## **RESURRECTED DREAMS**

Our mission is to assist families and individuals with special needs to resurrect their dreams for a future through knowledge, support, access to services, and fulfillment of new dreams.

## **Inaugural newsletter**

Welcome to our inaugural newsletter. We will try to cover all the bases. This format will change as we evolve. Resurrected Dreams was born from working with families and individuals who faced life struggles that changed their families' dreams. We want to address those struggles by supporting and coaching parents and individuals within the family to believe in themselves and achieve positive outcomes and goals.

One of the most common disruptors within families is having a child with special needs or having a child who demonstrates disruptive behaviors. Regardless of the nature or timing of the issue, the family unit is impacted and must adjust. This adjustment period can often be traumatic for families, impacting individuals in different ways, new problems emerge, and families struggle to negotiate the unknown.

Resurrected Dreams is a no-judgment zone. We support and coach families and individuals struggling with disruptions in communication and patterns of behaviors. We have recently been doing this on a more individual basis by listening to and collaborating with families to problem solve, create strategies, and implement new skill sets successfully.

We intend to develop online courses to address a broader base by supporting family skillsets based on their immediate needs and feedback.

We believe those who have lived the struggle are often the best resources for families who are just beginning their journey. We will also provide classes to train parents or caregivers to become coaches to others experiencing similar issues. Who better to coach than those who have lived it, giving empathy while imparting knowledge to families going through the process.

We recognize families are at different starting points in their journey. Therefore, access to information and services regarding developmental and transitional stages in both children and young adults is provided on our free resource page. The most important message for all families, know your rights!

Your feedback is important to us. We especially welcome suggestions. Please leave a comment or question in the comment box.



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