

SPECIAL FEATURES

- One-on-One instruction and coaching
- Special instruction for young and/or inexperienced wrestlers
- Laundry services every day
- Camp Notes available at the end of camp
- Free Camp T-shirt
- Augsburg University Wrestlers and Coaches serve as Camp Counselors
- Licensed Athletic Trainer at each session
- Camp Store with Auggie gear and the latest equipment from Adidas, Asics, Cliff Keen, and more!
- Instruction from 2019 Minnesota State High School Championship Coaches

CAMP AWARDS

"Auggie Award" Trophies, "Most Valuable Wrestler" Trophies, "Mr. Hustle" Trophies, "Dual Meet Team Champions" Trophies, Individual and Team 1st, 2nd, and 3rd Place Tournament Trophies and Medals



Camper fees

Camper Fee: \$350 + \$75 Damage Deposit
Rate includes: Room and Board (3 meals/day), laundry service, camp t-shirt and camp notes.
A \$75 Damage Deposit is required for all campers. The Deposit is shredded after camp, providing no damages were incurred.

Commuter Fee: \$250 Rate includes: 3 meals/day, camp t-shirt and Camp notes

Registration Form: Technique Camp

_____ I am a Camper @ \$350

_____ I am a Commuter @ \$250

First Name: _____

Last Name: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone Number: _____

Parent Email: _____

Roommate Request: _____

Grade Next Fall: _____

Weight: _____ Sex: M F Age: _____

Parent/Guardian Name and Number(s):

School or Club:

A \$100 non-refundable deposit is required with all mail-in applications. The remaining balance is due prior to or at check-in. Please include a SEPARATE \$75 Damage Deposit Check.

All online applications must be paid in full at time of registration.

**Please make check payable to:
Augsburg Wrestling Camps**

Insurance/Health Information

Insurance Company: _____

Insurance Phone: _____

Group/Policy Number: _____

Policy Holder Name: _____

Effective Date of Coverage: / /

Other Health and Accident Coverage:

Medical Conditions/Special
Instructions (Please include past injury,
medications, and allergies):

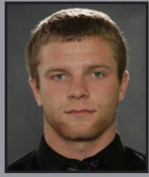
Emergency Contact(s) Name AND Number(s):

I verify that my child has been checked by a licensed physician and is physically able to participate in the wrestling camp. I agree to allow my child to be treated by a licensed physician while attending, if necessary, and to assume all costs related to such treatment. I authorize the disclosure of medical information to my insurance company for the purpose of claim. I understand that if this registration is accepted, there is no refund of the deposit if we cannot attend camp.

Parent or Guardian's Signature:

Date: _____

Camp Instructors



Jim Moulsoff

Augsburg University Head Coach

Moulsoff coached the 2010 and 2015 NCAA National Championship teams and 2009, 2011, 2012, and 2017 national runner-up teams. He has coached 40 NCAA region champions, 46 NCAA All-Americans, eight NCAA national champions, and 38 NWCA Scholar All-Americans. His teams have won two NWCA National Duals Team Championships and nine NCAA Regional Championships. West Region Coach of the Year 15,16,17,18 and NCAA Coach of the year 2015

during his tenure.

Tony Valek

Augsburg University Associate Head Coach

Valek was a four-time national tournament qualifier during his Augsburg career, finishing with a 136-25 record, including 87 bonus-point victories. He was a national runner-up at 149 pounds in both 2009-10 and 2010-11, while finishing third in 2011-12. He continued as the team's graduate assistant in 2012-13, became the head assistant coach in 2014-15 and was named the associate head coach in March 2015 after leading the Auggies to the programs 12th NCAA Team National Championship. He was named NCAA Assistant Coach of the Year in 2015 and NCAA West Regional Assistant Coach of the Year 4x.

Jeff Swenson

Augsburg Camp Director/Athletic Director

Swenson coached the Auggies to 10 NCAA National Championships. He was NCAA Coach of the Year 6-times and coach of 158 All-Americans and 39 NCAA National Champions. He was named USA Wrestling Coach of the Year. He was a 3-time All-American and National Champion.

2019 Minnesota State High School Championship Coaches



Jacob Lorentz
Long Prairie-
Grey Eagle
Class A

Will Short
Simley
Class AA

Jim Jackson
Shakopee
Class AAA

Daily Camp Schedule

8:00 Breakfast

9:00 Technique Session

11:00 Lunch

12:30 Technique Session

2:30 Open Wrestling

3:15 Activities

5:00 Dinner

6:30 Technique Session

8:00 Freetime/ Open Wrestling

10:45 Floor Meeting

11:00 Lights Out

How to Register

ONLINE: All online applications must be paid in full with credit card at the time of registration. To apply online, go to:
www.augsburgwrestling.com

MAIL: Complete the attached registration form and include a non-refundable deposit of \$100.

Please make checks payable to
Augsburg Wrestling Camps

33rd Annual Augsburg Wrestling Technique Camp

June 9th - June 13th, 2019

Ages 8-18

13-Time NCAA National Champions



Camp Details and Online Registration at:

www.augsburgwrestling.com

Camp Hotline: 612-330-1610

Augsburg University Wrestling Camps

2211 Riverside Ave CB 313

Minneapolis, MN 55454

Jeff Swenson, Camp Director

Cell: 612-327-0708