
EASTVIEW WRESTLING
SEASON REVIEW
2009-2010



EYE OF THE STORM!



EASTVIEW WRESTLING

TEAM 2010: EYE OF THE STORM!

Congratulations to each of the wrestlers for successfully completing the season. Team 2010's season's motto, "Eye of the Storm", challenged each wrestler to believe in their abilities & fight for each point when competing in the "Eye". At last year's banquet, we said good-bye to 7 quality seniors. The senior class of 2010, a very tight knit group, was determined to raise the bar set by previous teams. Team 2010 committed to several off-season training programs including attending practices at Augsburg, participating in challenging summer training sessions, and traveling to the University of Missouri for team camp. The season was filled with many great team and individual performances for each level and the wrestling program as a whole. The success this year was directly related to the leadership provided by the seniors and the courage of each wrestler competing in the "Eye of the Storm"!

Reflecting on this past season brings back many **positive memories**. Commitment Night led by the captains and seniors allowed each wrestler to come together, build relationships, set goals, and begin making a commitment to the upcoming season. The senior class did a great job leading by example, promoting a solid work ethic, and challenging each wrestler to reach their full potential. Below is a recap of the 2010 season.

The Freshman Team...

- ◆ Had 19 freshmen and 8 middle school wrestlers learn the sport and complete the season.
- ◆ Improved throughout the season, placing 2nd in the section and having 11 wrestlers place at regions.
- ◆ Earned 12 dual meet victories including being consolation champions in the 9th Grade State team tourney.
- ◆ Qualified 3 individuals to the 9th grade State Tournament with one state place winner.
- ◆ Earned 138 match wins, 731 team points, 75 falls, and 199 takedowns.

The Junior Varsity Team...

- ◆ Earned 19 dual meet wins and earned 2nd place honors in the Lake Conference.
- ◆ Competed in the Annual Lake Conference JV Tourney earning 2nd place honors.
- ◆ Earned 35 individual tournament championships.
- ◆ Competed in a varsity tourney at Mound-Westonka, earning 2nd place honors.
- ◆ Earned 422 match wins, 2201 team points, 263 falls, and 623 takedowns.
- ◆ Had 13 wrestlers provide the depth needed to fulfill the varsity team's needs.

The Varsity Team...

- ◆ Was crowned Academic State Champions with a team GPA of 3.88.
- ◆ Earned 21 wins and held sole possession of 2nd place honors in the Lake Conference.
- ◆ Earned Championship honors at the Lightning Invitational and the Burnsville Tournament.
- ◆ Had 8 wrestlers earn All Conference Honorable Mention and 3 earn All Conference Honors.
- ◆ Participated in Super Section 3AAA and had 13 section place winners, 7 earning 3rd place.
- ◆ Had 29 wrestlers get an opportunity to wrestle on varsity with 10 wrestlers earning at least 20 wins.
- ◆ Earned 391 match wins, 1781 team points, 168 falls, and 685 takedowns.

The **Class of 2010** includes 13 highly dedicated wrestlers who were very successful in the "Eye of the Storm"! The senior class will leave having earned more wins (442), more falls (182), and more team points (1,995) than any other senior class in Eastview History. To each of the seniors, we thank you for your hard work, commitment, and your ability to achieve things nobody would have believed. We wish you the best of luck in your future endeavors and we hope that the Lightning Pride you developed over the past 4 years stays with you forever.

The **Future of Eastview Wrestling** is completely dependent on those committed to the program. There are some things we can control. There are some things we cannot. I believe that one hundred percent of the energy **MUST** be invested in the things that we can control. *Can we make a bigger Commitment, Can we Work Smarter, and Can we put forth more Effort?* There are enough people within the program that can answer each question with a YES! With that being said, those people must make the sacrifices necessary and aggressively attack each of the challenges faced. The **Coaching Staff, Administration, Parents, and Wrestlers** must lead the way and continue to make the improvements needed to the overall program. I encourage everyone to live within our "Dreams" versus living in our "Fears". As we work together, I truly believe Eastview Wrestling can continue to be a program that can call themselves **CHAMPIONS!**

Coach Habeck



Eastview Wrestling

Captains: Cody Groskreutz & Nels Pederson

2009-2010 Season

EIGHTH GRADE

RUKAVINA, JACOB

FRESHMAN

BACKUS, MICHAEL
BIRKINS, GRIFFIN
BOSCHWITZ, JUSTIN
COLE, TOMMY
DAVIS, RICO
GIBSON, WILL
GONZALEZ, ANTHONY
GUY, JABRI
LANG, MARSHALL
LENZ, JONATHAN
MAKO, PATRICK
METZ, VINCE
MUNOS, ANTHONY
PENDERS, JACK
PHOMPHACKDY, DAVID
SCHUMANN, KYLE
SKAHEN, KENDALL
WATSON, JON
WITCHER, MYLES

SOPHOMORES

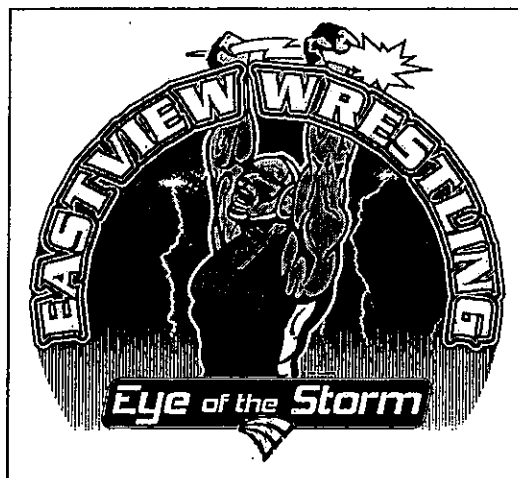
BECHLY, CHRIS
COLE, BRENDAN
FOREMAN, ADAM
GARCIA, EDGAR
GROSKREUTZ, BJ
GROSKREUTZ, LEVI
GROSKREUTZ, ZAC
HENNING, MATT
HOGAN, BRAD
HOWARD, GREG
LADD, MATTEW
LAWRENCE, BILLY
MATSUHASHI, KAI
RECHTZIGEL, MITCH
ZELENAK, NICK
ZELENAK, NICK

JUNIORS

ALLEN, LUCAS
BECKER, DEREK
BLAKE, JOSH
EHRESMANN, ERIK
ENGELMANN, LUKAS
GOTTWIG, QUINCY
HANNAN, JAKE
HUMPHRIES, JORDAN
LESCH, JACK
MITCHELL, ALEX
SCHLIESMAN, MIKE
SCHMITZ, BEN
SHAW, MARCUS

SENIORS

BROWN, CARL
DODD, NICK
GROSKREUTZ, CODY
JOHNSON, ALEC
NGUYEN, PETER
PEDERSON, NELS
PHOMPHACKDY, STEVEN
SCHLIESMAN, DJ
SCOTT, JOEY
TASCHNER, NICK
TEAGARDEN, ALEC
WEINBERG, JOSH
WIETECHA, ROB



PRINCIPAL

Dr. Randall Peterson

Athletic Director

Matt Percival

Coaches

Kurt Habeck
Nick Fornicoia
Todd Frost
Travis Lee
Kyle Rasmussen
Josh Nelson
Jarred Mccarthy
Dean Stockwell
Brad Okonek
Chad Eul
Dan Trewin

Nickname

Lightning

School Colors

Black, Blue, Silver, White

Varsity Managers

Brooke Larson
Sara Olson
Caitlin Scott

JV Managers

Megan Auren
Laquana Carpenter
Alicia Patrick
Tony Metz
Sara Boese
Vernonica Elling

Freshman Managers

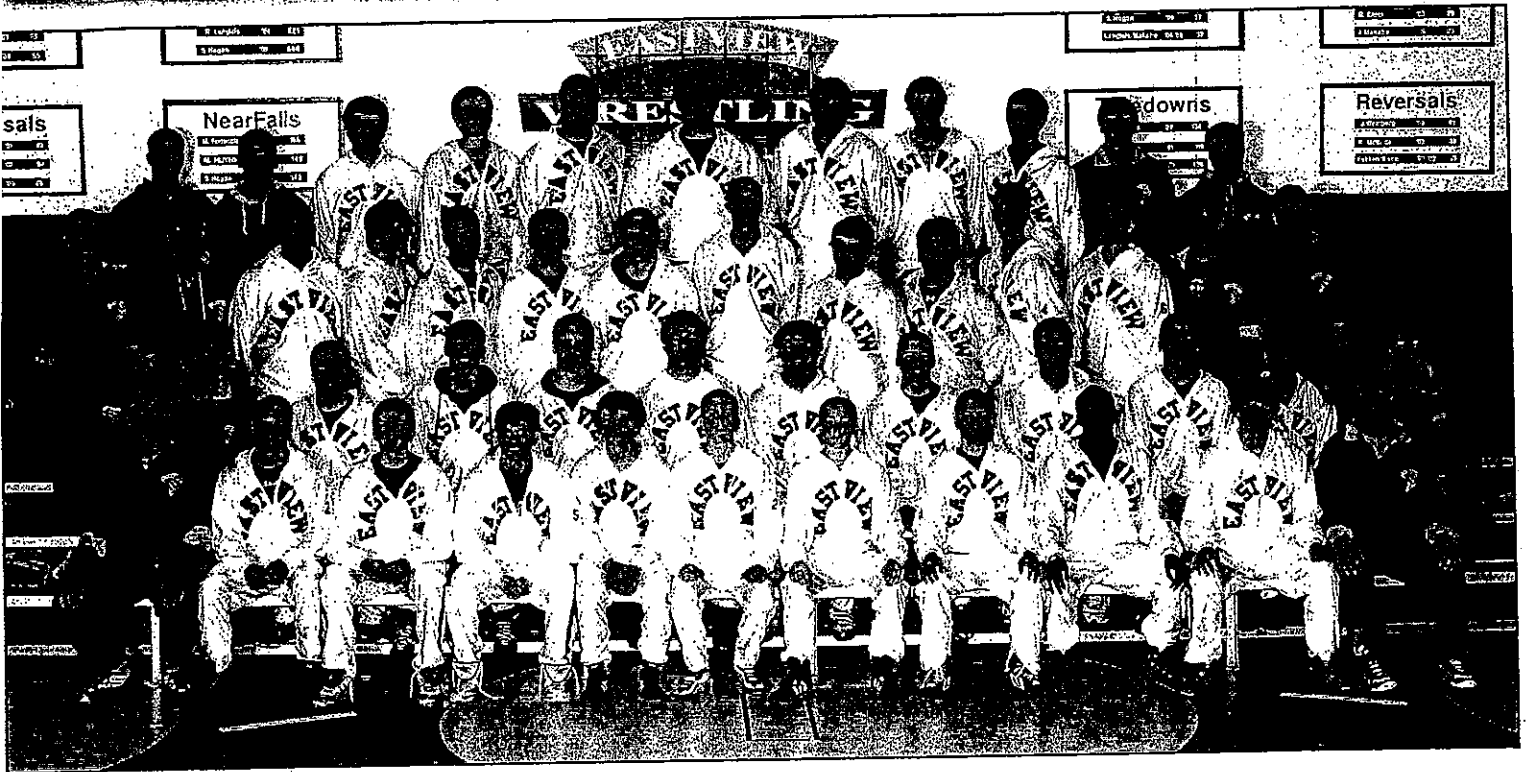
Derek Dravis
Gretta Morrissey

Conference

Lake

Section

3AAA



Eye of the Storm

Each year the seniors and captains, along with the coaches, pick a season motto that represents the thoughts and desires of the current team. This year, we picked the motto: Eye of the Storm.

We asked the wrestlers to identify what "Eye of the Storm" means to them. Here are some of their responses:

- Keep calm and focused before a match. Chris Bechly
- Bringing the storm on the mat. BJ Groskreutz
- Leading by example on the mat. Ben Schmitz
- Always keep your eye on the storm and bring it to the mat. Jose Cabrera
- We are the storm and we will strike you with lightning. Kai Matsuhashi
- Be calm and wild at the same time. Lukas Englemann
- To always be in control of a situation. Erik Ehresmann
- Working hard through the storm to get to the eye. Jonathan Lenz
- Eyes on the prize. Peter Nguyen
- Control the Storm, match. Brad Hogan
- Preparing ourselves and being ready to go. Alec Teagarden
- Be relentless on the mat. Nick Dodd
- Unleash fury like a storm during matches. Rob Wietecha
- To keep your eyes on the victory. Jake Hannan
- The eye is focused, calm, and determined as it brings its wrath. Alec Johnson

The "Eye" is clearly identified as the time we are on the mat wrestling. We need to be prepared, focused, and aggressive when we step in the Eye.

In order to be prepared, focused, and aggressive we have to endure the whirlwind of practice. During practices, wrestlers experience a tornado of activities designed to prepare them for maximized performance in the eye/on the mat. They will encounter sprints, push-ups, live wrestling, jumping rope, weight training, long distance running, situational wrestling, repetitive drilling, and much, much more. If these activities are done right, the wrestlers will be ready to succeed in the Eye.

The only things we can control are our attitude and effort everyday. If we have a positive attitude and give 100% effort everyday, we will be successful in the Eye of The Storm!

TEAM 2010 RECOGNITION

LETTER WINNERS

Jacob Rukavina	EV			
Anthony Munos	EV	EV		
Chris Bechly	EV			
Brendan Cole	EV			
Adam Foreman	EV			
BJ Groskreutz	EV	EV		
Levi Groskreutz	EV			
Zac Groskreutz	EV			
Matt Henning	EV			
Brad Hogan	EV	EV	EV	
Greg Howard	EV			
Mathew Ladd	EV			
Billy Lawrence	EV			
Kai Matsushashi	EV			
Mitch Rechtzigel	EV	EV	EV	
Nick Zelenak	EV			
Lucas Allen	EV	EV		
Josh Blake	EV			
Erik Ehresmann	EV	EV		
Quincy Gottwig	EV			
Jake Hannan	EV	EV		
Jordan Humphries	EV	EV		
Jack Lesch	EV	EV		
Mike Schliesman	EV			
Ben Schmitz	EV	EV		
Carl Brown	EV	EV		
Nick Dodd	EV	EV	EV	
Cody Groskreutz	EV	EV	EV	EV
Alec Johnson	EV	EV	EV	
Peter Nguyen	EV	EV	EV	
Nels Pederson	EV	EV	EV	
Steven Phomphackdy	EV	EV	EV	
DJ Schliesman	EV	EV	EV	
Joey Scott	EV	EV	EV	
Alec Teagarden	EV	EV	EV	
Josh Weinberg	EV	EV	EV	
Rob Wietecha	EV	EV	EV	

ALL CONFERENCE

Mitch Rechtzigel
Nels Pederson
Josh Weinberg

ALL CONFERENCE

HONORABLE MENTION

BJ Groskreutz
Peter Nguyen
Steven Phomphackdy
Brad Hogan
Nick Dodd
Cody Groskreutz
Joey Scott
Erik Ehresmann

LAKE CONFERENCE RECORDS

Apple Valley	9-0
Eastview	8-1
Eden Prairie	7-2
Bloomington	6-3
Eagan	4-5
Chaska/Chanhassen	3-6
Lakeville South	3-6
Rosemount	3-6
Burnsville	2-7
Lakeville North	0-9

MANAGERS

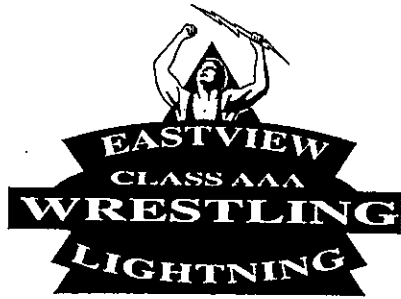
Brooke Larson	EV	EV	EV
Sara Olson	EV	EV	EV
Caitlin Scott	EV	EV	EV
Tony Metz	EV		
Alicia Patrick	EV		
Laquana Carpenter	EV		
Megan Auren	EV		

MN STATE ACADEMIC CHAMPIONS

EASTVIEW WRESTLING
3.88 GPA



John Rodin Service Award



*In memory of John Rodin
and his life long commitment
to the sport of wrestling.*

This award winner is a person who has shown great commitment to the Eastview Wrestling program as well as to the youth programs in the Eastview Community.

Brad Okonek
1998

Ben Foertsch
2004

2010

Brad Okonek
1999

Dante Hendricks
2005

Andrew Lenertz
2000

Pat Cox
2006

John Getzke
2001

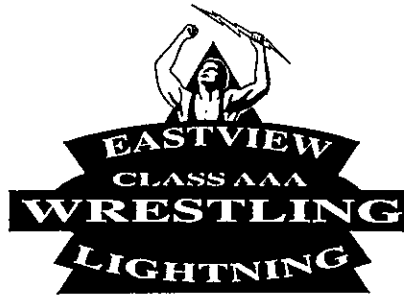
Joey Scott
2007

Cory Wagner
2002

Nick Dodd
2008

Cory Wagner
2003

Peter Nguyen
2009



Wrestling Manager Hall of Fame

Each wrestling manager inductee has successfully graduated from Eastview High School and demonstrated a tremendous commitment and work ethic to the sport and to the Eastview Wrestling program.

Erinn Roos
Class of 2000

Sara Olson
Class of 2010

Rachel Davis
Class of 2001

Kari Okonek
Class of 2003

Ashley Langlais
Class of 2006

Libby Carroll
Class of 2009

Brooke Larson
Class of 2010

Eastview Wrestling Season Awards – 2010

3-D Club Membership

Jacob Rukavina	Anthony Munos
Chris Bechly	BJ Groskreutz
Matt Henning	Brad Hogan
Mitch Rechtzigel	Lucas Allen
Erik Ehresmann	Lukas Engelmann
Ben Schmitz	Nick Dodd
Cody Groskreutz	Peter Nguyen
Nels Pederson	DJ Schliesman
Steven Phomphackdy	

Academic Club – Gold (3.6-4.0)

Jacob Rukavina	Justin Boschwitz
Tommy Cole	Jonathan Lenz
Patrick Mako	Vince Metz
Kyle Schumann	Chris Bechly
Adam Foreman	BJ Groskreutz
Brad Hogan	Greg Howard
Mathew Ladd	Kai Matsuhashi
Mitch Rechtzigel	Lucas Allen
Quincy Gottwig	Ben Schmitz
Carl Brown	Nick Dodd
Cody Groskreutz	Peter Nguyen
Nels Pederson	Alec Teagarden
Rob Wietecha	Megan Auren
Vernonica Elling	Caitlin Scott
Sara Olson	

Freshman 3-D Club Membership

Jonathan Lenz	Patrick Mako
Vince Metz	Jack Penders
David Phomphackdy	Jon Watson
Myles Witcher	

Academic Club – Silver (3.0-3.59)

Michael Backus	Griffin Birkins
Anthony Gonzalez	Jack Penders
Kendall Skahen	Brendan Cole
Zac Groskreutz	Matt Henning
Billy Lawrence	Derek Becker
Erik Ehresmann	Lukas Engelmann
Jake Hannan	Alex Mitchell
Mike Schliesman	DJ Schliesman
Joey Scott	Nick Taschner
Derek Dravis	Gretta Morrissey
Laquana Carpenter	Tony Metz
Sara Boese	Broke Larson

Most Falls

V – N. Dodd, P. Nguyen, J. Rukavina – 15
 JV – Lucas Allen, Brendan Cole – 13
 9th – Anthony Munos – 10

Most Takedowns

V – Mitch Rechtzigel – 89
 JV – Alec Teagarden – 45
 9th – Jabri Guy, Anthony Munos – 28

Most Team Points

V – Nels Pederson – 154
 JV – Brendan Cole – 112
 9th – Anthony Munos – 81

John Rodin Service Award

Most Valuable Varsity Wrestler of the Year _____

Most Valuable Junior Varsity Wrestler of the Year _____

Most Valuable Freshman Wrestler of the Year _____

Most Improved Wrestler of the Year _____

Scholar Athlete Award _____

Lightning Award _____

Junior Varsity – Varsity Drill Partner Award _____

Freshman Drill Partner Award _____

Most Improved Freshman Wrestler of the Year _____

2009 – 2010 STATISTIC LEADERS

	VARSITY		JUNIOR VARSITY		FRESHMAN	
WINS	Nels Pederson	34	Carl Brown	21	Jabri Guy	15
	Mitch Rechtzigel	33	Lucas Allen	20	Anthony Munos	15
	Josh Weinberg	32	Brendan Cole	20	Jonathan Lenz	12
FALLS	Nick Dodd	15	Lucas Allen	13	Anthony Munos	10
	Peter Nguyen	15	Brendan Cole	13	Marshall Lang	7
	Jacob Rukavina	15	Alec Johnson	12	Michael Backus	6
			Jack Lesch	12	Kyle Schumann	6
TEAM POINTS	Nels Pederson	154	Brendan Cole	112	Anthony Munos	81
	Josh Weinberg	151	Carl Brown	111	Jabri Guy	74
	Peter Nguyen	146	Lucas Allen	105	Kyle Schumann	60
TAKEDOWNS	Mitch Rechtzigel	89	Alec Teagarden	45	Jabri Guy	28
	Nels Pederson	81	Derek Becker	34	Anthony Munos	28
	Brad Hogan	74	Zac Groskreutz	33	Jonathan Lenz	15
					Myles Witcher	15
NEAR FALLS	Josh Weinberg	73	Zac Groskreutz	24	Anthony Munos	16
	Peter Nguyen	28	Lucas Allen	19	Jabri Guy	10
	Mitch Rechtzigel	24	Alec Johnson	19	Anthony Gonzalez	9
			Jack Lesch	19	Vince Metz	9
REVERSALS	Josh Weinberg	41	Marcus Shaw	20	Anthony Munos	7
	BJ Groskreutz	23	Zac Groskreutz	17	Jonathan Lenz	6
	Nick Dodd	20	Brendan Cole	14	Jabri Guy	4
					Jack Penders	4
				Myles Witcher	4	



Varsity Tournament Results

Team Tournaments

Eastview Duals -- 2nd Place

1 st	Simley	4 th	Stillwater
2 nd	Eastview	5 th	St. Paul Central
3 rd	Spring Lake Park		

Armstrong Tournament -- 3rd Place

1 st	Apple Valley	Armstrong	Goodhue
2 nd	Owatonna	Faribault	Osseo
3 rd	Eastview	Woodbury	Fridley
4 th	Maple Grove	Mankato West	

Individual Tournaments

Bi-State Classic

8th out of 56 Teams

103	Jacob Rukavina (3-2)	DNP	135	Anthony Munos (0-2)	DNP	171	Josh Weinberg (3-4)	12 TH
112	Chris Bechly (3-2)	DNP	140	Mitch Rechtzigel (4-2)	9 TH	189	Joey Scott (7-2)	9 TH
119	BJ Groskreutz (1-2)	DNP	145	Nick Dodd (4-1)	DNP	215	Erik Ehresmann (4-3)	11 TH
125	S.Phomphackdy (3-2)	DNP	152	Cody Groskreutz (5-3)	11 TH	235	Tom Hensley (5-2)	9 TH
130	Peter Nguyen (5-3)	11 TH	160	Nels Pederson (4-1)	2 ND			

Division 1		Division 2		Division 3	
1. Wisconsin Rapids	525.5	1. Ellsworth	226.5	1. New Lisbon	200.0
2. Hudson	255.5	2. River Valley	208.0	2. DeSoto	162.5
3. Bloomington Kennedy	242.5	3. Adams Friendship	144.0	3. Stratford	155.5
4. Hartland Arrowhead	241.5	4. Viroqua	120.0	4. Westby	136.5
5. Eastview	193.0	5. Nekoosa/Port Edwards	118.0	5. Weston/Ithaca	117.5
6. Marshfield	193.0	6. Cuba City/South Western	107.5	6. Cashton	85.5
7. Lakeville South	174.0	7. Black River Falls	98.0	7. Athens	80.0
8. Fond du lac	172.0	8. Monroe	93.5	8. Riverdale	80.0
9. Holmen	161.0	9. Prairie Du Chien	89.0	9. Lancaster	76.0
10. DC Everest	157.0	10. Belmont/Platteville	71.0	10. Hillsboro	74.5
11. Tomah	152.5	11. La Crescent	54.0	11. Arcadia	74.0
12. South Saint Paul	135.0	12. West Salem/Bangor	52.0	12. Auburndale	73.5
13. La Crosse Central	130.0	13. Dodgeville	39.0	13. Shell Lake	64.0
14. New Richmond	128.0	14. Mauston	35.5	14. Boscobel	60.0
15. Verona	100.0	15. Richland Center	29.5	15. Kickapoo/LaFarge	60.0
16. Middleton	82.5			16. Aquinas	33.0
17. Baraboo	76.0			17. Loyal	30.0
18. Portage	76.0			18. Royall	26.0
19. La Crosse Logan	68.0			19. North Crawford/Seneca	21.0
20. Mt Horeb/Barneveld	62.5			20. Independence/Gilmanton	18.0
21. Cudahy/St Francis	42.0				

Burnsville Invitational 1st Place

1 st	233.5	Eastview	6 th	121	Mounds View
2 nd	187	Wayzata	7 th	115	Cumberland, WI
3 rd	161.5	Eagan	8 th	65	Champlin Park
4 th	160	Burnsville	9 th	38	Highland Park
5 th	145	Faribault	10 th	30.5	Mpls Southwest

103	Jacob Rukavina	3 rd	135	Brad Hogan	1 st	171	Josh Weinberg	1 st
112	Chris Bechly	5 th	140	Mitch Rechtzigel	1 st	189	Joey Scott	4 th
119	BJ Groskreutz	4 th	145	Nick Dodd	3 rd	215	Erik Ehresmann	4 th
125	Peter Nguyen	1 st	152	Cody Groskreutz	4 th	285	Tom Hensley	2 nd
130	Steve Phompachdy	DNP	160	Nels Pederson	1 st			

Eastview Invitational 1st Place

1 st	206.5	Eastview	7 th	118.0	Faribault
2 nd	152.5	Scott West	8 th	84.0	Farmington
3 rd	150.5	Maple Grove	9 th	55.0	Mpls South
4 th	145.0	River Falls	10 th	54.0	Triton
5 th	142.5	Rosemount	11 th	21.5	Mpls Southwest
6 th	132.0	Coon Rapids	12 th	13.5	Mpls North Community

103	Jacob Rukavina	4 th	135	Mitch Rechtzigel	2 nd	171	Josh Weinberg Josh Blake	1 st DNP
112	Chris Bechly	DNP	140	Nick Dodd Lucas Allen	4 th DNP	189	Joey Scott	4 th
119	BJ Groskreutz	6 th	145	Cody Groskreutz	2 nd	215	Erik Ehresmann	4 th
125	Peter Nguyen S. Phomphackdy	3 rd 6 ^h	152	Alec Johnson	4 th	285	DJ Schliesmann	5 th
130	Brad Hogan Levi Groskreutz	1 st DNP	160	Nels Pederson	2 nd			

Mound-Westonka Invitational 3rd Place

1	187	Waconia	5	109	Saint Paul Como Park
2	185	Hutchinson/Buffalo Lake-Hector	6	88	Mound-Westonka
3	175	Eastview	7	86	Buffalo
4	112	Glencoe-Silver Lake / Lester Prairie			

103	No Entrant		135	Mitch Rechtzigel	3 rd	171	Josh Weinberg Josh Blake	1 st 4 th
112	No Entrant		140	Lucas Allen	4 th	189	Rob Wietecha	2 nd
119	No Entrant		145	Alec Teagarden	3 rd	215	DJ Schliesman	2 nd
125	Steven Phomphackdy	2 nd	152	Alec Johnson Ben Schmitz	2 nd 6 th	285	Carl Brown	5 th
130	Brad Hogan Zach Groskreutz	2 nd 2 nd	160	Nels Pederson	1 st			

3AAA Individual Sections 3rd Place

1	Apple Valley	295	5	Rosemount	106
2	Hastings	197	6	Park	94.5
3	Eastview	176.5	7	Eagan	92
4	Henry Sibley	153	8	Burnsville	85

103	Jacob Rukavina	3 rd	135	Mitch Rechtzigel	3 rd	171	Josh Weinberg	3 rd
112	Chris Bechly	5 th	140	Nick Dodd	3 rd	189	Joey Scott	---
119	BJ Groskreutz	6 th	145	Cody Groskreutz	4 th	215	DJ Schliesman	6 th
125	Peter Nguyen	3 rd	152	Alec Johnson	4 th	285	Erik Ehresmann	4 th
130	Brad Hogan	3 rd	160	Nels Pederson	3 rd			

VARSITY STATISTICS

Wrestler	Win	Loss	T2	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Lucas Allen	3	7	3	12	2	0	0	0	0	2	18
Chris Bechly	17	24	30	18	13	8	5	1	0	7	79
Griffin Birkins	2	0	0	0	0	0	0	0	0	0	12
Josh Blake	2	4	2	5	3	0	1	0	0	0	6
Carl Brown	0	2	0	2	0	0	0	0	0	0	0
Tommy Cole	1	0	1	0	0	0	0	0	0	1	6
Nick Dodd	26	11	28	18	20	6	12	1	0	15	124
Erik Ehresmann	22	20	34	44	7	3	11	2	0	8	92
BJ Groskreutz	15	27	27	27	23	8	9	1	1	8	72
Cody Groskreutz	24	17	56	40	9	6	11	7	0	8	103
Levi Groskreutz	4	3	5	2	0	1	2	1	0	2	22
Zach Groskreutz	3	3	10	6	1	1	5	0	1	1	14
Brad Hogan	26	7	74	27	9	8	12	7	0	8	109
Alec Johnson	16	12	21	49	14	6	11	1	1	11	90
Kai Matsuhashi	1	0	0	0	0	0	0	0	0	0	6
Vince Metz	1	1	1	1	0	0	1	0	0	0	6
Anthony Munos	0	6	2	1	1	0	1	0	0	0	0
Peter Nguyen	29	13	37	32	12	9	19	3	1	14	146
Nels Pederson	34	8	81	18	19	5	13	10	0	13	154
Steven Phomphackdy	18	14	26	24	13	5	8	2	1	3	67
Mitch Rehtzigel	33	8	89	45	12	8	16	7	1	10	138
Jacob Rukavina	21	21	40	8	9	9	8	1	0	15	112
DJ Schliesman	13	19	16	20	10	1	0	0	0	7	63
Ben Schmitz	2	2	2	3	0	1	2	1	0	0	6
Joey Scott	21	15	28	44	6	3	7	2	0	6	89
Alec Teagarden	5	4	9	16	2	0	1	0	0	1	18
Josh Weinberg	32	9	36	23	41	50	23	8	4	10	151
Rob Wietecha	8	4	13	13	4	0	2	0	0	3	33

	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Team Points
Eastview Team Totals	391	268	685	509	237	139	182	55	10	158	1781
Opponents Totals	268	391	673	355	208	129	154	47	13	104	1145

EASTVIEW WRESTLING 2009-2010

EYE OF THE STORM!

TEAM	GOAL	35 Team Points	4 Falls	8 Wins	19 Take-Downs	10 Near-Falls	Won 75% 3 rd Periods	1 or Less Pins	1 or Less Major/TF	Total Goals	Dual Win
ST. PAUL CENTRAL		65	8	12	22/8	18/5	5/0	0	0	8	W 65-6
STILLWATER		50	7	10	17/8	16/6	1/4	3	0	5	W 50-21
SPRING LAKE PARK		52	5	11	24/5	17/3	4/4	0	1	7	W 52-10
SIMLEY		6	0	2	2/39	0/14	1/5	6	3	0	L 6-58
WAYZATA		30	3	6	15/19	6/9	4/6	3	1	1	L 30-34
LAKEVILLE NORTH		53	6	10	20/9	11/5	7/2	2	0	7	W 53-18
NORRHFIELD		37	3	9	16/11	8/7	7/2	2	1	4	W 37-22
ROCHESTER CENTURY		61	5	11	7/9	9/5	2/2	2	1	4	W 61-16
LAKEVILLE SOUTH		45	3	9	16/17	17/8	6/4	2	1	4	W 45-19
CHASKA / CLAMMASSEN		51	5	9	9/15	9/4	1/3	2	1	4	W 51-22
NRIEG		57	7	11	13/7	14/5	3/1	2	1	6	W 57-16
AUSTIN		37	3	9	16/18	11/6	7/1	2	1	5	W 37-22
FARBAULT		48	5	10	18/10	14/5	8/2	1	1	7	W 48-16
PRIOR LAKE		38	2	10	16/6	9/2	5/1	2	0	4	W 38-18
BURNSVILLE		40	5	8	25/16	10/6	4/4	1	2	6	W 40-23
SHAKOPEE		38	2	10	19/10	13/8	8/2	3	1	6	W 38-23
APPLE VALLEY		3	0	1	2/25	1/16	1/4	5	4	0	L 68-3
HENRY SIBLEY		22	2	5	17/24	12/11	2/6	5	1	1	L 43-22
ROSEMOUNT		40	2	9	13/17	11/8	3/3	1	3	4	W 40-21
EAGAN		50	4	11	17/9	7/6	6/1	0	2	5	W 50-11
EDEN PRAIRIE		33	3	7	14/19	7/8	5/4	2	2	1	W 33-29
OSSEO		60	7	12	16/5	17/5	5/3	0	0	6	W 60-6
OWATONNA		6	0	2	6/24	4/19	4/6	3	4	0	L 6-50
GOODHUE		50	6	10	13/5	15/5	4/1	2	0	6	W 50-18
BLOOMINGTON		38	4	8	31/21	14/10	6/2	3	1	7	W 38-28
EAGAN		37	2	8	13/14	9/7	5/1	2	1	4	W 37-26
APPLE VALLEY		9	1	2	2/28	2/22	2/4	5	4	0	L 9-67

VARSDITY SEASON RECORDS

FALLS

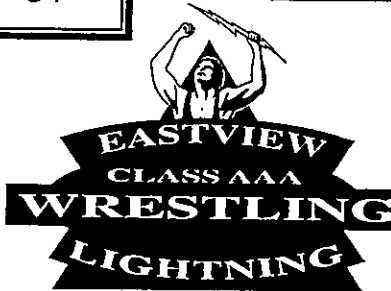
Adam Fokken	'01	28
Nate Kocer	'03	28
John Makabe	'06	23

WINS

Adam Fokken	'01	38
Scott Hogan	'09	37
Ryan Langlais	'04	37
John Makabe	'06	37

TEAM POINTS

Adam Fokken	'01	200
Nate Kocer	'03	199
John Makabe	'06	190



TAKEDOWNS

Ryan Langlais	'04	134
Adam Fokken	'01	119
Chris Shuck	'03	108

NEAR FALLS

Mikey Fornicoia	'02	79
Josh Weinberg	'10	73
Minh Huynh	'05	56

REVERSALS

Josh Weinberg	'10	41
Kevin McBride	'02	38
Adam Fokken	'99	28
Nate Kocer	'02	28

VARSDTY CAREER RECORDS

FALLS

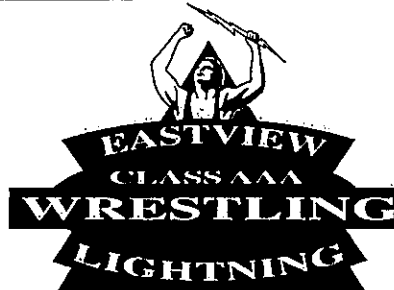
Adam Fokken	'01	83
Scott Hogan	'09	66
Ryan Langlais	'04	55

WINS

Adam Fokken	'01	147
Ryan Langlais	'04	139
Scott Hogan	'09	129

TEAM POINTS

Adam Fokken	'01	727
Ryan Langlais	'04	621
Scott Hogan	'09	606



TAKEDOWNS

Ryan Langlais	'04	449
Adam Fokken	'01	349
Scott Hogan	'09	252

NEAR FALLS

Mikey Fornicoia	'02	166
Minh Huynh	'06	148
Scott Hogan	'09	145

REVERSALS

Adam Fokken	'01	92
Josh Weinberg	'10	87
Mikey Fornicoia	'02	84



**EASTVIEW WRESTLING
JV TEAM RESULTS
2009-2010**

Overall Record: 19 Wins 3 Losses
Conference Record: 8 Wins 1 Losses
2nd Place Lake Conference

Dual Meets

Eastview	48	St. Paul Central	34	Win
	27	Stillwater	51	Loss
	34	Spring Lake Park	33	Win
	19	Simley	52	Loss
	44	Wayzata	27	Win
	60	Lakeville North	18	Win
	54	Northfield	18	Win
	55	Rochester Century	6	Win
	60	Lakeville South	9	Win
	40	Chaska/Chanhasen	15	Win
	33	NRHEG	6	Win
	41	Faribault	12	Win
	48	Austin	18	Win
	50	Prior Lake	27	Win
	54	Burnsville	12	Win
	34	Shakopee	27	Win
	12	Apple Valley	58	Loss
	40	Henry Sibley	33	Win
	40	Rosemount	21	Win
	42	Eagan	24	Win
	54	Eden Prairie	24	Win
	48	Bloomington	27	Win

Individual Tournaments

Burnsville Invitational
No Team Score Kept

135 Zac Groskreutz - Champ	145 Marcus Shaw - 2 nd
140 Lucas Allen - Champ	215 DJ Schliesman - 2 nd
145 Alec Teagarden - Champ	140 Jack Lesch - 3 rd
145 Matt Ladd - Champ	152 Michael Schliesman - 3 rd
152 Ben Schmitz - Champ	152 Quincy Gottwig - 3 rd
152 Greg Howard - Champ	160 Nick Taschner - 3 rd
160 Alec Johnson - Champ	160 Matt Henning - 3 rd
171 Josh Blake - Champ	215 Edgar Garcia - 3 rd
171 Adam Foreman - Champ	285 Jake Hannan - 3 rd
171 Derek Becker - Champ	145 Lukas Engelmann - 4 th
189 Rob Wietecha - Champ	
215 Carl Brown - Champ	

Sparta Scramble**No Team Score Kept**

130	Levi Groskreutz - Champ
130	Anthony Munos - Champ
135	Jack Lesch - Champ
140	Lucas Allen - Champ
145	Lukas Engelmann - Champ
145	Brendan Cole - Champ
152	Billy Lawrence - Champ
152	Marcus Shaw - Champ
171	Josh Blake - Champ
215	DJ Schliesman - Champ
215	Carl Brown - Champ
285	Hussein Yusuf - Champ
135	Zac Groskreutz - 2 nd
140	Nick Zelenak - 2 nd
140	Rico Davis - 2 nd
145	Alex Mitchell - 2 nd
145	Matt Ladd - 2 nd
152	Greg Howard - 2 nd
152	Quincy Gottwig - 2 nd
152	DJ Schultz - 2 nd
160	Jordan Humphries - 2 nd
171	Derek Becker - 2 nd
171	Marshall Lang - 2 nd
189	Edgar Garcia - 2 nd
119	Jack Penders - 3 rd
152	Matt Henning - 3 rd
171	Adam Foreman - 3 rd
285	Michael Backus - 3 rd

Lake Conference JV Tourney**2nd Place - 10 Teams**

189	Rob Wietecha - Champion
130	Levi Groskreutz - 2 nd
140	Lucas Allen - 2 nd
145	Alec Teagarden - 2 nd
171	Josh Blake - 2 nd
135	Anthony Munos - 3 rd
152	Ben Schmitz - 3 rd
160	Jordan Humphries - 3 rd
215	Carl Brown - 3 rd
285	Jake Hannan - 6 th

Team Scores

1 st	Apple Valley	190
2 nd	Eastview	153.5
3 rd	Eagan	128
4 th	Lakeville South	119
5 th	Bloomington	116
6 th	Rosemount	88
7 th	Burnsville	63.5
8 th	Lakeville North	51
9 th	Chaska	47
10 th	Eden Prairie	46

Lightning Invitational**No Team Score Kept**

140	Nick Zelenak - Champ
145	Alec Teagarden - Champ
152	Ben Schmitz - Champ
160	Matt Henning - Champ
171	Derek Becker - Champ
189	Rob Wietecha - Champ
135	Zac Groskreutz - 2 nd
145	Brendan Cole - 2 nd
145	Matt Ladd - 2 nd
145	Marcus Shaw - 2 nd
152	Greg Howard - 2 nd
152	Quincy Gottwig - 2 nd
171	Adam Foreman - 2 nd
215	Carl Brown - 2 nd
215	Edgar Garcia - 2 nd
140	Jack Lesch - 3 rd
145	Lukas Engelmann - 3 rd
152	Billy Lawrence - 3 rd
160	Jordan Humphries - 3 rd
152	Michael Schliesman - 4 th
285	Jake Hannan - 5 th

Armstrong Tourney**No Team Score Kept**

125	Steven Phomphackdy - Champ
140	Alec Teagarden - Champ
145	Brendan Cole - Champ
152	Mick Taschner - Champ
171	Kai Matsushashi - Champ
171	Josh Blake - Champ
135	Zac Groskreutz - 2 nd
140	Lucas Allen - 2 nd
145	Lukas Engelmann - 2 nd
152	Ben Schmitz - 2 nd
152	Greg Howard - 2 nd
152	Billy Lawrence - 2 nd
160	Jordan Humphries - 2 nd
171	Myles Witcher - 2 nd
215	Carl Brown - 2 nd
140	Jack Lesch - 3 rd
145	Matt Ladd - 3 rd
145	Marcus Shaw - 3 rd
152	Michael Schliesman - 3 rd
152	Quincy Gottwig - 3 rd
171	Derek Becker - 3 rd

Lake Conference JV Silver Tourney**No Team Score Kept**

135	Matt Ladd - Champ
152	Lukas Engelmann - Champ
135	Zac Groskreutz - 2 nd
140	Nick Zelenak - 3 rd
152	Greg Howard - 3 rd
171	Adam Foreman - 3 rd
152	Matt Henning - 4 th
135	Jack Lesch - 5 th
152	Michael Schliesman - 5 th
171	Kai Matsushashi - 5 th
125	Anthony Gonzalez - 6 th
160	David Phomphackdy - 6 th

JUNIOR VARSITY STATISTICS

Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Lucas Allen	20	4	27	5	12	4	15	1	1	12	105
Derek Becker	11	8	34	24	5	2	6	3	0	4	51
Griffin Birkins	2	1	1	3	0	1	1	0	0	0	9
Josh Blake	15	3	18	7	3	4	7	0	0	8	79
Carl Brown	21	10	21	9	4	0	4	0	0	9	111
Brendan Cole	20	1	18	11	14	4	11	1	0	13	112
Tommy Cole	2	11	2	6	2	0	2	0	0	0	12
Rico Davis	2	1	4	4	1	0	1	0	0	1	9
Nick Dodd	1	0	1	0	0	0	0	0	0	1	6
Lukas Engelmann	14	6	20	10	10	5	2	0	0	9	72
Adam Foreman	12	9	15	11	2	7	6	0	1	8	65
Edgar Garcia	12	6	11	1	3	2	1	3	0	9	72
Anthony Gonzalez	5	6	4	1	1	1	3	0	0	3	30
Quincy Gottwig	8	5	18	5	5	5	3	1	0	4	37
Levi Groskreutz	13	1	22	7	4	5	9	1	0	9	70
Zach Groskreutz	18	8	33	18	17	14	10	3	0	11	90
Jake Hannan	6	6	6	4	1	0	1	0	0	5	36
Matt Henning	13	5	17	8	8	6	10	3	1	7	68
Greg Howard	19	7	30	12	10	8	4	2	0	10	92
Jordan Humphries	15	8	18	6	13	5	2	0	0	11	81
Alec Johnson	12	0	11	1	7	6	13	0	2	10	71
Mathew Ladd	13	5	14	9	13	10	4	2	0	10	70
Billy Lawrence	10	4	22	16	0	2	4	2	0	4	44.3
Jonathan Lenz	0	1	1	1	0	0	0	0	0	0	0
Jack Lesch	14	6	18	13	13	7	12	0	2	10	76
Patrick Mako	1	1	1	2	0	0	0	0	0	1	6
Kai Matsuhashi	10	7	8	5	5	2	6	2	0	6	53
Vince Metz	9	7	9	2	6	5	4	0	0	7	54
Alex Mitchell	3	1	5	1	2	1	1	0	0	3	18
Anthony Munos	14	2	24	5	7	5	6	1	0	10	74
Jack Penders	3	3	3	5	2	1	0	0	0	2	15
David Phompackdy	0	3	0	0	0	0	0	0	0	0	0
Steven Phompackdy	3	1	4	5	0	3	1	1	0	1	13
DJ Schliesman	5	3	6	3	3	0	2	0	0	4	27
Mike Schliesman	10	6	15	8	10	3	4	1	0	7	52
Ben Schmitz	13	3	18	11	6	3	6	0	1	6	59
Marcus Shaw	9	6	28	14	20	7	6	0	1	6	47
Nick Taschner	5	2	12	5	0	1	1	0	0	4	27
Alec Teagarden	18	1	45	15	5	7	6	2	3	7	83
Rob Wietecha	18	2	25	8	5	5	9	5	1	4	88
Myles Witcher	1	1	1	2	2	0	2	0	0	0	3
Nick Zelenak	13	7	25	5	14	8	6	1	1	7	66

	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Team Points
Eastview Team Totals	422	184	623	294	240	152	194	32	14	249	2201.30
Opponents Totals	184	422	408	272	206	89	100	19	4	84	820.10

JUNIOR VARSITY SEASON RECORDS

FALLS

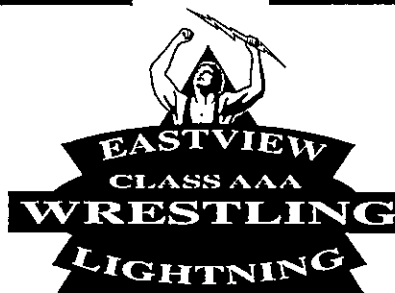
James Pudwill	'06	28
Justin Armstrong	'06	27
Scott Kenning	'06	25

WINS

Andrew Lenertz	'02	31
Tom Chies	'03	30
Fred Hwang	'03	30

TEAM POINTS

Andrew Lenertz	'02	175
James Pudwill	'06	171
Justin Armstrong	'06	165



TAKEDOWNS

Mike Redig	'06	65
Nathaniel Carroll	'05	50
Alec Teagarden	'10	45

NEAR FALLS

Josh Weinberg	'08	46
Kyle Fokken	'02	39
Bryan Okonek	'06	35

REVERSALS

Mike Redig	'06	26
Josh Weinberg	'08	22
Brian Wallenta	'04	22

FRESHMAN RESULTS

2009-2010

Overall Record: 12 Wins 8 Losses

Section Record: 8 Wins 1 Losses

	Eastview	vs		
Section Duals	72	Tartan	6	Win
	52	St. Thomas	12	Win
	Forfeit	Burnsville		Win
	13	Hastings	75	Loss
	66	Richfield	12	Win
	48	Rosemount	40	Win
	45	Eagan	33	Win
	54	Park	22	Win
Non-Conference	0	Apple Valley	75	Loss
Rosemount Duals	33	Hastings	51	Loss
<i>Consolation</i>	47	Eagan	32	Win
<i>Champs</i>	66	Rosemount	24	Win
Eastview Tourney	38	Mound Westonka	42	Loss
	39	New Prague	48	Loss
<i>9th Place</i>	4	Apple Valley	74	Loss
	27	St. Francis	39	Loss
Team State Tournament				
	46	Fergus Falls	27	Win
<i>13th Place</i>	18	Cambridge	60	Loss
	42	Eagan	28	Win
	39	Centennial	38	Win

Individual Tournaments

Burnsville Open

Region 2 Individual Qualifier

State Tourney

Griffin Birkins – 5 th	Griffin Birkins – 5 th	Anthony Munos – 8 th
Anthony Gonzalez – 1 st	Luke Dodd – 4 th	Rico Davis – DNP
Jack Penders – 2 nd	Vince Metz – 6 th	Jabri Guy – DNP
Patrick Mako – 5 th	Anthony Gonzalez – 5 th	
Jonathan Lenz – 2 nd	Anthony Munos – 2 nd	
Rico Davis – 3 rd	Rico Davis – 1 st	
Jabri Guy – 3 rd	Jonathan Lenz – 3 rd	
Justi Boschwitz – 7 th	Jabri Guy – 2 nd	
Will Gibson – 5 th	Myles Witcher – 4 th	
Kyle Schumann – 3 rd	David Phomphackdy – 6 th	
Myles Witcher – 4 th	Michael Backus – 4 th	
Marshall Lang – 2 nd		
David Phomphackdy – 2 nd		
Michael Backus – 1 st		
Jon Watson – 2 nd		

FRESHMAN STATISTICS

Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Michael Backus	8	4	8	2	1	0	1	0	0	6	48
Griffin Birkins	3	9	9	6	3	2	4	0	0	2	16
Justin Boschwitz	2	3	3	0	2	0	0	0	0	2	12
Tommy Cole	5	5	4	7	3	3	2	0	0	3	24
Rico Davis	8	5	10	10	1	0	4	0	0	1	36
Will Gibson	3	4	3	1	1	1	1	0	0	2	18
Anthony Gonzalez	7	5	13	2	2	2	7	0	0	4	37
Jabri Guy	15	5	28	3	4	3	7	0	0	5	74
Marshall Lang	10	4	14	7	3	5	1	0	0	7	51
Jonathan Lenz	12	4	15	7	6	3	1	0	0	4	55
Patrick Mako	3	2	5	0	1	1	0	0	0	3	18
Vince Metz	9	3	6	5	2	2	7	0	0	5	51
Anthony Munos	15	7	28	7	7	8	8	0	2	8	81
Jack Penders	5	7	8	9	4	4	2	0	0	5	30
David Phompackdy	3	10	6	2	1	1	0	0	0	2	18
Kyle Schumann	11	7	13	4	2	1	1	0	0	6	60
Kendall Skahen	9	4	10	4	2	0	1	0	0	2	48
Jon Watson	3	1	1	1	1	0	0	0	0	3	18
Myles Witcher	7	11	15	4	4	3	1	0	0	3	36

	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Team Points
Eastview Team Totals	138	100	199	81	50	39	48	0	2	73	731
Opponents Totals	100	138	169	56	61	47	52	2	3	54	494

FRESHMAN SEASON RECORDS

FALLS

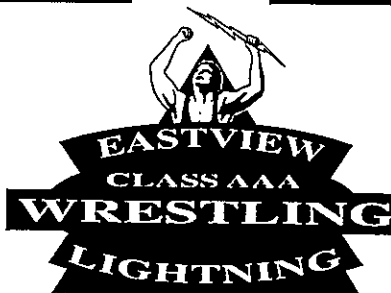
Bona Ku	'01	16
Ty Groskreutz	'06	15
Joey Scott	'07	15

WINS

Bryan Okonek	'05	25
Joey Scott	'07	24
Bryan Lewis	'00	23

TEAM POINTS

Joey Scott	'07	128
Bryan Okonek	'05	118
Troy Fokken	'03	117



TAKEDOWNS

Bryan Lewis	'00	80
Trever Sutherland	'05	68
Bona Ku	'01	61

NEAR FALLS

Nathaniel Carroll	'03	26
Minh Huynh	'03	23
Kyle Fokken	'01	22

REVERSALS

Kyle Fokken	'01	17
Andrew Nelson	'03	15
Nathaniel Carroll	'03	15
Nick Mako	'06	15

WRESTLERS OF THE WEEK

Varsity

Mitch Rechtzigel
Nick Dodd
Levi Groskreutz
Nels Pederson
Peter Nguyen
BJ Groskreutz
Brad Hogan
BJ Groskreutz
Erik Ehresmann
Steven Phomphackdy
Chris Bechly
Josh Weinberg
Rob Wietecha
Cody Groskreutz
Jacob Rukavina

Junior Varsity

Brendan Cole
Edgar Garcia
Lukas Englemann
Lucas Allen
Adam Foreman
Mathew Ladd
Alec Teagarden
Rob Wietecha
Ben Schmitz
Josh Blake
Matt Ladd
Lucas Engelmann

Freshman

Anthony Gonzalez
Kyle Schumann
Kendall Skahen
Rico Davis
Anthony Munos
Luke Dodd
Jonathan Lenz
Rico Davis
Anthony Munos
Jabri Guy
Anthony Munos



Eastview Wrestling

***The time has come, the storm is here.
We are physically tough, we have no fear.***

***Our Commitment to Excellence has us focused and strong.
If we believe in ourselves, we can't go wrong.***

***The Eye of The Storm, it's here it's now!
Let's get on the mat and get ready to wow!***

Entering the Eye of the Storm for the Lightning at:

**103: Rockin' Rukavina 145: Crankin' Cody
Terminatin' Teagarden**

**112: Crankin' Chris 152: Animal Alec
Solid Schmitz**

119: Battlin' B.J. 160: Powerhouse Pederson

**125: Powerful Peter 171: Wreckless Weinberg
Super Steven**

**130: Breakin' em Brad 189: Joltin' Joey
Wrasslin' Wietecha**

135: Maulin' Mitch 215: Airstrike Ehresmann

**140: Dominatin' Dodd HWT: Scrappin' Schliesman
Lightnin' Lucas**

Mighty Munoz Brawny Blake Crafty Carl

***Believe in your training, Believe in your technique
Believe in your teammates, Believe in yourself!
It's time to enter the Eye of The Storm.***

2010 Class AAA Section 3 Team

#1 Apple Valley

Apple Valley

64-3

#8 Park

#5 Egan

Eastview

37-26

#4 Eastview

Apple Valley

67-9

Champion

Apple Valley

52-12

#3 Henry Sibley

Henry Sibley

60-12

#6 Rosemount

Hastings

54-21

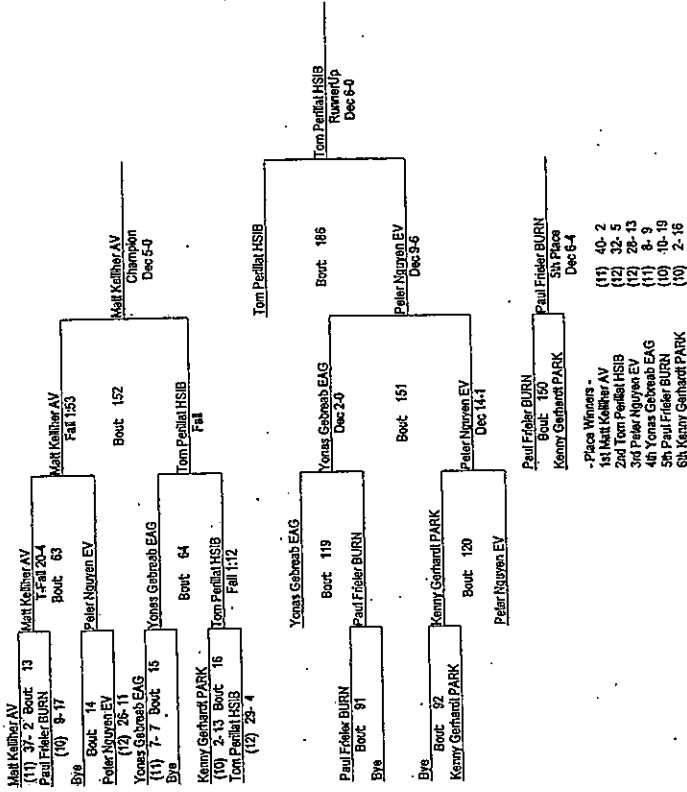
#7 Burnsville

Hastings

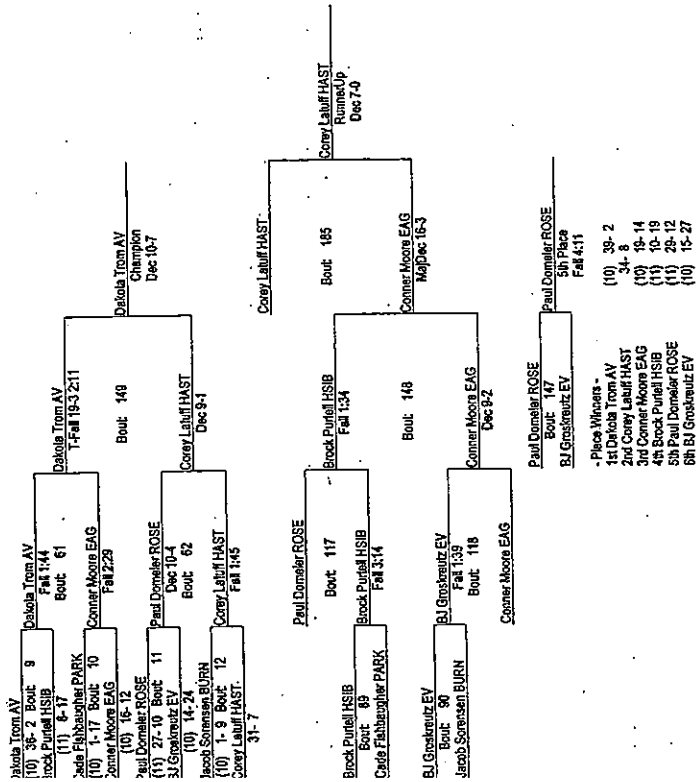
55-19

#2 Hastings

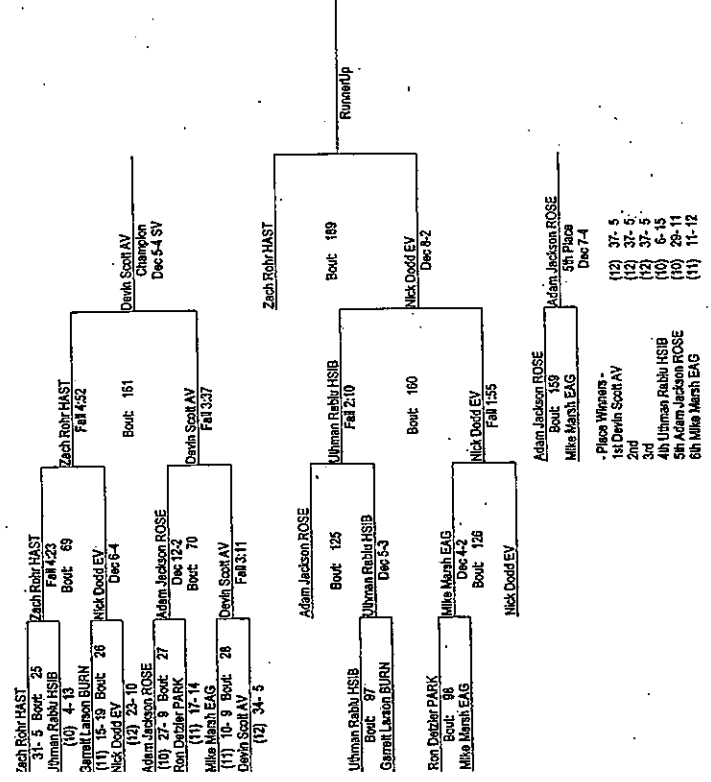
Section AAA Wrestling
2/26-27/2010
125



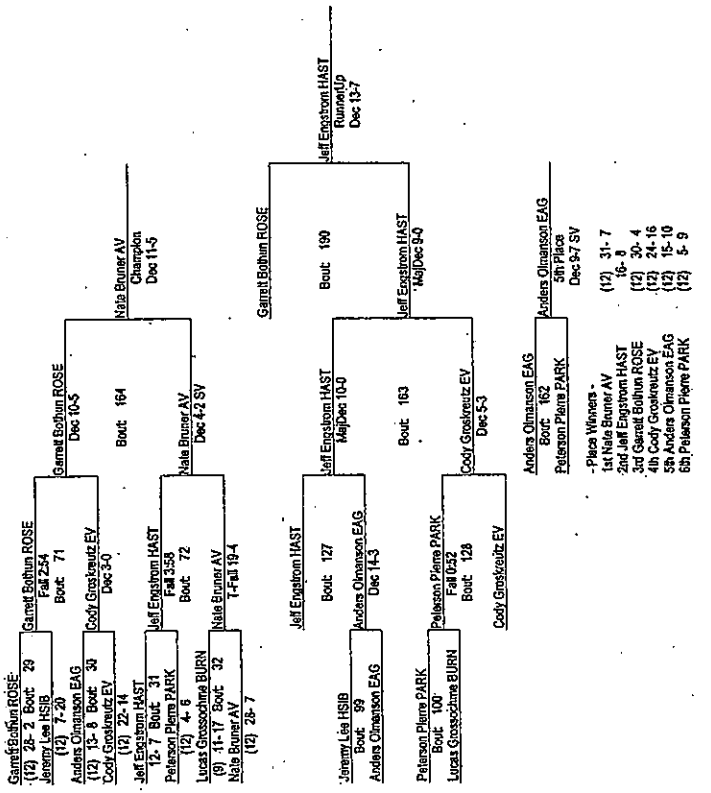
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2/26-27/2010
119



Section AAA Wrestling
2/26-27/2010
140

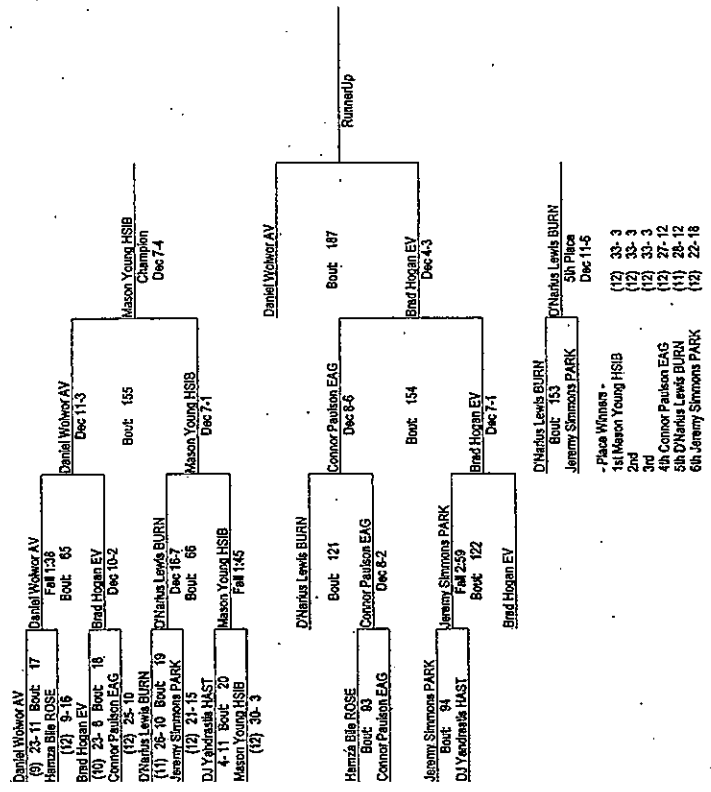


Section AAA Wrestling
2/26-27/2010
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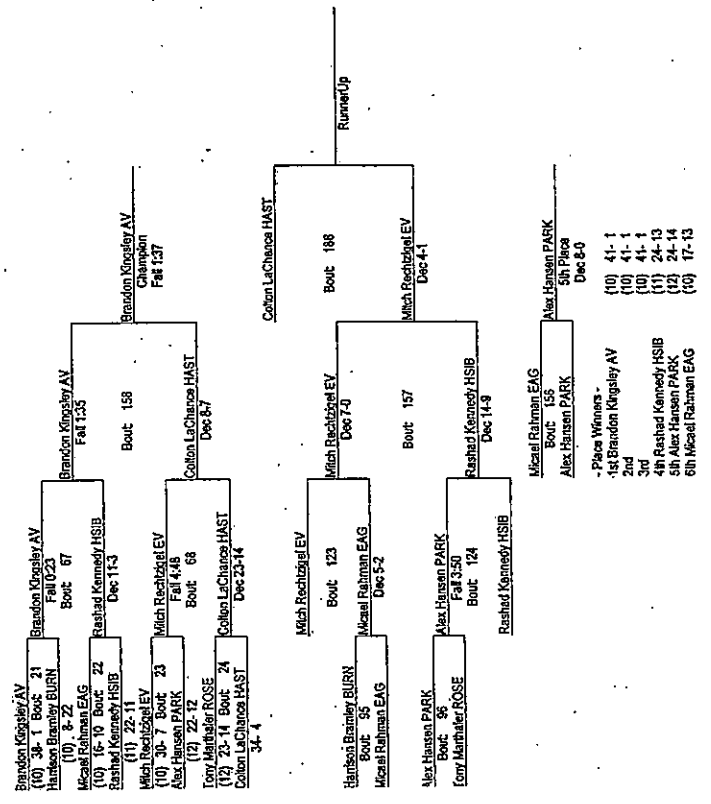
Section AAA Wrestling
2/26-27/2010

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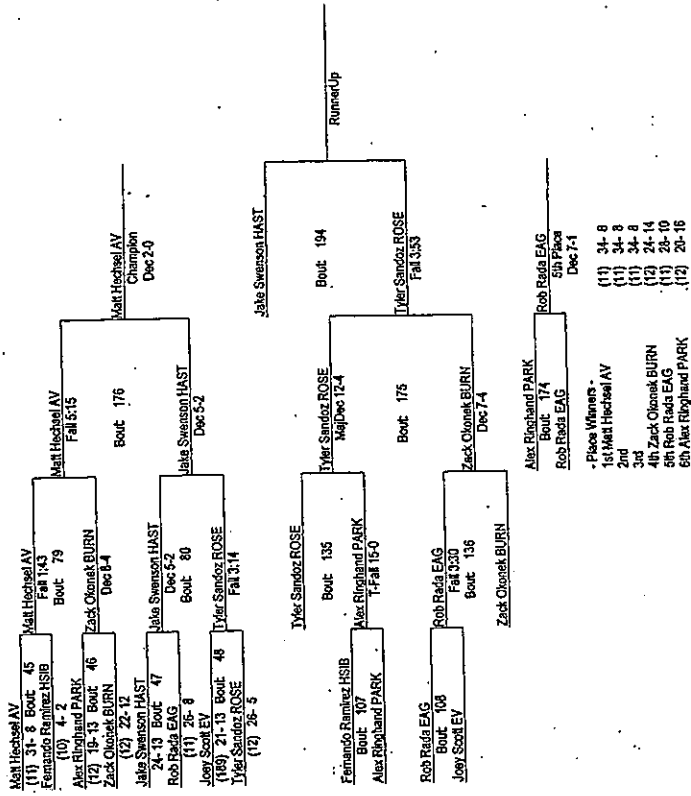


Section AAA Wrestling
2/26-27/2010

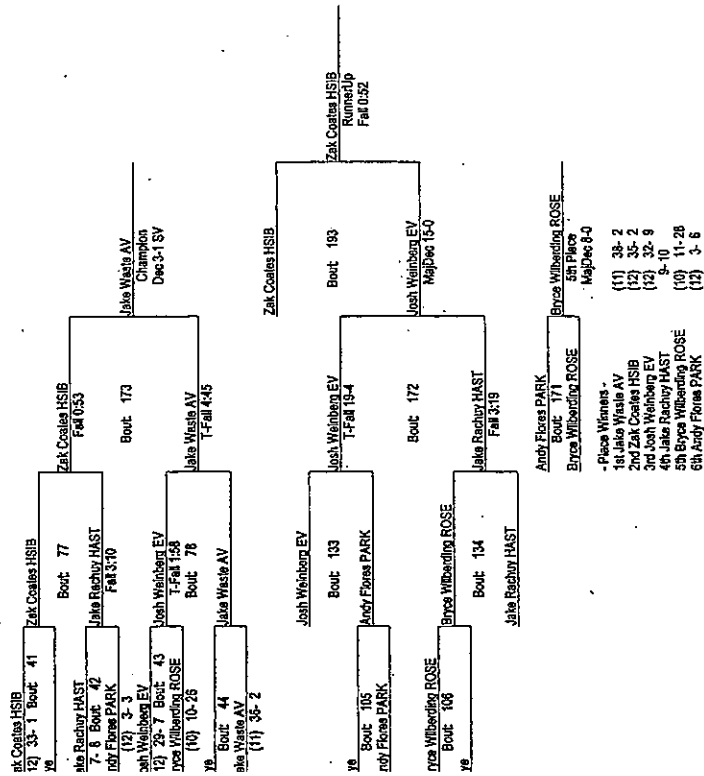
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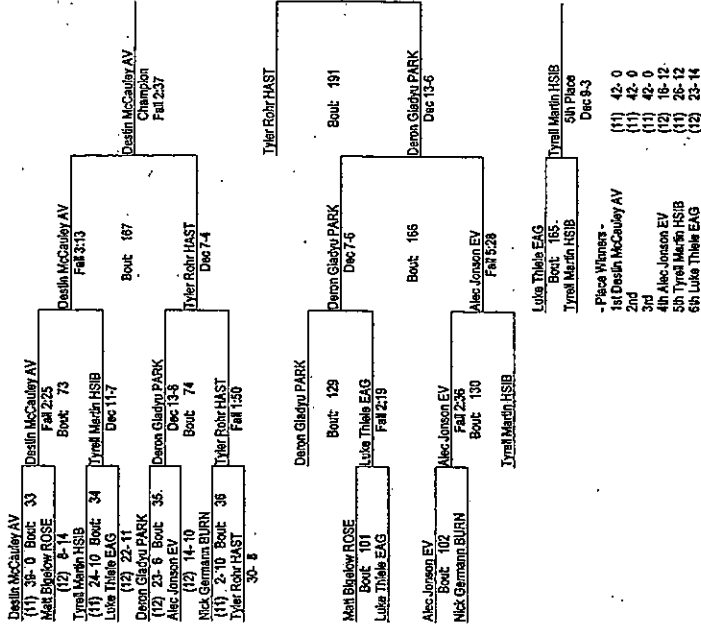
Section AAA Wrestling
2/26-27/2010
189



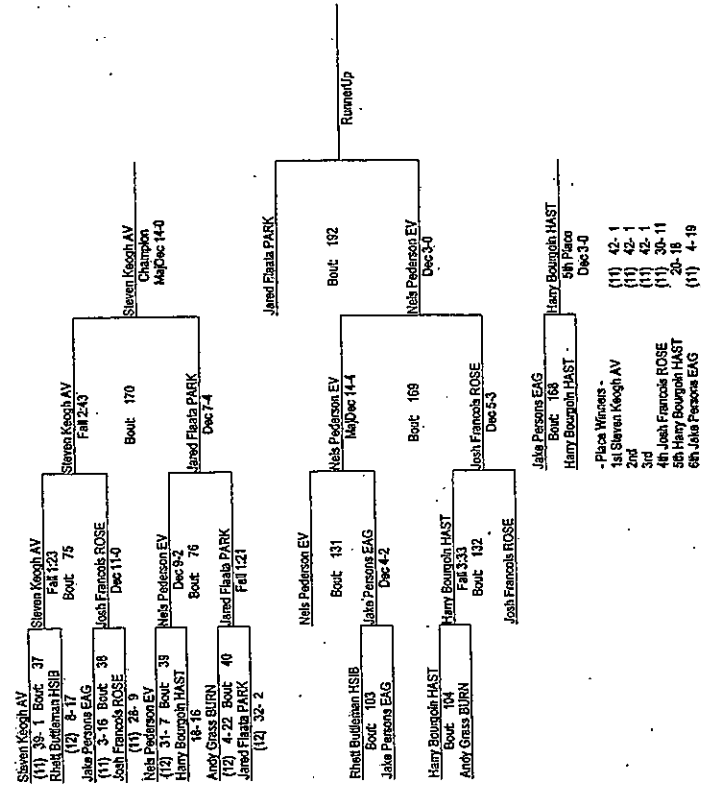
Section AAA Wrestling
2/26-27/2010
171



Section AAA Wrestling
2/26-27/2010
152



Section AAA Wrestling
2/26-27/2010
160



Team Results Class A

Frazee 62 | Frazee 29
 Mille Lacs 12 | Frazee 23
 Zumbrota-Mazeppa 30 | Zumbrota-Mazeppa 18
 Paynesville Area 27 | CHAMPION
 Minnesota 31 | Minnesota 26
 LCNM 30 | JCC 32
 JCC 49 | JCC 28
 Border West 22
 Zumbrota-Mazeppa 21 | THIRD
 Minnesota 28 | Minnesota
 Mille Lacs 21 | Paynesville Area 25
 Paynesville Area 46 | Consolation
 LCNM 38 | LCNM
 Border West 22 | LCNM 33

Team Results Class AA

Foley 53 | Foley 31
 Thief River Falls/Goodridg 18 | Foley 17
 Kasson Mantorville 35 | Kasson Mantorville 17
 Adrian Area 18 | CHAMPION
 Simley 61 | Simley 42
 Totino Grace 6 | Simley 34
 Scott West 25 | Milaca/Faith Christian 14
 Milaca/Faith Christian 32
 Kasson Mantorville 45 | THIRD
 Milaca/Faith Christian 4 | Kasson Mantorville
 Thief River Falls/Goodridg 28 | Adrian Area 37
 Adrian Area 34 | Consolation
 Totino Grace 25 | Adrian Area
 Scott West 36 | Scott West 24

Team Results Class AAA

STMA 56 | STMA 36
 Maple Grové | STMA 12
 Owatonna 52 | Owatonna 14
 Northfield 7 | CHAMPION
 Apple Valley 71 | Apple Valley
 White Bear Lake Area 12 | Apple Valley 54
 Saint Cloud Apollo 31 | Apple Valley
 Eden Prairie 37 | Eden Prairie 10
 Owatonna 43 | THIRD
 Eden Prairie 21 | Owatonna
 Maple Grove 37 | Maple Grove 18
 Northfield 24 | Consolation
 White Bear Lake Area 28 | Saint Cloud Apollo
 Saint Cloud Apollo 44 | Saint Cloud Apollo 47

wrestling results

TEAM FINALS

Class 3A / Championship Apple Valley 54, St. Michael-Albertville 12 • **Third place** Owatonna 43, Eden Prairie 21 • **Consolation** St. Cloud Apollo 47, Maple Grove 18

Class 2A / Championship Simley 34, Foley 17 • **Third place** Kasson-Mantorville 45, Milaca/Faith Christian 4 • **Consolation** Adrian 37, Scott West 24

Class 1A / Championship Jackson County Central 32, Frazee 23 • **Third place** Minnetonka 28, Zumbrota-Mazeppa 21 • **Consolation** Lake Crystal-Wellcome Memorial 33, Paynesville 25

TEAM CHAMPIONSHIP RESULTS

Apple Valley 54, St. Michael-Albertville 12

- 103 pounds: Jordan Kingsley, Apple Valley, dec. Cole Sladek, 9-1.
- 112: Stephan Milicevic, Apple Valley, pinned Lincoln Mallinger, 4:44.
- 119: Dakota Trom, Apple Valley, pinned Wayne Voss, 1:17.
- 125: Matt Kelliher, Apple Valley, pinned Michael Lindquist, 2:36.
- 130: Daniel Wolow, Apple Valley, dec. Tyler Berhow, 12-3.
- 135: Brandon Kingsley, Apple Valley, pinned Kyle Salonek, 1:27.
- 140: Devin Scott, Apple Valley, dec. Jake Lillie, 13-1.
- 145: Nate Bruner, Apple Valley, pinned Ben Horn, 3:03.
- 152: Destin McCauley, Apple Valley, pinned Lucas Martin, 3:13.
- 160: Jordan Campa, St. Michael-Albertville, dec. Steven Keogh, 5-4.
- 171: Jacob Waste, Apple Valley, dec. Shaun Little, 3-2.
- 189: Matthew Hechsel, Apple Valley, dec. Kraig Schumm, 3-2.
- 215: Ryan Kessler, St. Michael-Albertville, dec. Luke Schmidt, 2-0.
- **Hwt:** Parker Betts, St. Michael-Albertville, pinned Zach Martens, 5:44.

Simley 34, Foley 17

- 103 pounds: Kyle Gliva, Simley, dec. Keith Thell, 5-3.
- 112: Juan Torres, Simley, pinned Mitchell Dunlap, 1:00.
- 119: Dylan Wright, Simley, dec. Taylor Rothfork, 5-0.
- 125: Cole Jensen, Simley, dec. Sam Keeler, 5-2.
- 130: Jake Short, Simley, dec. William Sustercich, 11-2.
- 135: Tommy Glenn, Simley, dec. Mark Gehling, 9-4.
- 140: Dan Dick, Simley, dec. Chavez Gobel, 4-2.
- 145: Brandon Seppelt, Foley, dec. Nick Wanzek, 4-2.
- 152: Micah Barnes, Simley, dec. Zachary Jackson, 3-2.
- 160: Kurtis Julson, Simley, dec. Taylor Lewandowski, 6-0.
- 171: Justin Bowland, Simley, dec. Luke Perkerwick, tech. fall, 5:21.
- 189: Eulisses Sanchez, Simley, dec. Matthew Beehler, 7-3.
- 215: Tyler Lewandowski, Foley, dec. Alex LaShomb, 4-3.
- **Hwt:** Jordan Bialke, Foley, pinned Matt Kadrlick, 5:14.

Jackson County Central 32, Frazee 23

- 103 pounds: Trevor Stulke, Frazee, dec. Kyle Edlin, 6-2.
- 112: Dylan Riggie, Jackson County Central, dec. Jordan Ketter, 11-9, OT.
- 119: Tanner Ellenberg, Frazee, dec. Paden Moore, 11-0.
- 125: Bronson Steuber, Jackson County Central, pinned Bruce Lemon, 4:45.
- 130: Darick Vancura, Jackson County Central, dec. Myrle Schermerhorn, 14-1.
- 135: Rik Koehnen, Frazee, dec. Spencer Johnson, 4-0.
- 140: Taylor Menke, Jackson County Central, dec. Cody Piper, 6-3.
- 145: Jessie Regalado, Jackson County Central, dec. Casey Nunn, 4-2.
- 152: Tucker Freeman, Jackson County Central, dec. Jacob Schermerhorn, 8-4.
- 160: Brandon VanWaterMulen, Frazee, dec. Patrick Hanson, 3-2.
- 171: Cooper Moore, Jackson County Central, dec. Nathan Sandberg, 16-3.
- 189: Rick Brandt, Frazee, pinned Tanner Menke, 0:38.
- 215: Kody LaFreniere-Sorenson, Frazee, dec. Alex Tewes, 13-1.
- **Hwt:** Jordan Phibbs, Jackson County Central, pinned Devon Drewes, 0:33.

INDIVIDUAL FINALS

Class 3A

Championships

- 103 pounds: Sam Brancalé, Eden Prairie, dec. Nick Scheffert, Owatonna, 7-2.
- 112: Mitch Bengston, St. Cloud Apollo, dec. Eric Baer, Hastings, 2-1, OT.
- 119: Dakota Trom, Apple Valley, dec. Austin Leibel, St. Francis, 9-4.
- 125: Matt Kelliher, Apple Valley, dec. Tom Perillat, Henry Sibley, 11-5.
- 130: Daniel Wolow, Apple Valley, dec. Mason Young, Henry Sibley, 3-2.
- 135: Brandon Kingsley, Apple Valley, dec. Kevin Nelson, Forest Lake, 8-0.
- 140: Devin Scott, Apple Valley, dec. Zach Rohr, Hastings, 8-4.
- 145: Dylan Ness, Bloomington Jefferson/Kennedy, pinned Nate Bruner, Apple Valley, 4:39.
- 152: Destin McCauley, Apple Valley, dec. Tyler Rohr, Hastings, 20-5.
- 160: Steven Keogh, Apple Valley, dec. Ben Cox, Minnetonka, 9-3.
- 171: Zak Coates, Henry Sibley, dec. Jake Waste, Apple Valley, 2-1.
- 189: Dalton Henderson, Owatonna, dec. Michael Hirsch, Austin, 8-2.
- 215: Mitch Hrovat, Centennial, dec. Yusef Hassan, Burnsville, 9-2.
- **Hwt:** Donny Longendyke, White Bear Lake, dec. Cole Wilson, Faribault, 3-1.

Third place

- 103 pounds: Jordan Kingsley, Apple Valley, dec. Michael Pleski, Forest Lake, 5-0.
- 112: Tyler Isaacson, Forest Lake, pinned Evan Green, Owatonna, 3:07.
- 119: Brady Johnson, Prior Lake, dec. Brandon Canedy, Northfield, 7-1.
- 125: Mahron Nix, Coon Rapids, dec. Sam Stewart, Andover, 6-1.
- 130: Ben Morgan, Forest Lake, dec. Nam Nguyen, St. Cloud Apollo, 11-2.
- 135: Colton LaChance, Hastings, dec. Cory Hansen, Albert Lea, 10-5.
- 140: Chad Mack, Coon Rapids, dec. Timmy Ruter, Buffalo, 13-6.
- 145: Charlie Janssen, Forest Lake, pinned Tanner Carlisle, Prior Lake, 0:40.
- 152: Chad Zastrow, Rochester Century, dec. Clayton Jennissen, Cambridge-Isanti, 3-2.
- 160: Jordan Campa, St. Michael-Albertville, dec. Kevin Bright, Lakeville South, 6-3.
- 171: Mike Minske, Rochester Mayo, dec. Eric Hensel, Lakeville South, 21-9.
- 189: Scott Gifford, Cambridge-Isanti, dec. C.J. Hays, Woodbury, 6-3.
- 215: Cody Raze, St. Francis, dec. Joseph Borghardt, Maple Grove, 12-3.
- **Hwt:** Parker Betts, St. Michael-Albertville, dec. Mark Wychor, Moorhead, 3-2.

Consolation

- 103 pounds: Cole Sladek, St. Michael-Albertville, dec. Lucas Hansen, Albert Lea, 6-4.
- 112: Zack Gawboy, Maple Grove, dec. Pat Casey, Shakopee, default.
- 119: Corey Latuff, Hastings, dec. Wayne Voss, St. Michael-Albertville, 8-6.
- 125: R.J. Hallman, Chaska/Chanhanas, dec. Grant Nehring, St. Cloud Apollo, 5-2.
- 130: Dalton Westerlund, Albert Lea, pinned Tony Skjette, Eden Prairie, 2:35.
- 135: Tyler Stevens, Elk River, dec. Dale Norton, Bemidji, 8-0.
- 140: Trevor Rasmussen, Albert Lea, dec. Andre Dorschner, Centennial, 5-4.
- 145: Brandon Halupczok, Centennial, dec. Luke Boroda, Mounds View, 3-0.
- 152: Kyle Begin, Anoka, pinned Lucas Betterman, Alexandria, 3:58.
- 160: Eric Adrian, Farmington, dec. Troy Morissette, Tartan, 12-7.
- 171: Zack Antalok, Anoka, pinned Tyler Thomas, Owatonna, 5:04.
- 189: Matt Hechsel, Apple Valley, dec. Kraig Schumm, St. Michael-Albertville, 4-2, OT.
- 215: Zane Petersen, Lakeville South, dec. Coyte Kuefner, Owatonna, 10-5.
- **Hwt:** Andrew Hermann, Bloomington Jefferson/Kennedy, pinned Zach Vine, Centennial, 2:44.

Class 2A

Championships

- 103 pounds: Nate Thomas, Kasson-Mantorville, dec. Kyle Gliva, Simley, 3-2.
- 112: Mike Fuentfingler, Hibbing, pinned Cody Paulsen, Totino-Grace, 3:21.
- 119: Joey Munos, South St. Paul, dec. Drake Borsgard, Windom/ML-BO, 12-4.
- 125: Drew Fleming, Watertown-Mayer/Mayer Lutheran, dec. Matt Nelson, Big Lake, 2-1.
- 130: Jake Short, Simley, dec. Garret Garness, Kasson-Mantorville, 3-2.
- 135: Tommy Glenn, Simley, dec. Kyle LeDuc, Thief River Falls/Goodrite, 8-1.
- 140: Andrew Youngblom, Mora, dec. Dan Dick, Simley, 4-0.
- 145: Tyler Mergen, Monticello, Nick Wanzek, Simley, 7-5.
- 152: Nick Tourville, Benilde-St. Margaret's/MPA, dec. Micah Barnes, Simley, 3-2.
- 160: Kurtis Julson, Simley, dec. Dan Neveling, Fergus Falls, 6-2.
- 171: Stephen Loosbrock, Adrian, dec. Sebastian Gardner, Monticello, 5-3.
- 189: Spencer Johnson, Windom/ML-BO, dec. Michael Kroells, Scott West, 3-2.
- 215: Marshal Ash, Milaca/Faith Christian, dec. Colton Thorson, Fergus Falls, 3-1.
- **Hwt:** Austin Goergen, Caledonia/Houston, dec. John Morrison, North Branch, 8-6.

Third place

- 103 pounds: John Weeding, Dawson-Boyd/LQPV, dec. Dru Strand, Adrian, 5-2.
- 112: Juan Torres, Simley, dec. Max Anderson, Dassel-Cokato, 6-1.
- 119: Jake Kostik, North Branch, dec. Jon Ebert, Totino-Grace, 10-6.
- 125: Sam Wame, Perham, dec. Coltan Laganere, Kasson-Mantorville, 6-5.
- 130: Thomas Goldberg, WEMA/JWP, dec. Alex Peck, Benilde-St. Margaret's/MPA, 8-1.
- 135: Jordan Hansen, Hutchinson, dec. Dustin Ellsworth, St. Paul Harding, 11-0.
- 140: Shawn Hatstead, New London-Spicer, dec. Elyan Arne, Orono, 11-8.
- 145: Brandon Seppelt, Foley, dec. Joey Stadnick, Watertown-Mayer/Mayer Lutheran, 6-0.
- 152: Blaine Miller, Plainview/E-M, dec. Billy Hochstein, Windom/ML-BO, 3-1, OT.
- 160: John Nothing, New London-Spicer, dec. Tommy Telgen, Meadow Creek Christian, 7-3.
- 171: Justin Bowland, Foley, dec. Clay Olson, Chisago Lakes, 5-3.
- 189: Kody Kalkbrenner, Litchfield, dec. Broc Berge, Kasson-Mantorville, 5-3.
- 215: Jeff Nielsen, Zimmerman, dec. Carter Brandt, Grand Meadow/L-O/K, 7-4.
- **Hwt:** Casey Johnson, Kasson-Mantorville, dec. Jesse Hein, Perham, 3-1.

Consolation

- 103 pounds: Keith Thell, Foley, dec. Jordan Hanan, Annandale/Maple Lake, 4-0.
- 112: Jacoby Bergeron, Thief River Falls, dec. Mitch Dunlap, Foley, 6-4, OT.
- 119: Dylan Wright, Simley, dec. Brandon Fiedler, Dassel-Cokato, 7-2.
- 125: Andrew Patnode, Rockford, dec. Jake Dorn, Adrian, 4-1.
- 130: Mike Kelley, Milaca/Faith Christian, dec. Zach Friederich, Montgomery-Lonsdale, 12-6.
- 135: Mark Gehling, Foley, dec. Robert Otterness, Cannon Falls, 8-3.
- 140: Jason Cirkseha, Kasson-Mantorville, dec. Luke Tiesler, Adrian, 9-3.
- 145: Jesse Munos, South St. Paul, dec. Jake Bothun, Dawson-Boyd/LQPV, 7-6.
- 152: Charlie Schmitz, Perham, pinned Jamison Evans, Grand Rapids, 5:57.
- 160: Taylor Lewandowski, Foley, dec. Patrick Faber, Fridley, 13-5.
- 171: Alex Feldt, Detroit Lakes, dec. Alan Miller, Plainview/E-M, 7-5, OT.
- 189: Anthony Gullickson, Totino-Grace, dec. Cody Welch, Wabasso/RRC, 5-1.
- 215: Tyler Lewandowski, Foley, dec. Troy Frank, Caledonia/Houston, 9-5.
- **Hwt:** Pat Brinkman, New Ulm, dec. Derek Carlson, Mora, 9-7.

Class 1A

Championships

- 103 pounds: Isaac Novacek, Badger/G-MR, dec. Gus McCarthy, Border West, 16-4.
- 112: Hyaden Zillmer, Crosby-Ironton, dec. Mitchell Lexvold, Kenyon-Wanamingo, 14-2.
- 119: Travis Borchert, Browerville/Eagle Valley, dec. Christian Skillings, Minnetonka, 5-2.
- 125: Bronson Steuber, Jackson County Central, dec. Chad Lexvold, Kenyon-Wanamingo, 18-5.
- 130: Drew Lexvold, Kenyon-Wanamingo, dec. Alex Anderson, Martin County West, 9-1.
- 135: Curt Maas, Medford, dec. Mariano Portillo, Crookston, 4-2.
- 140: Tony Vaske, River Valley, dec. Brett Pfarr, LeSueur-Henderson, 11-4.
- 145: Justin Buss, Chatfield, dec. Jake Long, West Central, 5-2.
- 152: Ryan Thompson, Benson, dec. Brad Keller, Medford, 7-4.
- 160: Cooper Moore, Jackson County Central, dec. Stephen Erlandson, Breckenridge/Campbell-Tintah, 13-2.
- 171: Josh Willaert, LeSueur-Henderson, dec. Ben McPhail, Pine Island, 7-6.
- 189: Joel Bauman, Kerkhoven-Murdock-Sunburg, dec. Ian Pratt, Millie Lacs, 9-4.
- 215: Brandon Manderscheid, Minnewaska, dec. Jon Gorter, Pipestone, 3-1.
- **Hwt:** Dustin Caspers, BOLD, dec. Alex Yeager, Badger/G-MR, 3-2.

Third place

- 103 pounds: Kurt Timmons, Kerkhoven-Murdock-Sunburg, dec. Macius Harner, Kimball, 8-4.
- 112: Zach Keller, Medford, dec. Tanner Trembley, Lake Crystal-Wellcome Memorial, 5-2.
- 119: Will McCarthy, Border West, pinned Chase Levos, St. Clair/Mankato Loyola, 5:32.
- 125: Beau Byusse, Minnetonka, dec. Skylar Price, Badger/G-MR, 13-2.
- 130: Darick Vancura, Jackson County Central, dec. Jack Hawkins, Wabasha-Kellogg, 6-1.
- 135: Clint Poster, Pierz, dec. Jordan Novak, New York Mills, 11-2.
- 140: Cam Schafer, Minnewaska, dec. Jessie Regalado, Jackson County Central, 12-9.
- 145: Cole Kavitz, Medford, dec. Anthony Caputo, Crookston, 8-5.
- 152: Caleb Lanoue, Mahanomen/Waubun, pinned Jake Schermerhorn, Frazee, 5:38.
- 160: Sean Huls, Pierz, dec. Jarid Groth, Kenyon-Wanamingo, 3-2.
- 171: Brock Claeys, Canby, dec. Jared Nash, Park Rapids, 2-1.
- 189: John Gusewille, Sauk Centre, dec. Kody Lfraniere/Sorenson, 5-3.
- 215: David Lindell, New Richland-H-E-G, pinned Logan Brand, Lewiston-Altura/R-P, 2:57.
- **Hwt:** Jordan Phibbs, Jackson County Central, dec. Aaron Rose, Sibley East, 3-0.

Consolation

- 103 pounds: Zack Kuhns, Maple River, dec. Matt Hickerson, Ogilvie, 6-0.
- 112: Ted Berckes, Canby, dec. Aaron Bates, Sibley East, 10-7.
- 119: Tanner Ellenberg, Frazee, dec. Jake Wirtjes, Blue Earth Area, 7-0.
- 125: Brad Hofstrand, Crosby-Ironton, dec. Brad Maas, Medford, 7-3.
- 130: Larry Homestead, Atwater-C-GC, dec. Brett Schwartz, LeSueur-Henderson, 10-2.
- 135: Ethan Hildebrandt, St. James, dec. Taylor Menke, Jackson County Central, 3-2, OT.
- 140: Sam Derynck, Minnetonka, pinned Skyler Quamme, Kenyon-Wanamingo, 1:30.
- 145: Alex Coolling, Madelia/Truman/Martin Luther, dec. Grant Hegge, Southland, 5-4.
- 152: Alex Steff, BOLD, dec. Sam Lindgren, LeSueur-Henderson, 4-3.
- 160: Travis Winter, Belgrade-Broten-Eirosa, pinned Brady Wesinger, 3:44.
- 171: Chad Mattheese, Zumbrota-Mazeppa, pinned Nich Dorschner, Martin County West, 4:30.
- 189: Ben Dahl, Zumbrota-Mazeppa, pinned John Drury, Park Rapids, 1:17.
- 215: Alex Dreyer, United South Central, dec. Joe Holdvogt, Eden Valley-Watkins, 2-0.
- **Hwt:** Cody Torkelson, Osakis, dec. Jordan Arndt, Zumbrota-Mazeppa, 2-1.

2010 SECTION 3AAA STATE PLACE WINNERS

103	Jordan Kingsley	3 rd	Apple Valley
112	Eric Bauer	2 nd	Hastings
119	Dakota Trom	1 st	Apple Valley
119	Corey Latuff	5 th	Hastings
125	Matt Kelliher	1 st	Apple Valley
125	Tom Perillat	2 nd	Henry Sibley
130	Daniel Woiwar	1 st	Apple Valley
130	Mason Young	2 nd	Henry Sibley
135	Brandon Kingsley	1 st	Apple Valley
135	Colton LaChance	3 rd	Hastings
140	Devon Scott	1 st	Apple Valley
140	Zach Rohr	2 nd	Hastings
145	Nate Bruner	2 nd	Apple Valley
152	Destin McCauley	1 st	Apple Valley
152	Tyler Rohr	2 nd	Hastings
171	Zak Coats	1 st	Henry Sibley
160	Steven Keogh	1 st	Apple Valley
171	Jake Waste	2 nd	Apple Valley
189	Matt Hechsel	5 th	Apple Valley
215	Yusef Hassen	2 nd	Burnsville

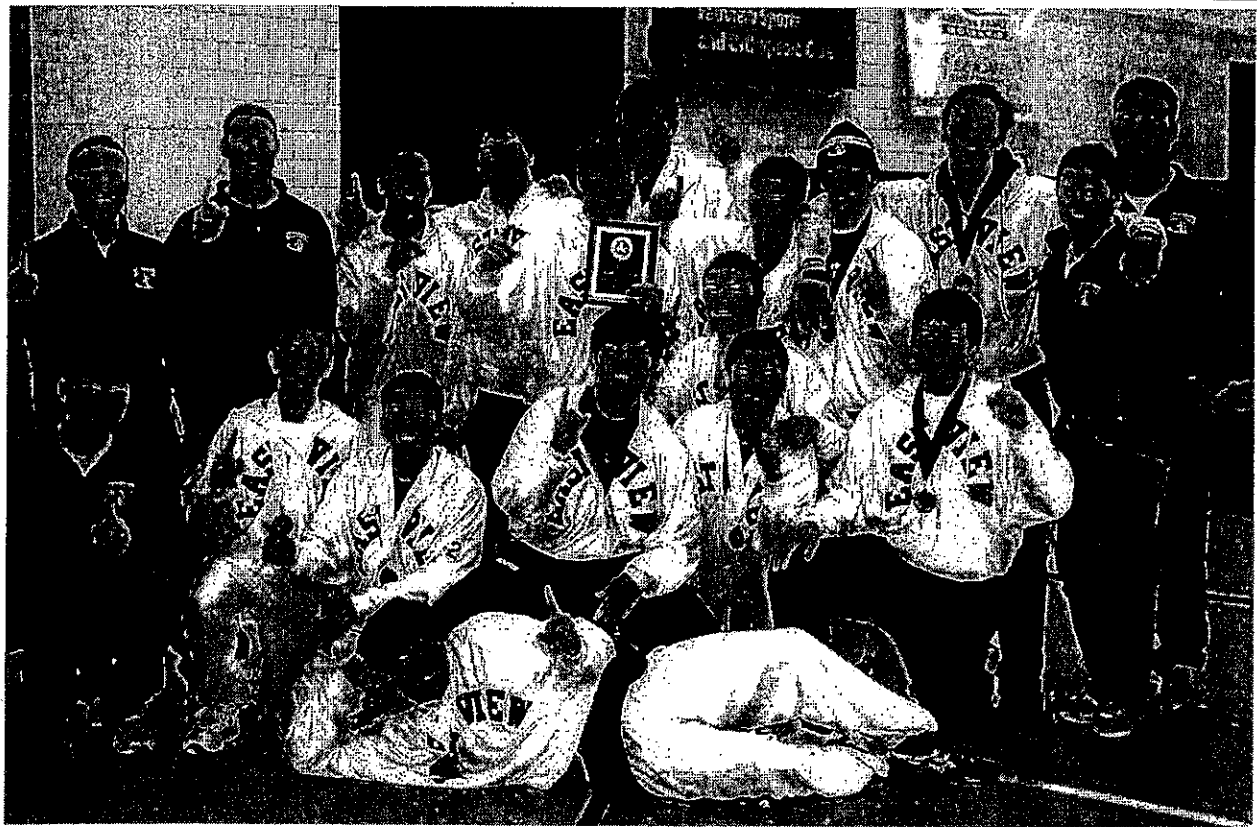
2010 LAKE CONFERENCE STATE PLACE WINNERS

103	Sam Brancale	1 st	Eden Prairie
103	Jordan Kingsley	3 rd	Apple Valley
119	Dakota Trom	1 st	Apple Valley
125	Matt Kelliher	1 st	Apple Valley
125	RJ Hallman	5 th	Chaska / Chanhassen
130	Daniel Woiwar	1 st	Apple Valley
130	Tony Skjefte	6 th	Eden Prairie
135	Brandon Kingsley	1 st	Apple Valley
140	Devon Scott	1 st	Apple Valley
145	Dylan Ness	1 st	Bloomington
145	Nate Bruner	2 nd	Apple Valley
152	Destin McCauley	1 st	Apple Valley
160	Steven Keogh	1 st	Apple Valley
160	Kevin Bright	4 th	Lakeville South
171	Jake Waste	2 nd	Apple Valley
171	Eric Hensel	4 th	Lakeville South
189	Matt Hechsel	5 th	Apple Valley
215	Yusef Hassen	2 nd	Burnsville
215	Zane Peterson	5 th	Lakeville South
285	Andrew Hermann	5 th	Bloomington

**EASTVIEW WRESTLER ALUMNI
VARSITY CAREER STATISTICS**

NAME	YEAR	WINS	LOSSES	TD	NE	R	FALLS	TEAMPTS
Tony Rodin	1999	77	23	151	83	36	31	361
Brandon Jones	1999	13	20	31	18	7	5	56
Joe Theisen	1999	5	27	11	7	7	1	22
Brad Okonek	2000	49	50	84	71	24	33	255
Matt Davis	2000	44	61	76	66	25	23	204
Nate Ernst	2000	44	24	94	25	15	19	203
Adam Miller	2000	28	34	64	15	13	14	135
Nick Thompson	2000	27	21	41	23	39	13	126
Chris Verhaeghe	2000	2	3	3	2	1	1	9
Adam Fokken	2001	147	36	349	121	92	83	727
David Rasmussen	2001	66	49	154	60	43	23	298
Brian Putnam	2001	19	21	13	11	7	10	91
Adam Johnson	2001	13	45	39	16	15	7	65
Eric Budd	2001	0	1	0	0	0	0	0
Jon Hanson	2001	0	5	1	0	1	0	0
Kris Carson	2002	0	0	0	0	0	0	0
Mikey Fornicoia	2002	107	31	231	166	84	44	491
Mic Hale	2002	0	1	0	0	0	0	0
Wade Halvorsen	2002	1	0	1	0	1	1	6
Eric Lemm	2002	38	37	53	26	24	16	173
David Pudwill	2002	11	12	10	1	0	4	51
John Getzke	2003	78	46	138	79	50	40	368
Nate Kocer	2003	55	25	71	31	55	45	310
Andrew Lenertz	2003	5	5	12	4	5	2	24
Kevin McBride	2003	110	84	111	89	65	39	307
Chris Shuck	2003	64	59	194	35	17	16	252
Jud Turk	2003	53	57	110	63	26	16	223
James Voyles	2003	50	28	107	12	11	15	213
Jason Berve	2004	0	1	0	0	0	0	0
Pat Dea	2004	79	57	151	123	69	42	322
Kevin Eich	2004	71	61	167	47	26	18	290
Jeremiah Foertsch	2004	48	57	97	50	50	26	228
David Grogg	2004	7	16	14	4	4	3	30
Fred Hwang	2004	12	23	15	9	7	11	74
Ryan Langlais	2004	139	54	449	112	50	55	621
Andy Tighe	2004	2	0	0	0	0	0	12
Cory Wagner	2004	13	12	15	9	7	11	74
Brain Wallenta	2004	4	3	3	3	1	2	24
Tom Chies	2005	12	27	19	9	21	2	48
Steve McMoore	2005	6	8	15	7	9	2	25
Ryan Ruckdashel	2005	54	29	76	30	10	36	292
Sam Voyles	2005	15	12	33	14	8	7	74
Kyle Wilson	2005	19	45	44	8	22	9	97
Justin Armstrong	2006	7	5	4	3	4	5	42
Chris Becker	2006	4	10	3	4	2	1	18
Chad Eul	2006	31	23	40	24	18	17	160
Chris Gripp	2006	20	41	27	15	15	8	98
Minh Huynh	2006	100	32	160	148	53	42	458
John Makabe	2006	90	33	190	60	45	47	442
Andrew Nelson	2006	49	44	54	48	46	23	216
Josh Nelson	2006	60	52	156	68	25	20	254
Dillon Powell	2006	32	19	85	21	13	16	149
Abebe Dessalegn	2007	36	24	89	35	13	21	178
Dan Getzke	2007	70	35	142	101	36	39	326
Jacob Nelson	2007	65	25	103	75	35	23	304
Jeff Hanson	2007	1	2	3	0	1	0	3
Andrew Pudwill	2007	12	21	18	3	5	7	61
Alex Bakardjiev	2008	1	7	0	0	2	1	6
Dino Blundetto	2008	18	37	36	11	4	14	105
Scott Kenning	2008	20	30	31	13	11	13	104
David Ly	2008	35	40	53	29	30	16	155

NAME	YEAR	WINS	LOSSES	TD	NF	R	FALLS	TEAMPTS
Tony Nguyen	2008	7	8	10	2	1	2	39
Brian Okonek	2008	55	51	91	37	35	27	261
James Pudwill	2008	37	40	54	24	16	26	189
Pat Cox	2009	0	6	1	0	3	0	0
Matt Franson	2009	11	12	15	6	4	7	59
Ty Groskreutz	2009	65	43	92	59	22	41	323
Scott Hogan	2009	129	25	252	145	75	66	606
Billy Kor	2009	15	24	32	2	8	2	61
Bobby Ladd	2009	21	23	24	11	22	11	100
Dijon Sanders	2009	58	44	74	21	39	17	240
Carl Brown	2010	0	2	0	0	0	0	0
Nick Dodd	2010	37	42	49	28	35	19	170
Cody Groskreutz	2010	82	48	180	58	46	26	341
Alec Johnson	2010	22	25	25	24	26	14	118
Peter Nguyen	2010	48	35	67	50	27	29	249
Nels Pederson	2010	86	35	200	50	50	28	373
Steven Phomphackdy	2010	21	18	29	16	15	6	83
DJ Schliesman	2010	16	30	19	6	11	8	78
Joey Scott	2010	44	46	56	26	17	16	192
Alec Teagarden	2010	8	12	17	5	8	4	36
Josh Weinberg	2010	64	29	74	126	87	27	298
Rob Wietecha	2010	14	23	30	3	7	5	57



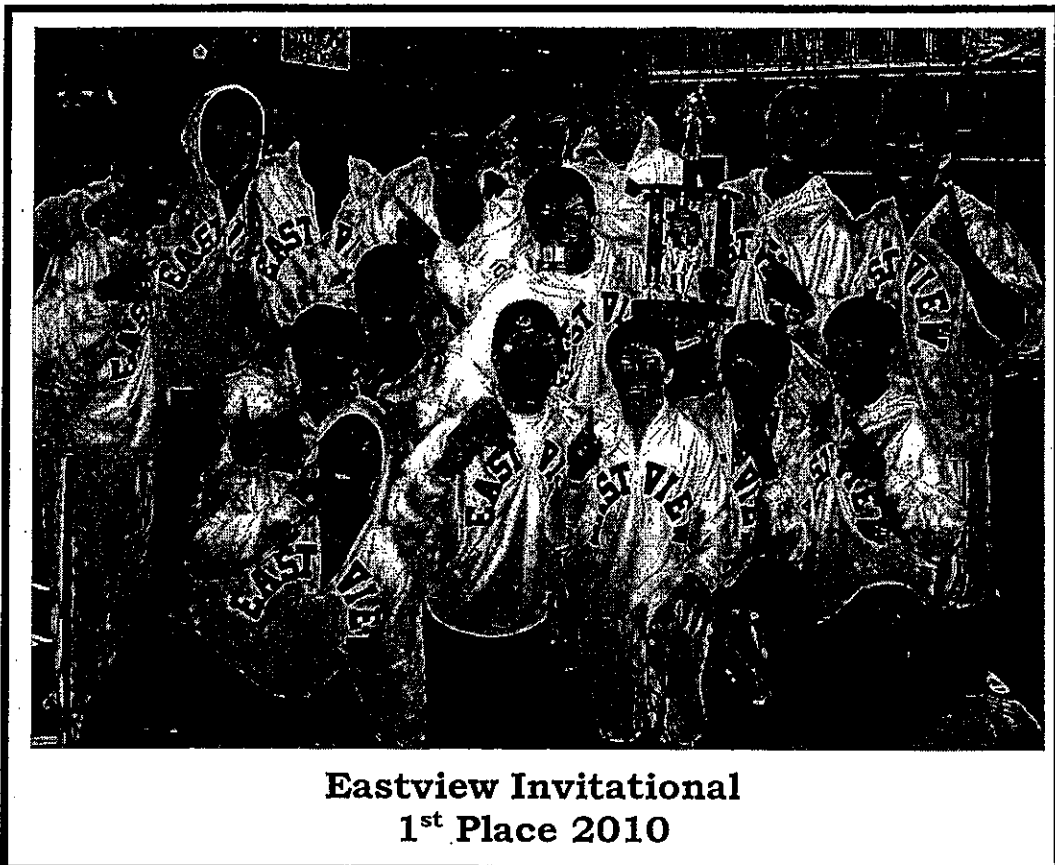
Burnsville Invitational
1st Place 2010

**Returning Letter Winners
2009-2010 Varsity Career Statistics**

WRESTLER	GRADE	WINS	LOSS	TD	NF	R	FALLS	TM PTS
Lucas Allen	11	3	8	3	0	2	2	18
Josh Blake	11	2	4	2	1	3	0	6
Erik Erhesmann	11	23	21	35	14	7	9	98
Jake Hannan	11	0	1	0	0	0	0	0
Ben Schmitz	11	2	2	2	3	0	0	6
Chris Bechly	10	19	26	31	14	14	7	88
BJ Groskreutz	10	33	49	47	29	35	18	172
Levi Groskreutz	10	4	3	5	3	0	2	22
Zac Groskreutz	10	3	3	10	6	1	2	14
Brad Hogan	10	81	26	170	50	45	29	355
Kai Matsuhashi	10	1	0	0	0	0	0	6
Mitch Rechtzigel	10	86	38	165	56	35	25	354
Griffin Birkins	9	2	0	0	0	0	0	12
Tommy Cole	9	1	0	1	0	0	1	6
Vince Metz	9	1	1	1	1	0	0	6
Anthony Munos	9	8	25	19	11	16	4	38
Jacob Rukavina	8	21	21	40	17	9	15	112

Other Letter Winners...

Brendan Cole, Adam Foreman, Matt Henning, Greg Howard, Mathew Ladd, Billy Lawrence, Nick Zelenak, Quincy Gottwig, Jordan Humphries, Jack Lesch, Mike Schliesman, Nick Taschner



Wall of Excellence

Criteria: State Place Winner, finish the program in good standing, and graduate from Eastview High School.



Tony Rodin
1998 - 4th Place
125 lbs.



Adam Fokken
2000 - 4th Place
189 lbs.
2001 - State Champ
189 lbs.



Mikey Fornicoia
2002 - 6th Place
130 lbs.



John Getzke
2003 - 5th Place
152 lbs.



Nate Kocer
2003 - 6th Place
189 lbs.



Minh Huynh
2005 - 4th Place
103 lbs.

Section Champions

Mikey Fornicoia, Tony Rodin, Adam Fokken, David Rasmussen, James Voyles, Nate Kocer, Ryan Langlais, Nels Pederson

Season Records/Conference Place

	Wins	Losses	Ties	Conf. Wins	Conf. Place	State Qualifiers
1998	3	19	1	1	9 th	1
1999	6	14	1	2	7 th	2
2000	18	4	0	7	2 nd	3
2001	14	8	0	5	5 th	4
2002	16	9	0	6	4 th	3
2003	21	5	1	7	2 nd	4
2004	13	15	0	4	5 th	3
2005	12	14	0	3	7 th	3
2006	24	7	0	8	2 nd	3
2007	13	7	0	5	4 th	3
2008	14	10	0	5	4 th	0
2009	18	9	0	7	2 nd	2
2010	21	6	0	8	2 nd	0
	193 wins	127 losses	.603 winning percentage			

Season Captains & Team Motto

1998	Matt McDonald, Joe Theisen	Lightning Strikes
1999	Tony Rodin, Joe Theisen	Attitude and Effort
2000	Nate Ernst, Brad Okonek, Adam Fokken	Team 2000: Paving the Way
2001	Adam Fokken, Mikey Fornicoia	Courage to Succeed
2002	Mikey Fornicoia, John Getzke, Eric Lemm	Mission Possible: 2002
2003	John Getzke, Kevin McBride, Jud Turk, James Voyles	Fight! Inch ... By ... Inch
2004	Tyler Cookas, Kevin Eich, Jeremiah Foertsch, Ryan Langlais	The Long March
2005	Ryan Ruckdashel, Sam Voyles, Kyle Wilson	No Guts, No Glory
2006	Chad Eul, Minh Huynh, Josh Nelson	Our Vision, Our Mission
2007	Dan Getzke, Jake Nelson	Storm the Mat
2008	Bryan Okonek	Prepare for Battle
2009	Ty Groskreutz, Scott Hogan	Something More
2010	Nels Pederson, Cody Groskreutz	Eye of the Storm

SEASON AWARDS

Most Valuable Varsity Wrestler of the Year

1998	Tony Rodin	1999	Adam Fokken
2000	Adam Fokken	2001	Adam Fokken
2002	Mikey Fornicoia	2003	Nate Kocer
2004	Ryan Langlais	2005	Minh Huynh
2006	Minh Huynh & John Makabe	2007	Jacob Nelson & Dan Getzke
2008	Scott Hogan	2009	Scott Hogan

Most Valuable Junior Varsity Wrestler of the Year

1998	Jim Maloney	1999	Tyrel Narva
2000	Chris Verhaeghe	2001	David Pudwill
2002	Andrew Lenertz	2003	Andrew Lenertz
2004	Brian Wallenta	2005	Chad Eul
2006	Mike Redig	2007	Jeff Hanson
2008	Josh Weiberg	2009	Nick Dodd

Most Valuable Freshman Wrestler of the Year

1998	Adam Fokken	1999	Mikey Fornicoia
2000	Bryan Lewis	2001	Steve Davis
2002	Tyler Cookas	2003	Troy Fokken
2004	Ryan Stepan	2005	Trever Sutherland
2006	Scott Hogan	2007	Cody Groskreutz
2008	Matt Galloway	2009	Brad Hogan

Most Improved Wrestler of the Year

1998	Nate Ernst	1999	Nick Thompson
2000	Brad Okonek	2001	David Rasmussen
2002	Eric Lemm	2003	Jud Turk
2004	Minh Huynh	2005	Josh Nelson
2006	Chad Eul	2007	Dijon Sanders
2008	Nels Pederson	2009	Nels Pederson & Josh Weinberg

Lightning Award

1998	Chris Verhaeghe	1999	Chris Verhaeghe
2000	Brian Putnam	2001	Brian Putnam & Eric Budd
2002	David Pudwill	2003	Jud Turk & John Getzke
2004	Jeremiah Foertsch	2005	Sam Voyles
2006	Chris Griep & Dillon Powell	2008	Bryan Okonek & David Ly
2007	Abbe Dessalegn & Andrew Pudwill	2009	Bobby Ladd & Matt Franson

John Rodin Service Award

1998	Brad Okonek	1999	Brad Okonek
2000	Andrew Lenertz	2001	John Getzke
2002	Cory Wagner	2003	Cory Wagner
2004	Ben Foertsch	2005	Dante Hendricks
2006	Pat Cox	2007	Joey Scott
2008	Nick Dodd		

Wrestling Manager Hall of Fame

2000	Erinn Roos	2001	Rachel Davis
2003	Kari Okonek	2006	Ashley Langlais
2009	Libby Carroll		

Wrestling Scholarship Recipients

2005	Kyle Wilson	2006	John Makabe
2007	Jacob Nelson	2008	David Ly
2009	Robert Ladd		

EASTVIEW WRESTLING RECOGNITIONS

ALL CONFERENCE

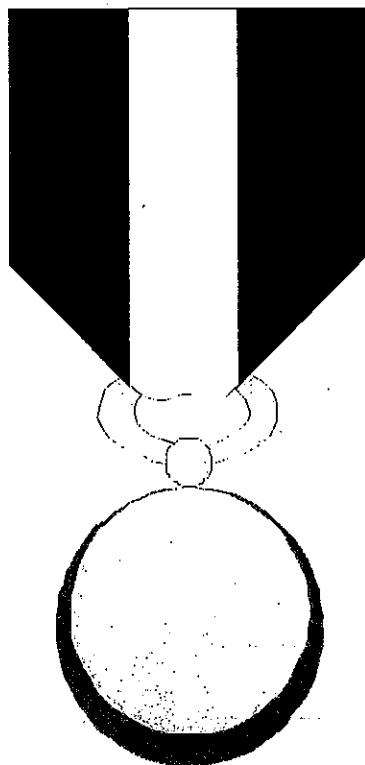
Tony Rodin (2x)
 Brad Okonek
 Nate Ernst
 Adam Fokken (4x)
 David Rasmussen
 Mikey Fornicoia
 Eric Lemm
 James Voyles
 John Getzke
 Nate Kocer
 Kevin McBride
 Ryan Langlais (2x)
 Minh Huynh (2x)
 John Makabe(2x)
 Ryan Ruckdashel
 Scott Hogan (3x)
 Jacob Nelson
 Andrew Nelson
 Dan Getzke (2x)
 Chad Eul
 Bryan Okonek
 Mitch Rechtzigel
 Nels Pederson
 Josh Weinberg

SECTIONS CHAMPIONS

Tony Rodin
 Adam Fokken
 David Rasmussen
 Mikey Fornicoia
 James Voyles
 Nate Kocer
 Ryan Langlais
 Nels Pederson

STATE QUALIFIERS

Tony Rodin (2x)	4 th Place
Brad Okonek	
Adam Fokken (3x)	4 th Place 1 st Place
David Rasmussen	
Mikey Fornicoia (2x)	6 th Place
James Voyles	
Jud Turk	
Nate Kocer	6 th Place
John Getzke	5 th Place
Ryan Langlais (3x)	
Pat Dea	
Steve Davis (2x)	4 th Place
Minh Huynh (3x)	4 th Place
John Makabe	
Ryan Ruckdashel	
Dan Getzke	
Chad Eul	
Jacob Nelson	
Will Jackson	4 th Place
Nels Pederson	
Dijon Sanders	



How good do you want to be? If your answer is, "good enough to get by," than a commitment to excellence is not necessary, but if your completely honest answer is, "the best," you must make a total commitment to excellence.

Wrestlers are born with varying degrees of natural ability. Sacrifice and a commitment to excellence are required to develop that ability. Time, hard work, continuous practice and repetition all go into the making of a good athlete.

To be a winner you must be willing to make sacrifices. This means maintaining good training habits, getting the proper amount of rest, and eating a balanced diet.

You can be as great as you want to be. If you believe in yourself and have the courage, determination, dedication, competitive drive, and if you are willing to give up the little things in life to accomplish an ultimate goal down the road, you will succeed!

In our years of involvement in athletics, we have seen athletes make a sincere commitment to excellence. They had a burning desire to be not just good, but great. They craved coaching. They wanted to learn a new wrestling move every day. They worked harder than the other wrestlers during the season and they never stopped working in the offseason. They went out of their way to look for tougher competition. Finally, they were stubborn – they refused to settle for anything less than the best.

As a result, each was a big winner. There was no luck or chance involved; these wrestlers worked hard so they would always have an edge when they went into their matches. They knew they would win... and they did.

A commitment to excellence means you must be willing to work hard, to push yourself physically until it hurts. We believe that any wrestler

who walks off the mat after a full match and is not physically spent has not worked to his physical potential

If you have a true commitment to excellence you will give up anything that does not help you become better as an athlete or a person. Don't be content with mediocrity- strive to live up to the greatness within you.

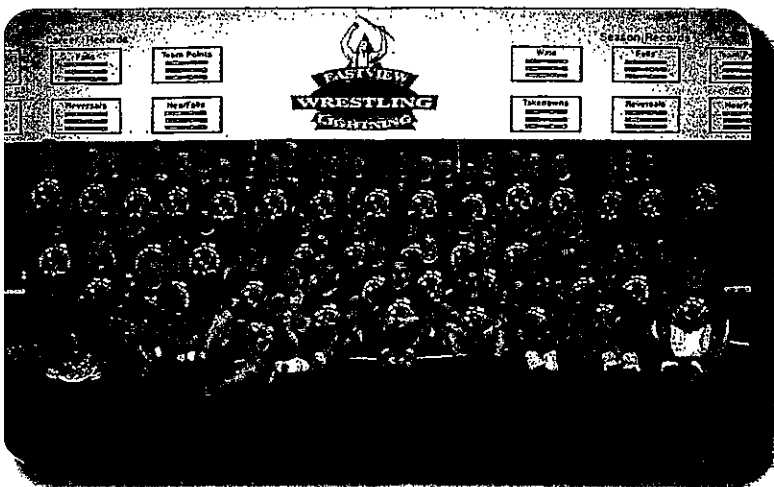
COMMITMENT NIGHT: NOVEMBER 13th. This is a night for you to pledge your commitment to excellence in the Eastview Wrestling program. This night will involve activities that encourage you to reflect on your goals and to discuss what it will take to reach those goals. Also, this night will emphasize each wrestler's commitment to the whole team. We depend upon each wrestler to succeed. Your complete commitment is crucial to the success of the team. You deserve to give yourself the best opportunity to succeed. **BE THE BEST YOU CAN BE!**

The great coach Vince Lombardi had this to say about making the commitment to excellence:

"For the winner there is 100 percent elation, 100 percent laughter, 100 percent fun and for the loser the only thing left is a 100 percent resolution and 100 percent determination. The game, I think, is a great deal like life. Every man makes his own personal commitment toward excellence and toward victory. Although you know ultimate victory can never be completely won, it must be pursued with all of one's might and each week there is a new encounter, each year a new challenge.

"I'd like to say that the quality of any man's life is a full measure of that man's personal commitment to excellence and to victory, regardless of what field he may be in."

MAKE A COMMITMENT TO EXCELLENCE!



Commitment Night 2009

Eastview

The senior-loaded Eastview Lightning squad could have one of its best seasons ever this year.

The Lightning have a good chance to finish in second place outright in the Lake Conference. The team has tied for second a few times, but it would be nice to win it outright, coach Kurt Habeck said.

The team has already won the Burnsville and its own tournament this season. The team also had its best finish at the Bi-State Classic Dec. 28-29 in La Crosse Wis. Its dual record has been positive too.

The Lightning lost to Apple Valley, Wayzata, Henry Sibley and Simley in duals this season, but otherwise Eastview has felt good about its position with all 14 wrestlers scoring points.

"We don't give up a lot of pins," Habeck said. "We've been fortunate enough to stay healthy."

There have been a few

slots where Eastview has had some depth concerns, but the team goes 17-20 deep on varsity.

With all the seniors trying to get them all in the lineup is a challenge, Habeck said. "When the opportunities come our way they take them."

Although the Lightning don't have a wrestler ranked in the state top five, they still have state tournament aspirations.

Nels Pederson at 160 pounds has been the team leader, as the reigning Section 5AAA champion. Mitch Rechtzigel at 135 and Brad Hogan at 130 are also leading contenders.

Habeck feels he could see many wrestlers compete for a place at individual sections later this month.

"All 14 of our guys are going to have to fight like heck to do it," Habeck said.

Six wrestlers have 20 or more victories: Peter Nguyen, Rehtzigel, Nels Pederson, Weimberg, Joey Scott, Cody Groskreutz and Nick Dodd.

The upperclassmen led them along and groomed the younger guys in, Habeck said. "They learn how to train from them so they can be the leaders next year and pass on that tradition."

Andy Rogers is at andy.rogers@ecm-inc.com.

Pins and wins

The Eastview Lightning wrestling team won its own in the last weekend, finishing ahead of Scott West by more than 30 points. Rosemount finished fifth and Farmington eighth.

Eastview's BJ Groskreutz (119 pounds) and Brad Hogan (130) took home gold medals, as did Rosemount's Steve Levine (112), Josh Weinberg (171) and Garrett

Bothun (145) and Farmington's Nick Albano (215) and Eric Adrian (160).

In the Tartan Duals, Lakeville, South, finished runner-up behind Northfield in a field of eight teams.

Lightning seek to extend hot streak

Wrestlers aim to match last year's second-place Lake Conference finish.

by Andy Rogers

THIS WEEK'S NEWSPAPERS

The Eastview Lightning wrestlers have high expectations again this season.

After finishing second last season in the Lake Conference with an 18-9 overall record and two tournament victories, coach Kurt Habeck and his crew feel they have a chance to be even better this season.

The Lightning have one state participant returning in Nels Pederson at 160 pounds.

They had several wrestlers come close to qualifying for state last season and are hungry for a spot.

Brad Hogan (135) and Josh Weimberg (171) finished third in Section 5AAA. Only the top two finishers advance.

Mitch Rehtzigel (140), Cody Groskreutz (145) and Joey Scott (139) finished fourth in sections last season. BJ Groskreutz and Peter Nguyen also had promising seasons and have state aspirations.

Pederson, Cody Groskreutz, Hogan, and Rehtzigel all had more than 50 victories when the season started.

Eastview has 31 letter winners, returning, Habeck said he feels good about the experienced lineup and senior leadership.

"But a perfect lineup is hard to find. There is limited varsity experience at a few weights, and no one in the conference or section is going to roll over for any pins."

The Lightning went 3-1 last weekend at Eastview dual tournament. The team defeated Spring Lake Park, St. Paul Central and Stillwater all by at least 29 points. The loss came against Simley 5-8-6 with just Mitch Rehtzigel and Pederson netting wins.

The next big tournament for the Lightning will be after Christmas in La Crosse Wis.

Andy Rogers is at andy.rogers@ecm-inc.com.

Sports

Eastview takes 1st at Burnsville wrestling tourney

By Mike Shaughnessy - Sun newspapers

Published: Friday, January 15, 2010 1:36 AM CST
Eastview wrestlers were 5-1 in championship matches at the Burnsville Jaycees Invitational, so it's little surprise the Lightning won the team championship.

But it took more than the five individual champions for the Lightning to dominate. Eastview won by more than 50 points Saturday, Jan. 9, taking the tournament for the second consecutive year.

"We had 13 guys out of 14 score points," Eastview coach Kurt Habeck said.

"Twelve kids placed in the top four. For the most part, the guys who were high seeds did what we thought they would do.

"We also wrestled a good match against Prior Lake [a 38-18 victory Friday, Jan. 8]. It's been a very good week coming out of the holiday break."

Eagan had four individual runners-up and finished third in the 10-team tournament, 1.5 points ahead of fourth-place Burnsville.

"I thought we could have scored a few more points - we finished just behind Eagan - but overall, we did fine," said Burnsville coach Bill Soderholm, whose wrestlers won three weight classes.

Eastview's champions were Peter Nguyen at 125 pounds, Brad Hogan at 135, Mitch Rechtzigel at 140, Nels Pederson at 160 and Josh Weinberg at 171. All were seeded No. 1 at their weights. Hogan and Weinberg won their championship matches by major decision, while Nguyen, Rechtzigel and Pederson won decisions.

The Lightning's Tom Hensley was runner-up at heavyweight.

Rechtzigel is sixth at 140 in The Guillotine's state Class 3A individual rankings. Hogan, Pederson and Weinberg also are in the top 10.

"We definitely have as much experience as we've had in the lineup at one time," Habeck said. "We're pretty balanced, top to bottom. One thing we don't have is a returning state champion or runner-up. Only one of our wrestlers [Pederson] has been in the state tournament.

"We can get better, but so far we've met all our expectations."

Print Page



Brad Hogan of Eastview puts Mounds View's Brennan Finn on his back during the Burnsville Jaycees Invitational Saturday, Jan. 9. Hogan was one of five Lightning wrestlers to win his weight class as Eastview won the tourney for the second consecutive year. (Mike Shaughnessy/Sun Newspapers)

Eagan got third place without having a weight-class champion. Connor Moore (119), Connor Paulson (130), Rob Rada (171) and Jacob Lueck (189) were runners-up. Paulson lost an 8-7 dual with Burnsville's DNarius Lewis at 130.

Burnsville senior Yusef Hassan was named the tournament's Most Outstanding Wrestler, largely because of his victory over Mounds View's Jeremy Hill in the 215-pound final.

Hassan trailed 9-2 in the third period before a furious comeback gave him the lead. With Hill firing, Hassan scored a fall with 13 seconds remaining.

Hassan was ranked sixth and Hill 10th in the state at 215.

"That match was a good lesson for every one of our kids," Soderholm said. "Two lessons, actually. One, you can always come back. Two, Yusef knows he shouldn't have fallen behind like that in the first place."

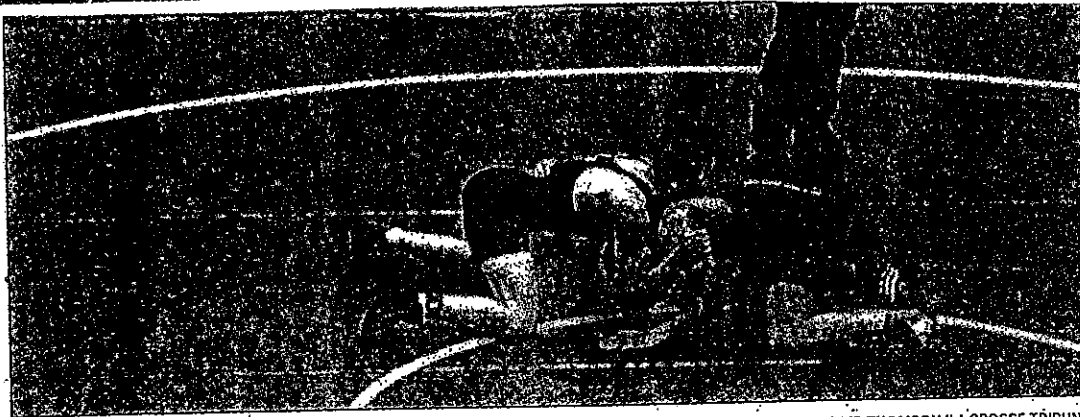
Lewis edged Eagan's Paulson for the championship at 130. At 215, Blaze senior Zack Okonek defeated Lueck 11-4.

Bill Underhill was runner-up at 103. Andy Underhill took third for the Blaze at 112.

Burnsville, which has a mix of experienced and inexperienced wrestlers, is making progress, Soderholm said. The coach said the team's best performance probably was its eighth-place finish (of 58 teams) in the On The Water Classic in Oshkosh, Wis.

"The first few weeks, I was honestly a little frustrated with our effort," Soderholm said. "But the kids have responded. They're working hard, and we're doing OK."

Wrestling mania: Bi-State Classic



PETER THOMSON/LA CROSSE TRIBUNE

Wrestlers compete in quarterfinal matches at the Bi-State Classic on Monday at the La Crosse Center. Athletes from 56 Minnesota and Wisconsin teams attended the competition. For complete coverage of the event, see **Sports, D1**. A fire alarm late Monday during the tournament forced authorities to briefly evacuate the center's South Hall. No fire was found; it's believed a fog machine from a dance going on at the same time might have triggered the alarm, according to the La Crosse Fire Department.

BRAD HOGAN Eastview wrestling

The sophomore 130-pounder defeated Hamza Bile of Rosemount 11-2 in a dual-meet victory over the Irish and posted three victories to win his weight class and lead the lightning to the team championship of the Eastview Invitational.



Eastview

Brad Hogan and Josh Weinberg won Individual Championships as the wrestling team won the 12-team Eastview Invitational.

The lightning scored 206.5 points, easily outdistancing Scott West (152.5) and Maple Grove (150.5).

Hogan won by major decision in the championship match at 130 pounds. Weinberg took a 7-6 decision to win the title at 171. Mitch Rehtzigel (135), Cody Groskreutz (145) and Neil Pederson (160) were second in their weight classes.

It was Eastview's second tournament victory this season. The lightning also is 15-4 in dual meets after beating Rosemount 40-21 on Jan. 21.

Variety leads to victories

Twenty-three different wrestlers competed in a match last weekend for Eastview's wrestling team. The lightning went 3-1 as a team in their home duals, defeating St. Paul Central, Stillwater and Spring Lake Park. Eastview lost to Smiley, the defending Class 2A team champion.

BRIAN STENSAAS



Q&A

CODY GROSKREUTZ
EASTVIEW WRESTLING

Benefits from wrestling pay off many ways

In Minnesota, no high school wrestling program can compare to Apple Valley. The Eagles are on the verge of winning 100 consecutive dual meets and could win their 18th state title this season.

Imagine sharing not only a state class and the Lake Conference with Apple Valley, but the city itself. For the Eastview wrestling team and senior captain Cody Groskreutz, that's reality.

A three-year letter winner, Groskreutz never has won a match, individual or team, against Apple Valley as a member of the varsity team. His closest moment came in the 2009 Class 3A, Section 3 semi-finals, but Groskreutz was disqualified because he couldn't stop his nose from bleeding after a first period collision.

After taking fourth place last season in the 140-pound class in the section, Groskreutz said he hopes advance to state this season. With an 18-12 record, Groskreutz's dreams are certainly within reason. He recently sat down with the Star Tribune's Josh Katzenstein.

Q What made you want to start wrestling?

A My dad wrestled all the way through college (at Augustana), so he introduced the sport to me and my brothers. I have six brothers and a sister, so we kind of all got in it together and just kept on doing it.

Q How does wrestling with your brothers affect your experience with the team?

A It's a good thing because we all go through the same kind of stuff, and wrestling is an intense sport. It's good to have brothers around you during the good times when things are going well and for encouragement when things aren't.

Q What about wrestling makes you want to keep coming back year after year?

A Hard work pays off in the sport of wrestling, that's what I like about it. It really teaches you to work hard and work for something you want to get.

Q What do you think about before wrestling Apple Valley?

A Just go out and fight because you can't control who you're wrestling, but you can control your attitude, your mindset and just how much you're going to fight. It's definitely tough sometimes when we have to go wrestle them because they kick our butts, but you just have to go in there fighting because you never know what can happen. Nothing's guaranteed for them.

Q How big is the rivalry between Eastview and Apple Valley?

A It's definitely a rivalry, the games are pretty intense. I was on an Eastview team that won state for Legion baseball [in 2008]. We beat Apple Valley in the section finals, and it was one of the most intense games I've been a part of, and we won so it made it even sweeter.

Q Are there any skills from baseball that translate to wrestling?

A Anywhere you are competing in a sport will help you in any other sport because you are competing. I know a lot of what I do in wrestling has transferred to baseball, just being mentally tough.

Q How do you balance school, a social life and two sports?

A A big part of my social life is with the guys I'm with on the team. Wrestling has helped me be more organized and know I have to work hard and get my things done, so I think my being in two sports helps. You know what you have to do and get done, so you don't get lazy.

Josh Katzenstein is a University of Minnesota student reporter on assignment for the Star Tribune.

Downer week for the Lightning

As one of the best teams in Section 3AAA, the Lightning wrestlers had one of the toughest outcomes during the section individual tournament.

Even though Eastview placed third at the team meet behind No. 1-ranked

Apple Valley and No. 4-ranked Hastings in the team tournament, no one is going on to state.

Eastview had seven wrestlers finish third in the section. Only the top two move on to state. Three finished in fourth, one fifth and two sixth. All 13 place winners finished about where they were seeded as well.

Most of the state qualifiers came from Apple Valley and Hastings. Many weight classes featured one of the top two or three wrestlers in the state.

Eastview's Jacob Rukavina (103 pounds), Peter Nguyen (125), Brad Hogan (160), Mitch Reetziger (135), Nick Dodd (140), Nels Pederson (160) and Josh Weinberg (171) all finished third.

It's too bad, because some of those guys could have placed at state.

The system is far from perfect.

Academic champions

Eastview's wrestling team was named Class 3A academic state champion at the annual state wrestling tournament brunch March 6.

The Lightning's team grade-point average of 3.88 was the highest in the state in any enrollment class. This is Eastview's third academic state championship, with the others coming in 2002 and 2008.

The team also performed well on the mat, going 21-6 overall and 8-1 (second place) in the Lake Conference. Eastview had 13 placemen at the Section 3 tournament, including seven who finished third.