Creating the Suzuki Environment

by Edward Kreitman

I was delighted when Aly[Editor Aly Bradbury] invited me to write about the environment that we have created at the Western Springs School of Talent Education and the Suzuki Music Academy. I had been thinking about my thoughts for this article. I remembered that the International Suzuki Association had recently made the following statement: "The Suzuki Method is more than the title of the exercises. Mr. Suzuki's approach is the result of some of the fundamentals of the method. In the first twenty minutes of the video, Dr. Suzuki used the term "environment" eighteen times! Most often when we think about the Suzuki Method, we think about the music that we play. We think about the teaching of teaching music in the same way that we learn to speak. The method, often referred to as "Mother Tongue," is based on the simple, yet profound, observation that children all over the world learn to speak simply by living in an environment where a language is spoken. But the more profound message that Suzuki was trying to convey is that human beings are adaptable creatures, and we all adapt to anything and everything in our environment. Whether it is music or a culture, children learn all manner of things from their environment.

Edward Kreitman leading a group of students from the Western Suzuki School at the Library of Congress

We all have anecdotal evidence that this phenomenon is true. The most dramatic example that I can share is of a student who started violin lessons with us at an unconventional way. A friend of mine had a family member who had a child at a very young age. In addition, the mother struggled with a variety of addictions. Her situation was dire, and she was unable to care for her two children. Fortunately, the grandmother stepped in and took over the parenting. She was three years old at the time.

The child had been living in an environment that was completely devoid of stimulation, activity, and opportunity. The child was behind in every milestone for his age. Changing the environment had an almost miraculous and immediate effect on the child's life. He was soon enrolled in preschool and kindergarten. In 2021, I must include Thomas Bernardini, who taught a couple of violin sessions and directed the Chicago Concert for Ninety-three years, in his presence and Mary Kreitman, who taught Twinkle, Twinkle, Little Star, Lightly Row, Mary Had a Little Lamb, Merrily Row, Lightly Row, Song, Twinkle, Twinkle, Little Star

the practice partner sits on a chair behind their student so that they can assist the student with posture and bow hold skills. The focus of this class is to reinforce the pre-twinkle and Twinkle skills in a group setting but without any playing together. The children take turns demonstrating or playing one by one for each other. We reinforce all of the "play by ear" listening skills such as "same and different" and "higher and lower" as well as learning about the logic of their instrument. We also use this class to educate children about proper and ethical etiquette by inviting an older student who may be ready to perform a Book One recital to play program for the Pre-Twinkle Class.

A student performs a preview of his Book One recital for the Pre-Twinkle Class.

Twinkle Class

The Twinkle class is for students who are working on Go Tell Aunt Rhody to Perpetual Motion. The repertory level of each piece is designed to be well below the pieces the students are working on in their individual lessons. The reason for this is that the students needs to be able to make subtle adjustments to their tone, timing, intonation, and articulation. Making these adjustments requires a level of skill that is only present in their review pieces.

In the Twinkle class, the room is configured differently from Pre-Twinkle. Here, the parents are sitting in front of the class, and the children stand in rows from tallest to smallest, facing the instructor and parents. I know some teachers prefer to have the parents sit behind or to the side of the students, but I find that it is good recital training for the students to be able to focus on the teacher and ignore the parents. It is also good training for the parents to be able to sit and observe the class without distracting anyone.

The main focus of the Twinkle Class is learning how to play together so that the group sounds like one big violin. This requires tremendous focus and concentration and the ability to listen to the sound of the teacher's instrument, the sound of the rest of the class, and the student's own instrument at the same time so that they can make the subtle adjustments necessary to place their sound together with everyone else's. Once the students have learned how to do this, they are ready to move on to the Book One Class.

Book One Class

This class continues to focus on playing with fine posture and bow hold while reinforcing the teaching points of each piece. During the course of a school term, we will alternate between focusing on review, sometimes just playing through the book, a particular technique (for example, "let's play all of the staccato bow pieces today") and preparation for a group concert. During the time leading up to a concert, we shift our focus to make our ensemble and musical expression especially wonderful. We also want to remember that at the concert we will only play each piece one time, so if our best rendition of the piece is the second or third time through, the audience will never get to hear that one.

Book Two Class

Following the pedagogy of the Suzuki Curriculum, Book Two Class focuses primarily on tonalization skills. We set aside the entire winter term for the "Tonalization Celebration." Each student will have studied Dr. Suzuki's tonalization technique in their individual lessons, but here we have the opportunity to review all of the skills of tonalization in the group context and explore and enjoy the power of tonalizing together in a group.

Book Three Class

In this class we turn our attention to musical expression and focus on finding all of the hierarchal layers of a piece. We study each piece from the first note to the last note. We study the form of the piece and understand its musical structure. We work on the musical line or phrase and the level just below the phrase. This is the level of "note grouping" as explained by David Blum in The Art of Sound in Motion. For a detailed explanation of my interpretation of this work, see Teaching with Heart: A Guide to Conscious Musicianship for Suzuki Parents, Teachers, and Students. Finally, we listen to the level of individual notes, but typically only when all of the students have attained a basic, sustain, and release for its function in the piece.

Book Four Class

Starting in Book Four, we continue to reinforce the skills learned in the repertoire and enjoy exploring the techniques of shifting and vibrato, as well as scale work and the study of the circle of fifths. Book four is the first time that the students are playing music that was composed for the violin. This is a huge shift since everything in the first three books was transcribed by Dr. Suzuki for the violin (with the exception of his compositions). Additionally, other than the Bohm Perpetual Motion, every piece in Book four is a concerto. I've always thought that Suzuki students have a distorted concept of what a concerto is because we are always playing the solo part together as a group accompanied by one person playing an orchestral reduction on the piano. When in reality, a concerto is performed by one person accompanied by the many members of the orchestra behind them. In order to help the students have a better understanding of the concerto genre, we do a project in the Book Four Class every fall semester. Each week, the students are asked to go to YouTube with their parents and search for "violin concerto." The assignment is to choose one movement of a concerto performed by an artist player and report back to the class the next week. What I love about this assignment is that in addition to learning what the concerto looks and sounds like, they are becoming familiar with all of the violinists of our time and the concerto repertoire for the violin. I love watching this assignment evolve over the twelve weeks of the term. The first week, each student arrives at group class with a little piece of paper upon which they have written down the name of the violinist, composer, orchestra, and conductor, and it is a bit hilarious to hear some of the pronunciations of the composer and conductor names. But after a few weeks' time, they don't need the piece of paper. The students start to come in and talk about the concerto they listened to. Then, one day, one of the children will say something like, "I watched Hilary Hahn perform the Sibelius Concerto with the Chicago Symphony," and right away one of the other students will exclaim, "I saw that video too!" That's when I know that the assignment has been successful.

Allegro!!

I once took a Book Five teacher training course with William Starr in which he described the Vivaldi Concerto in G minor as "death to the violin." I thought this was hilarious. I actually love the Vivaldi G minor, but I completely agree with Mr. Starr that for some students, it is a very long piece, and for an eleven or twelve-year-old, maybe not the most exciting music they have ever heard.

It is largely because of this that I developed the Allegro!! Ensemble at our school. Students are eligible to audition for Allegro!! after learning the Bach Double Concerto in Book Four. The Allegro!! experience is transformational for each of the students who participate. It also has had a 100% success rate. In over twenty-five years, we have never had a student stop playing the violin after being a part of the Allegro!! group. Based on the work of Dave Marshall and his world renowned performing group Barrage, Allegro!! incorporates live music, choreography, acting, theatre lighting, and videos to create a dynamic, awe-inspiring one-hour show. The group has delighted audiences all across the United States, Puerto Rico, and China. They have performed for the Suzuki Association of the Americas National Conference and for the American String Teachers Association Conference. The process of creating the show begins in October when the members of the group are chosen by audition. First, their music is rehearsed and memorized, and then the choreography is added during a three-day rehearsal weekend. Many former Allegro!! members have said that it was the most fun that they ever had playing their violin.

What I love most about the Allegro!! experience for the students is that in order to add the choreography to their playing, they must achieve the level of "mastery" in the playing of the repertoire. For some of the students, this may be the first time that they have achieved this level of playing. The main draw for the students is that the Allegro!! group is extremely social. The students spend a lot of time together rehearsing, performing, and traveling. Playing music that is relatable to them is another important reason why this program is so successful.

Cellissimo

For our more advanced cellists, we have Cellissimo, which is a cello choir of typically 12 to 16 students. While there is no choreography involved, their repertoire is also extremely varied and much of it is fun to play. With music available from Two Cellos, the Piano Guys, and the like, there is a wealth of material that the students connect with. Of course, they also perform more serious classical music and have even had pieces composed and arranged for the group. While Cellissimo has been somewhat limited in the past to travel internationally due to the logistics of traveling with cellos, they have toured regionally in the United States and have performed for the Suzuki Association of the Americas International Ensembles Concert and as featured artists at the SAA Leadership Retreat in Ohio.

Chicago Consort

Founded by Thomas Mermuth in 1990, this group has been our school's touring ambassador for the Suzuki Method on the world stage. Again, repertoire is crucial and we are fortunate to have a wealth of material in our library that was arranged for the ensemble by Mr. Mermuth. Our tradition continues as our current Music Director, Patrick Connolly, also arranges material for the group to perform. Under Mr. Mermuth's direction, the group performed throughout Europe, South America, North America, Cuba, and China. This June we are looking forward to traveling to South Africa and collaborating with the Suzuki students there as well as members of the Cape Town Consort.

Not every student in our program will participate in our performing ensembles. For some students, participation in their school orchestra and the reading orchestra at our school may be enough group participation to keep them motivated. But we want to be sure that we are offering enough additional programming to keep most of our students musically and socially engaged.

Group Class Concerts

In addition to our six solo recital days, we also plan two large all-school group class concerts. In the fall, we combine the group classes from Western Springs and Naperville to present each of our group class levels individually. On this concert, we are showing the musical and technical progress of the students as we move from Twinkle to the more advanced levels of playing. In the Spring, we present a Stylathon® type of concert. In this format, we begin with the most advanced level on stage and play down through the repertoire, adding more and more children to the large until all students play the Twinkles together at the end. This type of concert is very exciting for all of the students. The advanced players enjoy performing their old Suzuki repertoire with great ease, and it is so musically. Often they will play the Book One pieces in upper positions or add a harmony part. For the little ones, the opportunity to stand in the middle of the sound of the advanced players is thrilling. The large group class events are another way of creating an environment of community at the schools. Everyone is working together toward a common goal and it is fun to gather all at once in a beautiful venue to enjoy the progress of each level of student at the school.

Creative Ability Development Classes

One of our faculty members, Maeve Chitara, was a student of Alice Kanack, the founder of CAD or Creative Ability Development. Maeve's first-hand knowledge and training in CAD's unique approach to teaching improvisation allows our students to experience this wonderful program through group class instruction and as an elective offering when we have our winter workshop. For more about CAD, see Alice Kanack's article in ASJ Volume 51, Number 2.

Chamber Music Camp

Perhaps because of the commitment required of our group class programs, we have found it difficult to sustain a chamber music program throughout the school year. However, we find that many students are interested in exploring chamber music, and we are able to offer that experience in the summer term: our week-long Chamber Music Camp led by faculty members Ryan Capparella and Alex Rose. This intensive experience allows our students to experience small ensemble music-making at a very high level. During the week, the students have a daily coaching session, a scheduled rehearsal hour, a time-permitting rehearsal, and a music-making class. Additionally, all participants enjoy a trip to the Grant Park Music Festival in Chicago to hear an excellent program of classical music. They also wrap up with a concert where each of the ensembles performs for the rest of the group along with the chamber orchestra.

Suzuki Access For All

The Western Springs School of Talent Education and the Naperville Suzuki School's reputation for excellence puts us at the center of the worldwide Suzuki movement. Those of us who are leaders in this movement carry a responsibility for how the Suzuki Method evolves into the future. Our faculty members and colleagues in all of the countries represented by the Suzuki Association of the Americas, are greatly concerned that our method has evolved in a way that is not accessible to every member of our community. Of course, this was never Dr. Suzuki's intention. His powerful conviction to his belief in the ability of ALL children led us to create our introductory teacher's course "Every Child Can."

At WSSTE and NSS, we had to ask, "Does the socioeconomic, ethnic, and racial makeup of our student body reflect that of our community?" Sadly, the answer to this question was "no."

To study this concern, I enrolled in the inaugural Growing Equitable Music Studios (GEMS) class with Clara Hardie, the founder and director of Detroit Youth Volume. During this intensive six-week course, we studied ways to work toward building equity, inclusion, and access for students who, for various reasons, have not been a part of our schools. As a result of this work, we launched a new program at our school, Suzuki Access for All (SAFA). Our goal is to be able to provide scholarships and other support to students of color or financial hardship within our community.

We want to take a step toward building a student body at WSSTE and NSS that better reflects the communities we serve. We aim to raise enough funds to support three students at each campus for at least three years. We will need to raise $10,000 per year to achieve this goal. The SAFA program will run under the auspices of our 501(c)(3) non-profit West Suburban Suzuki Foundation so that all donations are tax-deductible. We are now in our third year of the SAFA program, and I am happy to report that we have reached our fundraising and scholarship goals each year.

The Anniversary Celebration Concert in Chicago's Orchestra Hall, featuring students, faculty, and alumni from the WSSTE and NSS programs.

Anniversary Celebration Concerts

In addition to all of the programming mentioned above, which takes place every year at our schools, every few years we plan an Anniversary Celebration Concert at Orchestra Hall in Chicago. These concerts are presented with the help and support of our alumni who were are invited back to perform with us. The first half of the concert is presented by the faculty, alumni, and the Cellissimo and Chicago Consort performing ensembles. The younger students enjoy listening to the program with their parents in the audience. During intermission, the younger players head backstage to prepare for a huge playalong finale culminating with hundreds of performers on the stage for the Twinkle Variations.

This year we will celebrate forty-four years of Suzuki music-making at WSSTE and NSS at Orchestra Hall on May 20th, the Sunday of Memorial Day Weekend. All are invited to attend. Tickets will be available at the CSO box office (csso.org) in April.

I appreciate the opportunity to share how we have created a successful Suzuki environment at WSSTE and NSS. I hope that some readers will benefit from these ideas and perhaps implement one or two of them in their programs. I want to close with a letter that I received from a parent of four Suzuki students at our schools which was included with her final tuition payment. Receiving a note like this makes all the time and hard work it takes to implement these programs worthwhile.

> Of all my life's accomplishments, I count finding you as one of its highlights. Because of you, we have met so many incredible, caring, and loving teachers and families. Because of you, we have traveled all over the world and been given opportunities that not many students or families can claim. Because of you, my children know how to work hard, work every day, over and over and over, whether it is on a concerto or a difficult math problem. Because of you, they do not wilt under pressure—they will do what it takes to get the job done. You have helped my husband and me know how to parent, with encouragement and consistency, whether it's music or chores. Okay, it's because of me that they don't starve—I was the one to come up with snacks at Allegro!! Practices—but everything else, you.

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Edward Kreitman is the founder and Director of the Western Springs School of Talent Education and the Naperville Suzuki School. Mr. Kreitman received his undergraduate degree from Western Illinois University and his graduate degree from the University of Illinois at Urbana-Champaign. In 1986, he studied with Dr. Suzuki at the Talent Education Summer School in Matsumoto, Japan.

Mr. Kreitman has served the SAA in many capacities including a member of the Board of Directors, Violin Committee, Teacher Development team and as Coordinator for several National Suzuki Teacher Conferences. Edward Kreitman engages an international reputation as a registered Teacher Trainer of the SAA and is the author of "Teaching from the Heart: A Guide for Suzuki Parents, Teachers and Students" and "Teaching with an Open Heart: A Guide to Developing Conscious Relationships." Edward Kreitman was the 2019 recipient of the SAA's Dublin Teacher of the Year Award.

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