

2011-2012

East View AIM TOWARDS THE ENEMY WRESTLING



www.eastviewwrestling.com

Eastview High School

Eastview High School, the district's fourth comprehensive high school, opened in September 1997. Eastview High School is located in Apple Valley, adjacent to 200 acres of playing fields and recreational facilities. The 330,000 square foot facility is built to house 2,000 students in grades 9-12 and offers: state-of-the-art classroom design with built-in monitors, VCRs, satellite connection, telephones and LAN/WAN connections; a technology infrastructure that includes building-wide wireless hubs and nearly 900 network/Internet connections with room for additional growth; a 5:1 student to computer ratio; computers, voice mail and e-mail for all faculty and staff; a 650 seat Performing Arts Center with a fly loft and scene shop; a dedicated dance studio and full-time, curricular dance program; four gyms with a running track surrounding the main gym; a 4,500 square foot strength, conditioning and fitness center; a two-level media center with computerized library research capabilities and fully-equipped television and digital editing studios.



Eastview Athletes

District 196 believes that the cocurricular program of the school plays a substantial and important role in providing successful and meaningful experiences for students. In addition to a comprehensive list of courses, Eastview High School offers a wide variety of school activities to meet students' interests and needs. These activities are grouped into three categories: fine/performing arts and activities, student leadership and service, and athletics. All students are encouraged to participate according to their interests and abilities.



Eastview Administration



Randall Peterson
Principal



Kim Martinson
Associate Principal



Bruce Miller
Assistant Principal



Rob Franchino
Assistant Principal



Matt Percival
Assistant Principal



Jodi Hanson
Special Assignment

- Cross Country (Boys and Girls)
- Dance Team Performance (Girls)
- Football (Boys)
- Soccer (Boys and Girls)
- Swimming and Diving (Boys and Girls)
- Tennis (Boys and Girls)
- Volleyball (Girls)
- Dance Team Competition (Girls)
- Basketball (Boys and Girls)
- Figure Skating (Boys and Girls)
- Gymnastics (Girls)
- Hockey (Boys and Girls)
- Slalom Skiing (Boys and Girls)
- Nordic Skiing (Boys and Girls)
- Wrestling (Boys)
- Baseball (Boys)
- Golf (Boys and Girls)
- Lacrosse (Girls and Boys)
- Softball (Girls)
- Track and Field (Boys and Girls)
- Adapted Athletics (Boys and Girls)
- Athletic Training (Boys and Girls)
- Cheerleading - Sport (Girls)
- Cheerleading Competition
- Intramurals (Girls and Boys)
- Strength Training (Girls and Boys)

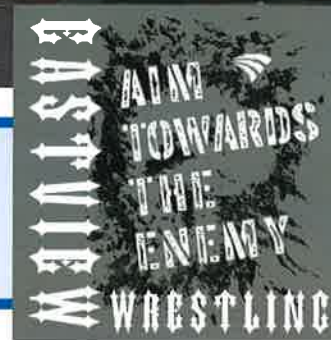
This program is sponsored by the Eastview Wrestling Boosters.

WELCOME TO EASTVIEW WRESTLING 2011-2012



Aim Towards the Enemy

2011-2012 Eastview Wrestling



Each year the seniors and captains, along with the coaches, pick a season motto that represents the thoughts and desires of the current team. This year we picked the motto: **Aim Towards The Enemy.**

Olympic Champion and National Champion Coach of Penn State, Cael Sanderson talked about the simple instructions on a Missile: "Aim Towards The Enemy". This is a great example of the single minded focus it takes to be successful in wrestling and in life. Simply aim towards your goal and work as hard as you can to achieve it.

We asked the wrestlers to identify what "Aim Towards The Enemy" means to them. Here are some of their responses:

- All we do is Attack! Attack! Attack! **-Matthew Ladd**
- Whether the enemy is an opponent, assignment, or objective, you should aim towards that "enemy" with the mentality of defeating it. **-Brendan Cole**
- Outwork your opponent. **-Luke Dodd**
- Train Hard. **-Moemen Ibrahim**
- Aim to achieve goals everyday. **-BJ Groskreutz**
- Directing your every action to the outcome of beating the enemy. **-Jono Lenz**
- Stay Focused. **-Tom Delich**

- Aim towards the enemy means to give 100% during the season. **-Eli Farley**
- Outwork your enemy. **-Zac Groskreutz**
- We will keep on the attack. **-Matt Henning**
- Aim to achieve goals everyday in the wrestling room. **-Billy Marks**
- Train your butt off to defeat your enemy. **-Jordan Swanson**
- Work hard in practice to beat the enemy. **-Nick Zelenak**
- Go at your opponent with everything you've got. **-Anthony Munos**
- Work in practice to get results in a match. **-Chris Bechly**
- Out training, out thinking, and outperforming your opponent. **-Jakob Rukavina**
- Stay focused on the target. **-Mitch Rechtzigel**

Aim Towards The Enemy is more than a motto for this year's wrestling squad. It is a powerful strategy to attack athletics and life.

This season, we will learn how to face every challenge in our athletic, professional, and personal life with strength and courage. We will aim for excellence in wrestling and beyond!

EASTVIEW WRESTLING

2011 - 2012 ROSTER

**SENIORS**

Bechly, Chris ★
 Cole, Brendan
 Foreman, Adam
 Garcia, Edgar
 Groskreutz, BJ ★
 Groskreutz, Zach
 Henning, Matt
 Howard, Greg
 Ladd, Matthew
 Martens, Joe
 Rechtzigel, Mitch ★
 Zelenak, Nick

JUNIORS

Bertell, Alex
 Gibson, Will
 Harris, Blake
 Lenz, Jonathan
 Mako, Patrick
 Metz, Vince
 Munos, Anthony
 Penders, Jack
 Phomphackdy, David
 Watson, Jon
 Witcher, Myles

SOPHOMORES

Buck, Jack
 Burgess, Thomas
 Carlson, Gavin
 Cordova, Brandon
 Delgado, Eddy
 Kirkman, Kenny
 Krisher, Andrew
 Lesch, Peter
 Lindgren, Tyler
 Marks, Billy
 Pegelow, Nick
 Rukavina, Jacob
 Schmitt, Micah
 Swanson, Jordan
 Taschner, Ben

FRESHMEN

Adamson, Joseph
 Alba, Gage
 Anderson, Tommy
 Ayele, Gabe
 Borkowski, Noah
 Delich, Tom
 Dodd, Luke
 Dravis, Casey

Ealey, Javonte
 Farley, Eli
 Farmah, George
 Gibson, Ben
 Giles, Antoine
 Habeck, Zach
 Hestness, Brett
 Hoeschen, Drew
 Ibrahim, Moemen
 Ingram, Vantrell
 Kaahanui, Wilson
 Kadry, Omar
 McComb, Kevin
 Micholic, Tyler
 Morgenstern, Andrew
 Mullen, Jonathan
 Praus, Zach
 Rains, Will
 Schliesman, Jack
 Stumpf, Eric
 Xiong, Nicholas

SEVENTH GRADE

Lindstrom, Alex

★ *Captains*

PRINCIPAL

Dr. Randall Peterson

ATHLETIC DIRECTOR

Matt Percival

COACHES

Kurt Habeck
 Nick Fornicoia
 Todd Frost
 Travis Lee
 Jarred McCarthy
 Chad Eul
 Josh Nelson
 Dean Stockwell
 Brad Okonek
 Jake Nelson
 Greg Dravis
 Chad Wentzel

NICKNAME

Lightning

SCHOOL COLORS

Black, Blue, Silver, White

MANAGERS

Ashley Nelson
 Jessica Schmitz
 Brooke Micholic
 Hannah Habeck
 Courtney Hopps
 Devony Carlson
 Katie Grutza
 Malissa Montognese
 Maddy Smith
 Grace Hagestad
 Rayanne Hedges
 Tetyana Kedyk
 Ariana Lawson

VIDEOGRAPHER

Annie Ehresmann

PHOTOGRAPHER

Derek Dravis

CONFERENCE

South Suburban

SECTION

3AAA



Class of 2012

Varsity Captains



Chris Bechly

Bechly returns after a couple of years as a Varsity starter. He was third on the team in takedowns last year and hopes to improve on his 4th place in sections last year. Chris has been in the team's Academic Club every season.



BJ Groskreutz

BJ is a quintessential mat wrestler making the leader board in both reversals and nearfalls. In his fourth year as a Varsity starter, he expects to be a solid competitor in our lineup at around 138 pounds. BJ received All Conference recognition last season.



Mitch Rechtzigal

Second year Captain, Mitch Rechtzigal, will be starting the season at full speed as he has been wrestling throughout the off season with his team and through a metro wrestling academy. He led the team in wins and takedowns last season and is motivated to find a way through the Section 3AAA tournament.

Returning Lettermen



Brendan Cole

Brendan, a member of the Eastview Wrestling Academic Club, is primed and ready to get his senior season under way. He loves the sport of wrestling and has set high goals for himself and his team. Look for Brendan around 152.



Zac Groskreutz

Zac is back in the mix after a year off. He has many years of experience and some Varsity experience, so look for him to be a factor around the 132 pound weight class.



Matt Ladd

Matt Ladd is a self built athlete. His character and work ethic have enabled him to set high goals and work tirelessly to meet them. Ladd has led the JV team in all statistical categories at one time or another and is ready for more time on Varsity.



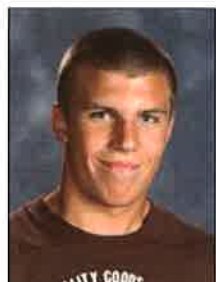
Edgar Garcia

Edgar will be a force for the Lightning at 220 and 285. He had a full season on varsity last year and is working to crank things up this season as a senior leader and an athlete. Earning 16 wins last season has Edgar hungry for more.



Matt Henning

Henning will compete at the 182 and 195 weight classes this season. He has put in quite a bit of time throughout the spring and summer to become a multifaceted wrestler. Look for some new moves from Matt on his feet and on the mat.



Adam Foreman

Adam will also be wrestling in the 220 and 285 weight classes this year. He has packed on lots of good weight and is ready for that challenge up top for the Lightning. Foreman has put in some quality time in the offseason to make himself a force to be reckoned.



Greg Howard

Howard is coming off of his football season as a defensive line starter. He is anxious to show his team that he is ready to play a key Varsity role. An Academic Gold Club member, Greg excels in the classroom and in the athletic arenas.



Anthony Munos

Junior, Anthony Munos, is a three year letter winner. With a strong 4th place finish to last years' season at the Section 3AAA tournament, Anthony has set the stage for a solid season this year. He will wrestle around 145 for the Lightning.



David Phomphackdy

David has made great improvements in his first few years of wrestling. He is passionate for the sport and will do whatever it takes to help his team out.



Jon Watson

Jon Watson is looking to get more time on the Varsity mat after a few opportunities last year. Jon is a pinner, with 50% of his wins by fall. His ability to get the fall has helped his team to seal the victory.



Myles Witcher

Myles is another up and coming wrestler on the Lightning squad. He is relatively new to the team, but his athleticism has helped him to develop into a solid wrestler. Myles is a takedown artist, making the leader board in takedowns.



Peter Lesch

A Varsity starter at 112 last year, he gained a lot of valuable experience. Peter has been wrestling since he was quite young in our youth programs. Peter was able to earn a couple of wins at the Bi-State tourney last year and made one finals appearance last year.



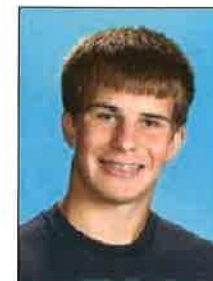
Tyler Lindgren

Tyler kicked off most Varsity dual meets last year at the 103 pound spot. As a 9th grade wrestler, he figured out what it takes to compete at that level and made great strides. He is poised to start the year at 113 and be a solid part in the lineup.



Jacob Rukavina

Jacob already has two years of Varsity under his belt and has transformed himself into a solid competitor. He has worked hard to improve on his 19 wins last season.



Jonathan Lenz

Jonathan got a half season's worth of Varsity matches last year. He made great improvements throughout the season with his highest individual finish of 3rd place in his last tournament of the season.



Patrick Mako

Patrick had a solid season on the JV team with a little Varsity experience to boot. Look for Patrick at the 145 weight class this season.



Vince Metz

Vince is another great example of a home grown Eastview wrestler. He has been in our youth and high school sponsored programs for years. A member of the prestigious 3D club, Vince is a testament to our program ideals. Keep an eye on the 170 weight class for Vince.



Jack Penders

Jack was a JV team leader in the wins and falls categories and got a handful of matches on Varsity. Winning two individual tournaments last year, he is hungry for more. Jack is also proud to be a 3D club member.



Luke Dodd

The lone Ninth Grade returning letter winner, Dodd is entering the season with high expectations. Luke is a member of the teams' Academic Gold Club and his efforts in the classroom and on the mat pay off. He has trained hard all off season and is ready to get back in to the battle.

2011 SECTION 3AAA ACADEMIC TEAM



- 125 Chris Bechly
- 135 BJ Groskreutz
- 145 Ben Schmitz
- 152 Mitch Rechtzigal



2011-2012 FRESHMAN SCHEDULE

DATE	OPPONENT	SITE	TIME
Tuesday, Nov. 29	Intra Squad Meet (Parent Open House @ 6:00 pm)	Eastview	7:30 pm
Friday, Dec. 2	Eastview Lightning Open	Eastview	5:00 pm
Saturday, Dec. 3	Eastview (K-8) Tournament	Eastview	8:00 am
Tuesday, Dec. 6	Park / Eagan	Eagan	4:30 pm
Sunday, Dec. 11	Spaghetti Dinner / Silent Auction	Rosemount Legion	5:00 pm
Tuesday, Dec. 13	Rosemount / Simley	Eastview	4:30 pm
Saturday, Dec. 17	Rosemount Duals	Rosemount	9:00 am
Tuesday, Dec. 20	Henry Sibley / East Ridge	Eastview	4:30 pm
Tuesday, Jan. 3	Hastings / Richfield	Hastings	4:30 pm
Saturday, Jan. 7	Eastview Team Tournament	Eastview	9:00 am
Tuesday, Jan. 10	Cretin-D-H / St. Thomas / Tartan	Eastview	4:30 pm
Saturday, Jan. 21	State Team Tourney (Need to qualify)	Hastings	9:30 am
Saturday, Jan. 28	Region 4 Individual Tourney	Richfield	9:00 am
Saturday, Feb. 4	State Individual Tourney (Need to qualify)	Champlin Park	8:00 am
Saturday, Feb. 11	South Suburban Invite (9th-JV)	Lakeville South	9:00 am
Sunday, March 18	Wrestling Banquet	Rosemount CC	4:30 pm

9th Grade State Team Championships

2000 - Consolation Champions
2002 - State Team Qualifier
2003 - State Team Qualifier
2004 - State Team Qualifier
2005 - State Team 10th Place
2006 - State Team Qualifier
2007 - State Team 8th Place
2009 - State Team Consolation Finalists

9th Grade State Individual Championships

1999 - 11th Place
2001 - State Champions
2005 - 3rd Place

9th Grade State Individual Championships

1998
Adam Johnson
Brian Nold
Adam Fokken - 1st Place
Don Wachter

1999
1999 Team 11th Place Honors
Mikey Fornicoia - 5th Place
Eric Lemm - 8th Place
David Pudwill - 4th Place

2000
Brian Lewis - 6th Place
Pat Dea
John Getzke
Andrew Lenertz

2001
2001 Team State Champions
Steve Davis - 1st Place
Sean Dwyer - 1st Place
Ryan Langlais - 2nd Place
Eric Yuen - 4th Place
Kyle Fokken - 6th Place
Pat Dea - 8th Place
David Hilden - 8th Place
Kevin Eich
Jeremiah Foertsch
Tim Lewis

2002
Tyler Cookas
Sam Voyles - 4th Place
Tom Chies
Scott Polansky
Troy Fokken

2003
Troy Fokken - 4th Place
Justin Armstrong
Chad Eul
Jon Lattermer
Andrew Nelson
Matt Neutz

2004
Dan Getzke - 8th Place
Kennedy Mans
Jake Neutz
Justin Peterson
Ryan Stepan

2005
2005 Team 3rd Place Honors
Trevor Gordon - 2nd Place
Will Jackson - 2nd Place
Trevor Flaten - 4th Place
Bryan Okonek - 6th Place
Zack Fanth - 7th Place
Alex Makabe
Scott Kenning

2006
Scott Hogan - 1st Place
Ty Groskreutz

2007
Brad Hogan - 6th Place
Ben Bowar - 6th Place
Cody Groskreutz - 7th Place
Joey Scott - 8th Place

2008
Brad Hogan - 2nd Place
Matt Galloway

2009
Kai Matsuhashi

2010
Anthony Munos - 8th Place
Rico Davis
Jabri Guy

2011
Jack Buck - 8th Place

Varsity and Junior Varsity Managers



Devony Carlson



Katie Grutza



Hannah Habeck



Courtney Hopps



Brooke Micholic



Malissa Montognese

Videographer



Ashley Nelson



Jessica Schmitz



Maddie Smith



Annie Ehresmann

Freshman Managers



Grace Hagestad



Rayanne Hedges



Tetyana Kedyk



Ariana Lawson



Derek Dravis

Photographer

Board of Directors

President. Diana & Mike Hogan
VP Marketing/Comm. Kristen & Bill Dodd
VP Operations Carol & Jon Rechtzigel
Treasurer. Shelly & Scott Munos
Secretaries Gabriella Ladd, Karen Kirkman
Concessions Coordinators. Kristen Ehresmann
Claude Stumpf
ThunderBolts Liaison Nick Fornicoia
EVAA Liaison Travis Lee
EVHS Head Coach. Shelly & Kurt Habeck

Grade Representatives

12th Grade Rep. Sue & Dennis Bechly
11th Grade Rep. Carol & Steve Metz
10th Grade Rep. Therese & Rick Lesch
9th Grade Rep. Tanya & Steve Paus
Nicole & Bob Delich
Alumni Rep. Sharon & Tom Getzke

A Message from the President Eastview Wrestling Boosters

We are proud to serve again this year as president of the Eastview Wrestling Boosters. EWB is a strong, active organization of wrestling parents, coaches, school officials, business sponsors and wrestling enthusiasts who work together to support the wrestling program at Eastview High School. Our constant goal is to promote the sport of wrestling at Eastview and to facilitate a rewarding and memorable experience each season for our student athletes and their families.

EWB meets every month, and all wrestler parents are encouraged to attend and participate. Feel free to call us at 651-681-8798 with any questions you may have regarding meeting times or volunteer opportunities.

A special word of thanks to all of the Eastview parents who have volunteered their time and talents to serve on the EWB committees, board and leadership positions. Your support of Eastview wrestling, Middle School wrestling, EVAA wrestling, and Thunderbolts freestyle/greco wrestling is a critical factor in the ability of EWB to provide services and support for our wrestlers and coaches.

The new wrestling season has begun, and the Eastview wrestling program promises to build on the successes of last season for the days to come.

Here's to another great wrestling season. On behalf of EWB, we wish the best of luck to all of our wrestlers and coaches. Go Lightning!

— Mike and Diana Hogan

EASTVIEW WRESTLING

COACHING STAFF



Kurt Habeck – Head Coach

Kurt Habeck, a native of Winona, Minnesota, has been a social studies teacher, wrestling and football coach, and weight room instructor for twenty one years. Kurt was a graduate of Augsburg College where he competed in wrestling and was a captain on the NCAA III National Championship Team. Individually, Kurt was a two-time MIAC Conference Champ and a NCAA III All-American and an Academic All-American. He was a varsity starter all four years as Augsburg placed eighth, third, second, and first nationally. Kurt met his wife, Shelly, at Augsburg. They have a 17-year-old daughter named Hannah, a 14-year-old son named Zachary, 11-year-old daughter named Erin, and a 8-year-old named Luke. Kurt and his family reside in Apple Valley. When not involved with school related activities, Kurt enjoys spending his time hunting, fishing, and weight training.



Nick Fornicoia – Assistant Coach

Nick Fornicoia is entering his fifteenth year at Eastview High School. He is an English teacher, Television Production Teacher, weight room instructor, and assistant wrestling coach. Fornicoia wrestled for Augsburg College and captured an individual National Championship his senior year. Fornicoia finished his career as a three-time All-American. In his era, the Auggies placed second, first, second, and first in four national tournaments. Coach Fornicoia is the Publicity Chair for the Minnesota Wrestling Coaches Association. Fornicoia enjoys reading and watching the Minnesota Twins in the off season. Nick and his wife Mara have a daughter, Sofia.



Travis Lee – Assistant Coach

Travis Lee, originally from Kensington, MN, is in his fourteenth year as a math teacher and assistant wrestling coach at Eastview High School. In addition to teaching Algebra 1 and Geometry, he coaches 9th grade football. Travis is the EVAA youth wrestling program director. Another fellow Auggie, Coach Lee was a four year Academic Club member. He wrestled at Augsburg College when their national runs ended at fourth, first, second, and first place nationally. In high school, Travis earned four trips to the state tournament. In addition to this, he was a two-time Academic All State award winner. Lettering in football and golf rounded out his high school athletic career. Travis enjoys teaching math and coaching, but still finds time to read, watch movies, run, and participate in many outdoor activities. Travis and his wife, Sara, have a four year old son named Spencer and a two year old daughter named Emersen.



Todd Frost – Assistant Coach

Coach Todd Frost, is from New York Mills, MN, is in his eleventh year of teaching and coaching wrestling and football at Eastview High School. He comes to Eastview from Minnesota State University - Moorhead, where he played football for the Dragons. He is married and Todd and his wife Shannon live in Apple Valley. They have two kids Cole 7, and Aiden 4. While attending New York Mills High School Todd wrestled, mostly in the 189 lb weight class, and played football. He also participated in their freestyle and Greco wrestling clubs. Todd is the web-page developer for Eastview Wrestling Team. He grew up on a dairy farm owned by his family. Todd enjoys the outdoors and water sports.



Josh Nelson – Assistant Coach

Coach Josh Nelson is in his sixth year coaching at Eastview. He is a recent 2006 graduate of Eastview High School. Currently Josh lives in Eagan while he attends Metro State University. In High School Josh was a three time varsity starter, and was also captain senior year. In his free time he enjoys fishing, wakeboarding, snowboarding, working out, and watching movies.



Chad Eul – Assistant Coach

Chad is in his fifth year of coaching at Eastview. He graduated from Eastview in 2006 where he was a Captain and State Qualifier. While at Eastview Chad also participated in football and baseball. Chad graduated in May 2010 from Gustavus Adolphus College with a degree in Finance. While at Gustavus Chad competed on the Baseball Team.



Jarred McCarthy – Assistant Coach

Jarred McCarthy, from Farmington, Minnesota is starting his second year as an assistant wrestling coach here at Eastview. Jarred wrestled for Farmington High School with career highlights during his sophomore year, placing fourth in state and is junior year, winning state at 140lbs. Jarred also competed at Augustana College for three years as a 141/149 pounder. Aside from wrestling Jarred enjoys backpacking, canoeing, biking, and disc golf.



Dean Stockwell – Assistant Coach

Dean Stockwell, a native of Owatonna, Minnesota graduated from Mankato State University where he was a two year participant in a nationally ranked wrestling program. Dean moved to Apple Valley in 1996 and has been involved in the baseball, football and wrestling youth sports programs. 2011-12 will be Dean's third year as an assistant coach with the Ninth Grade program. Dean has been married to Jenna for 17 years and they have a 16 year old son, AJ and a 14 year old son, Adam. Dean has recently changed jobs and now works for the St. Paul Park Refining Company/SuperAmerica and when not involved with work or youth sports, enjoys hunting, fishing, reading and spending time with family.



Chad Wentzel – Assistant Coach

Coach Chad Wentzel is from Pipestone, MN. While in high school Chad wrestled in the heavy weight class and played football. He is in his second year assisting the Eastview wrestling program. He is also a coach in the football program. Coach Wentzel played football at Dakota State University in Madison, South Dakota for two seasons. He graduated from Minnesota State University-Mankato and has been teaching at a private school in Prior Lake for eight years. He is married to Julie and they have one child, Maddie, who is 2 years old. In his spare time he enjoys spending time with his family and outdoor activities.



Jake Nelson – Assistant Coach

Jake is coaching for the first time this year and is assisting with all levels. He is also the head coach of the Traveling wrestling program. He graduated from Eastview in 2007 and was a team captain and state participant his senior year. He is a recent graduate from the University of North Dakota with a Physical Education degree. Throughout this season he will also be student teaching at Eastview achieving his Health Education from Mayville State University.



Greg Dravis – Assistant Coach

Coach Greg Dravis, is in his twenty-sixth year of teaching Physical Education at Scott Highlands Middle School. He has also coached wrestling at SHMS, RHS and AVHS during that time. Raised in Staples, MN, Greg was a three-time state place winner in high school wrestling and was a two-time team State Champion. As a graduate of The University of Minnesota – Morris, he was a two year captain and completed his senior year as a NAIA Wrestling National Champion. Greg and his wife Traci, have two sons that attend Eastview High School, Derek and Casey. In Greg's spare time he likes to spend time with his family. He also enjoys northern Minnesota where he likes to hunt and fish.



Brad Okonek – Assistant Coach

Brad is an Eastview alumni and graduate from North Dakota State University, where he earned his Bachelor of Science degree in Industrial Engineering and Management. After graduation he returned to start a career as an engineer. Brad and his wife Natalie, now live in Farmington. In high school Brad was a four time letter winner, team captain and earned a trip to the state tournament. He is also a two time recipient of the John Rodin Service award for his involvement at all levels of the Eastview wrestling program. In his spare time Brad enjoys hunting, fishing and many other outdoor activities, he looks forward to his fifth year of coaching Eastview wrestling.



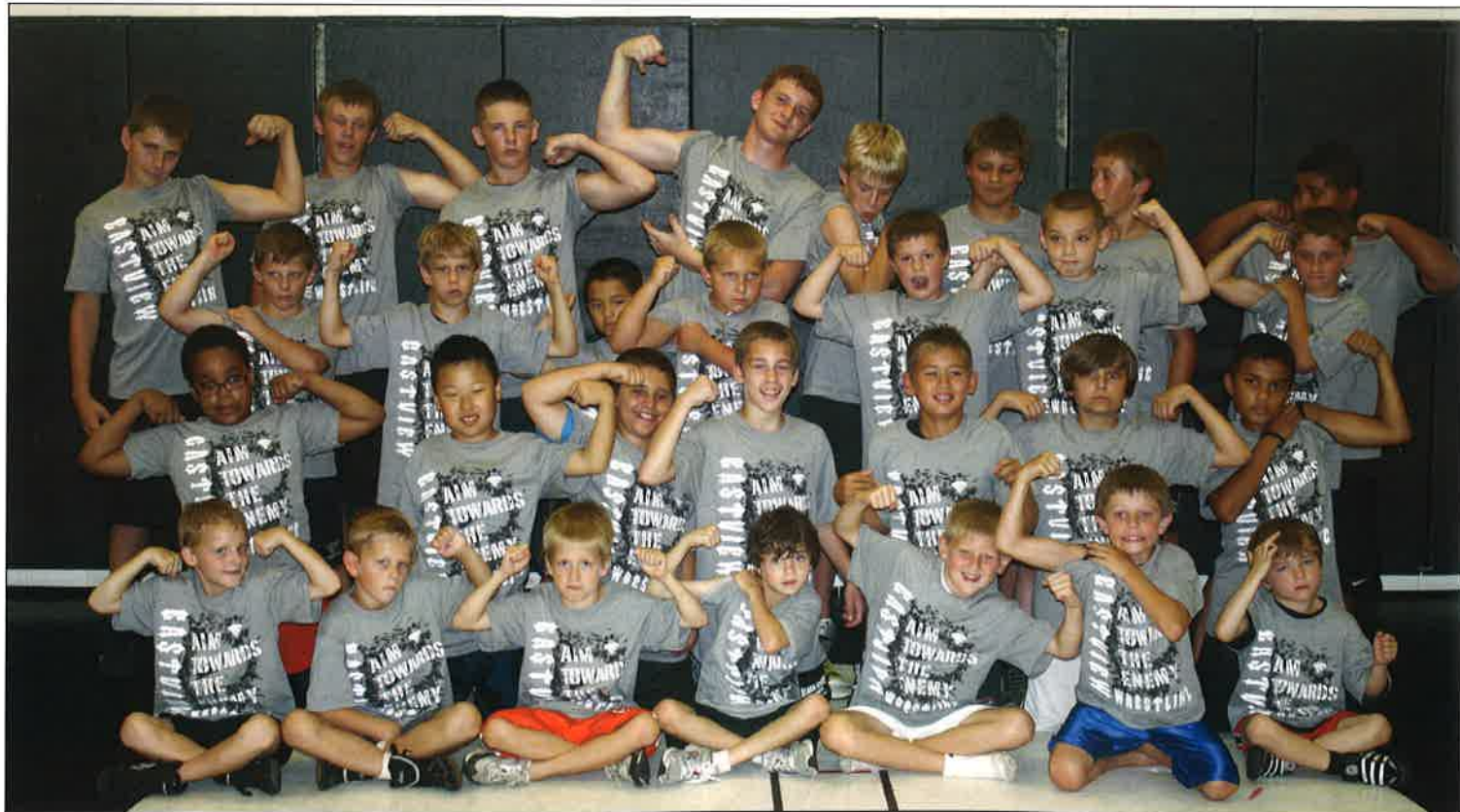
Doug Nelson – Athletic Trainer

Doug has been Eastview's Athletic Trainer since the opening of the school in 1997. Before coming to Eastview, Doug was an Athletic Trainer for Augsburg College, the Minnesota Twins, and for Brooklyn Center. Doug and his wife Becky have one daughter named Emily.

Nebraska Camp 2011



Eastview Camp 2011



Eastview Wrestling Programs 2011-2012



PRE-SEASON WRESTLING TRAINING SESSIONS

SEASON Sunday's - October 16, 23, 30, Nov. 6 @ Eastview
SESSIONS Sunday's, 5:00-6:00pm
AGES 3rd - 8th Grade
REGISTER Registrations begin Oct. 16th. Walk-ins accepted.
LEVELS Intermediate - Advanced
COST Free (For those in Traveling 1 Session) / \$20 for all others.
CONTACT Kurt Habeck kurt.habeck@district196.org (651) 683-6969 ext. 98669

FREE WRESTLING CLINICS

SEASON October 18, & (24 @ DP, TL) (25 @ GL) (26 HL, OR) Elementary Schools
 October 27 @ Eastview High School
SESSIONS 6:30-7:45pm
AGES K - 5th Grade
REGISTER Register by October 13th. Walk-ins accepted.
LEVELS Beginner - Intermediate - Advanced
COST FREE! Includes T-Shirt!
Free for ISD 196 students only.
CONTACT Travis Lee travis.lee@district196.org (651) 683-6969 ext. 98623

EVAA IN-HOUSE WRESTLING

SEASON November 1st - December 14th @ Eastview High School
SESSIONS Monday (K-6), Tuesday (K-2), Thursday (3-6)
AGES K - 6th Grade
REGISTER By Oct. 27th online or at the Eastview Wrestling Clinic.
LEVELS Beginner - Intermediate - Advanced
COST \$60 Includes T-Shirt!
CONTACT Travis Lee travis.lee@district196.org (651) 683-6969 ext. 98623

EASTVIEW TRAVELING SESSION #1

SEASON November 9 (wed), 15, 22, 29, December 6, 13, 20 @ Eastview H.S.
SESSIONS Mostly Tuesday's, 7:00-8:30 pm & Saturday Tournaments
AGES 3rd - 8th Grade (EVAA & Middle School Wrestlers encouraged to attend)
REGISTER Register by November 8th. Walk-ins accepted.
LEVELS Intermediate - Advanced
COST \$45 Includes Pre-Season Sessions & Long Sleeve T-Shirt
CONTACT Kurt Habeck kurt.habeck@district196.org (651) 683-6969 ext. 98669

EASTVIEW TRAVELING SESSION #2

SEASON December 20th - March @ Eastview High School
SESSIONS Tuesday's & Thursday's (K-2 = 1-2X week) (3-8 = 2X week)
AGES K - 2nd Extension of In-House, 3rd - 8th Traveling Program
REGISTER Register by the December 14th parent meeting. Walk-ins accepted.
LEVELS K - 2nd (All Levels), 3rd - 8th (Intermediate - Advanced Levels)
COST K - 2nd = \$65; 3rd - 8th = \$75, + Tourney Fee(s). Includes T-Shirt & Shorts
CONTACT Travis Lee travis.lee@district196.org (651) 683-6969 ext. 98623

THUNDERBOLTS FREESTYLE WRESTLING

SEASON March - April, @ Eastview High School
SESSIONS Tuesday's & Thursday's
AGES 1st - 12th Grade
REGISTER Register by March 8th. Walk-ins accepted.
LEVELS Intermediate - Advanced
COST \$65, Includes T-Shirt & Thunderbolts Tourney!
CONTACT Travis Lee travis.lee@district196.org (651) 683-6969 ext. 98623

EASTVIEW SUMMER WRESTLING SESSIONS

SEASON June & July, @ Eastview High School
SESSIONS 13-15 Select Dates, Tuesday's & Thursday's
AGES 6th - 12th Grade (2012-2013 School Year)
REGISTER Register by June 1st. Walk-ins accepted.
LEVELS Beginner - Intermediate - Advanced
COST \$30 Includes T-Shirt!
CONTACT Kurt Habeck kurt.habeck@district196.org (651) 683-6969 ext. 98669

EASTVIEW SUMMER WRESTLING CAMP

SEASON July 16-19, @ Eastview High School
SESSIONS Monday-Tuesday-Wednesday-Thursday
AGES 1st - 9th Grade (2012-2013 School Year)
REGISTER Register by July 13th. Walk-ins accepted.
LEVELS Beginner - Intermediate - Advanced
COST \$50, includes T-Shirt!
CONTACT Kurt Habeck kurt.habeck@district196.org (651) 683-6969 ext. 98669



Eastview Lightning KIDS FOLKSTYLE Tournament

Saturday, December 3rd, 2011

Grades Pre-K – 8th



Location:

Eastview High School
6200 140th St. West
Apple Valley, MN 55124
Enter Lower SW Entrance, Door #1

Tournament Procedures:

- Folkstyle Rules
- Divisions based on Grade, Weight, & Program
- Abilities *may* be considered based on win %...
Beginner < .500, Intermediate > .500, Advanced > .750
- Four Man Round Robin (3 matches)
- Remain on the mat until finished
- Pre-K – 5th Grade... 1:00 periods (H.S. Overtime)
- 6th – 8th Grade... 1:30 periods (H.S. Overtime)

Awards:

- Large Trophies for 1st – 4th Place
- Awards immediately after wrestling.

Folkstyle Tournament

Date: Saturday, December 3rd, 2011
Age: Grades Pre-K – 8th
Weigh-Ins: 8:00 am – 9:00 am
Wrestling Begins: 10:00 am
Location: Eastview High School
Entry Fee: \$12.00 / Wrestler
Adults \$5.00
Seniors & Students \$3.00
Kids 10 & under are Free
Contact: Dean Stockwell
(H) 952-322-2259
dean_stockwell@urscorp.com

Mark your calendar's today!

300+ PARTICIPANTS EACH YEAR
Facilities can hold 500 kids and still be done by 1:30 pm.
Quality officiating!
Great competition!
Concessions available all day!



EV Wrestling Clinic 2011

Diamond Path Elementary



K - 2nd Grade



3rd - 6th Grade

Greenleaf Elementary



K - 2nd Grade



3rd - 6th Grade

Highland Elementary



K - 2nd Grade



3rd - 6th Grade

Oak Ridge Elementary



K - 2nd Grade



3rd - 6th Grade

Thomas Lake Elementary



K - 2nd Grade



3rd - 6th Grade

EVAA Wrestling 2011

K - 2nd Grade



EV Cornhuskers

3rd - 6th Grade



EV Cornhuskers



EV Cowboys



EV Cowboys



EV Cyclones



EV Cyclones



EV Tigers



EV Tigers

Middle School Wrestling



Black Hawk Middle School

Coaches: Mike Hogan, Nick Cobbett



BLACK HAWKS PANTHERS

Yu Yang
Logan Tse
Gavin Greenlee
Kelton Vavrosky
Ryan Gallagher
Xavier Rosenbloom
Cole Bielefeldt
Devon Rogers
Troy Stahl
Kavrin McGuire
Grant Hartman

Ryan Moran
Devin Dagendesh
Adam Larson
Zach Keogh
Tom Olson
Patrick Beck
Will Cobbett
Matt Martens
Kyle Anderson
Yeng Yang

Falcon Ridge Middle School

Coaches: Eric Bartosh, Vernon Neal

FALCON RIDGE FALCONS

Robert Slinger
TJ Savage-Rath
Keylin Lewis
Mitchell Budreau
Noah Vesey
Shahid Dagane
Tait David
Tanyi Besong
Taylor Moynihan

Tim Duffy
Arthur Quinones
Max Almgren
Raymond Jackson
John Reilly
Mohammed Musa
Brendan Fornacek
Hamsa Yusuf
Romeo Inamagua



Scott Highlands Middle School

Coaches: Scott Cave, Rob Thull

SCOTT HIGHLANDS Saints

Kaiden Paulson
Kyle Kindy
Reuben Cephus
Sam Carlson
T.J. Kueffler
Anthony Ricci
Josh Lorenz
Alex Tweeton
Alex Lindstrom
Matthew Schumann
Blaine Johnson
Zach Scholler
Mario Rodriguez
Hudson Boe
Alex Payette
Jeremiah Smith
Dylan Johnson

Nairobi Williams
Knowledge Gutierrez
Kyle Lovejoy
Tommy Ly
Lorenzo Gardner
Mac Roberts
Taylor Pivec
John Allstot
Mike Delich
Jackson Hales
Nate Moore
Jacob Pearson
Anthoni Bounleutay
Mike Abebe
Dan Agbator
Austin Forman

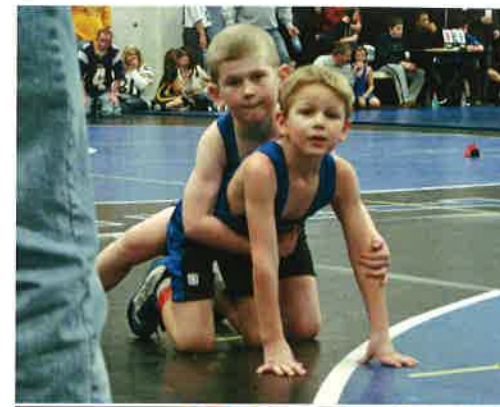


K - 8th Grade Traveling Wrestling

December – March • Program Directors: Cory Wagner & Steve Praus

K-2nd Coaches: Kurt Habeck & Todd Frost • 3rd-8th Coaches: Jake Nelson, Adam Fokken & Minh Huynh

This program is a traveling program for wrestlers that have an interest in developing wrestling skills and participating in tournaments. The program will participate in State Team and Individual Tournaments.





Minnesota Wrestling 2011

Traveling Program & Thunderbolts Program



GRADE	NAME	PLACE	STATE
PreK	Jordan Hecht	Participant	MYAS
4	Gage Greenlee	Participant	MYAS
5	Eric Schmidt	Participant	MYAS
6	Mike Delich	Participant	MYAS
6	Knowledge Gutierrez	Participant	MYAS
6	Alex Lindstrom	Participant	MYAS
8	Tom Delich	3rd	MYAS
8	Sam Penders	Participant	MYAS
8	Zach Praus	5th	MYAS
12	Mitch Rechtzigel	Participant	MN/USA

Off-Season Training Club 2011



Off-Season Training Club Members 2011

Gold	Anthony Munos
Gold	Mitch Rechtzigel
Silver	Jacob Rukavina
Silver	Nick Pegelow
Silver	Matt Ladd
Bronze	Brendan Cole
Bronze	Chris Bechly
Bronze	BJ Groskreutz
Bronze	Adam Foreman
Bronze	Jack Buck

EASTVIEW WRESTLING 2010-2011 HIGHLIGHTS

The Varsity Team...

- Earned Academic Gold Recognition with a team GPA of 3.79
- Earned 14 hard fought victories for a 4th place finish in the South Suburban Conference
- Had 5 wrestlers earn All Conference Honorable Mention and 2 earn All Conference Honors
- Participated in Super Section 3AAA and had 8 section place winners
- Had 30 wrestlers get an opportunity to wrestle on varsity with 9 wrestlers earning at least 15 wins
- Earned 283 match wins, 1384 team points, 137 falls, and 501 takedowns

Pre-Season Training Session – 2011



Travel Session 1 – 2011



2010-2011 Dual Meet Results

Varsity Dual Meet Results

Overall Record:	14 Wins	13 Losses
Conference Record:	4 Wins	4 Loss
Eastview 48	St. Paul Central	24 Win
Eastview 21	Stillwater	50 Loss
Eastview 54	Spring Lake Park	21 Win
Eastview 0	Simley	68 Loss
Eastview 38	Dover Eyota	28 Win
Eastview 36	Bloomington	32 Win
Eastview 32	Northfield	30 Win
Eastview 33	Faribault	35 Loss
Eastview 38	Lakeville South	37 Win
Eastview 15	Apple Valley	56 Loss
Eastview 75	Orono	6 Win
Eastview 40	Minnetonka	22 Win
Eastview 25	Lakeville North	49 Loss
Eastview 24	Rosemount	39 Loss
Eastview 24	Eden Prairie	44 Loss
Eastview 19	Shakopee	50 Loss
Eastview 39	Chaska/Chanhassen	31 Win
Eastview 26	Eagan	36 Loss
Eastview 24	Prior Lake	42 Loss
Eastview 44	Burnsville	26 Win
Eastview 41	Tartan	33 Win
Eastview 44	Lakeville North	24 Win
Eastview 42	Armstrong	33 Win
Eastview 18	White Bear Lake	50 Loss
Eastview 39	Fridley	32 Win
Eastview 28	Henry Sibley	43 Loss
Eastview 24	Henry Sibley	39 Loss

Team Tournaments

Eastview Duals	3rd Place
Richfield Tournament	2nd Place
Armstrong	3rd Place

Individual Tournaments

Bi-State Classic	12th Place
Burnsville Invitational	2nd Place
Eastview Invitational	7th Place

Junior Varsity Dual Meet Results

Overall Record:	16 Wins	8 Losses
Conference Record:	5 Wins	3 Loss
Eastview 42	St. Paul Central	12 Win
Eastview 30	Stillwater	42 Loss
Eastview 42	Spring Lake Park	12 Win
Eastview 18	Simley	63 Loss
Eastview 30	Dover Eyota	15 Win
Eastview 24	Kennedy	33 Loss
Eastview 54	Fairbault	27 Win
Eastview 36	Lakeville South	42 Loss
Eastview 27	Apple Valley	28 Loss
Eastview 42	Armstrong	39 Win
Eastview 45	Maple Grove	30 Win
Eastview 22	Minnetonka	30 Loss
Eastview 36	Como Park	42 Loss
Eastview 39	Henry Sibley	45 Loss
Eastview 42	Rosemount	42 Win
Eastview 67	Eden Prairie	40 Win
Eastview 38	Shakopee	30 Win
Eastview 46	Chaska/Chanhassen	24 Win
Eastview 49	Eagan	15 Win
Eastview 33	Prior Lake	27 Win
Eastview 54	Burnsville	18 Win
Eastview 36	Tartan	36 Win
Eastview 52	Lakeville North	35 Win
Eastview 48	Henry Sibley	30 Win

Freshman Dual Meet Results

Overall Record:	6 Wins	13 Losses
Section Record:	4 Wins	5 Loss

Section Duals

Eastview 66	Park	30 Win
Eastview 48	Henry Sibley	42 Win
Eastview 38	Simley	45 Loss
Eastview 36	Richfield	36 Loss
Eastview 30	Rosemount	45 Loss
Eastview 54	Tartan	36 Win
Eastview 15	Hastings	57 Loss
Eastview 15	Eagan	61 Loss
Eastview	East Ridge	Win

Rosemount Duals Consolation Champs

Eastview 28	Lake City	55 Loss
Eastview 18	Hastings	74 Loss
Eastview 27	Owatonna	57 Loss
Eastview 18	Apple Valley	70 Loss

Eastview Tourney 4th Place

Eastview 51	Mounds View	18 Win
Eastview 9	Hastings	78 Loss
Eastview 42	Farmington	39 Win
Eastview 16	Rosemount	48 Loss

Team State Tournament 13th Place

Eastview 12	Frazee	69 Loss
Eastview 24	Becker	60 Loss

2011-2012 Team Managers



2011 Team Recognition

LETTER WINNERS

Luke Dodd	EV		
Peter Lesch	EV		
Tyler Lindgren	EV		
Jacob Rukavina	EV	EV	
Jonathan Lenz		EV	
Patrick Mako		EV	
Vince Metz		EV	
Jack Penders		EV	
Anthony Munos	EV	EV	EV
David Phomphackdy	EV		
Kyle Schumann	EV		
Jon Watson		EV	
Myles Witcher		EV	
Chris Bechly		EV	EV
Brendan Cole		EV	EV
Edgar Garcia		EV	
BJ Groskreutz		EV	EV
Levi Groskreutz	EV	EV	
Matt Henning		EV	EV
Greg Howard		EV	EV

Mathew Ladd	EV	EV	
Mitch Rechtzigel	EV	EV	EV
Derek Becker		EV	
Josh Blake		EV	EV
Erik Ehresmann	EV	EV	EV
Jack Lesch		EV	EV
Alex Mitchell		EV	
Mike Schliesman	EV	EV	
Ben Schmitz		EV	EV
Marcus Shaw		EV	

MANAGERS

Derek Dravis		EV	
Tony Metz		EV	EV
Sara Boese		EV	
Veronica Elling	EV		
Kayla Hutsell		EV	

ALL CONFERENCE

Mitch Rechtzigel	
Erik Ehresmann	

ALL CONFERENCE HONORABLE MENTION

BJ Schmitz
Anthony Munos
Ben Schmitz
Josh Blake
Edgar Garcia

LAKE CONFERENCE RECORDS

Apple Valley	8-0
Prior Lake	7-1
Rosemount	6-2
Eastview	4-4
Bloomington	4-4
Lakeville South	3-5
Burnsville	2-6
Eagan	2-6
Lakeville North	0-8

South Suburban Conference - 2010-2011

SOUTH SUBURBAN CONFERENCE STATE PLACE WINNERS

WT	NAME	PLACE	TEAM
103	Seth Gross	3rd	Apple Valley
103	Tanner Johnshoy	2nd	Prior Lake
112	Jordan Kingsley	1st	Apple Valley
119	Sam Brancale	3rd	Eden Prairie
125	Dakota Trom	1st	Apple Valley
125	Zach Goldberg	4th	Lakeville North
130	Mark Hall	1st	Apple Valley
130	Brady Johnshoy	2nd	Prior Lake
135	Matt Kelliher	1st	Apple Valley
135	Matt Kahnke	5th	Prior Lake
140	Brandon Kingsley	1st	Apple Valley
145	Daniel Woiwor	2nd	Apple Valley
145	Tanner Carlisle	6th	Prior Lake
152	Destin McCauley	1st	Apple Valley
152	Adam Jackson	2nd	Rosemount
160	Steven Keogh	2nd	Apple Valley
160	Anton Kalista	6th	Lakeville North
171	Jake Waste	1st	Apple Valley
189	Matt Hechsel	3rd	Apple Valley
189	Joshua Vaughan	4th	Bloomington
189	Tom Peterson	6th	Lakeville South
215	Zane Peterson	1st	Lakeville South

SOUTH SUBURBAN CONFERENCE 2010-2011 RECORDS

Apple Valley	8-0
Prior Lake	7-1
Rosemount	6-2
Eastview	4-4
Bloomington	4-4
Lakeville South	3-5
Burnsville	2-6
Eagan	2-6
Lakeville North	0-8

SOUTH SUBURBAN CONFERENCE TEAMS 2010-2011

Apple Valley
Bloomington
Burnsville
Eagan
Eastview
Lakeville North
Lakeville South
Prior Lake
Rosemount

Most Valuable Varsity Wrestler of the Year

Mitch Recthzigel

Most Valuable Junior Varsity Wrestler of the Year

Matt Henning

Most Valuable Freshman Wrestler of the Year

Jacob Rukavina

Most Improved Wrestler of the Year

Anthony Munos / Josh Blake

Most Improved Freshman Wrestler of the Year

Billy Marks

Freshman Team

Most Valuable Wrestler

Jack Buck

Scholar Athlete Award

Ben Schmitz

Lightning Award

Erik Ehresmann

Junior Varsity – Varsity Drill Partner Award

Jonathan Lenz

Freshman Drill Partner Award

Jordan Swanson

2011 Season Awards

3-D Club Membership

Jonathan Lenz
Vince Metz
BJ Groskreutz
Mitch Rechtzigel
Erik Ehresmann
Jacob Rukavina
Patrick Mako
Jack Penders
David Phomphackdy
Josh Blake
Ben Schmitz
Anthony Munos

Freshman 3-D Club Membership

Kenny Kirkman
Billy Marks
Jack Buck

Academic Club – Gold (3.6-4.0)

Luke Dodd
Sam Penders
Alex Dahm
Billy Marks
Nick Pegelow
Dexter St. Pierre
Jonathan Lenz
Jack Penders

BJ Groskreutz
Matthew Ladd
Ben Schmitz
Hannah Habeck
Derek Dravis
Ashley Nelson
Kayla Hutzell
Casey Dravis
Zach Praus
Erik Kersten
Shun Matsushashi
Jacob Rukavina
Jordan Swanson
Patrick Mako
Kyle Schumann
Greg Howard
Mitch Rechtzigel
Kallie Smith
Courtney Hopps
Annie Ehresmann
Veronica Elling

Academic Club – Silver (3.0-3.59)

Tom Delich
Isaiah Ballinger
Thomas Burgess
Kenny Kirkman
Peter Lesch
Alex Bertell
Blake Harris

John Rodin Service Award

Levi Groskreutz

Most Wins

V	Mitch Rechtzigel	33
JV	Matthew Ladd	25
9th	Jack Buck	19

Most Falls

V	Erik Ehresmann	26
JV	Matt Ladd	17
9th	Jack Buck	10

Most Takedowns

V	Mitch Rechtzigel	113
JV	Matthew Ladd	30
9th	Jack Buck	18

Most Team Points

V	Erik Ehresmann	171
JV	Matthew Ladd	132
9th	Jack Buck	99

Section 3AAA - 2011

SECTION 3AAA STATE PLACE WINNERS

WT	NAME	PLACE	TEAM
103	Seth Gross	3rd	Apple Valley
103	Luke Rowh	5th	Hastings
112	Jordan Kingsley	1st	Apple Valley
119	Corey Latuff	2nd	Hastings
125	Dakota Trom	1st	Apple Valley
125	Eric Bauer	3rd	Hastings
130	Mark Hall	1st	Apple Valley
135	Matt Kelliher	1st	Apple Valley
140	Brandon Kingsley	1st	Apple Valley
140	Colton LaChance	2nd	Hastings
145	Zach Rohr	1st	Hastings
145	Daniel Woiwor	2nd	Apple Valley
152	Destin McCauley	1st	Apple Valley
152	Adam Jackson	2nd	Rosemount
160	Steven Keogh	2nd	Apple Valley
160	Tyrell Martin	3rd	Henry Sibley
171	Jake Waste	1st	Apple Valley
171	Jake Swenson	4th	Hastings
189	Matt Hechsel	3rd	Apple Valley
215	Isaac Eichmann	2nd	Hastings

SECTION 3AAA TOURNAMENT RESULTS

WT	NAME	PLACE
125	Chris Bechly	4th
135	BJ Groskreutz	4th
140	Anthony Munos	4th
145	Ben Schmitz	4th
152	Mitch Rechtzigel	4th
171	Josh Blake	3rd
189	Derek Becker	6th
215	Erik Ehresmann	5th

SECTION 3AAA INDIVIDUALS

TEAM	POINTS
1 Apple Valley	274.5
2 Hastings	191
3 Henry Sibley	105
4 Eagan	93
5 Rosemount	88.5
6 Park	78
7 Eastview	69
8 Burnsville	49

SECTION 3AAA TEAMS

Apple Valley
Burnsville
Eagan
Eastview
Hastings
Henry Sibley
Park
Rosemount

VARSITY CAREER
RECORDS

FALLS

Adam Fokken	'01	83
Scott Hogan	'09	66
Ryan Langlais	'04	55

WINS

Adam Fokken	'01	147
Ryan Langlais	'04	139
Scott Hogan	'09	129

TEAM POINTS

Adam Fokken	'01	727
Ryan Langlais	'04	621
Scott Hogan	'09	606

TAKEDOWNS

Ryan Langlais	'04	449
Adam Fokken	'01	349
Mitch Rechtzigel	'11	278

NEAR FALLS

Mikey Fornicoia	'02	166
Minh Huynh	'06	148
Scott Hogan	'09	145

REVERSALS

Adam Fokken	'01	92
Josh Weinberg	'10	87
Mikey Fornicoia	'02	84

VARSITY SEASON
RECORDS

FALLS

Adam Fokken	'01	28
Nate Kocer	'03	28
Erik Ehresmann	'11	26

WINS

Adam Fokken	'01	38
Scott Hogan	'09	37
Ryan Langlais	'04	37
John Makabe	'06	37

TEAM POINTS

Adam Fokken	'01	200
Nate Kocer	'03	199
John Makabe	'06	190

TAKEDOWNS

Ryan Langlais	'04	134
Adam Fokken	'01	119
Mitch Rechtzigel	'11	113

NEAR FALLS

Mikey Fornicoia	'02	79
Josh Weinberg	'10	73
Minh Huynh	'05	56

REVERSALS

Josh Weinberg	'10	41
Kevin McBride	'02	38
Adam Fokken	'09	28
Nate Kocer	'02	28

2010-2011 Varsity Statistics

Wrestler	Win	Loss	T2	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Chris Bechly	18	20	38	31	16	3	6	1	1	5	78
Derek Becker	13	18	27	34	8	2	6	1	0	5	58
Josh Blake	27	14	31	31	24	14	12	4	1	16	141
Brendan Cole	2	11	7	10	5	4	0	1	0	1	10
Luke Dodd	4	17	9	13	3	3	3	0	0	3	21
Erik Ehresmann	30	10	44	16	3	5	12	2	2	24	171
Edgar Garcia	16	21	16	10	3	1	3	0	0	8	84
BJ Groskreutz	25	16	34	36	17	10	16	3	0	7	102
Levi Groskreutz	8	11	14	10	1	6	5	0	1	6	44
Matt Henning	7	13	14	9	9	4	10	2	0	3	38
Greg Howard	4	8	9	2	2	2	5	0	0	3	22
Matthew Ladd	2	1	4	1	2	2	3	1	0	1	10
Marshall Lang	1	0	0	0	0	0	0	0	0	0	6
Jonathan Lenz	8	10	15	30	4	1	2	0	0	7	45
Jack Lesch	0	2	2	2	0	0	0	0	0	0	0
Peter Lesch	11	24	10	6	3	2	4	2	0	3	62
Tyler Lindgren	6	26	3	4	6	0	0	0	0	2	33
Patrick Mako	1	0	0	0	0	0	0	0	0	0	6
Vince Metz	3	7	4	4	2	0	0	1	0	1	16
Anthony Munos	23	18	38	34	26	13	21	5	0	9	110
Jack Penders	0	3	3	3	1	0	0	0	0	0	0
Mitch Rechtzigel	33	8	113	37	12	9	15	5	3	9	140
Jacob Rukavina	19	20	36	32	11	4	11	1	0	10	91
Mike Schliesman	0	1	0	1	0	0	0	0	0	0	0
Ben Schmitz	19	19	31	38	14	9	12	4	1	4	78
Dexter St. Pierre	0	5	1	5	0	0	0	0	0	0	0
Jerel Warren	1	0	0	0	0	0	0	0	0	0	6
Jon Watson	1	3	1	4	1	0	0	0	0	1	6
Myles Witcher	1	0	0	0	0	0	0	0	0	0	6
Hussein Yusaf	0	4	0	1	0	0	0	0	0	0	0

SEASON TEAM TOTALS

	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Points
Eastview Team Totals	283	310	504	404	173	94	146	33	9	128	1384
Opponents Totals	310	283	643	272	194	104	180	32	10	176	1521

2010-2011 Junior Varsity Statistics

Wrestler	Win	Loss	T2	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Elijah Ballinger	1	9	2	3	1	0	0	0	0	1	6
Isaiah Ballinger	1	3	1	3	1	0	0	0	0	0	6
Alex Bertell	4	18	1	0	1	1	0	0	0	1	24
Justin Boschwitz	2	2	3	2	1	0	0	0	0	1	12
Jack Buck	2	5	3	3	0	0	1	0	0	2	12
Gavin Carlson	2	4	7	0	0	1	0	0	0	1	12
Brendan Cole	21	1	28	9	15	5	14	2	0	9	101
Brandon Cordova	1	3	1	1	1	0	0	0	0	1	6
Tom Delich	4	5	13	6	2	4	1	1	0	2	19
Luke Dodd	3	1	9	4	5	3	3	0	0	3	27
Aaron Foreman	0	3	0	2	1	0	0	0	0	0	0
Will Gibson	10	13	19	13	9	1	3	0	0	5	54
Levi Groskreutz	3	1	5	3	1	0	2	0	0	1	15
Blake Harris	3	8	4	3	2	1	1	0	0	2	12
Matt Henning	14	2	22	5	13	10	18	3	1	9	89
Greg Howard	10	5	14	7	2	1	3	0	0	9	57
Erik Kersten	0	3	0	0	0	0	0	0	0	0	0
Kenny Kirkman	5	10	12	6	2	2	3	0	0	4	27
Andrew Krisher	1	1	5	1	2	0	1	0	0	1	6
Matthew Ladd	25	7	30	19	17	7	11	0	0	17	132
Marshall Lang	7	4	8	1	4	1	0	0	0	4	39
Jonathan Lenz	12	1	18	3	5	4	3	3	0	3	57

JUNIOR VARSITY
SEASON RECORDS

FALLS

James Pudwill	'06	28
Justin Armstrong	'06	27
Scott Kenning	'06	25

WINS

Andrew Lenertz	'02	31
Tom Chies	'03	30
Fred Hwang	'03	30

TEAM POINTS

Andrew Lenertz	'02	175
James Pudwill	'06	171
Justin Armstrong	'06	165

TAKEDOWNS

Mike Redig	'06	65
Nathaniel Carroll	'05	50
Alec Teagarden	'10	45

NEAR FALLS

Josh Weinberg	'08	46
Kyle Fokken	'02	39
Bryan Okonek	'06	35

REVERSALS

Mike Redig	'06	26
Josh Weinberg	'08	22
Brian Wallenta	'04	22

FRESHMAN
SEASON RECORDS

FALLS

Bona Ku	'01	16
Ty Groskreutz	'06	15
Joey Scott	'07	15

WINS

Bryan Okonek	'05	25
Joey Scott	'07	24
Bryan Lewis	'00	23

TEAM POINTS

Joey Scott	'07	128
Bryan Okonek	'05	118
Troy Fokken	'03	117

TAKEDOWNS

Bryan Lewis	'00	80
Trever Sutherland	'05	68
Bona Ku	'01	61

NEAR FALLS

Nathaniel Carroll	'03	26
Minh Huynh	'03	23
Kyle Fokken	'01	22

REVERSALS

Kyle Fokken	'01	17
Andrew Nelson	'03	15
Nathaniel Carroll	'03	15
Nick Mako	'06	15

2010-2011 Junior Varsity Statistics (Continued)

Wrestler	Win	Loss	T2	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Jack Lesch	23	8	25	21	14	4	9	0	0	8	123
Patrick Mako	18	15	13	8	11	3	3	1	0	13	103
Billy Marks	4	2	5	0	1	1	2	0	0	4	24
Joe Martens	6	14	7	6	3	2	0	0	0	2	33
Shun Matsuhashi	1	3	2	0	0	0	0	0	0	1	6
Vince Metz	12	11	15	7	8	7	3	1	0	8	62
Alex Mitchell	16	4	19	4	4	3	3	0	0	11	84
Nick Pegelow	3	4	2	6	0	0	1	0	0	3	18
Jack Penders	21	12	26	19	9	4	8	2	0	11	104
David Phomphackdy	3	12	3	12	2	0	2	0	0	3	18
Rory Roark	0	3	0	0	0	0	0	0	0	0	0
Mike Schliesman	16	5	18	10	9	3	10	2	0	8	77
Kyle Schumann	15	4	19	5	5	3	5	0	0	11	81
Marcus Shaw	5	0	2	0	1	0	0	0	0	3	30
Dexter St. Pierre	5	19	12	8	10	1	2	1	0	1	20
Jordan Swanson	4	3	5	0	3	1	2	0	0	3	21
Zach Wahlen	1	5	2	5	1	1	0	0	0	1	6
Jerel Warren	8	2	12	3	4	1	0	1	0	2	37
Jon Watson	6	8	5	3	7	2	1	0	0	3	31
Myles Witcher	12	11	26	13	13	2	6	0	1	5	53
Hussein Yusaf	9	10	8	3	2	1	0	0	0	7	54
Nick Zelenak	10	1	13	4	1	0	2	0	0	7	54

TOTALS	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Points
Eastview Team Totals	334	270	444	231	193	80	123	17	2	191	1752.60
Opponents Totals	270	334	494	185	144	85	108	8	0	187	1415.00

2010-2011 Freshman Statistics

Wrestler	Win	Loss	T2	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Isaiah Ballinger	2	15	0	4	1	0	0	0	0	0	12
Jack Buck	19	6	18	7	9	2	9	0	0	10	99
Thomas Burgess	4	6	3	3	2	2	2	0	0	2	21
Gavin Carlson	4	8	4	3	2	0	2	0	0	4	24
Brandon Cordova	0	6	1	3	1	0	0	0	0	0	0
Alex Dahm	3	5	4	0	4	1	1	0	0	2	18
Eddy Delgado	6	13	12	13	4	3	1	0	0	3	34
Tom Delich	8	7	17	18	4	4	4	2	0	3	38
Luke Dodd	2	2	9	1	5	2	3	0	0	5	43
Casey Dravis	1	4	1	4	1	1	0	0	0	1	6
Aaron Foreman	7	6	10	6	1	4	2	1	0	1	28
Brett Hestness	3	12	3	3	0	1	1	0	0	1	15
Erik Kersten	2	4	3	1	0	0	2	1	0	1	10
Kenny Kirkman	5	6	7	7	1	2	0	1	0	2	25
Andrew Krisher	7	7	8	7	3	0	3	1	0	2	37
Trey Kuefler	1	2	1	1	1	1	0	0	0	0	6
Peter Lesch	2	0	2	0	0	0	4	0	0	2	12
Tyler Lindgren	2	4	1	0	4	2	1	0	0	1	12
Billy Marks	13	9	13	6	11	7	5	0	0	6	63
Shun Matsuhashi	6	7	5	1	2	1	1	0	0	4	36
Nick Pegelow	10	6	11	7	3	0	1	0	0	6	57
Sam Penders	0	1	0	0	0	0	0	0	0	0	0
Zach Praus	1	2	1	0	3	1	0	0	0	0	3
Willie Rains	2	1	2	0	3	0	0	0	0	0	6
Rory Roark	4	4	4	1	3	0	2	0	0	3	24
Sam Rosario	1	12	2	0	1	1	0	0	0	0	6
Dexter St. Pierre	1	16	3	8	0	1	1	0	0	1	6
Jordan Swanson	7	5	10	2	2	4	1	0	0	2	30
Zach Wahlen	2	9	0	1	0	0	0	0	0	1	12
Jerel Warren	12	6	14	9	4	2	3	1	0	8	64
Kyle Weisse	0	3	0	0	0	0	0	0	0	0	0
TOTALS	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Points
Eastview Team Totals	143	196	169	116	75	42	49	7	0	71	747
Opponents Totals	196	143	277	69	68	56	65	7	0	148	1032

Eastview Distinguished Athletes



Adam Fokken
Football, Wrestling & Track
2001 Athlete of the Year
2001 Scholar Athlete
2000 4th Place State - 189 lbs.
2001 State Champion - 189 lbs.



Ryan Langlais
Football, Wrestling & Baseball
2004 Athlete of the Year
3X State Qualifier
2004 Section Champion - 160 lbs.



Ryan Ruckdashel
Football, Wrestling & Track
Distinguished Athlete & Scholar
2004 MSHSL EXCEL Winner
2005 State Qualifier & Team Captain



Scott Hogan
Soccer & Wrestling
Distinguished Athlete
129 Career Wins
Team Captain



Ty Groskreutz
Football, Wrestling & Baseball
2001 Scholar Athlete
3 Sport Letter Winner
Team Captain



Cody Groskreutz
Wrestling & Baseball
Athlete of the Year
82 Career Wins
Team Captain 2010



Ben Schmitz
Wrestling & Soccer
Distinguished Scholar Athlete
Section Place Winner
Team Captain 2011

2011 Alumni



Wall of Excellence

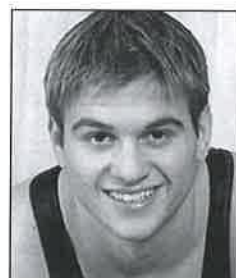
Criteria: State Place Winner, finish the program in good standing, and graduate from Eastview High School.



Tony Rodin
1998 - 4th Place
125 lbs.



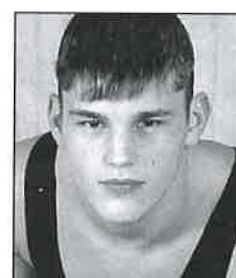
Adam Fokken
2000 - 4th Place 189 lbs.
2001 - State Champ 189 lbs.



Mikey Fornicoia
2002 - 6th Place
130 lbs.



John Getzke
2003 - 5th Place
152 lbs.



Nate Kocer
2003 - 6th Place
189 lbs.



Minh Huynh
2005 - 4th Place
103 lbs.

Section Champions

Mikey Fornicoia, Tony Rodin, Adam Fokken, David Rasmussen,
James Voyles, Nate Kocer, Ryan Langlais, Nels Pederson

Season Captains & Team Motto

Year	Captains	Motto
1998	Matt McDonald, Joe Theisen	Lightning Strikes
1999	Tony Rodin, Joe Theisen	Attitude and Effort
2000	Nate Ernst, Brad Okonek, Adam Fokken	Team 2000: Paving the Way
2001	Adam Fokken, Mikey Fornicoia	Courage to Succeed
2002	Mikey Fornicoia, John Getzke, Eric Lemm	Mission Possible: 2002
2003	John Getzke, Kevin McBride, Jud Turk, James Voyles	Fight! Inch ... By ... Inch
2004	Kevin Eich, Jeremiah Foertsch, Ryan Langlais, Tyler Cookas	The Long March
2005	Ryan Ruckdashel, Sam Voyles, Kyle Wilson	No Guts, No Glory
2006	Chad Eul, Minh Huynh, Josh Nelson	Our Vision, Our Mission
2007	Dan Getzke, Jake Nelson	Storm The Matt
2008	Bryan Okonek	Prepare for Battle
2009	Scott Hogan, Ty Groskreutz,	Something More
2010	Cody Groskreutz, Nels Pederson	Eye of the Storm
2011	Mitch Rechtzigal, Josh Blake, Ben Schmitz	Trained Tough
2012	Mitch Rechtzigal, BJ Groskreutz, Chris Bechly	Aim Towards the Enemy

Season Records / Conference Place

	Wins	Losses	Ties	Conf. Wins	Conf. Place	State Qualifiers
1998	3	19	1	1	9th	1
1999	6	14	1	2	7th	2
2000	18	4	0	7	2nd	3
2001	14	8	0	5	5th	4
2002	16	9	0	6	4th	3
2003	21	5	1	7	2nd	4
2004	13	15	0	4	5th	3
2005	12	14	0	3	7th	3
2006	24	7	0	8	2nd	3
2007	13	7	0	5	4th	3
2008	14	10	0	5	4th	0
2009	18	9	0	7	2nd	2
2010	21	6	0	8	2nd	0
2011	14	13	0	4	4th	0
Totals	207	140			.596 winning percentage	

Season Awards

Most Valuable Varsity Wrestler of the Year

1998	Tony Rodin
1999	Adam Fokken
2000	Adam Fokken
2001	Adam Fokken
2002	Mikey Fornicoia
2003	Nate Kocer
2004	Ryan Langlais
2005	Minh Huynh
2006	Minh Huynh & John Makabe
2007	Jacob Nelson & Dan Getzke
2008	Scott Hogan
2009	Scott Hogan
2010	Nels Pederson
2011	Mitch Rechtzigal

Most Valuable Junior Varsity Wrestler of the Year

1998	Jim Maloney
1999	Tyrel Narva
2000	Chris Verhaeghe
2001	David Pudwill
2002	Andrew Lenertz
2003	Andrew Lenertz
2004	Brian Wallenta
2005	Chad Eul
2006	Mike Redig
2007	Jeff Hanson
2008	Josh Weiberg
2009	Nick Dodd
2010	Alec Teagarden
2011	Matt Henning

Most Valuable Freshman Wrestler of the Year

1998	Adam Fokken
1999	Mikey Fornicoia
2000	Bryan Lewis
2001	Steve Davis
2002	Tyler Cookas
2003	Troy Fokken
2004	Ryan Stepan
2005	Trever Sutherland
2006	Scott Hogan
2007	Cody Groskreutz
2008	Matt Galloway
2009	Brad Hogan
2010	Anthony Munos
2011	Jacob Rukavina

Most Improved Wrestler of the Year

1998	Nate Ernst
1999	Nick Thompson
2000	Brad Okonek
2001	David Rasmussen
2002	Eric Lemm
2003	Jud Turk
2004	Minh Huynh
2005	Josh Nelson
2006	Chad Eul
2007	Dijon Sanders
2008	Nels Pederson
2009	Nels Pederson & Josh Weinberg
2010	Eric Ehresmann
2011	Anthony Munos & Josh Blake

Lightning Award

1998	Chris Verhaeghe
1999	Chris Verhaeghe
2000	Brian Putnam
2001	Brian Putnam & Eric Budd
2002	David Pudwill
2003	Jud Turk & John Getzke
2004	Jeremiah Foertsch
2005	Sam Voyles
2006	Chris Griep & Dillon Powell
2008	Bryan Okonek & David Ly
2007	Abebe Dessalegn & Andrew Pudwell
2009	Bobby Ladd & Matt Franson
2010	Nick Dodd & Cody Groskreutz
2011	Erik Ehresmann

John Rodin Service Award

1998	Brad Okonek
1999	Brad Okonek
2000	Andrew Lenertz
2001	John Getzke
2002	Cory Wagner
2003	Cory Wagner
2004	Ben Foertsch
2005	Dante Hendricks
2006	Pat Cox
2007	Joey Scott
2008	Nick Dodd
2010	Jacob Rukavina
2011	Levi Groskreutz

Wrestling Manager Hall of Fame

2000	Erinn Roos
2001	Rachel Davis
2003	Kari Okonek
2006	Ashley Langlais
2009	Libby Carroll
2010	Brooke Larson & Sara Olson

Wrestling Scholarship Recipients

2005	Kyle Wilson
2006	John Makabe
2007	Jacob Nelson
2008	David Ly
2009	Robert Ladd
2010	Nick Dodd
2011	Ben Schmitz

School Song

Go Eastview Lightning
Victory is our game.
Blaze a trail of glory
Marching on to fame.

Feel the mighty thunder,
Flash that fills the sky.
Blue, black and white won't
Give up the fight,
We're the lightning from
Eastview High.

Eastview Lightning
Fight, fight, fight.

Go, fight, win tonight!

Wrestling Academic Team

2000	Silver Academic Team - 3.44
2001	Gold Academic Team - 3.68
2002	MN State Academic Champions - 3.71
2003	Gold Academic Team - 3.59
2004	Gold Academic Team - 3.6
2005	Gold Academic Team - 3.61
2006	Gold Academic Team - 3.67
2007	Gold Academic Team - 3.64
2008	MN State Academic Champions - 3.84
2009	MN State Academic Runner-up - 3.89
2010	MN State Academic Champions - 3.88
2011	Gold Academic Team - 3.79

Academic All-State

2001 Adam Fokken

Top 25 Alumni Career Wins

NAME	YEAR	WINS	LOSSES
Adam Fokken	2001	147	36
Ryan Langlais	2004	139	54
Scott Hogan	2009	129	25
Kevin McBride	2003	110	84
Mikey Fornicoia	2002	107	31
Minh Huynh	2006	100	32
John Makabe	2006	90	33
Pat Dea	2004	79	57
John Getzke	2003	78	46
Tony Rodin	1999	77	23
Dan Getzke	2007	70	35
David Rasmussen	2001	66	49
Jacob Nelson	2007	65	25
Ty Groszkewtz	2009	65	43
Chris Shuck	2003	64	59
Josh Nelson	2006	60	52
Dijon Sanders	2009	58	44
Nate Kocer	2003	55	25
Bryan Okonek	2008	55	51
Ryan Ruckdashel	2005	54	29
Erik Ehresmann	2011	53	31
Jud Turk	2003	53	57
James Voyles	2003	50	28
Brad Okonek	2000	49	50
Andrew Nelson	2006	49	44



Eastview Wrestling Recognitions

All Conference

Tony Rodin (2x)
Brad Okonek
Nate Ernst
Adam Fokken (4x)
David Rasmussen
Mikey Fornicoia (3x)
Eric Lemm
James Voyles
John Getzke
Nate Kocer
Kevin McBride
Ryan Langlais (2x)
Minh Huynh (2x)
John Makabe (2x)
Ryan Ruckdashel
Scott Hogan (3x)
Jacob Nelson
Andrew Nelson
Dan Getzke (2x)
Chad Eul
Bryan Okonek
Erik Ehrismann
Mitch Rechtzigel

State Qualifiers

Tony Rodin (2x) 4th Place
Brad Okonek
Adam Fokken (3x) 4th Place
1st Place
David Rasmussen
Mikey Fornicoia (2x) 6th Place
James Voyles
Jud Turk
Nate Kocer 6th Place
John Getzke 5th Place
Ryan Langlais (3x)
Pat Dea
Steve Davis (2x) 4th Place
Minh Huynh (3x) 4th Place
John Makabe
Ryan Ruckdashel
Dan Getzke
Chad Eul
Jacob Nelson
Will Jackson 4th Place
Nels Pederson
Dijon Sanders

Section Champs

Tony Rodin
Adam Fokken
David Rasmussen
Mikey Fornicoia
James Voyles
Nate Kocer
Ryan Langlais
Nels Pederson

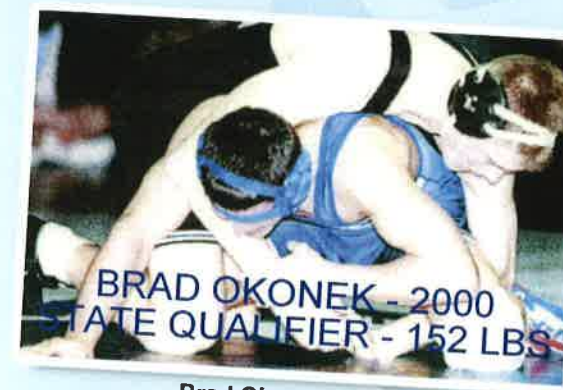


State Wrestling Tournament at the Xcel Energy Center

Eastview State Qualifiers



Tony Rodin - 1998
4th Place - 125 lbs.



BRAD OKONEK - 2000
STATE QUALIFIER - 152 LBS.



Adam Fokken - 2001
State Champion - 189 lbs.
4th Place - 189 lbs.



Steve Davis - 2001
4th Place - 125 lbs.



David Rasmussen - 2001
State Qualifier - 145 lbs.

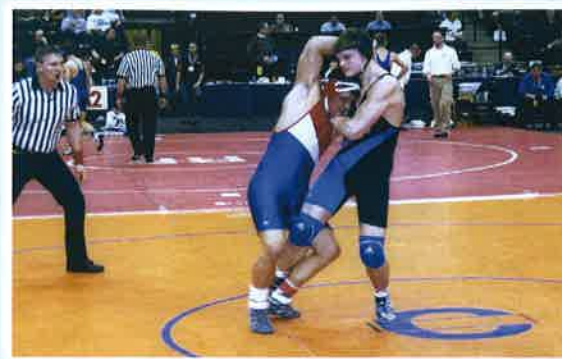


Mikey Fornicoia - 2002
6th Place - 130 lbs.

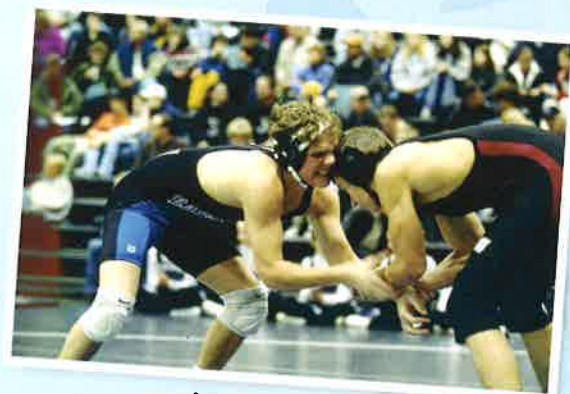


John Getzke - 2003
5th Place - 152 lbs.

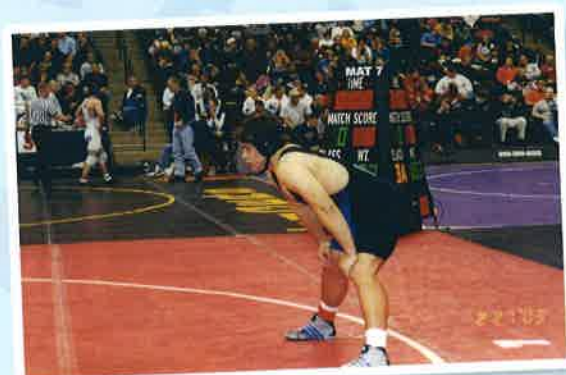
Eastview State Qualifiers



Nate Kocer - 2003
6th Place - 189 lbs.



Judd Turk - 2003
State Qualifier - 140 lbs.



James Voyles - 2003
State Qualifier - 215 lbs.



Pat Dea - 2004
State Qualifier - 125 lbs.



Ryan Langlais - 2004
State Qualifier - 160 lbs.



Minh Huynh - 2005
4th Place - 103 lbs.



John Makabe - 2005
State Qualifier - 152 lbs.

Eastview State Qualifiers



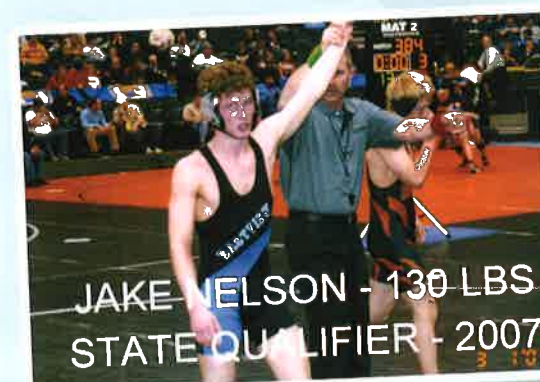
Ryan Ruckdashel - 2005
State Qualifier - 285 lbs.



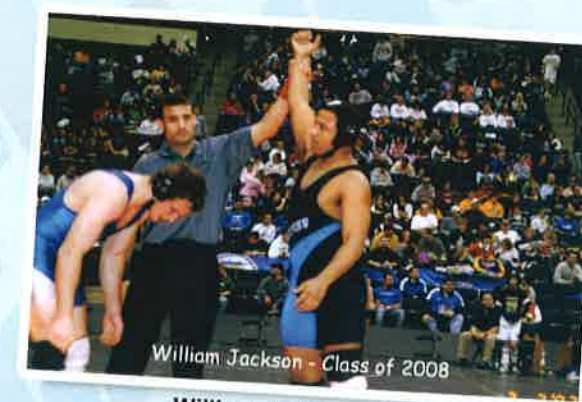
Chad Eul - 2006
State Qualifier - 215 lbs.



Dan Getzke - 2007
State Qualifier - 171 lbs.



Jake Nelson - 2007
State Qualifier - 130 lbs.



William Jackson - 2008
State Qualifier - 215 lbs.



Nels Pederson - 2009
State Qualifier - 152 lbs.



Dijon Sanders - 2009
State Qualifier - 285 lbs.



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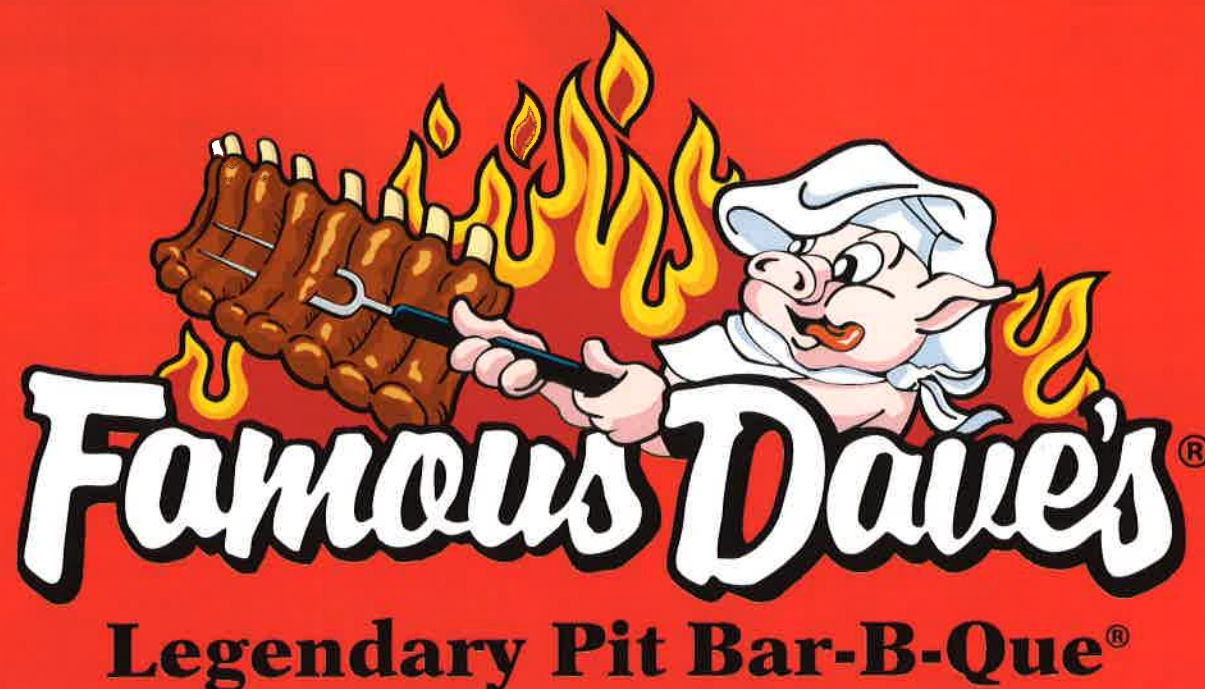
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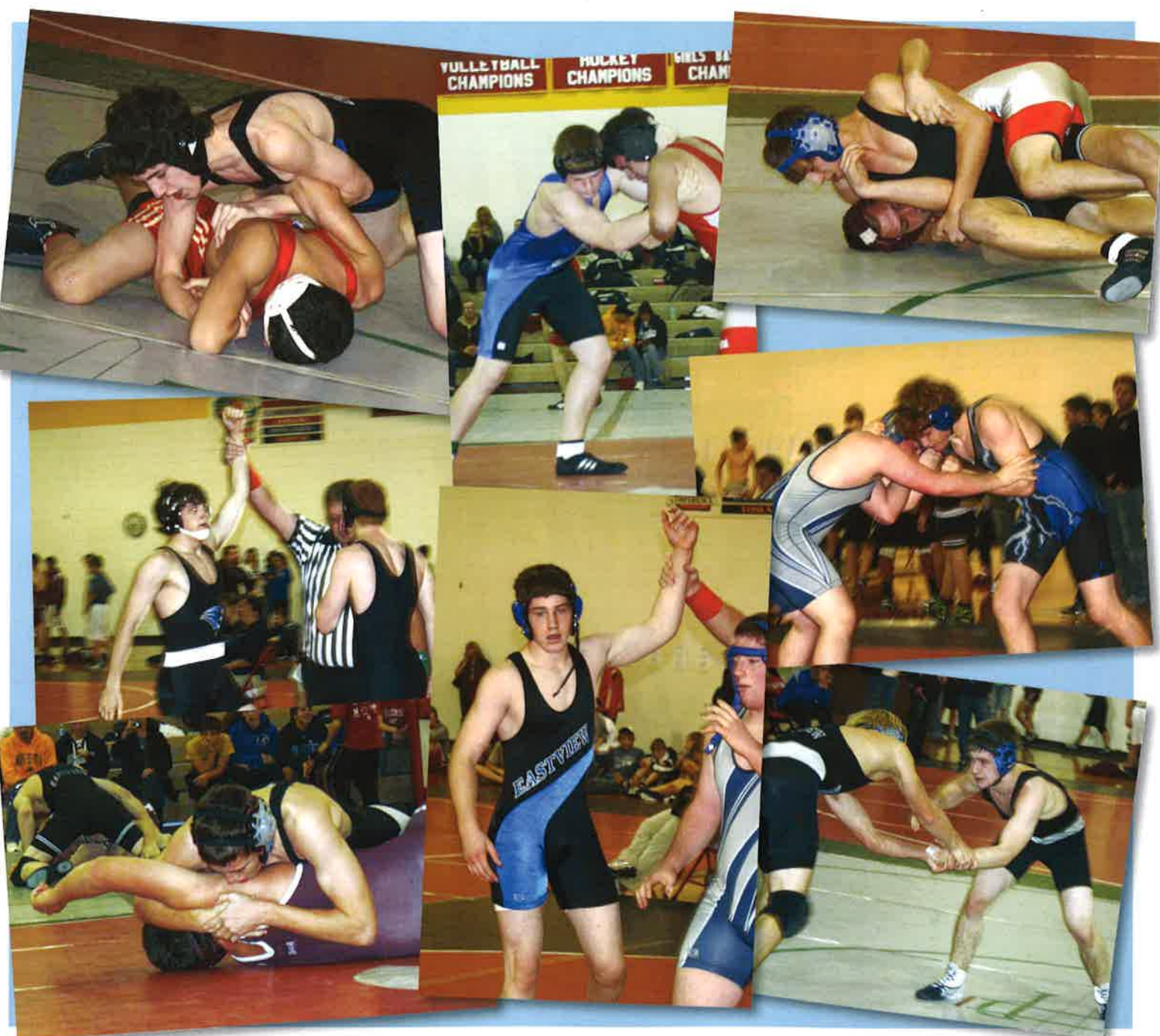
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Commitment To Excellence

How good do you want to be? If your answer is, "good enough to get by," than a commitment to excellence is not necessary, but if your completely honest answer is, "the best," you must make a total commitment to excellence.

Wrestlers are born with varying degrees of natural ability. Sacrifice and a commitment to excellence are required to develop that ability. Time, hard work, continuous practice and repetition all go into the making of a good athlete.

To be a winner you must be willing to make sacrifices. This means maintaining good training habits, getting the proper amount of rest, and eating a balanced diet.

You can be as great as you want to be. If you believe in yourself and have the courage, determination, dedication, competitive drive, and if you are willing to give up the little things in life to accomplish an ultimate goal down the road, you will succeed!

In our years of involvement in athletics, we have seen athletes make a sincere commitment to excellence. They had a burning desire to be not just good, but great. They craved coaching. They wanted to learn a new wrestling move every day. They worked harder than the other wrestlers during the season and they never stopped working in the offseason. They went out of their way to look for tougher competition. Finally, they were stubborn – they refused to settle for anything less than the best.

As a result, each was a big winner. There was no luck or chance involved; these wrestlers worked hard so they would always have an edge when they went into their matches. They knew they would win...and they did.

MAKE A COMMITMENT TO EXCELLENCE!



A commitment to excellence means you must be willing to work hard, to push yourself physically until it hurts. We believe that any wrestler who walks off the mat after a full match and is not physically spent has not worked to his physical potential

If you have a true commitment to excellence you will give up anything that does not help you become better as an athlete or a person. Don't be content with mediocrity- strive to live up to the greatness within you.

COMMITMENT NIGHT: This is a night for you to pledge your commitment to excellence in the Eastview Wrestling program. This night will involve activities that encourage you to reflect on your goals and to discuss what it will take to reach those goals. Also, this night will emphasize each wrestler's commitment to the whole team. We depend upon each wrestler to succeed. Your complete commitment is crucial to the success of the team. You deserve to give yourself the best opportunity to succeed. BE THE BEST YOU CAN BE!

The great coach Vince Lombardi had this to say about making the commitment to excellence:

"For the winner there is 100 percent elation, 100 percent laughter, 100 percent fun and for the loser the only thing left is a 100 percent resolution and 100 percent determination. The game, I think, is a great deal like life. Every man makes his own personal commitment toward excellence and toward victory. Although you know ultimate victory can never be completely won, it must be pursued with all of one's might and each week there is a new encounter, each year a new challenge.

"I'd like to say that the quality of any man's life is a full measure of that man's personal commitment to excellence and to victory, regardless of what field he may be in."



Commitment Night 2011



2011-12 WINTER SPORTS SCHEDULE EASTVIEW LIGHTNING

Girls Basketball

Date	Opponent	Site	Time
Nov. 25	Hamline Tournament	Away	9:30 a.m.
Nov. 26	Hamline Tournament	Away	TBD
Dec. 1	Park	Home	7:15 p.m.
Dec. 9	New Prague	Home	7:15 p.m.
Dec. 13	Hopkins	Home	7:15 p.m.
Dec. 16	Bloomington Kennedy	Away	7:15 p.m.
Dec. 20	Bloomington Jefferson	Home	7:15 p.m.
Dec. 28-30	St. Olaf College Trmt.	Away	TBD
Jan. 3	Eagan	Home	7:15 p.m.
Jan. 5	Burnsville	Away	7:15 p.m.
Jan. 10	Lakeville North	Home	7:15 p.m.
Jan. 13	Apple Valley	Home	7:15 p.m.
Jan. 17	Rosemount	Away	7:15 p.m.
Jan. 19	Prior Lake	Away	7:15 p.m.
Jan. 24	Lakeville South	Away	7:15 p.m.
Jan. 27	Bloomington Kennedy	Home	7:15 p.m.
Jan. 31	Bloomington Jefferson	Away	7:15 p.m.
Feb. 3	Eagan	Away	7:15 p.m.
Feb. 6	Burnsville	Home	7:15 p.m.
Feb. 10	Lakeville North	Away	7:15 p.m.
Feb. 14	Apple Valley	Away	7:15 p.m.
Feb. 16	Rosemount	Home	7:15 p.m.
Feb. 21	Prior Lake	Home	7:15 p.m.
Feb. 23	Lakeville South	Home	7:15 p.m.
Feb. 29, Mar. 3, 9	Section 3AAAA Tournament		
Mar. 14-17	State Tournament		

Boys Basketball

Date	Opponent	Site	Time
Dec. 2	Duluth East	Away	7:00 p.m.
Dec. 6	Edina	Home	7:15 p.m.
Dec. 10	Benilde-St. Margaret's	Away	3:15 p.m.
Dec. 16	Superior	Home	7:15 p.m.
Dec. 20	Spring Lake Park	Away	7:15 p.m.
Dec. 23	Moorhead	Home	5:00 p.m.
Dec. 30	Minneapolis South	Home	7:15 p.m.
Jan. 3	Eagan	Away	7:15 p.m.
Jan. 5	Burnsville	Home	7:15 p.m.
Jan. 10	Lakeville North	Away	7:15 p.m.
Jan. 13	Apple Valley	Away	7:15 p.m.
Jan. 14	Aquinas	Away	12:30 p.m.
Jan. 17	Rosemount	Home	7:15 p.m.
Jan. 19	Prior Lake	Home	7:15 p.m.
Jan. 24	Lakeville South	Home	7:15 p.m.
Jan. 26	Bloomington Kennedy	Away	7:15 p.m.
Jan. 31	Bloomington Jefferson	Home	7:15 p.m.
Feb. 3	Eagan	Home	7:15 p.m.
Feb. 6	Burnsville	Away	7:15 p.m.
Feb. 10	Lakeville North	Home	7:15 p.m.
Feb. 14	Apple Valley	Home	7:15 p.m.
Feb. 17	Rosemount	Away	7:15 p.m.
Feb. 21	Prior Lake	Away	7:15 p.m.
Feb. 24	Lakeville South	Away	7:15 p.m.
Feb. 28	Bloomington Kennedy	Home	7:15 p.m.
March 2	Bloomington Jefferson	Away	7:15 p.m.
Mar. 7, 10, 16	Section 3AAAA Tournament		
Mar. 21-24	State Tournament		

Girls Hockey

Date	Opponent	Site	Time
Nov. 10	Hastings	Away	7:30 p.m.
Nov. 15	Edina	Away	7:00 p.m.
Nov. 19	Lakeville North	Home	2:15 p.m.
Nov. 22	Bloomington Jefferson	Away	7:15 p.m.
Nov. 25	Maple Grove	Away	5:30 p.m.
Nov. 29	Prior Lake	Home	6:00 p.m.
Dec. 6	Apple Valley	Home	7:00 p.m.
Dec. 10	Bloomington Kennedy	Away	3:00 p.m.
Dec. 13	Burnsville	Home	7:15 p.m.
Dec. 17	Lakeville South	Away	7:15 p.m.
Dec. 20	Rosemount	Away	7:00 p.m.
Dec. 27-29	Farmington Tournament	Away	TBD
Jan. 3	Eagan	Home	7:15 p.m.
Jan. 7	Bloomington Jefferson	Home	2:15 p.m.
Jan. 10	Prior Lake	Away	7:00 p.m.
Jan. 14	Lakeville North	Away	3:00 p.m.
Jan. 17	Apple Valley	Away	7:00 p.m.
Jan. 21	Shakopee	Home	2:15 p.m.
Jan. 24	Burnsville	Away	7:00 p.m.
Jan. 28	Lakeville South	Home	7:00 p.m.
Jan. 31	Rosemount	Home	7:00 p.m.
Feb. 4	Eagan	Away	3:00 p.m.
Feb. 6, 8, 11, 15	Section 3AA Trmt.		
Feb. 22-25	State Tournament		

Boys Hockey

Date	Opponent	Site	Time
Nov. 29	Hastings	Away	7:30 p.m.
Dec. 1	Edina	Away	TBD
Dec. 8	East Ridge	Home	7:00 p.m.
Dec. 10	Bloomington Kennedy	Away	10:00 a.m.
Dec. 15	Burnsville	Home	7:00 p.m.
Dec. 17	Lakeville South	Away	3:00 p.m.
Dec. 20	Woodbury	Home	7:30 p.m.
Dec. 22	Rosemount	Away	7:00 p.m.
Dec. 28	Prior Lake	Away	TBD
Jan. 5	Eagan	Home	7:00 p.m.
Jan. 7	Bloomington Jefferson	Home	7:00 p.m.
Jan. 12	Prior Lake	Away	7:00 p.m.
Jan. 14	Lakeville North	Home	2:15 p.m.
Jan. 19	Apple Valley	Away	7:00 p.m.
Jan. 20	Bemidji	Away	7:30 p.m.
Jan. 26	Burnsville	Away	7:00 p.m.
Jan. 28	Lakeville South	Home	2:15 p.m.
Feb. 2	Rosemount	Home	7:00 p.m.
Feb. 4	Eagan	Away	7:15 p.m.
Feb. 7	Park	Away	7:30 p.m.
Feb. 9	Bloomington Jefferson	Away	7:15 p.m.
Feb. 16	Lakeville North	Away	7:00 p.m.
Feb. 18	Apple Valley	Home	2:15 p.m.
Feb. 21, 23, 25, Mar. 1	Section 3AA Tournament		
Mar. 7-10	State Tournament		

Adaptive Hockey CI

Date	Opponent	Site	Time
Jan. 18	Winona	Away	4:30 p.m.
Jan. 23	Humboldt	Home	6:30 p.m.
Jan. 25	South Suburban	Away	4:30 p.m.
Jan. 30	Hudson	Home	6:30 p.m.
Feb. 1	Burn/Farm/Lake	Away	4:30 p.m.
Feb. 6	New Prague	Away	4:30 p.m.
Feb. 8	Owatonna	Home	6:30 p.m.
Feb. 13	Winona	Home	6:30 p.m.
Feb. 15	Humboldt	Away	4:30 p.m.
Feb. 22	South Suburban	Home	4:30 p.m.
Feb. 27	Hudson	Away	4:30 p.m.
Feb. 29	Burn/Farm/Lake	Home	4:30 p.m.
March 7	Playoffs	TBD	TBD
Mar. 16, 17	State Tournament	TBD	TBD

Adp. Hockey DI

Date	Opponent	Site	Time
Jan. 17	Lakeville North	Away	4:30 p.m.
Jan. 19	Hudson	Away	4:30 p.m.
Jan. 23	Rochester Century	Away	6:30 p.m.
Jan. 26	Bloomington Kennedy	Away	4:30 p.m.
Feb. 1	Humboldt	Away	
Feb. 8	Minneapolis Adapted	Away	4:30 p.m.
Feb. 9	Lakeville North	Away	6:30 p.m.
Feb. 16	Rochester Century	Away	6:00 p.m.
Feb. 23	South Suburban	Away	6:30 p.m.
March 6	Playoffs	Away	6:30 p.m.
Mar. 16, 17	State Tournament	TBD	TBD

Boys Swim/Dive

Date	Opponent	Site	Time
Dec. 9	Lakeville North	Away	6:00 p.m.
Dec. 15	Bloomington Jefferson	Home	6:00 p.m.
Jan. 3	Apple Valley	Away	6:00 p.m.
Jan. 6	Bloomington Kennedy	Away	6:00 p.m.
Jan. 13	Eagan	Home	6:00 p.m.
Jan. 17	Burnsville	Away	6:00 p.m.
Jan. 24	Prior Lake	Home	6:00 p.m.
Feb. 3	Rosemount	Away	6:00 p.m.
Feb. 10	Lakeville South	Home	6:00 p.m.
Feb. 22-24	Section 3AA		
Mar. 1-3	State Tournament		

Figure Skating

Date	Opponent	Site	Time
Jan. 26-29	Northland Competition	Away	TBD
Feb. 10-12	ISI Frosty Blades	Away	TBD
Feb. 15-20	ISI Winter Classic	Away	TBD
Mar. 3-4	Blades of March ISI Open	Away	TBD
Mar. 14	Ice Show Preview	Home	6:30 p.m.
Mar. 15-17	Ice Show	Home	7:00 p.m.

Wrestling

Date	Opponent	Site	Time
Dec. 2	Eastview Duals	Home	7:00 p.m.
Dec. 8	Rosemount	Home	7:00 p.m.
Dec. 9	Northfield Duals	Away	5:00 p.m.
Dec. 15	Farmington/Hopkins	Home	7:00 p.m.
Dec. 17	Richfield Inv'l	Away	9:00 a.m.
Dec. 21	Chanhausen	Away	5:00 p.m.
Dec. 29-30	Bi-State Classic	Away	9:30 a.m.
Jan. 6	Lakeville North	Home	7:00 p.m.
Jan. 7	Burnsville Inv'l	Away	9:00 a.m.
Jan. 12	Apple Valley	Away	7:00 p.m.
Jan. 20	Eagan	Home	7:00 p.m.
Jan. 21	Lightning Inv'l	Home	9:30 a.m.
Jan. 26	Prior Lake	Away	7:00 p.m.
Jan. 27	Hastings/East Ridge	Away	4:00 p.m.
Feb. 2	South St. Paul/Humboldt	Home	5:00 p.m.
Feb. 4	Robbinsdale Armstrong Inv'l	Away	9:30 a.m.
Feb. 9	Burnsville	Away	7:00 p.m.
Feb. 10	Mound-Westonka Inv'l	Away	5:00 p.m.
Feb. 17, 24, 25	Section 3AAA Tournament		
Mar. 1-3	State Tournament		

Comp. Cheerleading

Date	Opponent	Site
Nov. 12	Bloomington Jefferson	Away
Nov. 13	TC Open	Home
Nov. 19	Plainview-Elgin-Millville	Away
Dec. 4	Prior Lake	Away
Dec. 18	Apple Valley	Away
Jan. 7	Lakeville North	Away
Jan. 14	Edina	Away
Jan. 28	State Competition	
Feb. 9-10	Nationals	

Girls Gymnastics

Date	Opponent	Site	Time
Dec. 13	Apple Valley, Rosemount	Away	6:00 p.m.
Dec. 20	Apple Valley, Lakeville N	Home	6:00 p.m.
Jan. 7	Watertown-Mayer	Away	1:00 p.m.
Jan. 10	Apple Valley, Prior Lake	Home	6:00 p.m.
Jan. 14	Lakeville North	Away	8:00 a.m.
Jan. 17	Apple Valley, Lakeville S	Away	6:00 p.m.
Jan. 24	Apple Valley, Eagan	Away	6:00 p.m.
Jan. 31	AVHS, Bloomington J & K	Away	6:00 p.m.
Feb. 6	Apple Valley	Home	6:00 p.m.
Feb. 16	Section 3AA Tournament		
Feb. 24, 25	State Tournament		

Dance Team

Date	Opponent	Site	Time
Nov. 22	SSC Competition	Lakeville South	7:15 p.m.
Nov. 29	SSC Competition	Prior Lake	7:15 p.m.
Dec. 3	Chaska Inv'l	Chaska	TBD
Dec. 6	SSC Competition	Rosemount	7:15 p.m.
Dec. 10	Eastview Inv'l	Home	TBD
Dec. 12	SSC Competition	Apple Valley	7:15 p.m.
Dec. 17	SSC Competition	Eagan	7:15 p.m.
Jan. 21	Wayzata Inv'l	Wayzata	TBD
Feb. 11	Section 1AAA Tournament		
Feb. 17, 18	State Tournament		

Alpine Skiing

Date	Opponent	Site	Time
Jan. 5	SSC Competition	Buck Hill	3:30 p.m.
Jan. 10	SSC Competition	Buck Hill	3:30 p.m.
Jan. 19	SSC Competition	Buck Hill	3:30 p.m.
Jan. 26	SSC Competition	Buck Hill	3:30 p.m.
Jan. 31	SSC Competition	Buck Hill	3:30 p.m.
Feb. 7	Section 6 Tournament		
Feb. 15	State Tournament		

Nordic Skiing

Date	Opponent	Site	Time
Dec. 8	SSC Competition	Valleywood Golf Cs	3:30 p.m.
Dec. 14	SSC Competition	Hyland Park Res	3:30 p.m.
Dec. 20	SSC Competition	Kenwood Trail MS	3:30 p.m.
Jan. 3	SSC Competition	Murphy-Hanrehan Pk	3:30 p.m.
Jan. 10	SSC Competition	Battle Creek Pk	3:30 p.m.
Jan. 16	MLK SSC Ski Carnival		9:30 a.m.
Jan. 25	SSC Competition	Valleywood Golf Cs	3:30 p.m.
Jan. 31	SSC Competition	Battle Creek Pk	9:30 a.m.
Feb. 7	Section 1 Tournament		
Feb. 16	State Tournament		

Schedule is subject to change - for up to date information go to www.district196.org/evhs

2011-2012 Eastview Wrestling



Eastview Lightning Schedule

DATE	OPPONENT	SITE	TIME
Tuesday, Nov. 29	Intra Squad Meet <i>(Parent Open House @ 6:00pm)</i>	Eastview	7:30 pm
Friday, Dec. 2	Eastview Duals	Eastview	5:00 pm
Saturday, Dec. 3	Eastview (K-8) Tournament	Eastview	8:00 am
Thursday, Dec. 8	Rosemount <i>(EVAA Night)</i>	Eastview	7:00 pm
Friday, Dec. 9	Northfield Duals	Northfield	5:00 pm
Sunday, Dec. 11	Spaghetti Dinner / Silent Auction	Rosemount Legion	4:30 pm
Thursday, Dec. 15	Hopkins / Farmington	Eastview	5:30 pm
Saturday, Dec. 17	Richfield Duals (V)	Richfield	9:00 am
	Armstrong Duals (JV)	Armstrong	9:00 am
Wednesday, Dec. 21	Wayzata / Chaska	Chanhassen	5:00 pm
Thurs-Fri, Dec. 29-30	Bi-State Classic (V)	La Crosse	10:00 am
Friday, Dec. 30	Sparta Tourney (JV)	Sparta	9:00 am
Friday, Jan. 6	Lakeville North <i>(Alumni & EWB Family Night)</i>	Eastview	7:00 pm
Saturday, Jan. 7	Burnsville Invitational	Burnsville	9:30 am
Thursday, Jan. 12	Apple Valley	Apple Valley	7:00 pm
Friday, Jan. 20	Eagan <i>(Parents Night)</i>	Eastview	7:00 pm
Saturday, Jan. 21	Lightning Invitational	Eastview	10:15 am
Thursday, Jan. 26	Prior Lake	Prior Lake	7:00 pm
Friday, Jan. 27	East Ridge / Hastings	Hastings	5:00 pm
Thursday, Feb. 2	Humboldt, South St. Paul <i>(Senior / Traveling Night)</i>	Eastview	5:00 pm
Saturday, Feb. 4	Armstrong Team Tournament	Armstrong	9:00 am
Thursday, Feb. 9	Burnsville	Burnsville	7:00 pm
Friday, Feb. 10	Mound-Westonka Invite (JV)	Mound-Westonka	5:00 pm
Saturday, Feb. 11	South Suburban Invite (JV-9)	Lakeville South	10:00 am
Friday, Feb. 17	Section 3 Team Tournament	Apple Valley	4:00 pm
Fri-Sat, Feb. 24-25	Section 3 Individual Tournament	Eastview	4:30/10:00
Thur-Sat, Mar. 1-3	State Tournament	Xcel Energy	TBA
Sun, Mar. 18	Wrestling Banquet	Rosemount CC	4:30 pm