

Mark current issues with a "C" and past issues with a "P".  
 Include the date(s) of occurrence and diagnosing practitioner.

**Integumentary**

- \_\_\_\_\_ Rashes
- \_\_\_\_\_ Eczema
- \_\_\_\_\_ Psoriasis
- \_\_\_\_\_ Hives
- \_\_\_\_\_ Acne
- \_\_\_\_\_ Itching
- \_\_\_\_\_ Night sweats
- \_\_\_\_\_ Dryness
- \_\_\_\_\_ Change in moles
- \_\_\_\_\_ Change in color/texture
- \_\_\_\_\_ Hair loss
- \_\_\_\_\_ Skin cancer
- \_\_\_\_\_ Warts

**Eyes**

- \_\_\_\_\_ Near-sighted
- \_\_\_\_\_ Far-sighted
- \_\_\_\_\_ Night/color blindness
- \_\_\_\_\_ Eye pain
- \_\_\_\_\_ Glasses/contacts
- \_\_\_\_\_ Double vision
- \_\_\_\_\_ Blind spot
- \_\_\_\_\_ Cataracts
- \_\_\_\_\_ Glaucoma
- \_\_\_\_\_ Blurry vision
- \_\_\_\_\_ Dry eyes
- \_\_\_\_\_ Itchy eyes
- \_\_\_\_\_ Tearing
- \_\_\_\_\_ Red eyes
- \_\_\_\_\_ Discharge

**Mouth/Throat**

- \_\_\_\_\_ Frequent sore throat
- \_\_\_\_\_ Sore tongue/mouth
- \_\_\_\_\_ Gum problems
- \_\_\_\_\_ Grinding of teeth
- \_\_\_\_\_ Hoarseness
- \_\_\_\_\_ Dental fillings
- \_\_\_\_\_ Loss of taste
- \_\_\_\_\_ Trouble swallowing
- \_\_\_\_\_ Cold sores

**Head**

- \_\_\_\_\_ Headaches
- \_\_\_\_\_ Migraines
- \_\_\_\_\_ Dizziness
- \_\_\_\_\_ Trauma to head
- \_\_\_\_\_ Dandruff

**Ears**

- \_\_\_\_\_ Ringing
- \_\_\_\_\_ Impaired hearing
- \_\_\_\_\_ Earache/infections
- \_\_\_\_\_ Dizziness
- \_\_\_\_\_ Discharge
- \_\_\_\_\_ Wax build up
- \_\_\_\_\_ Itching
- \_\_\_\_\_ Tubes

**Upper Respiratory**

- \_\_\_\_\_ Frequent colds
- \_\_\_\_\_ Wheezing
- \_\_\_\_\_ Tonsillitis
- \_\_\_\_\_ Swollen neck glands
- \_\_\_\_\_ Sinus problems/infections
- \_\_\_\_\_ Nasal discharge
- \_\_\_\_\_ Post nasal drip
- \_\_\_\_\_ Seasonal allergies
- \_\_\_\_\_ Nose bleeds
- \_\_\_\_\_ Coughing
- \_\_\_\_\_ Sputum
- \_\_\_\_\_ Hoarseness
- \_\_\_\_\_ Wheezing
- \_\_\_\_\_ Asthma
- \_\_\_\_\_ Spitting up blood
- \_\_\_\_\_ Shortness of breath
- \_\_\_\_\_ Pain on breathing
- \_\_\_\_\_ Difficulty breathing
- \_\_\_\_\_ Bronchitis
- \_\_\_\_\_ Pneumonia
- \_\_\_\_\_ Tuberculosis

**Gastrointestinal**

- \_\_\_\_\_ Indigestion
- \_\_\_\_\_ Decrease in appetite
- \_\_\_\_\_ Increase in appetite
- \_\_\_\_\_ Increase in thirst
- \_\_\_\_\_ Food Allergies
- \_\_\_\_\_ Heart burn
- \_\_\_\_\_ Nausea
- \_\_\_\_\_ Vomiting
- \_\_\_\_\_ Excessive belching
- \_\_\_\_\_ Excessive flatulence
- \_\_\_\_\_ Bloating
- \_\_\_\_\_ Jaundice
- \_\_\_\_\_ Liver Disease
- \_\_\_\_\_ Gallbladder issues
- \_\_\_\_\_ Hernia
- \_\_\_\_\_ Ulcer
- \_\_\_\_\_ Irritable bowel syndrome
- \_\_\_\_\_ Crohn's disease
- \_\_\_\_\_ Colitis
- \_\_\_\_\_ Loose stools
- \_\_\_\_\_ Hard stools
- \_\_\_\_\_ Mucus in stool
- \_\_\_\_\_ Blood in stool
- \_\_\_\_\_ Black tarry stool
- \_\_\_\_\_ Yellow/pale stool
- \_\_\_\_\_ Greenish stool
- \_\_\_\_\_ Rectal bleeding
- \_\_\_\_\_ Hemorrhoids
- \_\_\_\_\_ Rectal fissures
- \_\_\_\_\_ Diverticulitis
- \_\_\_\_\_ Abdominal pain

**Blood/Lymph**

- \_\_\_\_\_ Anemia
- \_\_\_\_\_ Easy bruising
- \_\_\_\_\_ Easy bleeding
- \_\_\_\_\_ Past transfusion
- \_\_\_\_\_ Lymph node swelling
- \_\_\_\_\_ Blood disease
- \_\_\_\_\_ Blood type: \_\_\_\_\_

**Cardiovascular**

- \_\_\_\_\_ Rapid heartbeat
- \_\_\_\_\_ Heart disease
- \_\_\_\_\_ Angina
- \_\_\_\_\_ High blood pressure
- \_\_\_\_\_ High cholesterol
- \_\_\_\_\_ Heart murmur
- \_\_\_\_\_ Rheumatic fever
- \_\_\_\_\_ Chest pain
- \_\_\_\_\_ Palpitation/fluttering
- \_\_\_\_\_ Swollen ankles
- \_\_\_\_\_ Abnormal heart tests

**Peripheral Vascular**

- \_\_\_\_\_ Extremity swelling
- \_\_\_\_\_ Varicose veins
- \_\_\_\_\_ Extremity numbness
- \_\_\_\_\_ Deep leg pain
- \_\_\_\_\_ Extremity coldness
- \_\_\_\_\_ Extremity ulcers

**Neurological**

- \_\_\_\_\_ Fainting
- \_\_\_\_\_ Seizures/convulsions
- \_\_\_\_\_ Tingling/numbness
- \_\_\_\_\_ Involuntary movement
- \_\_\_\_\_ Loss of balance
- \_\_\_\_\_ Speech problems
- \_\_\_\_\_ Loss of memory
- \_\_\_\_\_ Paralysis

**Endocrine**

- \_\_\_\_\_ Thyroid disorder
- \_\_\_\_\_ Heat/cold intolerance
- \_\_\_\_\_ Excess sweating
- \_\_\_\_\_ Hypoglycemia
- \_\_\_\_\_ Chronic fatigue
- \_\_\_\_\_ Hormone therapy
- \_\_\_\_\_ Diabetes
- \_\_\_\_\_ Seasonal depression
- \_\_\_\_\_ Shift work disorder

**Breasts**

- \_\_\_\_\_ Lumps
- \_\_\_\_\_ Pain or tenderness
- \_\_\_\_\_ Nipple discharge
- \_\_\_\_\_ Breast implants
- \_\_\_\_\_ Regular self-exam

**Musculoskeletal**

- \_\_\_\_\_ Joint pain
- \_\_\_\_\_ Joint stiffness
- \_\_\_\_\_ Joint swelling
- \_\_\_\_\_ Osteoarthritis
- \_\_\_\_\_ Rheumatoid arthritis
- \_\_\_\_\_ Muscle cramps
- \_\_\_\_\_ Backache
- \_\_\_\_\_ Neck pain/stiffness
- \_\_\_\_\_ Flat feet/pain
- \_\_\_\_\_ Weakness
- \_\_\_\_\_ Sprained joints
- \_\_\_\_\_ Broken bones

**Emotional**

- \_\_\_\_\_ Angry
- \_\_\_\_\_ Anxiety
- \_\_\_\_\_ Argumentative
- \_\_\_\_\_ Bad temper
- \_\_\_\_\_ Depression
- \_\_\_\_\_ Fear
- \_\_\_\_\_ Grief
- \_\_\_\_\_ Insomnia
- \_\_\_\_\_ Irritable
- \_\_\_\_\_ Low patience
- \_\_\_\_\_ Low self-image
- \_\_\_\_\_ Mood swings
- \_\_\_\_\_ Nervousness
- \_\_\_\_\_ Panic attacks
- \_\_\_\_\_ Pessimism
- \_\_\_\_\_ Phobias
- \_\_\_\_\_ Suicidal thoughts
- \_\_\_\_\_ Worrier

**Urinary**

- \_\_\_\_\_ Frequent infections
- \_\_\_\_\_ Pain on urination
- \_\_\_\_\_ Burning on urination
- \_\_\_\_\_ Increased urination
- \_\_\_\_\_ Urination at night
- \_\_\_\_\_ Increased urgency
- \_\_\_\_\_ Incontinence/dribbling
- \_\_\_\_\_ Hesitancy
- \_\_\_\_\_ Strong urine odor
- \_\_\_\_\_ Cloudy urine
- \_\_\_\_\_ Blood in urine
- \_\_\_\_\_ Bed wetting
- \_\_\_\_\_ Kidney stones

**Males**

- \_\_\_\_\_ Prostate problems
- \_\_\_\_\_ Prostate surgery
- \_\_\_\_\_ Hernia
- \_\_\_\_\_ Testicular mass
- \_\_\_\_\_ Testicular pain
- \_\_\_\_\_ Discharge or sores
- \_\_\_\_\_ Venereal disease
- \_\_\_\_\_ Genital warts
- \_\_\_\_\_ Sexually active
- \_\_\_\_\_ Impotence
- \_\_\_\_\_ Premature ejaculation
- \_\_\_\_\_ Other sexual difficulties:

**Women**

- \_\_\_\_\_ Hysterectomy
- \_\_\_\_\_ Hormonal contraceptive
- \_\_\_\_\_ Irregular cycles
- \_\_\_\_\_ Bleeding between periods
- \_\_\_\_\_ Painful menses/cramps
- \_\_\_\_\_ Excessive flow
- \_\_\_\_\_ Fibroids
- \_\_\_\_\_ Ovarian cysts
- \_\_\_\_\_ Cervical dysplasia
- \_\_\_\_\_ Cervical/uterine cancer
- \_\_\_\_\_ Vaginal discharge
- \_\_\_\_\_ Vaginal itching
- \_\_\_\_\_ Vaginal dryness
- \_\_\_\_\_ Hot flashes
- \_\_\_\_\_ Night sweats
- \_\_\_\_\_ Difficulty conceiving
- \_\_\_\_\_ Miscarriage(s) \_\_\_\_\_
- \_\_\_\_\_ Birth(s) \_\_\_\_\_
- \_\_\_\_\_ Regular PAP smears
- \_\_\_\_\_ Painful intercourse
- \_\_\_\_\_ Venereal disease
- \_\_\_\_\_ Genital warts
- \_\_\_\_\_ Sexually active
- \_\_\_\_\_ Other sexual difficulties:

**Other Concerns:**

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