WRESTEING





2017-2018

# **Eastview High School**



#### **Eastview Administration**











Assistant Principal



**Rob Franchino** Assistant Principal



Principal



**QUICK FACTS** Established in 1997

learning teams

digital editing suites

competition stadiums

• 2100 students in grades 9-12

• 4:1 student to computer ratio • iPad initiative fully by 2016

• 4,500 square foot fitness center

State of the art digital classrooms

Matt Percival Assistant



Administrator



Janel Hengel

# **Eastview Facebook**

 Distinguished as one of "America's Best High Schools" by Newsweek, US News and World Report and by the Washington Post

All 9th and 10th graders are members of interdisciplinary

 Learning Commons with digital library research capabilities Fully equipped and Emmy winning Television Studio and

650 seat Performing Arts Center with a fly loft and scene shop

Over 110 programs offered in performing arts, athletics, and

• 200 acres of playing fields, recreational facilities and

District 196 encompasses 110 square miles

More than 80% of students involved in activities

facebook.com/ **EastviewHighSchool** 

**Eastview Twitter** @evhsathletics

#### A Message from the President **Eastview Wrestling Boosters**

Dear Eastview Wrestling Family, Friends and Fans

Lisa and I are proud to be a part of the 2017-2018, Eastview Wrestling Booster Club. The Wrestling Booster Club has been an active organization in the Eastview community, committed to promoting the sport of wrestling. The club's goal is to help facilitate a rewarding and memorable experience for our student-athletes and their families.

The EWB meets monthly, and parents with wrestlers at any level are encouraged to attend. It is not limited to varsity wrestler's parents. Getting involved helps your son. AND the program. It shows your support of not only your son, but the team as a whole. Feel free to e-mail ciresearchguy@yahoo.com, or call 612-237-9852, with any questions regarding meeting times and ways to get involved.

We would like to thank all Eastview parents, families, alumni, and supporters that invest their time and talents to serve the wrestling community. Serving on the EWB board, committees, and leadership is what makes our wrestling family successful now, and in the future.

We would also like to take this opportunity to thank our coaching staff for their continued support of our student athletes as they succeed on the mat and in the

"True Grit" is a great motto for our wrestlers and their willingness to work hard, and never give up. The idea of never giving up and continually giving more effort than required, will help our wrestlers be successful this season and throughout life. We wish the best of luck to the wrestlers and coaches as they strive to perform at their best during the 2017-2018 season.

Go Lightning!

- Michael and Lisa Schmidt

#### **EV Wrestling Board of Directors**

President Michael & Lisa Schmidt
VP of Marketing/Comm Gina & Pat Enderlein
VP of Operations Mike & Natalie Greenlee
Treasurer Tony Hoffman
Secretary Patti & Eric Estep
Concessions Coordinators . Pauline & Andrew Alba Angie Formaneck
Takedown Cancer Chair Traci Dravis
ThunderBolts Liaison Mike Hogan
EVAA Liaison Travis Lee
EVHS Head Coach Kurt Habeck

#### **Grade Representatives**

2th Grade Rep	12th Grade Rep.
th Grade Rep	11th Grade Rep.
Oth Grade Rep	10th Grade Rep.
th Grade Rep Jennifer & David Hetland	9th Grade Rep
lumni Rep Chad & Angela Lindstrom	Alumni Rep
Chris & Brenda Dolejs	
Kristen & Bill Dodd	



**Wrestling Twitter** @EVwrestling

#### WELCOME TO EASTVIEW WRESTLING 2017-2018



# **True Grit**

## 2017-2018 Eastview Wrestling



Wrestling requires a determination and self-reliance not found in other sports. It is one-on-one and a true test of toughness and skill. Grueling practices; the running, the weights, the drilling, the cutting weight all for 6 minutes of intense competition. There is nothing quite like it. *True Grit* is this season's wrestling quote. What does this mean? How does this

apply to wrestling and our athletes?

We asked our Eastview wrestlers, "What does True Grit mean to vou?"

- "Working hard when nobody is watching."
- "Overcoming obstacles."
- "Learning from losses and working harder than anyone else in the room."
- "Be confident when things don't always go right."

Our young men are on the right track in their thinking of True Grit.

David Yukelson, the Ph.D., Coordinator of Sport Psychology Services for Student-Athletes at Penn State University lists seven attributes of Developing Mental Toughness, which is synonymous with TRUE GRIT:

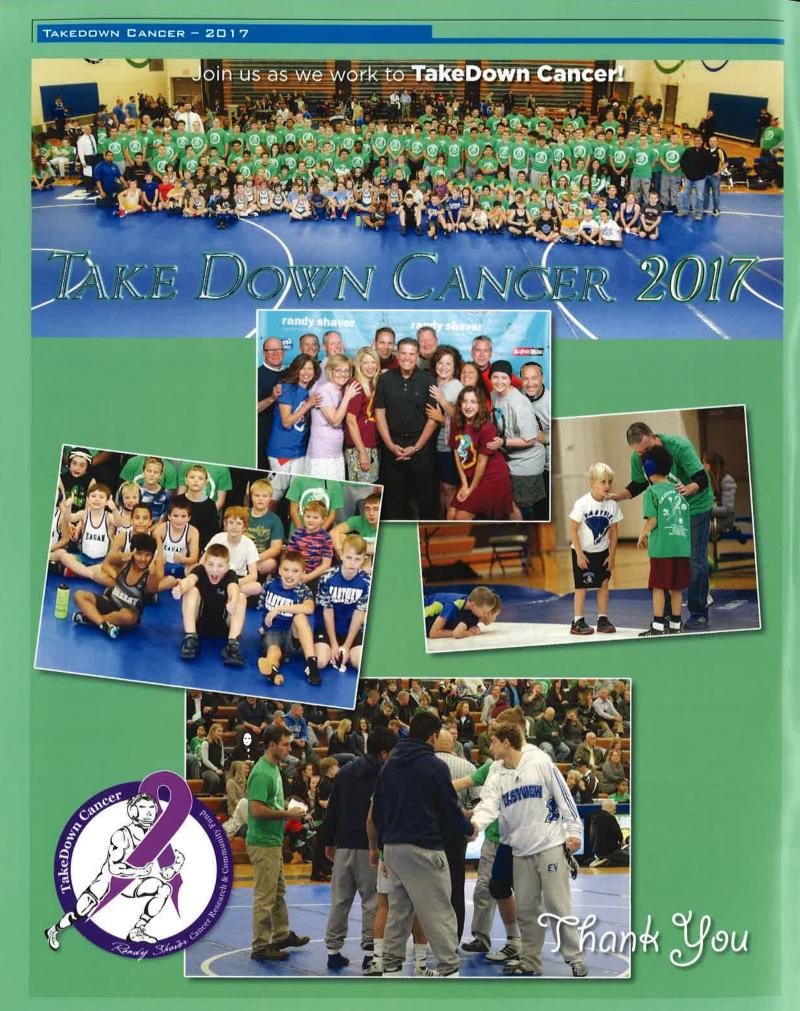
#### Developing Mental Toughness/TRUE GRIT

- 1. Starts with the right attitude and state of mind (know what your core confidence is all about).
- Confidence comes in knowing your are prepared and having an unshakable belief in your abilities to reach intended goals.

- 2. Program your mind for success ahead of time with positive affirmations and expectations.
- Expect the best from yourself; affirm what it is you are going to do to be successful.
- 3. Routinize Your Behaviors: Develop a systematic preperformance routine that clicks on desired mental-emotional state of mind (practice, pre-game, competition)
- Practice commit yourself to giving it everything you have the entire practice. This includes making a commitment to listening, learning, executing skills/drills with precision and full focus).
- 4. Poise and Composure: Learn how to let go of mistakes quickly if things do not go the way you want.
- 5. Take Control of Negative Self-Talk: Reframe negative talk into positive task oriented suggestions.
- Starts with awareness of situations that cause you to get frustrated, rushed, intimidated, lose focus — then reframe the negativity into positive, mentally tough self-suggestions.
- 6. Look at failure as a stepping stone for future achievement:
  - Champions approach to overcoming adversity: Play to win as opposed to fear making mistakes.
- 7. Be a difference maker, step up and have a peak performance when it matters the most.

If our athletes develop these seven attributes, and fully buy in to the True Grit motto; this season will be a success!

"The 1st period is won by the best technician. The 2nd period is won by the kid in the best shape. The 3rd period is won by the kid with the biggest heart." — Dan Gable



# **EASTVIEW WRESTLING**

ROSTER 2 0 1 7 - 2 0 1 8



#### **SENIORS**

Kobe Alba Bill Barretto Adam Bass Kyle Brusco Charlie Dunne Logan Estep ★ Eraj Misriyon Brady O'Neil Micky Prommachai Eric Schmidt ★ Trever Sharp

#### **JUNIORS**

Max Alipate Alex Burdi Quinn Hoffman Abe Joseph Carter Mckenzie Mark Norton

Brenden Rice Peter Swanson ★ Cedric Warner Patrick Watson

#### **SOPHOMORES**

Hamse Abdirahman Mason Enderlein Dylan Fredrickson Austin Gerisch Roman Gilbert Chris Hahn Rutger Haines

#### **FRESHMEN**

Mazin Ahmad Max Enderlein Max Erickson Harrison Hetland Ty'riq Jiles **Kashif Miuz** 

Nathan Langer Connor Meixell Logan O'Neil Trevor Rauch Denis Shtern Brad Snyder Kellen Stewart Landon Vath Cole Watkins Michael Yang

#### 8th GRADE Drew Bergstedt

**★** Captains

#### **PRINCIPAL**

Dr. Randall Peterson

#### ATHLETIC DIRECTOR

Matt Percival

#### COACHES

Kurt Habeck John Prokopowicz Ron McClure Josh Nelson Dean Stockwell Chad Wentzel Tristin Faust Chris Abbey Minh Huynh Jarred McCarthy Brad Vanderveren

#### **NICKNAME**

Lightning

#### SCHOOL COLORS

Black, Blue, Silver, White

#### **MANAGERS**

Grace Florin Steffi Frederickson Hope Gilbertson Abby Lien Marissa Munos Morgan Van Waes Paige Olson Payton Formaneck Shayna Canniff

#### **PHOTOGRAPHERS**

Abby Lindgren Lexi Hughes

#### CONFERENCE

South Suburban

#### SECTION

2AAA



Class of 2018



Logan Estep Grade 12 **EVHS Activities:** Trap shooting I wrestle because... "it's fun!" Favorite memory of

**Eastview Wrestling:** 

First team camp



**EVHS Activities:** Football, NHS, and Chinese Club I wrestle because... "you form a brotherhood with your teammates that you don't get with any other sport."

**Eric Schmidt** 

Grade 12

**Varsity Captains** 

What I love about Eastview: The new security

**Returning Lettermen** 



Peter Swanson Grade 11 **EVHS Activities:** Football and Track I wrestle because... "I want to be a better person." Favorite memory of **Eastview Wrestling:** Abe penguin sliding



Kobe Alba Grade: 12 I wrestle because... "I want to improve myself." Favorite memory of **Eastview Wrestling:** State tournament

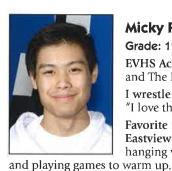
Favorite Movie:

**Bill Barretto** 

Pulp Fiction



**Kyle Brusco** Grade: 12 Hobbies: Playing sports, hanging with friends Favorite memory of Eastview Wrestling: Bi-state junior year **Favorite Movie:** The Dark Knight



Micky Prommachai Grade: 12 EVHS Activities: Theater and The Flash I wrestle because... "I love the challenge." Favorite memory of Eastview Wrestling: Just hanging with my boys



Grade: 12 **EVHS Activities:** Football and Track I wrestle because... 'it's fun.' Favorite memory of **Eastview Wrestling:** Wrestling with friends

"I love competition,"

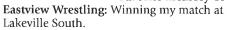


Grade: 12 **EVHS Activities:** Super group l wrestle because... "it challenges me physically and mentally." Favorite memory of

Charlie Dunne

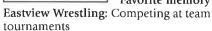


**Trever Sharp** Grade: 12 Number of years wrestled: 5 I wrestle because... "it's a commitment, and it makes myself both mentally & physically tougher." Favorite memory of Eastview Wrestling: The





Alex Burdi "it makes me a better person and keeps me





bus rides home after winning

Grade: 11 I wrestle because... active and it's fun." Favorite wrestling move: Ankle pick Favorite memory of



of community

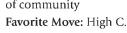
**Mark Norton** Grade: 11 **EVHS Activities:** Baseball and Football Favorite Movie: Undercover brother What I most like about Eastview: The people and the sense



Grade: 11 **EVHS Activities:** Football and Track Favorite Movie: Battle of LA Favorite wrestling

move: Cradle

**Patrick Watson** 





Carter McKenzie Grade: 11 I wrestle because... "it's a way to stay in shape and increase mental toughness." Hobbies: Gaming, biking, and writing rap lyrics Favorite wrestling move: Single Leg

**Quinn Hoffman** 

**EVHS Activities:** 

Ultimate Frisbee

State tournament

"it's my life."

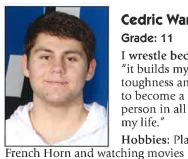
Football, Bravo, and

I wrestle because...

Favorite memory of

Eastview Wrestling: Bi-

Grade: 11



I wrestle because... "it builds my mental toughness and urges me to become a better person in all aspects of my life." Hobbies: Playing

**Cedric Warner** 

Grade: 11



I wrestle because... "it pushes me farther than I thought I was capable of." What I most like about Eastview: The atmosphere of working

Mason Enderlein

Grade: 10

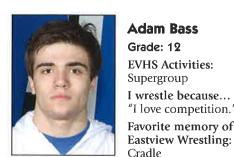
Favorite wrestling move: Cradle

hard

# **Season Captains & Team Motto**

Favorite wrestling move: Double Leg

Year	Captains	Motto
1998	Matt McDonald, Joe Theisen	Lightning Strikes
1999	Tony Rodin, Joe Theisen	Attitude and Effort
2000	Nate Ernst, Brad Okonek, Adam Fokken	Team 2000: Paving the Way
2001	Adam Fokken, Mikey Fornicoia	Courage to Succeed
2002	Mikey Fornicoia, John Getzke, Eric Lemm	Mission Possible: 2002
2003	John Getzke, Kevin McBride, Jud Turk, James Voyles	Fight! Inch By Inch
2004	Kevin Eich, Jeremiah Foertsch, Ryan Langlais, Tyler Cookas	The Long March
2005	Ryan Ruckdashel, Sam Voyles, Kyle Wilson	No Guts, No Glory '
2006	Chad Eul, Minh Huynh, Josh Nelson	Our Vision, Our Mission
2007	Dan Getzke, Jake Nelson	Storm The Matt
2008	Bryan Okonek	Prepare for Battle
2009	Scott Hogan, Ty Groskreutz,	Something More
2010	Cody Groskreutz, Nels Pederson	Eye of the Storm
2011	Mitch Rechtzigel, Josh Blake, Ben Schmitz	Trained Tough
2012	Mitch Rechtzigel, BJ Groskreutz, Chris Bechly	Aim Towards the Enemy
2013	Jonathan Lenz, Anthony Munos, Jacob Rukavina	Respect All, Fear None
2014	Jack Buck, Billy Marks, Nick Pegelow	Leave No Doubt
2015	Luke Dodd, Casey Dravis	Pain is Temporary, Pride is Forever
2016	Mike Delich, Tim Duffy, Alex Lindstrom	Think Strong–Be Strong–Finish Strong
2017	Mike Delich, Brendan Formaneck, Alex Lindstrom	I Am Aggressive & Relentless
2018	Logan Estep, Eric Schmidt, Peter Swanson	True Grit





I wrestle because... "I love the team, competing, & getting in shape.' Favorite memory of

Brady O'Neil

**EVHS Activities:** 

Football FCA Lacrosse

Grade: 12

Eastview Wrestling: Going to bi-state

6 EASTVIEW WRESTLING

#### 2017-2018 FRESHMAN SCHEDULE

2017-2010 I RESIMAN SCIEDOLE					
DATE	OPPONENT	SITE	TIME		
Friday, Nov. 10	Commitment Night	Eastview	6:30 pm		
Monday, Nov. 20	Practice Begins	Eastview	2:45 pm		
Thursday, Nov. 30	Intra-Squad Practice / Scrimmage	Eastview	6:00 pm		
Friday, Dec. 1	Eastview Invitational	Eastview	5:00 pm		
Saturday, Dec. 2	Eastview (K-8) Tournament	Eastview	9:00 am		
Tuesday, Dec. 5	Henry Sibley / Richfield	Eastview	4:30 pm		
Sunday, Dec. 10	Spaghetti Dinner / Silent Auction	Rosemount Legion	4:30 pm		
Tuesday, Dec. 12	Hastings / Rosemount	Hastings	4:30 pm		
Saturday, Dec. 16	Northfield Invitational (JV&9)	Northfield	9:30 am		
Tuesday, Dec. 19	Farmington	Eastview	4:30 pm		
Fri-Sat, Dec. 29-30	Bi-State Classic (V)	La Crosse, WI	10:00 am		
Saturday, Jan. 6	Eastview Team Tournament	Eastview	9:00 am		
Tuesday, Jan. 9	Park / Apple Valley	Park	4:30 pm		
Tuesday, Jan. 16	St. Thomas / Cretin-Derham Hall	Eastview	4:30 pm		
Saturday, Jan. 20	State Team Tourney (Need to qualify)	Hastings	9:30 am		
Saturday, Jan. 27	Region 4 Individual Tourney	Richfield	9:00 am		
Saturday, Feb. 3	State Individual Tourney (Need to qualify)	Champlin Park	8:00 am		
Saturday, Feb. 10	South Suburban Invite (9th-JV)	Lakeville South	9:00 am		
Fri-Sun, Mar. 9-11	MN/USA State Tournament (Cadets)	Rochester	TBD		
Sunday, Mar. 18	Wrestling Banquet	Rosemount CC	4:30 pm		
TBD	Thunderbolts Freestyle Tourney	Eastview	10:00 am		

#### 9th Grade State Team Championships

2000 - Consolation Champions

2002 - State Team Qualifier

2003 - State Team Qualifier

2004 - State Team Qualifier

2005 - State Team 10th Place

2006 - State Team Qualifier

2007 Ctate Team Qualific

2007 - State Team 8th Place

2009 - State Team Consolation Finalists

2012 - State Team Consolation Finalists

2013 - State Team Qualifier

2014 - State Team Qualifier 2017 State Team Qualifier

# 9th Grade State Individual Championships

1999 - 11th Place

2001 - State Champions

2005 - 3rd Place

2012 - State Runner-up

# 9th Grade State Individual Championships

1998

Adam Johnson Brian Nold Adam Fokken – 1st Don Wachter

1999 1999 Team 11th Place Honors Mikey Fornicoia – 5th

**2000** Brian Lewis – 6th Pat Dea John Getzke Andrew Lenertz

Eric Lemm - 8th

David Pudwill - 4th

2001
2001 Team
State Champions
Steve Davis – 1st
Sean Dwyer – 1st
Ryan Langlais – 2nd
Eric Yuen – 4th
Kyle Fokken – 6th
Pat Dea – 8th
David Hilden – 8th
Kevin Eich
Jeremiah Foertsch
Tim Lewis

2002
Tyler Cookas
Sam Voyles – 4th
Tom Chies
Scott Polansky
Troy Fokken

2003 Troy Fokken – 4th Justin Armstrong Chad Eul

Chad Eul Jon Latterner Andrew Nelson Matt Neutz

Dan Getzke – 8th Kennedy Mans Jake Neutz Justin Peterson Ryan Stepan

2004

2005 Team 3rd Place Honors Trevor Gordon – 2nd Will Jackson – 2nd Trevor Flaten – 4th Bryan Okonek – 6th Zack Fanth – 7th

Alex Makabe

Scott Kenning

2006 Scott Hogan – 1st

Ty Groskreutz

Brad Hogan – 6th Ben Bowar – 6th Cody Groskreutz – 7th Joey Scott – 8th

2008 Brad Hogan – 2nd Matt Galloway

2009 Kai Matsuhashi

**2010**Anthony Munos – 8th
Rico Davis
Jabri Guy

**2011** Jack Buck – 8th

2012

Kevin McComb – 2nd Luke Dodd – 3rd Tom Delich – 4th Will Rains – 5th Casey Dravis – 6th Zach Praus

2013
Daniel Arehart
Dane McDevitt
Matt Schumann

**2014**Gage Greenlee
Mike Delich – 1st

**2015**Eric Schmidt
Noah Drehmel

**2016** Mason Enderlein – 8th Peyton McGowan

Peyton McGowan Peter Swanson Quinn Hoffman Cedric Warner – 8th

2017 Dylan Fredrickson Nathan Langer

#### LIGHTNING SUPPORT

## **Varsity and Junior Varsity Managers**











en Marissa Munos

Morgan Van Waes





Videographers





Abby Lindgren Lex

Lexi Hughes



#### TRUE GRIT 9

# EASTVIEW WRESTLING

COACHING





#### Kurt Habeck - Head Coach

Coach Kurt Habeck, a native of Winona, Minnesota, has been a social studies teacher, wrestling and football coach, and weight room instructor for twenty seven years.

Kurt was a graduate of Augsburg College where he competed in wrestling and was a captain on the NCAA III National Championship Team. Individually, Kurt was a two-time MIAC Conference Champ and a NCAA III All-American and an Academic All-American. He was a varsity starter all four years as Augsburg placed eighth, third, second, and first nationally. Kurt met his wife, Shelly, at Augsburg. They have a 23-year-old daughter named Hannah, a 20-year-old son named Zachary, 17-year-old daughter named Erinn, and a 14-year-old named Luke. Kurt and his family reside in Apple Valley. When not involved with school related activities, Kurt enjoys spending his time hunting, fishing, and training for fitness.



#### Josh Nelson – Assistant Coach

Coach Josh Nelson is in his 11th year of coaching at Eastview High School. He is a 2006 Eastview graduate; while in high school, Josh was a threetime varsity starter and a captain of the varsity team during his senior year. He is the 9th-grade head coach but assists with the IV and varsity teams whenever he can. Along with coaching high school, he is also involved with the EVAA youth wrestling program where he enjoys seeing young

wrestlers continue to improve while still having fun!

Josh and his wife, Leah, have a 4-year-old son named Blake; they currently reside in Apple Valley. In his free time, Josh enjoys fishing, wakeboarding, snowboarding, and working out.



#### John Prokopowicz – Assistant Coach

Coach John Prokopowicz is on his fourth year of coaching, and currently teaches at Eastview High School as a special education teacher. He graduated from Simley High School in 2008 and was a captain of the 07-08 varsity wrestling team. During his prep career, John was a 4-time state qualifier and was part of a state champion team in 2008. In his free time, John enjoys spending time with his wife Katie, traveling, and outdoor



#### Chad Wentzel - Assistant Coach

Coach Chad Wentzel is from Pipestone, MN. While in high school Chad wrestled in the heavy weight class and played football. He is in his eighth year assisting the Eastview wrestling program. He is also a coach in the football program. Chad played football at Dakota State University in Madison, South Dakota for two seasons. He graduated from Minnesota State University-Mankato and is currently teaching at Highland Elementary and Scott

Highlands Middle School. He is married to Julie and they have one child, Maddie, who is 8 years old. In his spare time he enjoys spending time with his family and outdoor activities.



#### Ron McClure – Assistant Coach

Coach Ron McClure returns for his second season as an assistant wrestling coach with Eastview. He was a Hopkins Senior High grad placing fourth as a senior way back in 1988 at the MN State High School Tournament. He wrestled for the Gophers, then transferred to UMD where he was a 4-time Conference Champion and a 2-time NCAA Division II going 108-16 at Minnesota Duluth. Ron has worked with Hennepin County for the past

16 years in the Human Services Department working with the Courtcommitted mentally ill clients. Ron, and his finance Gina, have three men at home in Woodbury; Cole (17), Luke (14), and Jackson (7). In his spare time, which isn't all that much, Ron enjoys HIS Minnesota Vikings, playing with the boys, minecrafting, and likes to watch movies.



#### **Dean Stockwell** – Assistant Coach

Coach Dean Stockwell, a native of Owatonna, Minnesota, graduated from Mankato State University where he was a two-year participant in a nationally ranked wrestling program. Dean moved to Apple Valley in 1996 and has been involved in the baseball, football and wrestling youth sports programs. 2017-18 will be Dean's ninth year as an assistant coach with the Ninth Grade program. Dean has been married to Jenna

for 23 years and they have a 22-year-old son, AJ and a 20-year-old son, Adam. Dean works for the St. Paul Park Refining Company/SuperAmerica, and when not involved with work or youth sports, enjoys hunting, fishing, reading and spending time with family.



#### Jarred McCarthy - Assistant Coach

Coach Jarred McCarthy has been an assistant wrestling coach at Eastview since 2010. Jarred wrestled for Farmington High School with career highlights including winning a MSHL State Tourney championship at 140 lbs as a junior and placing fourth as a sophomore. He also competed in USA Wrestling freestyle winning multiple championships and competing on the Minnesota Storm National Team for several years. Jarred then

wrestled for Augustana College as a 141 pounder through his junior year. Aside from wrestling Jarred enjoys traveling with his wife Maggie, camping, rock climbing, riding his bikes and watching his sons Sage and Bodhi grow.



#### Minh Huynh - Assistant Coach

Coach Minh Huynh is currently living in Apple Valley and was recently married to Nicole. Minh and Nicole recently had their first child. Minh is in his 9th year of coaching at Eastview High School. Minh graduated from Eastview High in 2006 and was a co-captain of the 05-06 varsity wrestling team. During his prep career, Minh was a 3-time state qualifier with a 4th place finish as a junior. In his free time, Minh enjoys competing in

marathons and triathlons when he is not working and assisting with wrestling.



#### Bradley Vanderveren – Assistant Coach

Coach Brad Vanderveren lives in Apple Valley, and currently works at Eastview High School. He graduated from Pulaski High School in 2004. He was a two-time state qualifier for Wisconsin in 2003 and 2004. He went on to play college football and graduated from the University of Wisconsin River Falls in 2008. During his free time he enjoys fishing, hunting and spending time with his wife and son.



#### **Tristin Faust** – Assistant Coach

Coach Tristin Faust is in his first year as an assistant wrestling coach at Eastview. He wrestled for Northfield High School where he had 159 wins, was a three-year captain, three-time state entrant, and in his senior year captained the team to the MSHL State Tournament for the first time in school history. Tristin also competed in USA Wrestling; both in Freestyle and Greco, and was a member of Minnesota Storm National Teams in

both styles. Tristin did not compete in wrestling at the collegiate level, but went on to complete a dual degree in engineering at the University of Wisconsin-Madison. Aside from wrestling, Tristin enjoys spending time with family, friends, and his girlfriend Tessa, as well as working as a consultant, listening to all kinds of music, hunting and fishing trips up North, traveling, hiking, collecting rocks and minerals, and cooking.



#### Chris Abbey, Jr. – Assistant Coach

Coach Chris Abbey Jr. has been wrestling for seven years now. He wrestled for Eastview all four years, three years on the varsity team. He wrestled on the section team last year. Chris graduated from Eastview in 2017, and is now coaching and loves it. He enjoys working with the guys and being able to continue wrestling. During his free time he has fun spending time with family and friends. He also enjoys TV and food — lots of food

— and loves to make people smile and lift up others. Chris hopes to make a big difference in the world one way or another.

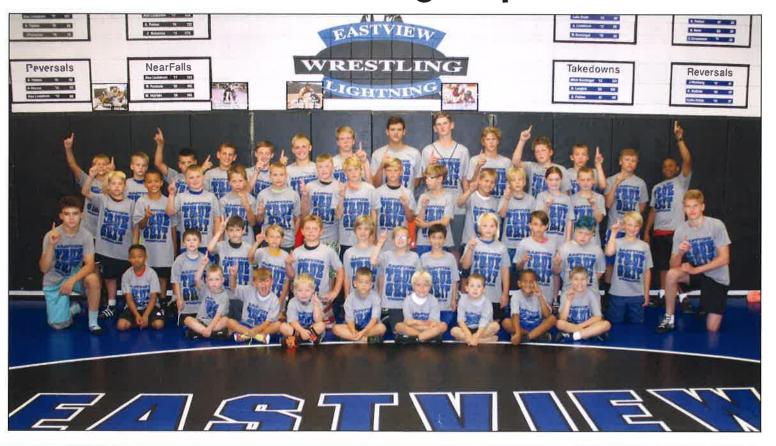


10 EASTVIEW WRESTLING

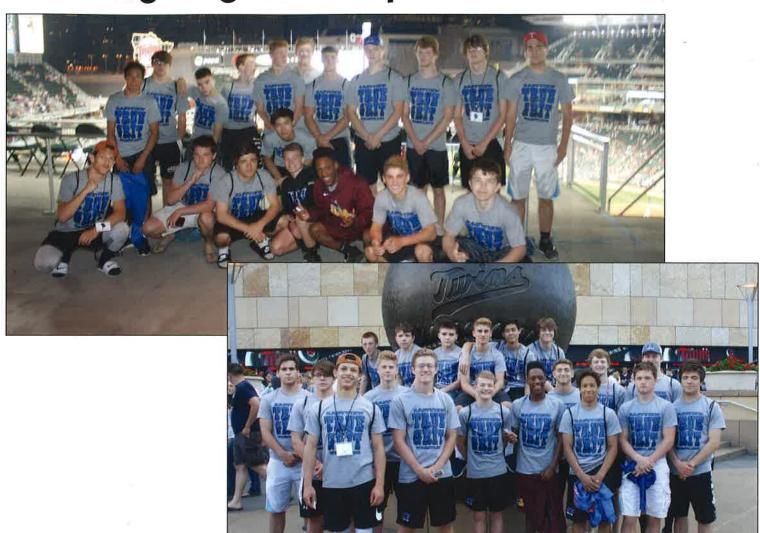
# Augsburg Team Camp 2017



# **Eastview Wrestling Camp 2017**



# Augsburg Team Camp – MN Twins Game



# Off-Season Training Club 2017



# Off-Season Training Club Members 2017

#### Silver

Logan Estep, Mason Enderlein

#### Bronze

Peter Swanson, Trever Sharp, Quinn Hoffman, Mark Norton, Rutger Haines, Eric Schmidt,

# **EV Wrestling Clinic 2017**

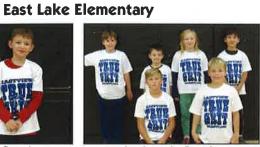
#### **Diamond Path Elementary**





2nd - 5th Grade

Pre-K - 1st Grade



2nd - 5th Grade

**Highland Elementary** 

#### **Greenleaf Elementary**



Pre-K - 1st Grade



2nd - 5th Grade



Pre-K - 1st Grade



2nd - 5th Grade

#### Oak Ridge Elementary



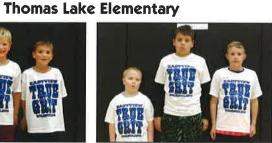
Pre-K - 1st Grade



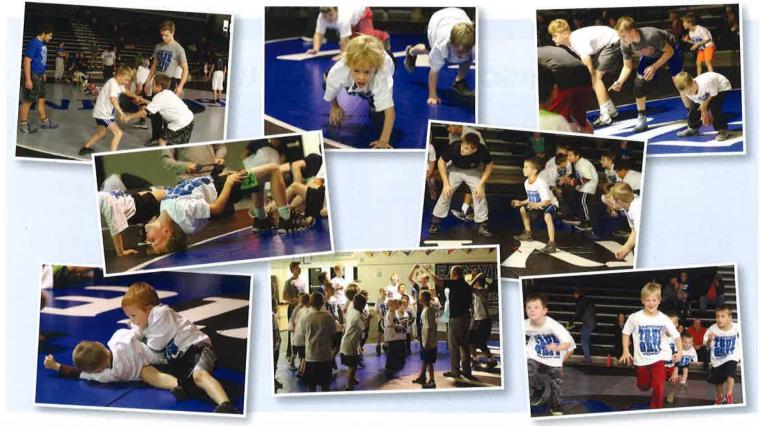
2nd - 5th Grade



Pre-K - 1st Grade



2nd - 5th Grade



# **EVAA Wrestling 2017**



#### Pre-K - K

#### **Pre-Kindergarten** Aisha Addo Wesley Christianson

Leo Craft Connor Fokken Ayden Geurink Jonas Gillman Maxwell Oudekerk Andrew Ratts Roscoe Ring Blake Sybilrud Andren Tuftee Coralyn Wagner Arlo Williams

#### Kindergarten

Omar Addo Olivia Belz Chase Gillman Kyle Hadsall Lou Harris Aydan Henderson Rosie Hyser Logan Kulak **Bodey Loberg** Dorian Nelson Blake Repke Nikolas Richards Jr. **Travis Sanders** Easton Wagner Maxwell Walker

#### 1st - 2nd Grade

#### 1st Grade

Zuhra Addo Tristan Bachand Kieran Lee Crotty Abel Edwards Trey Hudson Dominic Notermann Charles Puzder Cody Sandberg Jack Schmisek Jack Turberville Isaac Walker Owen White

#### 2nd Grade

Cole Binsfeld Henry Craft Alex Creig Will Harris Pierce Jackson Jackson McClure Jonathan Ratts



#### 3rd - 5th Grade

#### **3rd Grade**

Sophia Belz Andrew Borden Brendon Clover James Columbus Hunter Eisenhut James Glass Nathan Repke Trey Sanders Ian Stok

#### 4th Grade

Kassim Addo Jacob Darsow Jesse Domagalski Aiden Frost Robert Gerisch Aaron Kasperowicz Ryan Layeux

Kiernan Lee Spencer Lee William Mitchell Logan Myers Ezra St. Marie Thomas Schmidt AJ Swier Michael Tchalla Matthew Wagner 5th Grade

# Jack Bauer

Kayden Burrell Nolan Kasperowicz Landon Odegard Logan Ostler Esiah Peterson Ryder Repke Levi Ruyle

#### **Black Hawk Middle School**

Coaches: Mike Hogan, Sam McDonald, Todd Halderman

#### **BLACK HAWKS PANTHERS**

Front: Jonah Spence, Sam Cohen, Ethan Dupont, Justin St. Onge.

Back: Miguel Zagal, Jack Stevens, Duana Williams-Riggs, Sam Rohloff, Daniel Pacheco.

Not Pictured: Micah Baum, Luke Thoresen, Ty

#### Falcon Ridge Middle School

Coach: Chad Wentzel

#### **FALCON RIDGE FALCONS**

Front: Riley Meyers, Ayden Columbus, Rayane Benahsaine, Sam Riascos, John Schwartz, Jadyn-Romeo Moore, Calvin Lema.

Back: Ethan Daniels, Ezra Formaneck, Sam Weinhaus, Brady Kelley, Zach Kortbein, Alex Baccoli, Josh Yoo, Spencer Staves, Dillon Laundrie, Jake Borman.





# Scott Highlands Middle School Coaches: Travis Lee, Todd Frost

# SCOTT HIGHLANDS Saints

Front Row (L-R): Landen Crisp, Todd Ostler, Hunter Sherwin, John Kamara, Everett Krajicek, Luis Rudolph, Brian Gerisch.

Row 2: Dylan Jones, Tyler Schade, Akius Farland, Giovanni McCune, Luke Habeck, Elias Abdulakfur, Ian Renier, Aidan Pelto, Alexander

Row 3: Damon Halling, Landon O'Neil, Josh Ziegenbein, Taylor Fritz, Benjy VandeBerg, Damon Norberg, Cole Frost, Jack Sullivan, Noah Landwer, Andrew Bergstedt.

Not Pictured: Anthony Fering, Henok Haile.

#### EASTVIEW LIGHTNING

# 2017 Section 2AAA Academic Team



Eastview Wrestlers (Left to right): Mike Delich (195), Alex Lindstrom (170), Chris Abbey (160), Mason Enderlein (106).

# Alumni Night – 2017



# 2016-2017 Dual Meet Results

# **Varsity Dual Meet Results**

	Overall Rec		17 Wins 9 Los 4 Wins 5 Los		
	Eastview	43	Farmington	27	Win
	Eastview	62	St. Paul Central	15	Win
	Eastview	61	Alexandria	15	Win
	Eastview	28	Eagan	33	Loss
	Eastview	19	Scott West	41	Loss
	Eastview	55	Eden Prairie	15	Win
	Eastview	65	Minnetonka	12	Win
	Eastview	63	Zimmerman	13	Win
	Eastview	58	Chaska/Chanhassen	10	Win
	Eastview	37	Faribault	31	Win
	Eastview	35	Lakeville North	36	Loss
	Eastview	60	Maple Grove	7	Win
	Eastview	56	Milaca	11	Win
	Eastview	23	Anoka	46	Loss
	Eastview	42	Mounds View	30	Win
	Eastview	13	Apple Valley	58	Loss
	Eastview	14	Shakopee	59	Loss
	Eastview	28	Prior Lake	41	Loss
	Eastview	40	Lakeville South	28	Win
	Eastview	71	Rosemount	6	Win
	Eastview	37	Delano	36	Win
	Eastview	46	White Bear Lake Area		Win
	Eastview	28	South St. Paul	35	Loss
	Eastview	69	Burnsville	9	Win
	Team Secti	ions			
	Eastview	34	Lakeville North	30	Win
	Eastview	18	Shakopee	56	Loss
	Team Tour	naments			
	Eastview	Duals (3)		st Place	
	Mounds V	iew Duals	(4)	Brd Place	9
		Duals (3)		2nd Plac	е
	Individual <sup>*</sup>	Tourname	nts		
ı	Trinity Tou			1st	Place
	Bi-State C		3rd Place Divisi	on. 7th C	overall
		Invitational			Place
		/estonka To	urnament		Place
	Wound W	restoring IC	umament	2110	riace



## **Junior Varsity Dual Meet Results**

Ī	Overall Re	cord:	10 Wins	7 Losses	
	Eastview	21	Farmington	39	Loss
	Eastview	57	St. Paul Central	12	Win
	Eastview	12	Alexandria	3	Win
	Eastview	45	Eagan	48	Loss
	Eastview	39	Scott West	37	Win
	Eastview	56	Eden Prairie	12	Win
	Eastview	24	Minnetonka	0	Win
	Eastview	24	Zimmerman	12	Win
	Eastview	24	Chaska/Chanha	ssen 42	Loss
	Eastview	21	Faribault	27	Loss
	Eastview	36	Lakeville North	15	Win
	Eastview	18	Apple Valley	24	Loss
	Eastview	43	Shakopee	18	Loss
	Eastview	42	Lakeville South	12	Win
	Eastview	24	Prior Lake	36	Loss
	Eastview	30	Rosemount	6	Win
	Eastview	13	Burnsville	3	Win
	Individual	Tourna	monte		
	Mounds			10 surpotlore	nla a a al
			rite	19 wrestlers	
	Eastview			18 wrestlers	
	Armstron	-	•	19 wrestlers	
					•
	Conferer	nce Silve	r (1st Place)	10 wrestlers	placed
	Conferer	nce Gold	(2nd Place) or (1st Place)	10 wrestlers	placed

# Freshman Dual Meet Results

Overall Red Section Re		9 Wins 5 Loss 7 Wins 2 Loss		
Section Du	ıals			
Eastview	39	Henry Sibley	6	Win
Eastview	18	Eagan	51	Loss
Eastview	54	Richfield	0	Win
Eastview	41	St. Thomas Academy	12	Win
Eastview	27	Farmington	25	Win
Eastview	39	Park	21	Win
Eastview	63	Cretin-Derham Hall	0	Win
Eastview	51	Rosemount	18	Win
Eastview	14	Hastings	58	Loss
Eastview T	eam To	urnament		
Eastview	22	Owatonna	43	Loss
Eastview	34	Hastings	30	Win
Eastview	51	Rosemount	9	Win
Team State	Tourna	ament		
Eastview	27	Hutchinson	36	Loss
Eastview	36	Benilde-St. Margaret's	42	Loss
Individual '	Tournar	ments		
Eastview	Invite	6 wre	stlers p	laced
Region 4		6 wre	stlers p	laced
Armstrong	J۷		stlers p	
Conference			stlers p	

# 2017 Team Recognition

ETTER WINNERS		
Mason Enderlein	EV	2X
Alex Burdi	EV	2X
Gage Greenlee	EV	4X
Quinn Hoffman	EV	
Carter Mckenzie	EV	
Mark Norton	EV	2X
Brenden Rice	EV	
Peter Swanson	EV	
Cedric Warner	EV	
Patrick Watson	EV	
Kobie Alba	EV	
Bill Barretto	EV	
Adam Bass	EV	2X
Kyle Brusco	EV	2X
Charlie Dunne	EV	
Logan Estep	EV	3X
Jacob Laflex	EV	2X
Brady O'Neil	EV	
Blake Plan	EV	2X
Micky Prommachai	EV	
Eric Schmidt	EV	2X
Trever Sharp	EV	3X
Chris Abbey	EV	3X
Cory Brodeur	EV	2X
Mike Delich	EV	4X
Carter Epperson	EV	3X

EV	
EV	3X
EV	4X
EV	3X
EV	6X
EV	3X
EV	3X
EV	2X
EV	3X
EV	3X
EV	
EV	3X
EV	
EV	
EV	2X
EV	
EV	
	EV

Will Florin	EV	3X
Brendan Formaneck	EV	4X
Adam Larson	EV	3X
Alex Lindstrom	EV	6X
Nate Luciano	EV	3X
Dane McDevitt	EV	3X
Phil Melroe	EV	2X
Nate Moore	EV	3X
Mehdi Moukrim	EV	3X
Brady Renteria	EV	
Ben Sammon	EV	3X
CJ Thomas	EV	
MANAGERS		
MANAGERS		
Abby Lindgren	EV	
	EV EV	2X
Abby Lindgren		2X
Abby Lindgren Grace Florin	EV	2X
Abby Lindgren Grace Florin Steffi Frederickson	EV EV	2X
Abby Lindgren Grace Florin Steffi Frederickson Hope Gilbert	EV EV EV	2X 2X
Abby Lindgren Grace Florin Steffi Frederickson Hope Gilbert Abby Lien	EV EV EV	
Abby Lindgren Grace Florin Steffi Frederickson Hope Gilbert Abby Lien Marissa Munos	EV EV EV EV	2X
Abby Lindgren Grace Florin Steffi Frederickson Hope Gilbert Abby Lien Marissa Munos Allyson Tuthill	EV EV EV EV	2X 2X
Abby Lindgren Grace Florin Steffi Frederickson Hope Gilbert Abby Lien Marissa Munos Allyson Tuthill Morgan Van Waes	EV EV EV EV EV	2X 2X 2X
Abby Lindgren Grace Florin Steffi Frederickson Hope Gilbert Abby Lien Marissa Munos Allyson Tuthill Morgan Van Waes Alexa Hort	EV EV EV EV EV EV	2X 2X 2X

#### **ALL CONFERENCE**

Brendan Formaneck Alex Lindstrom Mike Delich Dane McDevitt

#### **ALL CONFERENCE** HONORABLE MENTION

Mason Enderlein Alex Burdi Blake Plan Chris Abbey

#### **SOUTH SUBURBAN CONFERENCE RECORDS**

Shakopee	9-0
Apple Valley	8-1
Prior Lake	7-2
Eagan	6-3
Lakeville North	5-4
Eastview	4-5
Lakeville South	3-6
Farmington	2-7
Rosemount	1-8
Burnsville	0-9

#### Most Valuable Varsity Wrestler of the Year

Alex Lindstrom

Most Valuable Junior Varsity Wrestler of the Year

Peter Swanson

Most Valuable Freshman Wrestler of the Year

Mason Enderlein

Freshman Team Most Valuable Wrestler

Dylan Fredrickson Most Improved Wrestler of the Year

Chris Abbey

**Most Improved Freshman** Wrestler of the Year

Roman Gilbert

Junior Varsity – Varsity **Drill Partner Award** Roman Gilbert

Freshman Drill Partner Award Chris Hahn

# **2017 Season Awards**

Academic Club -

Academic Club -**Gold** (3.6-4.0) Cole Frost

Conner Meixell Kellen Stewart Mason Enderlein Chris Hahn Kyle Le Sam Morgenstern Carter Epperson Jack Vandeberg Carter McKenzie Sam Lewison Peter Swanson Adam Bass Charlie Dunne Eric Schmidt Chris Abbey Mike Delich Adam Larson Payton Formaneck Marissa Munos

Darby O'Neil

Megan Lee

Abby Lien

Trisha Barretto

Abby Lindgren

Hope Gilbertson

Hannah Burlingame

Maggie Kennedy

**Silver** (3.0-3.59)Nathan Langer Dylan Fredrickson Roman Gilbert Nathan Taylor Rutger Haines Alex Burdi Quinn Hoffman Abe Joseph Mark Norton **Evan Thompson** Cedric Warner Kyle Brusco Mason Lentz Brady O'Neil Blake Plan Trever Sharp Cory Brodeur Tony Fiore Will Florin Alex Lindstrom Nate Luciano Dane McDevitt Phil Melroe Nate Moore Brady Renteria Ben Sammon Greta Rolfe

Grace Florin

Steffi Fredrickson Allyson Tuthill Ali Shahrokhi

# 3-D Club

Membership Chris Abbey Mason Enderlein Carter Epperson Brendan Formaneck Adam Larson Alex Lindstrom Dane McDevitt Phil Melroe Mark Norton Trever Sharp

#### Freshman 3-D Club Membership None in 2017

#### Scholar Athlete Award Mike Delich

# Lightning Award

Carter Epperson Adam Larson

## John Rodin Service Award

**Eric Schmidt** 

	Most Falls	
V	Alex Lindstrom	2
	Mike Delich	2
JV	Nate Moore	1
	Eric Schmidt	1
9th	Roman Gilbert	

	MOST IGREGORIIS	
	Alex Lindstrom	95
V	Abe Joseph	23
	Jacob Laflex	23
th	Dylan Fredrickson	29

- 34	Most Team Points	
V	Mike Delich	19
JV	Peter Swanson	9
9th	Dylan Fredrickson	7



#### SOUTH SUBURBAN CONFERENCE STATE DI ACE WINNERS

	300111	JUDUR	DAIT CONFER	EINCE	SIAIE PLACE	MINI	EINO
WT	NAME	PLACE	TEAM	138	Sam Webster	4th	Shakopee
106	Regan Schrempp	2nd	Apple Valley	145	Alex Loyd	1st	Shakopee
106	Max Crowe	3rd	Shakopee	145	Nate Larson	6th	Apple Valley
113	Aaron Cashman	1st	Shakopee	152	Alex Crowe	1st	Shakopee
113	Adam Mickelson	4th	Apple Valley	160	Kenny O'Neil	1st	Prior Lake
113	Trayton Anderson	2nd	Farmington	160	Wade Sullivan	2nd	Lakeville North
120	Zach Smith	4th	Prior Lake	170	Jalen Thul	2nd	Apple Valley
120	Brady Gross	5th	Apple Valley	170	Alex Lindstrom	3rd	Eastview
126	Carson Manville	1st	Shakopee	182	Calvin Sund	5th	Prior Lake
126	Curtis LeMair	5th	Prior Lake	182	Jonah Johnson	6th	Apple Valley
132	Brent Jones	1st	Shakopee	195	Mike Delich	3rd	Eastview
132	Skyler Raymond	5th	Farmington	220	Tanyi Besong	5th	Apple Valley
138	Kyle Rathman	3rd	Apple Valley	285	Gable Stevenson	1st	Apple Valley

## **SOUTH SUBURBAN** CONFERENCE TEAMS & 2016-2017 RECORDS

Z	U10-2U1/	בעו
1.	Shakopee	9-0
2.	Apple Valley	8-1
3.	Prior Lake	7-2
4.	Eagan	6-3
5.	Lakeville North	5-4
6.	Eastview	4-5
7.	Lakeville South	3-6
8.	Farmington	2-7
9.	Rosemount	1-8
10.	Burnsville	0-9

# Section 2AAA - 2017

#### **SECTION 2AAA** STATE PLACE WINNERS

SIATE I EACE WINNERS				
WT	NAME	PLACE	TEAM	
106	Regan Schrempp	2nd	Apple Valley	
106	Max Crowe	3rd	Shakopee	
113	Aaron Cashman	1st	Shakopee	
113	Adam Mickelson	4th	Apple Valley	
120	Zach Smith	4th	Prior Lake	
120	Brady Gross	5th	Apple Valley	
126	Carson Manville	1st	Shakopee	
126	Curtis LeMair	5th	Prior Lake	
132	Brent Jones	1st	Shakopee	
138	Kyle Rathman	3rd	Apple Valley	
138	Sam Webster	4th	Shakopee	
145	Alex Loyd	1st	Shakopee	
145	Nate Larson	6th	Apple Valley	
152	Alex Crowe	1st	Shakopee	
160	Kenny O'Neil	1st	Prior Lake	
160	Wade Sullivan	2nd	Lakeville North	
170	Jalen Thul	2nd	Apple Valley	
170	Alex Lindstrom	3rd	Eastview	
182	Calvin Sund	5th	Prior Lake	
182	Jonah Johnson	6th	Apple Valley	
195	Mike Delich	3rd	Eastview	
220	Tanyi Besong	5th	Apple Valley	
285	Gable Stevenson	1st	Apple Valley	

#### **EASTVIEW RESULTS AT SECTION 2AAA TOURNAMENT**

WT	NAME	PLAC
106	Mason Enderlein (3-1)	3rd
113	Mark Norton (0-2)	5th
120	Alex Burdi (0-3)	6th
126	Trever Sharp (0-3)	6th
132	Will Florin (2-2)	4th
138	Blake Plan (2-2)	5th
145	Gage Greenlee (2-1)	3rd
152	Brendan Formaneck (2-2)	4th
160	Chris Abbey (1-2)	4th
170	Alex Lindstrom (2-1)	2nd
182	Nate Luciano (1-2)	5th
195	Mike Delich (2-0)	1st
220	Dane McDevitt (1-2)	4th
285	Ben Sammon (2-2)	4th

#### **SECTION 2AAA TEAM POINTS**

1st	Apple Valley	28
2nd	Shakopee	27
3rd	Prior Lake	20
4th	Eastview	162.
5th	Lakeville North	14
6th	Burnsville	36.
7th	Rosemount	2
8th	Bloomington Jeffe	rson

## **EASTVIEW WRESTLING 2016-2017 HIGHLIGHTS**

#### The Varsity Team...

- Earned MN Academic Gold Recognition with a team GPA of 3.5.
- Earned 17 hard fought victories placing 1st at the Eastview Duals & 2nd at the Armstrong Duals.
- Had 4 wrestlers earn All-Conference and 4 earn All Conference Honorable Mention Honors.
- Placed all 14 wrestlers at Individual Sectionals with 9 placing in the top four.
- Had 1 Section Champs, 2 State Qualifiers, and 2 All-State Wrestlers earning 3rd place honors.
- Had 29 wrestlers get an opportunity to wrestle on varsity with 10 wrestlers earn at least 15 wins.
- Earned 368 match wins, 1908 team points, 190 falls, and 751 takedowns.

#### VARSITY STATISTICS & RECORDS

#### **VARSITY CAREER RECORDS**

FALLS				
<b>Alex Lindstrom</b>	17	88		
Adam Fokken	'01	83		
Jacob Rukavina	<b>'14</b>	75		
WIN	IS			
Alex Lindstrom	17	175		
Mitch Rechtzigel	′12	158		
Adam Fokken	<b>'01</b>	147		
TEAM POINTS				
Alex Lindstrom	17	824		
Adam Fokken	′01	727		
Jacob Rukavina	'14	679		

**TAKEDOWNS** Mitch Rechtzigel Ryan Langlais '04 449 Alex Lindstrom 17

**NEAR FALLS** 

Alex Lindstrom '17 - 191 Mikey Fornicoia Minh Huynh '06 148

> **REVERSALS** 17 101 13 92

**Alex Lindstrom** Anthony Munos Adam Fokken '01

## **VARSITY SEASON RECORDS**

### **FALLS**

Adam Fokken	'01	28
Nate Kocer	'03	28
Erik Ehresmann	′11	26

#### WINS

Alex Lindstrom	17	4
Luke Dodd	<b>'</b> 15	4
Mitch Rechtzigel	′12	3
	- 10	

# **TEAM POINTS**

Adam Fokken	01	200
Nate Kocer	′03	199
Mike Delich	17	197

#### **TAKEDOWNS**

12	221
'04	134
′01	119
	′04

# **NEAR FALLS**

Mikey Fornicoia	′02	79		
Josh Weinberg	′10	73		
Minh Huynh	′05	56		
DEVEDGALG				

### REVERSALS

Josh Weinberg	′10	4
Kevin McBride	'02	3
Collin Dolejs	'16	3

# 2016-2017 Varsity Statistics

										Team	
Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pin	Points
Chris Abbey	14	8	32	13	5	1	6	1	0	3	64
Bill Barretto	1	0	1	0	2	3	1	0	1	- 0	5
Cory Brodeur	13	6	18	22	3	4	3	2	0	6	71
Alex Burdi	18	22	36	33	22	13	11	3	2	2	76
Mike Delich	36	1	47	11	4	7	11	2	0	24	197
Mason Enderlein	31	11	72	39	4	8	18	6	4	15	155
Carter Epperson	12	12	19	20	6	5	2	0	0	8	69
Logan Estep	5	3	7	5	3	1	2	1	0	0	19
Will Florin	14	11	32	22	3	6	3	4	0	5	70
Brendan Formaneck	32	10	65	32	21	12	27	6	2	12	151
Roman Gilbert	3	3	7	2	2	0	3	0	1	2	17
Gage Greenlee	12	16	25	30	4	5	7	1	0	7	61
Rutger Haines	0	3	2	5	0	0	0	0	0	0	0
Adam Larson	15	8	27	22	8	8	8	1	2	4	62
Alex Lindstrom	40	5	95	29	12	13	21	2	5	19	195
Nate Luciano	15	13	27	25	4	1	1	0	0	6	75
Dane McDevitt	32	7	50	28	3	5	14	1	0	19	172
Phil Melroe	0	1	0	1	0	0	0	0	0	0	0
Nate Moore	1	0	0	0	0	0	0	0	0	0	6
Medhi Moukrim	14	14	46	19	7	5	11	1	0	8	73
Mark Norton	14	23	35	26	11	4	2	3	0	4	63
Brady O'Neil	1	2	1	1	1	0	1	0	0	1	6
Blake Plan	25	12	38	19	23	17	25	7	2	8	119
Micky Prommachai	1	7	4	2	0	0	0	0	0	0	3
Ben Sammon	17	18	26	21	1	0	2	0	0	10	87
Eric Schmidt	3	5	2	_ 1	5	3	3	0	0	3	18
Trever Sharp	10	28	18	39	12	3	10	3	1	1	44
Peter Swanson	4	2	8	8	2	0	1	0	0	3	21
Cedric Warner	3	8	11	7	2	0	0	0	0	0	9
SFASON TEAM TOTALS											

#### **SEASON TEAM TOTALS**

	AAILI	LOSS	עוו	_	H	NF2	NF3	WAJ.	1.15.	raiis	Points
<b>Eastview Team Totals</b>	368	259	751	482	170	124	193	44	20	170	1908

# 2016-2017 Junior Varsity Statistics

Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pin	Points
Chris Abbey	2	0	3	_ 1	0	0	3	0	0	2	12
Kobe Alba	8	9	17	6	3	5	2	2	0	3	35
Kory Barnes	2	5	6	7	2	1	3	0	0	1	9
Bill Barretto	4	0	7	1	2	3	0	0	0	3	24
Adam Bass	5	0	6	0	2	1	0	0	0	3	24
Cory Brodeur	4	0	4	0	0	1	1	0	0	4	24
Kyle Brusco	11	3	17	13	4	0	4	1	0	4	46
Charlie Dunne	6	12	14	10	1	0	0	0	0	- 5	33
Travis Faulkner	0	7	1	0	0	0	0	0	0	0	0
Walter Fiore	0	3	0	0	1	0	0	0	0	0	0
Will Florin	2	0	5	0	1	2	1	0	0	0	9
Dylan Fredrickson	2	1	5	2	2	0	0	0	0	1	9
Roman Gilbert	7	2	21	7	3	2	6	2	0	3	32
Gage Greenlee	0	1	1	0	0	0	0	0	0	0	0
Spencer Hagebock	1	1	1	1	1	1	0	0	0	1	6
Chris Hahn	2	0	2	2	0	0	1	0	0	2	12
Quinn Hoffman	8	5	17	10	5	2	9	2	1	3	37
Abe Joseph	11	3	23	14	3	3	7	1	1	5	51
Jacob Laflex	17	5	23	13	10	4	7	4	0	8	82
Nathan Langer	3	2	3	2	3	2	1	0	0	2	15
Kyle Le	4	0	7	4	0	0	0	0	0	4	24

(Continued on Page 24)

# JUNIOR VARSITY SEASON RECORDS

	-			
EA	ī	П	C	

WINTE		
Scott Kenning	'06	25
Justin Armstrong	'06	27
James Pudwill	′06	28

#### Andrew Lenertz '02 3 Tom Chies '03 3 Fred Hwang '03 3

#### **TEAM POINTS**

Andrew Lenertz	02	1/5
James Pudwill	'06	171
Justin Armstrong	'06	165

### TAKEDOWNS

Matt Ladd	′12	87
Mike Redig	'06	65
Nathaniel Carroll	'05	50

#### **NEAR FALLS**

Josh Weinberg	'08	40
Kyle Fokken	′02	39
Carter Epperson	'15	3.5

#### REVERSALS

David Phomphackdy	′13	28
Mike Redig	'06	26
Josh Weinberg	'08	22
Brian Wallenta	'04	22

### FRESHMAN SEASON RECORDS

#### **FALLS**

13

Dane McDevitt

Matt Schumann

Casey Dravis	12	16
WINS		
Tom Delich	<b>'12</b>	28
Casey Dravis	12	25
Brvan Okonek	'05	25

#### **TEAM POINTS**

Tom Delich	'12	143
Dane McDevitt	14	140
Casey Dravis	′12	139

#### **TAKEDOWNS**

Bryan Lewis	′00	80
Trever Sutherland	'05	68
Bona Ku	′01	61

#### **NEAR FALLS**

Nathaniel Carroll	'03	20
Minh Huynh	'03	23
Kyle Fokken	'01	2:

#### **REVERSALS**

Kyle Fokken	01	1
Andrew Nelson	'03	1
Nathaniel Carroll	'03	1
AT' 1 A 4 1	100	- 1

# 2016-2017 Junior Varsity Statistics

(Continued from Page 23)											Team
Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pin	Points
Mason Lentz	3	8	6	0	0	0	0	0	0	3	18
Sam Lewison	8	8	10	2	4	2	3	0	0	5	45
Carter McKenzie	6	7	13	9	2	1	2	0	0	5	33
Conner Meixell	2	5	6	1	0	3	3	1	0	1	10
Phil Melroe	15	1	16	11	2	1	3	0	0	6	63
Nate Moore	15	0	12	3	7	8	7	1	1	10	81
Brady O'Neil	9	5	14	2	2	2	5	0	0	9	54
Micky Prommachai	6	10	19	8	5	2	4	2	0	3	29
Brady Renteria	6	8	6	4	3	0	1	0	0	6	36
Brenden Rice	2	12	8	11	4	1	2	1	0	1	10
Eric Schmidt	11	1	11	2	4	1	0	0	0	11	66
Peter Swanson	17	0	21	8	5	3	5	0	0	14	93
CJ Thomas	0	4	2	5	1	0	0	0	0	0	0
Evan Thompson	4	.9	9	7	2	2	5	0	0	2	18
Marvin Trammel	2	3	8	4	0	1	0	0	0	0	6
Jack VandeBerg	0	2	1	0	1	1	0	0	0	0	0
Cedric Warner	8	1	11	6	2	1	2	0	0	5	39
Patrick Watson	7	11	18	19	6	5	5	0	1	3	35
TOTALS	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Points
<b>Eastview Team Totals</b>	221	154	380	197	93	61	94	18	4	138	1124

# 2016-2017 Freshman Statistics

Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Dylan Fredrickson	16	3	29	14	2	2	5	2	1	4	76
Cole Frost	7	6	2	7	4	2	2	0	0	1	33
Austin Gerisch	9	1	6	0	5	3	2	2	0	2	47
Roman Gilbert	12	7	18	5	4	5	5	0	1	7	68
Chris Hahn	7	3	10	8	1	2	1	0	0	3	42
Rutger Haines	8	5	12	2	4	1	3	0	0	5	45
Nathan Langer	12	3	14	7	1	7	7	2	1	6	67
Kyle Le	14	6	21	8	4	6	0	0	0	2	63
Connor Meixell	5	5	6	3	1	0	1	0	0	3	27
Sam Morgenstern	10	7	14	4	2	2	1	0	0	5	60
Kellen Stewart	0	5	0	1	0	0	0	0	0	0	0
Jack VandeBerg	6	11	9	4	2	3	2	0	0	3	33
TOTALS	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Points
<b>Eastview Team Totals</b>	109	64	142	65	32	33	31	6	3	41	579

## **School Song**

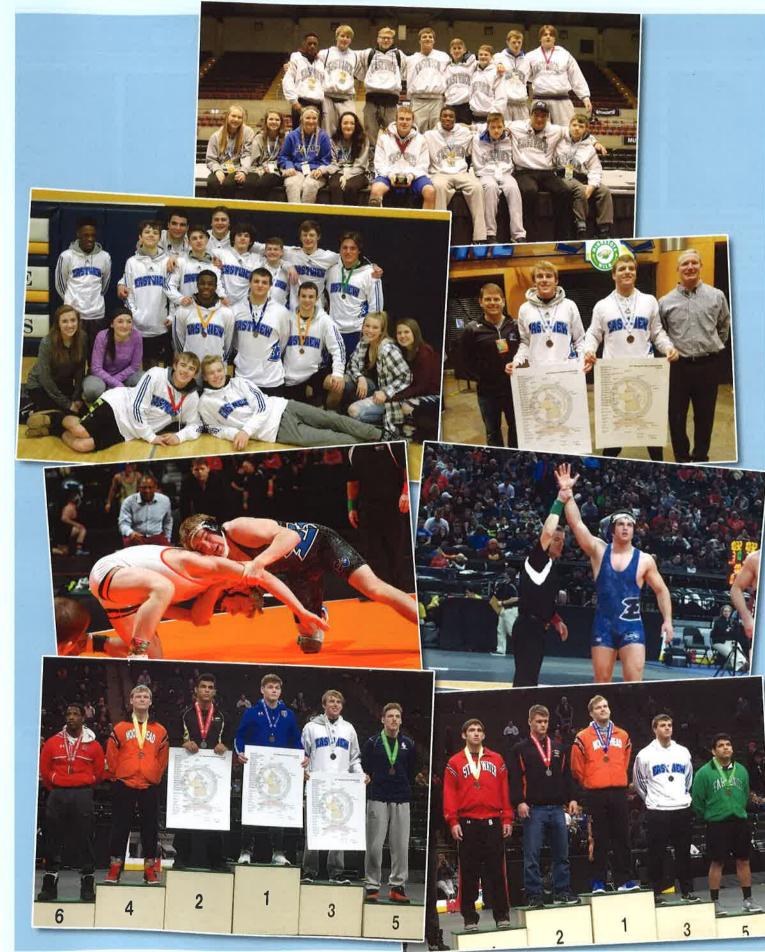
Go Eastview Lightning Victory is our game. Blaze a trail of glory Marching on to fame.

Feel the mighty thunder, Flash that fills the sky. Blue, black and white won't Give up the fight, We're the lightning from Eastview High.

Eastview Lightning Fight, fight, fight.

Go, fight, win tonight!





# **Eastview Distinguished Athletes**



Adam Fokken Football, Wrestliing & Track; 2001 Athlete of the Year; 2001 Scholar Athlete; the Year; 3X State Qualifer; 2000 4th Place State (189 lbs); 2001 State Champion (160 lbs.) (189 lbs.)



Ryan Langlais Football, Wrestling & Baseball; 2004 Athlete of 2004 Section Champion



Ryan Ruckdashel Football, Wrestling & Track; Distinguished Athlete & Scholar; 2004 MSHSL ExCEL Winner;



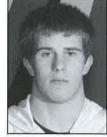
Scott Hogan Soccer & Wrestling; Football, Wrestling & Distinguished Athlete; 129 Baseball; 2001 Scholar Career Wins; Team Captain Athlete; 3-Sport Letter Winner; Team Captain



Cody Groskreutz Wrestling & Baseball; Athlete of the Year; 82



Ben Schmitz Wrestling & Soccer; Distinguished Scholar Career Wins; Team Captain Athlete; Section Place Winner; Team Captain



Jonathan Lenz Wrestling & Soccer: Scholar Athlete of the Year; Distinguished Scholar Section Place Winner: Team Captain 2013



**Nick Pegelow** Football & Wrestling: Athlete: State Qualifier: Team Captain 2014 Captain 2014



Jack Buck Football, Wrestling, Track; Letter Winner: Team



Collin Dolejs Football, Wrestling, Track; Athlete of the Year; 3-Sport Scholar Athlete of the Year; Athlete of the Year; Wrestling Scholarship Recipient; State Qualifier



Ty Groskreutz

Mike Delich Football, Wrestling, Track; 2X State Place Winner: 2X Captain



Alex Lindstrom Football, Wrestling, Baseball; Distinguished Athlete Award; 2X State Place Winner; 2X Captain, 175 Career Wins

# Wall of Excellence

Criteria: State Place Winner, finish the program in good standing, and graduate from Eastview High School.



**Tony Rodin** 1998 - 4th Place



Adam Fokken 2000 - 4th Place 189 lbs. 2001 - State Champ 189 lbs:



Mikey Fornicoia 2002 - 6th Place



John Getzke 2003 - 5th Place 152 lbs.



**Nate Kocer** 2003 - 6th Place



Minh Huynh 2005 - 4th Place



Mitch Rechtzigel 2012 - 2nd Place



Jacob Rukavina 2014 - 3rd Place



George Farmah 2014 - 2nd Place 2015 - 2nd Place



Luke Dodd 2015 - 2nd Place 182 lbs.



Tim Duffy 2015 - 5th Place 285 lbs.



Mike Delich 2016 - 4th Place 2017 - 3rd Place 195 lbs.



Alex Lindstrom 2016 - 5th Place, 160 lbs 2017 - 3rd Place, 170 lbs

# **Season Awards**

			Gas off 7 til dis		
Most	Valuable Varsity	2003	Troy Fokken	2012	Chris Bechly
Wres	tler of the Year	2003	Ryan Stepan	2013	Anthony Munos
	Tony Rodin	2004	Trever Sutherland	2014	Jack Buck & Tyler Lindgren
1999	Adam Fokken	2005	Scott Hogan	2015	Casey Dravis & Tom Delich
2000	Adam Fokken	2007	Cody Groskreutz	2015	Collin Doleis
2000	Adam Fokken	2007	Matt Galloway	2017	,
2001	Mikey Fornicoia	2008	Brad Hogan	2017	Carter Epperson & Adam Larson
2002	Nate Kocer			John	Rodin Service Award
		2010	Anthony Munos	1998	Brad Okonek
2004 2005	Ryan Langlais	2011	Jacob Rukavina	1999	Brad Okonek
	Minh Huynh	2012	George Farmah	2000	Andrew Lenertz
2006	Minh Huynh & John Makabe	2013	Tim Duffy	2001	John Getzke
2007	Jacob Nelson & Dan Getzke	2014	Alex Lindstrom	2002	Cory Wagner
2008	Scott Hogan	2015	Eric Schmidt	2003	Cory Wagner
2009	Scott Hogan	2016	Gage Greenlee	2004	Ben Foertsch
2010	Nels Pederson	2017	Mason Enderlein	2005	Dante Hendricks
2011	Mitch Recthzigel	Most	Improved Wrestler of the Year	2005	Pat Cox
2012	Mitch Rechtzigel	1998		2007	Joey Scott
2013	Jacob Rukavina	1999	Nick Thompson	2007	Nick Dodd
2014	Jacob Rukavina & George Farmah	2000	Brad Okonek	2010	Iacob Rukavina
2015	George Farmah & Luke Dodd	2000	David Rasmussen		
2016	Mike Delich, Alex Lindstrom	2001		2011	Levi Groskreutz
2017	Alex Lindstrom		Eric Lemm	2012	Billy Marks
Mank	Valuable Junion Vansitu	2003	Jud Turk	2013	Nick Pegelow
	Valuable Junior Varsity	2004	Minh Huynh	2014	Brendan Formaneck
	tler of the Year	2005	Josh Nelson	2015	Brendan Formaneck
	Jim Maloney	2006	Chad Eul	2016	Brendan Formaneck
1999	Tyrel Narva	2007	Dijon Sanders	2017	Eric Schmidt
2000	Chris Verhaeghe	2008	Nels Pederson	Wros	tling Manager Hall of Fame
2001	David Pudwill	2009	Nels Pederson & Josh Weinberg	2000	Erinn Roos
2002	Andrew Lenertz	2010	Eric Ehresmann	2000	Rachel Davis
2003	Andrew Lenertz	2011	Anthony Munos & Josh Blake	2001	Kari Okonek
2004	Brian Wallenta	2012	BJ Groskreutz	2003	Ashley Langlais
2005	Chad Eul	2013	Will Gibson	2009	
2006	Mike Redig	2014	Jordan Swanson	2010	Libby Carroll
2007	Jeff Hanson	2015	Jack Schliesman		Brooke Larson & Sara Olson
2008	Josh Weiberg	2016	Logan Estep	2013	Hannah Habeck
2009	Nick Dodd	2017	Chris Abbey	2016	Rachel Schmidt
2010	Alec Teagarden	Linbi	ning Award	2016	Brianna Peterman
2011	Matt Henning	1998		Wres	tling Scholarship Recipients
2012	Matt Ladd		Chris Verhaeghe	2005	Kyle Wilson
2013	Billy Marks	1999	Chris Verhaeghe	2006	John Makabe
2014	Jack Schliesman	2000	Brian Putnam	2007	Jacob Nelson
2015	Carter Epperson	2001	Brian Putnam & Eric Budd	2008	David Ly
2016	Adam Larson	2002	David Pudwill	2009	Robert Ladd
2017	Peter Swanson	2003	Jud Turk & John Getzke	2010	Nick Dodd
		2004	Jeremiah Foertsch	2010	Ben Schmitz
	Valuable Freshman	2005	Sam Voyles	2011	Chris Bechly
	tler of the Year	2006	Chris Griepp & Dillon Powell	2012	Ionathan Lenz
1998	Adam Fokken	2008	Bryan Okonek & David Ly		
1999	Mikey Fornicoia	2007	Abebe Dessalegn & Andrew Pudwell	2014	Billy Marks
2000	Bryan Lewis	2009	Bobby Ladd & Matt Franson	2015	Luke Dodd & Brett Hestness
2001	Steve Davis	2010	Nick Dodd & Cody Groskreutz	2016	Collin Dolejs
2002	Tyler Cookas	2011	Erik Ehresmann	2017	Mike Delich

#### **Season Statistics**

							$\sim$							
	Wins	Losses	Ties	Conf. Wins	Conf. Place	State Qualifiers			Wins	Losses	Ties	Conf. Wins	Conf. Place	State Qualifiers
1998	3	19	1	1	9th	1		2010	21	6	0	8	2nd	0
1999	6	14	1	2	7th	2		2011	14	13	0	4	4th	0
2000	18	4	0	7	2nd	3		2012	12	15	0	2	7th	3
2001	14	8	0	5	5th	4		2013	16	8	0	4	4th	1
2002	16	9	0	6	4th	3		2014	21	5	0	5	3rd	4
2003	21	5	1	7	2nd	4		2015	18	7	0	4	7th	7
2004	13	15	0	4	5th	3		2016	19	6	0	4	6th	5
2005	12	14	0	3	7th	3		2017	17	9	0	4	6th	2
2006	24	7	0	8	2nd	3		Totals	310	190	620	winning	norconto	100
2007	13	7	0	5	4th	3		IOtals	310	130	.020	wiiiiiiig	hercente	ige
2008	14	10	0	5	4th	0								
2009	18	9	0	7	2nd	2								

## **Wrestling Academic Team**

2000	Silver Academic Team - 3.44
2001	Gold Academic Team - 3.68
2002	MN State Academic Champions - 3.71
2003	Gold Academic Team - 3.59
2004	Gold Academic Team - 3.6
2005	Gold Academic Team - 3.61
2006	Gold Academic Team - 3.67
2007	Gold Academic Team - 3.64
2008	MN State Academic Champions - 3.84
2009	MN State Academic Runner-up - 3.89
2010	MN State Academic Champions - 3.88
2011	Gold Academic Team - 3.79
2012	MN State Academic Champions - 3.79
2013	MN State Academic Champions - 3.74
2014	Gold Academic Team - 3.71
2015	Gold Academic Team - 3.62
2016	Gold Academic Team - 3.5
2017	Gold Academic Team - 3.5

#### **Academic All-State**

2001	Adam Fokken
2012	Mitch Rechtzigel
2017	Mike Delich

## Top 25 Alumni Career Wins

10p 23 Alu		Caree	I AAIII2
NAME	YEAR	WINS	LOSSES
Alex Lindstrom	2017	175	84
Mitch Rechtzigel	2012	158	50
Adam Fokken	2001	147	36
Jacob Rukavina	2014	141	68
Ryan Langlais	2004	139	54
Scott Hogan	2009	129	25
Mike Delich	2017	111	22
Kevin McBride	2003	110	84
George Farmah	2015	108	25
Mikey Fornicoia	2002	107	31
Minh Huynh	2006	100	32
Luke Dodd	2015	100	54
Anthony Munos	2013	94	62
Brendan Formaneck	2017	93	54
John Makabe	2006	90	33
BJ Groskreutz	2012	85	28
Tim Duffy	2016	83	33
Pat Dea	2004	79	57
Casey Dravis	2015	79	51
John Getzke	2003	78	46
Tony Rodin	1999	77	23
Nick Pegelow	2014	72	31
Dan Getzke	2007	70	35
Dane McDevitt	2017	69	31
David Rasmussen	2001	66	49

# **Eastview Wrestling Recognitions**

#### All Conference

Tony Rodin (2x) Brad Okonek Nate Ernst Adam Fokken (4x) David Rasmussen Mikey Fornicoia (3x) Eric Lemm James Voyles John Getzke Nate Kocer Kevin McBride Ryan Langlais (2x) Minh Huynh (2x) John Makabe(2x) Ryan Ruckdashel Scott Hogan (3x) Jacob Nelson Andrew Nelson

Dan Getzke Chad Eul Bryan Okonek Mitch Rechtzigel (3x) Nels Pederson Josh Weinberg Erik Ehresmann BJ Groskreutz George Farmah (2x) Anthony Munos Jacob Rukavina Alex Lindstrom Billy Marks Luke Dodd (2x) Nick Pegelow Mike Delich (2X) Alex Lindstrom (2X) Collin Dolejs

Tim Duffy Mike Delich (2x) Alex Lindstrom (2x) Dane McDevitt (2x)

#### **Section Champs**

Tony Rodin Adam Fokken David Rasmussen Mikey Fornicoia James Voyles Nate Kocer Ryan Langlais Nels Pederson George Farmah (2x) Luke Dodd Mike Delich Tim Duffy Mike Delich (2x)

#### **State Qualifiers**

Dane McDevitt

Tony Rodin Brad Okonek	(2x)	4th Place	Nels Pederson Dijon Sanders		
Adam Fokken	(3x)	4th Place	BJ Groskreutz		
		1st Place	Mitch Rechtzigel		2nd Place
David Rasmussen			Jacob Rukavina	(3x)	3rd Place
Mikey Fornicoia	(2x)	6th Place	Nick Pegelow		
James Voyles			George Farmah	(2x)	2nd Place
Jud Turk					2nd Place
Nate Kocer		6th Place	Luke Dodd	(2x)	2nd Place
John Getzke		5th Place	Casey Dravis		
Ryan Langlais	(3x)		Tom Delich		
Pat Dea			Tim Duffy	(2x)	5th Place
Steve Davis	(2x)	4th Place	Alex Lindstrom	(2x)	5th Place
Minh Huynh	(3x)	4th Place	Collin Dolejs		
John Makabe			Mike Delich	(2x)	4th Place
Ryan Ruckdashel			Dane McDevitt		
Dan Getzke			Alex Lindstrom	(3x)	5th Place
Chad Eul					3rd Place
Jacob Nelson			Mike Delich	(3x)	4th Place
Will Jackson		4th Place			3rd Place



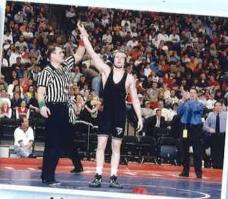
# **Eastview State Qualifiers**



Tony Rodin - 1998 4th Place - 125 lbs.



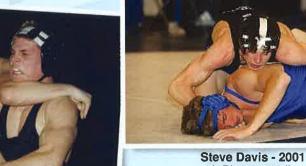
Brad Okonek - 2000 State Qualifier - 152 lbs.



Adam Fokken - 2001 State Champion - 189 lbs. 4th Place - 189 lbs.



David Rasmussen - 2001 State Qualifier - 145 lbs.



4th Place - 119 lbs.



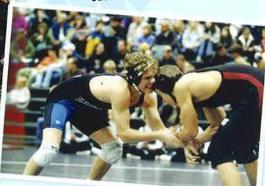
Mikey Fornicola - 2002 6th Place - 130 lbs.



Nate Kocer - 2003 6th Place - 189 lbs.



John Getzke - 2003 5th Place - 152 lbs.



Judd Turk - 2003 State Qualifier - 140 lbs.



James Voyles - 2003 State Qualifier - 215 lbs.



Pat Dea - 2004 State Qualifier - 125 lbs.



Ryan Langlais - 2004 State Qualifier - 160 lbs.

# **Eastview State Qualifiers**



John Makabe - 2005 State Qualifier - 152 lbs.



Minh Huynh - 2005 4th Place - 103 lbs.



Ryan Ruckdashel - 2005 State Qualifier - 285 lbs.



Chad Eul - 2006 State Qualifier - 215 lbs.



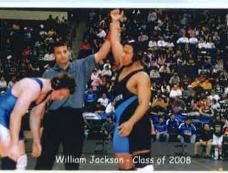
Jake Nelson - 2007 State Qualifier - 130 lbs.



Dan Getzke - 2007 State Qualifier - 171 lbs.



Nels Pederson - 2009 State Qualifier - 152 lbs.



Will Jackson - 2008 4th Place - 215 lbs.



Dijon Sanders - 2009 State Qualifier - 285 lbs.



Mitch Rechtzigel - 2012 2nd Place - 160 lbs.



BJ Groskreutz - 2012 State Qualifier - 130 lbs.

# **Eastview State Qualifiers**



Jacob Rukavina - 2014 3rd Place - 160 lbs.



Nick Pegelow - 2014 State Qualifier - 195 lbs.



Casey Dravis - 2015 State Qualifier - 145 lbs.



Tom Delich - 2015 State Qualifier - 220 lbs.



George Farmah 2014 - 2nd Place - 126 lbs. 2015 - 2nd Place - 126 lbs.



Luke Dodd - 2015 2nd Place - 182 lbs.



**Tim Duffy - 2015** 5th Place - 285 lbs.



Dane McDevitt - 2016 State Qualifier - 220 lbs.



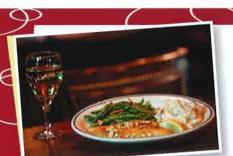
Collin Dolejs - 2016 State Qualifier - 170 lbs.

Mike Delich 2016 - 4th Place -195 lbs. 2017 - 3rd Place -195 lbs.





Alex Lindstrom 2016 - 5th Place -160 lbs. 2017 - 3rd Place -170 lbs.





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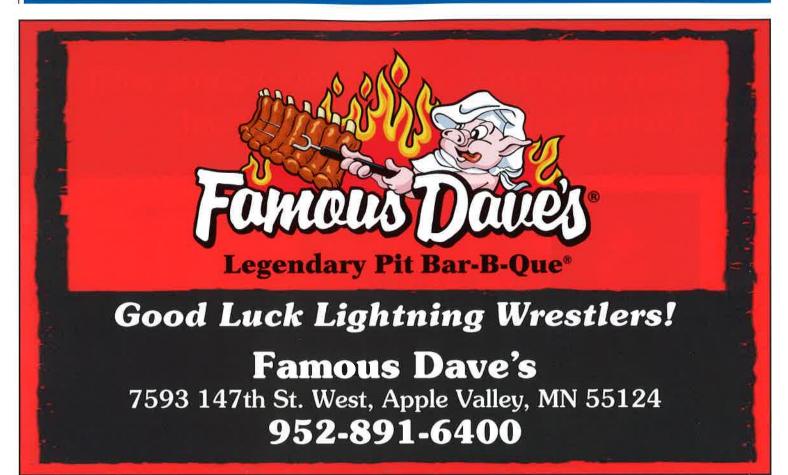
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# **Commitment To Excellence**

How good do you want to be? If your answer is, "good enough to get by," than a commitment to excellence is not necessary, but if your completely honest answer is, "the best," you must make a total commitment to excellence.

Wrestlers are born with varying degrees of natural ability. Sacrifice and a commitment to excellence are required to develop that ability. Time, hard work, continuous practice and repetition all go into the making of a good athlete.

To be a winner you must be willing to make sacrifices. This means maintaining good training habits, getting the proper amount of rest, and eating a balanced diet.

You can be as great as you want to be. If you believe in yourself and have the courage, determination, dedication, competitive drive, and if you are willing to give up the little things in life to accomplish an ultimate goal down the road, you will succeed!

In our years of involvement in athletics, we have seen athletes make a sincere commitment to excellence. They had a burning desire to be not just good, but great. They craved coaching. They wanted to learn a new wrestling move every day. They worked harder than the other wrestlers during the season and they never stopped working in the offseason. They went out of their way to look for tougher competition. Finally, they were stubborn – they refused to settle for anything less than the best.

As a result, each was a big winner. There was no luck or chance involved; these wrestlers worked hard so they would always have an edge when they went into their matches. They knew they would win...and they did.

A commitment to excellence means you must be willing to work hard, to push yourself physically until it hurts. We believe that any wrestler who walks off the mat after a full match and is not physically spent has not worked to his physical potential

If you have a true commitment to excellence you will give up anything that does not help you become better as an athlete or a person. Don't be content with mediocrity- strive to live up to the greatness within you.

COMMITMENT NIGHT: This is a night for you to pledge your commitment to excellence in the Eastview Wrestling program. This night will involve activities that encourage you to reflect on your goals and to discuss what it will take to reach those goals. Also, this night will emphasize each wrestler's commitment to the whole team. We depend upon each wrestler to succeed. Your complete commitment is crucial to the success of the team. You deserve to give yourself the best opportunity to succeed. BE THE BEST YOU CAN BE!

The great coach Vince Lombardi had this to say about making the commitment to excellence:

"For the winner there is 100 percent elation, 100 percent laughter, 100 percent fun and for the loser the only thing left is a 100 percent resolution and 100 percent determination. The game, I think, is a great deal like life. Every man makes his own personal commitment toward excellence and toward victory. Although you know ultimate victory can never be completely won, it must be pursued with all of one's might and each week there is a new encounter, each year a new challenge.

"I'd like to say that the quality of any man's life is a full measure of that man's personal commitment to excellence and to victory, regardless of what field he may be in."

#### MAKE A COMMITMENT TO EXCELLENCE!



Commitment Night 2017

# EASTVIEW HIGH SCHOOL

DATE	OPPONENT	SITE	TIME
NOV. 14	BLAKE	BLAKE ICE ARENA	7:30
NOV. 16	SHAKOPEE	SHAKOPEE ICE ARENA	7:00
NOV. 18	LAKEVILLE SOUTH	APPLE VALLEY SPORTS ARENA+	7:00
NOV. 21	PRIOR LAKE	DAKOTAH ICE ARENA	7:00
NOV. 24	ST. MICHAEL ALBERTVILLE	HAYES PARK ARENA+	2:00
NOV. 30	APPLE VALLEY	APPLE VALLEY SPORTS ARENA+	7:00
DEC. 5	WHITE BEAR LAKE AREA	HAYES PARK ARENA+	7:00
DEC. 7	ROSEMOUNT	ROSEMOUNT COMM CTR	7:00
DEC. 9	LAKEVILLE NORTH	APPLE VALLEY SPORTS ARENA+	7:00
DEC. 14	EAGAN	APPLE VALLEY SPORTS ARENA+	7:00
DEC. 16	BURNSVILLE	BURNSVILLE ICE CTR	TBA
DEC. 21	FARMINGTON	\$CHMITZ-MAKI ICE ARENA	7:00
DEC. 26	TOURNAMENT	BRAEMAR ICE ARENA	TBA
JAN. 4	SHAKOPEE	APPLE VALLEY SPORTS ARENA+	7:00
AN, H	LAKEVILLE SOUTH	LAKEVILLE HASSE ARENA	7:00
JAN. 13	APPLE VALLEY	APPLE VALLEY SPORTS ARENA	2:00
AN. 18	PRIOR LAKE	APPLE VALLEY SPORTS ARENA+	7:00
AN. 20	HASTINGS	HASTINGS CIVIC ARENA	6:00
JAN 25	LAKEVILLE NORTH	AMES ARENA	7:00
JAN. 26	DODGE COUNTY	FOUR SEASONS ARENA-KASSON	7:00
JAN. 27	EAGAN	EAGAN ICE ARENA	7:00
FEB. I	BURNSVILLE	APPLE VALLEY SPORTS ARENA+	7:00
FEB. 3	FARMINGTON	APPLE VALLEY SPORTS ARENA+	2:00
FEB. 7	SECTION 3AA TOURNAMENT	TBA	TBA
FEB. 10, 14	SECTION 3AA TOURNAMENT	VETERANS MEMORIAL COMM CTR	TBA
FEB 21-24 +DENOTES	STATE TOURNAMENT HOME SITE	TBA	TBA

	DOI'M TO FILLE	ALLE MELLI SI OKION
FEB. 3	FARMINGTON	APPLE VALLEY SPORTS A
FEB. 7	SECTION 3AA TOURNAMENT	TBA
FEB. 10, 14	SECTION 3AA TOURNAMENT	VETERANS MEMORIAL CO
FEB, 21-24	STATE TOURNAMENT	TBA
+DENOTES	HOME SITE	
BOYS	' VARSITY HOC	KEY
DATE	OPPONENT	SITE
NOV. 24	PARK	APPLE VALLEY SPORTS A
NQV. 25	BLOOMINGTON JEFFERSON	APPLE VALLEY SPORTS A
NOV. 29	ST. THOMAS ACADEMY	APPLE VALLEY SPORTS A
DEC. 2	HILL-MURRAY	APPLE VALLEY SPORTS A
DEC. 5	ROSEMOUNT	ROSEMOUNT COMM
DEC. 9	LAKEVILLE NORTH	APPLE VALLEY SPORTS A
DEC. 12	EAGAN	APPLE VALLEY SPORTS A
DEC. 16	BURNSVILLE	BURNSVILLE ICE CT
DEC. 19	FARMINGTON	SCHMITZ-MAKI ICE AF
DEC. 21	HOPKINS	HAYES PARK ARENA
DEC. 28	CHAMPLIN PARK	CHAMPLIN ICE FOR
DEC. 30	SHAKOPEE	APPLE VALLEY SPORTS A
AN. 6	HASTINGS	HASTINGS CIVIC ARE

DEC. Z	TILL-PIORWAI	APPLE VALLET SPORTS ARENAT	2:0
DEC. 5	ROSEMOUNT	ROSEMOUNT COMM CTR	7:0
DEC. 9	LAKEVILLE NORTH	APPLE VALLEY SPORTS ARENA+	2:0
DEC. 12	EAGAN	APPLE VALLEY SPORTS ARENA+	7:0
DEC: 16	BURNSVILLE	BURNSVILLE ICE CTR	TE
DEC. 19	FARMINGTON	SCHMITZ-MAKI ICE ARENA	7:0
DEC. 21	HOPKINS	HAYES PARK ARENA+	7:0
DEC. 28	CHAMPLIN PARK	CHAMPLIN ICE FORUM	7:0
DEC. 30	SHAKOPEE	APPLE VALLEY SPORTS ARENA+	2:0
JAN. 6	HASTINGS	HASTINGS CIVIC ARENA	3:0
JAN. 9	LAKEVILLE SOUTH	LAKEVILLE HASSE ARENA	7:0
JAN. 13	APPLE VALLEY	APPLE VALLEY SPORTS ARENA	6:0
JAN. 16	PRIOR LAKE	APPLE VALLEY SPORTS ARENA+	7:0
JAN. 20	ROSEMOUNT	APPLE VALLEY SPORTS ARENA+	2:0
JAN. 23	LAKEVILLE NORTH	AMES ARENA	7:0
JAN. 27	EAGAN	EAGAN ICE ARENA	3:0
JAN. 30	BURNSVILLE	APPLE VALLEY SPORTS ARENA+	7:0
FEB. 3	FARMINGTON	APPLE VALLEY SPORTS ARENA+	6:0
FEB. 6	SHAKOPEE	SHAKOPEE ICE ARENA	7:0
FEB. 10	LAKEVILLE SOUTH	APPLE VALLEY SPORTS ARENA+	2:0
FEB. 13	APPLE VALLEY	APPLE VALLEY SPORTS ARENA+	7:0
FEB. 17	PRIOR LAKE	DAKOTAH ICE ARENA	3:0
FEB. 22	SECTION 3AA TOURNAMENT	TBA	TB
FEB. 24	SECTION 3AA TOURNAMENT	VETERANS MEMORIAL COMM CTR	TB
MAR. I	SECTION 3AA TOURNAMENT	BRAEMAR ICE ARENA	TB
MAR. 7-10	STATE TOURNAMENT	TBA	TB
+DENOTES I	HOME SITE		

#### **VARSITY DANCE TEAM**

DATE	OPPONENT	SITE	TIME
NOV. 18	BURNSVILLE INVITATIONAL	AWAY	TBA
NOV. 21	SSC JAZZ	EAGAN	7:00
NOV. 28	SSC JAZZ (V/JV)	HOME	7:00
DEC, 2	CHASKA INVITATIONAL	AWAY	TBA
DEC. 5	SSC HIGH KICK	FARMINGTON	7:00
DEC. 9	EASTVIEW INVITATIONAL	HOME	TBA
DEC. 12	SSC HIGH KICK (V/JV)	LAKEVILLE SOUTH	7:00
DEC. 16	SSC CHAMPIONSHIPS	FARMINGTON	HAM
JAN. 6	LAKEVILLE SOUTH INVITATIONAL	AWAY	TBA
JAN. 20	WAYZATA INVITATIONAL	AWAY	TBA
JAN: 27	EASTVIEW SHOWCASE	HOME	TBA
FEB. 10	SECTION IAAA TOURNAMENT	BLOOMINGTON KENNEDY	TBA
FEB. 16	STATE TOURNAMENT-JAZZ	TARGET CTR	TBA
FEB. 17	STATE TOURNAMENT-HIGH KICK	TARGET CTR	TBA

#### **VARSITY GYMNASTICS**

DATE	<u>OPPONENT</u>	SITE	TIME
DEC. 12	EAGAN	HOME	6:00
IAN. 6	INVITATIONAL	WATERTOWN-MAYER	1:00
IAN. 9	ROSEMOUNT	AWAY	6:00
JAN. 13	INVITATIONAL	LAKEVILLE NORTH	9AM
JAN. 16	LAKEVILLE NORTH	HOME	6:00
JAN, 23	PRIOR LAKE	HOME	6:00
IAN. 30	LAKEVILLE SOUTH	AWAY	6:00
FEB. 5	FARMINGTON	FARMINGTON INSTRUCTIONAL	
		SERVICE CTR	6:00
FEB. 16	SECTION 3AA TOURNAMENT	EAGAN	TBA
FEB. 23-24	STATE TOURNAMENT	U OF M SPORTS PAVILION	TBA

#### VARSITY WRESTLING

DATE	OPPONENT	SITE	TIME
DEC: I	EV DUALS	HOME	5:00
DEC. 7	TAKE DOWN CANCER	EAGAN	7:00
DEC. 8	SHAKOPEE/FARMINGTON/		
	MINNETONKA	SHAKOPEE	5:00
DEC. 15-16	MN CHRISTMAS TOURNAMENT	ROCHESTER	TBA
DEC. 21	ROSEMOUNT/LAKEVILLE SOUTH/		
	PRIOR LAKE	ROSEMOUNT	7:00
DEC. 29	BI STATE CLASSIC	LACROSSE CIVIC CENTER	9:30AM
AN. 5	BLAINE	HOME	5:00
AN, II	LAKEVILLE NORTH	HOME	7:00
AN. 13	MOUNDS VIEW TOURNAMENT	AWAY	9AM
AN. 19	APPLE VALLEY	HOME	7:00
AN. 20	EASTVIEW INVITATIONAL	HOME	10AM
AN. 25	FARMINGTON	AWAY	7:00
AN. 26	PARK/HENRY SIBLEY	AWAY	5:00
EB. I	EAGAN	HOME	7:00
EB. 3	ARMSTRONG INVITATIONAL	AWAY	9AM
EB. 9	MOUND WESTONKA INVITATIONAL	AWAY	3:00
EB, 14-16	TEAM SECTION TOURNAMENT	AWAY	TBA
EB. 23-24	INDIVIDUAL TOURNAMENT SECTIO	N SHAKOPEE	TBA
1AR. 1-3	STATE TOURNAMENT	XCEL ENERGY CENTER	TBA

#### **BOYS' VARSITY BASKETBALL**

	OPPONENT	SITE	TIM
DEC. 2	STILLWATER	AWAY	7:0
DEC. 5	CHASKA	HOME	7:0
DEC. 7	EDEN PRAIRIE	AWAY	7:0
DEÇ. 12	HASTINGS	AWAY	7:0
DEC: 14	MINNEAPOLIS SOUTH	HOME	7:0
DEC. 21	AUGSBURG COLLEGE HOLIDAY		
	TOURNAMENT	AWAY	6:0
DEC. 22-23	AUGSBURG COLLEGE HOLIDAY		
	TOURNAMENT	AWAY	TB.
JAN. 2	ROSEMOUNT	HOME	7:0
JAN. 4	PRIOR LAKE	HOME	7:0
JAN. 9	LAKEVILLE SOUTH	HOME	7:0
JAN. 12	FARMINGTON	AWAY	7:0
JAN. 16	SHAKOPEE	HOME	7:0
JAN. 18	EAGAN	HOME	7:0
JAN, 23	BURNSVILLE	AWAY	7:0
JAN. 26	LAKEVILLE NORTH	HOME	7:0
JAN. 30	ROSEMOUNT (PEP BAND)	AWAY	7:0
FEB. 2	APPLE VALLEY	HOME	7:0
FEB, 5	PRIOR LAKE	AWAY	7:0
FEB. 9	FARMINGTON	HOME	7:0
FEB. 13	LAKEVILLE SOUTH	AWAY	7:0
FEB. 16	SHAKOPEE	AWAY	7:0
FEB. 20	EAGAN	AWAY	7:0
FEB 22	BURNSVILLE	HOME	7:0
FEB. 27	LAKEVILLE NORTH	AWAY	7:0
MAR 2	APPLE VALLEY	AWAY	7:0
MAR. 6	SECTION 3AAAA QUARTER FINAL	TBA	TB
MAR 9	SECTION 3AAAA SEMI-FINAL	FARMINGTON	TB
MAR. 15	SECTION 3AAAA FINALS	FARMINGTON	TB
MAR. 21-24	STATE TOURNAMENT	TBA	TB

#### **GIRLS' VARSITY BASKETBALL**

TE	OPPONENT	SITE	TIME
C. 2	ST. MICHAEL ALBERTVILLE	HOPKINS	MAII
C. 5	ROSEMOUNT	AWAY	7:00
C. 12	LAKEVILLE NORTH	HOME	7:00
C. 15	APPLE VALLEY	HOME	7:00
C. 21	MINNETONKA	HOME	7:00
1.5	PRIOR LAKE	AWAY	7:00
1.9	LAKEVILLE SOUTH	AWAY	7:00
l. 12	FARMINGTON	HOME	7:00
1. 16	SHAKOPEE	AWAY	7:00
1. 19	EAGAN	AWAY	7:00
1. 23	BURNSVILLE	HOME	7:00
1. 26	LAKEVILLE NORTH	AWAY	7:00
1.30	ROSEMOUNT	HOME	7:00
3. 2	APPLE VALLEY	AWAY	7:00
3. 5	PRIOR LAKE	HOME	7:00
3.7	PARK	HOME	7:00
3, 9	FARMINGTON	AWAY	7:00
3. 13	LAKEVILLE SOUTH	HOME	7:00
3. 16	SHAKOPEE	HOME	7:00
3. 20	EAGAN	HOME	7:00
3. 23	BURNSVILLE	AWAY	7:00
3, 28	SECTION 3AAAA QUARTER FINAL	TBA	TBA
R. 3	SECTION 3AAAA SEMI-FINAL	CONCORDIA UNIV	TBA
R. 7	SECTION 3AAAA FINAL	CONCORDIA UNIV	TBA
R. 13-17	STATE TOURNAMENT	TBA	TBA

#### RNYS'/GIRLS' VARSITY NORDIC SKI

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ſ <u>Ε</u>	OPPONENT	SITE	TIME
C. 5	SSC EVENT	HYLAND PARK RESERVE	3:30
C.  2	SSC EVENT	VALLEYWOOD GC	3:30
C. 19	SSC EVENT	HYLAND HILLS SKI AREA	3:45
. 2	SSC EVENT	CLEARY LAKE PARK	3:30
. 6	LOPPET INVITATIONAL	WIRTH PARK	9:30AM
. 9	SSC EVENT	HYLAND HILLS SKI AREA	3:30
. 13	SSC TOURNAMENT	VALLEYWOOD GC	9:30AM
. 16	SSC EVENT	MURPHY-HANRAHAN PARK	3:30
. 23	SSC EVENT	HYLAND HILLS SKI AREA	3:00
. 30	SSC EVENT	HYLAND PARK RESERVE	9:30AM
. 6	SECTION 1 TOURNAMENT	HYLAND PARK RESERVE	9AM
. 15	STATE MEET	TBA	9:30AM

#### **BOYS'/GIRLS' VARSITY ALPINE SKIING**

	7 411114		114
DATE	OPPONENT	SITE	TIME
DEC. 19	MEET	BUCK HILL SKI AREA	3:30
AN. II	MEET	BUCK HILL SKI AREA	4:00
AN. 16	MEET	BUCK HILL SKI AREA	4:00
AN. 23	SSC TOURNAMENT	BUCK HILL SKI AREA	3:30
AN. 30	SSC TOURNAMENT	BUCK HILL SKI AREA	3:30
EB. 6	SECTION 6A TOURNAMENT	BUCK HILL SKI AREA	TBA
EB. 6	CHAMPIONSHIP MEET (IV)	BUCK HILL SKI AREA	4:00
EB. 11	STATE TOURNAMENT	GIANTS RIDGE	TBA

#### BOYS' VARSITY SWIMMING/DIVING

DATE	OPPONENT	SITE	TIME
DEC. 8	LAKEVILLE SOUTH	HOME+	6:00
DEC. 15	LAKEVILLE NORTH (DIVE)	MCGUIRE MS	5:00
	LAKEVILLE NORTH (5WIM)	KENWOOD TRAIL MS	6:00
DEC. 19	FARMINGTON	HOME+	6:00
JAN. 5	ROSEMOUNT	ROSEMOUNT MS	6:00
JAN. 12	APPLE VALLEY	HOME+	6:00
JAN. 16	BURNSVILLE (SWIM)	AWAY	6:00
JAN. 23	SHAKOPEE	HOME+	6:00
FEB. 2	EAGAN	DAKOTA HILLS MS	6:00
FEB. 5	PRIOR LAKE	HOME+	6:00
FEB. 21-23	SECTION 3AA TOURNAMENT	TBA	TBA
MAR. 1-3	STATE	UNIV OF MN, AQUATIC CTR	TBA
+HOME SITE	IS FALCON RIDGE MIDDLE SCHO	OOL	

#### VARSITY CI SOUTH FLOOR HOCKEY

DATE	OPPONENT	SITE	TIME
JAN, II	WINONA	HOME+	5:30
JAN. 15	ST. PAUL HUMBOLDT	AWAY	4:30
JAN. 17	MINNEAPOLIS EDISON	AWAY	4:30
AN. 22	SOUTH WASHINGTON	HOME	5:30
JAN. 24	NEW PRAGUE	HOME	5:30
AN. 29	SOUTH SUBURBAN	AWAY	4:30
JAN. 31	BURN/FARM/LAKE	HOME	5:30
FEB. 5	OWATONNA	AWAY	4:30
FEB. 12	MINNEAPOLIS EDISON	HOME	5:30
FEB. 14	ST. PAUL HUMBOLDT	HOME	5:30
FEB. 21	SOUTH WASHINGTON	AWAY	4:30
FEB, 26	NEW PRAGUE	AWAY	4:30
MAR 16-17	STATE TOURNAMENT	BLOOMINGTON JEFFERSON	TBA
+HOME SITI	E IS ROSEMOUNT	•	

#### **VARSITY PI SOUTH FLOOR HOCKEY**

DATE	OPPONENT	SITE	TIME
JAN. 16	SOUTH SUBURBAN	AWAY	4:30
JAN. 17	ROCHESTER RAIDERS	HOME+	6:30
JAN. 24	MINNEAPOLIS	HOME+	6:30
JAN. 30	SOUTH SUBURBAN	AWAY	4:30
FEB. 6	ST. PAUL HUMBOLDT	AWAY	4:30
FEB. 0	ROCHESTER RAIDERS	ROCHESTER FREIDELL MS	5:30
FEB. 13	MINNEAPOLIS	AWAY	4:30
FEB: 14	SOUTH SUBURBAN	HOME+	6:30
FEB. 22	ST. PAUL HUMBOLDT	HOME+	6:30
FEB 27	ROCHESTER RAIDERS	HOME+	6:30
MAR, 16-17	STATE TOURNAMENT	BLOOMINGTON JEFFERSON	TBA
+HOME SITI	E IS APPLE VALLEY HS		



#### WWW.DISTRICT196.ORG/EVHS/

# 2017-2018 Eastview Wrestling



# **Eastview Lightning Schedule**

DATE	OPPONENT	SITE	TIME
Thursday, Nov. 30	Intra-Squad Scrimmage (Parent Open House)	Eastview	6:00 pm
Friday, Dec. 1	Eastview Duals	Eastview	5:00 pm
Saturday, Dec. 2	Eastview (K-8) Tournament	Eastview	9:00 am
Thursday, Dec. 7	Rosemount (Takedown Cancer)	Eagan	7:00 pm
Friday, Dec. 8	Minnetonka / Shakopee	Shakopee	5:00 pm
Sunday, Dec.10	Spaghetti Dinner / Silent Auction	Rosemount Legion	4:30 pm
Fri-Sat, Dec. 15-16	MN Christmas Tournament (V)	Rochester 2:00 pr	m / 9:30 am
Saturday, Dec. 16	Northfield Invitational (JV-9)	Northfield	9:30 am
Thursday, Dec. 21	Prior Lake / Lakeville South	Rosemount	5:00 pm
Fri-Sat, Dec. 29-30	Bi-State Classic (V)	La Crosse, WI	9:30 am
Friday, Jan. 5	Blaine (Alumni & EWB Family Night)	Eastview	5:00 pm
Thursday, Jan. 11	Lakeville North (Super Fan Night)	Eastview	7:00 pm
Saturday, Jan. 13	Mustang Duals (V-JV)	Mounds View	9:00 am
Friday, Jan. 19	Apple Valley	Eastview	7:00 pm
Saturday, Jan. 20	Lightning Invitational	Eastview	10:15 am
Thursday, Jan. 25	Farmington	Farmington	7:00 pm
Friday, Jan. 26	Park / Henry Sibley	Park, Cottage Grove	5:00 pm
Thursday, Feb. 1	Eagan (Parent-Senior Night)	Eastview	7:00 pm
Saturday, Feb. 3	Armstrong Team Tournament	Robbinsdale Armstrong	9:00 am
Friday, Feb. 9	Mound Westonka Invite (V)	Mound Westonka	5:00 pm
Saturday, Feb. 10	South Suburban Invite (JV-9)	Lakeville South	10:00 am
Friday, Feb. 16	Section 2 Team Tournament	Lakeville North	4:00 pm
Fri-Sat, Feb. 23-24	Section 2 Individual Tournament	Shakopee 4:30 pm	/ 11:00 am
Thur-Sat, Mar. 1-3	State Tournament	Xcel Energy	TBD
Sun, Mar. 18	Wrestling Banquet	Rosemount CC	4:30 pm
TBD	Thunderbolts Freestyle Tourney	Eastview	10:00 am