for further information.