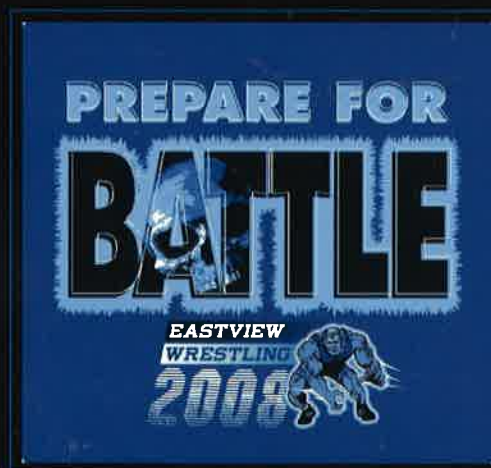




# Eastview **WRESTLING** 2007-2008





Eastview High School

Eastview High School, the district's fourth comprehensive high school, opened in September 1997. Eastview High School is located in Apple Valley, adjacent to 200 acres of playing fields and recreational facilities. The 330,000 square foot facility is built to house 2,000 students in grades 9-12 and offers: state-of-the-art classroom design with built-in monitors, VCRs, satellite connection, telephones and LAN/WAN connections; a technology infrastructure that includes building-wide wireless hubs and nearly 900 network/Internet connections with room for additional growth; a 5:1 student to computer ratio; computers, voice mail and e-mail for all faculty and staff; a 650 seat Performing Arts Center with a fly loft and scene shop; a dedicated dance studio and full-time, curricular dance program; four gyms with a running track surrounding the main gym; a 4,500 square foot strength, conditioning and fitness center; a two-level media center with computerized library research capabilities and fully-equipped television and digital editing studios.



Eastview Athletics

District 196 believes that the cocurricular program of the school plays a substantial and important role in providing successful and meaningful experiences for students. In addition to a comprehensive list of courses, Eastview High School offers a wide variety of school activities to meet students' interests and needs. These activities are grouped into three categories: fine/performing arts and activities, student leadership and service, and athletics. All students are encouraged to participate according to their interests and abilities.

- Cross Country (Boys and Girls)
- Dance Team Performance (Girls)
- Football (Boys)
- Soccer (Boys and Girls)
- Swimming and Diving (Boys and Girls)
- Tennis (Boys and Girls)
- Volleyball (Girls)
- Dance Team Competition (Girls)
- Basketball (Boys and Girls)
- Figure Skating (Boys and Girls)
- Gymnastics (Girls)
- Hockey (Boys and Girls)
- Slalom Skiing (Boys and Girls)
- Nordic Skiing (Boys and Girls)
- Wrestling (Boys)
- Baseball (Boys)
- Golf (Boys and Girls)
- Lacrosse (Girls and Boys)
- Softball (Girls)
- Track and Field (Boys and Girls)
- Adapted Athletics (Boys and Girls)
- Athletic Training (Boys and Girls)
- Cheerleading - Sport (Girls)
- Cheerleading Competition
- Intramurals (Girls and Boys)
- Strength Training (Girls and Boys)



Eastview Administration



Randall Peterson  
Principal



Kim Martinson  
Associate Principal



Bruce Miller  
Assistant Principal



Rob Franchino  
Assistant Principal



Matt Percival  
Assistant Principal



Jodi Hanson  
Teacher on  
Special Assignment

This program is sponsored by the Eastview Wrestling Association.

PREPARE FOR BATTLE



2007-2008 Team Photo

Prepare for Battle

By Nick Fornicoia

**Prepare** (prĭ-pâr') Verb. To make ready before hand for a specific purpose.

**Battle** (bat-l) Noun. Any conflict or struggle

The Eastview wrestling team officially started preparing for battle at 6:20 AM on November 19th. As the great Muhammed Ali said: "I run on the road, long before I dance under the lights." The team began running the halls of Eastview in preparation for the season and the battle ahead of us. In addition to running, we will be weight training, learning moves, drilling moves, jumping rope, sprinting, plyometric training, climbing rope, character building and much more.

Before we can dance under the lights we must build a foundation. Some of us started building that foundation in the off-season while the rest of us need to solidify that foundation right now!

People in today's society want to win and hope to win, but are not willing to work hard and put in the preparation. We realize that putting in the preparation is the most important skill we can teach students and wrestlers today.

We believe that if you work hard when there are no spotlights, when it's 6 am, when you are sore, when you are tired, when no one is looking, oh how you will shine when the lights turn on!







### Kurt Habeck-Head Coach

Kurt Habeck, a native of Winona, Minnesota, has been a social studies teacher, wrestling and football coach, and weight room instructor for seventeen years.

Kurt was a graduate of Augsburg College where he competed in wrestling and was a captain on the NCAA III National Championship Team. Individually, Kurt was a two-time MIAC Conference Champ and a NCAA III All-American and an Academic All-American. He was a varsity starter all four years as Augsburg placed eighth, third, second, and first nationally. Kurt met his wife, Shelly, at Augsburg. They have a 13-year-old daughter named Hannah, a 10-year-old son named Zachary, 7-year-old daughter named Erinn, and a 4-year-old named Luke. Kurt and his family reside in Apple Valley. When not involved with school related activities, Kurt enjoys spending his time hunting, fishing, and weight training.



### Nick Fornicoia-Assistant Coach

Nick Fornicoia, originally from Richfield, Minnesota is entering his eleventh year as an English teacher and assistant wrestling coach at Eastview High School. Nick teaches Contemporary Literature, Broadcast Journalism, and The 4Cast. Nick has also been an Augsburg College wrestling assistant coach for three years, where he helped coach the Auggies to a National Championship team title. Nick was a state champion wrestler in high school. As a graduate of Augsburg College, he was a NCAA III National Champion at 118 lbs. Fornicoia finished his career as a three-time All-American. In his era, the Auggies placed second, first, second, and first in four national tournaments. Coach Fornicoia enjoys teaching, coaching and running marathons. Nick and his wife Mara are newlyweds having been married last summer.



### Travis Lee-Assistant Coach

Travis Lee, originally from Kensington, Minnesota, is in his tenth year as a math teacher and assistant wrestling coach at Eastview High School. He is a member of the 9th grade Team Storm and coaches 9th grade football. Travis is the EVAA youth wrestling program director. Another fellow Auggie, Coach Lee was a four year Academic Club member. He wrestled at Augsburg College when their national runs ended at fourth, first, second, and first place nationally. In high school, Travis earned four trips to the state tournament. In addition to this, he was a two-time Academic All State award winner. Lettering in football and golf rounded out his high school athletic career. Travis enjoys teaching math and coaching, but still finds time to read, watch movies, run, and participate in many outdoor activities. Travis and his wife, Sara recently had a son named Spencer.



### Todd Frost-Assistant Coach

Coach Todd Frost, is from New York Mills, MN, is in his seventh year of teaching and coaching wrestling and football at Eastview High School.

He comes to Eastview from Minnesota State University-Moorhead, where he played football for the Dragons. He is married and Todd and his wife Shannon live in Apple Valley. They have two kids Cole 4, and Aiden, born in August. While attending New York Mills High School Todd wrestled, mostly in the 189 lb weight class, and played football. He also participated in their freestyle and Greco wrestling clubs. Todd is the web-page developer for Eastview Wrestling Team. He grew up on a dairy farm his mom and dad (Richard and Cheryl) owned and has 2 brothers, Chad and Phillip, and 2 sisters, Tina and Beth. Todd enjoys the outdoors and water sports.



### Jared Cooley-Assistant Coach

Jared is a native of Westbrook, Minnesota and is in his fifth year of coaching. Jared came to Eastview from Southwest State University in Marshall, MN. While earning his Bachelor Degree in Exercise Science, he made two trips to the NCAA II tournament, coming home once an All-American. In high school he made two trips to the State Tournament, coming home with a silver medal. Other sports included football, baseball, and track. Jared and his wife Lindsay just have a one-year-old son, Talon. In his spare time he enjoys paint balling and mountain biking.



### Adam Fokken-Assistant Coach

Adam is from Eagan, MN and is coaching for Eastview for the second time this year. He is a class of 2001 Eastview alumni, where he participated in Football, Wrestling, and Track. Adam earned Eastview's first wrestling state championship. Adam was Eastview's Male Athlete of the Year of 2001. Adam graduated from the University of Wisconsin - Madison in 2005 and is working as a Software Engineer. He stays active by snowboarding, wakeboarding, and running in his free time.



### Brad Okonek-Assistant Coach

Brad is an Eastview alumni and recent graduate from North Dakota State University, where he earned his Bachelor of Science degree in Industrial Engineering and Management. After graduation he returned to Eagan and started an engineering career. In high school Brad was a four-time letter winner, team captain and earned a trip to the state tournament. He is also a two-time recipient of the John Rodin Service award for his involvement at all levels of the Eastview wrestling program. In his spare time Brad enjoys hunting, fishing and many other outdoor activities, he looks forward to his second year of coaching Eastview wrestling.



### Minh Huynh-Assistant Coach

Minh Huynh, currently living in Eagan, Minnesota, is in his second year of coaching at Eastview High school. Minh graduated from Eastview High in 2006 and was a co-captain of the 05-06 varsity wrestling team. During his prep career, Minh was a 3-time state qualifier with a 4th place finish as a junior. Minh plans on continuing his wrestling career in college after this year at Augsburg. In Minh's spare time, he enjoys competitive pizza making, hanging out with his friends, eating, and snowboarding.



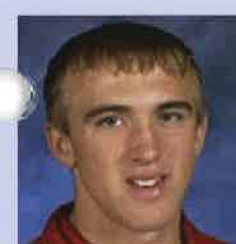
### Josh Nelson-Assistant Coach

Coach Josh Nelson is in his second year coaching at Eastview. He is a recent 2006 graduate of Eastview High School. Currently Josh lives in Eagan while he attends Inver Hills Community College. At Inver Hills Josh is working on getting his degree in Physical Education. In High School Josh wrestled all four years, and was a three-time varsity starter, and was also captain senior year. In his free time he enjoys fishing, wakeboarding, snowboarding, working out, and watching movies.



### Kevin McBride-Assistant Coach

Kevin McBride is in his first year for coaching at Eastview. He Graduated from Eastview in 2003, where he participated in wrestling his junior and senior year, he was a 2x letter winner, and captain his senior year. Kevin then went to Concordia College Moorhead MN where he competed in Div. III wrestling. Kevin posted the quickest Fall: 13sec. He was voted captain for his junior and senior year, and was a 3x Regional place winner. Kevin now works as a personal trainer at Lifetime Fitness in Lakeville MN. He enjoys skiing, hunting, and camping in his spare time.



### Chad Eul-Assistant Coach

Chad is in his first year of coaching at Eastview. He graduated from Eastview in 2006, where he was captain and State Qualifier. He also participated in football and baseball. Chad is currently attending Gustavus Adolphus College and is playing baseball.



### Doug Nelson - Athletic Trainer

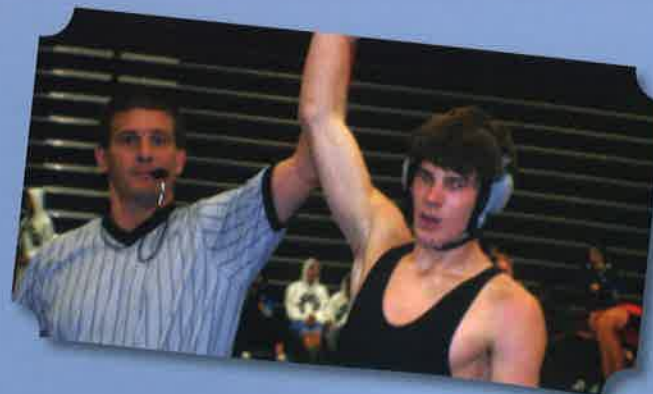
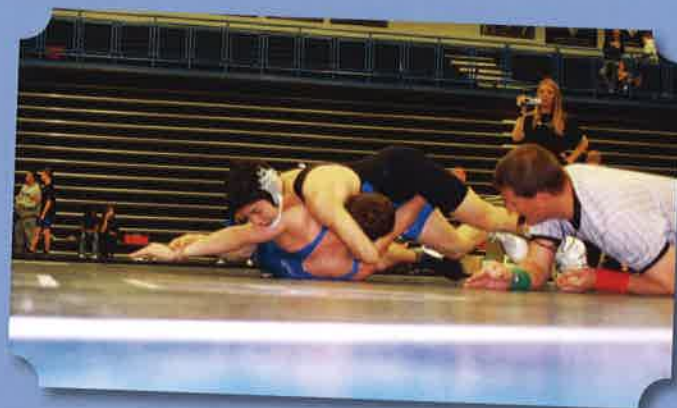
Doug has been Eastview's Athletic Trainer since the opening of the school in 1997. Before coming to Eastview, Doug was an Athletic Trainer for Augsburg College, the Minnesota Twins, and for Brooklyn Center. Doug and his wife Becky have one daughter named Emily.



Coaches 2008



## EASTVIEW LIGHTNING DUALS - 2007



# EASTVIEW WRESTLING

**Captains** Will Jackson and Bryan Okonek  
2007-2008 Season

### FRESHMAN

Hogan, Brad  
Rechtzigel, Mitch  
Allen, Lucas  
Apple, Max  
Barrett, Josiah  
Benda, Samuel  
Corona, Michael  
Cox, Derrick  
Duchek, Sean  
Ehresmann, Erik  
Galloway, Matt  
Hannan, Jake  
Humphries, Jordan  
Lesch, Jack  
Meyers, Josh  
Schmitz, Ben  
Shaw, Marcus

### SOPHOMORES

Bowar, Ben  
Brown, Carl  
Carriere, Ryan  
Decovich, Matt  
Dodd, Nick  
Golder, Eli  
Groskreutz, Cody  
Hensley, Tom  
Johnson, Alec  
Johnson, Zach  
Keomongkoth, Allen  
King, Max  
Mako, Nick  
Marben, Sean  
Nguyen, Peter  
Pederson, Nels  
Phomphackdy, Steven  
Schleisman, Dj  
Schroeder, Noah  
Scott, Joey  
Teagarden, Alec  
Trombley, Trevor  
Tse, Cameron  
Weinberg, Josh  
Weitecha, Rob

### JUNIORS

Bechly, Cole  
Cox, Pat  
Davis, Taylor  
Ealey, Donnie  
Flower, Quintel  
Franson, Matt  
Groskreutz, Ty  
Hogan, Scott  
Kor, Billy  
Ladd, Robert  
Sanders, Dijon

### SENIORS

Bakardjier, Alex  
Blundetto, Dino  
Jackson, William  
Kenning, Scott  
Lenz, James  
Ly, David  
Nguyen, Tony  
Okonek, Bryan  
Pudwill, James

**PRINCIPAL**  
Dr. Randall Peterson

**Athletic Director**  
Matt Percival

**Coaches**  
Kurt Habeck  
Nick Fornicoia  
Todd Frost  
Travis Lee  
Jared Cooley  
Adam Fokken  
Brad Okonek  
Minh Huynh  
Josh Nelson  
Kevin McBride  
Chad Eul

**Nickname**  
Lightning

**School Colors**  
Black, Blue, Silver, White

**Varsity Managers**  
Libby Carroll

**Videographer**  
James Jobes

**Conference**  
Lake  
Section  
3AAA

**Board of Education**  
Rob Duchscher, Chairperson  
Jackie Magnuson, Vice Chair  
Mike Roseen, Clerk  
Joel Albright, Treasurer  
Bruce Endler, Director  
Kevin Sampers, Director  
Bob Schutte, Director

**Superintendent**  
John Currie



Class of 2008



# LIGHTNING WRESTLING



## Will Jackson

Will, a senior, is a 3X letter winner, earned 4<sup>th</sup> place at state last year, and has earned 2 All-Conference Honorable Mention honors in the past two seasons. Will is a 3-sport athlete competing on varsity in football and in track.

## CAPTAINS



## LETTERMEN



## Alex Bakardjiev

Alex, a senior, earned some valuable varsity experience last season. He is a member of the football team in the fall and the IM ultimate Frisbee team in the spring.



## Dino Blundetto

Dino, a senior, is expected to compete at 171 this year. He is a pinning specialist earning almost all of his wins by fall last season.



## Scott Hogan

Scott, a junior, wrestled on varsity the past 2 seasons, earning All-Conference honors twice, and placing 3<sup>rd</sup> at sections behind the state champion and runner-up. Scott also plays soccer in the fall.



## James Lenz

James, a senior, gained some valuable varsity experience last year while still earning 16 JV wins. James is expected to compete at 171 this year.



## Billy Kor

Billy, a junior, got some varsity time and was a JV standout last season. He is expected to wrestle at 125 this year.



## Ben Bowar

Ben, a sophomore, broke through the varsity line up for team and individual sections last year at 152. This season, he is expected to wrestle at 160-171.



## Cody Groskreutz

Cody, a sophomore, wrestled varsity all year at 103. Cody is another three-sport athlete. He also competes in football and baseball. This year, Cody is expected to wrestle at 119.



## Bryan Okanek

Bryan, a senior, is also a 3X letter winner, and earned All-Conference Honorable Mention last year. Bryan is a member of our prestigious Academic Gold Club and 3-D Clubs. Bryan is expected to wrestle at 160 this season.



## David Ly

David, a senior and a 2X letter winner, was a member of the prestigious Academic Gold Club and 3-D clubs. David is expected to wrestle at 130 this season.



## Scott Kenning

Scott, a senior and 2X letter winner, was a valuable member of last year's team by wrestling in what ever weight class was best for the team. Scott is expected to wrestle around 189 - 215 again this season.



## Cole Bechly

Cole, a junior, earned some very valuable varsity experience last season. He is expected to contribute to the team at 135-140 this year.



## James Pudwill

James, a senior and 2X letter winner finished last year's season with a 4<sup>th</sup> place at individual sections. James is expected to wrestle at 215-285 this season.



## Dijon Sanders

Dijon, a junior, was a first year wrestler and a section place winner last year. He wrestled at 189, 215, and 285 and is expected to do the same this year.

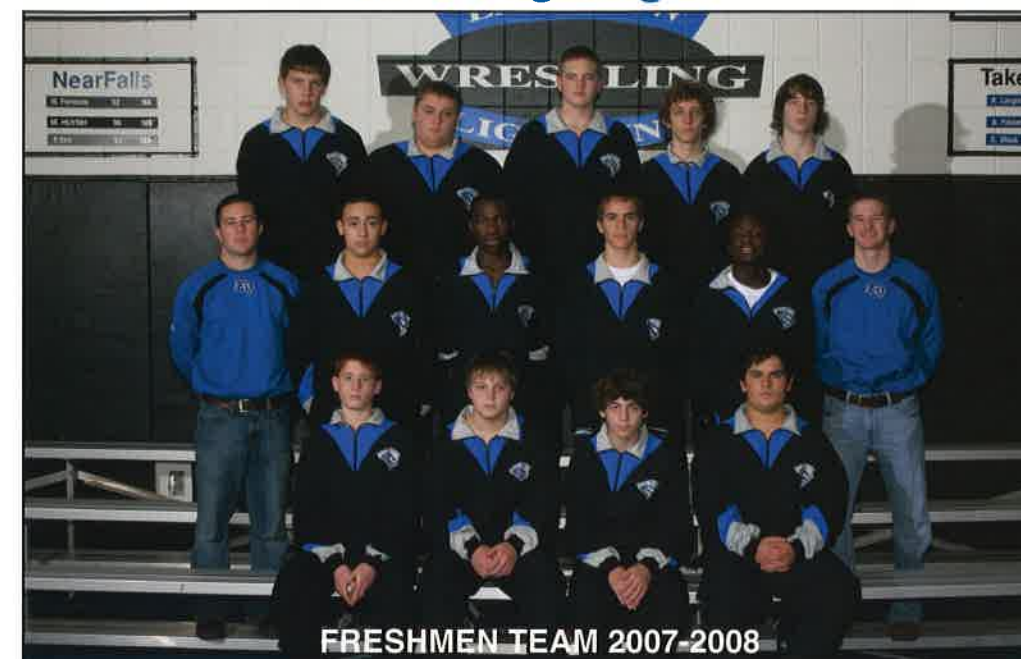


## Ty Groskreutz

Ty, a junior and 2X letter winner, was All-Conference Honorable Mention last year. Ty is a 3-sport athlete competing in football and baseball as well.

# LIGHTNING WRESTLING

## Minnesota Ninth Grade and Under Wrestling League



FRESHMEN TEAM 2007-2008

## 9<sup>th</sup> Grade State Team Championships

2000 - Consolation Champions

2002 - State Team Qualifier

2003 - State Team Qualifier

2004 - State Team Qualifier

2005 - State Team 10<sup>th</sup> Place

2006 - State Team Qualifier

2007 - State Team 8<sup>th</sup> Place

## 9<sup>th</sup> Grade State Individual Championships

1999 - 11<sup>th</sup> Place

2001 - State Champions

2005 - 3<sup>rd</sup> Place



## FRESHMEN SCHEDULE 2007-2008

DATE	OPPONENT	SITE	TIME
Saturday, Dec. 1 <sup>st</sup>	Burnsville Open	Burnsville	9:30 am
Tuesday, Dec. 4 <sup>th</sup>	Richfield / Rosemount	Eastview	4:30 pm
Tuesday, Dec. 11 <sup>th</sup>	Park / Henry Sibley	Rosemount	4:30 pm
Saturday, Dec. 15 <sup>th</sup>	Rosemount Duals	Rosemount	9:00 am
Tuesday, Dec. 18 <sup>th</sup>	Eagan	Eagan	4:30 pm
Thursday, Jan. 3 <sup>rd</sup>	Simley	Eastview	4:30 pm
Saturday, Jan. 5 <sup>th</sup>	Eastview Tournament	Eastview	9:00 am
Tuesday, Jan. 8 <sup>th</sup>	Tartan / Hastings	Eastview	4:30 pm
Friday, Jan. 11 <sup>th</sup>	Wayzata	Eastview	5:30 pm
Tuesday, Jan. 15 <sup>th</sup>	Burnsville / Humboldt	Burnsville	4:30 pm
Friday, Jan. 19 <sup>th</sup>	State Team Tournament (Need to qualify)	Hastings	9:30 am
Saturday, Jan. 26 <sup>th</sup>	Region Two Tournament	Richfield	9:00 am
Saturday, Feb. 2 <sup>nd</sup>	State Individual Tournament	Champlin Park	8:00 am
Sunday, Mar. 16	Wrestling Banquet	Rosemount CC	4:30 pm

## 9<sup>th</sup> Grade State Individual Championships

1998

Adam Johnson  
Brian Nold  
Adam Fokken - 1st Place  
Don Wachter

1999

1999 Team 11<sup>th</sup> Place Honors  
Mikey Fornicola - 5th Place  
Eric Lemm - 8th Place  
David Pudwill - 4th Place

2000

Brian Lewis - 6th Place  
Pat Dea  
John Getzke  
Andrew Lenertz

2001

2001 Team State Champions  
Steve Davis - 1st Place  
Sean Dwyer - 1st Place  
Ryan Langlais - 2nd Place  
Eric Yuen - 4th Place  
Kyle Fokken - 6th Place  
Pat Dea - 8th Place  
David Hilden - 8th Place  
Kevin Eich  
Jeremiah Foertsch  
Tim Lewis

2002

Tyler Cookas  
Sam Voyles - 4th Place  
Tom Chies  
Scott Polansky  
Troy Fokken

2003

Troy Fokken - 4th Place  
Justin Armstrong  
Chad Eul  
Jon Latterner  
Andrew Nelson  
Matt Neutz

2004

Dan Getzke - 8th Place  
Kennedy Mans  
Jake Neutz  
Justin Peterson  
Ryan Stepan

2005

2005 Team 3<sup>rd</sup> Place Honors  
Trevor Gordon - 2nd Place  
Will Jackson - 2nd Place  
Trevor Flaten - 4th Place  
Bryan Okonek - 6th Place  
Zack Fanth - 7th Place  
Alex Makabe  
Scott Kenning

2006

Scott Hogan - 1st Place  
Ty Groskreutz

2007

Brad Hogan - 6th Place  
Ben Bowar - 6th Place  
Cody Groskreutz - 7th Place  
Joey Scott - 8th Place



# LIGHTNING SUPPORT

## Varsity Managers



Libby Carroll



Allissa Jonker



Sam Fisher



Brooke Larson



Caitlin Scott



Sara Olson

## Freshman Managers



Allison Kincade



Rachel Nault



## Junior Varsity Managers

## Varsity Videographer



James Jobes

## Board of Directors

Diana & Mike Hogan..... President  
Lori & Joe Mako..... Vice President  
Gretchen & Ron Okonek..... Treasurer  
Karen Tulk & Gabriella Ladd..... Secretary  
Kevin & Debra Pederson..... Concession Coordinator  
Nick Fornicoia..... ThunderBolts Liaison  
Travis Lee..... EVAA Liaison  
Shelly & Kurt Habeck..... EVHS Head Coach

## Grade Representatives

Carol & Jon Rehtzigel..... 7-8<sup>th</sup> Grade Rep.  
Dawn & Curt Galloway..... 9<sup>th</sup> Grade Rep.  
Mary & Kevin Bower..... 10<sup>th</sup> Grade Rep.  
Sue & Dennis Bechly..... 11<sup>th</sup> Grade Rep.  
Colleen & Jon Pudwill..... 12<sup>th</sup> Grade Rep.  
Sharon & Tom Getzke..... Alumni Rep.

## A message from the President...Eastview Wrestling Boosters

We are proud to serve this year as president of the Eastview Wrestling Boosters. EWB is a strong, active organization of wrestling parents, coaches, school officials, business sponsors and wrestling enthusiasts who work together to support the wrestling program at Eastview High School. Our constant goal is to promote the sport of wrestling at Eastview and to facilitate a rewarding and memorable experience each season for our student athletes and their families.

EWB meets every month, and all wrestler parents are encouraged to attend and participate. Feel free to call us at 651-681-8798 with any questions you may have regarding meeting times or volunteer opportunities.

A special word of thanks to all of the Eastview parents who have volunteered their time and talents to serve on the EWB committees, board and leadership positions. Your support of Eastview wrestling, Middle School wrestling, EVAA wrestling, and Thunderbolts Freestyle/Greco wrestling is a critical factor in the ability of EWB to provide services and support for our wrestlers and coaches.

The new wrestling season has begun, and the Eastview wrestling program promises to build on the successes of last season for the days to come.

Here's to another great wrestling season. On behalf of EWB, we wish the best of luck to all of our wrestlers and coaches. Go Lightning!

Mike and Diana Hogan



Nebraska Camp 2007



Eastview Camp 2007





# EASTVIEW WRESTLING PROGRAMS 2007-2008



## October

**PROGRAM**  
**AGES**  
**CLINIC**  
**REGISTER**  
**LEVELS**  
**DIRECTOR**

Eastview Wrestling Fall Clinic  
K - 6<sup>TH</sup> Grade / 7-8<sup>TH</sup> Grade  
October 25, 29, & 30 @ EVHS  
Register by October 23<sup>rd</sup>. Walk-ins accepted.  
Beginner - Intermediate - Advanced  
Travis Lee [travis.lee@district196.org](mailto:travis.lee@district196.org)  
(651) 683-6969 ext. 98623

## March - April

**PROGRAM**  
**AGES**  
**PRACTICE**  
**REGISTER**  
**LEVELS**  
**CONTACT**

Thunderbolts Free-Style Wrestling  
1<sup>st</sup> - 12<sup>th</sup> Grade...  
@ Eastview High School  
Sign-ups in February.  
Intermediate - Advanced  
Nick Fornicola (651) 683-6969 ext. 98679  
[nicholas.fornicola@district196.org](mailto:nicholas.fornicola@district196.org)

## November

**PROGRAM**  
**AGES**  
**PRACTICE**  
**REGISTER**  
**LEVELS**  
**DIRECTOR**

EVAA In-House Wrestling  
K - 6<sup>TH</sup> Grade  
@ Eastview High School  
By Nov. 1<sup>st</sup> online or at the Eastview Clinic.  
Beginner - Intermediate - Advanced  
Travis Lee [travis.lee@district196.org](mailto:travis.lee@district196.org)  
(651) 683-6969 ext. 98623

## Spring

**PROGRAM**  
**AGES**  
**CLINIC**  
**REGISTER**  
**LEVELS**  
**CONTACT**

Eastview Wrestling Spring Clinic  
3<sup>rd</sup> - 8<sup>th</sup> Grade  
@ Eastview High School  
Sign-ups in February  
Beginner - Intermediate  
Kurt Habeck [kurt.habeck@district196.org](mailto:kurt.habeck@district196.org)  
(651) 683-6969 ext. 98669

## January - February

**PROGRAM**  
**AGES**  
**PRACTICE**  
**REGISTER**  
**LEVELS**  
**CONTACT**

Eastview Elite - Traveling Program  
K - 8<sup>th</sup> Grade MYAS, NYWA, MN/USA  
@ Eastview High School  
Sign-ups begin the week of December 10<sup>th</sup>.  
Beginner - Intermediate - Advanced  
Travis Lee [travis.lee@district196.org](mailto:travis.lee@district196.org)  
(651) 683-6969 ext. 98623

## July

**PROGRAM**  
**AGES**  
**CAMP**  
**REGISTER**  
**LEVELS**  
**CONTACT**

Eastview Summer Camp (July 14-17)  
1<sup>st</sup> - 9<sup>th</sup> Grade (2008-2009 School Year)  
@ Eastview High School  
Register by July 11<sup>th</sup>. Walk-ins accepted.  
Beginner - Intermediate - Advanced  
Kurt Habeck [kurt.habeck@district196.org](mailto:kurt.habeck@district196.org)  
(651) 683-6969 ext. 98669



# Eastview Lightning Wrestling Tournament

Sunday, January 20<sup>th</sup>, 2008  
Kids Folkstyle... Grades K - 8

### Location:

- ◆ Eastview High School  
6200 140<sup>th</sup> St. West  
Apple Valley, MN 55124
- ◆ Enter Lower SW Entrance, Door #1

### Tournament Procedures:

- ◆ Folk-Style Rules
- ◆ Divisions by Grade
- ◆ Four Man Brackets
- ◆ Round Robin (3 matches)
- ◆ Remain on the mat until finished
- ◆ 3 One-minute periods (1:00 SV Overtime)

### Awards:

- ◆ Large Trophies for 1<sup>st</sup> - 4<sup>th</sup> Place
- ◆ Awards immediately after wrestling.

## Folkstyle Tournament!

**Date:** Sunday, January 20<sup>th</sup>, 2008  
**Age:** Grades K - 8<sup>th</sup>  
**Weigh-Ins:** 10:30 am - 11:30 am  
**Wrestling Begins:** 12:15 pm  
**Location:** Eastview High School  
**Entry Fee:** \$10.00 / Wrestler  
Adults \$3.00 Kids Free  
**Contact:** Dean Stockwell  
(H) 952 322-2259  
[dean\\_stockwell@urscorp.com](mailto:dean_stockwell@urscorp.com)

**Mark your calendar's today!**

**290 PARTICIPANTS IN 2007**

**TOURNAMENT DONE BY 3:10PM IN 2007**

**CONCESSIONS AVAILABLE ALL DAY!**

**QUALITY OFFICIATING!**

**GREAT COMPETITION!**



# EASTVIEW WRESTLING

## EVHS Wrestling Clinic 2007



## EVAA Wrestling K-2nd Grade



K-2 Blue

## EVAA Wrestling 3rd-6th Grade



3-6 Blue



K-2 Black



3-6 Black



K-2 Gray



3-6 Gray



K-2 White



3-6 White

# MIDDLE SCHOOL WRESTLING

## Black Hawk Middle School

Coaches: Mike Hogan, Kerry Blaine



### Black Hawk Panthers

**Front Row:** Chris Bechly, Chris Tramonte, Robin Bosiacki, Nat Cobbett, Micah Miller, Brad Davidson

**Middle Row:** David Phompackdy, Edgar Garcia, Brad Hogan, Anthony Munos, Davis Rico, Rukuvina Jacob

**Back Row:** Coach Hogan, Brady Weldon, Paul Pham, Luis Gaona, Jacob Hathaway, Dominic Valdez, Shane Johnson, Coach Blaine

**Not Pictured:** Jose Cabrerra, Matt Kirschbaum, Hanock Megenta

## Falcon Ridge Middle School

Coach: Eriq Duong, Drew McCluskey

### Falcon Ridge Falcons

**Row 1** Scott Mattison, Anthony Thomas, Courtney Heinz, Nyajuok Gach, Joe David.

**Row 2** Coach Duong, Patrick Mako, Derrick Owens, Riley Berg, Isaac Al-rai, Greg Howard, Jacob Benson, Coach McCluskey

**Row 3** Zach Creger, Nathan Limke, Zach Johnson, Matt Henning, Justin Hudak, Scott Polus

**Not in pictured:** Quinn Hooks, Vicent Metz



## Scott Highlands Middle School

Coaches: Greg Dravis, Mike Griffith

### Scott Highlands Saints

**Row 1** Austin Jackson, Derek Dravis, Casey Dravis, Tommy Cole, Dan Spackman, Anferree Cephas, BJ Groskreutz

**Middle Row** Andrew Houck, Andrew Ohmann, Kyle Schumann, Kamal Hazan, Evan Haukebo, Adam Mitchell, Billy Lawrence, Eli Williams, Matt Schmidt, Kevin Sanders

**Back Row** Zach Groskreutz, Dima Scott, Santo Le, Justin Johnson, John Jackson, Steve Goodmauson, Eslam Mahmoud, Dom Stauffer, Brenden Cole, Zack Baldwin

**Not Pictured** John Lentz, Austin Lorenz, Ian Webb, Adam Forman, Levi Groskreutz, Devon Kuefler





# EASTVIEW ELITE WRESTLING

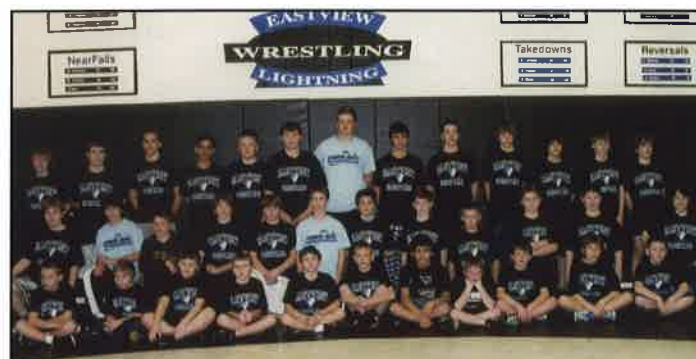
**K - 8th Grade • Jan.-March. • Head Coaches - Adam Fokken, Brad Okonek**

**About the Program** - This program is a traveling program for wrestlers that have an interest in developing wrestling skills and participating in tournaments. The program will participate in State Team and Individual Tournaments.

## 2007 EASTVIEW ELITE K-3



## 2007 EASTVIEW ELITE 4-8



# MYAS GOPHER STATE 2007



## EASTVIEW ELITE PROGRAM



GRADE	NAME	WEIGHT	PLACE
1	TYLER COUTERMASH	45 lbs	DNP
1	DYLAN COUTERMASH	45 lbs	DNP
1	JADEN WELBORN	65 lbs	6 <sup>TH</sup>
2	ALEX LINDSTROM	65 lbs	DNP
2	ADAM LARSON	80 lbs	DNP
3	BRANDON MOSENG	103 lbs	DNP
4	SAM PENDERS	90 lbs	DNP
4	CASEY DRAVIS	95 lbs	7 <sup>th</sup>
6	VINCE METZ	90 lbs	DNP
6	DEREK DRAVIS	75 lbs	DNP
6	AARON STOCKWELL	Hwt	4 <sup>TH</sup>
6	ANTHONY MUNOS	90 lbs	DNP
7	EVAN DECOVICH	160 lbs	5 <sup>th</sup>
7	BRYCE WILBERDING	150 lbs	4 <sup>th</sup>
7	MITCH RECHTZIGAL	100 lbs	4 <sup>TH</sup>
7	BRAD HOGAN	95 lbs	3 <sup>RD</sup>





# LIGHTNING WRESTLING DUAL MEETS

## VARSITY DUAL MEET RESULTS 2006-2007

<b>Overall Record:</b>		<b>13 Wins</b>	<b>7 Losses</b>
<b>Conference Record:</b>		<b>5 Wins</b>	<b>4 Losses</b>
<b>Eastview</b>	51	Spring Lake Park	23 Win
	58	Bloomington Prairie	21 Win
	45	Stillwater	16 Win
	81	St. Paul Central	0 Win
	40	Burnsville	23 Win
	34	Rochester Mayo	27 Loss
	33	White Bear Lake	30 Loss
	51	Lakeville South	22 Win
	42	Chaska	28 Win
	0	Apple Valley	80 Loss
	63	Eden Prairie	9 Win
	31	Rosemount	38 Loss
	18	Eagan	39 Loss
	44	Hopkins	24 Win
	38	Minnetonka	33 Win
	54	Bloomington Kennedy	9 Loss
	54	Lakeville North	18 Win
	66	Richfield	6 Win
	38	Rosemount	23 Win
	3	Apple Valley	64 Loss

## JV DUAL MEET RESULTS 2006 - 2007

**OVERALL RECORD: 13 WINS 3 LOSSES**  
**CONFERENCE RECORD: 6 WINS 3 LOSSES (4<sup>TH</sup> PLACE)**

<b>EASTVIEW VS</b>			
	Spring Lake Park	63-9	Win
	Bloomington Prairie	72-3	Win
	Stillwater	45-12	Win
	St. Paul Central	78-03	Win
	Burnsville	48-24	Win
	Lakeville South	56-12	Win
	Chaska	63-12	Win
	Apple Valley	16-59	Loss
	Eden Prairie	38-18	Win
	Rosemount	40-28	Win
	Eagan	26-41	Loss
	Hopkins	54-18	Win
	Minnetonka	38-15	Win
	Bloomington Kennedy	11-51	Loss
	Lakeville North	70-00	Win
	Richfield	75-00	Win

## FRESHMAN DUAL MEET RESULTS 2006 - 2007

**OVERALL RECORD: 13 WINS 8 LOSSES**  
**CONFERENCE RECORD: 6 WINS 2 LOSSES**

<b>EASTVIEW VS</b>			
	Eagan	40-40	Win
	Henry Sibley	30-47	Loss
	Tartan	74-06	Win
	St. Paul Humboldt	72-18	Win
	Simley	57-27	Win
	Hastings	29-50	Loss
<b>ROSEMOUNT DUALS</b>			
	Eagan	43-36	Win
	Owatonna	39-37	Win
	Park	46-18	Win
	Woodbury	63-09	Win
	Armstrong	64-18	Win
	Apple Valley	33-48	Loss
<b>EASTVIEW DUALS</b>			
	Coon Rapids	37-39	Loss
	St. Michael	46-24	Win
	Rosemount	67-18	Win
	Hastings	30-40	Loss
	Browerville/Eagle Valley	46-27	Win
	Eastview	40-29	Win
<b>STATE TEAM</b>			
	P.E.M.	13-62	Loss
	Albert Lea	12-61	Loss
	Eden Prairie	40-41	Loss

**TEAM TOURNAMENTS**

Rosemount - 3<sup>rd</sup> Place  
 Eastview - 4<sup>th</sup> Place  
 9<sup>th</sup> Grade State Team Tournament - 8<sup>th</sup> Place



Freshman Team State - 8th Place



# 2007 SEASON IN-REVIEW

## TEAM 2007 RECOGNITION

### LETTER WINNERS

Ben Bowar	EV			
Cody Groskreutz	EV			
Khairi Abdullah	EV	EV		
Cole Bechly	EV			
Ty Groskreutz	EV	EV		
Scott Hogan	EV	EV		
Billy Kor	EV			
Dijon Sanders	EV			
Alex Bakardjiev	EV			
Dino Blundetto	EV			
Brian Griep	EV	EV	EV	
Will Jackson	EV	EV	EV	
Scott Kenning	EV	EV		
Josh Larson	EV	EV	EV	
James Lenz	EV			
David Ly	EV	EV		
Bryan Okonek	EV	EV	EV	
James Pudwill	EV	EV	EV	
Trevor Sutherland	EV	EV		
Abebe Dessalegn	EV	EV		
Dan Getzke	EV	EV	EV	
Jeff Hanson	EV			
Jacob Nelson	EV	EV	EV	EV
Andrew Pudwill	EV			

### MANAGERS

Libby Carroll	EV			
Courtney Thompson	EV	EV		
Brittany Sawyer	EV	EV		
James Jobs	EV	EV		
Michael Alger	EV	EV		

### ALL CONFERENCE

Dan Getzke

### ALL - CONFERENCE HONORABLE MENTION

Scott Hogan  
 Abebe Dessalegn  
 Jake Nelson  
 Ty Groskreutz  
 Trevor Sutherland  
 Bryan Okonek  
 Dijon Sanders  
 Will Jackson

### STATE QUALIFIER

Jake Nelson  
 Dan Getzke  
 Will Jackson 4<sup>th</sup>

### LAKE CONFERENCE RECORDS

Apple Valley	9-0
Bloomington Kennedy	8-1
Eagan	7-2
Eastview	5-4
Rosemount	5-4
Burnsville	5-4
Lakeville South	3-6
Lakeville North	2-7
Chaska	1-8
Eden Prairie	0-8

## Eastview Wrestling Season Awards - 2007

### 3-D Club Membership

Dijon Sanders	David Ly
Bryan Okonek	Abebe Dessalegn
Dan Getzke	Jacob Nelson
Andrew Pudwill	

### Freshman 3-D Club Membership

Ben Bowar	Ryan Carriere
Matt Decovich	Sean Marben
Steven Phomphackdy	Joey Scott

### Most Falls

V - Scott Hogan - 19  
 JV - Jeff Hanson - 12  
 9<sup>th</sup> - Joey Scott - 15

### Most Takedowns

V - Jake Nelson - 56  
 JV - Billy Kor - 23  
 9<sup>th</sup> - Ben Bowar - 33

### Most Team Points

V - Scott Hogan - 155  
 JV - Jeff Hanson - 99  
 9<sup>th</sup> - Joey Scott - 128

### Academic Club - Gold (3.6-4.0)

Brad Hogan	Mitch Rechtzigal
Matt Galloway	Nicholai Bakardjiev
Ben Bowar	Ryan Carriere
Nick Dodd	Cody Groskreutz
Tom Hensley	Alex Johnson
Sean Marben	Peter Nguyen
Nels Pederson	Joey Scott
Trevor Trombley	Rob Wietecha
Jack Dukatz	Matt Franson
Ty Groskreutz	Scott Hogan
Billy Kor	Robert Ladd
Josh Larson	David Ly
Tony Nguyen	Bryan Okonek
Dan Getzke	Jacob Nelson
Sara Sweeney	Allissa Jonker
Brittany Sawyer	Michael Alger

### Academic Club - Silver (3.0-3.59)

Matt Decovich	Zach Johnson
Nick Mako	DJ Schliesman
Noah Schroeder	Alec Teagarden
Gavriil Telkov	Josh Weinberg
Cole Bechly	Aaron Stevens
Alex Bakardjiev	Brian Griep
James Lenz	James Pudwill
Andrew Pudwill	Brooke Larson
Sam Fisher	Caitlin Scott
James Jobs	



# LAKE CONFERENCE AND SECTION 6AAA

## Lake Conference Teams

Apple Valley  
Bloomington Jefferson  
Bloomington Kennedy  
Burnsville  
Chaska  
Eagan  
Eastview  
Eden Prairie  
Lakeville North  
Lakeville South  
Rosemount

## Section 3AAA Teams

Apple Valley  
Burnsville  
Eagan  
Eastview  
Hasting  
Henry Sibley  
Park  
Rosemount

## Lake Conference Records 2006-2007

School	Won	Lost
Apple Valley	9	0
Bloomington Kennedy	8	1
Eagan	7	2
Eastview	5	4
Rosemount	5	4
Burnsville	5	4
Lakeville South	3	6
Lakeview South	3	6
Chaska	1	8
Eden Prairie	0	8

## Section 6AAA Tournament 4th Place

103	Cody Groskreutz	4 <sup>th</sup>
112	Scott Hogan	3 <sup>rd</sup>
119	Abebe Dessalegn	3 <sup>rd</sup>
125	David Ly	5 <sup>th</sup>
130	Jake Nelson	2 <sup>nd</sup>
135	Ty Groskreutz	4 <sup>th</sup>
140	Trever Sutherland	6 <sup>th</sup>
145	Bryan Okonek	4 <sup>th</sup>
152	Ben Bowar	5 <sup>th</sup>
160	Andrew Pudwill	5 <sup>th</sup>
171	Dan Getzke	2 <sup>nd</sup>
189	Dijon Sanders	5 <sup>th</sup>
215	Will Jackson	2 <sup>nd</sup>
275	James Pudwill	4 <sup>th</sup>

## Section 6AAA Individual Tournament

Rank	School	Points
1 <sup>st</sup>	Apple Valley	292.5
2 <sup>nd</sup>	Bloomington Kennedy	247
3 <sup>rd</sup>	Eagan	197
4 <sup>th</sup>	Eastview	176
5 <sup>th</sup>	Burnsville	110
6 <sup>th</sup>	Rosemount	107
7 <sup>th</sup>	Richfield	41
8 <sup>th</sup>	Mpls Southwest	30
9 <sup>th</sup>	Bl Jefferson	15
10 <sup>th</sup>	Mpls Washburn	13

## Lake Conference State Place Winners

103	Eric Devos	1 <sup>st</sup>	Apple Valley
103	Dylan Ness	3 <sup>rd</sup>	Bloomington Kennedy
112	Destin McCauley	1 <sup>st</sup>	Apple Valley
112	Matt Ashton	2 <sup>nd</sup>	Eagan
119	Tom Kelliher	2 <sup>nd</sup>	Apple Valley
119	Robby Fisher	4 <sup>th</sup>	Bloomington Kennedy
125	Matt Mincey	1 <sup>st</sup>	Apple Valley
130	Jarret Hoepfner	6 <sup>th</sup>	Apple Valley
140	Jack Swagge	4 <sup>th</sup>	Apple Valley
171	Tyson Wood	2 <sup>nd</sup>	Eagan
189	Billy Morgan	2 <sup>nd</sup>	Rosemount
215	Will Jackson	4 <sup>th</sup>	Eastview
285	Alex Diaz	4 <sup>th</sup>	Eagan

103	Eric Devos	1 <sup>st</sup>	Apple Valley
103	Dylan Ness	3 <sup>rd</sup>	Bloomington Kennedy
112	Destin McCauley	1 <sup>st</sup>	Apple Valley
112	Matt Ashton	2 <sup>nd</sup>	Eagan
119	Tom Kelliher	2 <sup>nd</sup>	Apple Valley
119	Robby Fisher	4 <sup>th</sup>	Bloomington Kennedy
125	Matt Mincey	1 <sup>st</sup>	Apple Valley
130	Jarret Hoepfner	6 <sup>th</sup>	Apple Valley
140	Jack Swagge	4 <sup>th</sup>	Apple Valley
171	Tyson Wood	2 <sup>nd</sup>	Eagan
189	Billy Morgan	2 <sup>nd</sup>	Rosemount
215	Will Jackson	4 <sup>th</sup>	Eastview
285	Alex Diaz	4 <sup>th</sup>	Eagan
285	Dirk Wilkins	6 <sup>th</sup>	Lakeville South

# VARSITY STATISTICS & RECORDS



Wrestler	Win	Loss	T2	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Khamir Abdullah	4	18	13	13	4	3	5	0	0	2	21
Dessalegn Abebe	20	11	35	27	9	8	14	2	2	8	94
Alex Bakardjiev	1	2	0	0	0	0	0	0	0	1	6
Cole Bechly	9	11	14	9	5	4	7	2	0	7	50
Dino Blundetto	8	20	15	12	1	2	3	0	0	6	48
Ben Bowar	6	4	11	5	9	2	9	2	1	0	22
Dan Getzke	34	8	54	17	12	17	33	6	4	10	152
Brian Griep	1	1	0	0	0	0	0	0	0	1	6
Michael Griep	1	0	0	0	0	0	0	0	0	1	6
Cody Groskreutz	20	13	44	28	8	5	7	5	2	5	84
Ty Groskreutz	22	15	27	15	4	7	8	1	0	17	118
Jeff Hanson	1	2	3	2	1	0	0	0	0	0	3
Scott Hogan	31	8	55	11	23	12	22	7	2	17	155
William Jackson	14	5	49	12	2	5	2	4	0	4	58
Zach Johnson	1	0	0	0	0	0	0	0	0	0	6
Scott Kenning	3	8	9	12	4	1	6	1	0	2	16
Billy Kor	2	1	2	3	0	0	1	0	0	1	9
Robert Ladd	0	1	0	0	0	0	0	0	0	0	0
Josh Larson	9	9	8	21	10	0	8	0	0	2	43
James Lenz	3	1	3	0	5	1	5	1	0	1	13
David Ly	13	15	17	14	12	3	4	0	0	6	57
Nick Mako	2	0	0	0	1	0	0	0	0	2	12
Sean Marben	1	1	1	0	0	0	0	0	0	1	6
Jacob Nelson	28	13	56	27	21	8	29	7	4	7	123
Peter Nguyen	0	3	0	3	0	0	0	0	0	0	0
Tony Nguyen	2	3	3	0	1	0	1	0	0	2	12
Bryan Okonek	19	16	23	6	13	3	6	1	0	9	94
Andrew Pudwill	12	21	18	21	5	1	2	1	0	7	61
James Pudwill	12	15	18	25	5	1	4	0	0	9	63
Dijon Sanders	17	18	24	24	9	3	4	2	0	6	71
Joey Scott	1	0	1	2	0	0	0	0	0	0	3
Trever Sutherland	18	13	38	11	9	7	8	0	0	13	96

Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Team Points
Eastview Team Totals	324	263	555	336	175	94	189	42	17	1553
Opponents Totals	263	324	531	332	168	92	165	28	13	1239

## Varsity Career Records

FALLS
Adam Fokken '01 83
Ryan Langlais '04 55
John Makabe '06 47

WINS
Adam Fokken '01 147
Ryan Langlais '04 139
Kevin McBride '03 110

TEAM POINTS
Adam Fokken '01 727
Ryan Langlais '04 621
Mikey Fornicoia '02 491



TAKEDOWNS
Ryan Langlais '04 449
Adam Fokken '01 349
Mikey Fornicoia '02 231

NEAR FALLS
Mikey Fornicoia '02 166
Minh Huynh '06 148
Pat Dea '04 123

REVERSALS
Adam Fokken '01 92
Mikey Fornicoia '02 84
Pat Dea '04 69

## Varsity Season Records

### VARSITY SEASON RECORDS

FALLS
Adam Fokken '01 28
Nate Kocer '03 28
John Makabe '06 23

WINS
Adam Fokken '01 38
Ryan Langlais '04 37
John Makabe '06 37

TEAM POINTS
Adam Fokken '01 200
Nate Kocer '03 199
John Makabe '06 190



TAKEDOWNS
Ryan Langlais '04 134
Adam Fokken '01 119
Chris Shuck '03 108

NEAR FALLS
Mikey Fornicoia '02 79
Minh Huynh '05 56
Pat Dea '03 50
Dan Getzke '07 50

REVERSALS
Kevin McBride '02 38
Adam Fokken '99 28
Nate Kocer '02 28



# JR. VARSITY/FRESHMAN STATISTICS

## JUNIOR VARSITY STATISTICS

Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Khairi Abdullah	4	1	6	2	2	1	4	0	1	3	11
Alex Bakardjiev	13	4	10	9	2	4	5	0	0	9	78
Cole Bechley	8	2	12	4	1	5	4	1	0	5	43
Ben Bowar	5	1	5	4	2	1	1	0	0	5	12
Ryan Carriere	5	3	4	2	3	0	3	0	0	3	27
Pat Cox	7	8	8	3	11	4	7	0	0	3	39
Matt Decovich	0	2	0	0	0	0	0	0	0	0	0
Nick Dodd	3	0	1	3	3	0	1	0	0	2	15
Jack Dukatz	14	13	21	8	8	5	7	1	1	6	75
Donny Ealey	8	5	16	9	5	2	8	1	1	3	36
Matt Franson	13	10	17	12	4	3	5	2	0	7	65
Brian Griep	13	1	10	6	7	3	6	0	0	7	63
Michael Griep	3	4	2	2	2	0	4	0	0	1	15
Jeff Hanson	19	8	22	6	4	1	5	0	0	12	99
Tom Hensley	1	2	1	0	3	0	1	0	0	1	6
Alec Johnson	1	1	2	3	1	0	0	0	0	0	3
Zach Johnson	2	1	8	5	5	0	3	0	0	1	12
Scott Kenning	6	0	10	2	2	0	4	0	0	6	36
Billy Kor	13	6	23	7	3	3	8	1	1	7	69
Robert Ladd	16	9	14	11	16	7	5	0	0	11	96
James Lenz	16	9	18	20	4	7	13	0	2	9	85
David Ly	5	1	10	2	1	1	1	0	0	4	27
Nick Mako	4	1	7	0	3	0	1	0	0	3	9
Sean Marben	4	1	1	0	0	0	0	0	0	1	24
Peter Nguyen	1	2	2	2	2	0	0	0	0	0	6
Tony Nguyen	1	5	5	0	1	0	1	0	0	1	6
Bryan Okonek	2	1	3	4	1	0	1	0	0	1	0
Nels Pederson	1	1	3	2	2	0	0	0	0	1	6
Steven Phomphackdy	1	0	1	1	1	0	2	0	0	0	3
Andrew Pudwill	1	0	3	1	0	0	0	0	0	1	6
James Pudwill	3	0	3	0	0	0	0	0	0	3	18
Dijon Sanders	4	1	7	3	1	1	0	0	0	4	24
Joey Scott	3	1	3	0	1	0	3	1	0	1	13
Aaron Stevens	12	9	10	9	4	2	9	3	0	4	60
Josh Weinberg	3	2	2	0	3	3	2	0	1	2	17
Rob Wietecha	0	2	0	1	0	0	0	0	0	0	0
<b>Win</b>	<b>Loss</b>	<b>TD</b>	<b>E</b>	<b>R</b>	<b>NF2</b>	<b>NF3</b>	<b>MAJ.</b>	<b>T.F.</b>	<b>Falls</b>	<b>Points</b>	
Eastview Team Totals	224	117	280	146	110	58	119	12	7	130	1154
Opponents Totals	117	224	228	111	102	44	81	11	7	67	558

## JV Individual Tournaments 2006 - 2007

### Coon Rapids Tourney - No Team Score Kept

125	Brian Griep - Champ
152	Ben Bowar - Champ
160	Joey Scott - Champ
171	Alex Makabe - Champ
189	Scott Kenning - Champ
215	James Pudwill - Champ
112	Nick Mako - 2nd
119	Khairi Abdullah - 2nd
140	Alec Johnson - 2nd
189	Bobby Ladd - 2nd
189	Matt Franson - 2nd
215	Dijon Sanders - 2nd
130	Cole Bechley - 3rd
152	Bryan Okonek - 3rd
160	Jeff Hanson - 3rd
140	Jack Dukatz - 4th
119	Aaron Stevens - 6th
145	Alex Bakardjiev - 6th
171	James Lenz - 6th

### Faribault Invitational - No Team Score Kept

125	Billy Kor - Champ
152	Jeff Hanson - Champ
189	Bobby Ladd - 2nd
189	Matt Franson - 2nd
125	Aaron Stevens - 3rd
125	Donnie Ealey - 3rd

### Burnsville Invitational - No Team Score Kept

119	Donnie Ealey - Champ
119	Billy Kor - Champ
125	David Ly - Champ
130	Cole Bechley - Champ
152	Jeff Hanson - Champ
189	Bobby Ladd - Champ
119	Aaron Stevens - 2nd
140	Jack Dukatz - 2nd
171	James Lenz - 2nd
130	Pat Cox - 3rd
189	Matt Franson - 3rd

### Lightning Invitational - No Team Score Kept

125	Billy Kor - Champ
152	Jeff Hanson - Champ
189	Bobby Ladd - 2nd
189	Matt Franson - 2nd
125	Aaron Stevens - 3rd
125	Donnie Ealey - 3rd

### Lake Conference JV Tourey - 3rd Place

130	Brian Griep - Champ
189	Scott Kenning - Champ
135	Jack Dukatz - 2nd
152	Jeff Hanson - 2nd
103	Tony Nguyen - 3rd
112	Peter Nguyen - 4th
145	Rob Wietecha - 4th
160	James Lenz - 4th
171	Bobby Ladd - 4th
125	Aaron Stevens - 5th

### Lake Conference JV Silver Tourney

130	Nick Dodd - Champ
171	Matt Franson - Champ
112	Ryan Carriere - 2nd
130	Pat Cox - 2nd
152	Josh Weinberg - 3rd

## FRESHMAN STATISTICS

Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Josh Appel	4	5	5	6	2	2	2	0	0	3	21
Nicolai Bakardjiev	4	4	1	0	5	0	2	0	0	3	24
Ben Bowar	21	4	33	13	12	3	15	3	0	14	109
Ryan Carriere	11	15	11	25	8	0	3	0	0	5	42
Matt Decovich	7	4	9	3	4	1	2	0	0	6	39
Nick Dodd	16	8	25	8	12	5	10	2	0	9	77
Matt Galloway	7	3	5	1	6	0	5	0	0	5	36
Michael Griep	6	11	10	8	6	0	4	0	0	2	31
Cody Groskreutz	7	3	13	5	6	2	0	0	0	2	27
Tom Hensley	8	14	10	11	10	5	4	1	0	4	37
Brad Hogan	17	11	28	3	14	2	16	6	0	6	75
Alec Johnson	8	10	7	13	8	4	7	1	0	5	40
Zach Johnson	9	11	14	9	12	4	9	3	0	2	45
Nick Mako	1	0	1	0	0	0	0	0	0	1	6
Sean Marben	14	8	15	8	3	1	1	1	0	9	73
Peter Nguyen	10	12	20	14	8	1	1	0	0	5	45
Nels Pederson	15	8	20	8	8	1	3	0	0	12	84
Steven Phomphackdy	10	2	7	4	5	1	3	0	0	4	48
Mitch Rechtzigel	10	8	9	4	9	2	3	0	0	6	48
DJ Schliesman	1	5	1	5	0	0	0	0	0	0	6
Noah Schroeder	3	4	3	4	0	0	1	0	0	0	15
Joey Scott	24	4	17	9	13	4	17	2	0	15	128
Alec Teagarden	4	2	6	2	1	0	1	0	0	3	21
Gavril Telkov	15	9	8	8	12	2	9	0	0	8	84
Trevor Trombley	6	15	5	10	3	3	3	1	0	2	34
Josh Weinberg	8	4	5	12	5	0	5	0	0	5	42
Rob Wietecha	6	17	10	16	6	0	0	0	0	1	21
<b>Win</b>	<b>Loss</b>	<b>TD</b>	<b>E</b>	<b>R</b>	<b>NF2</b>	<b>NF3</b>	<b>MAJ.</b>	<b>T.F.</b>	<b>Falls</b>	<b>Points</b>	
Eastview Team Totals	254	205	298	210	178	43	126	20	0	137	1270
Opponents Totals	205	254	376	131	153	69	139	24	8	88	932

## 9th GRADE INDIVIDUAL TOURNAMENT RESULTS 2006 - 2007

	BURNSVILLE	EAGAN	REGIONAL	STATE
APPEL, JOSH	2nd			
BAKARDJIEV, NICHOLAI	4th	4th		
BOWAR, BEN		1st	2nd	6th
CARRIERE, RYAN	3rd	3rd		
DECOVICH, MATT	2nd	1st		
DODD, NICK	2nd	3rd	4th	
GRIEPP, MICHAEL		1st		
GROSKREUTZ, CODY			3rd	7th
HOGAN, BRAD		1st	2nd	DNP
HENSLEY, TOM	3rd	2nd		
JOHNSON, ALEC	3rd	4th		
JOHNSON, ZACH	4th	2nd		
MAKO, NICK				
MARBEN, SEAN	3rd	3rd	6th	
NGUYEN, PETER	3rd	2nd		
PEDERSON, NELS	2nd	2nd		
PHOMPHACKDY, STEVEN	3rd	1st		
RECHTZIGEL, MITCH		2nd	6th	
SCHLIESMAN, DJ		4th		
SCHROEDER, NOAH		3rd		
SCOTT, JOEY		1st	2nd	8th
TEAGARDEN, ALEC		1st		
TELKOV, GAVRIIL		3rd	5th	
TROMBLEY, TREVOR	4th	4th		
VOSSSEN, BOBBY				
WEINBERG, JOSH	1st	2nd		
WIETecha, ROB	4th	4th		

# JR. VARSITY/FRESHMAN RECORDS

## Junior Varsity Statistics 2007

### JUNIOR VARSITY SEASON RECORDS

#### FALLS

James Pudwill	'06	28
Justin Armstrong	'06	27
Scott Kenning	'06	25

#### WINS

Andrew Lenertz	'02	31
Tom Chies	'03	30
Fred Hwang	'03	30

#### TEAM POINTS

Andrew Lenertz	'02	175
James Pudwill	'06	171
Justin Armstrong	'06	165

#### TAKEDOWNS

Mike Redig	'06	65
Nathaniel Carroll	'05	50
Eric Budd	'01	45

#### NEAR FALLS

Kyle Fokken	'02	39
Mike Redig	'06	37
Bryan Okonek	'06	35

#### REVERSALS

Mike Redig	'06	26
Nate Kocer	'01	22
Brian Wallenta	'04	22

## Freshman Statistics 2007

### FRESHMAN SEASON RECORDS

#### FALLS

Bona Ku	'01	16
Ty Groskreutz	'06	15
Joey Scott	'07	15

#### WINS

Bryan Okonek	'05	25
Joey Scott	'07	24
Bryan Lewis	'00	23

#### TEAM POINTS

Joey Scott	'07	128
Bryan Okonek	'05	118
Troy Fokken	'03	117

#### TAKEDOWNS

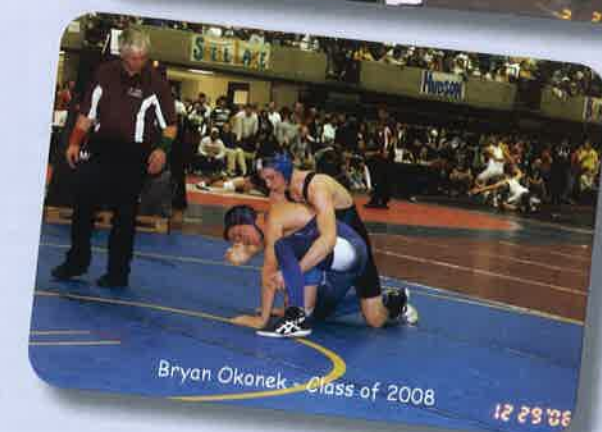
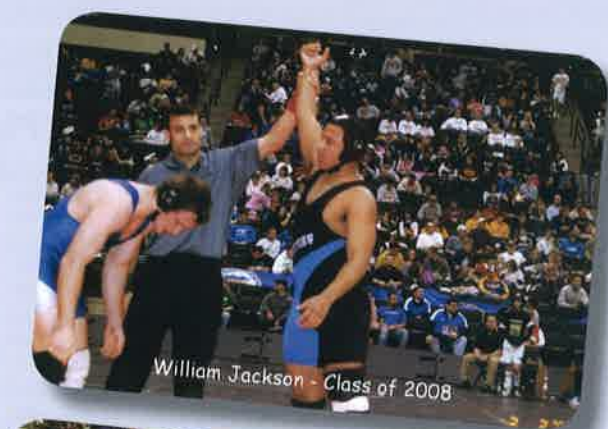
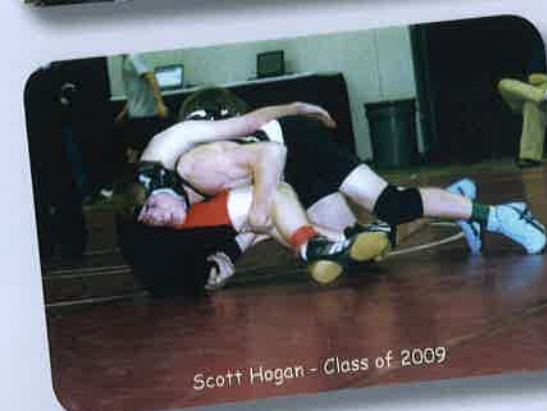
Bryan Lewis	'00	80
Trever Sutherland	'05	68
Bona Ku	'01	61

#### NEAR FALLS

Nathaniel Carroll	'03	26
Minh Huynh	'03	23
Kyle Fokken	'01	22

#### REVERSALS

Kyle Fokken	'01	17
Andrew Nelson	'03	15
Nathaniel Carroll	'03	15
Nick Mako	'06	15





# LIGHTNING HISTORY

## Wall of Excellence

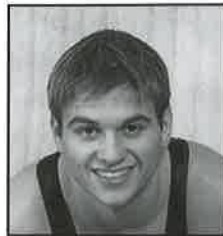
Criteria: State Place Winner, finish the program in good standing, and graduate from Eastview High School.



**Tony Rodin**  
1998 - 4th Place  
125 lbs.



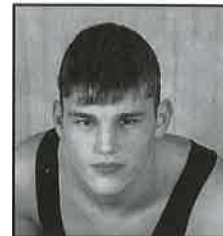
**Adam Fokken**  
2000 - 4th Place  
189 lbs.  
2001 - State Champ  
189 lbs.



**Mikey Fornicoia**  
2002 - 6th Place  
130 lbs.



**John Getzke**  
2003 - 5th Place  
152 lbs.



**Nate Koler**  
2003 - 6th Place  
189 lbs.



**Minh Huynh**  
2005 - 4th Place  
103 lbs.

## Eastview Athlete of the Year



**Adam Fokken**  
Football, Wrestling & Track  
2001 Scholar Athlete  
2000 4th Place State - 189 lbs.  
2001 State Champion - 189 lbs.



**Ryan Langlais**  
Football, Wrestling & Baseball  
3X State Qualifier  
2004 Section Champion -  
160 lbs.



**Ryan Ruckdashel**  
Football, Wrestling & Track  
Distinguished Athlete & Scholar  
2004 MSHSL ExCEL Winner  
2005 State Qualifier & Team  
Captain

## Section Champions

Mikey Fornicoia  
Tony Rodin  
Adam Fokken  
David Rasmussen

James Voyles  
Nate Kocer  
Ryan Langlais

## Season Records/Conference Place

	Wins	Losses	Ties	Conf. Wins	Conf. Place	State Qualifiers
1998	3	19	1	1	9th	1
1999	6	14	1	2	7th	2
2000	18	4	0	7	2nd	3
2001	14	8	0	5	5th	4
2002	16	9	0	6	4th	3
2003	21	5	1	7	2nd	4
2004	13	15	0	4	5th	3
2005	12	14	0	3	7th	3
2006	24	7	0	8	2nd	3
2007	13	7	0	5	4th	3

140 wins 102 loses .578 winning percentage

## Season Captains & Team Motto

1998	Matt McDonald, Joe Theisen	Lightning Strikes
1999	Tony Rodin, Joe Theisen	Attitude and Effort
2000	Nate Ernst, Brad Okonek, Adam Fokken	Team 2000: Paving the Way
2001	Adam Fokken, Mikey Fornicoia	Courage to Succeed
2002	Mikey Fornicoia, John Getzke, Eric Lemm	Mission Possible: 2002
2003	John Getzke, Kevin McBride, Jud Turk, James Voyles	Fight! Inch ... By ... Inch
2004	Tyler Cookas, Kevin Eich, Jeremiah Foertsch, Ryan Langlais	The Long March
2005	Ryan Ruckdashel, Sam Voyles, Kyle Wilson	No Guts, No Glory
2006	Chad Eul, Minh Huynh, Josh Nelson	Our Vision, Our Mission
2007	Dan Getzke, Jake Nelson	Storm the Mat
2008	Will Jackson, Bryan Okonek	Prepare for Battle

## Season Awards

### Most Valuable Varsity Wrestler of the Year

1998	Tony Rodin	1999	Adam Fokken
2000	Adam Fokken	2001	Adam Fokken
2002	Mikey Fornicoia	2003	Nate Kocer
2004	Ryan Langlais	2005	Minh Huynh
2006	Minh Huynh & John Makabe		
2007	Jacob Nelson & Dan Getzke		

### Most Valuable Junior Varsity Wrestler of the Year

1998	Jim Maloney	1999	Tyrel Narva
2000	Chris Verhaeghe	2001	David Pudwill
2002	Andrew Lenertz	2003	Andrew Lenertz
2004	Brian Wallenta	2005	Chad Eul
2006	Mike Redig	2007	Jeff Hanson

### Most Valuable Freshman Wrestler of the Year

1998	Adam Fokken	1999	Mikey Fornicoia
2000	Bryan Lewis	2001	Steve Davis
2002	Tyler Cookas	2003	Troy Fokken
2004	Ryan Stepan	2005	Trever Sutherland
2006	Scott Hogan	2007	Cody Groskreutz

### Most Improved Wrestler of the Year

1998	Nate Ernst	1999	Nick Thompson
2000	Brad Okonek	2001	David Rasmussen
2002	Eric Lemm	2003	Jud Turk
2004	Minh Huynh	2005	Josh Nelson
2006	Chad Eul	2007	Dijon Sanders

### Lightning Award

1998	Chris Verhaeghe	1999	Chris Verhaeghe
2000	Brian Putnam	2001	Brian Putnam & Eric Budd
2002	David Pudwill	2003	Jud Turk & John Getzke
2004	Jeremiah Foertsch	2005	Sam Voyles
2006	Chris Griep & Dillon Powell		
2007	Abebe Dessalegn & Andrew Pudwell		

### John Rodin Service Award

1998	Brad Okonek	1999	Brad Okonek
2000	Andrew Lenertz	2001	John Getzke
2002	Cory Wagner	2003	Cory Wagner
2004	Ben Foertsch	2005	Dante Hendricks
2006	Pat Cox	2007	Joey Scott

### Wrestling Manager Hall of Fame

2000	Erinn Roos	2001	Rachel Davis
2003	Kari Okonek	2006	Ashley Lang

## Top 25 Alumni Career Wins

NAME	YEAR	WINS	LOSSES
Adam Fokken	2001	147	36
Ryan Langlais	2004	139	54
Kevin McBride	2003	110	84
Mikey Fornicoia	2002	107	31
Minh Huynh	2006	100	32
John Makabe	2006	90	33
Pat Dea	2004	79	57
John Getzke	2003	78	46
Tony Rodin	1999	77	23
Dan Getzke	2007	70	35
David Rasmussen	2001	66	49
Jacob Nelson	2007	65	25
Chris Shuck	2003	64	59
Josh Nelson	2006	60	52
Nate Kocer	2003	55	25
Ryan Ruckdashel	2005	54	29
Jud Turk	2003	53	57
James Voyles	2003	50	28
Brad Okonek	2000	49	50
Andrew Nelson	2006	49	44
Jeremiah Foertsch	2004	48	57
Matt Davis	2000	44	61
Nate Ernst	2000	44	24
Eric Lemm	2002	38	37
Adam Miller	2000	28	34

## Academic Team

2000	Silver Academic Team 3.44
2001	Gold Academic Team 3.68
2002	MN State Academic Champions 3.71
2003	Gold Academic Team 3.59
2004	Gold Academic Team 3.6
2005	Gold Academic Team 3.61
2006	Gold Academic Team 3.67
2007	Gold Academic Team 3.64

## Academic All-State

2001	Adam Fokken
------	-------------



## EASTVIEW WRESTLING RECOGNITIONS

### ALL CONFERENCE

Tony Rodin (2x)  
Brad Okonek  
Nate Ernst  
Adam Fokken (4x)  
David Rasmussen  
Mikey Fornicoia  
Eric Lemm  
James Voyles  
John Getzke  
Nate Kocer  
Kevin McBride  
Ryan Langlais (2x)  
Minh Huynh (2x)  
John Makabe (2x)  
Ryan Ruckdashel  
Scott Hogan  
Jacob Nelson  
Andrew Nelson  
Dan Getzke (2x)  
Chad Eul

### SECTIONS CHAMPIONS

Tony Rodin  
Adam Fokken  
David Rasmussen  
Mikey Fornicoia  
James Voyles  
Nate Kocer  
Ryan Langlais

### STATE QUALIFIERS

Tony Rodin (2x) 4<sup>th</sup> Place  
Brad Okonek  
Adam Fokken (3x) 4<sup>th</sup> Place  
1<sup>st</sup> Place  
David Rasmussen  
Mikey Fornicoia (2x) 6<sup>th</sup> Place  
James Voyles  
Jud Turk  
Nate Kocer 6<sup>th</sup> Place  
John Getzke 5<sup>th</sup> Place  
Ryan Langlais (3x)  
Pat Dea  
Steve Davis (2x) 4<sup>th</sup> Place  
Minh Huynh (3x) 4<sup>th</sup> Place  
John Makabe  
Ryan Ruckdashel  
Dan Getzke (2x)  
Chad Eul  
Jacob Nelson  
Will Jackson 4<sup>th</sup> Place





## EASTVIEW STATE QUALIFIERS



**DAN GETZKE - 171 LBS**  
**STATE QUALIFIER - 2007**

Dan Getzke - 2007  
 State Qualifier - 171 lbs.

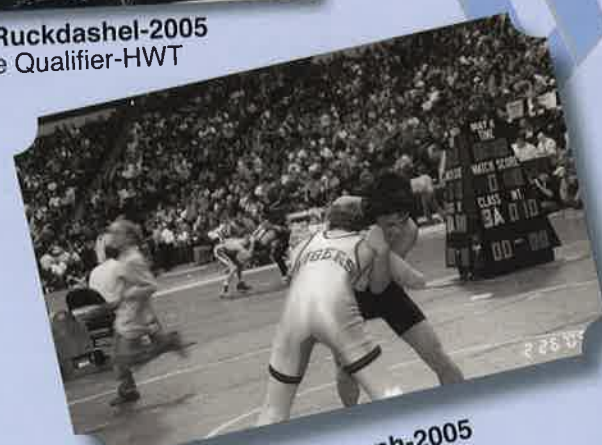


**JAKE NELSON - 130 LBS**  
**STATE QUALIFIER - 2007**

Jake Nelson - 2007  
 State Qualifier - 130 lbs



**Ryan Ruckdashel-2005**  
 State Qualifier-HWT



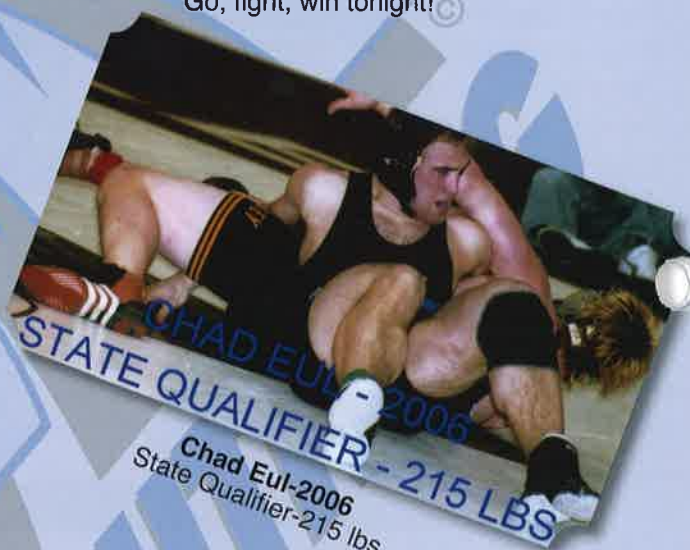
**Minh Huynh-2005**  
 4th Place-103 lbs

### Eastview School Song

Go Eastview lightning  
 Victory is our game  
 Blaze a trail of glory  
 Marching on to fame.

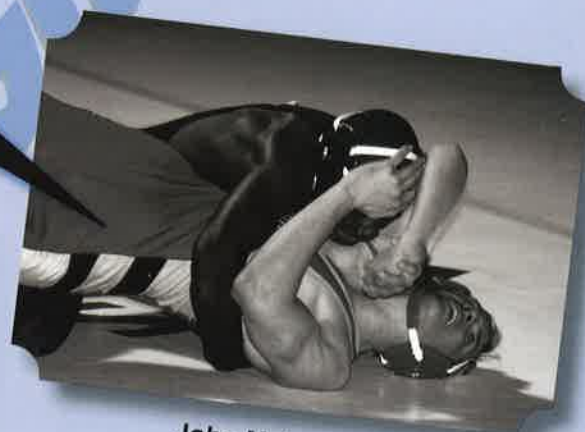
Feel the mighty thunder  
 Flash that fills the sky  
 Blue, black and white  
 Won't give up the fight  
 We're the lightning from  
 Eastview High

Eastview lightning fight, fight, fight,  
 Go, fight, win tonight!



**CHAD EUL-2006**  
**STATE QUALIFIER - 215 LBS**

Chad Eul-2006  
 State Qualifier-215 lbs



**John Makabe-2005**  
 State Qualifier-152 lbs

## EASTVIEW STATE QUALIFIERS

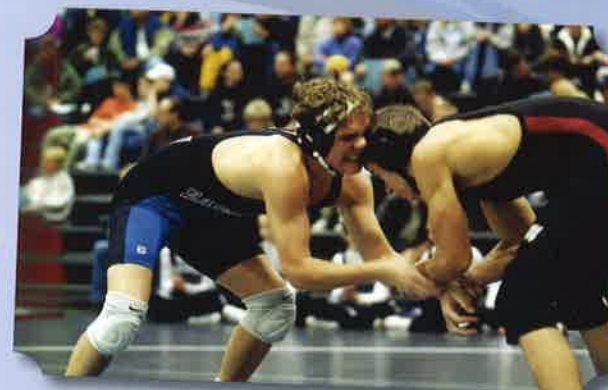


**Pat Dea-2004**  
 State Qualifier-125 lbs.

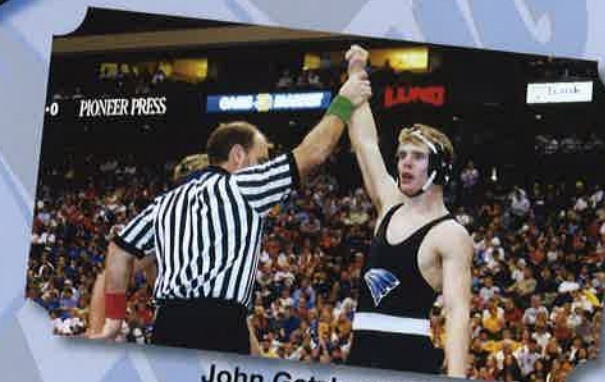


**RYAN LANGLAIS - 2004**  
**STATE QUALIFIER - 160 LBS**

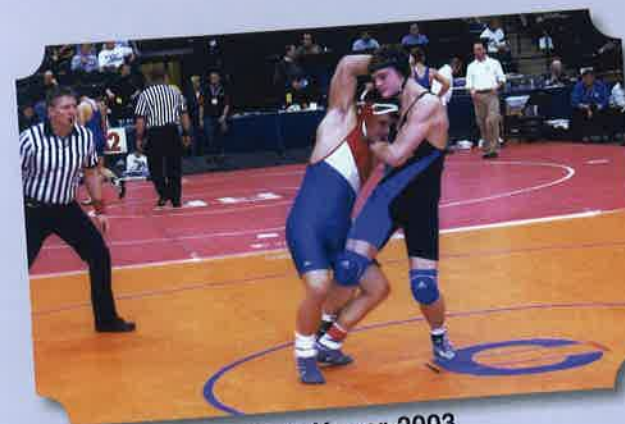
Ryan Langlais-2004  
 State Qualifier-160 lbs



**Judd Turk-2003**  
 State Qualifier-140 lbs.



**John Getzke-2003**  
 5th place-152 lbs.



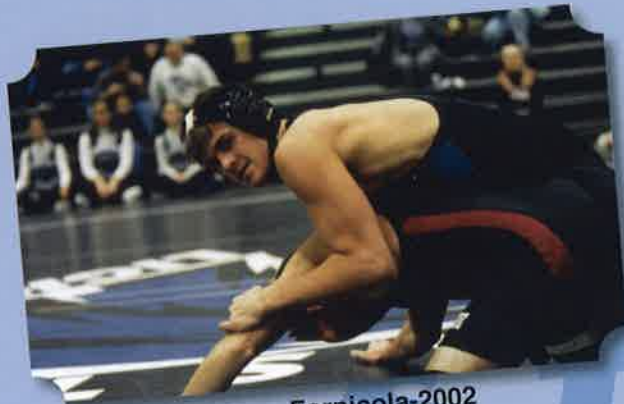
**Nate Kocer-2003**  
 6th place-189 lbs.



**James Voyles-2003**  
 State Qualifier-215 lbs.



# EASTVIEW STATE QUALIFIERS



Mikey Fornicola-2002  
6th Place-130 lbs.



Steve Davis-2001  
4th Place-125 lbs



David Rasmussen-2001  
State Qualifier-145 lbs.



Adam Fokken-2001  
State Champion-189 lbs  
4th Place-189 lbs



BRAD OKONEK - 2000  
STATE QUALIFIER - 152 LBS

Brad Okonek-2000  
State Qualifier-152 lbs.



Tony Rodin-1998  
4th place-125 lbs.



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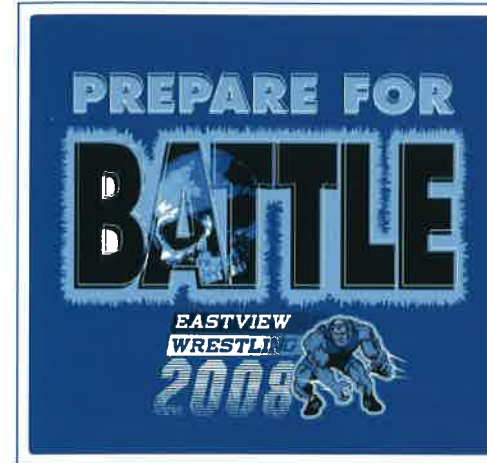
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# "Commitment to Excellence"

**How good do you want to be?** If your answer is, "good enough to get by," than a commitment to excellence is not necessary, but if your completely honest answer is, "the best," you must make a total commitment to excellence.

Wrestlers are born with varying degrees of natural ability. Sacrifice and a commitment to excellence are required to develop that ability. Time, hard work, continuous practice and repetition all go into the making of a good athlete.

To be a winner you must be willing to make sacrifices. This means maintaining good training habits, getting the proper amount of rest, and eating a balanced diet.

You can be as great as you want to be. If you believe in yourself and have the courage, determination, dedication, competitive drive, and if you are willing to give up the little things in life to accomplish an ultimate goal down the road, you will succeed!

In our years of involvement in athletics, we have seen athletes make a sincere commitment to excellence. They had a burning desire to be not just good, but great. They craved coaching. They wanted to learn a new wrestling move every day. They worked harder than the other wrestlers during the season and they never stopped working in the offseason. They went out of their way to look for tougher competition. Finally, they were stubborn – they refused to settle for anything less than the best.

As a result, each was a big winner. There was no luck or chance involved; these wrestlers worked hard so they would always have an edge when they went into their matches. They knew they would win... and they did.

A commitment to excellence means you must be willing to work hard, to push yourself physically until it hurts. We believe that any wrestler who walks off the mat after a full match and is not physically spent has not worked to his physical potential

If you have a true commitment to excellence you will give up anything that does not help you become better as an athlete or a person. Don't be content with mediocrity- strive to live up to the greatness within you.

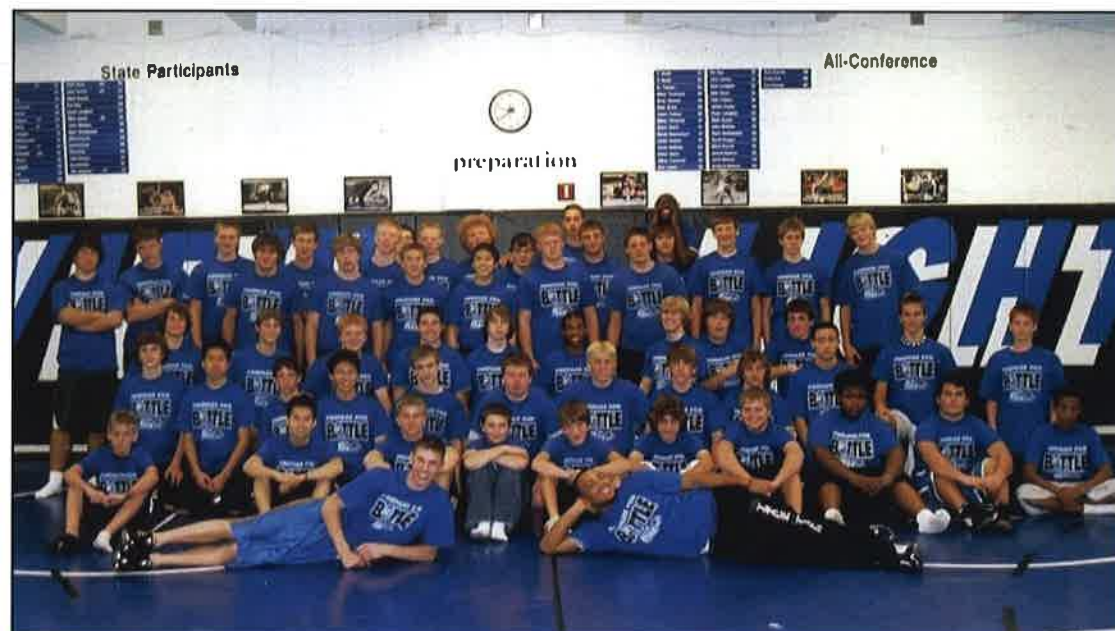
**COMMITMENT NIGHT: NOVEMBER 12<sup>th</sup>.** This is a night for you to pledge your commitment to excellence in the Eastview Wrestling program. This night will involve activities that encourage you to reflect on your goals and to discuss what it will take to reach those goals. Also, this night will emphasize each wrestler's commitment to the whole team. We depend upon each wrestler to succeed. Your complete commitment is crucial to the success of the team. You deserve to give yourself the best opportunity to succeed. **BE THE BEST YOU CAN BE!**

The great coach Vince Lombardi had this to say about making the commitment to excellence:

"For the winner there is 100 percent elation, 100 percent laughter, 100 percent fun and for the loser the only thing left is a 100 percent resolution and 100 percent determination. The game, I think, is a great deal like life. Every man makes his own personal commitment toward excellence and toward victory. Although you know ultimate victory can never be completely won, it must be pursued with all of one's might and each week there is a new encounter, each year a new challenge.

"I'd like to say that the quality of any man's life is a full measure of the man's personal commitment to excellence and to victory, regardless of what field he may be in."

## MAKE A COMMITMENT TO EXCELLENCE!



Commitment Night 2007



## 2007-08 WINTER SPORTS SCHEDULE EASTVIEW LIGHTNING

### Girls Basketball

Head Coach: Paul Goetz				
Date	Opponent	Site	Time	
Nov. 24	White Bear Lake	Home	6:00 p.m.	
Nov. 27	Burnsville	Home	7:15 p.m.	
Nov. 30	Jefferson	Away	7:15 p.m.	
Dec. 4	Eagan	Home	7:15 p.m.	
Dec. 7	Rosemount	Home	7:15 p.m.	
Dec. 11	Chaska	Away	7:15 p.m.	
Dec. 14	Park Cottage Grove	Away	7:30 p.m.	
Dec. 18	Apple Valley	Away	7:15 p.m.	
Dec. 20	Eden Prairie	Home	7:15 p.m.	
Dec. 27-29	Hopkins Tournament	Away		
Jan. 8	Lakeville South	Away	7:15 p.m.	
Jan. 10	Lakeville North	Home	7:15 p.m.	
Jan. 15	Kennedy	Home	7:15 p.m.	
Jan. 18	Burnsville	Away	7:15 p.m.	
Jan. 22	Jefferson	Home	7:15 p.m.	
Jan. 25	Eagan	Away	7:15 p.m.	
Jan. 29	Rosemount	Away	7:15 p.m.	
Feb. 1	Chaska	Home	7:15 p.m.	
Feb. 5	Roseville	Home	7:15 p.m.	
Feb. 8	Apple Valley	Home	7:15 p.m.	
Feb. 12	Eden Prairie	Away	7:15 p.m.	
Feb. 15	Lakeville South	Home	7:15 p.m.	
Feb. 19	Lakeville North	Away	7:15 p.m.	
Feb. 22	Kennedy	Away	7:15 p.m.	
Feb. 27, March 1, 7	Section 3AAAA Tournament			
March 12-15	State Tournament			

### Adp. Hockey CI

Head Coach: Brett Sadek				
Date	Opponent	Site	Time	
Jan. 8	South Suburban	Away	4:30 p.m.	
Jan. 9	Minneapolis South	Away	6:30 p.m.	
Jan. 14	Hudson	Away	5:00 p.m.	
Jan. 16		Away	6:00 p.m.	
Jan. 22	Rochester	Away	6:00 p.m.	
Jan. 28	Humboldt	Away	6:30 p.m.	
Feb. 4	South Suburban	Away	6:00 p.m.	
Feb. 6	Minneapolis South	Away	4:30 p.m.	
Feb. 11	Hudson	Away	6:30 p.m.	
Feb. 13	Lakeville North	Away	4:30 p.m.	
Feb. 21	Rochester	Away	6:30 p.m.	
Feb. 25	Humboldt	Away	4:30 p.m.	
March 14-15	State Tournament			

### Boys Swim/Dive

Head Coach: Mark Tollefson				
Date	Opponent	Site	Time	
Dec. 7	Kennedy	Away	6:00 p.m.	
Dec. 14	Jefferson	Home	6:00 p.m.	
Dec. 20	Chaska	Home	6:00 p.m.	
Jan. 4	Burnsville	Away	6:00 p.m.	
Jan. 8	Eagan	Home	6:00 p.m.	
Jan. 15	Eden Prairie	Home	6:00 p.m.	
Jan. 25	Apple Valley	Away	6:00 p.m.	
Feb. 1	Lakeville North/South	Away	6:00 p.m.	
Feb. 8	Rosemount	Away	6:00 p.m.	
Feb. 20, 22	Section 3AA Tournament			
Feb. 28-29, March 1	State Tournament			

### Wrestling

Head Coach: Kurt Habeck				
Date	Opponent	Site	Time	
Dec. 1	EVHS Quad	Home	9:00 a.m.	
Dec. 6	Kennedy	Home	5:30 p.m.	
Dec. 8	Coon Rapids	Away	9:00 a.m.	
Dec. 13	Burnsville	Home	5:30 p.m.	
Dec. 15	Faribault	Away	10:30 a.m.	
Dec. 20	Chaska	Away	5:30 p.m.	
Dec. 28	Holmen	Away	8:00 a.m.	
Dec. 29	Holmen	Away		
Jan. 4	Henry Sibley/Park	Home	4:30 p.m.	
Jan. 5	Burnsville	Away	9:00 a.m.	
Jan. 10	Lakeville North	Away	5:00 p.m.	
Jan. 11	Wayzata	Home	7:00 p.m.	
Jan. 18	Rosemount	Home	5:30 p.m.	
Jan. 19	EVHS Tournament	Home	9:00 a.m.	
Jan. 24	Eagan	Away	5:30 p.m.	
Jan. 31	Apple Valley, Lakeville South	Away	5:30 p.m.	
Feb. 2	Armstrong Tournament	Away	9:00 a.m.	
Feb. 7	Eden Prairie	Away	5:30 p.m.	
Feb. 8	Mound-Westonka	Away	5:00 p.m.	
Feb. 15, 22, 23	Section 3AAA Tournament			
Feb. 27-29, March 1	State Tournament			

### Boys Hockey

Head Coach: Drey Bradley and Bart Larson				
Date	Opponent	Site	Time	
Nov. 24	Lakeville South	Away	3:00 p.m.	
Nov. 27	Apple Valley	Home	7:15 p.m.	
Dec. 1	Edina	Away	7:00 p.m.	
Dec. 4	Eden Prairie	Home	7:15 p.m.	
Dec. 8	Rosemount	Home	2:15 p.m.	
Dec. 11	Chaska	Home	6:00 p.m.	
Dec. 15	Lakeville North	Home	2:15 p.m.	
Dec. 18	Burnsville	Away	7:00 p.m.	
Dec. 20	Minnetonka	Home	7:15 p.m.	
Dec. 26-28	Schwan Cup	Away		
Jan. 3	Jefferson	Away	7:30 p.m.	
Jan. 5	Eagan	Away	7:15 p.m.	
Jan. 8	Kennedy	Home	7:15 p.m.	
Jan. 12	Lakeville South	Home	2:15 p.m.	
Jan. 15	Apple Valley	Away	7:15 p.m.	
Jan. 22	Eden Prairie	Away	7:00 p.m.	
Jan. 26	Rosemount	Away	7:30 p.m.	
Jan. 29	Chaska	Away	7:30 p.m.	
Feb. 2	Lakeville North	Away	3:00 p.m.	
Feb. 5	Burnsville	Home	7:15 p.m.	
Feb. 9	Jefferson	Home	2:15 p.m.	
Feb. 12	Eagan	Home	7:15 p.m.	
Feb. 16	Kennedy	Away	2:30 p.m.	
Feb. 19, 21, 23, 28	Section 3AA Tournament			
March 5-8	State Tournament			

### Comp. Cheerleading

Head Coach: Tracy Kenow				
Date	Opponent	Site	Time	
Nov. 3	Lakeville North	Away		
Nov. 10	Minnetonka	Away		
Nov. 18	TC Open	Home		
Dec. 1	Lakeville South	Away		
Dec. 9	Apple Valley	Away		
Dec. 16	U of M	Away		
Jan. 12	Lake Conference Tournament	Home		
Feb. 2	State Tournament	Away		
Feb. 7	UCA Nationals, Orlando, FL			

### Adaptive Hockey CI

Head Coach: Chris Brown & Dana Beck				
Date	Opponent	Site	Time	
Jan. 8	Lakeville South	Away	4:30 p.m.	
Jan. 11	Owatonna	Away	6:30 p.m.	
Jan. 14	Hudson	Away	6:30 p.m.	
Jan. 21	New Prague	Away	4:30 p.m.	
Jan. 24	South Suburban	Away	4:30 p.m.	
Jan. 28	Winona	Away	5:00 p.m.	
Jan. 30	Humboldt	Away	6:30 p.m.	
Feb. 4		Away	6:30 p.m.	
Feb. 6	Owatonna	Away	6:30 p.m.	
Feb. 12	Hudson	Away	5:00 p.m.	
Feb. 14	New Prague	Away	4:30 p.m.	
Feb. 20	South Suburban	Away	6:30 p.m.	
Feb. 25	Winona	Away	4:30 p.m.	
Feb. 28	Humboldt	Away	4:30 p.m.	
March 5	Regional Tournament			
March 14-15	State Tournament			

### Girls Hockey

Head Coach: Herb Harvey				
Date	Opponent	Site	Time	
Nov. 10	Lakeville South	Away	3:00 p.m.	
Nov. 13	Cretin-Derham Hall	Home	7:15 p.m.	
Nov. 15	Apple Valley	Home	7:15 p.m.	
Nov. 20	Eden Prairie	Home	7:15 p.m.	
Nov. 27	South St. Paul	Away		
Nov. 29	Rosemount	Home	6:00 p.m.	
Dec. 1	Chaska	Home	2:15 p.m.	
Dec. 4	Totino-Grace	Away		
Dec. 6	Woodbury	Home	7:15 p.m.	
Dec. 8	Burnsville	Home	7:15 p.m.	
Dec. 13	Jefferson	Away	7:15 p.m.	
Dec. 15	Eagan	Away	3:30 p.m.	
Dec. 22	Lakeville South	Home	2:15 p.m.	
Dec. 26-28	Cable 12 Tournament	Away		
Jan. 3	Apple Valley	Away	7:15 p.m.	
Jan. 10	Eden Prairie	Away	7:00 p.m.	
Jan. 12	Rosemount	Away	7:30 p.m.	
Jan. 15	Hopkins	Away	7:00 p.m.	
Jan. 19	Lakeville North	Away	3:00 p.m.	
Jan. 24	Burnsville	Away	7:00 p.m.	
Jan. 26	Jefferson	Home	7:15 p.m.	
Jan. 31	Eagan	Home	7:15 p.m.	
Feb. 2	Kennedy	Away	2:15 p.m.	
Feb. 4, 6, 9, 13	Section 3AA Tournament			
Feb. 20-23	State Tournament			

### Boys Basketball

Head Coach: Mark Gerber				
Date	Opponent	Site	Time	
Dec. 8	Prior Lake	Home	7:15 p.m.	
Dec. 11	Chaska	Home	7:15 p.m.	
Dec. 14	Park Center	Home	7:15 p.m.	
Dec. 18	Apple Valley	Home	7:15 p.m.	
Dec. 21	Eden Prairie	Away	7:15 p.m.	
Dec. 26	Duluth East	Home	7:15 p.m.	
Jan. 4	Centennial	Away	7:00 p.m.	
Jan. 8	Lakeville South	Home	7:15 p.m.	
Jan. 11	Lakeville North	Away	7:15 p.m.	
Jan. 15	Kennedy	Away	7:15 p.m.	
Jan. 17	Burnsville	Home	7:15 p.m.	
Jan. 22	Jefferson	Away	7:15 p.m.	
Jan. 25	Eagan	Home	7:15 p.m.	
Jan. 26	St. Paul Johnson	Away		
Jan. 29	Rosemount	Home	7:15 p.m.	
Feb. 1	Chaska	Away	7:15 p.m.	
Feb. 8	Apple Valley	Away	7:15 p.m.	
Feb. 12	Eden Prairie	Home	7:15 p.m.	
Feb. 15	Lakeville South	Away	7:15 p.m.	
Feb. 19	Lakeville North	Home	7:15 p.m.	
Feb. 21	Kennedy	Home	7:15 p.m.	
Feb. 26	Burnsville	Away	7:15 p.m.	
Feb. 29	Jefferson	Home	7:15 p.m.	
March 3	Eagan	Away	7:15 p.m.	
March 7	Rosemount	Away	7:15 p.m.	
March 11, 14, 18	Section 3AAAA Tournament			
March 26-29	State Tournament			

### Girls Gymnastics

Head Coach: Jodi Ramboldt				
Date	Opponent	Site	Time	
Dec. 6	Eagan	Away	6:30 p.m.	
Dec. 11	Rosemount	Home	6:30 p.m.	
Dec. 15	EVHS Tournament	Home	11:15 a.m.	
Dec. 18	Apple Valley	Away	6:30 p.m.	
Dec. 22	Brainerd	Away	11:00 a.m.	
Jan. 3	Eden Prairie	Home	6:30 p.m.	
Jan. 5	Faribault	Away	11:00 a.m.	
Jan. 8	Jefferson/Kennedy	Away	6:00 p.m.	
Jan. 12	Lakeville North	Away	12:00 p.m.	
Jan. 15	Lakeville North	Home	6:30 p.m.	
Jan. 22	Chaska	Away	6:30 p.m.	
Feb. 5	Lakeville South	Home	6:30 p.m.	
Feb. 15	Section 3AA Tournament			
Feb. 22-23	State Tournament			

### Alpine Skiing

Head Coach: Dave Loeffler				
Date	Opponent	Site	Time	
Dec. 13	AVHS, BHS, EHS, EPHS, RHS	Away		
Dec. 20	EHS, BKHS, EPHS, LSHS	Away		
Jan. 8	EHS, BJHS, EPHS, LNHS	Away		
Jan. 15	AVHS, BHS, EHS, EPHS, RHS	Away		
Jan. 24	AVHS, BHS, EHS, BKHS, BJHS, EPHS, RHS, LNHS, LSHS	Away		
Feb. 14	State Tournament			

### Nordic Skiing

Head Coach: Brian Aberly				
Date	Opponent	Site	Time	
Dec. 13	BHS, BKHS, BJHS, EPHS, CHS, LNHS, LSHS	Away	3:30 p.m.	
Dec. 18	BHS, BKHS, BJHS, EPHS, CHS, LNHS, LSHS	Away	3:30 p.m.	
Dec. 20	BHS, BKHS, BJHS, EPHS, CHS, LNHS, LSHS	Away	3:30 p.m.	
Jan. 2	BHS, BKHS, BJHS, EPHS, CHS, LNHS, LSHS	Away	3:45 p.m.	
Jan. 8	BHS, BKHS, BJHS, EPHS, CHS, LNHS, LSHS	Away	3:45 p.m.	
Jan. 22	BHS, BKHS, BJHS, EPHS, CHS, LNHS, LSHS	Away	3:30 p.m.	
Jan. 24	BHS, BKHS, BJHS, EPHS, CHS, LNHS, LSHS	Away	3:30 p.m.	
Jan. 29	BHS, BKHS, BJHS, EPHS, CHS, LNHS, LSHS	Away	3:45 p.m.	
Jan. 31	BHS, BKHS, BJHS, EPHS, CHS, LNHS, LSHS	Away	3:45 p.m.	
Feb. 8	Section 1 Tournament			
Feb. 15	State Tournament			



# 2007-2008 EASTVIEW LIGHTNING



## 2007-2008 Eastview Lightning Schedule

<u>DATE</u>	<u>OPPONENT</u>	<u>SITE</u>	<u>TIME</u>
Friday, Nov. 30	Intra Squad Meet (Parent Open House)	Eastview	7:30 pm
Saturday, Dec. 1	Eastview Duals	Eastview	9:00 am
Thursday, Dec. 6	Bloomington Kennedy (EVAA Night / Middle School)	Eastview	7:30 pm
Saturday, Dec. 8	Coon Rapids Duals	Coon Rapids	9:00 am
Thursday, Dec. 13	Burnsville (Parents Night)	Eastview	7:00 pm
Saturday, Dec. 15	Faribault Invitational	Faribault	10:30 am
Sunday, Dec. 16	Spaghetti Dinner / Silent Auction	Rosemount Legion	5:00 pm
Thursday, Dec. 20	Chaska	Chaska	7:00 pm
Fri-Sat, Dec. 28-29	Bi-State Classic (V)	La Crosse	10:30 am
Friday, Dec. 28	Winona Tourney (JV)	Winona	TBD
Friday, Jan. 4	Henry Sibley / Park (EWB Family & Alumni Night)	Eastview	4:30 pm
Saturday, Jan. 5	Burnsville Invitational	Burnsville	9:30 am
Thursday, Jan. 10	Lakeville North / Minnetonka	Lakeville North	5:00 pm
Friday, Jan. 11	Wayzata	Eastview	7:00 pm
Friday, Jan. 18	Rosemount (Senior Night)	Eastview	7:00 pm
Saturday, Jan. 19	Lightning Invitational	Eastview	10:30 am
Sunday, Jan. 20	Eastview (K-8) Tournament	Eastview	10:00 am
Thursday, Jan. 24	Eagan	Eagan	7:00 pm
Friday, Feb. 1	Apple Valley / Lakeville South	Apple Valley	5:30 pm
Saturday, Feb. 2	Armstrong Team Tournament (V)	Armstrong	9:00 am
Thursday, Feb. 7	Eden Prairie	Eden Prairie	7:00 pm
Friday, Feb. 8	Mound-Westonka Invite (JV)	Mound	5:00 pm
Saturday, Feb. 9	Lake Conference Tournament (JV)	Lakeville South	9:00 am
Friday, Feb. 15	Section 3 Team Tournament	Hastings	4:00 pm
Fri-Sat, Feb. 22-23	Section 3 Individual Tournament	Eastview	TBA
Wed-Sat, 2/27 - 3/1	State Tournament	Xcel Energy	TBA
Sunday, Mar. 16	Wrestling Banquet	Rosemount CC	4:30 pm

(As of 11-7-07)