

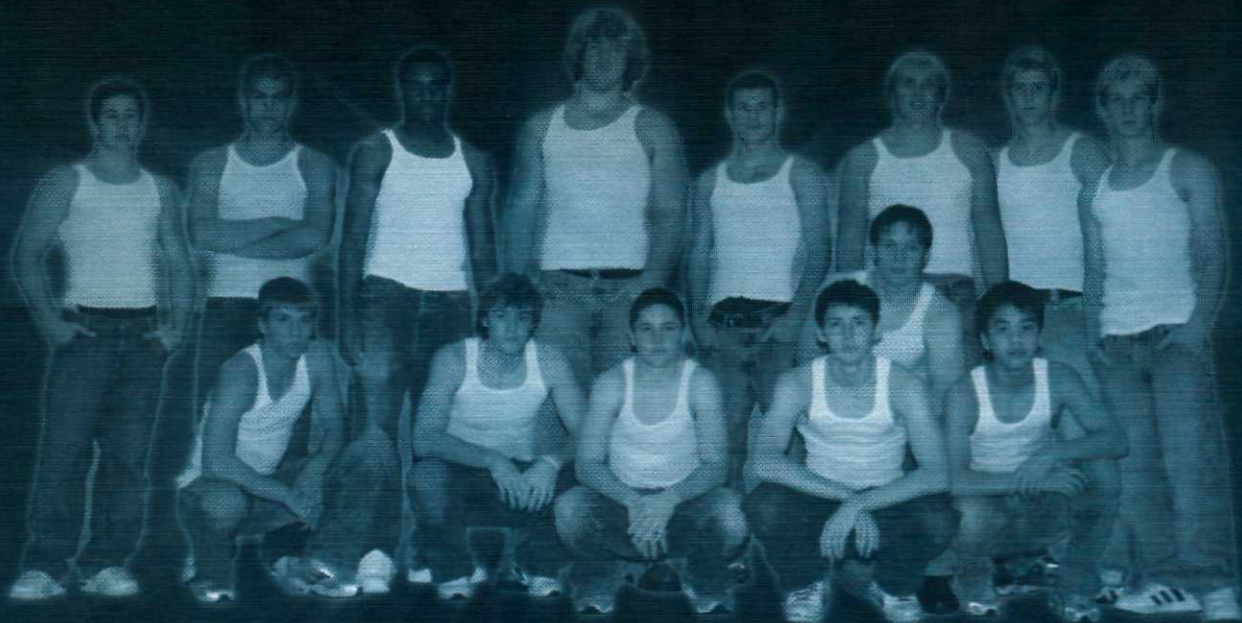
NO GUTS



NO GLORY

*Eastview Wrestling*

**EVHS**  
WRESTLING



NO GUTS • NO GLORY

2004-05



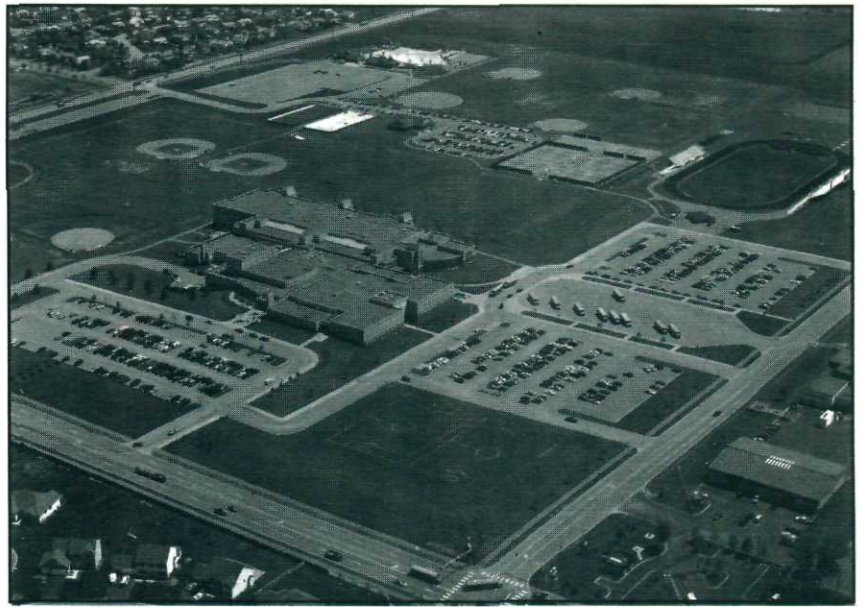
# Eastview High School

Eastview High School is an attractive building, on an outstanding site, with state-of-the art technology, rigorous and relevant curriculum, and comprehensive and competitive cocurricular programs. But, more importantly, it's a school about people working together, about relationships, about a talented staff that cares about students, about exceptional students doing exceptional things, and about supportive and involved parents.

Over the past few years, students, parents, school people and members of our communities have worked together to give Eastview High School a name of its own, school colors, and a school logo. And, we have dreamed together about the ideal school we want Eastview High School to be. These dreams have become the Guiding Principles for Eastview High School. It is these principles that have established our attitude and our agenda for action, as we have hired outstanding staff members and developed the programs, structures, and systems to bring Eastview High School to life.

As we begin the eighth year of Eastview High School, we invite each student to learn more about the curricular and cocurricular opportunities that are available; and, we encourage you to get involved. Success, meaning and enjoyment in high school is directly related to involvement by both students and parents.

With the many opportunities at EVHS come many responsibilities. Each student at Eastview High School is expected to know them and do his/her part to create and sustain a safe, positive and orderly learning environment for all students.



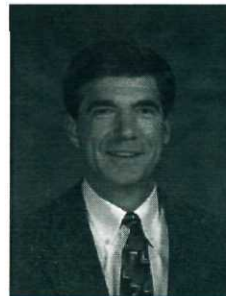
## Eastview Athletics

District 196 believes that the cocurricular program of the school plays a substantial and important role in providing successful and meaningful experiences for students. In addition to a comprehensive list of courses, Eastview High School offers a wide variety of school activities to meet students' interests and needs. These activities are grouped into three categories: fine/performing arts and activities, student leadership and service, and athletics. All students are encouraged to participate according to their interests and abilities.

- Cross Country (Boys and Girls)
- Dance Team Performance (Girls)
- Football (Boys)
- Soccer (Boys and Girls)
- Swimming and Diving (Boys and Girls)
- Tennis (Boys and Girls)
- Volleyball (Girls)
- Dance Team Competition (Girls)
- Basketball (Boys and Girls)
- Figure Skating (Boys and Girls)
- Gymnastics (Girls)
- Hockey (Boys and Girls)
- Slalom Skiing (Boys and Girls)
- Nordic Skiing (Boys and Girls)
- Wrestling (Boys)
- Baseball (Boys)
- Golf (Boys and Girls)
- Softball (Girls)
- Track and Field (Boys and Girls)
- Adapted Athletics (Boys and Girls)
- Athletic Training (Boys and Girls)
- Cheerleading - Sport (Girls)
- Cheerleading Competition
- Intramurals (Girls and Boys)
- Strength Training (Girls and Boys)



## Eastview Administration



Dr. J. Richard Dewey  
Principal



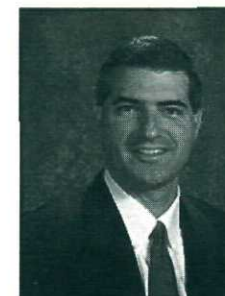
Randall Peterson  
Associate Principal



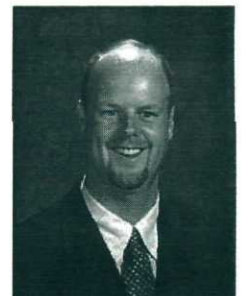
Kim Martinson  
Assistant Principal



Bruce Miller  
Assistant Principal



Rob Franchino  
Assistant Principal



Matt Percival  
Administrative Assistant

**This program is sponsored by the Eastview Wrestling Association.**



# NO GUTS, NO GLORY



Welcome to the 2004-2005 Eastview Wrestling Season. "No Guts, No Glory" is our motto this year.

The Seniors and Captains picked this motto and we believe that no other sport is as rewarding as wrestling. Yet at the same time, nobody in other sports work as hard as we do. Getting your hand raised is the most glorious feeling. I think winning itself is a reward, but knowing how hard you had to work to earn that victory is where the real glory lies.

If winning were easy it wouldn't be as rewarding. The greatest accomplishments in life are the ones that we work the hardest to obtain. We are going to WORK HARD this year! We are going to live on HEART this year! We are going to take RISKS this year. We are going to WIN this year!

"The Dictionary is the only place that success comes before work. HARD WORK is the price we must pay for success. I think you can accomplish anything if you're willing to pay the price." Vince Lombardi. Hard work in and out of the wrestling room will guarantee us success in everything we do. Hard work will enable you to accomplish anything you determine to achieve. Hard work will make the results that much more glorious.

Eastview Wrestlers are weighed, measured, and calculated. For instance, wrestler A is 135lbs, 5' 4" with 8% body fat. Through these calculations we can determine many things. The one thing we cannot determine or measure is the HEART of a wrestler.

"I firmly believe that any man's finest hour, his greatest fulfillment of all he holds dear, is the moment when he has worked his heart out in a good cause and lies exhausted on the field of battle." Vince Lombardi.

Eastview wrestlers need to learn to pour their heart into practices and meets. Living on heart means that we keep on fighting no matter the score, how tired we are, the time on the clock, or how much pain we are in. Battling with heart will lead to glory!

Lastly, taking RISKS means regularly moving out of your comfort zone, doing things the average person is not willing to do. Doing things when you don't feel like doing them. You can do it. You have it in you. You really do. We've seen many average people/athletes accomplish great things because they were willing to dive head first out of their comfort zone to achieve their dreams.

The 2004-2005 Eastview wrestling team will show their guts by working hard, living with heart, and taking risks, which will lead to GLORY!

**NO GUTS**



**NO GLORY**

*Eastview Wrestling*



# LIGHTNING WRESTLING COACHING STAFF

## Kurt Habeck, Head Coach



Kurt Habeck, a native of Winona, Minnesota, has been a social studies teacher, wrestling and football coach, and weight room instructor for 14 years.

Kurt was a graduate of Augsburg College where he competed in wrestling and was a captain on the NCAA III National Championship Team. Individually, Kurt was a NCAA III All-American and an Academic All-American. He was a varsity starter all four years as Augsburg placed eighth, third, second, and first nationally.

Kurt met his wife, Shelly, at Augsburg. They have a 10 year old daughter named Hannah, a 7 1/2 year old son named Zachary, a 4 year old daughter named Erin, and a 1 year old son named Luke. Kurt and his family reside in Apple Valley.

## Todd Frost, Assistant Coach



Todd is originally from New York Mills, Minnesota. Along with high school wrestling, Todd competed freestyle, placing first in state as a cadet and second as a junior.

Todd graduated from Minnesota State University Moorhead where he played linebacker for the Dragons.

Todd is in his fourth year of teaching at Eastview High School where he teaches earth science and coaches football.

Todd and his wife Shannon are expecting their first baby in January. He enjoys the outdoors and can be found hunting, fishing, and participating in other sports.

## Nick Fornicoia, Assistant Coach



Nick Fornicoia, a native of Richfield, Minnesota is entering his seventh year as an English teacher and assistant wrestling coach at Eastview High School. Nick teaches English II, Broadcast and broadcast journalism.

Nick has also been an Augsburg College wrestling assistant coach for three years, where he helped coach the Auggies to a National Championship team title.

Nick was a state champion wrestler in high school. As a graduate of Augsburg College, he was a NCAA III National Champion at 118 lbs. Fornicoia finished his career as a three-time All-American. In his era the Auggies placed second, first, second, and first in four national tournaments.

Coach Fornicoia enjoys teaching and coaching, and his hobbies include reading, rollerblading, and mountain biking.

## Travis Lee, Assistant Coach



Travis Lee, originally from Kensington, Minnesota, is entering his seventh year as a math teacher and assistant wrestling coach at Eastview High School.

Another fellow Auggie, Coach Lee was a four year Academic Club member. He wrestled at Augsburg College when their national runs ended at fourth, first, second, and first place nationally.

In high school, Travis earned four trips to the state tournament. In addition to this, he was a two-time Academic

All State award winner. Lettering in football and golf rounded out his high school athletic career.

Travis enjoys teaching math and coaching, but still finds time to read, watch movies, and participate in many outdoor activities.

## Jared Cooley, Assistant Coach



Jared Cooley, a native of Westbrook, Minnesota, is in his second year of coaching at Eastview High School. Jared comes to Eastview from Southwest State University in Marshall. While earning his Exercise Science degree he also made two trips to the NCAA II tournament, coming home once an All-American. In high school, he made two trips to the Minnesota State wrestling tournament finishing with a silver medal. Other sports included football, baseball, and track. In Jared's

spare time he enjoys paint balling, mountain biking, and spending time with his future wife, Lindsay.

## Seth Strickland, Assistant Coach



Seth is originally from Cumberland, WI. He is currently a senior at Augsburg College where he majors in Health and Physical Education. Aside from school and coaching Seth also tutors in Kinesiology and Adapted Physical Education.

In high school Seth was a 3-time state place winner and state champ his senior year. He also wrestled on 2 Wisconsin freestyle junior national teams. He played football and golf in high school as well.

In his free time Seth will usually be found hunting, fishing, or snowboarding.

## Todd Beach, Assistant Coach



Coach Todd Beach is originally from the small town of Franklin, Nebraska where he earned 12 varsity letters in Football, Wrestling, and Track. In wrestling Mr. Beach was a four-time state qualifier and was a state qualifier in track as well. Coach Beach attended the University of Nebraska - Kearney where he wrestled for two seasons before an injury led him into coaching. As a coach Mr. Beach began his career while still in college, serving as an assistant at Shelton and Gibbon High Schools in Nebraska. After graduation, Mr. Beach moved to Minnesota and began teaching at Valley Middle School. Mr. Beach came to Eastview High School when the building opened in the fall of 1997 and currently serves as the Head 9th Grade Coach; in 2001 the 9th Grade Team won the Individual "Team" Title at the 9th Grade State Championships. Mr. Beach earned his Masters Degree from the University of Minnesota and is in the second year of an International Professional Doctorate Program through the University of Sussex in England. Mr. Beach currently teaches 9th grade American Government and 11th grade AP European History at Eastview. He is also a varsity assistant coach for football and the Head Adviser for National Honor Society. He lives with his wife Sarah, in Minneapolis.

## Jeremiah Foertsch, Assistant Coach



Jeremiah is a recent graduate of Eastview High School. He now lives in Eagan, and is attending Normandale Community College this semester. At Normandale Jeremiah is enrolled in a number of general credits and is looking at teaching or business management.

In high school Jeremiah played football and competed in wrestling. During his football career, he lettered twice and was part of the state semi-finalist team in 2002. Jeremiah's wrestling career at Eastview was filled with hard work.

He was a four-time section place winner and a three-time letter winner. He rounded his career off by being nominated captain his senior year.

This is Jeremiah's first year of coaching, and is looking forward to working with the freshman team. Coaching along side Mr. Beach, the freshman team and others should look forward to great success.

## Doug Nelson, Athletic Trainer



Doug has been Eastview's Athletic Trainer since the opening of the school in 1997. Before coming to Eastview, Doug was an Athletic Trainer for Augsburg College, the Minnesota Twins, and for Brooklyn Center.

Doug and his wife Becky have one daughter named Emily.





# EASTVIEW WRESTLING

**Captains** Ryan Ruckdashel, Sam Voyles, Kyle Wilson

## FRESHMAN

BAKARDJIEV, ALEX  
BENSON, NORMA  
BLUNDETTO, DINO  
DUTTON, BRIAN  
FANTH, ZACKARIA  
FLATEN, TREVOR  
GORDON, TREVER  
GRIEPP, BRIAN  
HEINECKE, KEVIN  
HENDRICKS, DANTE  
HENRICKSON, ANGI  
JACKSON, WILLIAM  
JENSEN, GEORGE  
KENNING, SCOTT  
LARSON, JOSHUA  
LENZ, JAMES  
LEUBNER, MIKE  
LOTHER, TANNER  
LY, DAVID  
MAKABE, ALEX  
MATTESON, GARRETT  
MOHR, ROBERT  
MUENKEL, JOE  
MYERS, BRIAN  
OKONEK, BRYAN  
PUDWILL, JAMES  
REDIG, MIKE  
SCHULTZ, NICK  
TERRY, TYLER

## SENIORS

CHIES, THOMAS  
LEBEIS, MICHAEL  
MCMOORE, STEPHEN  
RUCKDASHEL, RYAN  
VOYLES, SAM  
WILSON, KYLE

## SOPHOMORES

AWADA, MIKE  
DUREN, JOSH  
GETZKE, DAN  
MANS, KENNEDY  
NELSON, JAKE  
NEUTZ, JAKE  
PEKAREK, NICK  
PETERSON, JUSTIN  
PUDWILL, ANDREW  
RONHOVDE, NICK  
SHARPE, TANNER  
ST. MARTIN, ERIC  
STEPAN, RYAN  
VOYLES, MICHAEL  
WILLIAMS, BLAKE

## JUNIORS

BADRUL, NILS  
CARROLL, NATHANIEL  
EUL, CHAD  
FOKKEN, TROY  
GRIEPP, CHRIS  
HUYNH, MINH  
HYDE, RAFAEL  
MAKABE, JOHN  
MATSUYAMA, RYOTA  
NELSON, ANDREW  
NELSON, JOSH  
NEUTZ, MATT  
POWELL, DILLON  
RONDORF, SAM  
THELL, JOHN  
YAMAUCHI, KEN

## PRINCIPAL

Dr. J Richard Dewey

## Athletic Director

Bruce Miller

## Coaches

Kurt Habeck  
Todd Beach  
Nick Fornicoia  
Todd Frost  
Travis Lee  
Jared Cooley  
Jeremiah Foertsch  
Seth Strickland

## Nickname

Lightning

## School Colors

Black, Blue, Silver, White

## Varsity Managers

Ashley Langlais  
Nicole Nelson

## Videographer

Kim Wessel

## Conference

Lake

## Section

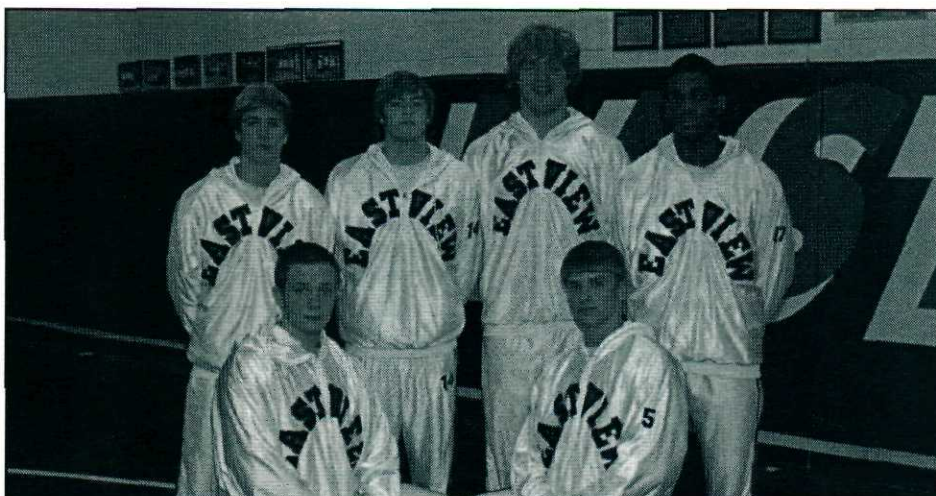
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## School Board

Jackie Magnuson, Chairperson  
Bruce Endler, Vice-chairperson  
Mike Rosen, Clerk  
Kevin Sampers, Treasurer  
Rob Duchscher  
Judy Lindsay  
Bob Schutte

## Superintendent

John Currie



Class of 2005



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# LIGHTNING WRESTLING

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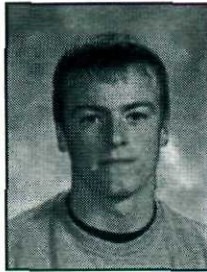
## CAPTAINS



### Ryan Ruckdashel

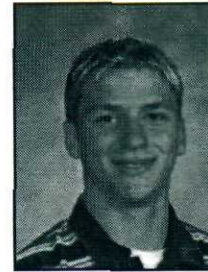
Captain Ruck, is a 2X letter winner, earned Lake Conference recognition, placed 4th at sections and earned 25 wins last season. Ryan will wrestle at

heavy weight this season. Ryan is a great team leader that is committed to excellence. Ryan is also a three sport athlete.



### Kyle Wilson

Kyle, a senior, wrestled most of the season on varsity last year at 152 lbs. Kyle is a letter winner having earned 5 wins and wrestled on the section team. Kyle is expected to wrestle at 160 lbs. this season.



### Sam Voyles

Sam, senior, lettered as a sophomore, however, did not wrestle as a junior due to an injury. Sammy has worked very hard during the off season in preparation for his senior year in wrestling.

Sam is expected to wrestle at 135-140 lbs. this season. He is excited about the season and has high goals set for him self.

## LETTERMEN



### Jacob Nelson

Jake, a sophomore, wrestled at 112 lbs last season on the freshman, junior varsity, and varsity teams. Jake is a letter winner and wrestled on the section team last season. Jake is expected to wrestle at 119 lbs. this season.



### Ryan Stepan

Sophomore Ryan Stepan has been on varsity the last two seasons and is a 2X letter winner. Ryan earned 9 hard fought wins last season and is expected to wrestle at 119-125 lbs. this season.



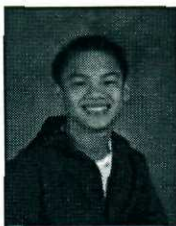
### Tony Fokken

Fokken, a junior, wrestled at 189 lbs. last season earning 8 wins on varsity and gained valuable experience. Troy is a letter winner and is expected to wrestle at 215 lbs. this season.



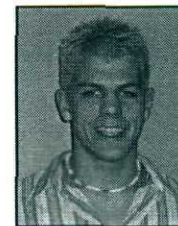
### Josh Nelson

Josh, a junior, lettered as a sophomore and wrestled mostly on varsity last season earning 10 victories. Josh wrestled on the Section Team and is expected to wrestle at 135 lbs. this season.



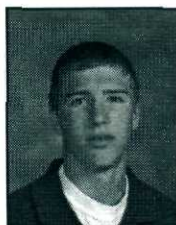
### Minh Huynh

Minh, a junior, is Eastview's only state entrant returner. Minh earned 29 wins, All Conference recognition, and placed 2nd at sections at 103 lbs. Minh is expected to wrestle at 103-112 lbs. this season.



### Andrew Nelson

Andrew, a junior, had a break out season last year fighting his way on to the varsity team at 171 lbs. Andrew is a letter winner having earned 5 wins and wrestled on the section team. Andrew is expected to wrestle at 171 lbs. this season.



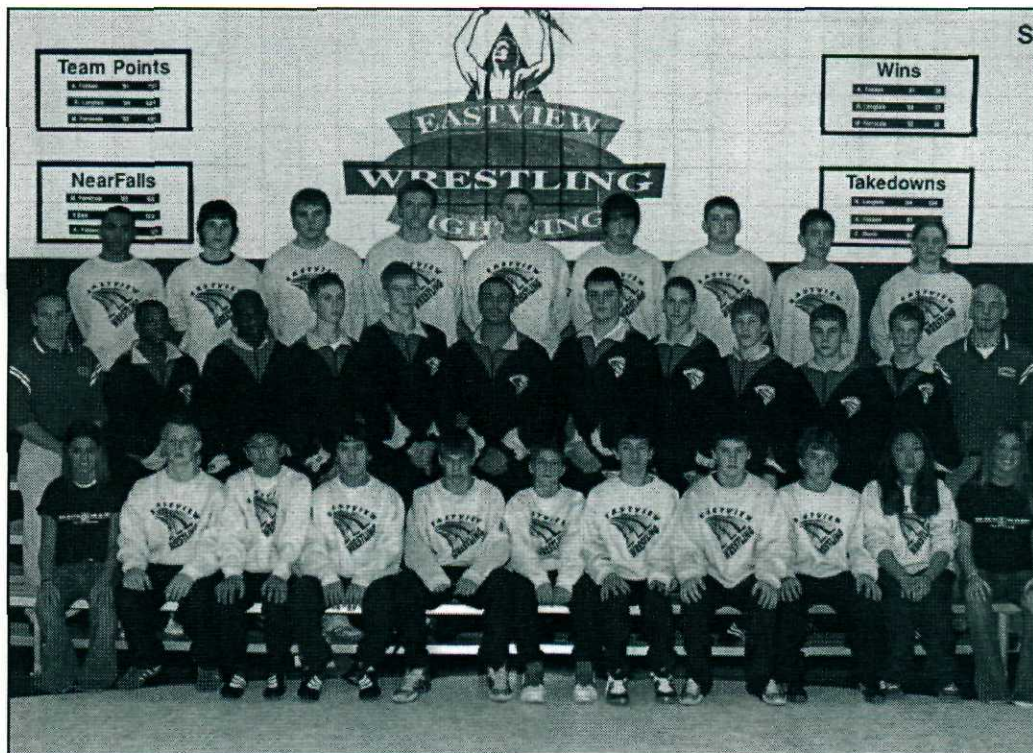
### Thomas Chies

Tom, a senior, wrestled sparingly on varsity, however, earned 19 victories on JV last season and was on the Section Team. Tom is expected to wrestle at 152 lbs. this season. Tom is also a three sport athlete.



# LIGHTNING WRESTLING

## Minnesota Ninth Grade and Under Wrestling League



### FRESHMEN TEAM 2004-2005

BAKARDJIEV, ALEX  
 BENSON, NORMA  
 BLUNDETTO, DINO  
 DUTTON, BRIAN  
 FANTH, ZACKARIA  
 FLATEN, TREVOR  
 GORDON, TREVOR  
 GRIEPP, BRIAN  
 HEINECKE, KEVIN  
 HENDRICKS, DANTE

HENRICKSON, ANGI  
 JACKSON, WILLIAM  
 JENSEN, GEORGE  
 KENNING, SCOTT  
 LARSON, JOSHUA  
 LENZ, JAMES  
 LEUBNER, MIKE  
 LOTHER, TANNER  
 LY, DAVID  
 MAKABE, ALEX

MATTESON, GARRETT  
 MOHR, ROBERT  
 MUENKEL, JOE  
 MYERS, BRIAN  
 OKONEK, BRYAN  
 PUDWILL, JAMES  
 REDIG, MIKE  
 SCHULTZ, NICK  
 TERRY, TYLER

### FRESHMEN SCHEDULE 2004-2005

DATE	OPPONENT	SITE	TIME
Tuesday, Nov. 30	Totino Grace / Woodbury	Eastview	4:30 pm
Saturday, Dec. 4th	Burnsville Open	Burnsville	10:00 am
Tuesday, Dec. 7	Simley / Park	Eastview	4:30 pm
Tuesday, Dec. 14	Hastings / Humbolt	Hastings	4:30 pm
Saturday, Dec. 18	Rosemount Invitational	Rosemount	9:00 am
Monday, Dec. 20	Faribault / Prior Lake	Faribault	4:00 pm
Tuesday, Jan. 4	Rosemount	Rosemount	4:30 pm
Saturday, Jan. 8	Eastview Tournament	Eastview	9:00 am
Tuesday, Jan. 11	Eagan / Henry Sibley	Eastview	4:30 pm
Thursday, Jan. 13	Apple Valley	Apple Valley	4:00 pm
Saturday, Jan. 22	State Team Tournament	Hastings	9:30 am
Saturday, Jan. 29	Region Two Tournament	Chisago Lakes	9:00 am
Saturday, Feb. 5	State Individual Tournament	Champlin Park	8:00 am
Sunday, April 3	Wrestling Banquet	Rosemount CC	4:30 pm

### 9th Grade State Individual Championships

#### 1998

Adam Johnson  
 Brian Nold  
 Adam Fokken – 1<sup>st</sup> Place  
 Don Wachter

#### 1999

Mikey Fornicoia – 5<sup>th</sup> Place  
 Eric Lemm – 8<sup>th</sup> Place  
 David Pudwill – 4<sup>th</sup> Place

#### 2000

Brian Lewis – 6<sup>th</sup> Place  
 Pat Dea  
 John Getzke  
 Andrew Lenertz

#### 2001

Steve Davis – 1<sup>st</sup> Place  
 Sean Dwyer – 1<sup>st</sup> Place  
 Ryan Langlais – 2<sup>nd</sup> Place  
 Eric Yuen – 4<sup>th</sup> Place  
 Kyle Fokken – 6<sup>th</sup> Place  
 Pat Dea – 8<sup>th</sup> Place  
 David Hilden – 8<sup>th</sup> Place  
 Kevin Eich  
 Jeremiah Foertsch  
 Tim Lewis

#### 2002

Tyler Cookas  
 Sam Voyles – 4<sup>th</sup> Place  
 Tom Chies  
 Scott Polansky  
 Troy Fokken

#### 2003

Troy Fokken – 4<sup>th</sup> Place  
 Justin Armstrong  
 Chad Eul  
 Jon Latterner  
 Andrew Nelson  
 Matt Neutz

#### 2004

Dan Getzke – 8<sup>th</sup> Place  
 Kennedy Mans  
 Jake Neutz  
 Justin Peterson  
 Ryan Stepan



# LIGHTNING SUPPORT

## Varsity Managers



Ashley Langalis



Nicole Nelson



Britni Jansen



Jen Ortendahl



Alissa Ernst



Alyssa Lewandowski

## Junior Varsity Managers

## Freshman Managers



Rachel Poli



Courtney  
Thompson

## Videographer



Kim Wessel

## Cheerleaders

### VARSDITY

Ashley Johnson  
Sarah Osbourne  
Emma Schultz  
Anna Talafous  
Jessica Thompson

### Coaches:

Amanda Reding, Jenna Jones and  
Bridget Michalek

## Board of Directors

Sharon & Tom Getzke ..... President  
Kristen & James Voyles..... Vice President  
Dana Cookas..... Treasure  
Lois & Mark Fokken..... Secretary  
LeAnn & Randy Stepan..... Concession Coordinator  
Nick Fornicoia..... ThunderBolts Liaison  
Travis Lee..... EVAA Liaison  
Shelly & Kurt Habeck .....EVHS Head Coach

## Grade Representatives

Gretchen & Ron Okonek ..... 9<sup>th</sup> Grade Rep.  
Collen & Jon Pudwill..... 10<sup>th</sup> Grade Rep.  
Grace & Kim Eul..... 11<sup>th</sup> Grade Rep.  
Candace Ruckdashel & Ann Wilson..... 12<sup>th</sup> Grade Rep.

## A message from the Presidents...

### Wrestling Parents

The new wrestling year has started, and the Eastview wrestling program is looking forward to another successful year. The program promises to build on the successes of last year by creating positive momentum for the entire season to come.

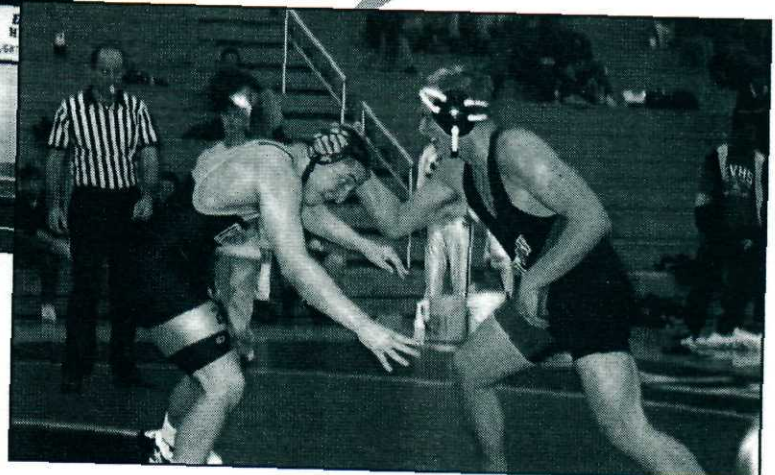
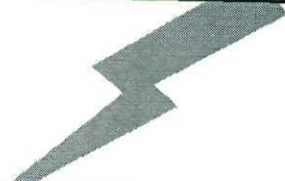
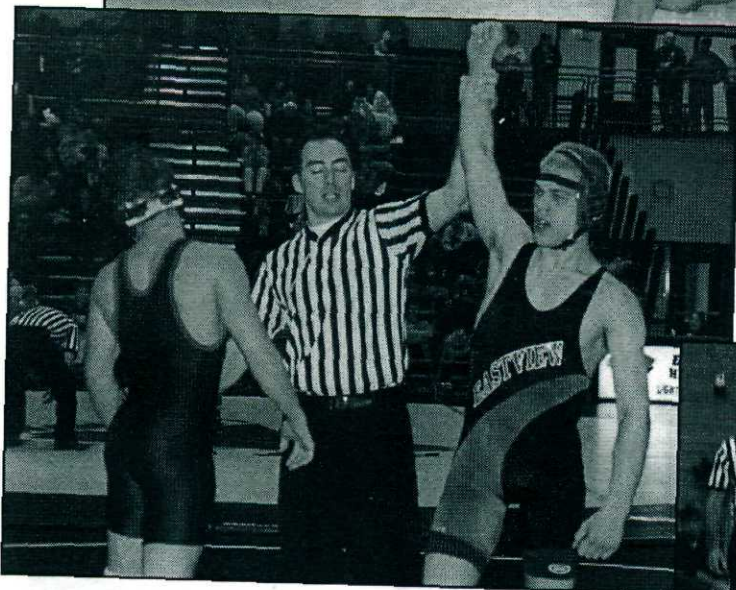
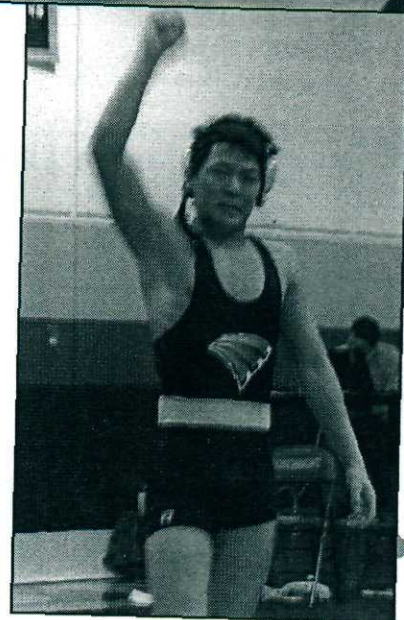
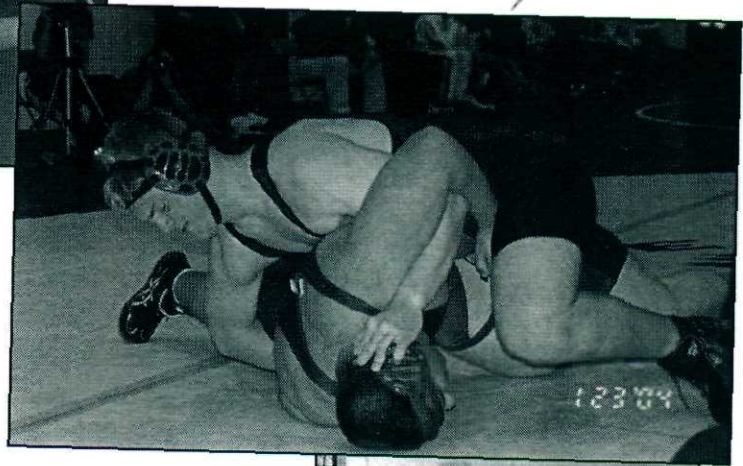
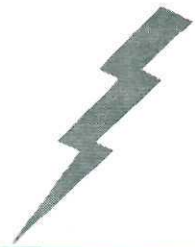
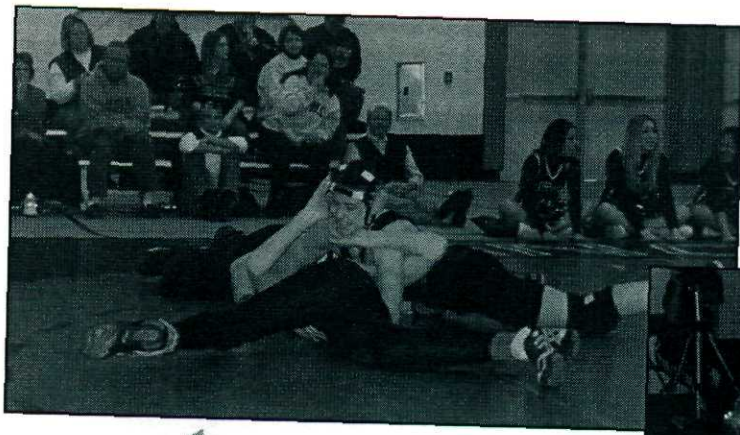
We are proud to serve as the 2004-2005 president of the Eastview Wrestling Association. EWA is a strong organization of wrestling parents, coaches, school officials, business sponsors and wrestling enthusiasts who work together to support the sport at Eastview High School. EWA meets every month, and all wrestler parents are welcome to participate. Call us at 651-454-1196 with any questions regarding EWA, meeting times or volunteer opportunities.

A special word of thanks to all of the Eastview parents who have volunteered to serve on the 2004-2005 EWA committees, board and leadership positions. Your support of Eastview wrestling, Middle School wrestling, EVAA wrestling, and Thunderbolts is a critical factor in the ability of EWA to provide services and support for our wrestlers and coaches.

Here's to another great wrestling season. On behalf of EWA, we wish the best of luck to all of our wrestlers. Go Lightning!

**Sharon and Tom Getzke**

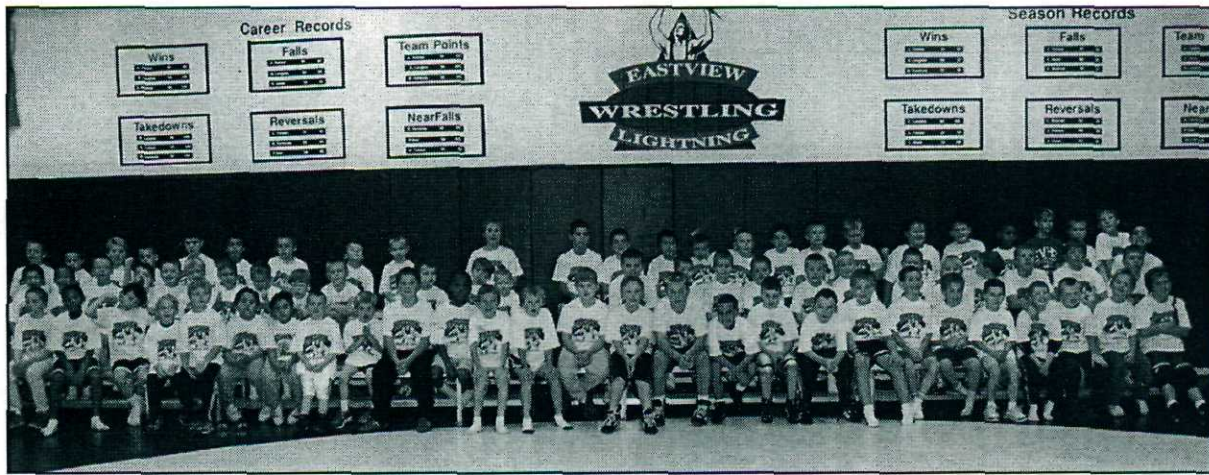






# EASTVIEW WRESTLING

## EVHS Wrestling Clinic 2004



### EVAA Wrestling K-2nd Grade



Blue Team



Black Team



Grey Team



White Team

### EVAA Wrestling 3rd-6th Grade



Black Team



Blue Team

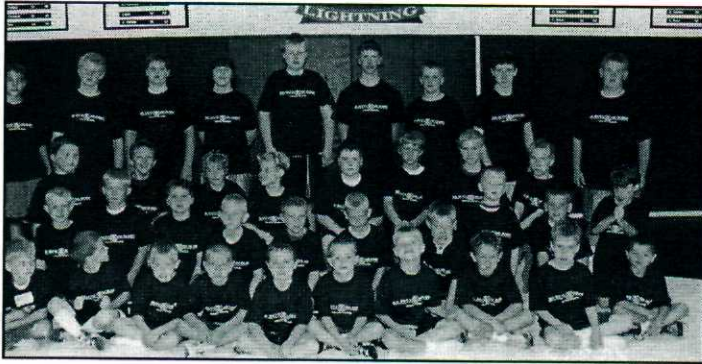


Grey Team



# LIGHTNING WRESTLING PROGRAMS

## EASTVIEW WRESTLING CAMP



## AUGSBURG TEAM CAMP



## EASTVIEW ELITE WRESTLING

**K - 8th Grade • Jan.-March. • Program Director Dean Stockwell**

**About the Program** - This program is a traveling program for wrestlers that have an interest in developing wrestling skills and participating in tournaments. The program will participate in the NYWA State Team and Individual Tournaments.

## THUNDERBOLTS WRESTLING CLUB

**(Freestyle and Greco Roman)**

**About the Program** - Thunderbolts Wrestling Club was formed with a simple goal: to provide a safe and fun atmosphere for our wrestlers to develop and succeed. To be all they can be. We have put together a dedicated and talented staff who believe in this goal. Our club is run wholly by volunteers. People just like you. Without you we could not exist.

**Coaches: TBD • Season: March - April • Program Director: Tom Getzke**



## Black Hawk Middle School

**Coaches: Mike Hogan, Allen Jaeb**



## Falcon Ridge Middle School

**Coach: Scott Cave, Chuck Jacobs**



## Scott Highlands Middle School

**Coaches: Greg Dravis, Mike Griffith**



# LAKE CONFERENCE AND SECTION 6AAA

## Lake Conference Teams

Apple Valley  
Bloomington Jefferson  
Bloomington Kennedy  
Burnsville  
Chaska  
Eagan  
Eastview  
Eden Prairie  
Lakeville  
Rosemount

## Section 6AAA Teams

Apple Valley  
Bloomington Jefferson  
Bloomington Kennedy  
Burnsville  
Eagan  
Eastview  
Minneapolis Southwest  
Minneapolis Washburn  
Rosemount  
Richfield

## Lake Conference Records 2003-2004

School	Won	Lost
Apple Valley	9	0
Eden Prairie	7	2
Bloomington Kennedy	7	2
Rosemount	6	3
Eastview	4	5
Lakeville	4	5
Eagan	3	6
Chaska	3	6
Burnsville	1	8
Bloomington Jefferson	0	9

## Section 6AAA Tournament 5th Place

160	Ryan Langlais	1st
103	Minh Huynh	2nd
125	Pat Dea	2nd
119	Kevin Eich	4th
130	J. Foertsch	4th
140	Tyler Cookas	4th
145	Kane Bechstein	4th
275	R. Ruckdashel	4th
189	Fred Hwang	6th
215	Troy Fokken	6th

## Section 6AAA Individual Tournament

Rank	School	Points
1st	Apple Valley	317
2nd	Rosemount	194
3rd	Bloomington Kennedy	154.5
4th	Burnsville	154
5th	Eastview	134
6th	Eagan	133.5
7th	Richfield	58
8th	Bloomington Jefferson	45
9th	Minneapolis Southwest	31.5
10th	Minneapolis Washburn	24
11th	Edina	23

## Section 6AAA State Place Winners

112	Zach Bigboy	1st	Bloomington Kennedy
119	Charlie Falck	1st	Apple Valley
125	Richard Fessler	1st	Apple Valley
140	Michael Fessler	1st	Apple Valley
119	Jayson Ness	2nd	Bloomington Kennedy
189	Josh Holforty	2nd	Bloomington Kennedy
215	Steve Larson	2nd	Apple Valley
152	Phil Beaumia	3rd	Apple Valley
103	Scott Nonini	3rd	Apple Valley
130	Ryan Pottebaum	3rd	Apple Valley
171	Robbie Gotreau	3rd	Bloomington Jefferson
135	Jeff Gleason	5th	Apple Valley
140	Dave Bjorkstrand	5th	Burnsville
145	Tommy LaCombe	5th	Apple Valley
171	Jared Stahlecker	5th	Apple Valley
135	Matt Brauer	6th	Burnsville

## Lake Conference State Place Winners

112	Zach Bigboy	1st	Bloomington Kennedy
119	Charlie Falck	1st	Apple Valley
125	Richard Fessler	1st	Apple Valley
140	Michael Fessler	1st	Apple Valley
119	Jayson Ness	2nd	Bloomington Kennedy
189	Josh Holforty	2nd	Bloomington Kennedy
215	Steve Larson	2nd	Apple Valley
152	Phil Beaumia	3rd	Apple Valley
140	Andy Bisek	3rd	Chaska
103	Scott Nonini	3rd	Apple Valley
130	Ryan Pottebaum	3rd	Apple Valley
171	Robbie Gotreau	3rd	Bloomington Jefferson
135	Jeff Gleason	5th	Apple Valley
140	Dave Bjorkstrand	5th	Burnsville
145	Tommy LaCombe	5th	Apple Valley
171	Jared Stahlecker	5th	Apple Valley
275	Mike Yilek	5th	Eden Prairie
135	Matt Brauer	6th	Burnsville



# LIGHTNING WRESTLING DUAL MEETS

## Varsity Dual Meet Results 2003-2004 (13 Wins - 15 Losses)

## Jr. Varsity Dual Meet Results 2003-2004 (21 Wins - 6 Losses)

Eastview	vs			
St. Paul Central		73 - 0	Win	
Bloomington Prairie		25 - 39	Loss	
Apple Valley		6 - 57	Loss	
Rosemount		21 - 45	Loss	
Becker		38 - 28	Win	
Rochester Mayo		43 - 23	Win	
Rosemount		15 - 54	Loss	
Armstrong		74 - 3	Win	
Eagan		24 - 33	Loss	
Albert Lea		12 - 49	Loss	
Bloomington Kennedy		32 - 33	Loss	
Champlin Park		38 - 28	Win	
Eden Prairie		16 - 53	Loss	
New Prague		21 - 41	Loss	
Como Park		52 - 16	Win	
Burnsville		47 - 31	Win	
Bloomington Jefferson		62 - 14	Win	
Scott West		23 - 33	Loss	
Bemidji		49 - 17	Win	
Prior Lake		66 - 3	Win	
Dassel-Cokato		23 - 33	Loss	
Lakeville		34 - 29	Win	
Chaska		33 - 33	Win	
Burnsville		44 - 19	Win	
Cambridge		10 - 55	Loss	
Irondale		44 - 17	Win	
Stillwater		32 - 32	Win	
Eagan		27 - 30	Loss	
Team	Coon Rapids Duals		4 <sup>th</sup> Place	
Tournaments	Eastview		6 <sup>th</sup> Place	
	Stillwater		5 <sup>th</sup> Place	
Individual	Faribault Invitational		4 <sup>th</sup> Place	
Tournaments	Burnsville Invitational		4 <sup>th</sup> Place	
	Brookings, SD Invitational		11 <sup>th</sup> Place	

Eastview	vs		
Apple Valley		25 - 47	
Rosemount		40 - 34	
Coon Rapids	Rochester Mayo	57 - 24	
Duals	Becker	60 - 21	
Runner-up	Coon Rapids	20 - 54	
	Armstrong	59 - 6	
	Eagan	61 - 9	
	Albert Lea	18 - 57	
	Kennedy	33 - 24	
	Champlin Park	66 - 12	
	Eden Prairie	50 - 19	
Stillwater	New Prague	64 - 18	
Duals	Stillwater	26 - 40	
3 <sup>rd</sup> Place	Tartan	40 - 25	
	Jefferson	84 - 0	
	Scott West	66 - 15	
Lightning	Bemidji	36 - 39	
Invitational	Prior Lake	42 - 6	
Consolation Champs	Dassel-Cokato	55 - 13	
	Lakeville	66 - 12	
	Chaska	62 - 7	
	Kingsbury County (SD)	41 - 34	
	Hamlin (SD)	78 - 0	

## Freshman Dual Meet Results 2003-2004 (8 Wins - 10 Losses)



Eastview	vs		
Rosemount	Hastings	12 - 73	Loss
Invitational	Owatonna	15 - 71	Loss
5 <sup>th</sup> Place	Rosemount	21 - 38	Loss
	St. Michael	24 - 66	Loss
	Eagan	48 - 36	Win
Eastview	Champlin Park	52 - 27	Win
Invitational	Hastings	9 - 63	Loss
4 <sup>th</sup> Place	Blaine	42 - 24	Win
	Coon Rapids	42 - 38	Win
	Owatonna	6 - 73	Loss
Section	Hastings	18 - 68	Loss
Four	Park	52 - 24	Win
4 <sup>th</sup> Place	Rosemount	33 - 36	Loss
	Eagan	30 - 10	Win
	Simley	12 - 34	Loss
	Faribault	43 - 21	Win
	Tartan	52 - 18	Win
	Totino Grace	30 - 63	Loss



# 2004 SEASON IN-REVIEW

## Letter Award Winners

Jacob Nelson	Ryan Stepan
Ben Foertsch	Troy Fokken
Minh Huynh	Andrew Nelson
Josh Nelson	Kane Bechstein
Tom Chies	Tyler Cookas
Ryan Ruckdashel	Kyle Wilson
Jason Berve	Pat Dea
Kevin Eich	Jeremiah Foertsch
David Grogg	Fred Hwang
Ryan Langlais	Val Royzenfeld
Andy Tighe	Cory Wagner
Brian Wallenta	

## State Qualifiers

Minh Huynh  
Pat Dea  
Ryan Langlais

## Season Awards

**Most Valuable Varsity Wrestler** - Ryan Langlais  
**Most Valuable Junior Varsity Wrestler** - Brian Wallenta  
**Most Valuable Freshman Wrestler** - Ryan Stepan  
**Most Improved Wrestler** - Minh Huynh  
**Lightning Award** - Jeremiah Foertsch  
**Junior Varsity-Varsity Drill Partner Award** - Kevin Eich  
**Freshman Drill Partner Award** - Tanner Sharpe  
**John Rodin Service Award** - Ben Foertsch

## All-Conference

Ryan Langlais

## All-Conference Honorable Mention

Minh Huynh	Kevin Eich
Pat Dea	Tyler Cookas
Ryan Ruckdashel	

## Academic Team

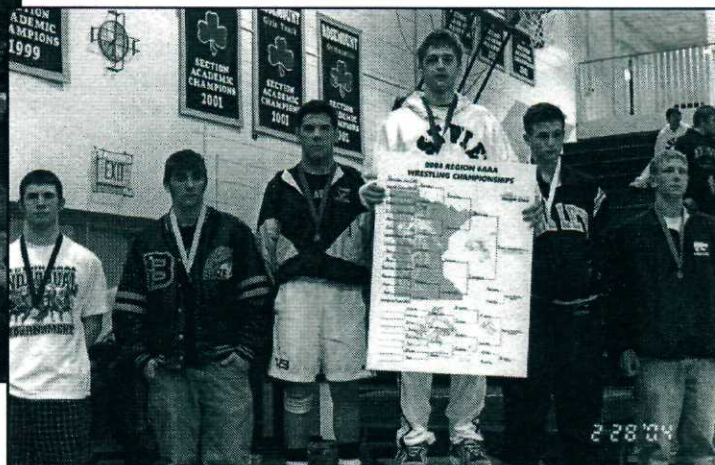
Gold Academic Team - 3.6 GPA

## 3-D Club Members

Kane Bechstein	Tom Chies
Tyler Cookas	Pat Dea
Ben Foertsch	Jeremiah Foertsch
Troy Fokken	Ryan Langlais
Andrew Nelson	Josh Nelson
Ryan Ruckdashel	Ryan Stepan
Andrew Tighe	Cory Wagner
Kyle Wilson	



Minh Huynh - Section Runner-up - 103 lbs.



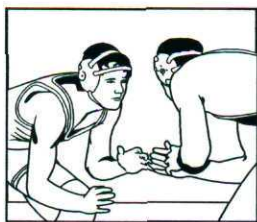
Ryan Langlais - Section Champ - 160 lbs.



# LIGHTNING STATISTICS

## Varsity Statistics 2004 Season Records

	Win	Loss	Pin
Justin Armstrong	1	0	0
Kane Bechstien	20	19	4
Jason Berve	0	1	0
Nathanel Carroll	0	1	0
Thomas Chies	3	14	1
Tyler Cookas	25	16	6
Pat Dea	27	14	12
Kevin Eich	25	14	2
Ben Foertsch	3	6	0
Jeremiah Foertsch	21	19	8
Troy Fokken	8	16	5
David Grogg	7	12	3
Minh Huynh	29	14	4
Fred Hwang	11	20	2
Ryan Langlais	37	5	10
Michael Lebeis	1	2	1
Steve McMoore	0	1	0
Andrew Nelson	5	14	2
Jacob Nelson	3	2	0
Josh Nelson	10	23	2
Ryan Ruckdashel	25	17	16
Ryan Stepan	9	21	6
Andrew Tighe	1	0	0
Cory Wagner	12	11	10
Brian Wallenta	4	3	2
Kyle Wilson	5	26	2
<b>Team Totals</b>	<b>292</b>	<b>291</b>	<b>110</b>



## Junior Varsity Statistics 2004 Season Records

	Win	Loss	Pin
Justin Armstrong	17	7	11
Chris Augustinack	19	12	12
Mike Awada	1	0	0
Nils Badrul	9	18	4
Jason Berve	20	6	15
Nathanel Carroll	18	15	11
Thomas Chies	19	2	5
Stephen Curtis	0	1	0
Ben Foertsch	23	2	17
Troy Fokken	12	3	5
Dan Getzke	3	3	3
Chris Griep	20	9	9
David Grogg	3	1	0
Fred Hwang	2	1	1
John Latterner	18	9	12
Michael Lebeis	14	2	6
Kennedy Mans	0	5	0
Steve McMoore	14	6	8
Chris Morgan	9	4	5
Andrew Nelson	15	0	12
Jacob Nelson	9	5	3
Josh Nelson	5	1	4
Jake Neutz	2	3	1
Brian Okonek	0	1	0
Justin Peterson	1	3	1
Andrew Pudwill	1	1	0
Val Royzenfled	0	7	0
Tanner Sharpe	3	4	2
Eric St. Martin	3	1	2
John Thell	7	3	4
Andrew Tighe	25	16	8
Ryan Valle	2	1	1
Mike Voyles	1	2	1
Cory Wagner	14	0	6
Brian Wallenta	22	4	13
Blake Williams	6	10	3
Kyle Wilson	3	2	0

**Team Totals**                      **341**            **173**            **186**

## Freshman Statistics 2004 Season Records

	Win	Loss	Pin
Mike Awada	2	4	2
Stephen Curtis	3	7	1
Josh Duren	3	4	1
Dan Getzke	16	3	12
Nick Gramstad	5	5	1
Alex Just	0	4	0
Pat Lenertz	7	6	6
Kennedy Mans	11	10	9
Jacob Nelson	14	6	7
Jake Neutz	13	3	10
Brian Okonek	4	1	2
Nick Pekarek	5	9	4
Justin Peterson	15	6	15

	Win	Loss	Pin
Andrew Pudwill	6	7	4
Tanner Sharpe	4	19	3
Eric St. Martin	5	7	2
Ryan Stepan	3	2	1
Colby Taylor	5	4	2
Ryan Valle	3	7	1
Mike Voyles	4	9	3
Aaron White	0	7	0
Blake Williams	7	13	2

**Team Totals**                      **134**            **143**            **88**



# LIGHTNING RECORDS

## Varsity Season Records

### Falls

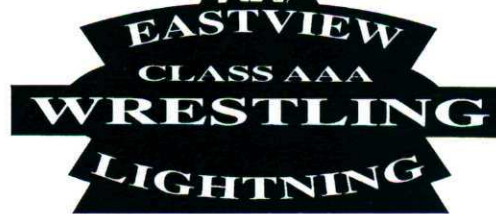
Adam Fokken	'01	28
Nate Kocer	'03	28
Kevin McBride	'02	21

### Wins

Adam Fokken	'01	38
<b>Ryan Langlais</b>	<b>'04</b>	<b>37</b>
Mikey Fornicoia	'02	36

### Team Points

Adam Fokken	'01	200
Nate Kocer	'03	199
<b>Ryan Langlais</b>	<b>'04</b>	<b>175</b>



### Near Falls

Mikey Fornicoia	'02	79
Pat Dea	'03	50
<b>Minh Huynh</b>	<b>'04</b>	<b>49</b>

### Takedowns

<b>Ryan Langlais</b>	<b>'04</b>	<b>134</b>
Adam Fokken	'01	119
Chris Shuck	'03	108

### Reversals

Kevin McBride	'02	38
Adam Fokken	'99	28
Nate Kocer	'02	28

## Varsity Career Records

### Falls

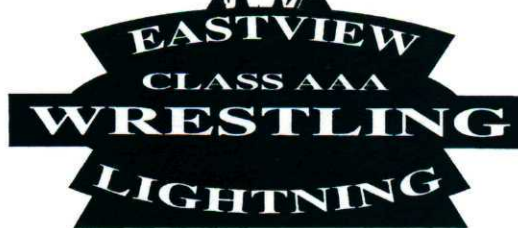
Adam Fokken	'01	83
<b>Ryan Langlais</b>	<b>'04</b>	<b>55</b>
Nate Kocer	'03	45

### Wins

Adam Fokken	'01	147
<b>Ryan Langlais</b>	<b>'04</b>	<b>139</b>
Kevin McBride	'03	110

### Team Points

Adam Fokken	'01	727
<b>Ryan Langlais</b>	<b>'04</b>	<b>621</b>
Mikey Fornicoia	'02	491



### Near Falls

Mikey Fornicoia	'02	166
<b>Pat Dea</b>	<b>'04</b>	<b>123</b>
Adam Fokken	'01	121

### Takedowns

<b>Ryan Langlais</b>	<b>'04</b>	<b>449</b>
Adam Fokken	'01	349
Mikey Fornicoia	'02	231

### Reversals

Adam Fokken	'01	92
Mikey Fornicoia	'02	84
<b>Pat Dea</b>	<b>'04</b>	<b>69</b>



# LIGHTNING RECORDS

## Junior Varsity Season Records

### Falls

Tom Chies	'03	20
Andrew Lenertz	'02	18
Nate Kocer	'01	17

### Wins

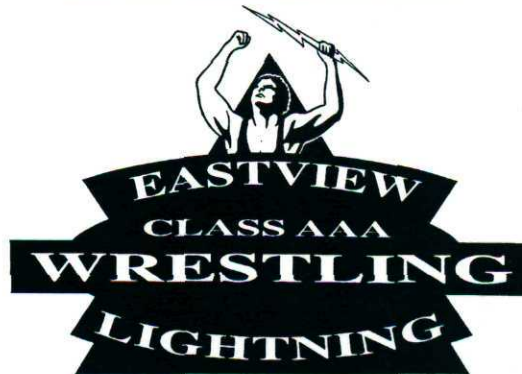
Andrew Lenertz	'02	31
Tom Chies	'03	30
Fred Hwang	'03	30

### Team Points

Andrew Lenertz	'02	175
Tom Chies	'03	163
David Grogg	'02	147

### Takedowns

Eric Budd	'01	45
James Voyles	'01	44
David Pudwill	'02	42
<b>Andy Tighe</b>	<b>'04</b>	<b>42</b>



### Near Falls

Kyle Fokken	'02	39
Brian Wallenta	'03	27
<b>Andy Tighe</b>	<b>'04</b>	<b>27</b>

### Reversals

Nate Kocer	'01	22
<b>Brian Wallenta</b>	<b>'04</b>	<b>22</b>
Tom Chies	'03	15

## Freshman Season Records

### Falls

Bona Ku	'01	16
Kyle Fokken	'01	15
<b>Justin Peterson</b>	<b>'04</b>	<b>15</b>

### Wins

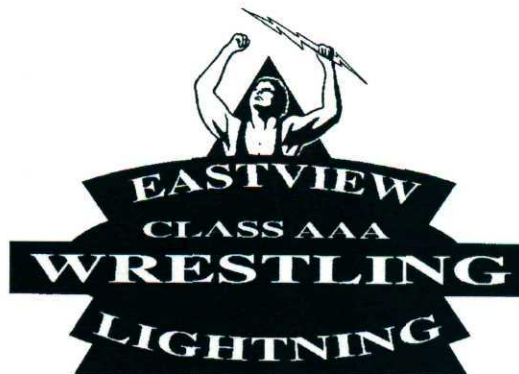
Bryan Lewis	'00	23
Sam Voyles	'02	21
Troy Fokken	'03	21

### Team Points

Troy Fokken	'03	117
Sam Voyles	'02	113
Kyle Fokken	'01	112

### Takedowns

Bryan Lewis	'00	80
Bona Ku	'01	61
Chris Shuck	'00	43



### Near Falls

Nathaniel Carroll	'03	26
Minh Huynh	'03	23
Kyle Fokken	'01	22

### Reversals

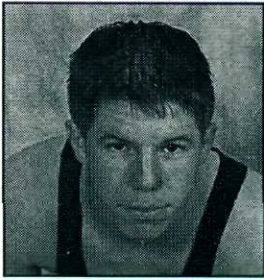
Kyle Fokken	'01	17
Andrew Nelson	'03	15
Nathaniel Carroll	'03	15



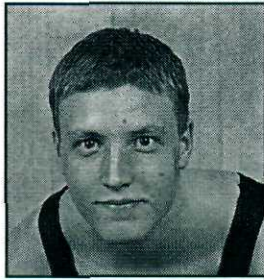
# LIGHTNING HISTORY

## Wall of Excellence

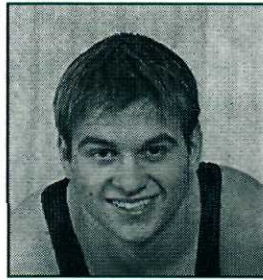
Criteria: State Place Winner, finish the program in good standing, and graduate from Eastview High School.



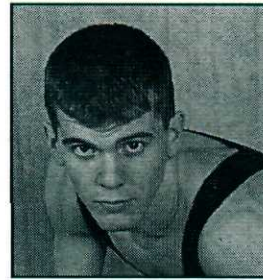
**Tony Rodin**  
1998 - 4th Place - 125 lbs.



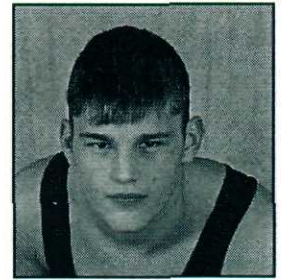
**Adam Fokken**  
2000 - 4th Place - 189 lbs.  
2001 - State Champ - 189 lbs.



**Mikey Fornicoia**  
2002 - 6th Place - 130 lbs.



**John Getzke**  
2003 - 5th Place - 152 lbs.



**Nate Koler**  
2003 - 6th Place - 189 lbs.

## Season Awards

### Most Valuable Varsity Wrestler of the Year

1998	Tony Rodin	1999	Adam Fokken
2000	Adam Fokken	2001	Adam Fokken
2002	Mikey Fornicoia	2003	Nate Kocer
2004	Ryan Langlais		

### Most Valuable Junior Varsity Wrestler of the Year

1998	Jim Maloney	1999	Tyrel Narva
2000	Chris Verhaeghe	2001	David Pudwill
2002	Andrew Lenertz	2003	Andrew Lenertz
2004	Brian Wallenta		

### Most Valuable Freshman Wrestler of the Year

1998	Adam Fokken	1999	Mikey Fornicoia
2000	Bryan Lewis	2001	Steve Davis
2002	Tyler Cookas	2003	Troy Fokken
2004	Ryan Stepan		

### Most Improved Wrestler of the Year

1998	Nate Ernst	1999	Nick Thompson
2000	Brad Okonek	2001	David Rasmussen
2002	Eric Lemm	2003	Jud Turk
2004	Minh Huynh		

### Lightning Award

1998	Chris Verhaeghe	1999	Chris Verhaeghe
2000	Brian Putnam	2001	Brian Putnam & Eric Budd
2002	David Pudwill	2003	Jud Turk & John Getzke
2004	Jeremiah Foertsch		

### John Rodin Service Award

1998	Brad Okonek	1999	Brad Okonek
2000	Andrew Lenertz	2001	John Getzke
2002	Cory Wagner	2003	Cory Wagner
2004	Ben Foertsch		

### Wrestling Manager Hall of Fame

2000	Erinn Roos	2001	Rachel Davis
2003	Kari Okonek		

## Eastview Athlete of the Year



**Adam Fokken**  
Football, Wrestling & Track  
2001 Scholar Athlete  
2000 4th Place State - 189 lbs.  
2001 State Champion - 189 lbs.



**Ryan Langlais**  
Football, Wrestling & Baseball  
3X State Qualifier  
2004 Section Champion - 160 lbs.

## Section Champions

Mikey Fornicoia  
Tony Rodin  
Adam Fokken  
David Rasmussen  
James Voyles  
Nate Kocer  
Ryan Langlais

## Season Records/Conference Place

	Wins	Losses	Ties	Conference Place
1998	3	19	1	9th
1999	6	14	1	7th
2000	18	4	0	2nd
2001	14	8	0	5th
2002	16	9	0	4th
2003	21	5	1	2nd
2004	13	15	0	5th

## Season Captains and Team Motto

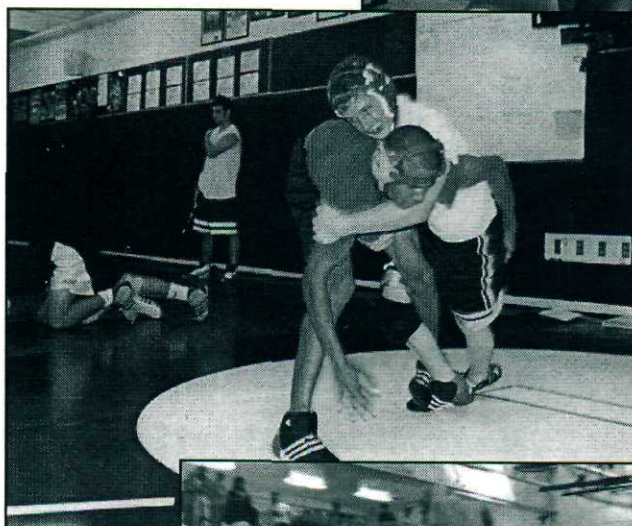
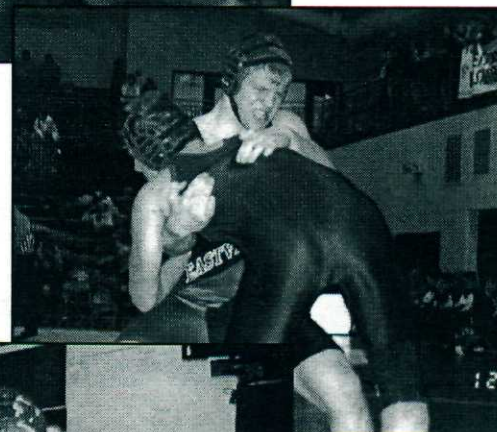
1998	Matt McDonald, Joe Theisen
1999	Tony Rodin, Joe Theisen
2000	Nate Ernst, Brad Okonek, Adam Fokken
2001	Adam Fokken, Mikey Fornicoia
2002	Mikey Fornicoia, John Getzke, Eric Lemm
2003	John Getzke, Kevin McBride, Jud Turk, James Voyles
2004	Tyler Cookas, Kevin Eich, Jeremiah Foertsch, Ryan Langlais
2005	Ryan Ruckdashel, Sam Voyles, Kyle Wilson

Lightning Strikes  
Attitude and Effort  
Team 2000: Paving the Way  
Courage to Succeed  
Mission Possible: 2002  
Fight! Inch ... By ... Inch  
The Long March  
No Guts, No Glory



# Top 20 Alumni Career Wins

NAME	YEAR	WINS	LOSSES
Adam Fokken	2001	147	36
Ryan Langlais	2004	139	54
Kevin McBride	2003	110	84
Mikey Fornicoia	2002	107	31
Pat Dea	2004	79	57
John Getzke	2003	78	46
Tony Rodin	1999	77	23
David Rasmussen	2001	66	49
Chris Shuck	2003	64	59
Nate Kocer	2003	55	25
Jud Turk	2003	53	57
James Voyles	2003	50	28
Brad Okonek	2000	49	50
Jeremiah Foertsch	2004	48	57
Matt Davis	2000	44	61
Nate Ernst	2000	44	24
Eric Lemm	2002	38	37
Adam Miller	2000	28	34
Nick Thompson	2000	27	21
Brian Putnam	2001	19	21



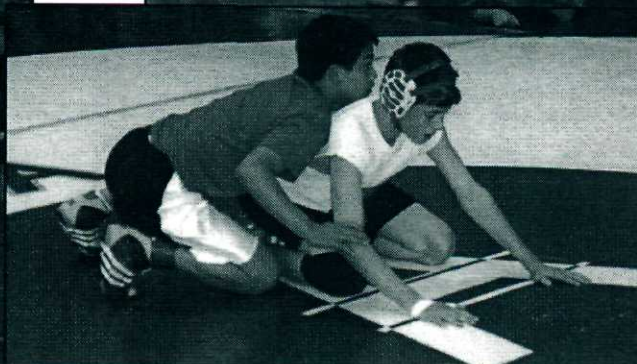
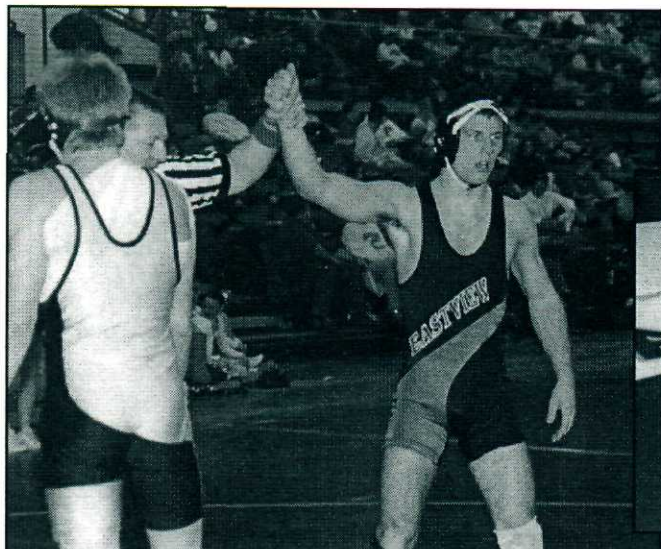
## Eastview School Song

Go Eastview lightning  
 Victory is our game  
 Blaze a trail of glory  
 Marching on to fame.

Feel the mighty thunder  
 Flash that fills the sky  
 Blue, black and white  
 Won't give up the fight  
 We're the lightning from  
 Eastview High



Eastview lightning fight, fight, fight,  
 Go, fight, win tonight!





County Rd. 42. & Galaxie



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Owner

# Are you ready?

**Eastview Athletic Association is!**

**Registration coming in January  
for Spring/Summer Sports!**

**For more information, contact EVAA:**

**[www.evaasports.org](http://www.evaasports.org)**

**PO Box 240392, Apple Valley, MN 55124**

**EVAA HOTLINE: 952-985-3830**

*Eastview Athletic Association is proud to support these programs:*

Baseball

Basketball

Volleyball

Football

Wrestling

Softball

Tennis

Soccer

Track

Cross Country



Wrestlers are part of  
our electric co-op.

Good luck  
Lightning!



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# Go Lightning



# "Commitment to Excellence"

Adapted from Vince Lombardi speech

I owe almost everything to wrestling, which I spent the greater part of my life in, and I have never lost my respect, my admiration nor my love for what I consider a great sport. Each day after the battle, one group savors victory, another group wallows in the bitterness of defeat. The many hurts seem a small price to pay for having won and there is no reason at all which is adequate for having lost.

For the winner there is 100 percent elation, 100 percent laughter, 100 percent fun and for the loser the only thing left is a 100 percent resolution and 100 percent determination. The sport, I think, is a great deal like life. Every man makes his own personal commitment toward excellence and toward victory. Although you know ultimate victory can never be completely won, it must be pursued with all of one's might and each week there is a new encounter, each year a new challenge.

All of the rings and all of the money and all of the color and all of the display, they linger only in a memory. But the spirit, the will to win, the will to excel, these are the things that endure and these are the qualities, of course, that are so much more important than any of the events that occur.

I'd like to say that the quality of any man's life is a full measure of that man's personal commitment to excellence and to victory, regardless of what field he may be in.

## "Commitment"

To accomplish anything worthwhile in your life you must first make a **COMMITMENT**.

1. A **COMMITMENT** to clearly identify your goals, dreams and aspirations.
2. A **COMMITMENT** to identify a plan of attack that will help you reach these goals.
3. A **COMMITMENT** strong enough to overcome all obstacles so you will hang tough through the rough times.
4. A **COMMITMENT** to doing the tedious work, the difficult tasks, the little things that make the big difference.

To make this kind of Commitment requires courage and perseverance. It means that you will maintain a positive attitude; you will refuse to quit; you will never give up. The truly committed person is a winner who will make positive things happen.

**COMMITMENT-** It is the difference between excellence and mediocrity; between winning and losing; between accomplishing something special with your life or just surviving.



Commitment Night 2004



# 2004-2005 EASTVIEW LIGHTNING



## 2004-05 Eastview Lightning Schedule

DATE	OPPONENT	SITE	TIME
Friday, Nov. 26	Intra Squad Meet (Parent Open House)	Eastview	6:45 pm
Saturday, Nov. 27	Eastview Quadrangular	Eastview	10:00 am
Thursday, Dec. 2	Chaska / Richfield (Middle School Night)	Eastview	6:00 pm
Friday, Dec. 3	Henry Sibley (EVAA Night)	Eastview	7:30 pm
Thursday, Dec. 9	Eagan	Eagan	7:30 pm
Saturday, Dec. 11	Coon Rapids Duals	Coon Rapids	9:00 am
Thursday, Dec. 16	Bloomington Jefferson	Jefferson	7:30 pm
Saturday, Dec. 18	Faribault Invitational	Faribault	9:30 am
Tuesday, Dec. 21	Rosemount (Parents Night)	Eastview	7:30 pm
Friday, Jan. 7	Apple Valley / Lakeville (EWA Family & Alumni Night)	Eastview	6:00 pm
Saturday, Jan. 8	Burnsville Invitational	Burnsville	9:00 am
Thursday, Jan. 13	Prior Lake / Shakopee	Shakopee	6:30 pm
Saturday, Jan. 15	Bemidji Invitational	Bemidji	10:00 am
Friday, Jan. 21	Bloomington Kennedy (Senior / EV Elite Night)	Eastview	6:00 pm
Saturday, Jan. 22	Lightning Invitational	Eastview	9:00 am
Thursday, Jan. 27	Winona / Faribault	Faribault	6:00 pm
Friday, Jan. 28	Burnsville	Burnsville	7:30 pm
Thursday, Feb. 3	Eden Prairie	Eden Prairie	7:30 pm
Saturday, Feb. 5	Armstrong Invitational (JV)	Armstrong	9:00 am
Saturday, Feb. 12	Section 6 Team Tournament	Eagan	TBA
Fri-Sat, Feb. 18-19	Section 6 Individual Tournament	Apple Valley	TBA
Thur-Fri., Feb. 24-26	State Tournament	Xcel Energy	TBA
Sunday, April 3	Wrestling Banquet	Rosemount CC	4:30 pm

\* All JV Matches begin at 6:00 p.m.