TRAINING DIVE #1

Dive No. 1 Date _____/_____/_____

Location _____

Site _____

GPS ___° ___.___' ___:___° ___.___' ___

Wreck ☐ Reef ☐ Cave ☐ Training ☐ Search & Recovery ☐

Deep Dive ☐ Night Dive ☐ Altitude Dive ☐ Ice Dive ☐

Dive Time

IN _____:_____

OUT _____:_____

Total _____:_____

O_2_____%

IN_____PSI

OUT_____PSI

Fe ☐ Al ☐

V_____cf

PG _____ SI _____ PG _____

Avg _____ ft.

Max _____ ft.

Depth

CNS O_2_____%

Bottom Time _____

PG _____

☐ S.S. _____

☐ DECO2 _____

☐ DECO1 _____ ft. / mins

_____ + _____ = _____

RNT ABT TBT

lb.

☐ GOOD

☐ 2 much

☐ 2 little

☐ Dry

___ mm

VIS. 15 30 45 60 75 + ft.

Current

___ F

___ F

___ F

Fresh ☐ Salt ☐ Shore ☐ Boat ☐ Computer ☐ Scooter ☐ Camera ☐

Comments:

SKILLS-----ABCD's At Surface

----Regulator Clearing-Blast/Purge
----Regulator Recovery---Sweep/Reach
----Mask Clearning-Partial
----Pressure Check
----Cramp Removal
----Controlled Ascent

Verification Signature: _____

☐ Instructor ☐ Divemaster ☐ Buddy

Certification Number _____

Bottom Time to Date_____

Time This Dive +_____

Cumulative Time =_____

TRAINING DIVE #2

Dive No. 2 Date _____/_____/_____

Location _____

Site _____

GPS ___° ___.___' ___:___° ___.___' ___

Wreck ☐ Reef ☐ Cave ☐ Training ☐ Search & Recovery ☐

Deep Dive ☐ Night Dive ☐ Altitude Dive ☐ Ice Dive ☐

Dive Time

IN _____:_____

OUT _____:_____

Total _____:_____

O_2_____%

IN_____PSI

OUT_____PSI

Fe ☐ Al ☐

V_____cf

PG _____ SI _____ PG _____

Avg _____ ft.

Max _____ ft.

Depth

CNS O_2_____%

Bottom Time _____

PG _____

☐ S.S. _____

☐ DECO2 _____

☐ DECO1 _____ ft. / mins

_____ + _____ = _____

RNT ABT TBT

lb.

☐ GOOD

☐ 2 much

☐ 2 little

☐ Dry

___ mm

VIS. 15 30 45 60 75 + ft.

Current

___ F

___ F

___ F

Fresh ☐ Salt ☐ Shore ☐ Boat ☐ Computer ☐ Scooter ☐ Camera ☐

Comments:

SKILLS-----ABCD's At Surface

------Mask Clearning-Full/removal
------Oral BCD Inflation to Neutral
------Low Pressure Inflator Control to Neutral
------Alternate Air Sharing-Stationary
------Pressure Check
------Contorolled Ascent
------TIred Diver Tow @ Surface

Verification Signature: _____

☐ Instructor ☐ Divemaster ☐ Buddy

Certification Number _____

Bottom Time to Date_____

Time This Dive +_____

Cumulative Time =_____

TRAINING DIVE #3

Dive No. 3 Date _____/_____/_____
Location _____
Site _____
GPS ___° ___.___' ___:___° ___.___' ___

Wreck ☐ Reef ☐ Cave ☐ Training ☐ Search & Recovery ☐
Deep Dive ☐ Night Dive ☐ Altitude Dive ☐ Ice Dive ☐

Dive Time
IN _____:_____
OUT _____:_____
Total _____:_____

PG SI PG
Avg _____ ft.
Max _____ ft.
Depth
CNS O_2 _____%
Bottom Time
PG
☐ S.S. _____
☐ DECO2 _____
☐ DECO1 _____ ft. / mins

_____ + _____ = _____
RNT ABT TBT

O_2 _____%
IN _____PSI
OUT _____PSI
Fe Al
V _____cf ☐ ☐

☐ GOOD
☐ 2 much
☐ 2 little
lb.

VIS. 15 30 45 60 75 + ft.
Current
_____ F
_____ F
_____ F

☐ Dry
_____ mm

Fresh Salt Shore Boat Computer Scooter Camera

Comments:

SKILLS ABCD's AT SURFACE

------Remove & Replace Gear @ Su
------Alternate Air Ascent w/oral inflation
------Buddy Breathing--NOT REQUIRED
------Pressure Check
------Ascent w/ Safety Stop

Verification Signature:
_____
☐ Instructor ☐ Divemaster ☐ Buddy
Certification Number _____

Bottom Time to Date_____
Time This Dive +_____
Cumulative Time =_____

TRAINING DIVE #4

Dive No. 4 Date _____/_____/_____
Location _____
Site _____
GPS ___° ___.___' ___:___° ___.___' ___

Wreck ☐ Reef ☐ Cave ☐ Training ☐ Search & Recovery ☐
Deep Dive ☐ Night Dive ☐ Altitude Dive ☐ Ice Dive ☐

Dive Time
IN _____:_____
OUT _____:_____
Total _____:_____

PG SI PG
Avg _____ ft.
Max _____ ft.
Depth
CNS O_2 _____%
Bottom Time
PG
☐ S.S. _____
☐ DECO2 _____
☐ DECO1 _____ ft. / mins

_____ + _____ = _____
RNT ABT TBT

O_2 _____%
IN _____PSI
OUT _____PSI
Fe Al
V _____cf ☐ ☐

☐ GOOD
☐ 2 much
☐ 2 little
lb.

VIS. 15 30 45 60 75 + ft.
Current
_____ F
_____ F
_____ F

☐ Dry
_____ mm

Fresh Salt Shore Boat Computer Scooter Camera

Comments:

SKILLS ABCD's AT SURFACE

-------Compass @ Surface--Heading & Ricip
-------CESA W/ Downline
-------Rescue Unconcious Diver
-------Diver/Buddy Team planned & Exicuted
Monitored by Instructor or Assistant

-------Ascent w/ Safety Stop

Verification Signature:
_____
☐ Instructor ☐ Divemaster ☐ Buddy
Certification Number _____

Bottom Time to Date_____
Time This Dive +_____
Cumulative Time =_____