

# GRIT *Eastview* DETERMINATION TRIUMPH



EASTVIEW  
WRESTLING

[eastviewwrestling.com](http://eastviewwrestling.com)

2019-2020

# Eastview High School



## QUICK FACTS

- Established in 1997
- 2100 students in grades 9-12
- Distinguished as one of “America’s Best High Schools” by *Newsweek*, *US News and World Report* and by the *Washington Post*
- State of the art digital classrooms
- All 9th and 10th graders are members of interdisciplinary learning teams
- 4:1 student to computer ratio
- iPad initiative fully by 2016
- Learning Commons with digital library research capabilities
- Fully equipped and Emmy winning Television Studio and digital editing suites
- 650 seat Performing Arts Center with a fly loft and scene shop
- 4,500 square foot fitness center
- 200 acres of playing fields, recreational facilities and competition stadiums
- District 196 encompasses 110 square miles
- Over 110 programs offered in performing arts, athletics, and activities
- More than 80% of students involved in activities

## Eastview Administration



**Bruce Miller**  
Principal



**Jodi Hanson**  
Assistant  
Principal



**Rob Franchino**  
Assistant  
Principal



**Matt Percival**  
Assistant  
Principal



**Janel Hengel**  
Administrator



**Kurt Habeck**  
Administrator



**Eastview Twitter**  
@evhsathletics



**Eastview Facebook**  
facebook.com/  
EastviewHighSchool

## A Message from the President Eastview Wrestling Boosters

Welcome to the 2019-2020 season! On behalf of the Eastview Wrestling Boosters (EVWB), we want to thank each of you for the role you play in supporting Eastview Wrestling. Your support and dedication significantly contributes to rewarding experiences for the athletes and continued success for the program.

Thank you to the families. Your support is paramount as you instill and encourage a healthy mindset and lifestyle in your wrestler. They need your encouragement as they navigate challenges; and appreciate your presence and engagement throughout the season.

Thank you to our coaches for the time and effort they put in throughout the year. They are dedicated to improving the athletes, on and off the mat. This support continues as they progress through their high school careers and beyond.

Thank you to our program sponsors. Your support helps provide opportunities in a variety of areas. We greatly appreciate the relationships we have built with you.

Thank you to the wrestlers! Your captains selected “Grit, Determination, Triumph” as the 2019-2020 season motto. These three words are the epitome of what you encompass as a wrestler. You have the grit to step onto the mat as an individual, but also recognize your commitment to the team. You are determined and possess strength of character to stay the course, on and off the mat. Lastly, comes triumph. Triumph comes from wins, forging forward from losses and knowing you took part in one of the most challenging and rewarding sports there is.

Serving as President for the EVWB is an opportunity for us to give back to the wrestling community our five sons are involved in. EVWB is made up of parents who are committed to enhancing the overall wrestling experience for athletes, families and coaches. If you are interested in volunteering or would like more information, please contact us at eastviewwrestlingboosters@gmail.com.

Go Lightning!

— Pat and Gina Enderlein

## EV Wrestling Board of Directors

**President** . . . . . Gina & Pat Enderlein  
**VP of Marketing/Communications** Michael Stewart  
**VP of Operations** . . . . . Tom Meixell  
**Treasurer** . . . . . Errin & Michael Stevens  
**Secretary** . . . . . Shannon Frost  
**Concessions Coordinator** . . . . . Angie Formanek  
**Assistant Coordinator** . . Gina Stewart, Kari Neuleib  
**ThunderBolts Liaison** . . . . . Mike Hogan  
**EVAA Liaison** . . . . . Travis Lee  
**EVHS Head Coach** . . . . . Kurt Habeck  
**Takedown Cancer Chair** . . . . . Traci Dravis

## Grade Representatives

**12th Grade Rep.** . . . . . TBD  
**11th Grade Rep.** . . . . . TBD  
**10th Grade Rep.** . . . . . Jen & Steve Westrand  
**9th Grade Rep.** . . . . . TBD  
**Alumni Committee Chair** . . Michael & Lisa Schmidt  
 Chad & Angela Lindstrom

## Wrestling Website

[www.eastviewwrestling.com](http://www.eastviewwrestling.com)



**Wrestling Twitter**  
@EVwrestling



## Wrestling Facebook

[www.Facebook.com/  
Eastviewwrestlingboosterclub/](http://www.Facebook.com/Eastviewwrestlingboosterclub/)

This program is sponsored by the Eastview Wrestling Boosters.



# Grit-Determination-Triumph

## 2019-2020 Eastview Wrestling



Wrestling is a unique sport. It is the oldest combat sport dating back to 3000BC and becoming an Olympic Sport in 708BC. It takes a certain type of individual to be a wrestler. One needs to be physically tough, have a willingness to make sacrifices, and be mentally tough. The amount of time in the practice

room perfecting technique, in the weight room getting strong, on the track working on endurance, and just as important—working on the mental aspects of our sport—our mindset.

We can memorize the words, anyone can do that. Here at Eastview Wrestling, we take those words and apply them to not only our sport, but to our lives.

Let's dig deeper into the 2019-2020 Eastview Wrestling Team Motto:

The definition of **GRIT** is the courage and resolve; strength of character; the ability to persist after setbacks. Many people have things they think are holding them back from greatness. Athletes who have ever suffered a serious injury and are working their way back to form fully understand this part of our motto. Fear of re-injury can hinder some, but not athletes with **GRIT**. They will work and follow treatment plans to get back to form. At Eastview, we have several wrestlers who are rehabbing injuries, and are working each day—**GRIT!**

**DETERMINATION** means having the desire to get the job done, and includes such characteristics as initiative, persistence and drive; having the perseverance in the face of obstacles. Hand in hand with *grit*, **DETERMINATION** goes farther in that our athletes will continue down a certain path until goals are reached.

**TRIUMPH**—simply, *triumph* means earning a great victory or achievement. *Triumph* is the destination following the

**GRIT-DETERMINATION** path our wrestlers are on this season. It's more than getting one's arm raised after a match, it is more than standing on the podium after a tournament. It is the culmination of early morning workouts, sprints, weights, drilling, and live go's in the wrestling room. It is about buying into persisting and preserving to reach team and individual goals.

One example of **GRIT-DETERMINATION-TRIUMPH** would be the story of Lee Kemp. Lee Kemp is one of the greatest wrestlers to ever lace up a pair of shoes.

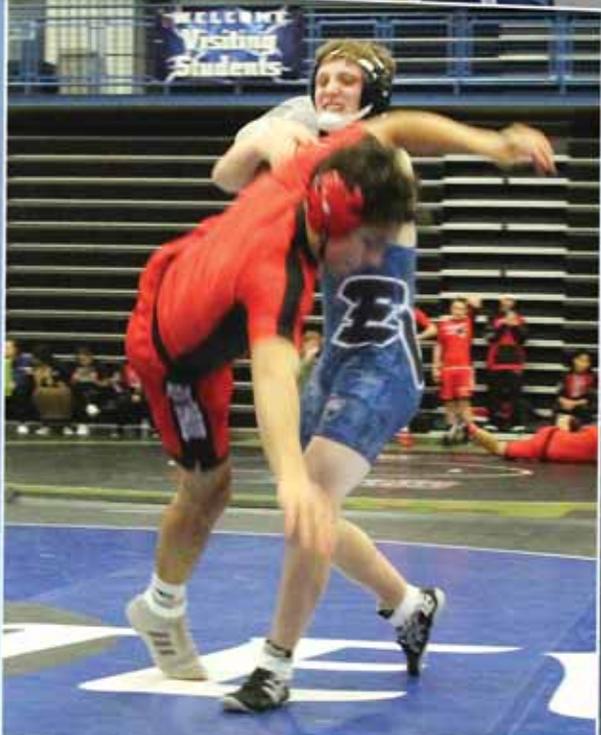
Kemp was born in Cleveland, Ohio and was given up at birth. He spent time in multiple foster homes until he was adopted by a family and raised on a farm. Lee started to get into trouble, and this adoption and the move helped him a great deal. Lee started wrestling in ninth grade, and six years later he would win his first world championship! Kemp stated that he was just an average wrestler his first season and understood wrestling/athletics was a way he could better himself and stay out of trouble. He worked his craft so well, that he was an undefeated state champion his junior and senior years of high school. Lee would take his **GRIT-DETERMINATION** to the University of Wisconsin where he was a 4-time NCAA finalist, winning three of those finals. Lee Kemp would continue to wrestle internationally, becoming one of the greatest of all time. He learned at a young age that **GRIT-DETERMINATION** would lead to his **TRIUMPH**, both athletically and personally.

We all can learn a great deal about ourselves by following the 2019-2020 Eastview Wrestling Motto! Let's get it, men!

### **GRIT-DETERMINATION-TRIUMPH**

#### **Lee Kemp**

- 2X Undefeated State Champion in Ohio
- 3X National Champion for Wisconsin (110-3)
- The first American to win 3 World Championships.



2019  
**Eastview**  
DUALS

# EASTVIEW WRESTLING

## 2019 - 2020 ROSTER



### SENIORS

Mason Enderlein ★  
Austin Gerisch  
Roman Gilbert ★  
Noah Wever

### JUNIORS

Andy Baccoli  
Max Enderlein  
Sakariye Ibrahim  
Nathan Langer  
Connor Meixell  
Logan O'Neil  
Chris Schleicher  
Denis Shtern  
Kellen Stewart  
Landon Vath

### SOPHOMORES

Drew Bergstedt  
Anderson Campbell  
Cole Frost  
Luke Habeck  
Brady Kelley  
Jagger Scott  
Jack Stevens  
Jack Sullivan  
Jordan Sundheim  
Luke Tahnk  
Ricardo Vazquez  
Duane Williams-Riggs  
Miguel Zagal

### FRESHMEN

Alex Baccoli  
Ethan Daniels  
Ethan Dupont  
Nolan Enderlein  
Ezra Formanek  
Traveon Garcia  
Zach Kortbein  
Calvin Lema  
Jack Marble  
Aiden Meixell  
Damien Mogere  
Justin St Onge  
Daniel Pacheco  
Sam Riascos  
Josh Yoo

★ *Captains*

### PRINCIPAL

Bruce Miller

### ATHLETIC DIRECTOR

Matt Percival

### COACHES

Kurt Habeck  
John Prokopowicz  
Nick Fornicoia  
Ron McClure  
Josh Nelson  
Dean Stockwell  
Chad Wentzel  
Tristin Faust  
Brad Vanderveren  
Joe Betley  
Grant Eustice  
Todd Frost  
Travis Lee

### NICKNAME

Lightning

### SCHOOL COLORS

Black, Blue, Silver, White

### MANAGERS

Payton Formanek  
Allison Huberty  
Yolanda Zhang  
Angel Dominguez  
Faith Haggenson  
Sofia Hernandez  
Finley Hogan  
Rahma Jama  
Isabel Johnson  
Megan Kinsella  
Kalina Montesinos  
Nia Ramsey  
Morgan Scharpf  
Tamera Smith  
Amy Thompson  
Maddison Weichman

### CONFERENCE

South Suburban

### SECTION

2AAA



Class of 2020

## Varsity Captains



**Mason Enderlein**

Grade 12

**Other Hobbies:** National Guard

**What I most like about wrestling:** No matter who you are or what level you're at, you can always learn something new.

**Favorite pre-match meal:** Turkey Sandwich



**Roman Gilbert**

Grade: 12

**Favorite wrestling move:** Single Leg

**I wrestle because...** it's what I enjoy doing, working hard.

**If I could have one super power:** Time travel

## Returning Lettermen



**Austin Gericsh**

Grade: 12

**Other Hobbies:** Backyard football

**Favorite wrestling move:** Banach's Single

**Favorite Eastview Wrestling memory:** Meeting new people



**Max Enderlein**

Grade: 11

**Favorite wrestling move:** Cradle

**I wrestle because...** it makes me a better athlete.

**Favorite memory of Eastview Wrestling:** Nebraska Team Camp



**Landon Vath**

Grade: 11

**Favorite wrestling move:** Single Leg

**I wrestle because...** I enjoy the competition.

**Favorite memory of Eastview Wrestling:** Nebraska Team Camp



**Nathan Langer**

Grade: 11

**Other Hobbies:** Video games, hanging out with friends, and fishing.

**Favorite pre-match meal:** Peanut butter and jelly sandwich

**If I could have one super power:** Genie powers



**Connor Meixell**

Grade: 11

**Number of years in wrestling:** 6

**Favorite wrestling move:** Single Leg

**Favorite pre-match meal:** A sandwich



**Logan O'Neil**

Grade: 11

**Favorite wrestling move:** Single Leg

**I wrestle because...** it is an opportunity to better myself as an athlete and a person

**If I could have one super power:** Telekinesis



## Returning Lettermen



**Kellen Stewart**  
 Grade: 11  
**EVHS Activities:**  
 Football and Rugby  
**I wrestle because...**  
 I want to stay in shape  
 and be with my friends  
**Favorite memory of  
 Eastview Wrestling:**  
 When I pinned the  
 315-pound kid at Nebraska team camp.



**Drew Bergstedt**  
 Grade: 10  
 Number of years in  
 wrestling: 8  
**I wrestle because...**  
 I love the competitiveness  
 in the room.  
**Other Hobbies:** Football



**Ezra Formanek**  
 Grade: 9  
**Other Hobbies:**  
 Sleeping, playing video  
 games, playing sports  
**Favorite wrestling  
 move:** Single Leg  
**Favorite memory of  
 Eastview Wrestling:**  
 Winning my first varsity  
 match in overtime.



**Cole Frost**  
 Grade: 10  
**Favorite pre-match  
 meal:** Muffins and a  
 protein shake  
**I wrestle because...**  
 I want to stay in shape.  
**If I could have one  
 super power:** Super  
 speed



**Luke Habeck**  
 Grade: 10  
**EVHS Activities:**  
 Football and Track  
**Other Hobbies:**  
 Hanging out with  
 friends  
**Favorite memory of  
 Eastview Wrestling:**  
 When we all sang Taylor  
 Swift songs on the way back from BI State

## Season Captains & Team Motto

Year	Captains	Motto
1998	Matt McDonald, Joe Theisen	<i>Lightning Strikes</i>
1999	Tony Rodin, Joe Theisen	<i>Attitude and Effort</i>
2000	Nate Ernst, Brad Okonek, Adam Fokken	<i>Team 2000: Paving the Way</i>
2001	Adam Fokken, Mikey Fornicoia	<i>Courage to Succeed</i>
2002	Mikey Fornicoia, John Getzke, Eric Lemm	<i>Mission Possible: 2002</i>
2003	John Getzke, Kevin McBride, Jud Turk, James Voyles	<i>Fight! Inch ... By ... Inch</i>
2004	Kevin Eich, Jeremiah Foertsch, Ryan Langlais, Tyler Cookas	<i>The Long March</i>
2005	Ryan Ruckdashel, Sam Voyles, Kyle Wilson	<i>No Guts, No Glory</i>
2006	Chad Eul, Minh Huynh, Josh Nelson	<i>Our Vision, Our Mission</i>
2007	Dan Getzke, Jake Nelson	<i>Storm The Mat</i>
2008	Bryan Okonek	<i>Prepare for Battle</i>
2009	Scott Hogan, Ty Groskreutz,	<i>Something More</i>
2010	Cody Groskreutz, Nels Pederson	<i>Eye of the Storm</i>
2011	Mitch Rechtzigel, Josh Blake, Ben Schmitz	<i>Trained Tough</i>
2012	Mitch Rechtzigel, BJ Groskreutz, Chris Bechly	<i>Aim Towards the Enemy</i>
2013	Jonathan Lenz, Anthony Munos, Jacob Rukavina	<i>Respect All, Fear None</i>
2014	Jack Buck, Billy Marks, Nick Pegelow	<i>Leave No Doubt</i>
2015	Luke Dodd, Casey Dravis	<i>Pain is Temporary, Pride is Forever</i>
2016	Mike Delich, Tim Duffy, Alex Lindstrom	<i>Think Strong-Be Strong-Finish Strong</i>
2017	Mike Delich, Brendan Formanek, Alex Lindstrom	<i>I Am Aggressive &amp; Relentless</i>
2018	Eric Schmidt, Peter Swanson	<i>True Grit</i>
2019	Peter Swanson, Mason Enderlein	<i>Stop at Nothing!</i>
2020	Mason Enderlein, Roman Gilbert	<i>Grit-Determination-Triumph</i>



### 2019-2020 FRESHMAN SCHEDULE

DATE	OPPONENT	SITE	TIME
November 7	Commitment Night	Eastview	6:30 pm
Wednesday, Nov. 13	9th Grade Parent Meeting	Eastview	6:15 pm
Monday, Nov. 18	Practice Begins	Eastview	2:45 pm
Tuesday, Dec. 3	Parent Open House (Team Pictures)	Eastview	6:00 pm
Friday, Dec. 6	Eastview Invitational	Eastview	5:00 pm
Saturday, Dec. 7	Eastview (K-8) Tournament	Eastview	9:00 am
Tuesday, Dec. 10	Richfield / Park / Apple Valley	Apple Valley	4:30 pm
Saturday, Dec. 14	Maple Grove Invitational	Maple Grove	9:30 am
Sunday, Dec. 15	Spaghetti Dinner / Silent Auction	Rosemount Legion	4:30 pm
Tuesday, Dec. 17	Rosemount / Hastings	Eastview	4:30 pm
Fri-Sat, Dec. 27-28	Bi-State Classic (V)	La Crosse, WI	10:00 am
Thurs, Dec. 26	G.E.T. Duals (JV & 9)	Galesville, WI	TBD
Saturday, Jan. 4	Eastview Team Tournament	Eastview	9:00 am
Tuesday, Jan. 7	Eagan, Scott West	Eastview	4:30 pm
Saturday, Jan. 18	State Team Tourney (Need to qualify)	Mora	9:30 am
Saturday, Jan. 25	Region 4 Individual Tourney	Richfield	9:00 am
Saturday, Feb. 1	State Individual Tourney (Need to qualify)	Champlin Park	8:00 am
Saturday, Feb. 8	South Suburban Invite (9th-JV)	Lakeville South	9:00 am
Fri-Sun, March 6-8	MN/USA State Tournament (Cadets)	TBD	TBD
Sunday, March 15	Wrestling Banquet	Rosemount CC	4:30 pm
Saturday, March 28	Thunderbolts Freestyle Tourney	Eastview	10:00 am
Thursday, July 23	EWB Picnic – Bean Bag Tourney	Blackhawk Park	6:00 pm

#### 9th Grade State Team Championships

- 2000 - Consolation Champions
- 2002 - State Team Qualifier
- 2003 - State Team Qualifier
- 2004 - State Team Qualifier
- 2005 - State Team 10th Place
- 2006 - State Team Qualifier
- 2007 - State Team 8th Place
- 2009 - State Team Consolation Finalists
- 2012 - State Team Consolation Finalists
- 2013 - State Team Qualifier

- 2014 - State Team Qualifier
- 2017 - State Team Qualifier
- 2018 - State Team Qualifier
- 2019 - State Team Qualifier

#### 9th Grade State Individual Championships

- 1999 - 11th Place
- 2001 - State Champions
- 2005 - 3rd Place
- 2012 - State Runner-up

#### 9th Grade State Individual Championships

- |  |   |
|--|---|
| <p><b>1998</b><br/>Adam Johnson<br/>Brian Nold<br/>Adam Fokken – 1st<br/>Don Wachter</p> <p><b>1999</b><br/><i>1999 Team</i><br/><i>11th Place Honors</i><br/>Mikey Fornicoia – 5th<br/>Eric Lemm – 8th<br/>David Pudwill – 4th</p> <p><b>2000</b><br/>Brian Lewis – 6th<br/>Pat Dea<br/>John Getzke<br/>Andrew Lenertz</p> <p><b>2001</b><br/><i>2001 Team</i><br/><i>State Champions</i><br/>Steve Davis – 1st<br/>Sean Dwyer – 1st<br/>Ryan Langlais – 2nd<br/>Eric Yuen – 4th<br/>Kyle Fokken – 6th<br/>Pat Dea – 8th<br/>David Hilden – 8th<br/>Kevin Eich<br/>Jeremiah Foertsch<br/>Tim Lewis</p> <p><b>2002</b><br/>Tyler Cookas<br/>Sam Voyles – 4th<br/>Tom Chies<br/>Scott Polansky<br/>Troy Fokken</p> <p><b>2003</b><br/>Troy Fokken – 4th<br/>Justin Armstrong<br/>Chad Eul<br/>Jon Latterner<br/>Andrew Nelson<br/>Matt Neutz</p> <p><b>2004</b><br/>Dan Getzke – 8th<br/>Kennedy Mans<br/>Jake Neutz<br/>Justin Peterson<br/>Ryan Stepan</p> <p><b>2005</b><br/><i>2005 Team</i><br/><i>3rd Place Honors</i><br/>Trevor Gordon – 2nd<br/>Will Jackson – 2nd<br/>Trevor Flaten – 4th<br/>Bryan Okonek – 6th<br/>Zack Fanth – 7th<br/>Alex Makabe<br/>Scott Kenning</p> | <p><b>2006</b><br/>Scott Hogan – 1st<br/>Ty Groskreutz</p> <p><b>2007</b><br/>Brad Hogan – 6th<br/>Ben Bowar – 6th<br/>Cody Groskreutz – 7th<br/>Joey Scott – 8th</p> <p><b>2008</b><br/>Brad Hogan – 2nd<br/>Matt Galloway</p> <p><b>2009</b><br/>Kai Matsuhashi</p> <p><b>2010</b><br/>Anthony Munos – 8th<br/>Rico Davis<br/>Jabri Guy</p> <p><b>2011</b><br/>Jack Buck – 8th</p> <p><b>2012</b><br/>Kevin McComb – 2nd<br/>Luke Dodd – 3rd<br/>Tom Delich – 4th<br/>Will Rains – 5th<br/>Casey Dravis – 6th<br/>Zach Praus</p> <p><b>2013</b><br/>Daniel Arehart<br/>Dane McDewitt<br/>Matt Schumann</p> <p><b>2014</b><br/>Gage Greenlee<br/>Mike Delich – 1st</p> <p><b>2015</b><br/>Eric Schmidt<br/>Noah Drehmel</p> <p><b>2016</b><br/>Mason Enderlein – 8th<br/>Peyton McGowan<br/>Peter Swanson<br/>Quinn Hoffman<br/>Cedric Warner – 8th</p> <p><b>2017</b><br/>Dylan Fredrickson<br/>Nathan Langer</p> <p><b>2019</b><br/>Ezra Formanek<br/>Jack Stevens</p> |
|--|---|

## Varsity, Junior Varsity and Freshmen Managers



Angel Dominquez



Payton Formanek



Faith Haggenson



Sofia Hernandez



Finley Hogan



Allison Huberty



Isabel Johnson



Kalina Montesinos



Nia Ramsey



Morgan Scharpf



Tamera Smith



Amy Thompson



Maddison Weichman



Yolanda Zhang



# EASTVIEW WRESTLING

## COACHING STAFF



**Kurt Habeck** – Head Coach

Kurt Habeck, a native of Winona, Minnesota, is in his 1st year as an administrator at Eastview after 28 years of teaching social studies. He continues to coach wrestling, football, and strength training. Kurt was a graduate of Augsburg College where he competed in wrestling and was a captain on the NCAA III National Championship Team. Individually, Kurt was a two-time MIAC Conference Champ and a NCAA III All-American and an Academic All-American. He was a varsity starter all four years at Augsburg and placed eighth, third, second, and first nationally. Kurt met his wife, Shelly, at Augsburg. They have a 25-year-old daughter named Hannah, a 22-year-old son named Zachary, a 19-year-old daughter named Erinn, and a 16-year-old son named Luke. Kurt and Shelly recently became grandparents and are enjoying watching their grandson Jace. When not involved with family or school related activities, Kurt enjoys spending time hunting, fishing, and working out.



**Josh Nelson** – Assistant Coach

Coach Josh Nelson is in his 14th year of coaching at Eastview High School. He is a 2006 Eastview graduate. While in high school, Josh was a three-time varsity starter and a captain of the varsity team during his senior year. He is the 9th-grade head coach, but assists with the JV and varsity teams whenever he can. Along with coaching high school, he is also involved with the EVAA youth wrestling program where he enjoys seeing young

wrestlers continue to improve while still having fun! Josh and his wife, Leah, have a 6-year-old son named Blake and a 1-year-old named Isabella. They currently reside in Apple Valley. In his free time, Josh enjoys fishing, working out, and spending time with his wife.



**John Prokopowicz** – Assistant Coach

Coach John Prokopowicz is on his 7th year of coaching and currently teaches at Eastview High School as a special education teacher. He graduated from Simley High School in 2008 and was a captain of the 07-08 varsity wrestling team. During his prep career, John was a 4-time state qualifier and was part of a state champion team in 2008. In his free time, John enjoys spending time with his wife, Katie, traveling, and outdoor activities.



**Nick Fornicoia** – Assistant Coach

Coach Nick Fornicoia is entering his 22nd year of teaching at Eastview High School. He is an English teacher and teaches journalism classes. Nick leads The Flash, a weekly news magazine show, which won seven Student Emmy Production Awards last year. He also teaches The 4Cast, a daily announcement show and he advises the award winning Yearbook. In 2010, Nick Fornicoia was recognized as Minnesota Journalism Educator of the Year.

Fornicoia wrestled for Augsburg University and captured an individual National Championship. Fornicoia finished his career as a three-time All-American. In his era, the Auggies placed second, first, second, and first in four national tournaments. He has been recognized as State Assistant Coach of the Year and has head coaching experience. Nick is Bronze certified by USA Wrestling. Nick and his wife Mara have two daughters, Sofia (11) and Amelia (7).



**Ron McClure** – Assistant Coach

Coach Ron McClure is in his 4th year coaching as an assistant wrestling coach with Eastview. He was a Hopkins Senior High grad placing fourth as a senior in 1988 at the MN State High School Meet. He wrestled for the Gophers, then transferred to UMD where he was a 4-time Conference Champion and a 2-time NCAA Division II All-American going 108-16 at Minnesota Duluth. Ron has worked with Hennepin County for the past 17 years in the Human Services Department working with the court-committed mentally ill clients. Ron, and his wife Gina, have three men at home in Woodbury: Cole (19), Luke (16), and Jackson (9). In his spare time, he likes to spend time with family, losing at Xbox One, and watching movies and sports.



**Dean Stockwell** – Assistant Coach

Coach Dean Stockwell, a native of Owatonna, MN, graduated from Mankato State University where he was a two-year participant in a nationally-ranked wrestling program. Dean moved to Apple Valley in 1996 and has been involved in the baseball, football and wrestling youth sports programs. 2019-20 will be Dean's 11th year as an assistant coach with the 9th-grade program. Dean has been married to Jenna for 25+ years and they have a 24-year-old son, AJ, and a 22-year-old son, Adam, who both graduated from EVHS. Dean works for St. Paul Park Refining Company/Speedway and when not involved with work or youth sports, enjoys hunting, fishing, reading and spending time with family.



**Grant Eustice** – Assistant Coach

Coach Grant Eustice is from Shoreview, MN. He attended Mounds View High School, where he was a two-time captain and four-year letter-winner. He continued wrestling in college at St. John's University, where he was a captain and a two-time Academic All-American. He teaches English as a Second Language at Eastview High School. He is married to Brittany and has two sons, Milo and George. He enjoys spending time with friends and family. Favorite hobbies include exercising (yoga, weight lifting), riddles, jokes, and card games (Buck Euchre and Cribbage).



### Chad Wentzel – Assistant Coach

Coach Chad Wentzel is from Pipestone, MN. While in high school Chad wrestled in the heavy weight class and played football. He is in his 9th year assisting the Eastview wrestling program. He is also a coach in the football program. Chad played football at Dakota State University in Madison, South Dakota for two seasons. He graduated from Minnesota State University-Mankato and is currently teaching at Falcon Ridge Middle School. He is married to Julie and they have one child, Maddie, who is 10 years old. In his spare time he enjoys spending time with his family and outdoor activities.



### Joe Betley – Assistant Coach

Coach Joe Betley is a native of Blaine, MN and graduated from Spring Lake Park HS in 2000 where he played football, wrestling, and baseball. He currently resides in Apple Valley with his wife, Steph, and their dog and cat, Gus and Stanley. Joe has worked in Corrections since 2005, working with both juveniles and adults in various capacities. Joe is very excited to be with the Eastview Wrestling Team as a 2nd-year assistant coach, and is looking

forward to being a positive influence both on and off the mat. In his free time, Joe is a Yoga Sculpt instructor, enjoys going to movies, concerts, drinking coffee, and spending time with his wife, family, and friends.



### Tristin Faust – Assistant Coach

Coach Tristin Faust is in his 3rd year as an assistant wrestling coach at Eastview. He wrestled for Northfield High School where he recorded 159 career wins, was a three-year captain, a three-time state entrant, and in his senior year captained the team to the MSHL State Tournament for the first time in school history. Tristin also competed in Freestyle and Greco-Roman wrestling, where he was a member of Minnesota Storm National

Teams in both styles. Tristin did not compete in wrestling at the collegiate level, but went on to complete a dual degree in Geological Engineering/Geology & Geophysics at the University of Wisconsin-Madison. Aside from wrestling, Tristin enjoys spending time with family, friends, and his girlfriend Tessa, as well as working as a consultant, listening to all kinds of music, cooking, traveling, hunting and fishing, and collecting rocks and minerals.



### Travis Lee – Assistant Coach

Coach Travis Lee, originally from Kensington, MN, is in his 21st year as a math teacher and wrestling coach at Scott Highlands Middle School and Eastview High School. In addition to teaching Algebra 1 and Geometry, he coaches 9th grade football. Travis is the EVAA youth wrestling program director. Another fellow Auggie, Coach Lee was a four-year Academic Club member. He wrestled at Augsburg College when their national runs ended at fourth, first, second, and first place nationally. In high school, Travis earned four trips to the state tournament. In addition to this, he was a two-time Academic All State award winner. Lettering in football and golf rounded out his high school athletic career. Travis enjoys teaching math and coaching, but still finds time to read, watch movies, run, and participate in many outdoor activities. Travis and his wife, Sara, have a son named Spencer (12) and a daughter named Emersen (10).



### Todd Frost – Assistant Coach

Coach Todd Frost, is from New York Mills, MN, and is in his 19th year of teaching and coaching wrestling at Scott Highlands Middle School and Eastview High School and varsity football at Eastview High School. He comes to Eastview from Minnesota State University - Moorhead, where he played football for the Dragons. Todd and his wife Shannon live in Apple Valley. They have two sons Cole (15), Aiden (12), and one daughter Isla (5).

While attending New York Mills High School, Todd wrestled, mostly in the 189 lb weight class, and played football. He also participated in their freestyle and Greco wrestling clubs. He grew up on a dairy farm owned by his family. Todd enjoys the outdoors and water sports.



### Bradley Vanderveren – Assistant Coach

Coach Brad Vanderveren lives in Apple Valley, and currently works at Eastview High School. He graduated from Pulaski High School in 2004. He was a two-time state qualifier for Wisconsin in 2003 and 2004. He went on to play college football and graduated from the University of Wisconsin River Falls in 2008. During his free time he enjoys fishing, hunting and spending time with his wife, Krista, son, Nick, and twin

daughters, Kylie and Kali.





**Augsburg  
Technique  
Camp  
2019**

**Eastview  
Wrestling Camp  
2019**



**Off-Season  
Training Club  
2019**

# Nebraska Team Camp 2019



# EV Wrestling Clinic 2019

Diamond Path Elementary



East Lake Elementary



Greenleaf Elementary



Highland Elementary



Oak Ridge Elementary



Thomas Lake Elementary



# EVAA Wrestling 2019



## PreK-K – Tiny Tusslers

Pre-Kindergarten  
 Livien Nelson  
 Charlie Talbot  
 Theo Atakpu  
 Marek Tuftee

Kindergarten  
 Josiah Miller  
 Brycen Probasco  
 Julian Mendez Correa  
 Owen Reigle  
 Luca Petti  
 Riley Webb  
 Daxton Hudson  
 William Kostiuik  
 Kash Saporito  
 Grant Larson  
 Vince Grady  
 Caden Turberville  
 Bennett Wojciechowski  
 Connor Fokken  
 Michael Williams  
 Ben Hengel

## 1st-2nd – Mighty Mat Rats

1st Grade  
 Roscoe Ring  
 Lance Ullom  
 Joey Talbot  
 Ty Chhang  
 Wesley Christianson  
 Gus Spiegelberg  
 Blake Nelson  
 Andrew Olstad  
 Levi Cleveland  
 Weston Moen  
 Owen Link  
 Dylan Burnham  
 Ryan Hauser  
 Nick Vanderveren  
 Andren Tuftee  
 John Darlington

Finn Wells  
 Beau Bergerson  
 Kolton Ollila  
  
 2nd Grade  
 Aaron Tomlinson  
 Caden Edwards  
 Muhsin Kadar  
 Dorian Nelson  
 Nikolas Richards Jr.  
 Easton Wagner  
 Lucas Boccia  
 Kyle Hadsall  
 Bodey Loberg  
 Sam Newton  
 Will Newton



## 3rd-5th – Gutsy Grapplers

3rd Grade  
 Reece Winjum  
 Oenn Heinecke  
 Trey Hudson  
 Rafe Petti  
 Daniel Hoiland  
 Jack Turberville  
 Tristan Bachand  
 Daniel Stephenson  
 Gabe Myre

4th Grade  
 Mac Wells  
 Jackson McClure  
 Pierce Jackson

5th Grade  
 Oliver Terracina  
 Sophia Belz  
 James Columbus  
 Vinny Signore  
 Liam Wells  
 Vincent Petti  
 Kohl Walsh  
 Louden Grady  
 Samuel Carlson  
 Brendon Clover

# Middle School Wrestling



## Black Hawk Middle School

**Coaches:** Mike Hogan,  
Todd Halderman, Will Jackson



### BLACK HAWK PANTHERS

**Front:** Sam Cohen, Ryan Baertsch, Ethan Burch, Ryder Besse, Riley Garcia, Ronald Stech-Mahone, Adam Pelto, Grant Thoreson, Brandon Buford.

**Back:** Jack Bauer, Abenezer Fikru, Elijah Kangbath, Mahad Barre, Even Cracauer, Isaiah Willingham, Trashawn Jackson, Jonathon Owens, Daniel Smoot.

**Not Pictured:** Armando Arana Iijedahl, Coach Mike Hogan, Coach Will Jackson, Coach Todd Halderman.

## Falcon Ridge Middle School

**Coach:** Chad Wentzel

### FALCON RIDGE FALCONS



**Front:** Brooks Borman, Sam Geffre, Noah Trotter, Brock Taylor, Aiden Enderlein, Matthew Wagner, Duke Heberle, Jake Bedor, Kiernan Lee, Jesse Domagalski.

**Back:** Sequoia Thornton, Ayden Columbus, Johan Guerrero-Roman, Alex Novak, Landon Odegard, William Mitchell, Shawn Staves, Logan Myers, Ryder Repke, Levi Ruyle, Riley Myers.

**Not Pictured:** Anthony Loja-Paucar, Darius Tucker, Rayane Benahsaine.



## Scott Highlands Middle School

**Coaches:** Travis Lee, Todd Frost

### SCOTT HIGHLANDS **Saints**

**Front (L-R):** Thomas Schmidt, Ian Carbajal Pastrana.

**Row 2:** Brody Tschida, Owain Hewitt, Robert Gerisch, Ibrahim Siddiqui, Pierce Lewis, Spencer Lee, , , Dominic Petti, AJ Kosmicki.

**Row 3:** Ryan Layeux, Jack McNeely, Carter Harris, Lila Hanson, Aiden Frost, Laif Lewis, Elsie Olson, Caleb Bowen, Todd Ostler.

**Not Pictured:** James Johnson, Lucas Borge, Logan Ostler.



## 2019 Section 2AAA Academic Team



Eastview Wrestlers (Left to right): Peter Swanson (170), Mason Enderlein (132).

## Alumni Night – 2019



# 2018-2019 Dual Meet Results

## Varsity Dual Meet Results

<b>Overall Record:</b>	<b>16 Wins</b>	<b>10 Losses</b>
<b>Conference Record:</b>	<b>5 Wins</b>	<b>4 Losses</b>
Eastview 48	Lakeville South	20 Win
Eastview 69	St. Paul Central	6 Win
Eastview 69	Alexandria	4 Win
Eastview 40	Hopkins	28 Win
Eastview 47	Osseo	24 Win
Eastview 27	Blaine	39 Loss
Eastview 26	Prior Lake	33 Loss
Eastview 16	Shakopee	55 Loss
Eastview 53	Lakeville North	18 Win
Eastview 42	Chaska/Chanhasen	26 Win
Eastview 63	St. Thomas Academy	12 Win
Eastview 61	Tartan	15 Win
Eastview 53	Henry Sibley	21 Win
Eastview 22	Blaine	45 Loss
Eastview 18	Owatonna	55 Loss
Eastview 59	North Branch	13 Win
Eastview 62	Maple Grove	16 Win
Eastview 30	Farmington	42 Loss
Eastview 43	Eagan	25 Win
Eastview 18	Apple Valley	51 Loss
Eastview 42	Rosemount	33 Win
Eastview 33	Goodhue	33 Loss
Eastview 28	Mounds View	48 Loss
Eastview 40	Delano	36 Win
Eastview 62	Burnsville	17 Win

### Team Sections

Eastview 19	New Prague	49	Loss
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### Team Tournaments

Eastview Duals (3)	1st Place
Mounds View Duals (4)	5th Place
Armstrong Duals	DNP

### Individual Tournaments

Trinity Invitational	1st Place
Bi-State Classic	10th in Division / 15th out of 69 Teams
Eastview Invitational	6th Place
Mound Westonka Tournament	8th Place

## Junior Varsity Dual Meet Results

<b>Overall Record:</b>	<b>11 Wins</b>	<b>8 Losses</b>
Eastview 28	Farmington	0 Win
Eastview 31	St. Paul Central	3 Win
Eastview 6	Alexandria	12 Loss
Eastview 22	Lakeville South	9 Win
Eastview 6	Rosemount	18 Loss
Eastview 30	Apple Valley	21 Win
Eastview 15	Holmen	34 Loss
Eastview 39	Gale Ettrick Trempealeau	44 Loss
Eastview 28	Lancaster	42 Loss
Eastview 39	Henry Sibley	6 Win
Eastview 30	Osseo	0 Win
Eastview 35	Blaine	24 Win
Eastview 22	Hopkins	6 Win
Eastview 32	Lakeville North	0 Win
Eastview 6	Shakopee	45 Loss
Eastview 28	Prior Lake	51 Loss
Eastview 6	St. Thomas Academy	12 Loss
Eastview 30	Eagan	21 Win
Eastview 6	Burnsville	12 Win

### Individual Tournaments

Mounds View Invite	13 wrestlers placed
Northfield Tournament (1st Place)	6 wrestlers placed
Lightning Invite	8 wrestlers placed
Armstrong Tourney	19 wrestlers placed
Conference Gold (6th Place)	3 wrestlers placed
Conference Silver	6 wrestlers placed

## Freshman Dual Meet Results

<b>Overall Record:</b>	<b>6 Wins</b>	<b>7 Losses</b>
<b>Section Record:</b>	<b>4 Wins</b>	<b>3 Losses</b>

### Section Duals

Eastview 45	Henry Sibley	24	Win
Eastview 47	Cretin-Derham Hall	6	Win
Eastview 47	St. Thomas Academy	8	Win
Eastview 24	South St. Paul	54	Loss
Eastview 38	Rosemount	18	Win
Eastview 26	Hastings	39	Loss
Eastview 54	Park Cottage Grove	15	Win
Eastview 28	Apple Valley	39	Loss

### Eastview Team Tournament

Eastview 54	Benilde-St. Margaret's	15	Win
Eastview 18	Owatonna	60	Loss
Eastview 46	Eden Prairie	30	Win
Eastview 39	Rosemount	42	Loss

### Team State Tournament

Eastview 16	Morris Area	62	Loss
Eastview 21	Howard Lk/Wvrly/Wnstd	51	Loss

### Individual Tournaments

Eastview Invite	6 wrestlers placed
Northfield	5 wrestlers placed
Region 4	3 wrestlers placed
Armstrong JV	8 wrestlers placed
Conference JV	12 wrestlers placed



# 2019 Team Recognition

## LETTER WINNERS

Ezra Formaneck	EV	
Drew Bergstedt	EV	2X
Cole Frost	EV	
Luke Habeck	EV	
Max Enderlein	EV	
Nathan Langer	EV	2X
Hong Lin	EV	
Connor Meixell	EV	2X
Logan O'Neil	EV	
Kellen Stewart	EV	
Landon Vath	EV	2X
Mason Enderlein	EV	4X
Austin Gerisch	EV	2X
Roman Gilbert	EV	2X
Max Alipate	EV	2X
Alex Burdi	EV	4X
Gage Greenlee	EV	4X
Quinn Hoffman	EV	3X
Abe Joseph	EV	2X
Mark Norton	EV	4X
Peter Swanson	EV	3X
Cedric Warner	EV	3X

## MANAGERS

Payton Formaneck	EV	2X
Abby Lindgren	EV	3X
Emma Olson	EV	

## ALL CONFERENCE

Roman Gilbert
Mason Enderlein
Peter Swanson
Quinn Hoffman

## ALL CONFERENCE HONORABLE MENTION

Drew Bergstedt
Alex Burdi
Cedric Warner

# 2019 Season Awards

### Most Valuable Varsity Wrestler of the Year

Peter Swanson

### Most Valuable Junior Varsity Wrestler of the Year

Chris Schleicher

### Most Valuable Freshman Wrestler of the Year

Drew Bergstedt

### Freshman Team Most Valuable Wrestler

Cole Frost

### Most Improved Wrestler of the Year

Logan O'Neil

### Most Improved Freshman Wrestler of the Year

Jack Stevens

### Junior Varsity – Varsity Drill Partner Award

Alex Burdi

### Freshman Drill Partner Award

Jack Sullivan

### Academic Club – Gold (3.6-4.0)

Jake Borman  
Cole Frost  
Brady Kelly  
Ian Renier  
LukeTahnk  
Benjy Vandeberg  
Ariq Chowdhury  
Max Enderlein  
Connor Meixell  
Logan O'Neil  
Kellen Stewart  
Mason Enderlein  
Max Alipate  
Alex Burdi  
Mark Norton  
Peter Swanson  
Angel Dominguez  
Payton Formaneck

### Academic Club – Silver (3.0-3.59)

Ezra Formaneck  
Andy Campbell  
Jagger Scott  
Jack Stevens  
Jack Sullivan  
Jordan Sundheim  
Miguel Zagal  
Andy Baccoli  
Nathan Langer  
Hong Lin  
Brad Snyder  
Landon Vath  
Noah Wever  
Cedric Warner  
Rahma Jama  
Lexi Powers  
Amy Thompson  
Abby Lindgren  
Emma Olson

### 3-D Club Membership

Mason Enderlein  
Max Enderlein  
Quinn Hoffman  
Nathan Langer  
Conner Meixell  
Pete Swanson  
Cedric Warner

### Freshman 3-D Club Membership

Cole Frost  
Luke Habeck  
Brady Kelly  
Ian Renier

### Scholar Athlete Award

Logan O'Neil

### Lightning Award

Quinn Hoffman  
Cedric Warner

### John Rodin Service Award

Brian Gerisch

### Managers – Hall of Fame

Abby Lindgren

### Most Falls

V	Peter Swanson	18
JV	Chris Schleicher	16
9th	Luke Habeck	11

### Most Takedowns

V	Mason Enderlein	71
JV	Islam Ibragimov	24
9th	Luke Habeck	18

### Most Team Points

V	Peter Swanson	165
JV	Chris Schleicher	99
9th	Luke Habeck	68

# 1st Annual Summer Picnic / Bean Bag Tournament

On Thursday, July 25, 2019, we gathered wrestlers, along with family and friends, for the 1st Annual Summer Picnic/Bean Bag Tournament at Blackhawk Park in Eagan. We enjoyed food, drinks, music, raffle and a silent auction, in addition to games and activities for the kids...all to support EV Wrestlers Pre-K to 12th Grade. The feature event was a Bean Bag Tournament for all registered participants. A great time was had by all!





## A Big Thank You to All of Our Summer Picnic / Bean Bag Tournament SPONSORS



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# Career Records

Falls		
Alex Lindstrom	'17	101
A. Fokken	'01	83
J. Rukavina	'14	75

Team Points		
Alex Lindstrom	'17	824
A. Fokken	'01	727
J. Rukavina	'14	670

Peversals		
A. Fokken	'01	
A. Munos	'13	
Alex Lindstrom	'17	

Near Falls		
Alex Lindstrom	'17	
M. Fomicola	'02	
M. HUYHET		



# EASTVIEW

# Season Records

Wins		
Luke Dodd	'15	40
A. Lindstrom	'17	40
M. Reichtigel	'12	39

Falls		
A. Fokken	'01	28
N. Kocer	'03	28
E. Ehresmann	'11	26

Takedowns		
Reichtigel	'12	221
	'04	134
		118

Reversals		
	'10	41
	'02	38
Dolejs	'16	37



**EASTVIEW**

# South Suburban Conference - 2018-2019

## SOUTH SUBURBAN CONFERENCE STATE PLACE WINNERS (23)

WT	NAME	PLACE	TEAM
106	Pierson Manville	1st	Shakopee
106	Jore Volk	2nd	Lakeville North
113	Paxton Creese	1st	Shakopee
120	Ben Lunn	2nd	Shakopee
126	Tyler Jones	3rd	Shakopee
126	Martin Stewart	5th	Apple Valley
132	Adam Mickelson	2nd	Apple Valley
138	Sebas Swiggum	1st	Apple Valley
145	Brady Gross	2nd	Apple Valley
145	Luke Peterson	4th	Farmington
145	Ty Gage	6th	Eagan
152	Willie Bastyr	1st	Lakeville South
152	Dylan Anderson	5th	Apple Valley
160	Devin Roberts	4th	Apple Valley
160	Connor Raines	5th	Shakopee
170	Grant Hendren	4th	Lakeville South
195	Calvin Sunday	1st	Prior Lake
195	Joey Johnson	4th	Shakopee
195	MacAron Kukowski	6th	Farmington
220	Ezayah Oropeza	1st	Rosemount
220	Tommy Johnson	6th	Shakopee
285	Bryce Benhart	1st	Lakeville North
285	Tyler Kim	2nd	Apple Valley

## SOUTH SUBURBAN CONFERENCE TEAMS & 2018-2019 RECORDS

1.	Shakopee	9-0
2.	Apple Valley	8-1
3.	Prior Lake	7-2
4.	Lakeville South	6-3
5.	<b>Eastview</b>	<b>5-4</b>
5.	Farmington	5-4
7.	Lakeville North	3-6
8.	Eagan	2-7
9.	Rosemount	1-8
10.	Burnsville	0-9

## Section 2AAA - 2019

### SECTION 2AAA STATE PLACE WINNERS (21)

WT	NAME	PLACE	TEAM
106	Pierson Manville	1st	Shakopee
106	Jore Volk	2nd	Lakeville North
113	Paxton Creese	1st	Shakopee
120	Ben Lunn	2nd	Shakopee
120	Nick Novak	4th	New Prague
126	Tyler Jones	3rd	Shakopee
126	Martin Stewart	5th	Apple Valley
132	Adam Mickelson	2nd	Apple Valley
138	Sebas Swiggum	1st	Apple Valley
145	Brady Gross	2nd	Apple Valley
152	Willie Bastyr	1st	Lakeville South
152	Dylan Anderson	5th	Apple Valley
160	Devin Roberts	4th	Apple Valley
160	Connor Raines	5th	Shakopee
170	Grant Hendren	4th	Lakeville South
195	Calvin Sunday	1st	Prior Lake
195	Joey Johnson	4th	Shakopee
220	Ezayah Oropeza	1st	Rosemount
220	Tommy Johnson	6th	Shakopee
285	Bryce Benhart	1st	Lakeville North
285	Tyler Kim	2nd	Apple Valley

### EASTVIEW RESULTS AT SECTION 2AAA TOURNAMENT

WT	NAME	PLACE
106	Max Enderlein (0-2)	DNP
113	Landon Vath (1-2)	DNP
120	Drew Bergstedt (0-2)	DNP
126	Roman Gilbert (3-1)	3rd
132	Mason Enderlein (3-1)	3rd
138	Alex Burdi (3-2)	3rd
145	Nathan Langer (1-3)	6th
152	Connor Meixell (0-2)	DNP
160	Logan O'Neil (0-2)	DNP
170	Peter Swanson (3-1)	2nd
182	Quinn Hoffman (2-2)	5th
195		
220	Cedric Warner (2-2)	5th
285	Max Alipate (1-2)	DNP

### SECTION 2AAA TEAM TOURNAMENT

#### Preliminaries:

Burnsville 43, Rosemount 35

#### Quarterfinals:

Shakopee 74, Burnsville 3  
 Lakeville South 46, Prior Lake 21  
 New Prague 49, **Eastview 19**  
 Apple Valley 48, Lakeville North 21

#### Semifinals:

Shakopee 45, Lakeville South 18  
 Apple Valley 49, New Prague 27

#### Championship:

Shakopee 40, Apple Valley 24

## EASTVIEW WRESTLING 2018-2019 HIGHLIGHTS

### The Varsity Team...

- Earned MN Academic Gold Recognition with a team GPA of 3.74.
- Earned 16 hard fought victories placing 1st at the Eastview Duals & 1st at the Trinity Invitational.
- Had 4 wrestlers earn All-Conference and 3 earn All Conference Honorable Mention Honors.
- Placed 7 wrestlers at Individual Sectionals with 6 placing in the top five.
- Had 1 State Qualifier and 2 wrestlers earn Section Academic Recognition.
- Had 21 wrestlers get an opportunity to wrestle on varsity with 14 wrestlers earn at least 13 wins.
- Earned 327 match wins, 1682 team points, 168 falls, and 558 takedowns.

## VARSITY CAREER RECORDS

### FALLS

Alex Lindstrom	'17	88
Adam Fokken	'01	83
Jacob Rukavina	'14	75

### WINS

Alex Lindstrom	'17	175
Mitch Rehtzigel	'12	158
Adam Fokken	'01	147

### TEAM POINTS

Alex Lindstrom	'17	824
Adam Fokken	'01	727
Jacob Rukavina	'14	679

### TAKEDOWNS

Mitch Rehtzigel	'12	499
Ryan Langlais	'04	449
Alex Lindstrom	'17	431

### NEAR FALLS

Alex Lindstrom	'17	191
Mikey Fornicoia	'02	166
Minh Huynh	'06	148

### REVERSALS

Alex Lindstrom	'17	101
Anthony Munos	'13	92
Adam Fokken	'01	92

## 2018-2019 Varsity Statistics

Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pins	Team Points
Max Alipate	9	13	10	7	2	0	1	0	0	4	48
Drew Bergstedt	18	22	38	16	18	11	8	2	2	5	81
Alex Burdi	19	15	44	29	9	7	9	4	1	8	93
Mason Enderlein	34	11	71	45	5	11	25	5	3	12	161
Max Enderlein	11	17	10	14	2	1	1	0	0	5	63
Ezra Formaneck	1	2	2	2	0	0	0	0	0	0	3
Cole Frost	0	5	0	7	2	0	0	0	0	0	0
Austin Gerisch	13	8	16	17	6	4	3	1	0	4	67
Roman Gilbert	33	9	62	31	10	19	24	4	5	12	158
Gage Greenlee	19	10	35	16	9	7	4	0	1	12	107
Luke Habeck	1	3	2	1	4	0	1	0	0	0	3
Quinn Hoffman	26	17	53	21	12	5	5	3	0	11	123
Abe Joseph	16	18	23	29	5	6	3	3	0	6	84
Nathan Langer	24	17	25	34	6	8	9	1	0	13	124
Connor Meixell	14	17	16	24	10	6	12	0	0	10	81
Logan O'Neil	9	13	11	32	6	3	4	1	0	4	49
Brad Snyder	1	0	0	0	0	0	0	0	0	0	6
Kellen Stewart	9	15	10	10	0	0	0	1	0	7	52
Peter Swanson	32	10	66	30	8	12	3	4	1	17	165
Landon Vath	14	24	37	19	1	3	8	1	1	7	75
Cedric Warner	24	14	27	20	9	4	2	1	0	17	139

### SEASON TEAM TOTALS

	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pins	Points
Eastview Team Totals	327	260	558	404	124	107	122	31	14	154	1682

## VARSITY SEASON RECORDS

### FALLS

Adam Fokken	'01	28
Nate Kocer	'03	28
Erik Ehresmann	'11	26

### WINS

Alex Lindstrom	'17	40
Luke Dodd	'15	40
Mitch Rehtzigel	'12	39

### TEAM POINTS

Adam Fokken	'01	200
Nate Kocer	'03	199
Mike Delich	'17	197

### TAKEDOWNS

Mitch Rehtzigel	'12	221
Ryan Langlais	'04	134
Adam Fokken	'01	119

### NEAR FALLS

Mikey Fornicoia	'02	79
Josh Weinberg	'10	73
Minh Huynh	'05	56

### REVERSALS

Josh Weinberg	'10	41
Kevin McBride	'02	38
Collin Dolejs	'16	37

## 2018-2019 Junior Varsity Statistics

Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pins	Team Points
Alipate Max	6	2	7	0	1	0	0	0	0	6	36
Andy Baccoli	2	10	4	4	1	0	1	0	0	2	12
Anderson Campbell	4	7	4	7	3	1	0	0	0	1	21
Ariq Chowdhury	3	9	9	7	2	1	0	0	0	1	12
Max Enderlein	1	0	1	0	1	0	0	0	0	1	6
Ezra Formaneck	11	1	14	2	12	5	9	1	0	7	55
Cole Frost	16	8	18	7	13	10	11	1	2	12	89
Austin Gerisch	10	2	12	3	10	5	6	2	0	3	41
Brian Gerisch	0	10	1	1	0	0	0	0	0	0	0
Luke Habeck	14	8	20	17	10	2	4	1	0	8	73
Islam Ibragimov	14	9	24	6	4	5	4	2	0	12	80
Brady Kelly	5	7	8	5	3	5	8	0	1	3	26
Hong Lin	16	5	16	8	23	6	4	2	0	12	89
Connor Meixell	5	1	6	0	3	0	2	0	0	3	24
Kashif Muiz	0	1	0	1	0	0	0	0	0	0	0
Logan O'Neil	9	5	13	14	6	7	6	1	1	6	48
Trevor Rauch	4	5	9	3	3	0	0	0	0	2	18
Ian Renier	5	2	5	1	4	2	1	0	0	5	30
Chris Schleicher	17	4	22	9	15	8	8	1	1	15	99
Jagger Scott	6	6	7	1	2	0	5	0	0	6	36
Brad Snyder	7	10	11	7	2	1	0	0	0	5	36
Jack Stevens	5	8	11	3	1	0	2	0	0	4	27
Kellen Stewart	1	0	0	1	0	1	0	0	0	1	6
Jack Sullivan	3	5	11	8	2	3	1	0	0	3	18
Jordan Sundheim	3	5	5	2	1	0	0	0	0	1	15

(Continued on Page 24)

## JUNIOR VARSITY SEASON RECORDS

### FALLS

James Pudwill	'06	28
Justin Armstrong	'06	27
Scott Kenning	'06	25

### WINS

Andrew Lenertz	'02	31
Tom Chies	'03	30
Fred Hwang	'03	30

### TEAM POINTS

Andrew Lenertz	'02	175
James Pudwill	'06	171
Justin Armstrong	'06	165

### TAKEDOWNS

Matt Ladd	'12	87
Mike Redig	'06	65
Nathaniel Carroll	'05	50

### NEAR FALLS

Josh Weinberg	'08	46
Kyle Fokken	'02	39
Carter Epperson	'15	35

### REVERSALS

David Phomphackdy	'13	28
Mike Redig	'06	26
Josh Weinberg	'08	22
Brian Wallenta	'04	22

## FRESHMAN SEASON RECORDS

### FALLS

Dane McDevitt	'14	18
Matt Schumann	'13	18
Casey Dravis	'12	16

### WINS

Tom Delich	'12	28
Casey Dravis	'12	25
Bryan Okonek	'05	25

### TEAM POINTS

Tom Delich	'12	143
Dane McDevitt	'14	140
Casey Dravis	'12	139

### TAKEDOWNS

Bryan Lewis	'00	80
Trever Sutherland	'05	68
Bona Ku	'01	61

### NEAR FALLS

Nathaniel Carroll	'03	26
Minh Huynh	'03	23
Kyle Fokken	'01	22

### REVERSALS

Kyle Fokken	'01	17
Andrew Nelson	'03	15
Nathaniel Carroll	'03	15
Nick Mako	'06	15

## 2018-2019 Junior Varsity Statistics

(Continued from Page 23)

Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pins	Team Points
Luke Tahnke	0	8	2	2	0	0	0	0	0	0	0
Benjy Vandenberg	5	5	8	6	1	0	2	1	0	3	25
Ricardo Vazquez	1	3	2	0	0	1	0	0	0	1	6
Ty Vinje	3	1	5	3	1	0	3	1	0	2	16
Noah Wever	8	8	12	5	11	3	2	0	0	7	45
Duane Williams-Riggs	1	2	3	2	0	0	1	0	0	0	3
Miguel Zagal	0	7	4	7	1	0	0	0	0	0	0
<b>TEAM TOTALS</b>	<b>Win</b>	<b>Loss</b>	<b>TD</b>	<b>E</b>	<b>R</b>	<b>NF2</b>	<b>NF3</b>	<b>MAJ.</b>	<b>T.F.</b>	<b>Pins</b>	<b>Points</b>
<b>Eastview Team Totals</b>	185	164	274	142	136	66	80	13	5	132	992

## 2018-2019 Freshman Statistics

Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pins	Team Points
Jake Borman	2	1	3	0	1	4	0	0	0	0	6
Anderson Campbell	1	1	2	1	0	0	3	0	1	0	5
Ethan Daniels	1	1	1	0	0	0	0	0	0	0	3
Ezra Formanek	11	4	8	5	5	5	6	0	1	7	56
Cole Frost	10	7	13	5	6	5	12	2	0	8	56
Brian Gerisch	0	1	1	0	0	0	0	0	0	0	0
Luke Habeck	12	5	18	9	4	7	7	0	1	10	68
Liam Harris	0	3	0	0	0	0	0	0	0	0	0
Brady Kelly	5	8	8	8	5	5	3	1	0	1	19
Aidan Meixell	0	3	1	0	0	0	0	0	0	0	0
Ian Renier	8	6	11	4	3	0	2	0	0	6	42
Jagger Scott	7	7	10	0	3	1	2	1	0	5	37
Jack Stevens	9	7	17	15	2	1	4	0	0	5	42
Jack Sullivan	9	7	17	15	2	1	4	0	0	5	42
Jordan Sundheim	2	13	6	6	1	0	2	1	0	1	10
Luke Tahnke	0	4	2	0	0	0	0	0	0	0	0
Benjy Vandenberg	5	6	9	1	1	4	6	1	0	3	25
Ricardo Vazquez	1	4	2	1	1	0	1	0	0	1	6
Ty Vinje	0	3	3	0	0	0	0	0	0	0	0
Duane Williams-Riggs	1	0	1	0	0	0	1	0	0	1	6
Miguel Zagal	4	7	7	3	3	2	3	0	0	2	18
<b>TEAM TOTALS</b>	<b>Win</b>	<b>Loss</b>	<b>TD</b>	<b>E</b>	<b>R</b>	<b>NF2</b>	<b>NF3</b>	<b>MAJ.</b>	<b>T.F.</b>	<b>Pins</b>	<b>Points</b>
<b>Eastview Team Totals</b>	188	98	140	73	37	35	56	6	3	55	441

## All-Time Varsity Season Statistics

	Wins	Losses	Ties	Conf. Wins	Conf. Place	State Qualifiers	Wins	Losses	Ties	Conf. Wins	Conf. Place	State Qualifiers	
1998	3	19	1	1	9th	1	2010	21	6	0	8	2nd	0
1999	6	14	1	2	7th	2	2011	14	13	0	4	4th	0
2000	18	4	0	7	2nd	3	2012	12	15	0	2	7th	3
2001	14	8	0	5	5th	4	2013	16	8	0	4	4th	1
2002	16	9	0	6	4th	3	2014	21	5	0	5	3rd	4
2003	21	5	1	7	2nd	4	2015	18	7	0	4	7th	7
2004	13	15	0	4	5th	3	2016	19	6	0	4	6th	5
2005	12	14	0	3	7th	3	2017	17	9	0	4	6th	2
2006	24	7	0	8	2nd	3	2018	9	14	0	4	5th	1
2007	13	7	0	5	4th	3	2019	16	10	0	5	5th	1
2008	14	10	0	5	4th	0	<b>Totals</b>	<b>335</b>	<b>214</b>	<b>.610 winning percentage</b>			
2009	18	9	0	7	2nd	2							

# Season Awards

## Most Valuable Varsity Wrestler of the Year

1998	Tony Rodin
1999	Adam Fokken
2000	Adam Fokken
2001	Adam Fokken
2002	Mikey Fornicoia
2003	Nate Kocer
2004	Ryan Langlais
2005	Minh Huynh
2006	Minh Huynh & John Makabe
2007	Jacob Nelson & Dan Getzke
2008	Scott Hogan
2009	Scott Hogan
2010	Nels Pederson
2011	Mitch Rechzigel
2012	Mitch Rechzigel
2013	Jacob Rukavina
2014	Jacob Rukavina & George Farmah
2015	George Farmah & Luke Dodd
2016	Mike Delich, Alex Lindstrom
2017	Alex Lindstrom
2018	Peter Swanson
2019	Peter Swanson

## Most Valuable Junior Varsity Wrestler of the Year

1998	Jim Maloney
1999	Tyrel Narva
2000	Chris Verhaeghe
2001	David Pudwill
2002	Andrew Lenertz
2003	Andrew Lenertz
2004	Brian Wallenta
2005	Chad Eul
2006	Mike Redig
2007	Jeff Hanson
2008	Josh Weiberg
2009	Nick Dodd
2010	Alec Teagarden
2011	Matt Henning
2012	Matt Ladd
2013	Billy Marks
2014	Jack Schliesman
2015	Carter Epperson
2016	Adam Larson
2017	Peter Swanson
2018	Abe Joseph
2019	Chris Schleicher

## Most Valuable Freshman Wrestler of the Year

1998	Adam Fokken
1999	Mikey Fornicoia
2000	Bryan Lewis
2001	Steve Davis
2002	Tyler Cookas
2003	Troy Fokken

2004	Ryan Stepan
2005	Trever Sutherland
2006	Scott Hogan
2007	Cody Groskreutz
2008	Matt Galloway
2009	Brad Hogan
2010	Anthony Munos
2011	Jacob Rukavina
2012	George Farmah
2013	Tim Duffy
2014	Alex Lindstrom
2015	Eric Schmidt
2016	Gage Greenlee
2017	Mason Enderlein
2018	Nathan Langer
2019	Drew Bergstedt

## Most Improved Wrestler of the Year

1998	Nate Ernst
1999	Nick Thompson
2000	Brad Okonek
2001	David Rasmussen
2002	Eric Lemm
2003	Jud Turk
2004	Minh Huynh
2005	Josh Nelson
2006	Chad Eul
2007	Dijon Sanders
2008	Nels Pederson
2009	Nels Pederson & Josh Weinberg
2010	Eric Ehresmann
2011	Anthony Munos & Josh Blake
2012	BJ Groskreutz
2013	Will Gibson
2014	Jordan Swanson
2015	Jack Schliesman
2016	Logan Estep
2017	Chris Abbey
2018	Roman Gilbert
2019	Logan O'Neil

## Lightning Award

1998	Chris Verhaeghe
1999	Chris Verhaeghe
2000	Brian Putnam
2001	Brian Putnam & Eric Budd
2002	David Pudwill
2003	Jud Turk & John Getzke
2004	Jeremiah Foertsch
2005	Sam Voyles
2006	Chris Griep & Dillon Powell
2008	Bryan Okonek & David Ly
2007	Abebe Dessalegn & Andrew Pudwell
2009	Bobby Ladd & Matt Franson
2010	Nick Dodd & Cody Groskreutz
2011	Erik Ehresmann
2012	Chris Bechly
2013	Anthony Munos

2014	Jack Buck & Tyler Lindgren
2015	Casey Dravis & Tom Delich
2016	Collin Dolejs
2017	Carter Epperson & Adam Larson
2018	Eric Schmidt
2019	Quin Hoffman & Cedric Warner

## John Rodin Service Award

1998	Brad Okonek
1999	Brad Okonek
2000	Andrew Lenertz
2001	John Getzke
2002	Cory Wagner
2003	Cory Wagner
2004	Ben Foertsch
2005	Dante Hendricks
2006	Pat Cox
2007	Joey Scott
2008	Nick Dodd
2010	Jacob Rukavina
2011	Levi Groskreutz
2012	Billy Marks
2013	Nick Pegelow
2014	Brendan Formaneck
2015	Brendan Formaneck
2016	Brendan Formaneck
2017	Eric Schmidt
2018	Adam Bass
2019	Brian Gerisch

## Wrestling Manager Hall of Fame

2000	Erinn Roos
2001	Rachel Davis
2003	Kari Okonek
2006	Ashley Langlais
2009	Libby Carroll
2010	Brooke Larson & Sara Olson
2013	Hannah Habeck
2016	Rachel Schmidt
2016	Brianna Peterman
2019	Abby Lindgren

## Wrestling Scholarship Recipients

2005	Kyle Wilson
2006	John Makabe
2007	Jacob Nelson
2008	David Ly
2009	Robert Ladd
2010	Nick Dodd
2011	Ben Schmitz
2012	Chris Bechly
2013	Jonathan Lenz
2014	Billy Marks
2015	Luke Dodd & Brett Hestness
2016	Collin Dolejs
2017	Mike Delich
2018	Eric Schmidt

## School Song



*Go Eastview Lightning  
Victory is our game.  
Blaze a trail of glory  
Marching on to fame.*

*Feel the mighty thunder,  
Flash that fills the sky.  
Blue, black and white won't  
Give up the fight,*

*We're the lightning from  
Eastview High.*

*Eastview Lightning  
Fight, fight, fight.*

*Go, fight, win tonight!*

# Eastview Distinguished Athletes



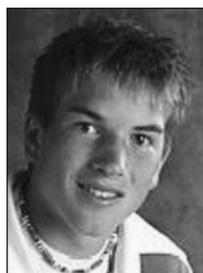
**Adam Fokken**  
Football, Wrestling & Track; 2001 Athlete of the Year; 2001 Scholar Athlete; 2000 4th Place State (189 lbs); 2001 State Champion (189 lbs.)



**Ryan Langlais**  
Football, Wrestling & Baseball; 2004 Athlete of the Year; 3X State Qualifier; 2004 Section Champion (160 lbs.)



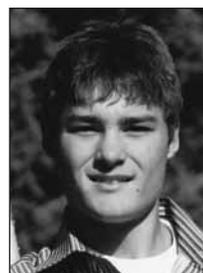
**Ryan Ruckdashel**  
Football, Wrestling & Track; Distinguished Athlete & Scholar; 2004 MSHSL EXCEL Winner; 2005 State Qualifier & Team Captain



**Scott Hogan**  
Soccer & Wrestling; Distinguished Athlete; 129 Career Wins; Team Captain



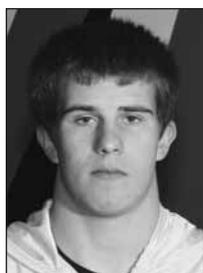
**Ty Groskreutz**  
Football, Wrestling & Baseball; 2009 Scholar Athlete; 3-Sport Letter Winner; Team Captain



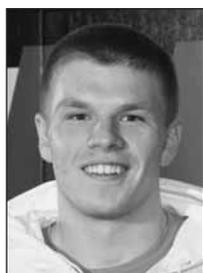
**Cody Groskreutz**  
Wrestling & Baseball; Athlete of the Year; 82 Career Wins; Team Captain 2010



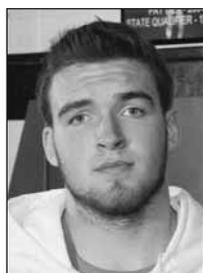
**Ben Schmitz**  
Wrestling & Soccer; Distinguished Scholar Athlete; Section Place Winner; Team Captain 2011



**Jonathan Lenz**  
Wrestling & Soccer; Scholar Athlete of the Year; Section Place Winner; Team Captain 2013



**Nick Pegelow**  
Football & Wrestling; Distinguished Scholar Athlete; State Qualifier; Team Captain 2014



**Jack Buck**  
Football, Wrestling, Track; Athlete of the Year; 3-Sport Letter Winner; Team Captain 2014



**Collin Dolejs**  
Football, Wrestling, Track; Scholar Athlete of the Year; Wrestling Scholarship Recipient; State Qualifier



**Mike Delich**  
Football, Wrestling, Track; Athlete of the Year; 2X State Place Winner; 2X Captain



**Alex Lindstrom**  
Football, Wrestling, Baseball; Distinguished Athlete Award; 2X State Place Winner; 2X Captain, 175 Career Wins



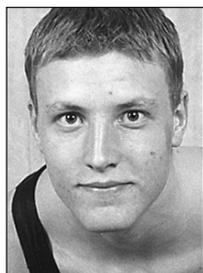
**Peter Swanson**  
Football & Wrestling; Athlete of the Year; MN State Qualifier; 2X Team Captain

## Wall of Excellence

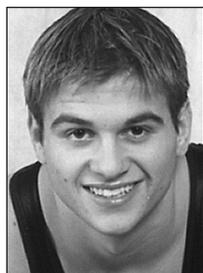
Criteria: State Place Winner, finish the program in good standing, and graduate from Eastview High School.



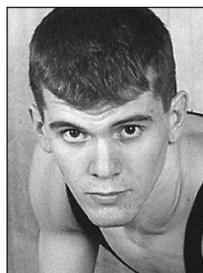
**Tony Rodin**  
1998 - 4th Place  
125 lbs.



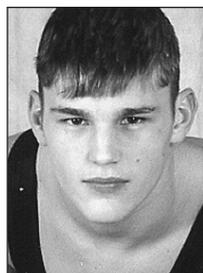
**Adam Fokken**  
2000 - 4th Place 189 lbs.  
2001 - State Champ  
189 lbs.



**Mikey Fornicoia**  
2002 - 6th Place  
130 lbs.



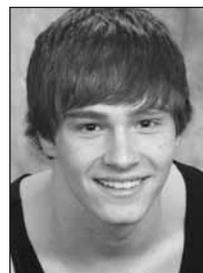
**John Getzke**  
2003 - 5th Place  
152 lbs.



**Nate Kocer**  
2003 - 6th Place  
189 lbs.



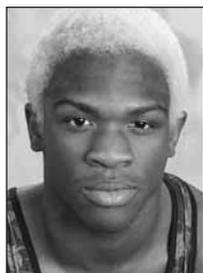
**Minh Huynh**  
2005 - 4th Place  
103 lbs.



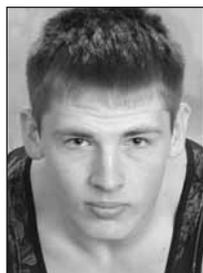
**Mitch Rechtzigel**  
2012 - 2nd Place  
160 lbs.



**Jacob Rukavina**  
2014 - 3rd Place  
160 lbs.



**George Farnah**  
2014 - 2nd Place  
2015 - 2nd Place  
126 lbs.



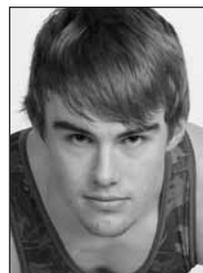
**Luke Dodd**  
2015 - 2nd Place  
182 lbs.



**Tim Duffy**  
2015 - 5th Place  
285 lbs.



**Mike Delich**  
2016 - 4th Place  
2017 - 3rd Place  
195 lbs.



**Alex Lindstrom**  
2016 - 5th Place, 160 lbs  
2017 - 3rd Place, 170 lbs

## Wrestling Academic Team

2000	Silver Academic Team - 3.44
2001	Gold Academic Team - 3.68
2002	MN State Academic Champions - 3.71
2003	Gold Academic Team - 3.59
2004	Gold Academic Team - 3.6
2005	Gold Academic Team - 3.61
2006	Gold Academic Team - 3.67
2007	Gold Academic Team - 3.64
2008	MN State Academic Champions - 3.84
2009	MN State Academic Runner-up - 3.89
2010	MN State Academic Champions - 3.88
2011	Gold Academic Team - 3.79
2012	MN State Academic Champions - 3.79
2013	MN State Academic Champions - 3.74
2014	Gold Academic Team - 3.71
2015	Gold Academic Team - 3.62
2016	Gold Academic Team - 3.5
2017	Gold Academic Team - 3.5
2018	Gold Academic Team - 3.6
2019	Gold Academic Team - 3.74

## Academic All-State

2001	Adam Fokken
2012	Mitch Rehtzigel
2017	Mike Delich

## Top 25 Alumni Career Wins

NAME	YEAR	WINS	LOSSES
Alex Lindstrom	2017	175	84
Mitch Rehtzigel	2012	158	50
Adam Fokken	2001	147	36
Jacob Rukavina	2014	141	68
Ryan Langlais	2004	139	54
Scott Hogan	2009	129	25
Mike Delich	2017	111	22
Kevin McBride	2003	110	84
George Farmah	2015	108	25
Mikey Fornicoia	2002	107	31
Minh Huynh	2006	100	32
Luke Dodd	2015	100	54
Anthony Munos	2013	94	62
Brendan Formanek	2017	93	54
John Makabe	2006	90	33
BJ Groskreutz	2012	85	28
Tim Duffy	2016	83	33
Pat Dea	2004	79	57
Casey Dravis	2015	79	51
John Getzke	2003	78	46
Tony Rodin	1999	77	23
Nick Pegelow	2014	72	31
Dan Getzke	2007	70	35
Dane McDevitt	2017	69	31
Peter Swanson	2019	67	24

## Eastview Wrestling Recognitions

### All Conference

Tony Rodin (2x)  
 Brad Okonek  
 Nate Ernst  
 Adam Fokken (4x)  
 David Rasmussen  
 Mikey Fornicoia (3x)  
 Eric Lemm  
 James Voyles  
 John Getzke  
 Nate Kocer  
 Kevin McBride  
 Ryan Langlais (2x)  
 Minh Huynh (2x)  
 John Makabe (2x)  
 Ryan Ruckdashel  
 Scott Hogan (3x)  
 Jacob Nelson  
 Andrew Nelson  
 Dan Getzke  
 Chad Eul

Bryan Okonek  
 Mitch Rehtzigel (3x)  
 Nels Pederson  
 Josh Weinberg  
 Erik Ehresmann  
 BJ Groskreutz  
 George Farmah (2x)  
 Anthony Munos  
 Jacob Rukavina  
 Alex Lindstrom  
 Billy Marks  
 Luke Dodd (2x)  
 Nick Pegelow  
 Mike Delich (2x)  
 Alex Lindstrom (2x)  
 Collin Dolejs  
 Dane McDevitt  
 Tim Duffy  
 Mike Delich (2x)  
 Alex Lindstrom (2x)  
 Dane McDevitt (2x)

Mason Enderlein (2x)  
 Peter Swanson (2x)  
 Roman Gilbert  
 Quinn Hoffman

### Section Champs

Tony Rodin  
 Adam Fokken  
 David Rasmussen  
 Mikey Fornicoia  
 James Voyles  
 Nate Kocer  
 Ryan Langlais  
 Nels Pederson  
 George Farmah (2x)  
 Luke Dodd  
 Mike Delich (2x)  
 Tim Duffy

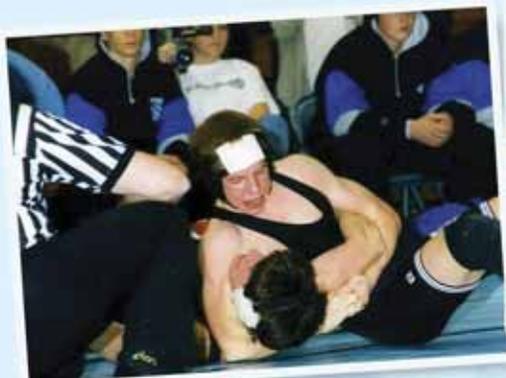
### State Qualifiers

Tony Rodin (2x) 4th Place  
 Brad Okonek  
 Adam Fokken (3x) 4th Place  
 1st Place  
 David Rasmussen  
 Mikey Fornicoia (2x) 6th Place  
 James Voyles  
 Jud Turk  
 Nate Kocer 6th Place  
 John Getzke 5th Place  
 Ryan Langlais (3x)  
 Pat Dea  
 Steve Davis (2x) 4th Place  
 Minh Huynh (3x) 4th Place  
 John Makabe  
 Ryan Ruckdashel  
 Dan Getzke  
 Chad Eul  
 Jacob Nelson  
 Will Jackson 4th Place  
 Nels Pederson

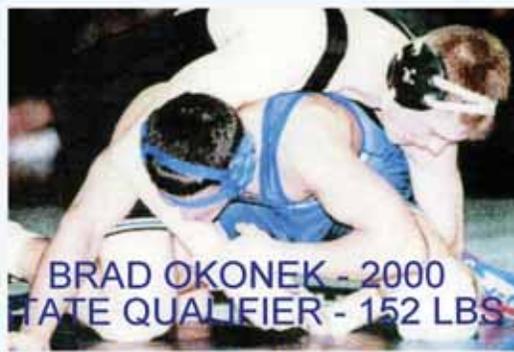
Dijon Sanders  
 BJ Groskreutz  
 Mitch Rehtzigel (3x) 2nd Place  
 Jacob Rukavina (3x) 3rd Place  
 Nick Pegelow  
 George Farmah (2x) 2nd Place  
 2nd Place  
 Luke Dodd (2x) 2nd Place  
 Casey Dravis  
 Tom Delich  
 Tim Duffy (2x) 5th Place  
 Alex Lindstrom (2x) 5th Place  
 Collin Dolejs  
 Mike Delich (2x) 4th Place  
 Dane McDevitt  
 Alex Lindstrom (3x) 5th Place  
 3rd Place  
 Mike Delich (3x) 4th Place  
 3rd Place  
 Mason Enderlein  
 Peter Swanson



# Eastview State Qualifiers

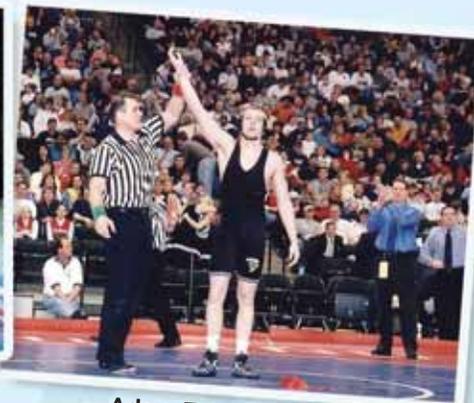


**Tony Rodin - 1998**  
4th Place - 125 lbs.

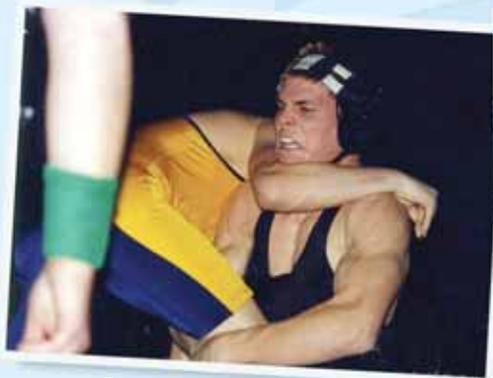


**BRAD OKONEK - 2000**  
STATE QUALIFIER - 152 LBS

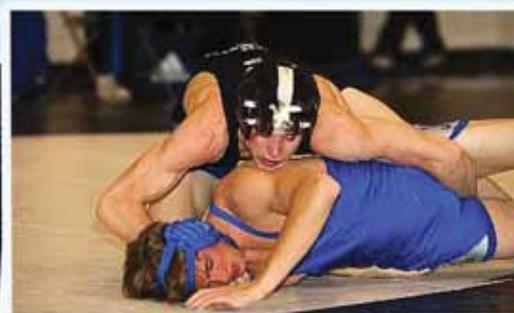
**Brad Okonek - 2000**  
State Qualifier - 152 lbs.



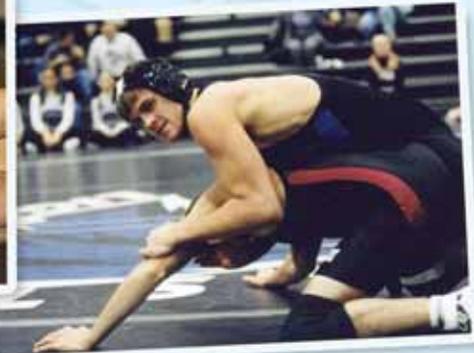
**Adam Fokken - 2001**  
State Champion - 189 lbs.  
4th Place - 189 lbs.



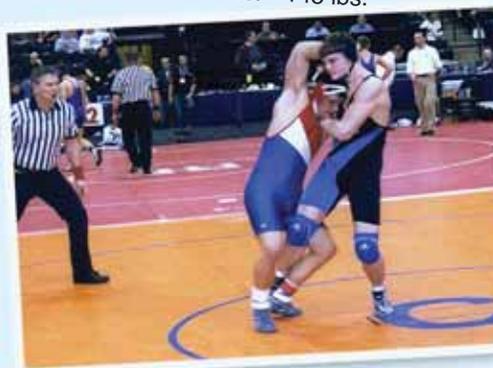
**David Rasmussen - 2001**  
State Qualifier - 145 lbs.



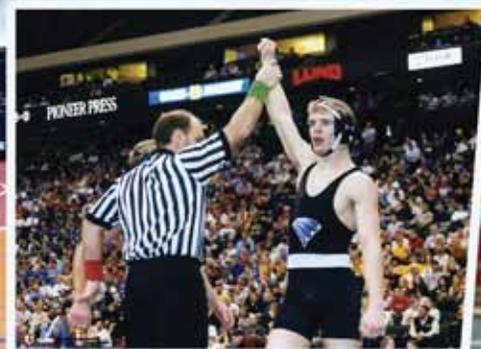
**Steve Davis - 2001**  
4th Place - 119 lbs.



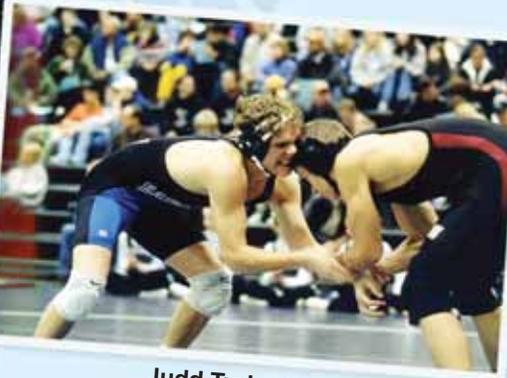
**Mikey Fornicoia - 2002**  
6th Place - 130 lbs.



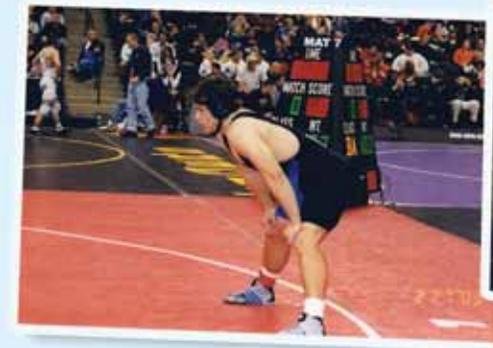
**Nate Kocer - 2003**  
6th Place - 189 lbs.



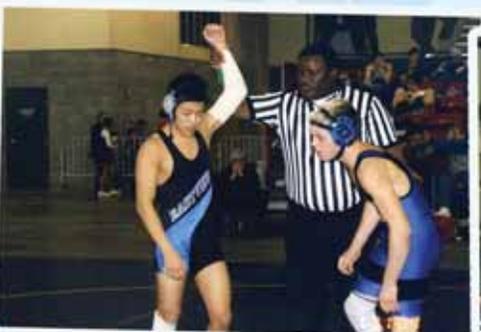
**John Getzke - 2003**  
5th Place - 152 lbs.



**Judd Turk - 2003**  
State Qualifier - 140 lbs.



**James Voyles - 2003**  
State Qualifier - 215 lbs.



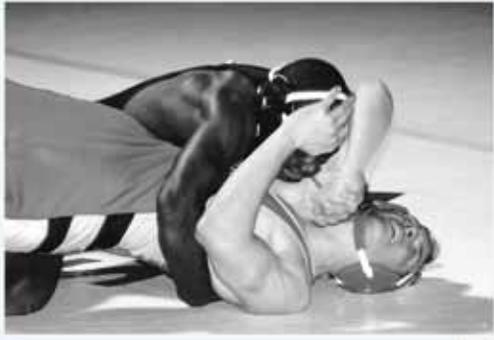
**Pat Dea - 2004**  
State Qualifier - 125 lbs.



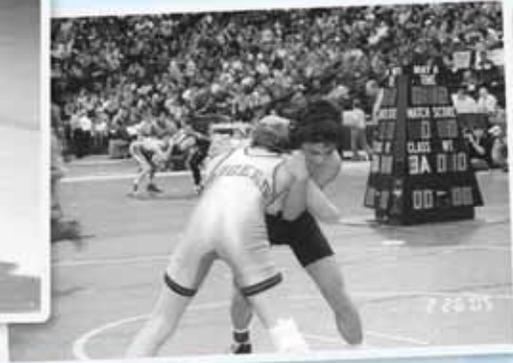
**RYAN LANGLAIS - 2004**  
BX STATE QUALIFIER - 160 LB

**Ryan Langlais - 2004**  
State Qualifier - 160 lbs.

# Eastview State Qualifiers



**John Makabe - 2005**  
State Qualifier - 152 lbs.



**Minh Huynh - 2005**  
4th Place - 103 lbs.



**Ryan Ruckdashel - 2005**  
State Qualifier - 285 lbs.



**Chad Eul - 2006**  
State Qualifier - 215 lbs.



**JAKE NELSON - 130 LBS**  
STATE QUALIFIER - 2007

**Jake Nelson - 2007**  
State Qualifier - 130 lbs.

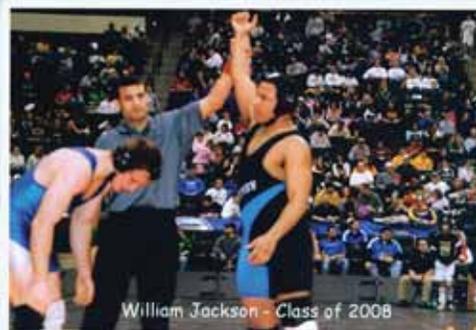


**DAN GETZKE - 171 LBS**  
2X STATE QUALIFIER - 2007

**Dan Getzke - 2007**  
State Qualifier - 171 lbs.



**Nels Pederson - 2009**  
State Qualifier - 152 lbs.



**Will Jackson - 2008**  
4th Place - 215 lbs.



**Dijon Sanders - 2009**  
State Qualifier - 285 lbs.



**Mitch Rechtzigel - 2012**  
2nd Place - 160 lbs.



**BJ Groskreutz - 2012**  
State Qualifier - 130 lbs.

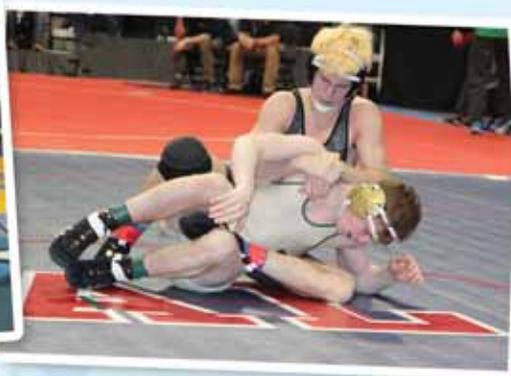


**Jacob Rukavina - 2014**  
3rd Place - 160 lbs.

# Eastview State Qualifiers



**Nick Pegelow - 2014**  
State Qualifier - 195 lbs.



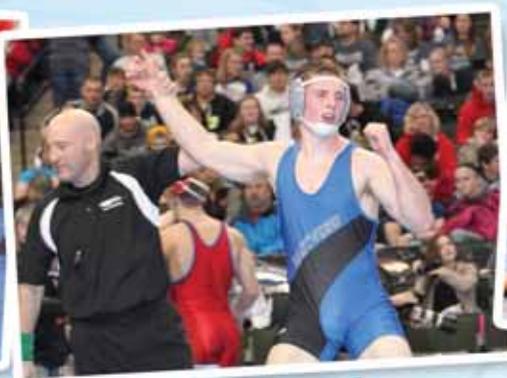
**Casey Dravis - 2015**  
State Qualifier - 145 lbs.



**Tom Delich - 2015**  
State Qualifier - 220 lbs.



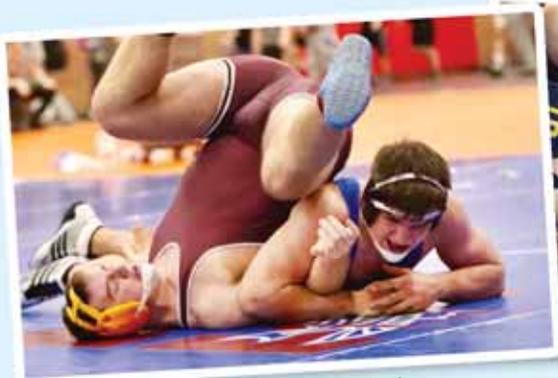
**George Farmah**  
2014 - 2nd Place - 126 lbs.  
2015 - 2nd Place - 126 lbs.



**Luke Dodd - 2015**  
2nd Place - 182 lbs.



**Tim Duffy - 2015**  
5th Place - 285 lbs.



**Dane McDevitt - 2016**  
State Qualifier - 220 lbs.



**Collin Dolejs - 2016**  
State Qualifier - 170 lbs.



**Mike Delich**  
2016 - 4th Place - 195 lbs.  
2017 - 3rd Place - 195 lbs.

**Alex Lindstrom**  
2016 - 5th Place - 160 lbs.  
2017 - 3rd Place - 170 lbs.



**Peter Swanson - 2018**  
State Qualifier - 170 lbs.



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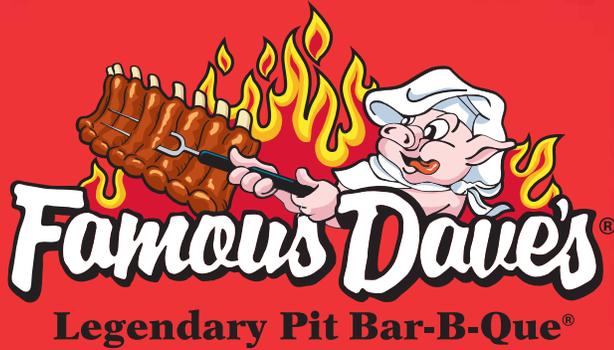
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# Commitment To Excellence

How good do you want to be? If your answer is, “good enough to get by,” than a commitment to excellence is not necessary, but if your completely honest answer is, “the best,” you must make a total commitment to excellence.

Wrestlers are born with varying degrees of natural ability. Sacrifice and a commitment to excellence are required to develop that ability. Time, hard work, continuous practice and repetition all go into the making of a good athlete.

To be a winner you must be willing to make sacrifices. This means maintaining good training habits, getting the proper amount of rest, and eating a balanced diet.

You can be as great as you want to be. If you believe in yourself and have the courage, determination, dedication, competitive drive, and if you are willing to give up the little things in life to accomplish an ultimate goal down the road, you will succeed!

In our years of involvement in athletics, we have seen athletes make a sincere commitment to excellence. They had a burning desire to be not just good, but great. They craved coaching. They wanted to learn a new wrestling move every day. They worked harder than the other wrestlers during the season and they never stopped working in the offseason. They went out of their way to look for tougher competition. Finally, they were stubborn – they refused to settle for anything less than the best.

As a result, each was a big winner. There was no luck or chance involved; these wrestlers worked hard so they would always have an edge when they went into their matches. They knew they would win...and they did.

A commitment to excellence means you must be willing to work hard, to push yourself physically until it hurts. We believe that any wrestler who walks off the mat after a full match and is not physically spent has not worked to his physical potential

If you have a true commitment to excellence you will give up anything that does not help you become better as an athlete or a person. Don't be content with mediocrity- strive to live up to the greatness within you.

**COMMITMENT NIGHT:** This is a night for you to pledge your commitment to excellence in the Eastview Wrestling program. This night will involve activities that encourage you to reflect on your goals and to discuss what it will take to reach those goals. Also, this night will emphasize each wrestler's commitment to the whole team. We depend upon each wrestler to succeed. Your complete commitment is crucial to the success of the team. You deserve to give yourself the best opportunity to succeed. **BE THE BEST YOU CAN BE!**

The great coach Vince Lombardi had this to say about making the commitment to excellence:

*“For the winner there is 100 percent elation, 100 percent laughter, 100 percent fun and for the loser the only thing left is a 100 percent resolution and 100 percent determination. The game, I think, is a great deal like life. Every man makes his own personal commitment toward excellence and toward victory. Although you know ultimate victory can never be completely won, it must be pursued with all of one's might and each week there is a new encounter, each year a new challenge.*

*“I'd like to say that the quality of any man's life is a full measure of that man's personal commitment to excellence and to victory, regardless of what field he may be in.”*

## MAKE A COMMITMENT TO EXCELLENCE!



Commitment Night 2019



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# 2019-2020 Eastview Wrestling



## Eastview Lightning Schedule

DATE	OPPONENT	SITE	TIME
Friday, Dec. 6	Eastview Duals (V-JV)	Eastview	5:00 pm
Saturday, Dec. 7	Eastview (K-8) Tournament	Eastview	9:00 am
Thursday, Dec. 12	Apple Valley	Apple Valley	5:30 pm
Saturday, Dec. 14	Maple Grove Invitational (V-JV)	Maple Grove	10:00 am
Sunday, Dec. 15	Spaghetti Dinner / Silent Auction	Rosemount Legion	4:30 pm
Thursday, Dec. 19	Tartan, Osseo, Roseville (EVAA & Super Fan Night)	Eastview	5:00 pm
Thurs, Dec. 26	G.E.T. Duals (JV-9)	Galesville, WI	TBD
Fri-Sat, Dec. 27-28	Bi-State Classic (V)	La Crosse, WI	9:30 am
Friday, Jan. 3	Mound Westonka, Henry Sibley (Alumni & EWB Family Night)	Eastview	5:00 pm
Friday, Jan. 10	Farmington / Rosemount	Farmington	5:00 pm
Saturday, Jan. 11	Mounds View Duals (V-JV)	Mounds View	9:00 am
Friday, Jan. 17	Prior Lake (Traveling Night)	Eastview	7:00 pm
Saturday, Jan. 18	Lightning Invitational (V-JV)	Eastview	10:15 am
Thursday, Jan. 23	Eagan (Parent-Senior Night)	Eastview	5:30 pm
Friday, Jan. 24	Lakeville South / Burnsville	Rosemount	5:00 pm
Thursday, Jan. 30	Lakeville North	Lakeville North	5:00 pm
Saturday, Feb. 1	Armstrong Team Tournament (V-JV)	Armstrong	9:00 am
Thursday, Feb. 6	Shakopee	Shakopee	7:00 pm
Friday, Feb. 7	Mound-Westonka Invite (V)	Mound Westonka	5:00 pm
Saturday, Feb. 8	South Suburban Invite (JV-9)	Lakeville South	10:00 am
Friday, Feb. 14	Section 2 Team Tournament	Shakopee	4:00 pm
Fri-Sat, Feb. 21-22	Section 2 Individual Tournament	Apple Valley	4:30 / 11:00
Thur-Sat, Feb. 27-29	State Tournament	Xcel Energy	TBD
Sunday, March 15	Wrestling Banquet	Rosemount CC	4:30 pm
Saturday, March 28	Thunderbolts Freestyle Tourney	Eastview	10:00 am
Thursday, July 23	EWB Picnic – Bean Bag Tourney	Blackhawk Park	6:00 pm