

EASTVIEW TEAM

2000

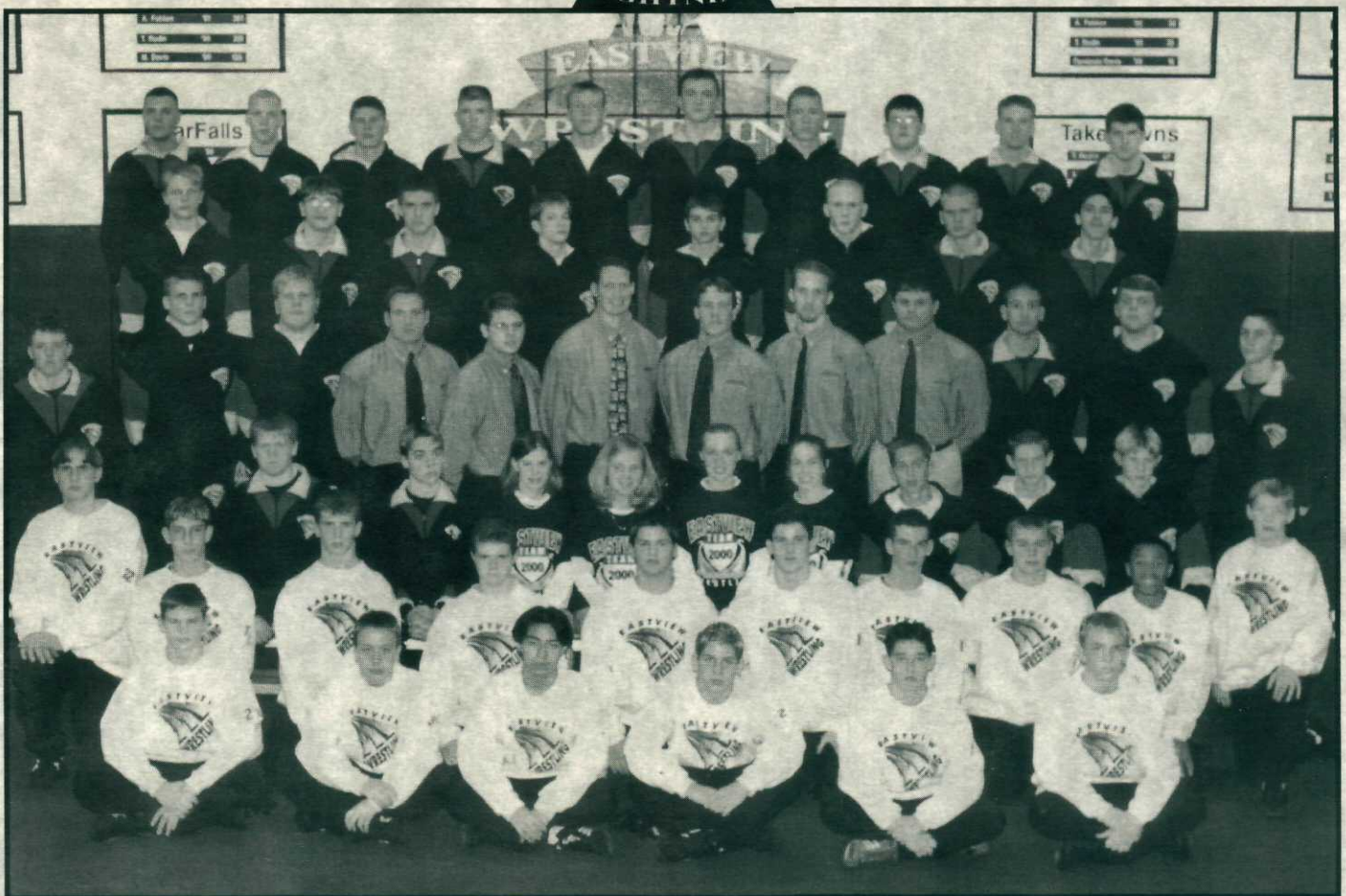
Paving the Way!

WRESTLING

1999



2000



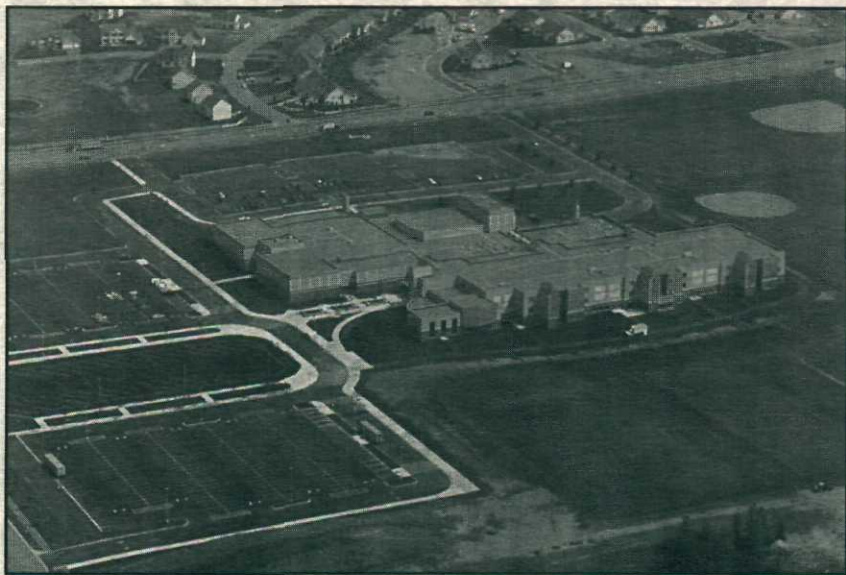
Eastview High School

Eastview High School is an attractive building, on an outstanding site, with state-of-the-art technology, rigorous and relevant curriculum, and comprehensive and competitive cocurricular programs. But, more importantly, it's a school about people working together, about relationships, about a talented staff that cares about students, about exceptional students doing exceptional things, and about supportive and involved parents.

Over the past few years, students, parents, school people and members of our communities have worked together to give Eastview High School a name of its own, school colors, and a school logo. And, we have dreamed together about the ideal school we want Eastview High School to be. These dreams have become the Guiding Principles for Eastview High School. It is these principles that have established our attitude and our agenda for action, as we have hired outstanding staff members and developed the programs, structures, and systems to bring Eastview High School to life.

As we begin the third year of Eastview High School, we invite each student to learn more about the curricular and cocurricular opportunities that are available; and, we encourage you to get involved. Success, meaning and enjoyment in high school is directly related to involvement by both students and parents.

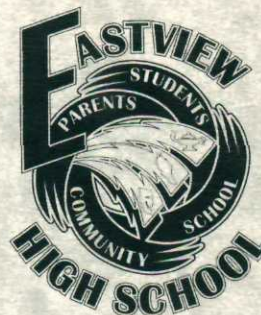
With the many opportunities at EVHS come many responsibilities. Each student at Eastview High School is expected to know them and do his/her part to create and sustain a safe, positive and orderly learning environment for all students.



Eastview Athletics

District 196 believes that the cocurricular program of the school plays a substantial and important role in providing successful and meaningful experiences for students. In addition to a comprehensive list of courses, Eastview High School offers a wide variety of school activities to meet students' interests and needs. These activities are grouped into three categories: fine/performing arts and activities, student leadership and service, and athletics. All students are encouraged to participate according to their interests and abilities.

- Cross Country (Boys and Girls)
- Dance Team Performance (Girls)
- Football (Boys)
- Soccer (Boys and Girls)
- Swimming and Diving (Boys and Girls)
- Tennis (Boys and Girls)
- Volleyball (Girls)
- Dance Team Competition (Girls)
- Basketball (Boys and Girls)
- Figure Skating (Boys and Girls)
- Gymnastics (Girls)
- Hockey (Boys and Girls)
- Slalom Skiing (Boys and Girls)
- Nordic Skiing (Boys and Girls)
- Wrestling (Boys)
- Baseball (Boys)
- Golf (Boys and Girls)
- Softball (Girls)
- Track and Field (Boys and Girls)
- Adapted Athletics (Boys and Girls)
- Athletic Training (Boys and Girls)
- Cheerleading - Sport (Girls)
- Cheerleading Competition
- Intramurals (Girls and Boys)
- Strength Training (Girls and Boys)



Eastview Administration



Dr. J. Richard Dewey
Principal



Randall Peterson
Associate Principal



Kim Martinson
Assistant Principal



Bruce Miller
Assistant Principal



Rob Franchino
Assistant Principal



Matt Percival
Administrative Assistant

LIGHTNING WRESTLING COACHING STAFF



Kurt Habeck, Head Coach

Kurt Habeck, a native of Winona, Minnesota, has been a social studies teacher, wrestling and football coach, and weight room instructor for 9 years.

Kurt was a graduate of Augsburg College where he competed in wrestling and was a captain on the NCAA III National Championship Team. Individually, Kurt was a two-time MIAC Confer-

ence Champ and a NCAA III All-American and an Academic All-American. He was a varsity starter all four years as Augsburg placed eighth, third, second, and first nationally.

Kurt met his wife, Shelly, at Augsburg. They have a 5 year old daughter named Hannah and a 2 1/2 year old son named Zachary. Kurt and his family reside in Apple Valley.



Todd Beach, Assistant Coach

Todd Beach is originally from Franklin, Nebraska where he was successful in athletics including wrestling where he was a four time individual state qualifier and two time state medallist.

Mr. Beach graduated from the University of Nebraska-Kearney with

honors and is currently completing work on his Master's degree in Curriculum and Education.

Prior to teaching and coaching at Eastview, Mr. Beach taught Social Studies at Valley Middle School where he also served as the head wrestling coach and was an assistant football and wrestling coach at Apple Valley High School.

Here at Eastview, Mr. Beach teaches 9th grade American Government and 11th grade AP European History. Coach Beach is also a varsity assistant football coach for the Lightning and heads the Student Leadership program. Mr. Beach, his wife Brenda, and their eleven-year-old son Adam, reside here in Apple Valley.



Nick Fornicoia, Assistant Coach

Nick Fornicoia, a native of Richfield, Minnesota is entering his third year as an English teacher and assistant wrestling coach at Eastview High School. Nick teaches English 10 and Broadcasting. Nick has also been an Augsburg College wrestling assistant coach for three years, where he helped

coach the Auggies to a National Championship team.

Nick was a state champion wrestler in high school. As a graduate of Augsburg College, he was a NCAA III National Champion at 118 lbs. Fornicoia finished his career as a three-time All-American and a two time MIAC champion. In his era the Auggies placed second, first, second, and first in four national tournaments.

He enjoys teaching and coaching, and his hobbies include reading, rollerblading, and playing with his dog Parker.



Mike Griffith, Assistant Coach

Mike is originally from Cedar Falls, Iowa. Mike started teaching and coaching in Iowa in 1986. While living in Iowa, Mike was a high school assistant wrestling coach for three years and a middle school head wrestling coach for five years. He has been a co-head wrestling coach at Scott Highlands

for the past four seasons. Mike coaches football at EVHS at the freshman level. Mike currently teaches Special Education at Rosemount High School and received his masters degree in Special Education in December of 1998.

Mike graduated from the University of Northern Iowa in 1986 with a B.A. in Physical Education/Coaching.

He enjoys teaching, coaching, and his hobbies include traveling, fishing and sporting events.



Brent Odenbrett (Odie), Assistant Coach

Odie graduated out of Rosemount High School and is currently attending Augsburg College. Odie plans to graduate from Augsburg College in the spring of 2001 and he wants to teach mathematics and Native American History. Odie has been coaching the Lightning Freestyle Wrestling Team

since 1995 and this is his second year of helping the Eastview High School Wrestling Team.

Brent met his fiance, Marie, at Augsburg College and they currently live in Eagan. Odie is a senior math tutor at Augsburg College and enjoys wrestling, football, hunting, and fishing.



Travis Lee, Assistant Coach

Travis Lee, originally from Kensington, Minnesota, is entering his second year as a math teacher and assistant wrestling coach at Eastview High School. Another fellow Auggie, Travis wrestled at Augsburg College when their national runs ended at fourth, first, second, and first place nationally.

In high school, Travis placed second and first in regions, each twice, earning him four trips to the state tournament. In addition to this, he was a two-time Academic All State award winner. Lettering in football and golf rounded out his high school athletic career. Travis enjoys teaching math and coaching, but still finds time to read, watch movies, and participate in many outdoor activities.



LIGHTNING WRESTLING 1999-2000

CAPTAINS



Nate Ernst

Nate is entering his 3rd year of wrestling. Nate was a varsity wrestler last year earning All-Conference Honorable Mention honors with 13 wins.

Nate will wrestle at 171 lbs. this year.



Brad Okonek

Brad is entering his 3rd year as a varsity starter with 23 career wins. Brad earned All-Conference Honorable

Mention honors and placed 4th in sections last season. Brad will wrestle at 152 lbs. this year.



Adam Fokken

Adam, a junior, is in his 4th year as a varsity wrestler. Adam has 75 career wins and has earned All-Conference honors 3 times.

Last year Adam earned 32 wins, earned 2nd place honors in sections, and won two matches at the state tournament. Adam will wrestle at 189 lbs. this year.

LETTERMEN



Dustin Bundy

Dustin, a senior, is entering his 3rd year of wrestling. As a letter winner last year, Dustin was one of the individuals to earn a spot on the Sectional Team Tournament for Eastview. Dustin will be cheering his teammates on this year as he suffered a knee injury in football this fall.



Matt Davis

Matt, a senior, wrestled at 130 lbs. last year earning 16 wins with 6 pins. Matt placed 6th in last years sectional tournament.



Adam Miller

Adam, a senior, was a pleasant addition to the wrestling team last year wrestling on varsity at both 189 lbs. and heavyweight. Adam earned nine victories last year and gained valuable experience for the upcoming season.



Nick Thompson

Nick, a senior, gained valuable experience last year while wrestling on varsity at 152 lbs. Nick is eagerly awaiting the season to begin after working hard during the off season. Nick was also voted most improved wrestler last season.



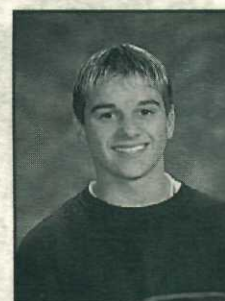
Adam Johnson

Adam, a junior, wrestled on varsity last year at 119 lbs. Adam gained valuable experience and is looking forward to the season.



David Rasmussen

David, a junior, has wrestled on varsity for the past two seasons. Last year David wrestled at 135 lbs., earned 15 victories, and placed 5th at sections.



Mikey Fornicoia

Mikey, a sophomore, wrestled on varsity last year at 103 lbs. Mikey earned 16 wins, was All-Conference Honorable Mention, placed 5th in the 9th Grade League State Tournament, and placed 3rd at Sections. Mikey worked hard during the off season and is looking forward to his sophomore year.

LIGHTNING WRESTLING

EIGHTH GRADERS

Steve Davis
Sean Dwyer
Ryan Langlais

FRESHMEN

John Getzke
Tyler Gosse
Matt Jenks
Somsy Keomany
Nathan Kocer
Andrew Lenertz
Bryan Lewis
Kurt Mccue
Laddie Messing
Greg Mills
Andrew Niederhauser
Adam Osborn
Danny Peterson
Randy Price
Dan Rasmussen
Chris Shuck
Josh Tichy
Jud Turk
James Voyles

SOPHOMORES

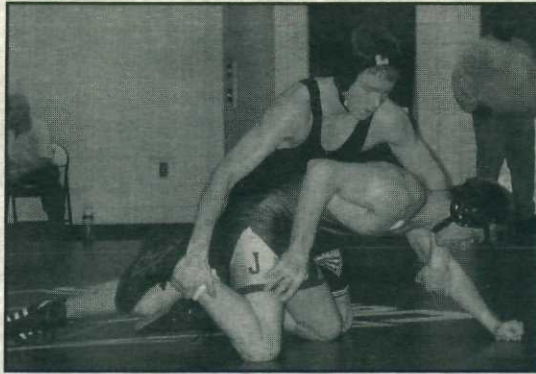
Bowie Burger
Sal Dagostino
Mikey Fornicoia
Mic Hale
Wade Halvorsen
Matt Kachman
Eric Lemm
Jon Marple
Tom Mize
David Pudwill
Adam Theisen

JUNIORS

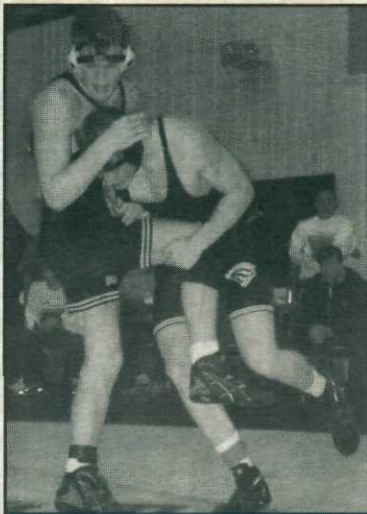
Brandon Angstrom
Eric Budd
Adam Fokken
Dan Hilldahl
Adam Johnson
Tyrel Narva
Brian Putnam
David Rasmussen
Don Wachter

SENIORS

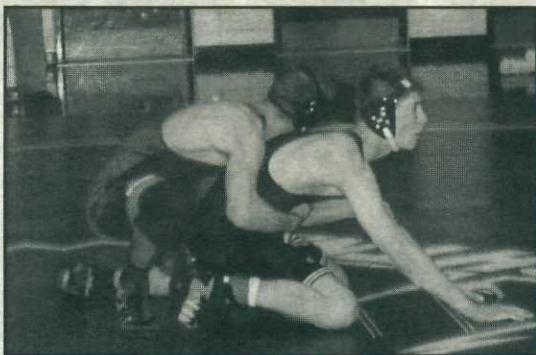
Dustin Bundy
Matt Davis
Nate Ernst
Brian Fedde
Adam Miller
Brad Okonek
Nick Thompson
Chris Verhaeghe



Nate Ernst working on a bust.
(Above)



Adam Fokken completing a drive across double.
(Left)



Brad Okonek getting ready to hit a stand-up.
(Above)



Adam Miller earning an escape.
(Right)

1999-2000 Freshmen Team Minnesota Ninth Grade and Under Wrestling League

The Minnesota Ninth Grade and Under Wrestling League began in the Spring of 1991. As the league heads into its ninth season it has expanded to sixty-nine schools which are divided into eight sections. This league was established to provide incoming freshmen with the opportunity to gain valuable experience while wrestling individuals with comparable ability. With dual meets and tournaments, freshmen have the chance to wrestle between 20-25 matches. Coaches are very excited about this league and expect it to grow each year. Eastview is very excited to be involved in this league and expects to see great results in the future.

**This league also conducts a Team State Tournament, as well as, an Individual State Tournament.*

League Members and Section Assignments:

Section 1 Filmore Central Kasson-Mantorville LaCrescent Lake City Lewiston Plainview Wabasha-Kellog Winona	Section 2 Albert Lea Faribault Jackson Cty Central Northfield Owatonna St. James Waterville	Section 3 Chisago Lakes Forest Lake Moundsview St. Paul Johnson Spring Lake Park Stillwater Tartan Totino-Grace White Bear Lake
Section 4 Eagan Eastview Hastings Henry Sibley Rosemount Simley St. Paul Harding St. Thomas Academy	Section 5 Apple Valley Burnsville Farmington Kennedy Lakeville New Prague Prior Lake Shakopee	Section 6 Armstrong Buffalo Cooper Eden Prairie Hopkins Hutchinson Minnetonka Wayzata
Section 7 Annadale/Maple Lake Anoka Blaine Champlin Park Coon Rapids Elk River Kimball Maple Grove Osseo St. Francis	Section 8 Alexandria Becker Braham Cambridge Foley Milaca Monticello Mora Pierre St. Cloud Tech St. Michael-Albertville	

REGIONS

Region 1A Section 1	Region 2 Section 3	Region 3 Section 5	Region 4 Section 7
Region 1B Section 2	Region 2 Section 4	Region 3 Section 6	Region 4 Section 8

LIGHTNING SUPPORT

Wrestling Managers

Varsity/Junior Varsity/Freshman



Rachel Davis - 11



Mandi Hanson - 10



Erinn Roos - 12



Kari Okonek - 9



Andrea Roos - 9

Eastview Wrestling Association

PURPOSE: The purpose of this organization is to:

1. Support, encourage and advance the athletic programs and related activities of Eastview High School wrestling, Middle School wrestling, EVAA Youth wrestling and ThunderBolts Free Style/Greco Roman wrestling.
2. Promote and publicize wrestling in the Eastview High School attendance area.
3. Develop a sense of pride and tradition while encouraging good sportsmanship.
4. Promote projects to assist with financial needs of the wrestling programs.

Board of Directors

Lareen and Steve Narva	President
Mark and Lois Fokken	Vice-President
Gretchen and Ron Okonek	Treasurer
Eileen and John Donfrancesco	Secretary
Jerry and Mary Davis	Youth Director
Kurt and Shelly Habeck	EVHS Head Coach

Grade Representatives

Kevin and Susan Dwyer	8th Grade Representative
Steve and Kathy Lenertz	9th Grade Representative
Debbie and Tom Lemm	10th Grade Representative
Laura and Jay Johnson	11th Grade Representative
TBD	12th Grade Representative

Family Membership Benefits 1999-2000

- 8 "storm the mat" newsletters
- Free admission to Eastview home matches
- Eastview Wrestling Cling-On Decal
- 1999-2000 Team Poster and Program
- Eligible for drawing at Season Banquet
- EWA Membership Card

LIGHTNING

Middle School Programs



Black Hawk Middle School

Coaches:
Pat Buchert
David Gerdes

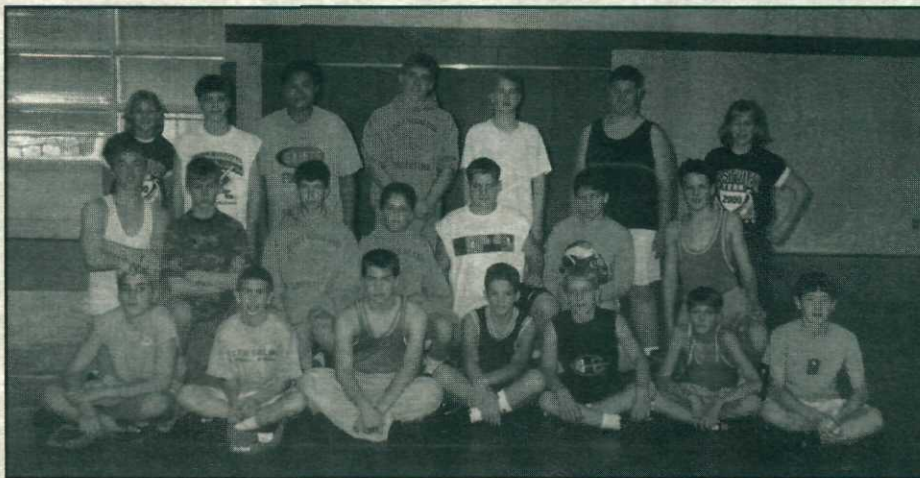
Falcon Ridge Middle School

Coaches:
Dave Katzenmeyer
Ben Just
Paul Nelson



Scott Highlands Middle School

Coaches:
Greg Dravis
Mike Griffith



Middle School Recognition Night
Thursday, December 16th

LIGHTNING WRESTLING PROGRAMS

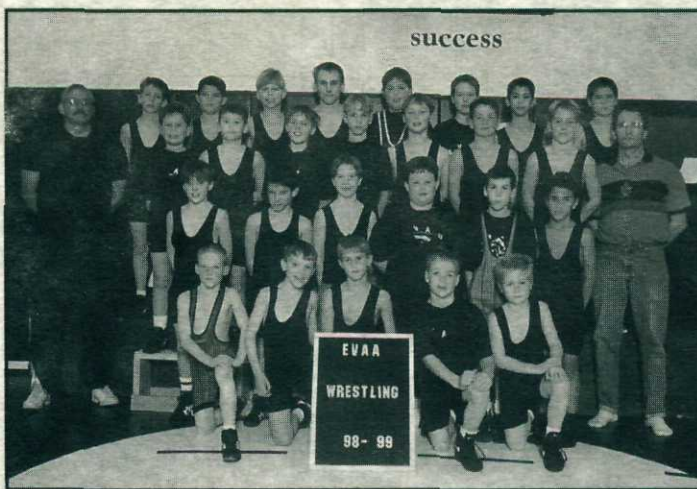
EVAA WRESTLING

4th-6th Program – November to December

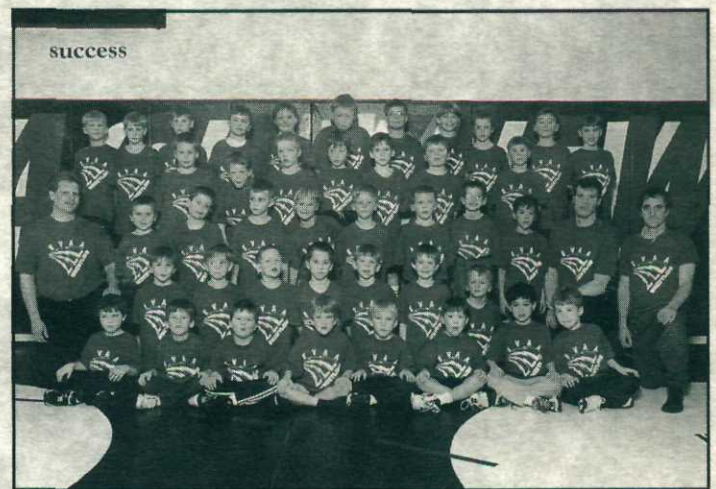
K-3rd Program – January to February

GOALS

1. Provide youth the opportunity to develop wrestling skills and to improve their strength, balance, and agility.
2. Teach youth to control their emotions and develop feelings of self-worth.
3. Teach youth how to cooperate in a competitive context with appropriate sportsmanship.
4. Provide an enjoyable and safe experience.
5. Promote the sport of wrestling to increase participation throughout the community.



(4th-6th) 1998



(K-3rd) 1999

THUNDERBOLTS WRESTLING CLUB

(Freestyle and Greco Roman)

**THUNDERBOLTS
FREESTYLE**

About the Program

Thunderbolts Wrestling Club was formed with a simple goal: to provide a safe and fun atmosphere for our wrestlers to develop and succeed. To be all they can be. We have put together a dedicated and talented staff who believe in this goal. Our club is run wholly by volunteers. People just like you. Without you we could not exist.

Coaches:

Nick Fornicoia, Josh Cagle, Brent Odenbrett

Season: February 29 - May

Contact Coach Fornicoia for more information (651) 683-6969 ext. 8679.

LIGHTNING WRESTLING

Lake Conference Teams

Apple Valley
 Bloomington Jefferson
 Bloomington Kennedy
 Burnsville
 Chaska
 Eagan
 Eastview
 Eden Prairie
 Lakeville
 Rosemount

Section 6AAA Teams

Apple Valley
 Bloomington Jefferson
 Bloomington Kennedy
 Burnsville
 Eagan
 Eastview
 Minneapolis Southwest
 Minneapolis Washburn
 Rosemount
 St. Thomas Academy

Lake Conference Records 1998-99

<u>School</u>	<u>Won</u>	<u>Lost</u>	<u>Tie</u>
Apple Valley	9	0	
Bloomington Kennedy	8	1	
Lakeville	6	3	
Burnsville	5	3*	
Bloomington Jefferson	5	4	
Eagan	4	3*	
Eden Prairie	2	6*	
Eastview	2	7	
Rosemount	2	7	
Chaska	0	9	

Lake Conference State Placers

1998-99 Section 6AAA State Placers

112	Matt Spitzner	4th Place	Lakeville	103	D. J. Agate	6th Place	Hopkins
112	Mark Buck	5th Place	Apple Valley	112	Matt Spitzner	4th Place	Lakeville
119	Matt Shankey	1st Place	Apple Valley	112	Mark Buck	5th Place	Apple Valley
125	Andy Miller	3rd Place	Eagan	119	Matt Shankey	1st Place	Apple Valley
125	Jacob Schlottke	6th Place	Apple Valley	125	Jacob Schlottke	6th Place	Apple Valley
130	Lucas Christianson	2nd Place	Apple Valley	130	Lucas Christianson	2nd Place	Apple Valley
160	Brandon Eckert	6th Place	Eden Prairie	160	Brandon Eckert	6th Place	Eden Prairie
171	Jeremiah Mostrom	5th Place	Eden Prairie	171	Jeremiah Mostrom	5th Place	Eden Prairie
189	Jareck Horton	2nd Place	Apple Valley	189	Jareck Horton	2nd Place	Apple Valley
189	Jeremy Wise	4th Place	Lakeville	HWT	Chad Redmann	2nd Place	Apple Valley
HWT	Chad Redmann	2nd Place	Apple Valley				

LIGHTNING WRESTLING DUAL MEETS

Varsity Dual Meet Results 1998-99

(6 Wins - 14 Losses - 1 Tie)

Eastview vs	Apple Valley	63-6	Loss
	St. Paul Arlington	44-23	Win
Eastview Quad.	St. Thomas Academy	34-34	Tie
	Hopkins	45-27	Win
	Monticello	42-36	Win
	Burnsville	31-30	Loss
	Lakeville	41-22	Loss
	Minnetonka	36-28	Loss
Wayzata Tournament 6th Place	Wayzata	39-18	Loss
	Milaca	54-14	Loss
	Waconia	42-23	Loss
	Jefferson	42-23	Loss
	Rosemount	37-23	Loss
	Eden Prairie	34-28	Win
	Chaska	50-18	Win
Lightning Invitational 7th Place	Paynesville	68-5	Loss
	St. Cloud Tech.	23-42	Loss
	Arlington	39-24	Win
	Eagan	39-21	Loss
	Kennedy	56-8	Loss
Team Sections	Hopkins	32-31	Loss
Individual Tournaments	Faribault	8th place	
	Burnsville	8th place	
	Brookings	15th place	

Jr. Varsity Dual Meet Results 1998-99

(9 Wins - 11 Losses)

Eastview vs	Apple Valley	12-58	Loss
	St. Paul Arlington	66-6	Win
Eastview Quad.	St. Thomas Academy	52-18	Win
	Hopkins	38-24	Win
	Monticello	48-30	Win
	Burnsville	29-45	Loss
	Lakeville	34-15	Win
	Minnetonka	21-48	Loss
Wayzata Tournament	Wayzata	27-61	Loss
	Milaca	12-67	Loss
	Kimball	27-45	Loss
	Bloomington-Jefferson	23-48	Loss
	Rosemount	20-51	Loss
	Eden Prairie	39-12	Win
	Chaska	42-30	Win
Lightning Invitational 2nd Place	Paynesville	46-6	Win
	Prior Lake	42-12	Win
	Dassel-Cokato	12-57	Loss
	Eagan	9-48	Loss
	Bloomington Kennedy	18-50	Loss

Freshman Dual Meet Results 1998-99

(5 Wins - 5 Losses - 1 Tie)

Eastview vs	St. Paul Harding	63-36	Win
	Henry Sibley	66-36	Win
	Apple Valley	21-68	Loss
	Hastings	33-66	Loss
	Burnsville	21-66	Loss
	Simley	24-69	Loss
	Faribault	45-29	Win
	Northfield	42-42	Tie
	Eagan	48-42	Win
	St. Thomas	75-12	Win
	Rosemount	24-63	Loss



LIGHTNING WRESTLING

1998-99 Season In-Review

Letter Award Winners

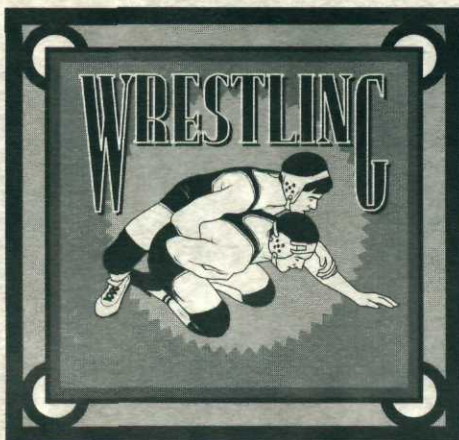
Mikey Fornicoia
Steve Plan
Adam Fokken
Adam Johnson
David Rasmussen
Dustin Bundy
Matt Davis
Nate Ernst
Jim Maloney
Adam Miller
Brad Okonek
Casey Terry
Nick Thompson
Brandon Jones
Tony Rodin
Joe Theisen

All-Conference

Adam Fokken
Tony Rodin

All-Conference Honorable Mention

Nate Ernst
Mikey Fornicoia
Brad Okonek



Section 6AAA Placewinners

1st Place	Tony Rodin	140 lbs.
2nd Place	Adam Fokken	171 lbs.
3rd Place	Mikey Fornicoia	103 lbs.
4th Place	Brad Okonek	145 lbs.
5th Place	David Rasmussen	135 lbs.
6th Place	Matt Davis	130 lbs.

State Qualifiers

Adam Fokken
Tony Rodin

Season Awards

Most Valuable Varsity Wrestler - Adam Fokken
Most Valuable Junior Varsity Wrestler - Tyrel Narva
Most Valuable Freshman Wrestler - Mikey Fornicoia
Most Improved Wrestler - Nick Thompson
Lightning Award - Chris Verhaeghe

Junior Varsity-Varsity Drill Partner Award - Brian Putnam
Freshman Drill Partner Award - Bowie Burger

9th Grade State Placewinners

Eastview - 11th Place
Steve Plan - 2nd Place
David Pudwill - 4th Place
Mikey Fornicoia - 5th Place
Eric Lemm - 8th Place

LIGHTNING STATISTICS 1998-1999

Varsity Statistics Season Records

	<u>Win</u>	<u>Loss</u>	<u>Pin</u>
Dustin Bundy	0	1	0
Levi Dambroten	0	2	0
Matt Davis	16	19	6
Nate Ernst	13	9	3
Adam Fokken	32	7	15
Mikey Fornicoia	16	9	6
Blake Guither	0	2	0
Adam Johnson	0	18	0
Brandon Jones	11	10	5
Jim Maloney	4	19	2
Adam Miller	9	17	3
Tyrel Narva	0	2	0
Brad Okonek	13	15	9
Jason Post	0	1	0
David Pudwill	1	7	1
Brian Putnam	0	3	0
David Rasmussen	15	14	3
Tony Rodin	23	5	8
Joe Theisen	0	2	0
Nick Thompson	8	13	5

Junior Varsity Statistics Season Records

	<u>Win</u>	<u>Loss</u>	<u>Pin</u>
Brandon Angstman	0	1	0
Eric Budd	5	18	1
Dustin Bundy	5	7	5
Levi Dambroten	3	2	2
Nate Ernst	6	0	2
Blake Guither	14	12	8
Daniel Hildahl	2	8	2
Adam Johnson	6	4	2
Eric Lemm	4	5	3
Jim Maloney	3	5	2
Tyrel Narva	19	1	11
Brad Okonek	3	0	2
David Pudwill	0	6	0
Brian Putnam	7	12	2
Adam Theisen	2	2	2
Joe Theisen	10	9	3
Nick Thompson	3	1	2
Chris Verhaeghe	8	7	4

Freshman Statistics Season Records

	<u>Win</u>	<u>Loss</u>	<u>Pin</u>
James Burger	6	12	4
Charles Crozier	2	9	2
Sylvester Dagostino	3	12	3
Levi Dambroten	3	5	3
Steve Davis	5	2	4
Sean Dwyer	4	3	2
Kyle Fokken	1	3	0
Mikey Fornicoia	14	3	9
Wade Halvorson	6	1	2
Matthew Kachman	11	5	7
Daniel Kriha	4	12	2
Ryan Langlais	0	1	0
Eric Lemm	13	4	7
Steve Olivo	3	8	0
David Pudwill	15	4	8
Adam Theisen	4	3	2



LIGHTNING RECORDS

Varsity Season Records

Falls

Adam Fokken	'99	17
Tony Rodin	'99	9
Matt Davis	'99	9

Wins

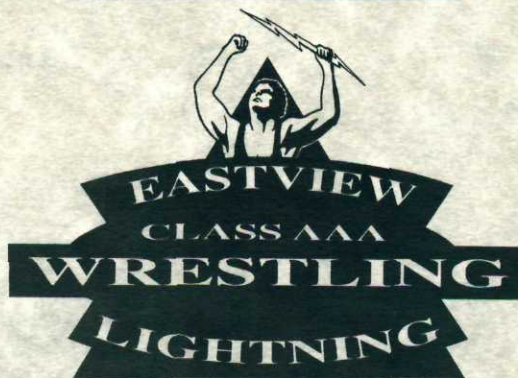
Adam Fokken	'99	32
Tony Rodin	'98	30
Mikey Fornicoia	'99	16
Matt Davis	'99	16

Team Points

Adam Fokken	'99	154
Tony Rodin	'98	129
Matt Davis	'99	79

Takedowns

Tony Rodin	'98	67
Adam Fokken	'99	63
David Rasmussen	'99	33



Near Falls

Tony Rodin	'98	32
Adam Fokken	'99	31
Matt Davis	'99	27

Reversals

Adam Fokken	'99	28
Nick Thompson	'99	21
Tony Rodin	'98	19

Varsity Career Records

Falls

Adam Fokken	'01	37
Tony Rodin	'99	31
Matt Davis	'00	16

Wins

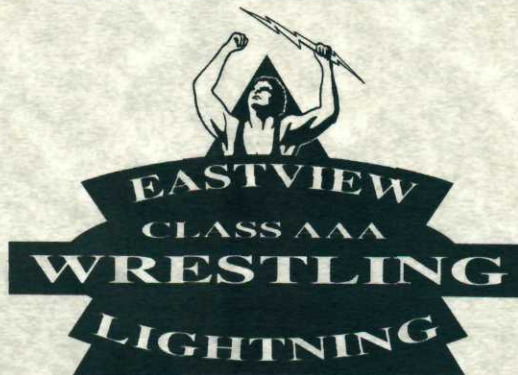
Tony Rodin	'99	77
Adam Fokken	'01	75
Matt Davis	'00	29

Team Points

Adam Fokken	'01	361
Tony Rodin	'99	351
Matt Davis	'00	135

Takedowns

Tony Rodin	'99	151
Adam Fokken	'01	130
Matt Davis	'00	45



Near Falls

Tony Rodin	'99	83
Adam Fokken	'01	68
Matt Davis	'00	45

Reversals

Adam Fokken	'01	68
Tony Rodin	'99	36
Nick Thompson	'00	21

LIGHTNING RECORDS

Junior Varsity Season Records

Falls

Tyrel Narva	'99	11
Zach Zimmewicz	'99	9
Blake Guither	'99	8

Wins

Tyrel Narva	'99	19
Blake Guither	'99	14
Jason Post	'99	14

Takedowns

Jason Post	'99	25
Zach Zimmewicz	'99	22
Tyrel Narva	'99	18

Team Points

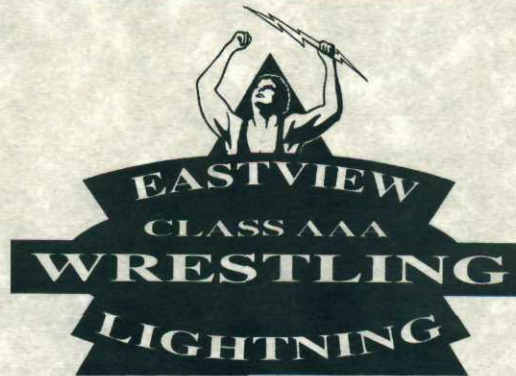
Tyrel Narva	'99	100
Blake Guither	'99	73
Jason Post	'99	69

Near Falls

Jim Maloney	'98	13
Tyrel Narva	'99	12
Zach Zimmewicz	'99	11

Reversals

Jim Maloney	'98	11
Blake Guither	'99	10
Tyrel Narva	'99	10



Freshman Season Records

Falls

Mikey Fornicoia	'99	12
Eric Lemm	'99	11
Steve Plan	'99	11

Wins

Steve Plan	'99	17
David Pudwill	'99	15
Mikey Fornicoia	'99	14

Takedowns

Mikey Fornicoia	'99	23
Steve Plan	'99	23
David Pudwill	'99	17

Team Points

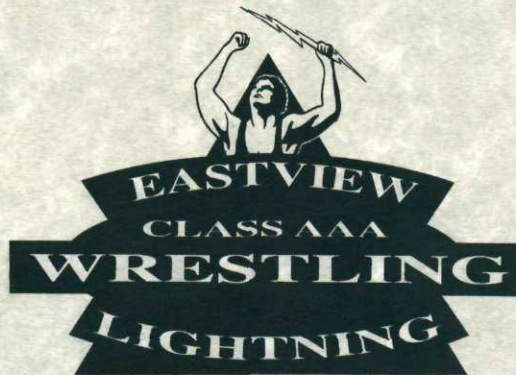
Steve Plan	'99	84
Mikey Fornicoia	'99	76
David Pudwill	'99	74

Near Falls

Mikey Fornicoia	'99	15
Adam Fokken	'98	10
Bowie Burger	'99	9

Reversals

Mikey Fornicoia	'99	10
Bowie Burger	'99	10
Mike Haggerty	'99	9



LIGHTNING ALUMNI RECORDS

Alumni Career Statistics

<u>Name</u>	<u>Year</u>	<u>Wins</u>	<u>Losses</u>	<u>TD</u>	<u>NF</u>	<u>R</u>	<u>Falls</u>	<u>Team Points</u>
Tony Rodin	1999	77	23	151	83	36	31	361
Brandon Jones	1999	13	20	31	18	7	5	56
Joe Theisen	1999	5	27	11	7	7	1	22

All-Conference

1998	Tony Rodin
1999	Tony Rodin
	Adam Fokken
2000	?

Section Champions

1999	Tony Rodin
2000	?

State

Participants/Placewinners

1998	Tony Rodin	4th Place
1999	Tony Rodin	(0-1)
	Adam Fokken	(2-2)
2000	?	

Season Awards

Most Valuable Varsity Wrestler of the Year

1998	Tony Rodin
1999	Adam Fokken
2000	?

Most Valuable Junior Varsity Wrestler of the Year

1998	Jim Maloney
1999	Tyrel Narva
2000	?

Most Valuable Freshman Wrestler of the Year

1998	Adam Fokken
1999	Mikey Fornicoia
2000	?

Most Improved Wrestler of the Year

1998	Nate Ernst
1999	Nick Thompson
2000	?

Lightning Award

1998	Chris Verhaeghe
1999	Chris Verhaeghe
2000	?

John Rodin Service Award

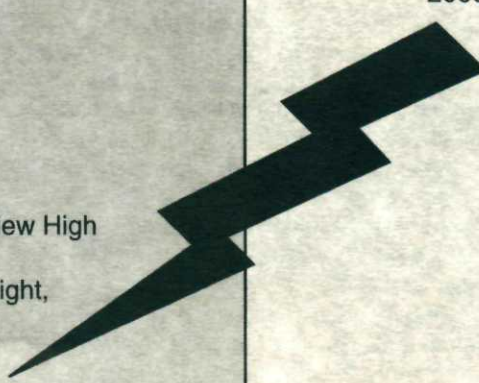
1998	Brad Okonek
1999	Brad Okonek
2000	?

Eastview School Song

Go Eastview lightning
 Victory is our game
 Blaze a trail of glory
 Marching on to fame.

Feel the mighty thunder
 Flash that fills the sky
 Blue, black and white
 Won't give up the fight
 We're the lightning from Eastview High

Eastview lightning fight, fight, fight,
 Go, Fight, win tonight!



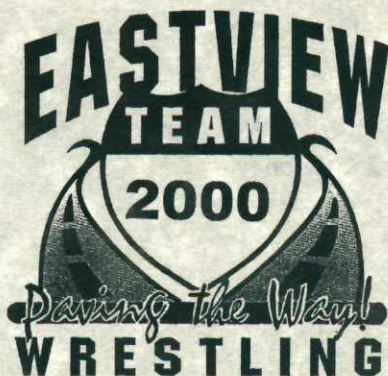
LIGHTNING WRESTLING

Season Records/Conference Place

	<u>Wins</u>	<u>Losses</u>	<u>Ties</u>	<u>Conference Place</u>
1998	3	19	1	9th
1999	6	14	1	7th
2000	?	?	?	?

Season Captains and Team Motto

1998	Matt McDonald, Joe Theisen	Lightning Strikes
1999	Tony Rodin, Joe Theisen	Attitude and Effort
2000	Nate Ernst, Brad Okonek, Adam Fokken	Team 2000: Paving the Way



Paving the Way

by Nick Fornicoia

Lewis and Clark were known as "Trail Blazers" because they led an expedition into unknown territory and cleared the way

for the future of America. The Lewis and Clark Expedition, a force of more than thirty men, was beginning the most exciting mission of exploration in American history. The men had been ordered to travel through the little-known Louisiana Territory, enter the unknown Oregon country, and finally reach the Pacific Ocean. Their journey was long and full of many obstacles. Over the nearly two and one-half year of their mission they had to overcome starvation, animal attacks, difficult terrain, and illness. They returned having succeeded in "blazing the trail" of this new land. They "paved the way" for future generations of Americans. It was an exploring achievement that will not be repeated unless one day man sets foot on some far-off planet.

Like the Lewis and Clark Expedition, the 1999-2000 wrestling team has been called to travel into unknown territory. This year's captains and team members choose the slogan "Paving the way" because they realize they have the daunting task of creating and living the tradition of Eastview Wrestling. The first two years laid the groundwork, but this year is different. This year we are entering new territory. It all started with the number of kids attending summer wrestling and weight training and then the first "Commitment Night" where the team devised goals for this season and committed to the steps involved in achieving these goals. These steps are just the beginning of a long journey.

This year's team has the potential to be the best ever in Eastview history, but like the Lewis and Clark Expedition we will have to work hard and overcome obstacles as we "pave the way" for success. Our journey officially began on Monday, November 22, 1999. The first week of our journey consisted of running, weight lifting, drilling, studying, and wrestling. These activities were similar to ones we did the last two years, but the difference was how we performed these tasks. The coaches and the wrestlers have raised the expectations for this team. Every task performed must be at a higher level in order to accomplish our goals. Also, the first week had some obstacles. Many wrestlers had to overcome fatigue and soreness during the first week. In order to have success, we must learn how to push through the tough times. The saying "what doesn't kill us will only make us stronger" holds true for this team. Finally, we had an obstacle on our way to a scrimmage. The bus arrived 40 minutes late and we were tardy. Instead of dwelling on the setback, we worked harder for a shorter amount of time. Working hard and overcoming obstacles are important as we "blaze the trail" to become the best Eastview Wrestling team in history.

The Lewis and Clark Expedition needed almost three years and all thirty members to blaze the trail for the future. The 1999-2000 Eastview Wrestling Team, in it's third year, will need the dedication, determination, and desire of all those involved as we "pave the way" to a new tradition of success.



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1999-2000 LIGHTNING



1999-2000 Eastview Lightning Schedule

<u>DATE</u>	<u>OPPONENT</u>	<u>SITE</u>	<u>TIME</u>
Friday, Dec. 3	Intra-Squad Meet (Parent Open House / EVAA Night)	Eastview	7:00 p.m.
Saturday, Dec. 4	Eastview Quadrangular	Eastview	10:00 a.m. <i>ww w</i>
Friday, Dec. 10	Chaska Burnsville	Bl. Jefferson	6:00 p.m. <i>w</i>
Thursday, Dec. 16	Bloomington Kennedy (Middle School / Freshman Night)	Eastview	7:30 p.m. <i>w 36-20</i>
Saturday, Dec. 18	Faribault Invitational	Faribault	9:00 a.m.
Tuesday, Dec. 21	Eagan	Eagan	7:30 p.m.
Friday, Jan. 7	Apple Valley Rosemount	Chaska	6:00 p.m.
Saturday, Jan. 8	Burnsville Invitational	Burnsville	9:00 a.m.
Friday, Jan. 14	Lakeville	Lakeville	6:00 p.m.
Thursday, Jan. 20	Bloomington Jefferson (Parents / Alumni Night)	Eastview	7:30 p.m.
Saturday, Jan. 22	Lightning Invitational	Eastview	9:00 a.m.
Tuesday, Jan. 25	Arlington, St. Paul	Arlington	7:30 p.m.
Saturday, Jan. 29	Brookings Invitational (Varsity)	Brookings, SD	9:00 a.m.
Thursday, Feb. 3	Eden Prairie	Eden Prairie	7:30 p.m.
Saturday, Feb. 5	Orono Invitational	Orono	9:00 a.m.
Thursday, Feb. 10	Minneapolis Washburn (EWA Family / EVAA Night)	Eastview	7:30 p.m.
Saturday, Feb. 12	Armstrong (JV & 9th only)	Armstrong	9:00 a.m.
Saturday, Feb. 19	Section 6 Team Tournament	Apple Valley	TBD
Fri.-Sat., Feb. 25-26	Section 6 Individual Tourney	Eastview	TBD
Thurs.-Sat., Mar. 2-4	State Tournament	Target Center	TBD

• All JV Matches begin at 6:00 p.m.

• Double Duals - V/JV wrestle at the same time.

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