



# GLAUCIA MARTIN-PORATH

## EQUALITY WARRIOR

Glaucia was born in Brazil and is an accomplished therapist, educator, social entrepreneur. She is the CEO of Equality at Home: a global coaching & educational company dedicated to building equality, one household at a time.



Lives in San Diego with her husband Jason and her son Diego. Gabe, her oldest son is already in College.



Dedicated her career to supporting the social and emotional development of families and children as a family therapist for over 15 years.



Happily married to Jason Porath since 2001. She loves dance, yoga, meditation and traveling.



Graduated from Concordia University, in Montreal, Canada with an M.A. in Creative Arts Therapies & Marriage Family Therapy at National University.

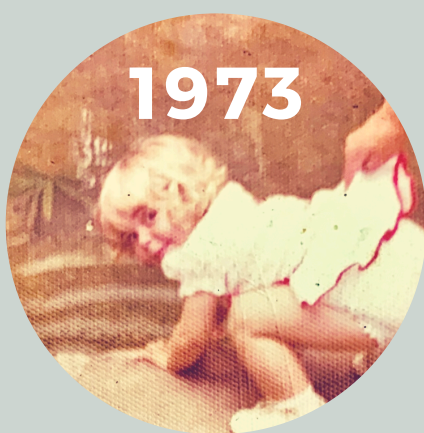


Her family is her headquarters and her boys are her inspiration. She strives to be an inspiring role model for them and to become the best person she can be every day.



She believes that:  
"Everyone has the power and responsibility to transform themselves."

## EQUALITY STORY



I grew up with my father, my mother and my sister. Our family was a very Latino, macho, traditional, male-dominated household. My father always had the last word. He was the most powerful person in the family. My mom was more submissive and carried 100% of the domestic chores, mental load and childcare responsibilities. So I learned their roles and later in life I experienced inequality in my relationship.

In 2004 I had my first child and the roles I had internalized took over. The same thing happened to my husband. Both of us were replaying patterns that did not belong to us, patterns we'd inherited. In 2007 my second son was born and things got even worse. We almost divorced. It was then, that this entire company began to form. It was out of our struggles that we built a foundation of Equality in our marriage. That is what we want to teach you.



"I thrive on empowering people to become the best versions of themselves. By investing in people's education and mental health, we enable generations to contribute to a world of abundance and peace."