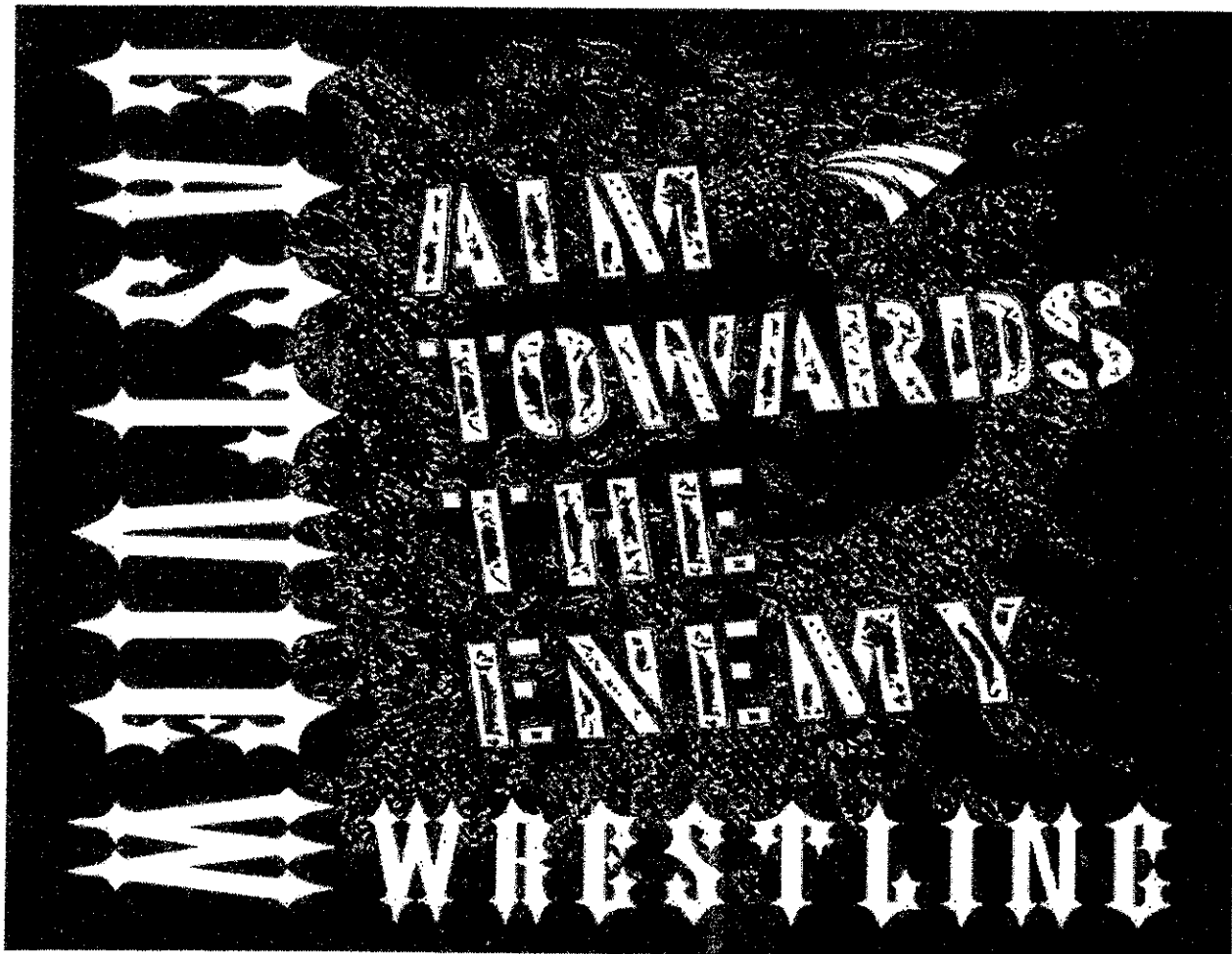

EASTVIEW WRESTLING
SEASON REVIEW
2011-2012



AIM TOWARDS THE ENEMY!



EASTVIEW WRESTLING

TEAM 2012: AIM TOWARDS THE ENEMY!

Congratulations to each of the wrestlers for successfully completing the season. Team 2012's season's motto, "**Aim Towards The Enemy**", is a great example of the single minded focus it takes to be successful in wrestling and in life. At last year's banquet, we said good-bye to 12 quality seniors. The senior class of 2012 was determined to achieve high standards set by previous teams. Team 2012 committed to several off-season training programs including attending practices at Augsburg, participating in challenging summer training sessions, and traveling to the University of Nebraska for team camp. All of the accomplishments this year were directly related to the leadership provided by the seniors and their "**Aim Towards The Enemy**" mentality.

Reflecting on this past season brings back many **positive memories**. Commitment Night led by the captains and seniors allowed each wrestler to come together, build relationships, set goals, and begin making a commitment to the upcoming season. The seniors did a great job leading by example, promoting a solid work ethic, and encouraging each wrestler to think like a warrior and win like a leader. Below is a recap of the 2012 season.

The Freshman Team...

- ◆ Had 28 freshman and 5 middle school wrestlers learn the sport and complete the season.
- ◆ Earned 19 dual meet victories including winning the Eastview Tournament.
- ◆ Had seven 9th grade state qualifiers and placed 2nd as a team at Individual State.
- ◆ 9th Grade State... Mccomb – 2nd, Dodd – 3rd, Delich – 4th, Rains – 5th, Dravis – 6th, Praus – Qualifier
- ◆ Earned 260 match wins, 1392 team points, 153 falls, and 340 takedowns.

The Junior Varsity Team...

- ◆ Went undefeated on the season going 22-0 and winning the South Suburban Conference.
- ◆ Placed 1st at the Eastview, Northfield, and Armstrong Duals and the Sparta Scramble.
- ◆ Participated in a varsity tourney at Mound-Westonka, earning 5th place honors.
- ◆ Earned 441 match wins, 2339 team points, 257 falls, and 610 takedowns.
- ◆ Had 10+ wrestlers provide the depth needed to fulfill the varsity team's needs.

The Varsity Team...

- ◆ Earned an Academic State Championship with a team GPA of 3.79.
- ◆ Earned 12 hard fought victories placing 1st at the Eastview Duals and 2nd at the Richfield Duals.
- ◆ Had 4 wrestlers earn All Conference Honorable Mention and 2 earn All Conference Honors.
- ◆ Placed 2nd at Individual Sections with 14 place winners and 3 state qualifiers.
- ◆ Mitch Rechtzigel became Eastview's All-Time Career Wins Leader with 158 wins.
- ◆ Had 33 wrestlers get an opportunity to wrestle on varsity with 9 wrestlers earning at least 19 wins.
- ◆ Earned 330 match wins, 1622 team points, 153 falls, and 715 takedowns.

The **Class of 2012** includes 12 highly dedicated wrestlers who lead the team with a single minded focus it takes to be successful in wrestling. The senior class will leave having earned 488 wins, 209 falls, and 1911 team points. To each of the seniors, we thank you for your hard work, commitment, and your ability to achieve things nobody would have believed. We wish you the best of luck in your future endeavors and we hope that the Lightning Pride you developed over the past 4 years stays with you forever.

A few final thoughts about the future of **Eastview Wrestling**. The changes made to section 3AAA increased opportunities for Lightning wrestlers this season. In order for that success to continue, each of us must commit to make the changes necessary in order to improve. The **Coaching Staff** is more committed than ever to inspire those involved and to make improvements needed to the overall program. **Wrestlers** need to challenge themselves even more than those before them, inspire teammates to work harder, make greater sacrifices, and do all the little things needed to become a champion. **Parents** must continue to offer their support and work with the wrestlers and coaching staff to raise expectations. The future success of our wrestling program is dependent not only on everyone accepting their role, but on everyone owning it. As we work together, I truly believe Eastview Wrestling can become a program that can call themselves **CHAMPIONS!**

Coach Habeck



Eastview Wrestling

Captains: Chris Bechly, BJ Groskreutz, Mitch Rechtzigel

2011-2012 Season

7th Grade

LINDSTROM, ALEX

FRESHMAN

FARMAH, GEORGE
ADAMSON, JOSEPH
ALBA, GAGE
ANDERSON, TOMMY
AYELE, GABE
BORKOWSKI, NOAH
DELICH, TOM
DODD, LUKE
FARLEY, ELI
DRAVIS, CASEY
EALEY, JAVONTE
GIBSON, BEN
GILES, ANTWOINE
HABECK, ZACH
HESTNESS, BRETT
HOESCHEN, DREW
IBRAHIM, MOEMEN
INGRAM, VANTRELL
KADRY, OMAR
MCCOMB, KEVIN
MICHOLIC, TYLER
MORGENSTERN, ANDREW
MULLEN, JONATHAN
PRAUS, ZACH
RAINS, WILL
SCHLIESMAN, JACK
STUMPF, ERIC
XIONG, NICHOLAS

JUNIORS

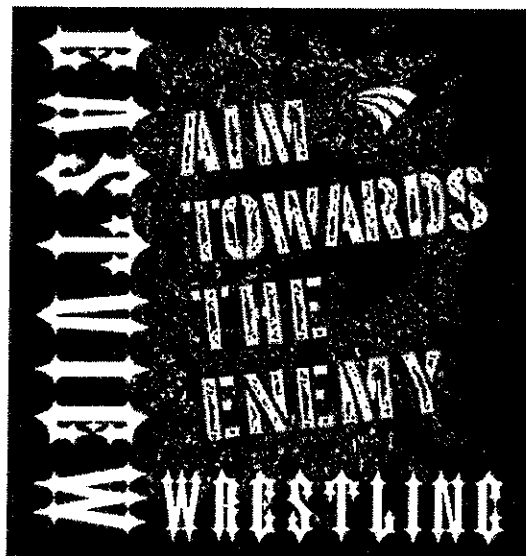
BERTELL, ALEX
GIBSON, WILL
HARRIS, BLAKE
LENZ, JONATHAN
MAKO, PATRICK
METZ, VINCE
MUNOS, ANTHONY
PENDERS, JACK
PHOMPBACKDY, DAVID
WATSON, JON

SOPHOMORES

BUCK, JACK
BURGESS, THOMAS
CORDOVA, BRANDON
CARLSON, GAVIN
KIRKMAN, KENNY
KRISHER, ANDREW
LESCH, PETER
LINDGREN, TYLER
MARKS, BILLY
PEGELOW, NICK
RUKAVINA, JACOB
SCHMITT, MICAH
SWANSON, JORDAN
TASCHNER, BEN
WARREN, JEREL

SENIORS

BECHLY, CHRIS
COLE, BRENDAN
FOREMAN, ADAM
GARCIA, EDGAR
GROSKREUTZ, BJ
GROSKREUTZ, ZACH
HENNING, MATT
HOWARD, GREG
LADD, MATTHEW
MARTENS, JOE
RECHTZIGEL, MITCH
ZELENAK, NICK



PRINCIPAL

Dr. Randall Peterson

Athletic Director

Matt Percival

Coaches

Kurt Habeck
Nick Fornicoia
Todd Frost
Travis Lee
Jarred Mccarthy
Chad Eul
Josh Nelson
Dean Stockwell
Brad Okonek
Jake Nelson
Greg Dravis
Chad Wentzel

Nickname

Lightning

School Colors

Black, Blue, Silver, White

Managers

Ashley Nelson
Jessica Schmitz
Brooke Micholic
Hannah Habeck
Courtney Hopps
Devony Carlson
Katie Grutza
Malissa Montognese
Maddy Smith
Grace Hagestad
Rayanne Hedges

Videographers

Annie Ehresmann

Photographer

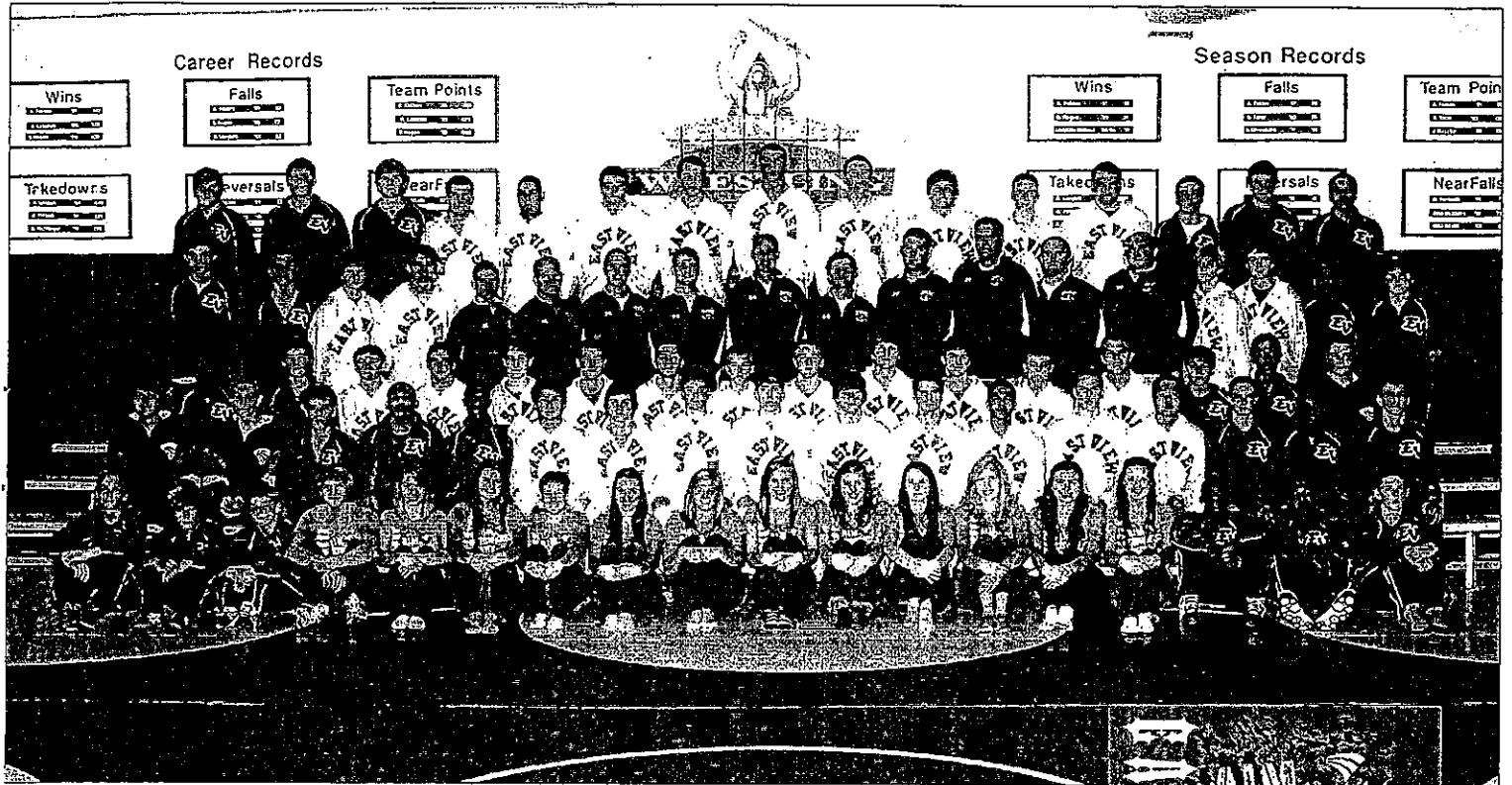
Derek Dravis

Conference

South Suburban

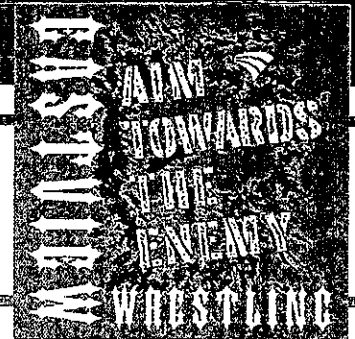
Section

3AAA



Aim Towards the Enemy

2011-2012 Eastview Wrestling



Each year the seniors and captains, along with the coaches, pick a season motto that represents the thoughts and desires of the current team. This year we picked the motto: Aim Towards The Enemy.

Olympic Champion and National Champion Coach of Penn State, Cael Sanderson talked about the simple instructions on a Missile: "Aim Towards The Enemy". This is a great example of the single minded focus it takes to be successful in wrestling and in life. Simply aim towards your goal and work as hard as you can to achieve it.

We asked the wrestlers to identify what "Aim Towards The Enemy" means to them. Here are some of their responses:

- All we do is Attack! Attack! Attack! –*Matthew Ladd*
- Whether the enemy is an opponent, assignment, or objective, you should aim towards that "enemy" with the mentality of defeating it. –*Brendan Cole*
- Outwork your opponent. –*Luke Dodd*
- Train Hard. –*Moemen Ibrahim*
- Aim to achieve goals everyday. –*BJ Groshkreutz*
- Directing your every action to the outcome of beating the enemy. –*Jono Lenz*
- Stay Focused. –*Tom Delich*

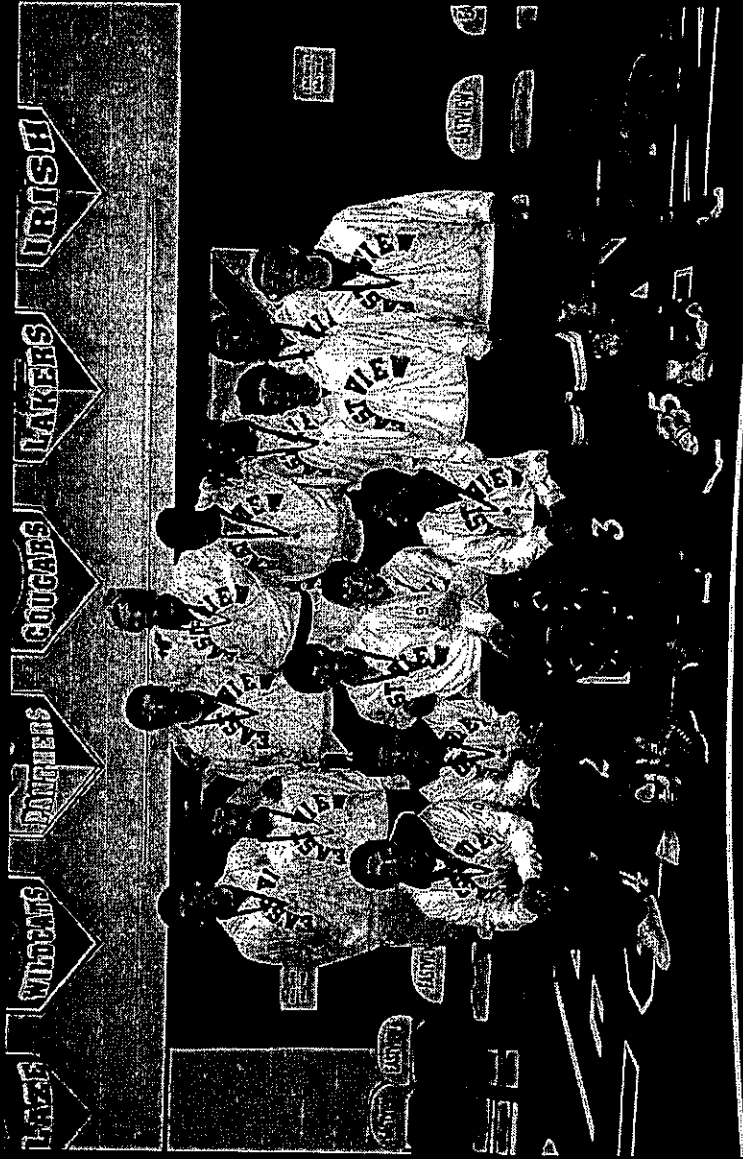
- Aim towards the enemy means to give 100% during the season. –*Eli Farley*
- Outwork your enemy. –*Zac Groshkreutz*
- We will keep on the attack. –*Matt Henning*
- Aim to achieve goals everyday in the wrestling room. –*Billy Marks*
- Train your butt off to defeat your enemy. –*Jordan Swanson*
- Work hard in practice to beat the enemy. –*Nick Zelenak*
- Go at your opponent with everything you've got. –*Anthony Munos*
- Work in practice to get results in a match. –*Chris Bechly*
- Out training, out thinking, and outperforming your opponent. –*Jakob Rukavina*
- Stay focused on the target. –*Mitch Rechtzigel*

Aim Towards The Enemy is more than a motto for this year's wrestling squad. It is a powerful strategy to attack athletics and life.

This season, we will learn how to face every challenge in our athletic, professional, and personal life with strength and courage. We will aim for excellence in wrestling and beyond!

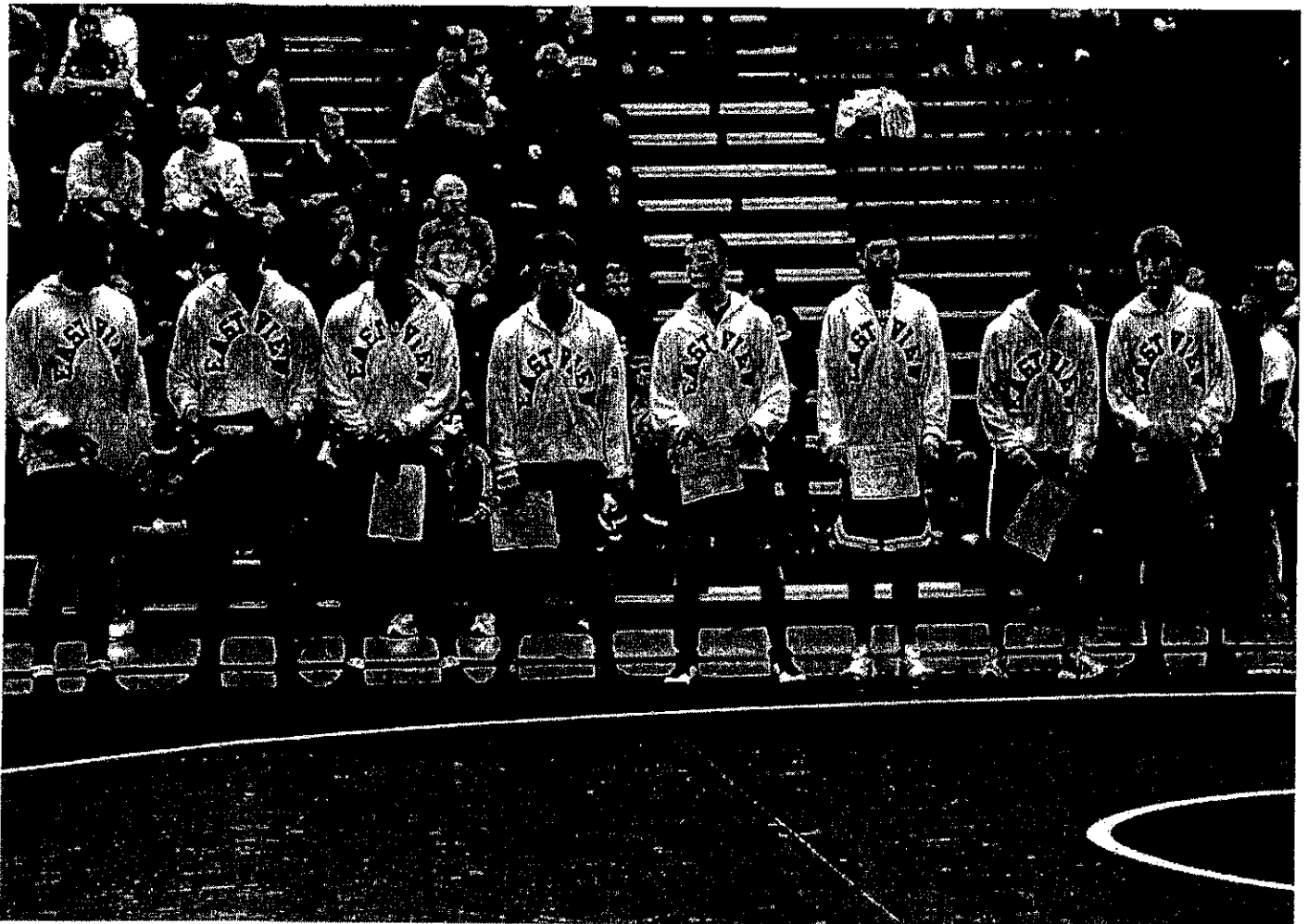
MN STATE ACADEMIC CHAMPIONS

EASTVIEW WRESTLING
3.79 TEAM GPA



SECTION 3AAA ACADEMIC TEAM

- 106 Alex Lindstrom**
- 113 Eric Stumpf**
- 132 BJ Groskreutz**
- 138 Jacob Rukavina**
- 160 Mitch Rechtzigel**
- 170 Greg Howard**
- 182 Matt Henning**
- 195 Nick Pegelow**



TEAM 2012 RECOGNITION

LETTER WINNERS

MANAGERS

Alex Lindstrom	EV				
Tom Delich	EV				
Luke Dodd	EV	EV			
Casey Dravis	EV				
George Farmah	EV				
Zach Habeck	EV				
Brett Hestness	EV				
Zach Praus	EV				
Will Rains	EV				
Jack Schliesman	EV				
Eric Stumpf	EV				
Jack Buck	EV				
Thomas Burgess	EV				
Gavin Carlson	EV				
Brandon Cordova	EV				
Kenny Kirkman	EV				
Andrew Krisher	EV				
Peter Lesch	EV	EV			
Tyler Lindgren	EV	EV			
Billy Marks	EV				
Nick Pegelow	EV				
Jacob Rukavina	EV	EV	EV		
Jordan Swanson	EV				
Alex Bertell	EV				
Will Gibson	EV				
Blake Harris	EV				
Jonathan Lenz	EV	EV			
Patrick Mako	EV	EV			
Vince Metz	EV	EV			
Anthony Munos	EV	EV	EV	EV	
Jack Penders	EV	EV			
David Phomphackdy	EV	EV			
Jon Watson	EV	EV			
Chris Bechly	EV	EV	EV		
Brendan Cole	EV	EV	EV		
Adam Foreman	EV	EV			
Edgar Garcia	EV	EV			
BJ Groskreutz	EV	EV	EV	EV	
Zac Groskreutz	EV	EV			
Matt Henning	EV	EV	EV		
Greg Howard	EV	EV	EV		
Mathew Ladd	EV	EV	EV		
Joe Martens	EV				
Mitch Rechtzigel	EV	EV	EV	EV	EV
Nick Zelenak	EV	EV			

Derek Dravis	EV	EV
Hannah Habeck	EV	
Courtney Hopps	EV	
Brooke Micholic	EV	
Annie Ehresmann	EV	
Ashley Nelson	EV	
Jessica Schmitz	EV	

ALL CONFERENCE

BJ Groskreutz
Mitch Rechtzigel

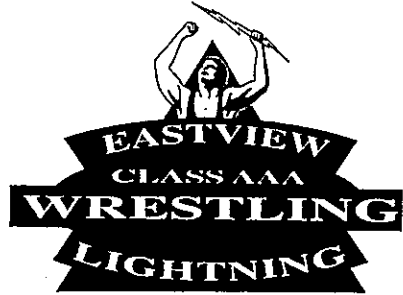
ALL CONFERENCE HONORABLE MENTION

Jacob Rukavina
Anthony Munos
Matt Henning
Edgar Garcia

SOUTH SUBURBAN CONFERENCE RECORDS

Apple Valley	8-0
Prior Lake	7-1
Rosemount	6-2
Lakeville North	4-3
Bloomington	3-5
Burnsville	3-5
Eastview	2-6
Eagan	1-6
Lakeville South	0-6

John Rodin Service Award



*In memory of John Rodin
and his life long commitment
to the sport of wrestling.*

This award winner is a person who has shown great commitment to the Eastview Wrestling program as well as to the youth programs in the Eastview Community.

Brad Okonek
1998

Ben Foertsch
2004

Jacob Rukavina
2010

Brad Okonek
1999

Dante Hendricks
2005

Levi Groskreutz
2011

Andrew Lenertz
2000

Pat Cox
2006

2012

John Getzke
2001

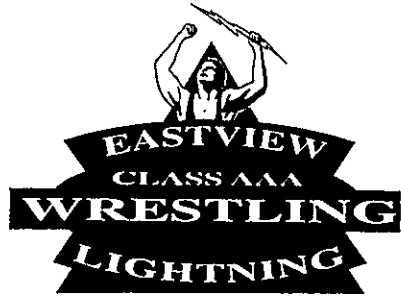
Joey Scott
2007

Cory Wagner
2002

Nick Dodd
2008

Cory Wagner
2003

Peter Nguyen
2009



Wrestling Manager Hall of Fame

Each wrestling manager inductee has successfully graduated from Eastview High School and demonstrated a tremendous commitment and work ethic to the sport and to the Eastview Wrestling program.

Erinn Roos
Class of 2000

Sara Olson
Class of 2010

Rachel Davis
Class of 2001

Who will be next?

Kari Okonek
Class of 2003

Ashley Langlais
Class of 2006

Libby Carroll
Class of 2009

Brooke Larson
Class of 2010

Eastview Wrestling Season Awards - 2012

3-D Club Membership

Jack Buck	Jacob Rukavina
Jonathan Lenz	Vince Metz
Anthony Munos	Jack Penders
Matt Henning	David Phomphackdy
Matt Ladd	Mitch Rechtzigel

Freshman 3-D Club Membership

Luke Dodd	Casey Dravis
Zach Habeck	Zach Praus
Jack Schliesman	

Most Falls

V – Mitch Rechtzigel - 17
 JV – Andrew Krisher – 18
 9th – Casey Dravis – 16

Most Takedowns

V – Mitch Rechtzigel – 221
 JV – Matthew Ladd – 87
 9th – Tom Delich - 35

Most Team Points

V – Mitch Rechtzigel – 180
 JV – M. Ladd / A. Krisher – 132
 9th – Tom Delich – 143

Academic Club – Gold (3.6-4.0)

Matt Schumann	Alex Lindstrom
Casey Dravis	Zach Habeck
Drew Hoeschen	Andrew Morgenstern
Zach Praus	Jack Schliesman
Eric Stumpf	Billy Marks
Nick Pegelow	Jacob Rukavina
Jordan Swanson	Jonathan Lenz
Jack Penders	Chris Bechly
Adam Foreman	BJ Groskreutz
Matt Henning	Greg Howard
Matt Ladd	Mitch Rechtzigel
Grace Hagestad	Rayanne Hedges
Derek Dravis	Katie Grutza
Hannah Habeck	Courtney Hopps
Malissa Montognese	Annie Ehresmann
Ashley Nelson	

Academic Club – Silver (3.0-3.59)

Michael Delich	Tommy Anderson
Noah Borkowski	Tom Delich
Luke Dodd	Brett Hestness
Omar Kadry	Tyler Micholic
Jonathan Mullen	Thomas Burgess
Gavin Carlson	Kenny Kirkman
Peter Lesch	Micah Schmitt
Ben Taschner	Alex Bertell
Will Gibson	Blake Harris
Patrick Mako	Vince Metz
Brendan Cole	Zac Groskreutz
Joe Martens	Nick Zelenak
Devony Carlson	Brooke Micholic
Maddie Smith	Jessica Schmitz

John Rodin Service Award

Most Valuable Varsity Wrestler of the Year _____

Most Valuable Junior Varsity Wrestler of the Year _____

Most Valuable Freshman Wrestler of the Year _____

Freshman Team Most Valuable Wrestler _____

Most Improved Wrestler of the Year _____

Most Improved Freshman Wrestler of the Year _____

Scholar Athlete Award _____

Lightning Award _____

Junior Varsity – Varsity Drill Partner Award _____

Freshman Drill Partner Award _____

2011 – 2012 STATISTIC LEADERS

	VARSITY		JUNIOR VARSITY		FRESHMAN	
WINS	Mitch Rechtzigel	39	Matt Ladd	26	Tom Delich	28
	Anthony Munos	30	Jack Penders	25	Casey Dravis	25
	Jacob Rukavina	29	Andrew Krisher	22	Luke Dodd	20
			Joe Martens	22		
FALLS	Mitch Rechtzigel	17	Andrew Krisher	18	Casey Dravis	16
	Matt Henning	14	Jack Penders	17	Tom Delich	14
	Jacob Rukavina	13	Matt Ladd	15	George Farmah	14
TEAM POINTS	Mitch Rechtzigel	180	Andrew Krisher	132	Tom Delich	143
	Jacob Rukavina	132	Matt Ladd	132	Casey Dravis	139
	Anthony Munos	130	Jack Penders	130	Will Rains	103
TAKEDOWNS	Mitch Rechtzigel	221	Matt Ladd	87	Tom Delich	35
	Jacob Rukavina	66	Nick Zelenak	52	Luke Dodd	29
	BJ Groskreutz	63	Will Gibson	31	Andrew Morgenstern	26
			Gavin Carlson	31		
NEAR FALLS	Anthony Munos	33	Billy Marks	26	Luke Dodd	14
	Matt Henning	25	Matt Ladd	22	Andrew Morgenstern	14
	Jacob Rukavina	22	Will Rains	15	Zach Praus	13
REVERSALS	Anthony Munos	21	Jack Penders	17	Casey Dravis	11
	Jacob Rukavina	20	Matt Ladd	13	Andrew Morgenstern	11
	Alex Lindstrom	20	Gavin Carlson	10	Zach Habeck	10





Eastview Varsity Meet Results

Overall Record: 12 Wins 15 Losses

Conference Record: 2 Wins 6 Losses

Eastview	44	Lakeville South	30	Win
	66	St. Paul Central	18	Win
	47	Stillwater	22	Win
	19	Rosemount	43	Loss
	21	Bloomington	37	Loss
	35	Northfield	32	Win
	26	Henry Sibley	37	Loss
	40	Hopkins	39	Win
	37	Farmington	38	* Loss
	75	Cretin-Derham Hall	3	Win
	51	Minnetonka	24	Win
	17	Lakeville North	52	Loss
	30	Chaska / Chanhausen	42	Loss
	30	Wayzata	42	Loss
	26	Lakeville North	46	Loss
	9	Apple Valley	62	Loss
	32	Eagan	30	Win
	48	East Ridge	24	Win
	56	Hastings	16	Loss
	25	Prior Lake	43	Loss
	72	St. Paul Humboldt	10	Win
	33	South St. Paul	34	* Loss
	22	White Bear Lake	45	Loss
	43	Goodhue	32	Win
	66	St. Paul Harding	15	Win
	27	Burnsville	37	Loss
	21	Henry Sibley	45	Loss

* Dual ended in a tie... lost on #8 criteria.

Team Tournaments

Eastview Duals	1 st Place
Northfield Duals	3 rd Place
Richfield Duals	2 nd Place

Individual Tournaments

Bi-State Classic	8 th Place
Burnsville Invite	2 nd Place
Eastview Invite	4 th Place

Varsity Tournament Results

Team Tournaments

Eastview Duals – 1st Place

1 st	Eastview	3 rd	Lakeville South
2 nd	Stillwater	4 th	St. Paul Central

Richfield Tournament – 2nd Place

1 st	Lakeville North	4 th	Minnetonka	7 th	Glenco-Silver Lake
2 nd	Eastview	5 th	Richfield / Edina	8 th	Cretin-Durham Hall
3 rd	Roseville	6 th	Brooklyn Center		

Armstrong Tournament – 2 Wins / 1 Loss

White Bear Lake	Loss	22-45
Goodhue	Win	43-32
St. Paul Harding	Win	66-15

Individual Tournaments

Bi-State Classic

12th out of 54 Teams

106	Alex Lindstrom (2-2)	DNP	138	BJ Groskreutz (4-3)	11 th	182	Matt Henning (3-2)	DNP
113	Tyler Lindgren (1-2)	DNP	145	Jacob Rukavina (4-3)	10 th	195	Jack Buck (1-2)	DNP
120	Eric Stumpf (0-2)	DNP	152	Anthony Munos (5-2)	7 th	220	Edgar Garcia (1-2)	DNP
126	Peter Lesch (1-2)	DNP	160	Mitch Rechtzigel (5-0)	1 st	285	Adam Foreman (1-2)	DNP
132	Zac Groskreutz (0-2)	DNP	170	Greg Howard (4-4)	12 th			

Division 1

Division 2

Division 3

Division 1

Division 2

Division 3

1. Wausau West	313.5
2. Hudson	226.0
3. Mt. Horeb/Barnveld	221.0
4. Holmen	216.0
5. Muskego	204.5
6. Baraboo	167.5
7. Bloomington	160.5
8. Eastview	159.0
9. Marshfield	134.0
10. South Saint Paul	124.5
11. Tomah	113.0
12. DC Everest	111.0
13. Verona	107.0
14. Lakeville South	95.5
15. Middleton	91.0
16. La Crosse Central	90.5
17. New Richmond	84
18. La Crosse Logan	77.0
19. Protage	20.0

1. Ellsworth	279.5
2. Caledonia/Houston/Spring Grove	242.0
3. River Valley	155.5
4. Cuba City/South Western	136.0
5. Mauston	133.0
6. West Salem / Bangor	128.5
7. Adams Friendship	123.0
8. Viroqua	122.0
9. Richland Center	113.0
10. Monroe	103.0
11. Nekoosa/Port Edwards	102.0
12. Prairie Du Chien	91.5
13. Belmont/Plattville	91.0
14. Dodgeville	46.0
15. Black River Falls	40.0

1. Lancaster	181.5
2. Cashton	169.0
3. Weston/Ithaca	154.0
4. Stratford	144.0
5. Westby	136.0
6. DeSoto	119.0
7. Zumbrota/Meseppa	111.0
8. Aquinas	104.5
9. Riverdale	100.5
10. Royall	77.5
11. New Lisbon	73.5
12. Boscobel	72.0
13. Arcadia	67.0
14. Kickapoo/LaFarge	65.0
15. Athens	62.0
16. Shell Lake	60.0
17. Auburndale	40.5
18. Hillsboro	38.0
19. Independence/Gimanton	26.0
20. North Crawford/Seneca	19.0

Burnsville Invitational 2nd Place

1 st	258.5	Forest Lake	5 th	119.0	Burnsville
2 nd	173.0	Eastview	6 th	119.0	Mounds View
3 rd	129.5	Eden Prairie	7 th	17.0	Saint Paul Highland Park
4 th	124.0	Eagan			

106	Alex Lindstrom (2-2)	4 th	138	BJ Groskreutz (2-1)	2 nd	182	Matt Henning (2-1)	2 nd
113	Tyler Lindgren (0-2)	4 th	145	Jacob Rukavina (3-1)	3 rd	195	Jack Buck (3-1)	3 rd
120			152	A. Munos (3-1) B. Cole (0-2)	3 rd DNP	220	Edgar Garcia (1-2)	4 th
126	Peter Lesch (1-2)	5 th	160	M Rechtzigel (3-0) J. Lenz (1-3)	1 st 6 th	285	Nick Pegelow (2-2)	5 th
132	Zac Groskreutz (0-2)	4 th	170	G. Howard (2-1) Vince Metz (2-2)	2 nd 4 th			

Eastview Invitational 4th Place

1 st	210	Shakopee	5 th	134	Wayzata	9 th	62.5	Farmington
2 nd	196	Scott West	6 th	112.5	Coon Rapids	10 th	55	River Falls
3 rd	189	Rosemount	7 th	110	Faribault	11 th	6	Winona
4 th	143.5	Eastview	8 th	85.5	Mpls South	12 th	3	Mpls Southwest

106			138	Jacob Rukavina (2-2)	5 th	182	Matt Henning (2-2)	5 th
113	Tyler Lindgren (0-3)	6 th	145	A. Munos (2-1)	2 nd	195	Edgar Garcia (1-2)	4 th
120			152	B. Cole (3-2)	4 th	220	Adam Foreman (1-3)	6 th
126	Peter Lesch (1-3)	6 th	160	M Rechtzigel (3-0)	1 st	285	Nick Pegelow (0-2)	DNP
132	BJ Groskreutz (3-0)	1 st	170	G. Howard (3-2)	4 th			

Mound-Westonka Invitational – 5th Place

1	Waconia	4	Mound Westonka	7	Glencoe-Silver Lake / Lester Prairie
2	Monticello	5	Eastview	8	Como Park
3	South St. Paul	6	Buffalo		

106	Zach Habeck	6 th	138	Casey Dravis	5 th	182	Will Rains	2 nd
113	Eric Stumpf	5 th	145	Matt Ladd	3 rd	195	Jack Buck / Joe Martens	3 / 6
120	Brett Hestness	6 th	152	Brendan Cole	1 st	220	Nick Pegelow	5 th
126	Peter Lesch	5 th	160	Jonathan Lenz	5 th	285	Jack Schliesman	5 th
132	Luke Dodd	5 th	170	Will Gibson	5 th			

3AAA Individual Sections - 2nd Place

1	Apple Valley	335	5	Eagan	129	9	MPLS Southwest	17
2	Eastview	167	6	Henry Sibley	126			
3	Rosemount	142	7	Burnsville	120			
4	Park	130	8	East Ridge	47			

106	Alex Lindstrom (2-2)	5 th	138	Jacob Rukavina (3-1)	2 nd	182	Matt Henning (2-2)	4 th
113	Tyler Lindgren (2-2)	4 th	145	Anthony Munos (2-2)	4 th	195	Jack Buck (2-2)	4 th
120	Eric Stumpf (1-3)	6 th	152	Brendan Cole (1-3)	6 th	220	Edgar Garcia (2-2)	5 th
126	George Farmah (2-2)	4 th	160	Mitch Rechtzigel (2-1)	2 nd	285	Nick Pegelow (2-2)	4 th
132	BJ Groskreutz (2-1)	2 nd	170	Greg Howard (2-2)	4 th			

VARSIITY STATISTICS

Wrestler	Win	Loss	T2	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Chris Bechly	1	4	2	5	0	1	3	1	0	0	4
Jack Buck	21	13	33	30	7	6	9	2	0	9	101
Brendan Cole	11	12	21	21	4	3	3	0	0	8	63
Brandon Cordova	1	2	1	0	0	0	0	0	0	0	6
Luke Dodd	1	1	1	0	1	0	2	0	0	1	6
Casey Dravis	2	1	3	0	4	0	3	1	0	1	10
George Farmah	8	5	14	9	7	1	4	0	0	4	41
Adam Foreman	11	18	6	8	4	1	1	0	1	9	63
Edgar Garcia	19	22	18	19	13	1	5	0	0	11	105
Will Gibson	2	1	2	0	1	0	0	0	0	1	12
BJ Groskreutz	27	13	63	24	11	9	6	4	1	9	115
Zac Groskreutz	4	13	8	22	5	0	0	0	0	1	24
Zach Habeck	1	3	1	5	0	0	0	0	0	0	3
Matt Henning	19	19	36	30	10	17	8	2	2	12	99
Brett Hestness	1	2	2	1	1	0	1	0	0	1	6
Greg Howard	21	20	35	34	11	3	2	1	0	9	100
Andrew Krisher	0	2	0	1	0	0	0	0	0	0	0
Matt Ladd	6	4	12	2	1	4	2	1	0	3	34
Jonathan Lenz	7	8	11	11	3	1	0	0	0	3	30
Peter Lesch	9	16	14	9	5	3	10	2	1	4	46
Tyler Lindgren	13	25	19	30	14	9	0	0	0	8	66
Alex Lindstrom	19	19	32	10	20	12	5	2	0	9	91
Joe Martens	0	2	2	5	1	0	0	0	0	0	0
Vince Metz	7	6	8	4	3	0	2	0	0	6	42
Anthony Munos	30	11	59	21	21	17	16	5	2	7	130
Nick Pegelow	7	11	6	10	0	4	0	0	0	5	39
Jack Penders	1	0	0	1	1	0	0	0	0	1	6
Will Rains	2	1	4	0	2	3	1	1	0	1	10
Mitch Rechtzigel	39	4	221	32	7	9	9	9	3	14	180
Jacob Rukavina	29	14	66	19	20	12	10	9	1	12	132
Jack Schliesman	1	1	2	1	0	0	0	0	0	1	6
Eric Stumpf	6	19	10	9	0	0	3	1	0	1	28
Nick Zelenak	2	2	1	0	3	1	0	0	0	1	12

	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Team Points
Eastview Team Totals	330	300	715	374	180	117	105	41	11	153	1622
Opponents Totals	300	330	589	437	155	103	164	33	12	150	1409

EASTVIEW WRESTLING 2011-2012

AIM TOWARDS THE ENEMY!

TEAM	35 Team Points	4 Falls	8 Wins	19 Take-Downs	10 Near-Falls	Won 75% 3 rd Periods	1 or Less Pins	1 or Less Major/TF	Total Goals	Dual Win
LAKEVILLE SOUTH	44	6	8	21/14	12/8	3:2	2	2	5	W 44-30
ST. PAUL CENTRAL	66	11	11	14/8	13/3	1:0	3	0	6	W 66-18
SHILLWATER	47	6	9	19/4	12/7	5:0	2	1	7	W 47-22
ROSEMOUNT	19	1	5	11/15	4/13	4:3	3	3	0	L 19-43
BLOOMINGTON	21	2	5	19/16	5/8	4:6	3	2	1	L 21-37
NORTHFIELD	35	2	7	12/9	4/8	3:2	4	0	1	W 35-33
HENRY SIBLEY	26	2	6	17/15	8/14	4:4	3	2	0	L 26-37
HOPKINS	40	6	8	12/9	15/9	3:2	5	2	4	W 40-39
FARMINGTON	37	4	7	18/11	8/10	2:2	5	1	2	L 37-38
CRETIN-DERHAMTALL	75	8	13	14/6	12/0	2:1	0	0	6	W 75-3
MINNETONKA	51	5	10	25/3	7/6	4:1	4	0	7	W 51-24
LAKEVILLE NORTH	17	1	4	12/14	13/8	4:1	7	1	2	L 17-52
CHASKACHIANILASSEN	30	4	5	10/11	8/8	1:4	5	0	2	L 30-42
WAYZATA	30	4	6	20/10	3/13	4:1	6	0	4	L 30-42
LAKEVILLE NORTH	26	2	6	12/8	7/4	5:1	7	1	2	L 26-46
APPLE VALLEY	9	1	2	2/21	1/14	2:1	5	1	1	L 9-62
EAGAN	32	3	7	23/10	8/7	6:3	3	0	3	W 32-30
EAST RIDGE	48	5	9	25/11	10/9	3:3	1	3	6	W 48-24
HASTINGS	16	1	4	11/21	4/13	3:5	6	2	0	L 56-16
PRIOR LAKE	25	2	6	7/21	5/10	4:3	6	1	1	L 43-25
ST. PAUL HUMBOLDT	72	12	12	12/5	2/3	0:1	1	1	5	W 72-10
SOUTH ST. PAUL	33	4	7	17/16	6/12	5:5	4	0	2	W 33-34
WHITE BEAR LAKE	22	1	6	13/12	2/18	4:3	6	1	1	L 22-45
GOODHUE	43	6	8	14/6	13/8	4:2	4	2	4	W 43-32
ST. PAUL HARDING	66	11	11	14/5	8/3	1:1	2	0	4	W 66-15
BURNSVILLE	27	3	6	21/18	6/11	5:5	4	1	2	L 27-37
HENRY SIBLEY	21	2	4				4	1		L 21-45

VARSIY SEASON RECORDS

FALLS

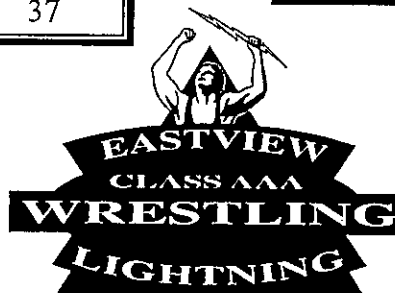
Adam Fokken	'01	28
Nate Kocer	'03	28
Erik Ehresmann	'11	26

WINS

Mitch Rechtzigel	'12	39
Adam Fokken	'01	38
Scott Hogan	'09	37
Ryan Langlais	'04	37
John Makabe	'06	37

TEAM POINTS

Adam Fokken	'01	200
Nate Kocer	'03	199
John Makabe	'06	190



TAKEDOWNS

Mitch Rechtzigel	'12	221
Ryan Langlais	'04	134
Adam Fokken	'01	119

NEAR FALLS

Mikey Fornicoia	'02	79
Josh Weinberg	'10	73
Minh Huynh	'05	56

REVERSALS

Josh Weinberg	'10	41
Kevin McBride	'02	38
Adam Fokken	'99	28
Nate Kocer	'02	28

VARSIY CARER RECORDS

FALLS

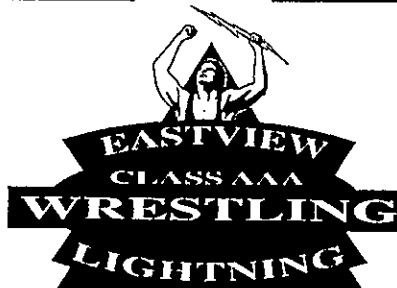
Adam Fokken	'01	83
Scott Hogan	'09	66
Ryan Langlais	'04	55

WINS

Mitch Rechtzigel	'12	158
Adam Fokken	'01	147
Ryan Langlais	'04	139

TEAM POINTS

Adam Fokken	'01	727
Mitch Rechtzigel	'12	674
Ryan Langlais	'04	621



TAKEDOWNS

Mitch Rechtzigel	'12	499
Ryan Langlais	'04	449
Adam Fokken	'01	349

NEAR FALLS

Mikey Fornicoia	'02	166
Minh Huynh	'06	148
Scott Hogan	'09	145

REVERSALS

Adam Fokken	'01	92
Josh Weinberg	'10	87
Mikey Fornicoia	'02	84



EASTVIEW WRESTLING
JV TEAM RESULTS
2011-2012

Overall Record: 22 Wins 0 Losses
Conference Record: 8 Wins 0 Losses
1st Place South Suburban Conference

Dual Meets

Eastview	49	Lakeville South	18	Win
	64	St. Paul Central	9	Win
	65	Stillwater	12	Win
	36	Rosemount	33	Win
	50	Bloomington	23	Win
	60	Northfield	12	Win
	82	Henry Sibley	20	Win
	51	Hopkins	20	Win
	59	Farmington	17	Win
	46	Norwood Young America	19	Win
	46	St. Paul Como Park	32	Win
	65	Maple Grove	12	Win
	76	Rochester Century	3	Win
	57	Armstrong	10	Win
	69	Chaska-Chanhassen	4	Win
	57	Wayzata	7	Win
	39	Lakeville North	12	Win
	43	Apple Valley	31	Win
	39	Eagan	9	Win
	57	East Ridge	8	Win
	42	Hastings	18	Win
	54	Prior Lake	16	Win

Individual Tournaments

Burnsville Invitational
No Team Score Kept

138 Billy Marks - Champ
152 Matt Ladd - Champ
170 Will Gibson - Champ
145 Matt Ladd - Champ
182 Joe Martens - Champ
138 Jack Penders - 2nd
152 Nick Zelenak - 2nd
220 Blake Harris - 2nd
182 Jerel Warren - 3rd
285 Jon Watson - 3rd
152 Gavin Carlson - 4th
195 Ben Taschner - 4th

Lightning Invitational
No Team Score Kept

132 Andrew Krisher - Champ
132 Zac Groskreutz - Champ
138 Billy Marks - Champ
145 Nick Zelenak - Champ
152 Matt Ladd - Champ
152 Gavin Carlson - Champ
160 Jonathan Lenz - Champ
170 Will Gibson - Champ
182 Joe Martens - Champ
195 Ben Taschner - Champ
285 Jon Watson - Champ
138 Jack Penders - 2nd
182 Jerel Warren - 2nd
145 Patrick Mako - 3rd
160 David Phomphackdy - 3rd

Armstrong Tourney

No Team Score Kept

132 Andrew Krisher – Champ
132 Kenny Kirkman – Champ
152 Gavin Carlson – Champ
152 Jonathan Lenz – Champ
160 David Phomphackdy – Champ
170 Will Gibson – Champ
220 Nick Pegelow – Champ
220 Jack Schliesman – Champ
132 Zac Groskreutz – 2nd
138 Nick Zelenak – 2nd
182 Joe Martens – 2nd
220 Blake Harris – 2nd
285 Jon Watson – 2nd
120 Brett Hestness – 3rd
138 Jack Penders – 3rd
138 Gage Alba – 3rd

Lake Conference JV Tourney

2nd Place – 8 Teams

132 Zac Groskreutz – Champion
152 Jonathan Lenz – Champion
145 Matthew Ladd – 2nd
182 Will Rains – 2nd
285 Jon Watson – 2nd
126 George Farmah – 3rd
195 Nick Pegelow – 3rd
220 Jack Schliesman – 3rd
138 Billy Marks – 4th
170 Will Gibson – 4th
195 Ben Taschner – 4th

Team Scores

1 st	Apple Valley	227.5
2 nd	Eastview	138
3 rd	Rosemount	113.5
4 th	Lakeville North	107
5 th	Bloomington	104
6 th	Prior Lake	51
7 th	Burnsville	36
8 th	Eagan	0

Lake Conference JV Silver Tourney

No Team Score Kept

113 Eric Stumpf – Champ
138 Luke Dodd – Champ
145 Nick Zelenak – Champ
106 Zach Habeck – 2nd
120 Brett Hestness – 2nd
132 Andrew Krisher – 2nd
138 Casey Dravis – 2nd
152 Andrew Morgenstern – 3rd
182 Joe Martens – 3rd
138 Kenny Kirkman – 4th
145 Patrick Mako – 5th
152 Gavin Carlson – 6th

JUNIOR VARSITY STATISTICS

Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Gage Alba	1	5	4	3	1	0	0	0	0	1	6
Alex Bertell	4	4	2	3	3	1	0	0	0	2	24
Jack Buck	1	1	0	0	0	0	0	0	0	0	6
Thomas Burgess	18	2	18	5	5	0	6	0	0	12	99
Gavin Carlson	18	8	31	10	10	6	7	0	0	10	87
Brendan Cole	7	1	9	3	4	2	3	0	1	4	38
Brandon Cordova	1	2	3	0	0	0	0	0	0	1	6
Tom Delich	5	0	6	0	1	1	1	0	0	3	24
Casey Dravis	3	0	12	3	0	2	1	0	0	7	42
George Farmah	2	1	16	4	8	1	11	0	1	9	62
Will Gibson	19	7	31	17	9	8	5	0	0	14	102
Antoine Giles	0	3	0	2	0	0	0	0	0	0	0
Zac Groskreutz	9	0	13	2	7	4	3	1	0	2	40
Zach Habeck	11	3	13	7	8	6	2	0	0	9	102
Blake Harris	11	3	8	5	4	0	4	0	0	6	54
Brett Hestness	3	3	5	1	1	0	0	0	0	1	15
Vantrel Ingram	5	6	9	5	3	1	1	0	1	0	29
Kenny Kirkman	7	3	9	2	3	3	4	1	0	3	31
Andrew Krisher	22	5	17	8	5	1	7	1	0	18	132
Matt Ladd	26	1	87	8	13	11	11	3	1	14	132
Jonathan Lenz	18	0	20	2	3	3	6	0	0	13	96
Peter Lesch	6	2	5	1	2	1	3	0	0	5	36
Patrick Mako	15	10	17	6	6	3	4	0	0	11	87
Billy Marks	16	4	25	6	6	11	15	1	2	9	81
Joe Martens	22	5	16	10	9	6	4	1	0	12	121
Kevin McComb	4	2	6	0	5	0	4	1	0	3	22
Vince Metz	8	1	10	2	2	2	4	1	0	7	46
Nick Pegelow	21	2	30	8	1	1	7	1	1	11	117
Jack Penders	25	5	20	17	17	3	5	0	0	17	130
David Phomphackdy	15	12	9	20	9	1	4	0	0	8	78
Zach Praus	1	2	2	0	2	0	0	0	0	1	6
Will Rains	8	2	17	2	4	9	6	2	0	5	41
Jack Schliesman	2	4	4	2	0	0	1	0	0	1	12
Micah Schmitt	5	2	5	1	1	1	0	0	0	2	27
Eric Stumpf	9	6	21	9	6	3	5	0	0	6	48
Jordan Swanson	11	1	16	2	3	3	4	1	0	5	49
Ben Taschner	13	14	7	16	1	2	1	0	0	6	78
Jerrell Warren	6	3	18	3	2	0	0	0	0	2	24
Jon Watson	21	8	14	12	3	1	3	0	0	4	105
Nick Zelenak	21	3	52	18	9	8	6	2	0	13	104

	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Team Points
Eastview Team Totals	441	161	610	227	176	105	148	16	7	257	2339
Opponents Totals	161	441	360	295	140	72	85	26	4	24	591

JUNIOR VARSITY SEASON RECORDS

FALLS

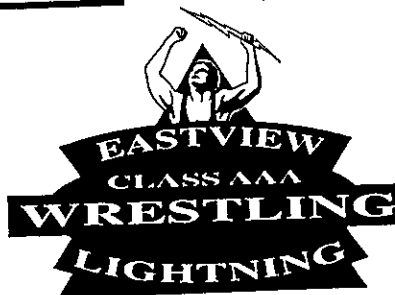
James Pudwill	'06	28
Justin Armstrong	'06	27
Scott Kenning	'06	25

WINS

Andrew Lenertz	'02	31
Tom Chies	'03	30
Fred Hwang	'03	30

TEAM POINTS

Andrew Lenertz	'02	175
James Pudwill	'06	171
Justin Armstrong	'06	165



TAKEDOWNS

Matt Ladd	'12	87
Mike Redig	'06	65
Nathaniel Carroll	'05	50

NEAR FALLS

Josh Weinberg	'08	46
Kyle Fokken	'02	39
Bryan Okonek	'06	35

REVERSALS

Mike Redig	'06	26
Josh Weinberg	'08	22
Brian Wallenta	'04	22

FRESHMAN RESULTS 2011-2012

Overall Record: 19 Wins 5 Losses
 Section Record: 9 Wins 2 Losses

	Eastview	vs		
Section Duals	55	Park	18	Win
	42	Eagan	45	Loss
	72	Rosemount	16	Win
	52	Simley	27	Win
	69	Henry Sibley	21	Win
	82	East Ridge	12	Win
	30	Hastings	53	Loss
	75	Richfield	15	Win
	87	Cretin D.H.	0	Win
	90	St. Thomas	0	Win
Rosemount Duals <i>2nd Place</i>	82	Tartan	6	Win
	57	Lake City	30	Win
	55	Hastings	42	Win
	52	Owatonna	37	Win
	37	Apple Valley	51	Loss
Eastview Duals <i>1st Place</i>	78	Armstrong	9	Win
	66	Mounds View	20	Win
	21	New Prague	70	Win
	62	Eagan	27	Win
	45	Hastings	39	Win
Team State Tournament	36	Coon Rapids	41	Loss
	84	Maple Grove	6	Win
	42	KMS	30	Win
	35	Apple Valley	43	Loss

Individual State Tournament
2nd Place

(Top 10 Team Scores)

1. Adrian	147.5	6. Apple Valley	51.5
2. Eastview	74.0	7. GMLOK	51.0
3. Hastings	66.5	t8. Anoka	49.0
4. Maple Grove	64.0	t8. Milaca	49.0
5. Hutchinson	54.0	t8. Prior Lake	49.0

INDIVIDUAL TOURNAMENTS

	EV Open	Region 2	State
ADAMSON, JOSEPH	2 nd		
ALBA, GAGE	2 nd		
AYELE, GABE	4 th		
BORKOWSKI, NOAH	4 th		
BRECKHEIMER, RILEY	4 th		
DELICH, TOM	1 st	1 st	4 th
DODD, LUKE	2 nd	1 st	3 rd
DRAVIS, CASEY	1 st	2 nd	6 th
FARLEY, ELI	2 nd		
FARMAH, GEORGE	2 nd	3 rd	
GIBSON, BEN	3 rd		
GILES, ANTOINE	4 th		
GREENLEE, GAVIN		Participant	
HABECK, ZACH	--	4 th	
HESTNESS, BRETT	--	4 th	
HOESCHEN, DREW	2 nd	Participant	
IBRAHIM, MOEMEN	2 nd		
INGRAM, VANTRELL	3 rd		
KAAHANUI, WILSON	4 th		
KADRY, OMAR	4 th		
MCCOMB, KEVIN	--	2 nd	2 nd
MICHOLIC, TYLER	2 nd		
MORGENSTERN, ANDREW	2 nd	3 rd	
MULLEN, JONATHAN	--		
PRAUS, ZACH	1 st	2 nd	Participant
RAINS, WILLIAM		1 st	5 th
SCHLIESMAN, JACK	1 st	3 rd	
STUMPF, ERIC	--	3 rd	

FRESHMAN STATISTICS

Wrestler	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Pin	Team Points
Joey Adamson	2	1	3	1	1	0	0	0	0	2	12
Gage Alba	6	6	1	3	2	0	0	0	0	4	36
Tommy Anderson	3	1	1	1	1	1	0	0	0	4	18
Gabe Ayele	1	3	1	0	0	0	0	0	0	1	6
Noah Borkowski	1	6	2	2	0	0	1	0	0	1	6
Mike Delich	2	0	6	1	3	2	1	1	0	1	10
Tom Delich	28	4	35	12	8	3	6	2	0	14	143
Luke Dodd	20	4	29	8	7	5	9	3	0	8	90
Casey Dravis	25	5	23	7	11	4	8	4	0	16	139
Javonte Ealey	0	4	2	0	0	0	0	0	0	0	0
Eli Farley	7	1	9	1	0	0	1	1	0	4	34
George Farmah	17	3	23	4	5	6	4	0	0	14	81
Ben Gibson	1	3	0	0	0	0	0	0	0	1	6
Antwoine Giles	1	7	1	0	0	0	0	0	0	0	6
Gavin Greenlee	9	16	13	4	6	1	4	0	0	4	45
Zach Habeck	8	10	13	3	10	2	6	0	0	4	36
Brett Hestness	7	8	11	3	4	1	0	0	0	6	39
Drew Hoeschen	13	8	14	2	7	3	2	0	0	13	78
Moemen Ibrahim	7	1	9	0	1	0	0	0	0	4	39
Vantrell Ingram	3	8	4	4	1	0	0	0	0	2	15
Omar Kadry	1	5	0	0	0	0	0	0	0	0	6
Kevin McComb	17	4	14	1	6	1	5	1	0	11	100
Tyler Micholic	3	5	4	0	0	0	4	0	0	3	18
Andrew Morgenstern	18	10	26	10	11	5	9	1	0	13	97
Zach Praus	16	8	23	10	9	6	7	4	0	6	76
Will Rains	18	2	29	1	3	7	9	1	1	12	103
Jack Schliesman	11	7	13	7	2	3	4	0	0	4	60
Matt Schumann	2	2	9	1	1	1	1	0	1	1	11
Zach Scholler	2	6	9	8	0	0	0	0	0	0	12
Eric Stumpf	10	6	13	10	2	2	2	1	0	3	49
Nick Xiong	0	1	0	0	0	0	0	0	0	0	0

	Win	Loss	TD	E	R	NF2	NF3	MAJ.	T.F.	Falls	Team Points
Eastview Team Totals	260	156	340	104	101	53	83	19	2	153	1392
Opponents Totals	156	260	257	100	104	58	76	11	5	99	799

FRESHMAN SEASON RECORDS

FALLS

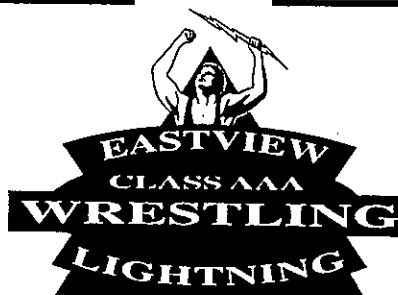
Casey Dravis	'12	16
Ty Groskreutz	'06	15
Joey Scott	'07	15

WINS

Tom Delich	'12	28
Casey Dravis	'12	25
Bryan Okonek	'05	25

TEAM POINTS

Tom Delich	'12	143
Casey Dravis	'12	139
Joey Scott	'07	128



TAKEDOWNS

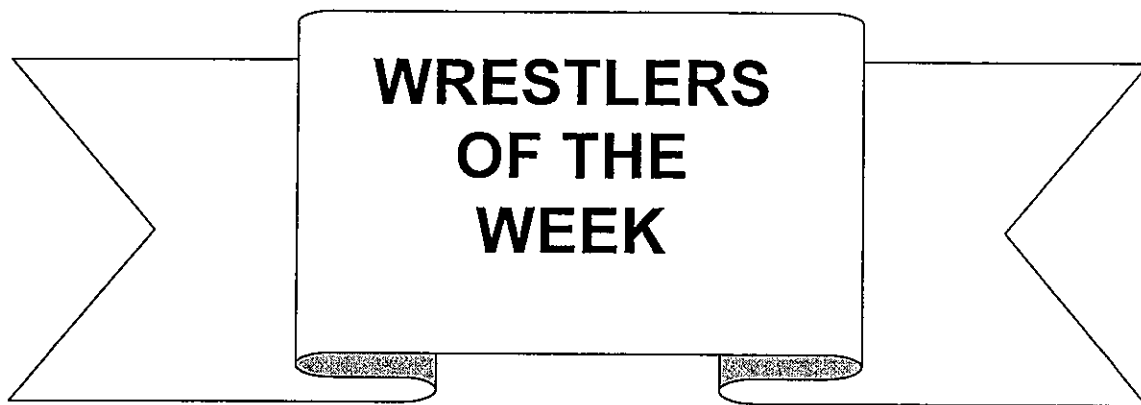
Bryan Lewis	'00	80
Trever Sutherland	'05	68
Bona Ku	'01	61

NEAR FALLS

Nathaniel Carroll	'03	26
Minh Huynh	'03	23
Kyle Fokken	'01	22

REVERSALS

Kyle Fokken	'01	17
Andrew Nelson	'03	15
Nathaniel Carroll	'03	15
Nick Mako	'06	15



Varsity

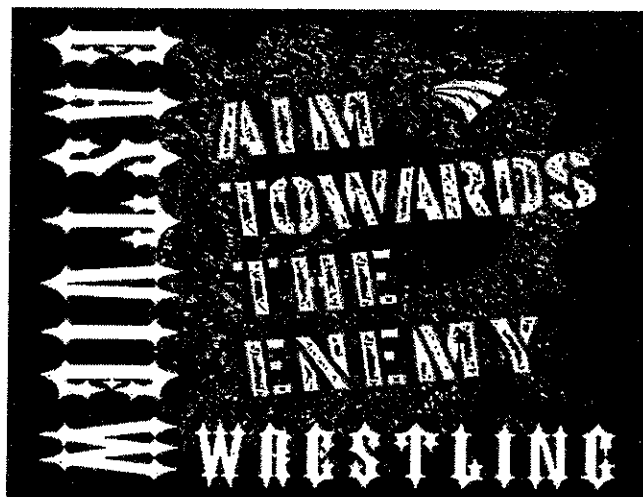
Tyler Lindgren
Alex Lindstrom
BJ Groskreutz
Mitch Rechtzigel
Anthony Munos
Jack Buck
Adam Foreman
Matt Henning
George Farmah
Jack Buck
Nick Pegelow
Brendan Cole
Jacob Rukavina
Mitch Rechtzigel
BJ Groskreutz
Jacob Rukavina

Junior Varsity

Jordan Swanson
Billy Marks
Matt Ladd
Will Gibson
Jack Penders
Nick Zelenak
Jonathan Lenz
Nick Pegelow
Zac Groskreutz
Thomas Burgess

Freshman

Luke Dodd
Casey Dravis
Zach Praus
Tom Delich
Zach Habeck
George Farmah
Tom Delich
Brett Hestness
Casey Dravis
Kevin Mccombs
Eric Stumpf
Will Rains



Eastview Wrestling

*Ready! Aim! Fire!
Our training will take us higher!*

*"Aim Towards The Enemy" is our creed!
Lift Off is now, and we will succeed!*

*Strike! Thunder! Blow them away!
It's here! It's now! It's gonna be our day!*

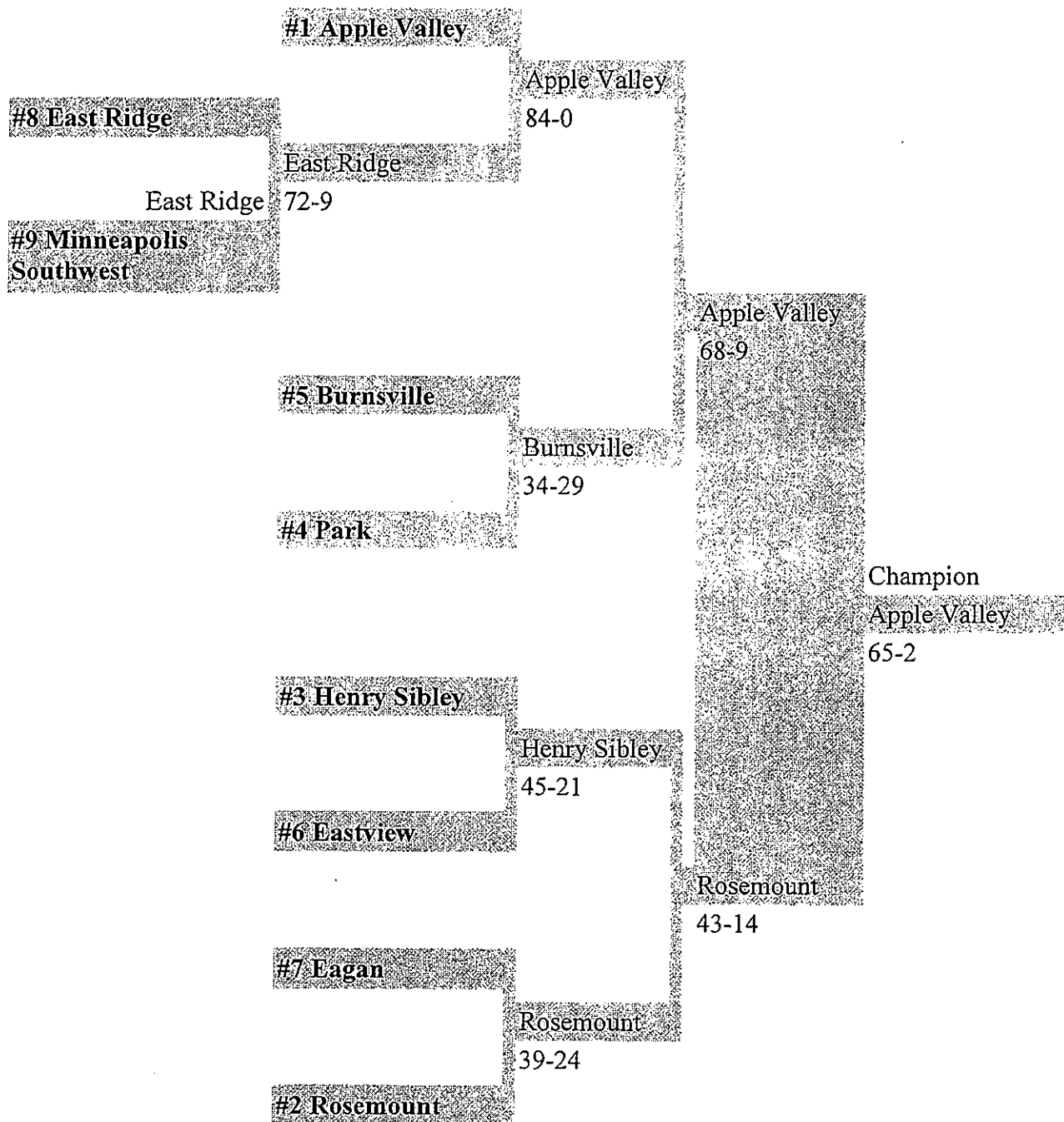
Wrestling for the Lightning at:

- | | |
|---|---|
| 106: Lethal Lindstrom | 152: Brawlin' Brendan
Jammin' Jono |
| 113: Lightnin' Lindgren
Soarin' Stumpf | 160: Masterful Mitch |
| 126: Grapplin' George
Pouncin' Peter | 170: Growlin' Greg
Wraslin' Will |
| 132: BJ "Give It All' Groskreutz
Growlin' Groskreutz | 182: Haultin' Henning |
| 138: Relentless Rukavina | 195: Jack Hammer Buck
Electric Edgar |
| 145: Money Munos
Mighty Matt | 220: Poundin' Pegelow |

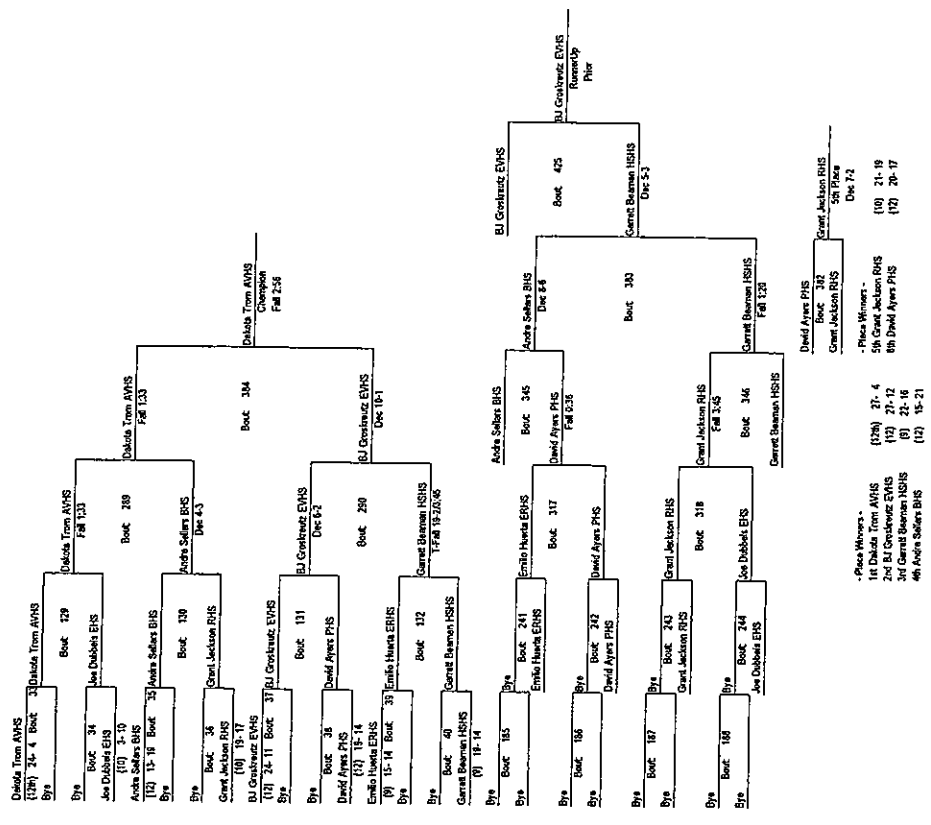
Others:
Notorious Nick
Captain Chris
Monstrous Metz
Ferocious Foreman
Jammin Joe

*Believe in your training, Believe in your technique
Believe in your teammates, Believe in yourself!
It's time to Aim Towards our Enemy and Strike Like Lightning!*

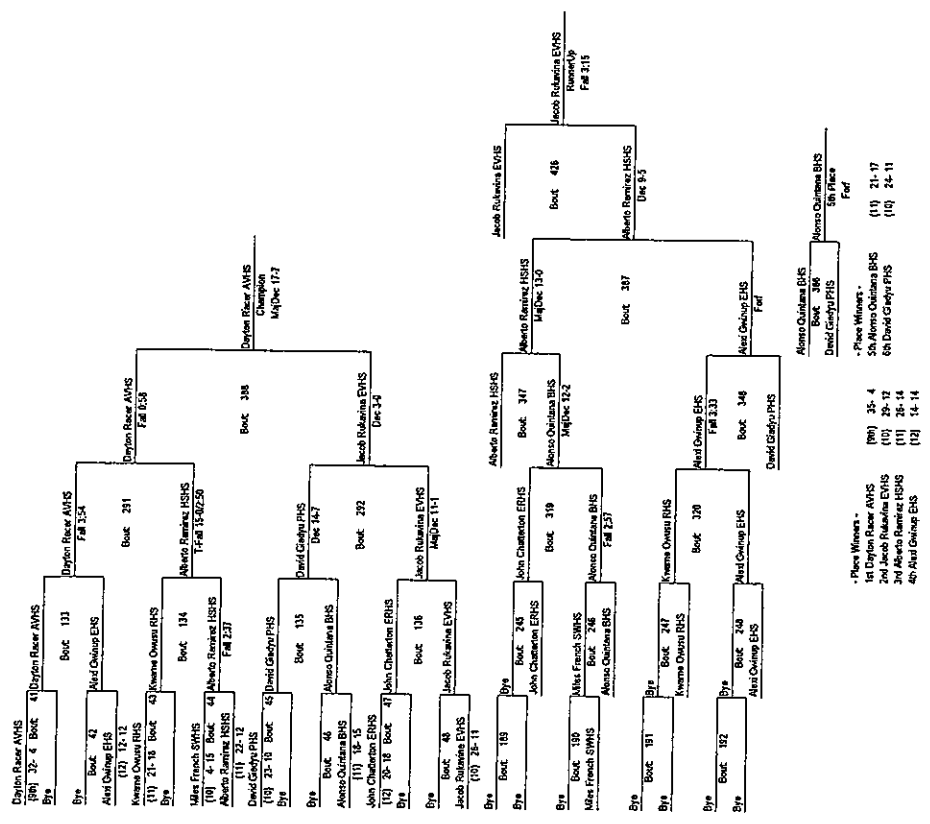
2012 Class AAA Section 3 Team Tournament



2012 Section 3AAA Individual Tournament
February 24th - 25th, 2012
132



2012 Section 3AAA Individual Tournament
February 24th - 25th, 2012
138



2012 Section 3AAA Individual Tournament
February 24th - 25th, 2012

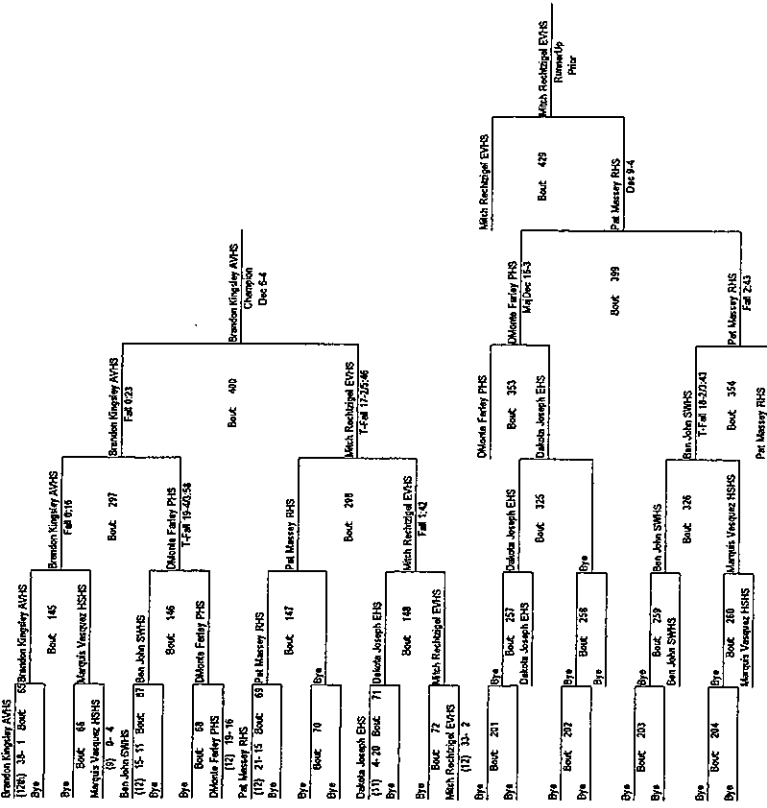
170



- Place Winners -
1st Ben Sullivan AHS (126) 23-19
2nd Sam Moeller RHS (11) 24-10
3rd Scott Johnson PHS (17) 24-10
4th Greg Howard EHS (13) 21-20
- Place Winners -
1st Ben Sullivan AHS (126) 23-19
2nd Sam Moeller RHS (11) 24-10
3rd Scott Johnson PHS (17) 24-10
4th Greg Howard EHS (13) 21-20

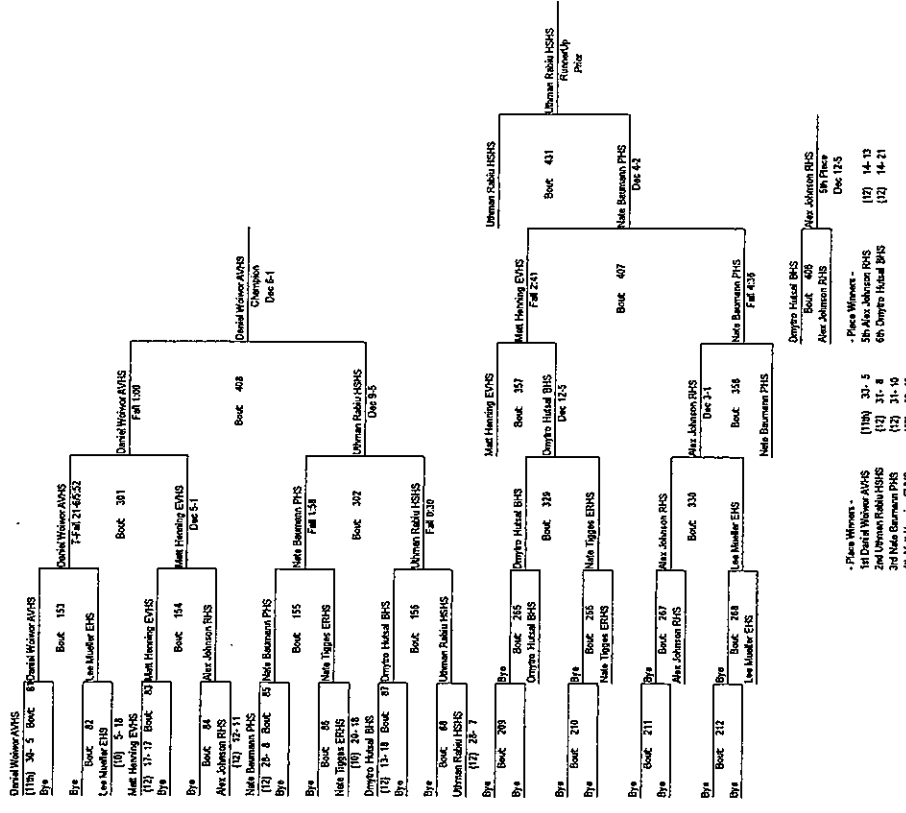
2012 Section 3AAA Individual Tournament
February 24th - 25th, 2012

160



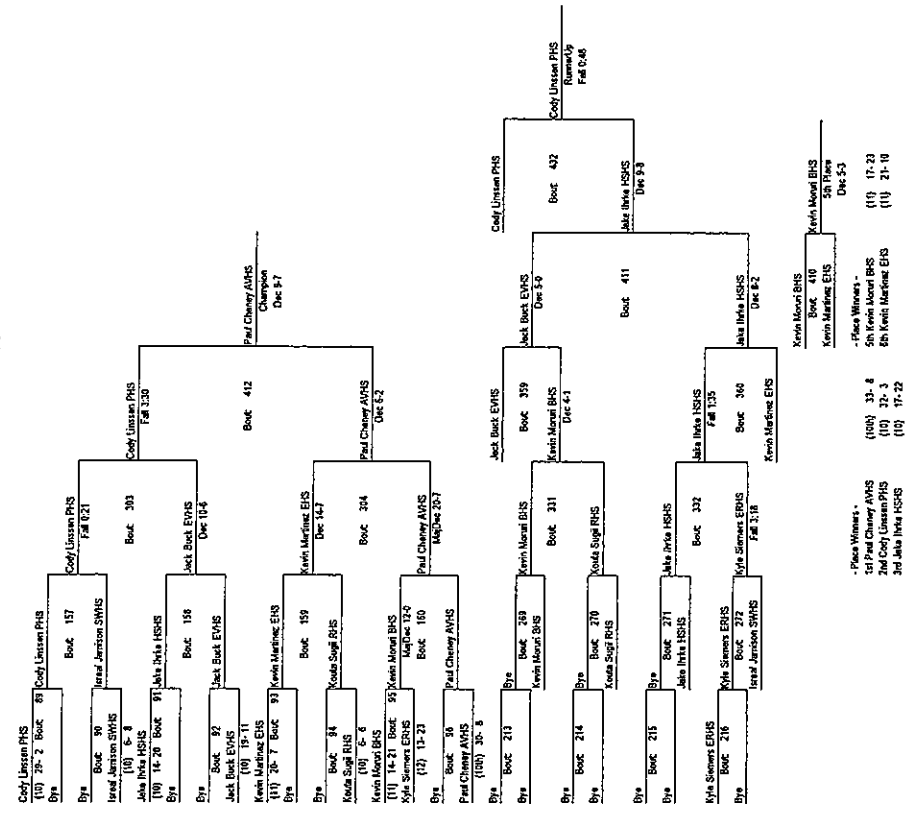
- Place Winners -
1st Brandon Kingery AHS (126) 41-1
2nd Mich Reckelbig EHS (12) 33-7
3rd Pat Messery RHS (12) 21-17
4th Dabala Joseph EHS (11) 21-18
- Place Winners -
1st Ben John SWHS (12) 17-13
2nd Dabala Joseph EHS (11) 4-23

2012 Section 3AAA Individual Tournament
February 24th - 25th, 2012
182



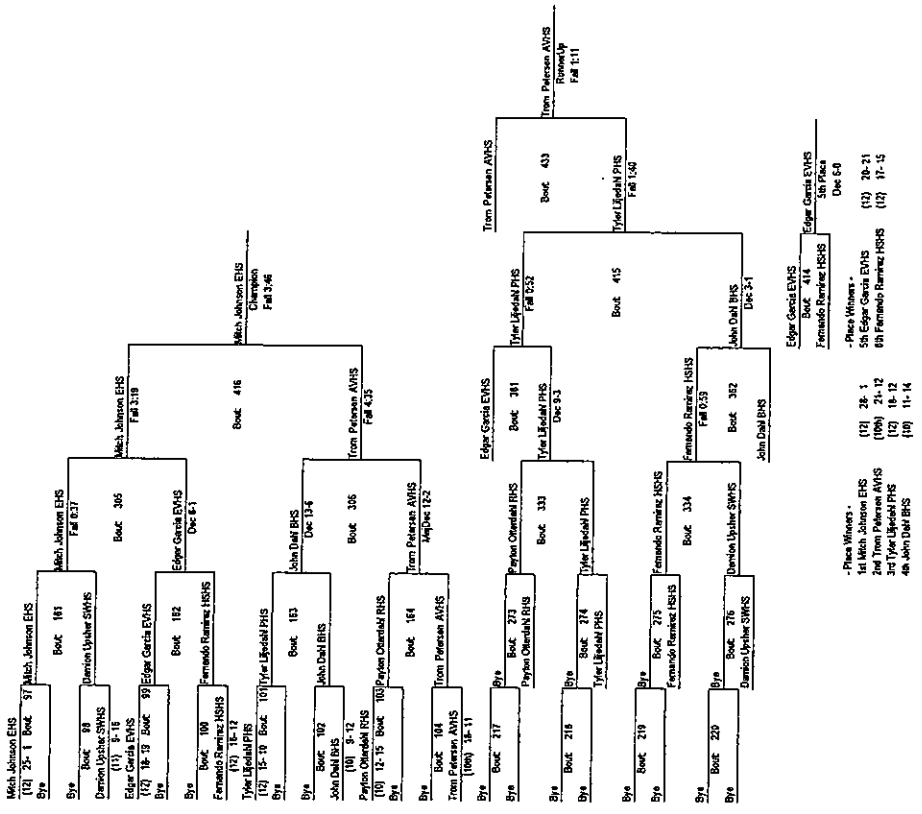
(c) 2011 - Preferred Educational Software - (848) 855-2016

2012 Section 3AAA Individual Tournament
February 24th - 25th, 2012
195



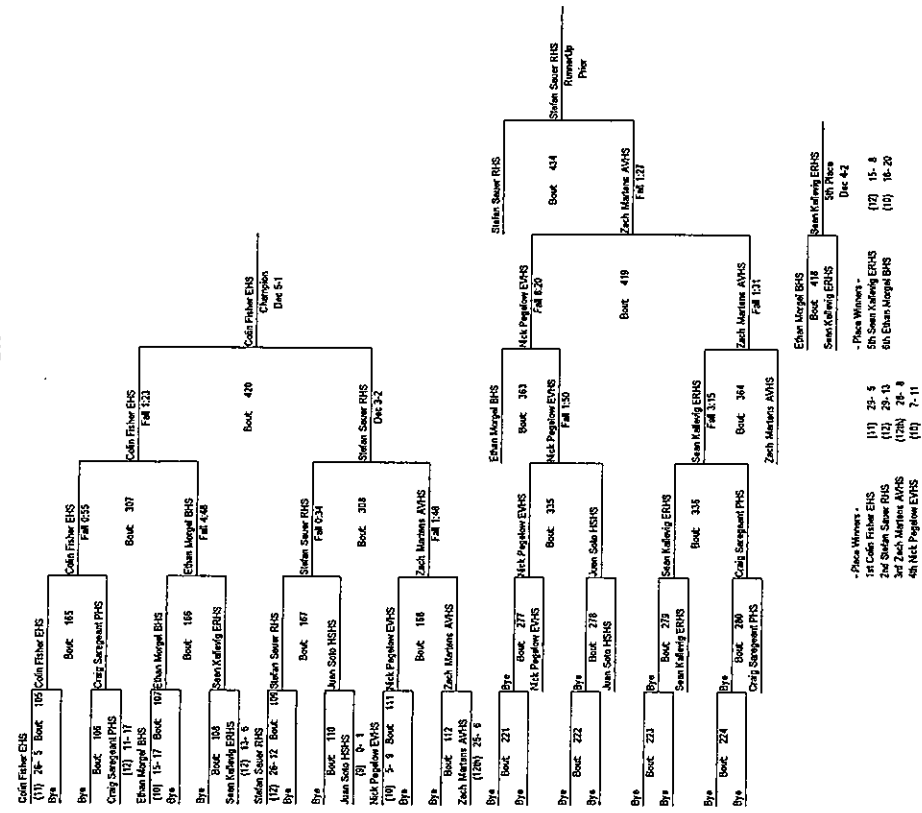
(a) 2011 - Preferred Educational Software - (848) 855-2016

2012 Section 3AAA Individual Tournament
February 24th - 25th, 2012
220



- Place Winners -
 1st Mitch Johnson EHS (12) 28-1
 2nd Tom Paterson AHS (100) 21-12
 3rd Tyler Lippold PHS (17) 18-12
 4th John Dahl BHS (19) 11-14
- Place Winners -
 5th Edger Garcia EHS (13) 20-21
 6th Tom Paterson AHS (12) 17-15
 7th Tyler Lippold PHS (17) 18-12
 8th John Dahl BHS (19) 11-14

2012 Section 3AAA Individual Tournament
February 24th - 25th, 2012
285



- Place Winners -
 1st Colin Fisher EHS (11) 25-4
 2nd Stan Sawyer RHS (12) 25-13
 3rd Stan Sawyer RHS (10) 25-9
 4th Nick Pagelow EHS (14) 1-11
- Place Winners -
 5th Stan Sawyer RHS (12) 15-8
 6th Stan Sawyer RHS (10) 16-20
 7th Stan Sawyer RHS (14) 1-11

Team Results Class A

Kimball Area 55 | Kimball Area 35
 Barnesville 9 |
 Minnesota 44 | Minnesota 33 |
 Zumbrota-Mazeppa 23 | CHAMPION
 Jackson County Central 52 | Jackson County Central 46
 Pierz 15 | Jackson County Central 35 |
 Lake Crystal-Wellcome Memo 30 | Badger/Greenbush-Middle Ri. 25 |
 Badger/Greenbush-Middle Ri. 39 |
 Minnesota 42 | THIRD
 Badger/Greenbush-Middle Ri. 26 | Minnesota
 Barnesville 38 | Barnesville 22 |
 Zumbrota-Mazeppa 27 | Consolation
 Pierz 34 | Lake Crystal-Wellcome Memo
 Lake Crystal-Wellcome Memo 35 |

Team Results Class AA

Scott West 53 | Scott West 31
 Monticello 9 |
 Foley 47 | Foley 21 | Scott West 22
 Windom/Wt. Lake/Butterfield 10 | CHAMPION
 Simley 44 | Simley 47 | Simley 36
 Milaca/Faith Christian 17 |
 Kasson-Mantorville 43 | Kasson-Mantorville 20 |
 Perham 10 |
 Foley 32 | THIRD
 Kasson-Mantorville 22 | Foley
 Monticello 39 | Monticello 34
 Windom/Wt. Lake/Butterfield 31 | Consolation
 Milaca/Faith Christian 32 | Milaca/Faith Christian
 Perham 26 | Milaca/Faith Christian 35 |

Team Results Class AAA

Hastings 47 | Hastings 19
 Little Falls 19 |
 St. Michael-Albertville 56 | St. Michael-Albertville 24
 Champlin Park 7 | CHAMPION
 Apple Valley 58 | Apple Valley
 Willmar 12 | Apple Valley 62
 Prior Lake 44 | Apple Valley 49 |
 White Bear Lake Area 15 | Prior Lake 3
 Hastings 21 | THIRD
 Prior Lake 30 | Prior Lake v
 Little Falls 39 | Little Falls 27
 Champlin Park 28 | Consolation
 Willmar 30 | White Bear Lake Area
 White Bear Lake Area 31 | White Bear Lake Area 36 |

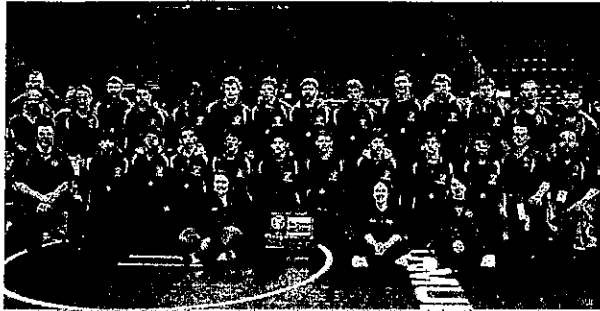
2012 SECTION 3AAA STATE PLACE WINNERS

106	Maolu Woiwor	1 st	Apple Valley
106	Reid Lyden	6 th	East Ridge
120	Seth Gross	1 st	Apple Valley
120	Andy Underhill	2 nd	Burnsville
126	Steve Levine	5 th	Rosemount
126	Shamar Williams	4 th	Apple Valley
132	Dakota Trom	3 rd	Apple Valley
138	Dayton Racer	2 nd	Apple Valley
145	Mark Hall	1 st	Apple Valley
152	Adam Jackson	2 nd	Rosemount
152	Mason Manville	3 rd	Apple Valley
160	Brandon Kingsley	1 st	Apple Valley
160	Mitch Rechtzigel	2 nd	Eastview
170	Ben Sullivan	3 rd	Apple Valley
182	Daniel Woiwor	6 th	Apple Valley
182	Uthman Rabi	4 th	Henry Sibley
195	Cody Linssen	6 th	Park
220	Mitch Johnson	4 th	Eagan
285	Colin Fisher	5 th	Eagan

2012 SOUTH SUBURBAN CONFERENCE STATE PLACE WINNERS

106	Maolu Woiwor	1 st	Apple Valley
113	Tanner Johnshoy	2 nd	Prior Lake
120	Seth Gross	1 st	Apple Valley
120	Andy Underhill	2 nd	Burnsville
126	Steve Levine	5 th	Rosemount
126	Shamar Williams	4 th	Apple Valley
132	Dakota Trom	3 rd	Apple Valley
138	Dayton Racer	2 nd	Apple Valley
145	Mark Hall	1 st	Apple Valley
152	Adam Jackson	2 nd	Rosemount
152	Mason Manville	3 rd	Apple Valley
160	Brandon Kingsley	1 st	Apple Valley
160	Mitch Rechtzigel	2 nd	Eastview
160	Anton Kalista	6 th	Lakeville North
170	Ben Sullivan	3 rd	Apple Valley
182	Daniel Woiwor	6 th	Apple Valley
195	Tommy Peterson	1 st	Lakeville South
220	Mitch Johnson	4 th	Eagan
285	Colin Fisher	5 th	Eagan

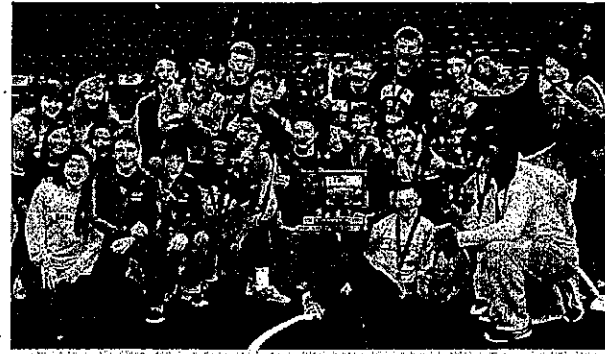
2012 Minnesota State Championships



Class AAA Runner-Up - Saint Michael-Albertville



Class AAA Champion - Apple Valley



Class AAA 3rd Place - Prior Lake



Class AAA Consolation Champion - White Bear Lake Area



Class AAA All-Tournament Team. Front (L-R): Dillon Kifer, Little Falls - 138; Cole Sladek, St. Michael-Albertville - 120; Tommy Thorn, St. Michael-Albertville - 113; Mark Hall, Apple Valley - 145; Shamar Williams, Apple Valley - 126; Dakota Trom, Apple Valley - 132; Maou Woioor, Apple Valley - 106. Back (L-R): Thomas Longendyke, White Bear Lake Area - 170; Beau Bibeau, White Bear Lake Area - 195; Nick Edling, St. Michael-Albertville - 220; Cass Herzog, Willmar - 285; Daniel Woioor, Apple Valley - 182; Brandon Kingsley, Apple Valley - 160; Mason Manville, Apple Valley - 152.

Class AAA Championship

Apple Valley 49, St. Michael-Albertville 24

- 106: Maou Woioor (A) fall Aaron Dick (S) 2:21
- 113: Tommy Thorn (S) fall Brock Morgan (A) 3:18
- 120: Cole Sladek (S) dec. Seth Gross (A) 5-3
- 126: Shamar Williams (A) dec. Colton Schoen (S) 14-7
- 132: Dakota Trom (A) fall Mark Voss (S) :50
- 138: Dayton Race (A) fall Talon Jusola (S) 1:31
- 145: Mark Hall (A) fall Telen Jusola (S) :45
- 152: Mason Manville (A) fall Ryan Rostamo (S) 1:15
- 160: Brandon Kingsley (A) fall Jake Briggs (S) :32
- 170: Ben Sullivan (A) tech fall Thor Helstad (S)
- 182: Daniel Woioor (A) tech fall Ben Haller (S) 4:44
- 195: Mitchell Eull (S) dec. Paul Cheney (A) 10-6
- 220: Nick Edling (S) fall Troy Peterson (A) :36
- 285: Betha Wilson (S) won by default Zach Martens (A)

Consolation Semifinals

Little Falls 39, Champlin Park 28

- 106: Justin Jenks (L) fall TJ Kocan (C) :33
- 113: Axel Lange (L) dec. Andrew Longarbone (C) 9-3
- 120: Frank Wiczek (L) fall Andy Vang (C) :46
- 126: Andrew Coruby (C) dec. Dan Muehl (L) 9-7
- 132: Connor Scherping (L) fall Bobby Jackson (C) 2:43
- 138: Dillon Kifer (L) fall Brandon Martin (C) :06
- 145: David Butrusa (C) major dec. Luke Lodermaler (L) 15-6
- 152: Cory Barry (C) tech fall Derek Mottahan (L) 3:00 15-0
- 160: Stephan Pham (C) dec. Jordan Patena (L) 3-2
- 170: LaQuan Wallace (C) major dec. Tyler Gasteloff (L) 17-4
- 182: Trenton Navarino (C) dec. Adam Grams (L) 6:07 7-6
- 195: Trysten Ross (L) won by default Moses Sando (C)
- 220: David Copa (L) fall Daniel Lovik (C) 2:11
- 285: Orlion Flemister-King (C) fall Brent Berger (L) 1:00

White Bear Lake Area 31, Willmar 30

- 106: Logan Wabow (VA) major dec. Matthew Mueseking (WB) 22-8
- 113: Nathan Mieg (VA) dec. Andrew Martin (WB) 14-7
- 120: Austin Miloy (VA) dec. Alex Rod (WB) 2-1
- 126: Estevan Navaro (VA) dec. Grant Bolduan (WB) 9-3
- 132: Alex Johannas (VA) major dec. Jordan Dutrasa (WB) 9-1
- 138: Elijah Mueseking (WB) dec. Colton Carlson (VA) 10-6
- 145: Cam Brandvoed (WB) fall Travis Deegan (VA) 12-6
- 152: Seth Pollock (VA) major dec. Duncan Potter (WB) 10-3
- 160: Cody Anderson (WB) major dec. Augustine Hahn (VA) 15-7
- 170: Thomas Longendyke (WB) fall Vaughn Johnson (VA) 2:55
- 182: Beau Bibeau (WB) fall Chad Milhausen (VA) 3:37
- 195: Tyler Hubman (WB) fall Shawn Johnson (VA) 2:19
- 220: Martin Cabrera (VA) fall Mitchell Diller (WB) 1:05
- 285: Cass Herzog (VA) dec. Jeremy Sead (WB) 9-5

Third Place

Prior Lake 30, Hastings 21

- 106: Dylan Sogge (P) dec. Spencer Koop (H) 8-4
- 113: Tanner Johnson (P) dec. Luke Row (H) 6-3
- 120: Isaac Bauer (H) dec. Sean Onal (P) 4-3
- 126: Blake Carille (P) dec. Denny Gove (H) 11-9
- 132: Ben Rock (P) dec. Eric Bauer (H) OT 4-2
- 138: Dan Marquette (H) dec. Ryan Norton (P) 6-7
- 145: Matt Kahnie (P) dec. Jake Anderson (H) 6-3
- 152: Tucker Bieleing (P) dec. Hunter Swenson (H) 8-4
- 160: Bryan Rachuy (H) fall Tucker Bieleing (P) 3:47
- 170: Alex Hart (P) dec. Andy Rachuy (H) 3-1
- 182: Robby Schultz (P) dec. Cody Wagner (H) 6-4
- 195: Tim Swanbeck (P) won by default Jake Swenson (H)
- 220: Isaac Eichmann (H) fall Luis Pinto (P) :40
- 285: Jake Anderson (H) dec. Ross Larson (P) 2-1

Consolation Championship

White Bear Lake Area 36, Little Falls 27

- 106: Justin Jenks (L) fall Matthew Mueseking (WB) 2:18
- 113: Andrew Martin (WB) major dec. Axel Lange (L) 10-0
- 120: Frank Wiczek (L) fall Alex Rod (WB) :50
- 126: Grant Bolduan (WB) dec. Dan Muehl (L) 10-3
- 132: Connor Scherping (L) dec. Elijah Mueseking (WB) 8-4
- 138: Levi Hoffman (L) dec. Joe Dittel (WB) 5-2
- 145: Dillon Kifer (L) fall Cam Brandvoed (WB) 3:05
- 152: Duncan Patena (WB) dec. Jordan Patena (L) OT 9-7
- 160: Keith York (L) dec. Owen Wilson (WB) 11-7
- 170: Cody Anderson (WB) fall Tyler Gasteloff (L) 3:04
- 182: Thomas Longendyke (WB) major dec. Adam Grams (L) 17-3
- 195: Beau Bibeau (WB) fall Trysten Ross (L) 1:25
- 220: Tyler Hubman (WB) fall David Copa (L) 3:24
- 285: Jeremy Sead (WB) major dec. Brent Berger (L) 12-3

Championship Semifinals

St. Michael-Albertville 31, Hastings 19

- 106: Aaron Dick (S) tech fall Spencer Koop (H) 5:33 22-7
- 113: Tommy Thorn (S) tech fall Luke Row (H) 15-0 4:32
- 120: Cole Sladek (S) dec. Isaac Bauer (H) 10-3
- 126: Danny Gove (H) dec. Colton Schoen (S) 8-7
- 132: Mark Voss (S) dec. Eric Bauer (H) OT 3-1
- 138: Lincoln Mielinger (S) dec. Dan Marquette (H) 8-4
- 145: Wayne Voss (S) fall Jake Anderson (H) 1:34
- 152: Hunter Swenson (H) major dec. Owen Gammell (S) 9-1
- 160: Bryan Rachuy (H) dec. Jake Briggs (S) 4-3
- 170: Andy Rachuy (H) dec. Thor Helstad (S) 6-2
- 182: Ricky Briggs (H) dec. Cody Wagner (S) 7-5
- 195: Jake Swenson (H) dec. Mitchell Eull (S) 4-3
- 220: Nick Edling (S) dec. Isaac Eichmann (H) 3-1
- 285: Jake Anderson (H) dec. Betha Wilson (S) 6-2

Apple Valley 62, Prior Lake 3

- 106: Maou Woioor (A) tech fall Nate Joyce (P) 3:48 18-3
- 113: Cannon Volk (A) tech fall Dylan Sogge (P) 3:50
- 120: Seth Gross (A) dec. Sean Onal (P) 8-2
- 126: Shamar Williams (A) tech fall Tyler Hanson (P) 4:00
- 132: Dakota Trom (A) fall Sayed Rahmani (P) 2:34
- 138: Dayton Race (A) fall Ben Rock (P) 4:45
- 145: Mark Hall (A) fall Ryan Norton (P) 4:44
- 152: Mason Manville (A) tech fall Tucker Bieleing (P) 5:25
- 160: Brandon Kingsley (A) fall Daklon Felix (P) :59
- 170: Ben Sullivan (A) dec. Alex Hart (P) 5-1
- 182: Daniel Woioor (A) fall Robby Schultz (P) 1:03
- 195: Paul Cheney (A) dec. Tim Swanbeck (P) 8-2
- 220: Luis Pinto (P) dec. Troy Peterson (A) 4-3
- 285: Zach Martens (A) dec. Ross Larson (P) 7-4

Quarterfinals

#2 Hastings 47, Little Falls 19

- 106: Justin Jenks (L) fall Spencer Koop (H) 4:2
- 113: Luke Row (H) fall Logan Kappahn (L) 3:11
- 120: Frank Wiczek (L) dec. Isaac Bauer (H) 4-2
- 126: Danny Gove (H) major dec. Dan Muehl (L) 11-1
- 132: Eric Bauer (H) fall Austin Olson (L) 1:11
- 138: Dillon Kifer (L) major dec. Dan Marquette (H) 12-0
- 145: Jake Anderson (H) dec. Luke Lodermaler (L) 7-0
- 152: Dylan Nelson (H) dec. Jordan Patena (L) 9-6
- 160: Bryan Rachuy (H) tech fall Derek Mottahan (L) 4:27 16-0
- 170: Alex Nygaard (H) tech fall Keith York (L) 5:41 15-0
- 182: Adam Grams (L) fall Cody Wagner (H) 1:28
- 195: Tony Lodermaler (H) dec. Joe Reis (L) 6-2
- 220: Isaac Eichmann (H) fall Brent Berger (L) 1:34
- 285: Jake Anderson (H) fall David Copa (L) 3:25

#3 St. Michael-Albertville 56, Champlin Park 7

- 106: Aaron Dick (S) fall Christian Dube (C) 3:47
- 113: Tommy Thorn (S) fall Andrew Longarbone (C) :44
- 120: Cole Sladek (S) fall Andy Vang (C) 1:48
- 126: Colton Schoen (S) major dec. Paul Wackelmann (C) 9-0
- 132: Mark Voss (S) major dec. Bobby Jackson (C) 15-4
- 138: Lincoln Mielinger (S) fall Isaac Mundersten (C) 2:50
- 145: Wayne Voss (S) tech fall David Butrusa (C) 5:44 23-8
- 152: Cory Barry (C) major dec. Ryan Rostamo (S) 15-6
- 160: Jake Briggs (S) dec. Stephan Pham (C) 7-5
- 170: Thor Helstad (S) dec. Adam Collier (C) 6-2
- 182: Ben Haller (S) fall Trenton Navarino (C) 1:37
- 195: Mitchell Eull (S) major dec. Moses Sando (C) 12-3
- 220: Daniel Lovik (C) dec. Bernie Wilson (S) 4-2
- 285: Michael Kessler (S) dec. Theodoro Ketter (C) 3-2

#1 Apple Valley 58, Willmar 12

- 106: Maou Woioor (A) fall Logan Wabow (VA) :45
- 113: Cannon Volk (A) dec. Nathan Mieg (VA) 8-2
- 120: Seth Gross (A) tech fall Austin Miloy (VA) 3:45 17-0
- 126: Shamar Williams (A) dec. Estevan Navaro (VA) 10-3
- 132: Dakota Trom (A) fall Zach Luaders (VA) 1:12
- 138: Colton Carlson (VA) dec. Cory Rathman (A) OT 8-6
- 145: Mark Hall (A) fall Travis Deegan (VA) 2:32
- 152: Mason Manville (A) tech fall Seth Pollock (VA) 17-0 4:34
- 160: Brandon Kingsley (A) fall Vaughn Johnson (VA) 5:5
- 170: Ben Sullivan (A) fall Augustine Hahn (VA) 2:37
- 182: Daniel Woioor (A) fall Chad Milhausen (VA) 3:22
- 195: Paul Cheney (A) fall Shawn Johnson (VA) :53
- 220: Martin Cabrera (VA) fall Koffi Tchaha (A) 3:10
- 285: Cass Herzog (VA) dec. Zach Martens (A) 3-2

#4 Prior Lake 44, White Bear Lake Area 15

- 106: Dylan Sogge (P) fall Matthew Mueseking (WB) 3:25
- 113: Tanner Johnson (P) fall Andrew Martin (WB) 1:35
- 120: Sean Onal (P) fall Alex Rod (WB) 1:15
- 126: Blake Carille (P) dec. Estevan Navaro (WB) 12-7
- 132: Ben Rock (P) dec. Elijah Mueseking (WB) OT 5-3
- 138: Ryan Norton (P) tech fall Joe Dittel (WB) 17-2
- 145: Matt Kahnie (P) dec. Duncan Potter (WB) 9-3
- 152: Cam Brandvoed (WB) dec. Matt Kahnie (P) 8-3
- 160: Tucker Bieleing (P) dec. Duncan Potter (WB) 9-25
- 170: Tyler Hubman (WB) fall Stephan Leske (P) 3:22
- 182: Beau Bibeau (WB) dec. Alex Hart (P) 7-2
- 195: Robby Schultz (P) dec. Tyler Hubman (WB) 3-2
- 220: Luis Pinto (P) fall Mitchell Diller (WB) :41
- 285: Ross Larson (P) dec. Jeremy Sead (WB) 9-3

2012 MSHSL State Wrestling Tournament

March 1st-3rd
Xcel Energy Center, St. Paul

Tanner Maus	Buffalo	12
Bryant Amundson	Saint Cloud Tech	12
Blake Solberg	Centennial	12
Mitch Rechtzigel	Eastview	12
Anton Kalista	Lakeville North	12
Bryan Rachuy	Hastings	10
Travis Holt	Cambridge-Isanti	11
Elijah McGeehan	Tartan	10
Dalton Westerlund	Albert Lea Area	12
Matt Strasser	Spring Lake Park/Saint	12
Cody Anderson	White Bear Lake Area	12
Ryder Schmidt	Mound-Westonka	10
Daniel Vitale	Sartell-Saint Stephen	9
Corey Parsons	Andover	10
Brandon Kingsley	Apple Valley	12
Sam Hall	Shakopee	12

AAA 160

State Champion
Brandon Kingsley
6-3

Bryant Amundson	6-5	Mitch Rechtzigel	10-1
Mitch Rechtzigel	tf 17-2	Anton Kalista	12-7
Anton Kalista	fall 5:02	Mitch Rechtzigel	6-0
Travis Holt	fall 3:47	Brandon Kingsley	5-1
Dalton Westerlund	tf 17-2 5:45	Dalton Westerlund	5-0
Cody Anderson	9-3	Brandon Kingsley	10-1
Corey Parsons	11-1	Travis Holt	inj. def.
Brandon Kingsley	fall 3:17	Anton Kalista	Fifth

Bryant Amundson	7-2	Dalton Westerlund	fall 1:57
Travis Holt	5-4	Travis Holt	inj. def.
Bryan Rachuy	fall 4:46	Anton Kalista	Fifth
Cody Anderson	6-0	Dalton Westerlund	fall 5:36
Matt Strasser	4-2	Cody Anderson	3-0
Corey Parsons	10-4	Corey Parsons	4-2
Sam Hall	10-4	Sam Hall	10-4



WRESTLING

At Xcel Energy Center

CLASS 3A

Semifinals

- 106: Maolu Wolvor, Apple Valley, pinned Blane Tschida, Coon Rapids, 3:3; Trevor Westerlund, Albert Lea, dec. Reid Lyden, East Ridge, 10-4.
 - 113: Tanner Johnson, Prior Lake, dec. Grant Dullinger, St. Cloud Apollo, 10-4; Tommy Thorn, St. Michael-Albertville, dec. Luke Rowh, Hastings, 17-1.
 - 120: Seth Gross, Apple Valley, dec. Cole Sladek, St. Michael-Albertville, 3-0; Andy Underhill, Burnsville, dec. Ben Brancale, Eden Prairie, 7-5.
 - 126: Mitch Bengtson, St. Cloud Apollo, pinned Steve Levine, Rosemount, 5-46; Sam Brancale, Eden Prairie, dec. Evan Caldon, Elk River, 9-3.
 - 132: Ben Morgan, Forest Lake, dec. Philip Horsager, Spring Lake Park, 19-4; Mark Voss, St. Michael-Albertville, dec. Justin Harold-Pfakut, Woodbury, 13-6.
 - 138: Grant Nehring, St. Cloud Apollo, dec. Weston Droegemuehler, Wayzata, 5-3; Dayton Racer, Apple Valley, dec. Adam Hammer, Osseo, 3-0.
 - 145: Mark Hall, Apple Valley, dec. Jeremy Beaman, Anoka, 11-2; Brandon Madsen, Stillwater, dec. Ethan Loosbrock, Chaska, 9-4.
 - 152: Adam Jackson, Rosemount, dec. Nam Nguyen, St. Cloud Apollo, 5-2; T.J. O'Hara, Tartan, dec. Mason Manville, Apple Valley, 6-4.
 - 160: Brandon Kingsley, Apple Valley, dec. Dalton Westerlund, Albert Lea, 5-1; Mitch Rechtzigel, Eastview, dec. Anton Kalista, Lakeville North, 6-0.
 - 170: Kyle Begin, Anoka, dec. Ben Sullivan, Apple Valley, 12-1; Trey Hable, Albert Lea, pinned Tommy Longendyke, White Bear Lake, 1:33.
 - 182: Ricky Briggs, St. Michael-Albertville, dec. Richard Carlson, Mounds View, 3-1; Chase Morlock, Moorhead, dec. Daniel Wolvor, Apple Valley, 5-3 (OT).
 - 195: Tommy Petersen, Lakeville South, dec. Jake Swenson, Hastings, 10-3; Trae Story, Roseville, dec. Cody Linsen, Park, 11-4.
 - 220: Michael Burckhardt, Coon Rapids, dec. Coyte Kuefner, Owatonna, 8-5; Isaac Eichmann, Hastings, dec. Mitch Johnson, Eagan, 4-1.
 - 285: Bryce DeBoer, Albert Lea, dec. Corey Anderson, Shakopee, 5-4; Gullian Flemister-King, Champlin Park, dec. Jerad Nieland, St. Cloud Tech, 12-6.
- #### Finals
- 106: Wolvor dec. Westerlund, 8-6.
 - 113: Thorn dec. Johnson, 5-0.
 - 120: Gross dec. Underhill, 5-4.
 - 126: Brancale dec. Bengtson, 2-1.
 - 132: Morgan dec. Voss, 11-4.
 - 138: Nehring dec. Racer, 6-4.
 - 145: Hall pinned Madsen, 3:38.
 - 152: O'Hara dec. Jackson, 6-1.
 - 160: Kingsley dec. Rehtzigel, 6-3.
 - 170: Begin dec. Hable, 4-2 (OT).
 - 182: Morlock dec. Briggs, 7-2.
 - 195: Petersen dec. Story, 6-4.
 - 220: Burckhardt dec. Eichmann, 5-2.
 - 285: DeBoer pinned Flemister-King, 3:13.

CLASS 2A

Semifinals

- 106: Brady Berge, Kasson-Mantorville, dec. Anthony Luft, Worthington/Round Lake-Bewster/Spirit, 7-2; Skyler Petry, Waterville-Elyslan-Morristown/Janesville-Waldorf-Pemberton, dec. Jakob Stageberg, New London-Spicer, 7-5.
 - 113: Kyle Gilva, Simley, dec. Abbot Aho, Fergus Falls, 4-3; Griffin Parriott, New Prague, dec. Jarred Oftedahl, Benilde-St. Margaret's, 3-2.
 - 120: Luke Betchwars, Scott West, dec. Brett Stolarzyk, Stewartville, 4-2; Ty Griffin, Rockford, pinned Tyler Jenson, Foley, 4:51.
 - 126: Juan Torres, Simley, dec. Kyle Opsahl, Hinckley-Finlayson/Pine City/East Central, 12-3; John Weeding, Dawson-Boyd/Lac qui Parle Valley, dec. Ben Henle, New London-Spicer, 4-3.
 - 132: Stephan Mincey, Simley, dec. Tyler Jobe, Grand Rapids, 7-2; Joe Munos, South St. Paul, dec. Jonah Gahn, Milaca/Faith Christian, 10-2.
 - 138: Chevy Goble, Foley, dec. McKinnon Short, Simley, 9-7; Coltan Laganier, Kasson-Mantorville, dec. Quade Zupko, Chisago Lakes, 12-3.
 - 145: Tim Ostby, Morris/Hancock/Choklo-Alberta, pinned Dustin Ellsworth, St. Paul Harding, 6:28 (OT); Jake Short, Simley, dec. Gabe Fogarty, Scott West, 4-2.
 - 152: Cory Nelson, Becker, dec. Pat Hopkins, Grand Rapids, 5-2 (3 OT); Nick Wanzek, Simley, dec. Bryan Andrews, Fairmont/Martin County West, 10-3.
 - 160: Sam Haas, Dawson-Boyd/Lac qui Parle Valley, dec. Dylan Hanson, New London-Spicer, 12-6; John Redepening, Rockford, dec. Cody LaFromboise, Mora 11-3.
 - 170: Micah Barnes, Simley, pinned Casey Stemper, Caledonia/Houston/Spring Grove, 1:22; Miles Hammerlund, Delano, pinned Forrest Drury, Park Rapids, 1:49.
 - 182: Lance Benick, Totino-Grace, dec. Chris Scott, St. Paul/Humboldt, 10-2; Jamison Evans, Grand Rapids, dec. Tyler Jakes, Mankato West, 7-0.
 - 195: Broc Berge, Kasson-Mantorville, dec. Brad Schmidt, Tracy-Milroy-Balaton/Westbrook-Walnut Grove, 16-6; Cody Hazelett, Simley, dec. Josh Edlund, Crookston, 13-4.
 - 220: Joe Schiller, Totino-Grace, dec. Brandon Ritter, Park Rapids, 7-6; J.D. Struxness, Dawson-Boyd/Lac qui Parle Valley, dec. Tyler Pett, Plainview-Elgin-Millville, 8-2.
 - 285: Austin Goergen, Caledonia/Houston/Spring Grove, dec. Brent Pokornowski, Dassel-Cokato, 7-0; Michael Kroells, Scott West, dec. Matt Kadriik, Simley, 8-0.
- #### Finals
- 106: Berge dec. Petry, 2-1.
 - 113: Gilva dec. Parriott, 3-1.
 - 120: Griffin dec. Betchwars, 10-6.
 - 126: Torres pinned Weeding, 3:17.
 - 132: Munos dec. Mincey, 13-4.
 - 138: Laganier dec. Goble, 6-4.
 - 145: Short pinned Ostby, 3:35.
 - 152: Wanzek dec. Nelson, 15-0.
 - 160: Redepening dec. Haas, 11-5.
 - 170: Barnes pinned Hammerlund, 2:57.
 - 182: Benick pinned Evans, 3:25.
 - 195: Broc Berge dec. Hazelett, 5-2.
 - 220: Schiller dec. Struxness, 6-5.
 - 285: Kroells dec. Goergen, 8-3.

CLASS 1A

Semifinals

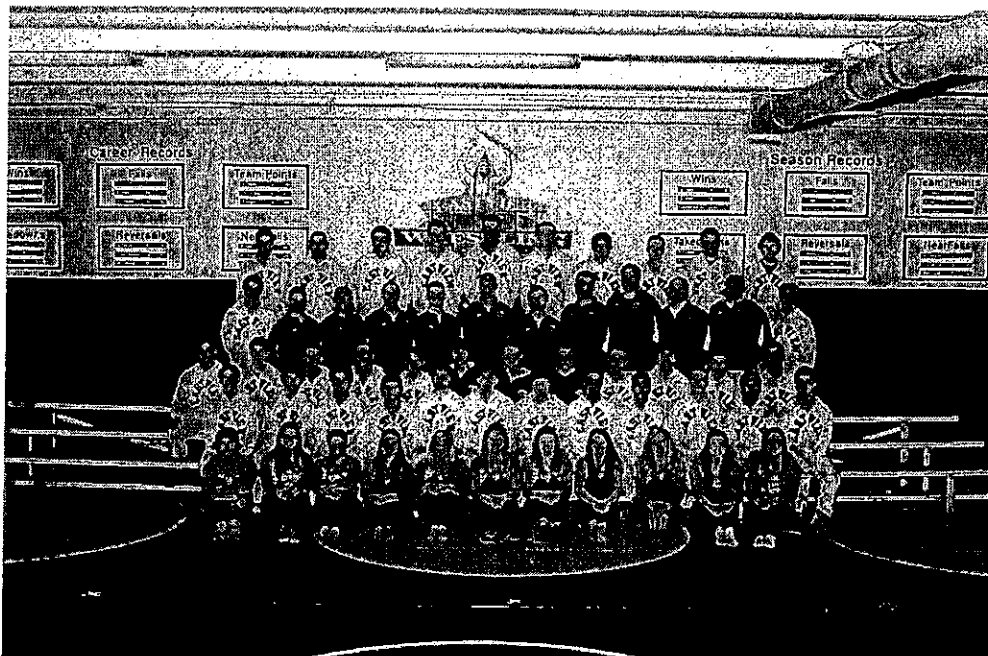
- 106: Mitchell McKee, Kimball, dec. Conrad Kondos, Breckenridge/Campbell-Tintah, 13-4; Cameron Sykora, Border West dec. Joey Majerus Zumbrota-Mazeppa, 8-2.
 - 113: James Goman, Trinity, dec. Mitch Steffens, Wadena-Deer Creek, 2-0 (OT); Shane Novak, New York Mills, dec. Louie Sanders, Lake Crystal-Wellcome Memorial, 8-3.
 - 120: Mitchell Lexvold, Kenyon-Wanamingo, dec. Dustin Esplan, New Richland-Hartland-Ellendale-Geneva, 6-0; Mick Roemer, Wabasha-Kellogg, dec. Brandon Goblrusch, Wabasso/Red Rock Central, 7-6.
 - 126: Oakley McLain, Kenyon-Wanamingo, pinned Dylan Herman, United South Central, 5:26; Hayden Rouser, Atwater-Cosmos-Grove City, dec. Andy Poster, Royalton/Upsala, 12-3.
 - 132: Ben Rynda, Trinity, dec. Andrew Swedzinski, Minnesota, 8-2; Tanner Trembley, Lake Crystal-Wellcome Memorial, dec. Marcus Hamer, Kimball, 7-1.
 - 138: Jacob Anderson, River Valley, dec. Tanner Rohlik, Wabasso/Red Rock Central, 3-2; Theodore Buellet, Minnesota, dec. Matt Meyer, Atwater-Cosmos-Grove City, 6-5.
 - 145: Larry Bomstad, Atwater-Cosmos-Grove City, dec. Paden Moore, Jackson County Central, 7-0; Adam Cooling, Madelia/Truman/Martin Luther, dec. Rusty Grisim, Lake City, 7-4.
 - 152: Rij Koehnen, Frazee, dec. Luke Norland, Jackson County Central, 2-1; Curt Maas, Medford, dec. Mitchell Rohlik, Wabasso/Red Rock Central, 8-2.
 - 160: Jordan Rothers, Kerkhoven-Murdock-Sunburg, dec. Aaron Bates, Sibley East, 12-1; Darick Vancura, Jackson County Central, dec. Stephen Erlandson, Breckenridge/Campbell-Tintah, 8-5.
 - 170: Cooper Moore, Jackson County Central, pinned Collin Huckbody, Walker-Hackensack-Akeley/Nevis, 3:41; Travis Schiefelbein, Kimball, dec. Telay Wojchowski, Badger-Greenbush-Middle River, 2-1.
 - 182: Nate Meixell, Lake Crystal-Wellcome Memorial, dec. Brady Thisius, United South Central, 5-4; Brett Pfarr, LeSueur-Henderson, dec. James Nelson, Atwater-Cosmos-Grove City, 14-6.
 - 195: Adam Josephson, Minnesota, dec. Tyler Schlosser, Parkers Prairie, 10-3; Nathan Rose, Sibley East, dec. Christopher Zimmer, Walker-Hackensack-Akeley/Nevis, 10-3.
 - 220: Josh VanOverbeke, Minnesota, dec. Alex Thurber, Kimball, 10-0; Cody Welch, Wabasso/Red Rock Central, pinned Weston Gadiant, Goodhue, 3:15.
 - 285: Dominick Platow, Paynesville, dec. Pedro Guevara, Lake City, 2-0; Alex Yeager, Badger-Greenbush-Middle River, pinned Collin Turchin, Bertha-Hewitt/Verndale, 3:26.
- #### Finals
- 106: Sykora dec. McKee, 7-4.
 - 113: Novak dec. Goman, 4-1.
 - 120: Lexvold dec. Roemer, 10-1.
 - 126: McLain dec. Rouser, 4-2.
 - 132: Trembley dec. Rynda, 2-1.
 - 138: Anderson dec. Buellet, 18-10.
 - 145: Cooling dec. Bomstad, 3-2.
 - 152: Maas dec. Koehnen, 8-0.
 - 160: Vancura dec. Rothers, 10-7.
 - 170: Moore dec. Schiefelbein, 13-2.
 - 182: Pfarr dec. Meixell, 7-2.
 - 195: Rose dec. Josephson, 5-2.
 - 220: VanOverbeke dec. Welch, 6-0.
 - 285: Platow pinned Yeager, 5:30.

**Returning Letter Winners
2011-2012 Varsity Career Statistics**

WRESTLER	GRADE	WINS	LOSS	TD	NF	R	FALLS	TM PTS
Will Gibson	11	2	1	2	6	1	1	12
Jonathan Lenz	11	15	18	26	4	7	10	75
Patrick Mako	11	1	0	0	0	0	0	6
Vince Metz	11	11	14	13	3	5	7	64
Anthony Munos	11	61	54	116	78	63	22	278
Jack Penders	11	1	3	3	0	2	1	6
Jon Watson	11	1	3	1	0	1	1	6
Jack Buck	10	21	13	33	15	7	9	101
Brandon Cordova	10	1	2	1	0	0	0	6
Andrew Krisher	10	0	2	0	0	0	0	0
Peter Lesch	10	18	32	21	6	8	8	108
Tyler Lindgren	10	19	51	22	9	20	10	99
Nick Pegelow	10	7	11	6	4	0	5	39
Jacob Rukavina	10	69	55	142	54	40	38	335
Jerel Warren	10	1	0	0	0	0	0	6
Luke Dodd	9	5	18	10	8	4	4	27
Casey Dravis	9	2	1	3	3	4	1	10
George Farmah	9	8	5	14	5	7	4	41
Zach Habeck	9	1	3	1	0	0	0	3
Brett Hestness	9	1	2	2	1	1	1	6
Will Rains	9	2	1	4	4	2	1	10
Jack Schliesman	9	1	1	2	0	0	1	6
Eric Stumpf	9	6	19	10	3	0	1	28
Alex Lindstrom	7	19	19	32	17	20	9	91

Other Letter Winners...

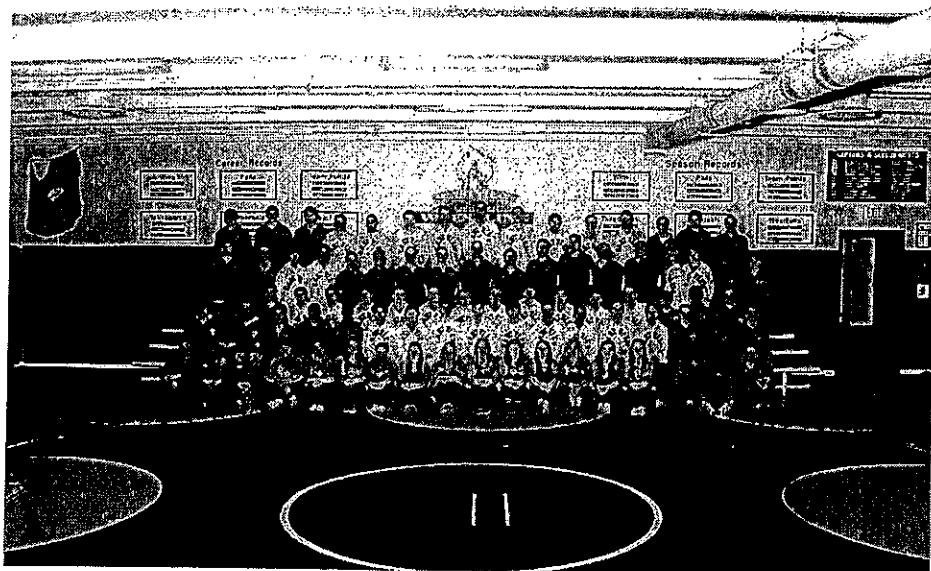
David Phomphackdy, Patrick Mako, Blake Harris, Alex Bertell, Jordan Swanson, Billy Marks, Kenny Kirkman, Gavin Carison, Thomas Burgess, Zach Praus, Tom Delich



**EASTVIEW WRESTLER ALUMNI
VARSITY CAREER STATISTICS**

NAME	YEAR	WINS	LOSSES	TD	NF	R	FALLS	TEAM PTS
Tony Rodin	1999	77	23	151	83	36	31	361
Brandon Jones	1999	13	20	31	18	7	5	56
Joe Theisen	1999	5	27	11	7	7	1	22
Brad Okonek	2000	49	50	84	71	24	33	255
Matt Davis	2000	44	61	76	66	25	23	204
Nate Ernst	2000	44	24	94	25	15	19	203
Adam Miller	2000	28	34	64	15	13	14	135
Nick Thompson	2000	27	21	41	23	39	13	126
Chris Verhaeghe	2000	2	3	3	2	1	1	9
Adam Fokken	2001	147	36	349	121	92	83	727
David Rasmussen	2001	66	49	154	60	43	23	298
Brian Putnam	2001	19	21	13	11	7	10	91
Adam Johnson	2001	13	45	39	16	15	7	65
Eric Budd	2001	0	1	0	0	0	0	0
Jon Hanson	2001	0	5	1	0	1	0	0
Kris Carson	2002	0	0	0	0	0	0	0
Mikey Fornicoia	2002	107	31	231	166	84	44	491
Mic Hale	2002	0	1	0	0	0	0	0
Wade Halvorsen	2002	1	0	1	0	1	1	6
Eric Lemm	2002	38	37	53	26	24	16	173
David Pudwill	2002	11	12	10	1	0	4	51
John Getzke	2003	78	46	138	79	50	40	368
Nate Kocer	2003	55	25	71	31	55	45	310
Andrew Lenertz	2003	5	5	12	4	5	2	24
Kevin McBride	2003	110	84	111	89	65	39	307
Chris Shuck	2003	64	59	194	35	17	16	252
Jud Turk	2003	53	57	110	63	26	16	223
James Voyles	2003	50	28	107	12	11	15	213
Jason Berve	2004	0	1	0	0	0	0	0
Pat Dea	2004	79	57	151	123	69	42	322
Kevin Eich	2004	71	61	167	47	26	18	290
Jeremiah Foertsch	2004	48	57	97	50	50	26	228
David Grogg	2004	7	16	14	4	4	3	30
Fred Hwang	2004	12	23	15	9	7	11	74
Ryan Langlais	2004	139	54	449	112	50	55	621
Andy Tighe	2004	2	0	0	0	0	0	12
Cory Wagner	2004	13	12	15	9	7	11	74
Brain Wallenta	2004	4	3	3	3	1	2	24
Tom Chies	2005	12	27	19	9	21	2	48
Steve McMoore	2005	6	8	15	7	9	2	25
Ryan Ruckdashel	2005	54	29	76	30	10	36	292
Sam Voyles	2005	15	12	33	14	8	7	74
Kyle Wilson	2005	19	45	44	8	22	9	97
Justin Armstrong	2006	7	5	4	3	4	5	42
Chris Becker	2006	4	10	3	4	2	1	18
Chad Eul	2006	31	23	40	24	18	17	160
Chris Griep	2006	20	41	27	15	15	8	98
Minh Huynh	2006	100	32	160	148	53	42	458
John Makabe	2006	90	33	190	60	45	47	442
Andrew Nelson	2006	49	44	54	48	46	23	216
Josh Nelson	2006	60	52	156	68	25	20	254
Dillon Powell	2006	32	19	85	21	13	16	149
Abebe Dessalegn	2007	36	24	89	35	13	21	178
Dan Getzke	2007	70	35	142	101	36	39	326
Jacob Nelson	2007	65	25	103	75	35	23	304
Jeff Hanson	2007	1	2	3	0	1	0	3
Andrew Pudwill	2007	12	21	18	3	5	7	61
Alex Bakardjiev	2008	1	7	0	0	2	1	6
Dino Blundetto	2008	18	37	36	11	4	14	105
Scott Kenning	2008	20	30	31	13	11	13	104
David Ly	2008	35	40	53	29	30	16	155

NAME	YEAR	WINS	LOSSES	TD	NF	R	FALLS	TEAM PTS
Tony Nguyen	2008	7	8	10	2	1	2	39
Brian Okonek	2008	55	51	91	37	35	27	261
James Pudwill	2008	37	40	54	24	16	26	189
Pat Cox	2009	0	6	1	0	3	0	0
Matt Franson	2009	11	12	15	6	4	7	59
Ty Groskreutz	2009	65	43	92	59	22	41	323
Scott Hogan	2009	129	25	252	145	75	66	606
Billy Kor	2009	15	24	32	2	8	2	61
Bobby Ladd	2009	21	23	24	11	22	11	100
Dijon Sanders	2009	58	44	74	21	39	17	240
Carl Brown	2010	0	2	0	0	0	0	0
Nick Dodd	2010	37	42	49	28	35	19	170
Cody Groskreutz	2010	82	48	180	58	46	26	341
Alec Johnson	2010	22	25	25	24	26	14	118
Peter Nguyen	2010	48	35	67	50	27	29	249
Nels Pederson	2010	86	35	200	50	50	28	373
Steven Phomphackdy	2010	21	18	29	16	15	6	83
DJ Schliesman	2010	16	30	19	6	11	8	78
Joey Scott	2010	44	46	56	26	17	16	192
Alec Teagarden	2010	8	12	17	5	8	4	36
Josh Weinberg	2010	64	29	74	126	87	27	298
Rob Wietecha	2010	14	23	30	3	7	5	57
Derek Becker	2011	13	18	27	8	8	5	58
Josh Blake	2011	29	18	33	40	31	17	147
Erik Ehresmann	2011	53	31	79	31	10	35	269
Jack Lesch	2011	0	2	2	0	0	0	0
Alex Mitchell	2011	0	0	0	0	0	0	0
Mike Schliesman	2011	0	1	0	0	0	0	0
Ben Schmitz	2011	21	21	33	24	14	5	84
Marcus Shaw	2011	0	0	0	0	0	0	0
Chris Bechly	2012	38	50	71	13	30	13	170
Brendan Cole	2012	13	23	28	10	9	9	73
Adam Foreman	2012	11	18	6	2	7	10	63
Edgar Garcia	2012	35	43	34	10	16	19	189
BJ Groskreutz	2012	85	78	144	70	63	35	389
Zac Groskreutz	2012	7	16	18	28	6	3	38
Matt Henning	2012	26	27	50	39	19	17	137
Greg Howard	2012	25	28	44	12	13	12	122
Matt Ladd	2012	8	5	16	11	3	4	44
Joe Martens	2012	0	2	2	0	1	0	0
Mitch Rechtzigel	2012	158	50	499	98	54	54	674
Nick Zelenak	2012	2	2	1	1	3	1	12



EASTVIEW WRESTLING RECOGNITIONS

ALL CONFERENCE

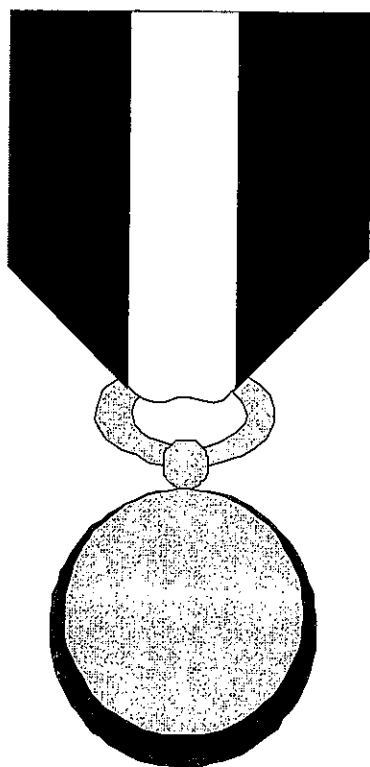
Tony Rodin (2x)
 Brad Okonek
 Nate Ernst
 Adam Fokken (4x)
 David Rasmussen
 Mikey Fornicoia
 Eric Lemm
 James Voyles
 John Getzke
 Nate Kocer
 Kevin McBride
 Ryan Langlais (2x)
 Minh Huynh (2x)
 John Makabe(2x)
 Ryan Ruckdashel
 Scott Hogan (3x)
 Jacob Nelson
 Andrew Nelson
 Dan Getzke (2x)
 Chad Eul
 Bryan Okonek
 Mitch Rechtzigel (3x)
 Nels Pederson
 Josh Weinberg
 Erik Ehresmann
 BJ Groskreutz

SECTIONS CHAMPIONS

Tony Rodin
 Adam Fokken
 David Rasmussen
 Mikey Fornicoia
 James Voyles
 Nate Kocer
 Ryan Langlais
 Nels Pederson

STATE QUALIFIERS

Tony Rodin (2x)	4 th Place
Brad Okonek	
Adam Fokken (3x)	4 th Place 1 st Place
David Rasmussen	
Mikey Fornicoia (2x)	6 th Place
James Voyles	
Jud Turk	
Nate Kocer	6 th Place
John Getzke	5 th Place
Ryan Langlais (3x)	
Pat Dea	
Steve Davis (2x)	4 th Place
Minh Huynh (3x)	4 th Place
John Makabe	
Ryan Ruckdashel	
Dan Getzke	
Chad Eul	
Jacob Nelson	
Will Jackson	4 th Place
Nels Pederson	
Dijon Sanders	
Mitch Rechtzigel	2 nd Place
BJ Groskreutz	
Jacob Rukavina	



Season Captains & Team Motto

Year	Captains	Motto
1998	Matt McDonald, Joe Theisen	<i>Lightning Strikes</i>
1999	Tony Rodin, Joe Theisen	<i>Attitude and Effort</i>
2000	Nate Ernst, Brad Okonek, Adam Fokken	<i>Team 2000: Paving the Way</i>
2001	Adam Fokken, Mikey Fornicoia	<i>Courage to Succeed</i>
2002	Mikey Fornicoia, John Getzke, Eric Lemm	<i>Mission Possible: 2002</i>
2003	John Getzke, Kevin McBride, Jud Turk, James Voyles	<i>Fight! Inch ... By ... Inch</i>
2004	Kevin Eich, Jeremiah Foertsch, Ryan Langlais, Tyler Cookas	<i>The Long March</i>
2005	Ryan Ruckdashel, Sam Voyles, Kyle Wilson	<i>No Guts, No Glory</i>
2006	Chad Eul, Minh Huynh, Josh Nelson	<i>Our Vision, Our Mission</i>
2007	Dan Getzke, Jake Nelson	<i>Storm The Matt</i>
2008	Bryan Okonek	<i>Prepare for Battle</i>
2009	Scott Hogan, Ty Groskretz,	<i>Something More</i>
2010	Cody Groskretz, Nels Pederson	<i>Eye of the Storm</i>
2011	Mitch Rechtzigal, Josh Blake, Ben Schmitz	<i>Trained Tough</i>
2012	Mitch Rechtzigal, BJ Groskretz, Chris Bechly	<i>Aim Towards the Enemy</i>

Season Records / Conference Place

	Wins	Losses	Ties	Conf. Wins	Conf. Place	State Qualifiers
1998	3	19	1	1	9 th	1
1999	6	14	1	2	7 th	2
2000	18	4	0	7	2 nd	3
2001	14	8	0	5	5 th	4
2002	16	9	0	6	4 th	3
2003	21	5	1	7	2 nd	4
2004	13	15	0	4	5 th	3
2005	12	14	0	3	7 th	3
2006	24	7	0	8	2 nd	3
2007	13	7	0	5	4 th	3
2008	14	10	0	5	4 th	0
2009	18	9	0	7	2 nd	2
2010	21	6	0	8	2 nd	0
2011	14	13	0	4	4 th	0
2012	12	15	0	2	7 th	3
				219 wins	155 losses	.585 winning percentage

Season Awards

Most Valuable Varsity Wrestler of the Year

1998	Tony Rodin
1999	Adam Fokken
2000	Adam Fokken
2001	Adam Fokken
2002	Mikey Fornicoia
2003	Nate Kocer
2004	Ryan Langlais
2005	Minh Huynh
2006	Minh Huynh & John Makabe
2007	Jacob Nelson & Dan Getzke
2008	Scott Hogan
2009	Scott Hogan
2010	Nels Pederson
2011	Mitch Rechtzigal

Most Valuable Junior Varsity Wrestler of the Year

1998	Jim Maloney
1999	Tyrel Narva
2000	Chris Verhaeghe
2001	David Pudwill
2002	Andrew Lenertz
2003	Andrew Lenertz
2004	Brian Wallenta
2005	Chad Eul
2006	Mike Redig
2007	Jeff Hanson
2008	Josh Weiberg
2009	Nick Dodd
2010	Alec Teagarden
2011	Matt Henning

Most Valuable Freshman Wrestler of the Year

1998	Adam Fokken
1999	Mikey Fornicoia
2000	Bryan Lewis
2001	Steve Davis
2002	Tyler Cookas
2003	Troy Fokken
2004	Ryan Stepan
2005	Trever Sutherland
2006	Scott Hogan
2007	Cody Groskretz
2008	Matt Galloway
2009	Brad Hogan
2010	Anthony Munos
2011	Jacob Rukavina

Most Improved Wrestler of the Year

1998	Nate Ernst
1999	Nick Thompson
2000	Brad Okonek
2001	David Rasmussen
2002	Eric Lemm
2003	Jud Turk
2004	Minh Huynh
2005	Josh Nelson
2006	Chad Eul
2007	Dijon Sanders
2008	Nels Pederson
2009	Nels Pederson & Josh Weinberg
2010	Eric Ehresmann
2011	Anthony Munos & Josh Blake

Lightning Award

1998	Chris Verhaeghe
1999	Chris Verhaeghe
2000	Brian Putnam
2001	Brian Putnam & Eric Budd
2002	David Pudwill
2003	Jud Turk & John Getzke
2004	Jeremiah Foertsch
2005	Sam Voyles
2006	Chris Griep & Dillon Powell
2008	Bryan Okonek & David Ly
2007	Abebe Dessalegn & Andrew Pudwell
2009	Bobby Ladd & Matt Franson
2010	Nick Dodd & Cody Groskretz
2011	Erik Ehresmann

John Rodin Service Award

1998	Brad Okonek
1999	Brad Okonek
2000	Andrew Lenertz
2001	John Getzke
2002	Cory Wagner
2003	Cory Wagner
2004	Ben Foertsch
2005	Dante Hendricks
2006	Pat Cox
2007	Joey Scott
2008	Nick Dodd
2010	Jacob Rukavina
2011	Levi Groskretz

Wrestling Manager Hall of Fame

2000	Erinn Roos
2001	Rachel Davis
2003	Kari Okonek
2006	Ashley Langlais
2009	Libby Carroll
2010	Brooke Larson & Sara Olson

Wrestling Scholarship Recipients

2005	Kyle Wilson
2006	John Makabe
2007	Jacob Nelson
2008	David Ly
2009	Robert Ladd
2010	Nick Dodd
2011	Ben Schmitz

School Song

*Go Eastview Lightning
Victory is our game.
Blaze a trail of glory
Marching on to fame.
Feel the mighty thunder,
Flash that fills the sky.
Blue, black and white won't
Give up the fight,
We're the lightning from
Eastview High.
Eastview Lightning
Fight, fight, fight.
Go, fight, win tonight!*

Eastview Distinguished Athletes



Adam Fokken
Football, Wrestling & Track
2001 Athlete of the Year
2001 Scholar Athlete
2000 4th Place State - 189 lbs.
2001 State Champion - 189 lbs.

Ryan Langlais
Football, Wrestling & Baseball
2004 Athlete of the Year
3X State Qualifier
2004 Section Champion - 160 lbs.

Ryan Ruckdashel
Football, Wrestling & Track
Distinguished Athlete & Scholar
2004 MSHSL ExCEL Winner
2005 State Qualifier & Team Captain

Scott Hogan
Soccer & Wrestling
Distinguished Athlete
129 Career Wins
Team Captain

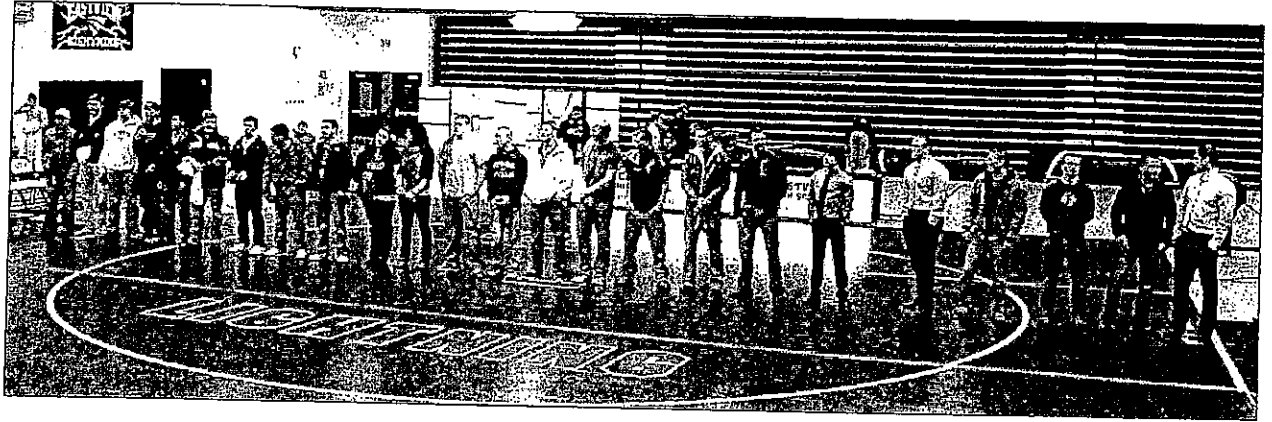
Ty Groskreutz
Football, Wrestling & Baseball
2001 Scholar Athlete
3 Sport Letter Winner
Team Captain

Cody Groskreutz
Wrestling & Baseball
Athlete of the Year
82 Career Wins
Team Captain 2010



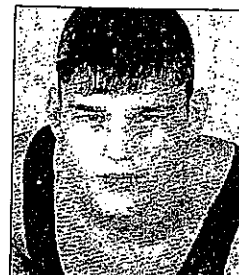
Ben Schmitz
Wrestling & Soccer
Distinguished Scholar Athlete
Section Place Winner
Team Captain 2011

2011 Alumni



Wall of Excellence

Criteria: State Place Winner, finish the program in good standing, and graduate from Eastview High School.



Tony Rodin
1998 - 4th Place
125 lbs.

Adam Fokken
2000 - 4th Place 189 lbs.
2001 - State Champ 189 lbs.

Mikey Fornicoia
2002 - 6th Place
130 lbs.

John Getzke
2003 - 5th Place
152 lbs.

Nate Kocer
2003 - 6th Place
189 lbs.

Minh Huynh
2005 - 4th Place
103 lbs.

Section Champions

Mikey Fornicoia, Tony Rodin, Adam Fokken, David Rasmussen,
James Voyles, Nate Kocer, Ryan Langlais, Nels Pederson

Commitment To Excellence

How good do you want to be? If your answer is, "good enough to get by," than a commitment to excellence is not necessary, but if your completely honest answer is, "the best," you must make a total commitment to excellence.

Wrestlers are born with varying degrees of natural ability. Sacrifice and a commitment to excellence are required to develop that ability. Time, hard work, continuous practice and repetition all go into the making of a good athlete.

To be a winner you must be willing to make sacrifices. This means maintaining good training habits, getting the proper amount of rest, and eating a balanced diet.

You can be as great as you want to be. If you believe in yourself and have the courage, determination, dedication, competitive drive, and if you are willing to give up the little things in life to accomplish an ultimate goal down the road, you will succeed!

In our years of involvement in athletics, we have seen athletes make a sincere commitment to excellence. They had a burning desire to be not just good, but great. They craved coaching. They worked harder than the other wrestlers during the season and they never stopped working in the offseason. They went out of their way to look for tougher competition. Finally, they were stubborn – they refused to settle for anything less than the best.

As a result, each was a big winner. There was no luck or chance involved; these wrestlers worked hard so they would always have an edge when they went into their matches. They knew they would win...and they did.

A commitment to excellence means you must be willing to work hard, to push yourself physically until it hurts. We believe that any wrestler who walks off the mat after a full match and is not physically spent has not worked to his physical potential

If you have a true commitment to excellence you will give up anything that does not help you become better as an athlete or a person. Don't be content with mediocrity- strive to live up to the greatness within you.

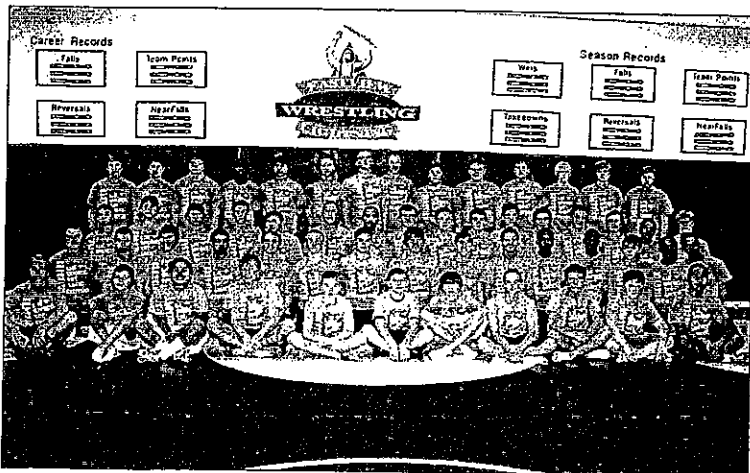
COMMITMENT NIGHT: This is a night for you to pledge your commitment to excellence in the Eastview Wrestling program. This night will involve activities that encourage you to reflect on your goals and to discuss what it will take to reach those goals. Also, this night will emphasize each wrestler's commitment to the whole team. We depend upon each wrestler to succeed. Your complete commitment is crucial to the success of the team. You deserve to give yourself the best opportunity to succeed. **BE THE BEST YOU CAN BE!**

The great coach Vince Lombardi had this to say about making the commitment to excellence:

"For the winner there is 100 percent elation, 100 percent laughter, 100 percent fun and for the loser the only thing left is a 100 percent resolution and 100 percent determination. The game, I think, is a great deal like life. Every man makes his own personal commitment toward excellence and toward victory. Although you know ultimate victory can never be completely won, it must be pursued with all of one's might and each week there is a new encounter, each year a new challenge.

"I'd like to say that the quality of any man's life is a full measure of that man's personal commitment to excellence and to victory, regardless of what field he may be in."

MAKE A COMMITMENT TO EXCELLENCE!



Commitment Night 2011

Eastview

The Lightning return several grapplers who placed in the individual Section 3AAA meet last February.

Chris Bechley, BJ Groskruetz, Anthony Munos and Mitch Rechtzigel have returned to the mat after finishing fourth in their respective weight classes last season at sections. The top two advance to state.

Tyler Lindgren, Jacob Rukavina and Edgar Garcia also are off to positive starts this season.

Eastview lost to Rosemount 43-19, winning five matches on Dec. 8.

The dual was highlighted by a 2-1 match between Rechtzigel and Rosemount's Adam Jackson, who was the runner-up at state last season. Jackson won in the final 30 seconds

of overtime.

The following day, Eastview participated in the Northfield Duals, defeating Northfield 35-33.

Adam Foreman earned a pin at 220 pounds to secure the win.

The team also lost to Bloomington 43-19 and Henry Sibley 37-26.

Over the weekend, Alex Lindstrom (6-1), Groskruetz (4-2), Rukavina (7-0), Rechtzigel (5-1) and Greg Howard (4-2) have generated some early-season buzz.

The Lightning are headed to the Richfield Duals on Saturday.

At my first varsity practice, I felt ... excited to be practicing with all the high school guys when I was still in middle school.

To get focused for a match, I ... go through my moves and my match in my head.

What is your favorite meal before a meet? A venison steak.

How did you get started playing the sports you play now in high school? I had friends who were also starting wrestling and my dad asked me if I wanted to give it a try. I was always interested in football, so that's how I started that.

When you have time off during vacation, what do you like to do? I like going hunting and fishing and hanging out with my friends.

In 10 years, I hope I'm ... doing something I love and am successful at it.

What is the best sports advice you ever received? The best thing I have been told is that when winning becomes as important as it is to breathe, then you will win.

RON HAGGSTROM



QUICK Q&A MITCH RECHTZIGEL EASTVIEW WRESTLING

Rechtzigel, a senior, is in his fifth season as a member of the Eastview wrestling team. He has registered more than 130 career victories. He became the first member of the Lightning to win his weight class (160 pounds) at the Bi-State Classic in LaCrosse (Wis.). Here is a closer look at Rechtzigel, who also was a linebacker on the football team:

Three words or phrases my friends or teammates might use to describe me? Determined; hard working; responsible.

How do you balance school and athletics during the year? I put all my effort into my sport at practice and in competition and forget about school. But once that is done, I focus on my school work that I need to do.

Eastview second at Burnsville Invite

Six Eastview wrestlers finished in the top three at the Burnsville Invitational on Jan. 7. Mitch Rechtzigel continued to open eyes, winning the invitational at 160 pounds, improving to 19-2 on the season. BJ Groskruetz,

Greg Howard and Matt Henning finished second while teammates Jack Buck, Alex Munos and Jacob Rukavina finished third.

Wrestlers from rival South Suburban Conference schools won't make it easy.

Eastview's Mitch Rechtzigel, the school's all-time career winner with more than 150, could add a few more wins at the Xcel Energy Center at state. Team-mates BJ Groskreutz, Jacob Rukavina and Anthony Munos have broken the 25-win mark this season.



Rechtzigel tops the list

Eastview senior Mitch Rechtzigel became his school's career victories leader in wrestling when he pinned Mathew Mason of South St. Paul in a Feb. 2 match. That was the 148th victory of Rechtzigel's career, one more than Adam Fokken, who concluded his career with a state championship at 189 pounds in 2001.

Fokken was at the South St. Paul match to congratulate Rechtzigel for breaking the record.

Rechtzigel has been wrestling on the Eastview varsity since eighth grade. This season he is ranked fourth in Class 3A at 160 pounds by The Guillotine. He has beaten several other ranked wrestlers this season, including Ben Sullivan of Apple Valley and Anton Kalista of Lakeville North.

Earlier this season Rechtzigel became the first Eastview wrestler to win his weight class at the Bi-State Invitational in La Crosse, Wis. He has placed at that tournament five times.

Eastview High School's Mitch Rechtzigel was the lone Lightning wrestler to advance in individual state competition after the first round on Friday.

Rechtzigel picked up a pair of victories at 160 pounds Friday, winning by technical fall over Blake Solberg of Centennial in the opening round, and winning a major decision 10-1 over Bryant Amundson of St. Cloud Tech in the quarterfinals.

The other two Eastview wrestlers at the state tournament were BJ Groskreutz at 132, and Jacob Rukavina at 138.

Groskreutz lost by technical fall in the first round to Eric Bauer of Hastings, and Rukavina lost his opener 15-1 to Weston Droegemueller of Wayzata.

Bauer lost his next match, meaning Groskreutz did not get to wrestle in the consolation rounds. Rukavina did get a second match, but lost it 6-5 to Lincoln Mallinger of St. Michael-Albertville.

Feb
28
2012

Blue Earth, New London-Spicer, and Eastview Win MWCA Academic Team Titles

High School News

The Minnesota Wrestling Coaches Association, The MN National Guard, and The Guillotine are proud to recognize Blue Earth, New London-Spicer, and Eastview as the state academic team champions for the 2011-2012 wrestling season.

These three teams had the highest grade point averages for their respective classes. Blue Earth topped the entire field with an impressive 3.91 team gpa to win the Class A title. New London-Spicer won the Class AA crown with a 3.90 team gpa. Eastview had a 3.79 team gpa to pace the Class AAA schools. These teams will all be awarded banners to be displayed at their schools.

Ninety-Four teams from around the state qualified for this year's Academic Team Award. To be eligible for the award, the team's head coach must be a member of the MWCA and the average gpa of the 10 highest gpa's of a team's nineteen man post-season roster must be 3.0 or higher. All teams that meet the criteria are awarded a plaque from the MWCA. If a team's gpa is 3.0-3.49 they earn a silver plaque, while a gpa of 3.5-4.0 earns a gold plaque.

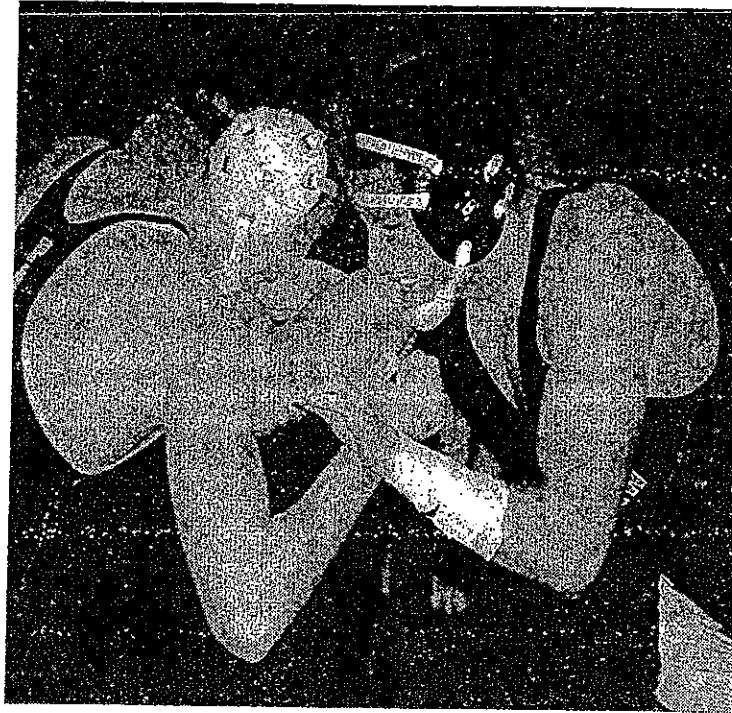
All of the teams that qualified for the award are listed below.

Aim Towards the Enemy

Eastview's wrestling team has always been recognized as one of the most hard-working and devoted teams at Eastview. Starting in November, and wrestling all the way till March, the wrestling team is kept busy for the extent of their season. With 25 plus meets, 3 individual tournaments, early morning workouts, and daily practices, the team has their eye set on success.

The team placed 2nd at both the Richfield Duals and the Burnsville Invite, and placed 12th out of 54 teams at the Bi-State Tourney in La Crosse. Senior **Mitch Rechtzigel** placed first at this tournament, winning the tournament between Minnesota and Wisconsin teams. While Apple

By **Olivia Marks**
Lightning Reporter



Valley is still ranked top in the nation, two Eastview wrestlers came out on top. Rechtzigel and senior **Adam Foreman** won decisively in breakthrough rounds.

The team consists of 67 total wrestlers, all devoted to the team's cause. **Head Coach Habeck**, who has been coaching wrestling and teaching for 21 years, says that he's most proud of "the kids that complete 4 years of wrestling at Eastview and the fact that we are 3 time Academic State Champions." We have also had 21 state qualifiers, and 9 state place winners.

The coaches and wrestlers aren't the only ones involved, either. The booster club and managers help keep things rolling, as well. Freshman manager **Rayanne Hedges** helps manage keeping track of the scores and records for all the wrestlers, and also helping with a lot of small details.

"This is a great sport to develop discipline, self-confidence, and pride," said Coach Habeck. Help out the wrestling team this year by coming out and supporting them!

Eastview wrestler sets school wins mark

By **BRIAN STENSAAS**
bstensaas@startribune.com

Since its opening in 1997, Eastview has welcomed home one state wrestling champion. That came in 2001 when **Adam Fokken** pinned Austin's **Chad Mentel** to cap an undefeated season at 189 pounds. The victory was Fokken's 34th of the season and school record 147th of his career.

Last week Fokken was back on an Eastview wrestling mat, but as a proud observer, not a competitor. Fokken was in attendance to see Lightning senior **Mitch Rechtzigel** break his record. Rechtzigel, rated No. 4 in Class 3A at 160 pounds by the Guillotine, pinned South St.

Paul's **Mathew Mason** for career victory No. 148. It pushed Rechtzigel's season record to 32-2.

"He's been very dominant at the varsity level since eighth grade and that says a lot about him," Eastview coach **Kurt Habeck** said. "The level of success has been there the whole time."

Habeck, who has been at Eastview since the beginning, said Fokken and Rechtzigel are alike in that they both played football, excel in the classroom and have a tireless work ethic.

"Very focused and disciplined type kids," Habeck said. "A couple kids who love the sport."

Rechtzigel has come a long way since he first entered the wrestling

room as a 112-pound middle-schooler. He is at his best when he's on the attack while on his feet. It's a talent that has him close to the school's all-time takedown record.

"His techniques are so much more fine-tuned," Habeck said. "His skills work on above-average kids."

Rechtzigel's season résumé thus far is impressive. He won the 160-pound bracket at the Bi-State tournament in La Crosse, Wis., in December, the first Lightning wrestler to claim a title there and the fifth year in a row he has placed at the event. He also won tournaments at Eastview and in Burnsville, and has defeated Apple Valley's **Ben Sullivan** (No. 3 at 170), Lakeville North's **Anton Kalista**

(No. 7 at 160) and White Bear Lake's **Cody Anderson** (No. 5 at 160).

Nothing is set in stone, but Habeck said talk of Rechtzigel continuing his wrestling career beyond high school has intensified.

Rechtzigel brings home the silver medal

Senior leaves high marks in the record books at Eastview

by Andy Rogers
THISWEEK NEWSPAPERS

Mitch Rechtzigel is the highest finisher at the state wrestling tournament that Eastview High School has had in more than a decade.

Rechtzigel left the Xcel Energy Center in St. Paul on Saturday night wearing the silver medal after coming in second in the 160-pound weight class behind Apple Valley's Brandon Kingsley.

It was Rechtzigel's first trip to state. Last year he was third in Section 3AAA behind the eventual state

champion and state runner-up.

"I worked hard to get up to their level," Rechtzigel said. "I was hoping to close the gap a little more - get a little closer.

"I have no complaints. It's been a lot of hard work and it's been worth it."

On his way to the state final, Rechtzigel defeated Centennial's Blake Solberg 17-2, St. Cloud Tech's Bryant Amundson 10-1 and Lakeville North's Anton Kalista 6-0. It was nice for Rechtzigel to hear the announcer say Eastview at the state tournament for once.

"People aren't used to seeing somebody from the other side of Apple Valley in the finals," he said. "It was nice to see. I hope it's just the start."

Kingsley, who won his fourth state title last weekend, said it was special to see Rechtzigel there.

"We've wrestled together ever since we were five," said Kingsley, who beat Rechtzigel 6-3 in the final. "It's always been back and forth. I'm so glad he finally made it to state this year."

Rechtzigel went down as the career wins and take-downs leader at Eastview. He broke Adam Fokken's record set in 2001 when he won a state title; Rechtzigel is the highest state place winner since then.

Teammate BJ Groskreutz went 0-1 and Jacob Rukavina 0-2 at state.

Andy Rogers is at andy.rogers@ecm-inc.com.

