
EASTVIEW WRESTLING
SEASON REVIEW
2015-2016



Think Strong - Be Strong - Finish Strong!



EASTVIEW WRESTLING

TEAM 2016: THINK STRONG – BE STRONG – FINISH STRONG!

Congratulations to each of the wrestlers for successfully completing the season. Eastview Wrestling's season motto is: "Think Strong – Be Strong – Finish Strong". Finishing Strong speaks to the way you live your life - never letting up and finishing what we start with the same intensity as we began. Team 2016 committed to several off-season training programs including attending freestyle practices, participating in wrestling training sessions, super group, and traveling to Augsburg and the University of Missouri for team camp. All of the accomplishments this year were directly related to the leadership by the seniors and their commitment to **Think Strong – Be Strong – Finish Strong!**

Throughout the season each wrestler was asked to live, train, and compete based on four **Mindset Principles**:
1 - I am thankful for the opportunity to wrestle. 2 - I am aggressive and relentless. 3 - I have no fear of losing or making a mistake. 4 - I never ever give up. The senior class and captains did a great job leading by example, promoting a solid work ethic, and promoting the mindset principles. Below are a few highlights of the 2016 season.

The Freshman Team...

- ◆ Had 19 freshman and 5 middle school wrestlers learn the sport and compete during the season.
- ◆ Earned 7 dual meet victories including a 4th place finish at the Region 2 Tournament.
- ◆ Competed in (4) JV Tournaments – Northfield, Eastview, Armstrong, and Lakeville South.
- ◆ Had 12 wrestlers place at regions, 5 qualify for 9th Grade State, and two become state place winners.
- ◆ Earned 89 match wins, 424 team points, 48 falls, and 150 takedowns.

The Junior Varsity Team...

- ◆ Earned 12 dual meet wins and placed 3rd in the South Suburban Conference.
- ◆ Placed 1st at the Eastview Duals and 2nd at the JV Conference Tournament.
- ◆ Participated in varsity tournaments at Trinity & Mound-Westonka.
- ◆ Earned 301 match wins, 1394 team points, 199 falls, and 488 takedowns.
- ◆ Had 10+ wrestlers provide the depth needed to fulfill the varsity team's needs.

The Varsity Team...

- ◆ Earned MN Academic Gold Recognition with a team GPA of 3.5.
- ◆ Earned 19 hard fought victories placing 1st at the Eastview, Mounds View, and Armstrong Duals.
- ◆ Had 4 wrestlers earn All-Conference and 3 earn All Conference Honorable Mention Honors.
- ◆ Placed all 14 wrestlers at Individual Sectionals with 11 placing in the top four.
- ◆ Had 2 Section Champs, 5 State Qualifiers, and 2 All-State Wrestlers earning 4th and 5th place honors.
- ◆ Had 32 wrestlers get an opportunity to wrestle on varsity with 9 wrestlers earn at least 20 wins.
- ◆ Earned 356 match wins, 1721 team points, 174 falls, and 613 takedowns.

The **Class of 2016** includes 6 wrestlers who lead the team with a single minded focus it takes to be successful in wrestling. The senior class will leave having earned 345 wins, 159 falls, and 1647 team points. To each of the seniors, we thank you for your hard work, commitment, and your ability to achieve things nobody would have believed. We wish you the best of luck in your future endeavors and we hope that the Lightning Pride you developed over the past 4 years stays with you forever.

As we begin preparing for next season, **Team 2017** must set high goals for themselves and the team. Wrestlers were asked their goals at the end of season individual meetings. After talking about their goals, we discussed the following quote: "To get what we've never had, we must do what we've never done." Wrestlers were able to identify their goals as the "never had" part of the quote. For example, a wrestler talked about his goal of being a State qualifier, which is something he has never accomplished yet. The coaches' challenge to every wrestler is to do something they have "never done" between now and next season so they can accomplish the things they "never have". We challenge each wrestler to not only do the expected things in the off season, but to go above and beyond. One challenge is to pick a move, like a single leg takedown, and set a numerical goal, like 500, to reach by the start of next school year. Drill that single leg 5, 10, 20 times a day until you reach it. Then set a new challenge. The future success of Eastview's wrestling program is dependent on each of us asking ourselves on a daily basis: "Do my choices reflect my dreams?"

Coach Habeck & Fornicoia



Eastview Wrestling

Captains: Tim Duffy, Mike Delich, Alex Lindstrom

2015-2016 Season

7th - 8th GRADE

MASON	ENDERLEIN
AUSTIN	GERISCH
DYLAN	FREDRICKSON
JACK	VANDEBERG
LOGAN	O'NEIL

FRESHMAN

MAX	ALIPATE
CLOFUNN	BULSON-BRATTON
ALEX	BURDI
HECTOR	CHRISTERNA-HERNANDEZ
MICHAEL	DARA
TRAVIS	FAULKNER
JAMES	GOETZ
GAGE	GREENLEE
QUINN	HOFFMAN
ENRIQUE	JOHNSON
OLIVER	MATTE
PEYTON	MCGOWAN
CARTER	MCKENZIE
MARK	NORTON
BRENDEN	RICE
PATRICK	ROUSE
ZACH	SELCHOW
PETER	SWANSON
CEDRIC	WARNER
BRIAN	ZURICH

SOPHOMORES

KOBE	ALBA
BILL	BARRETO
ADAM	BASS
NATHAN	BERGER
KYLE	BRUSCO
CHARLIE	DUNNE
LOGAN	ESTEP
SPENCER	HAGEBOCK
JACOB	LAFLEX
BRADY	O'NEIL
BLAKE	PLAN
MICKY	PROMMACHAI
ERIC	SCHMIDT
TREVER	SHARP

JUNIORS

CHRIS	ABBEY
CORY	BRODEUR
MIKE	DELICH
CARTER	EPPERSON
WILL	FLORIN
BRENDAN	FORMANECK
KNOWLEDGE	GUTIERREZ
ADAM	LARSON
ALEX	LINDSTROM
NATE	LUCIANO
DANE	MCDEVITT
PHIL	MELROE
NATE	MOORE
MEHDI	MOUKRIM
BRADY	RENERIA
BEN	SAMMON
ALI	SHAHROKHI
NATHAN	TAYLOR
LOGAN	TSE

SENIORS

DANIEL	AREHART
BLAKE	BRANCH
COLLIN	DOLEJS
TIM	DUFFY
GAVIN	GREENLEE
HAMSA	YUSOF



THINK STRONG - BE STRONG

PRINCIPAL

Dr. Randall Peterson

Athletic Director

Matt Percival

Coaches

Kurt Habeck
 Nick Fornicoia
 John Prokopowicz
 Greg Dravis
 Jarred Mccarthy
 Josh Nelson
 Dean Stockwell
 Chad Wentzel
 Minh Huynh
 Chad Eul
 Todd Frost
 Travis Lee
 Brad Vanderveren

Nickname

Lightning

School Colors

Black, Blue, Silver, White

Managers

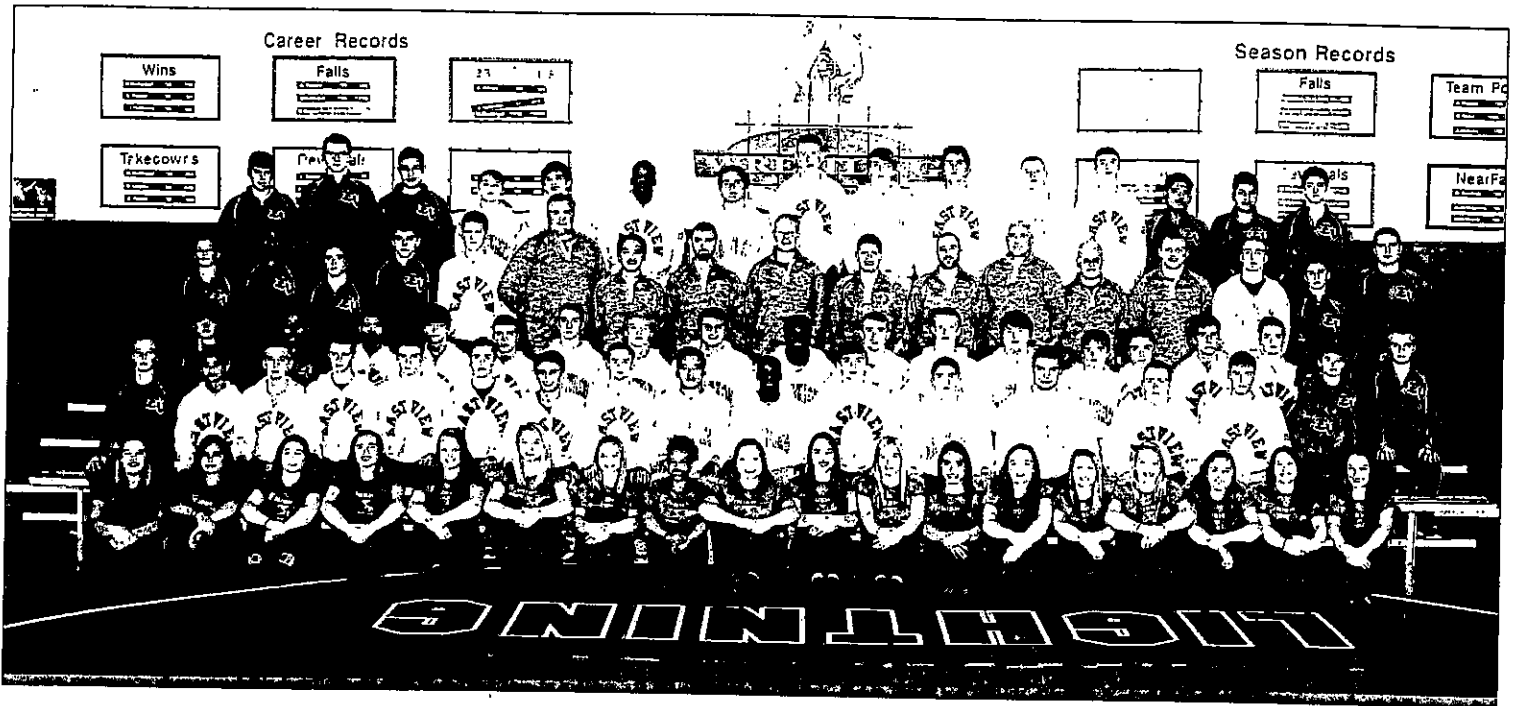
Brianna Peterman
 Rachel Schmidt
 Abby Hallstrom
 Jheta'li Gutierrez
 Kamea Green
 Alexa Hort
 Grace Florin
 Steffi Frederickson
 Hope Gilbertson
 Marissa Munos
 Ailyson Tuthill
 Brooke Van Overbeke
 Morgan Van Waes
 Abby Lindgren
 Aayah Moukrim
 Paige Olson
 Riley Peterson
 Julia Rosen
 Maddie Singel
 Sophia Wells

Conference

South Suburban

Section

3AAA



Think Strong - Be Strong FINISH STRONG

2015-2016 Eastview Wrestling

Be a Finisher! If you start an English project, finish it and finish it strong! If you are mowing the lawn, finish the entire lawn not just a portion of the yard. You start a wrestling match and you end it with the same passion that the match started with.

FINISH STRONG is more than a motto. It's a Life Lesson!

Finishing Strong speaks to the way you live your life. You cannot win the third period of a match simply by getting pumped up. You have to put in the work before hand to have the ability to win the third period. So, finishing strong is not an emotional thing it is a WORK THING.

Eastview Wrestling is committed to building a foundation of hard work in each of our wrestlers. We WILL work hard! We WILL improve every day! We WILL do everything right (no shortcuts)! We WILL keep fighting until the final whistle...

Success is not measured on wins and losses but on how hard we work and by never letting up and finishing what we start with the same intensity as we began.



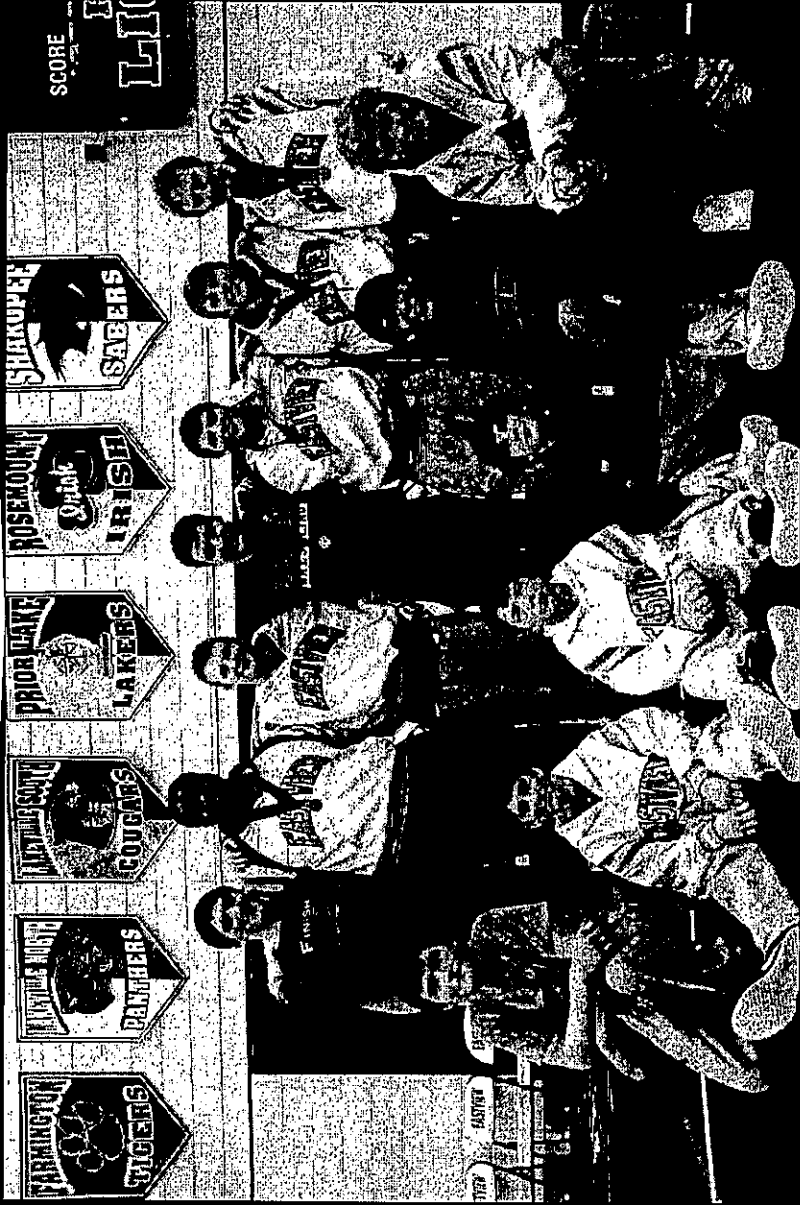
*FINISH STRONG is not just a slogan.
It is a Way of Life!*

MN ACADEMIC

GOLD 2016

EASTVIEW WRESTLING

3.50 TEAM GPA



SECTION 2AAA

ACADEMIC TEAM

160 Alex Lindstrom

170 Collin Dolejs

195 Mike Delich



TEAM 2016 RECOGNITION

LETTER WINNERS

Mason Enderlein	EV	
Alex Burdi	EV	
Gage Greenlee	EV	3X
Mark Norton	EV	
Adam Bass	EV	
Kyle Brusco	EV	
Logan Estep	EV	2X
Jacob Laflex	EV	
Blake Plan	EV	
Eric Schmidt	EV	
Trever Sharp	EV	2X
Chris Abbey	EV	2X
Cory Brodeur	EV	
Mike Delich	EV	3X
Carter Epperson	EV	2X
Will Florin	EV	2X
Brendan Formaneck	EV	3X
Knowledge Gutierrez	EV	
Adam Larson	EV	2X
Alex Lindstrom	EV	5X
Nate Luciano	EV	2X
Dane McDevitt	EV	2X
Phil Melroe	EV	
Nate Moore	EV	2X
Mehdi Moukrim	EV	2X
Ben Sammon	EV	2X
Logan Tse	EV	2X
Daniel Arehart	EV	2X
Blake Branch	EV	
Collin Dolejs	EV	3X
Tim Duffy	EV	4X
Gavin Greenlee	EV	4X
Hamsa Yusof	EV	

MANAGERS

Grace Florin	EV	
Marissa Munos	EV	
Allyson Tuthill	EV	
Brooke Van Overbeke	EV	
Morgan Van Waes	EV	
Alexa Hort	EV	
Abby Hallstrom	EV	
Brianna Peterman	EV	3X
Rachel Schmidt	EV	3X

ALL CONFERENCE

Alex Lindstrom
Collin Dolejs
Dane McDevitt
Tim Duffy

ALL CONFERENCE

HONORABLE MENTION

Brendan Formaneck
Daniel Arehart
Mike Delich

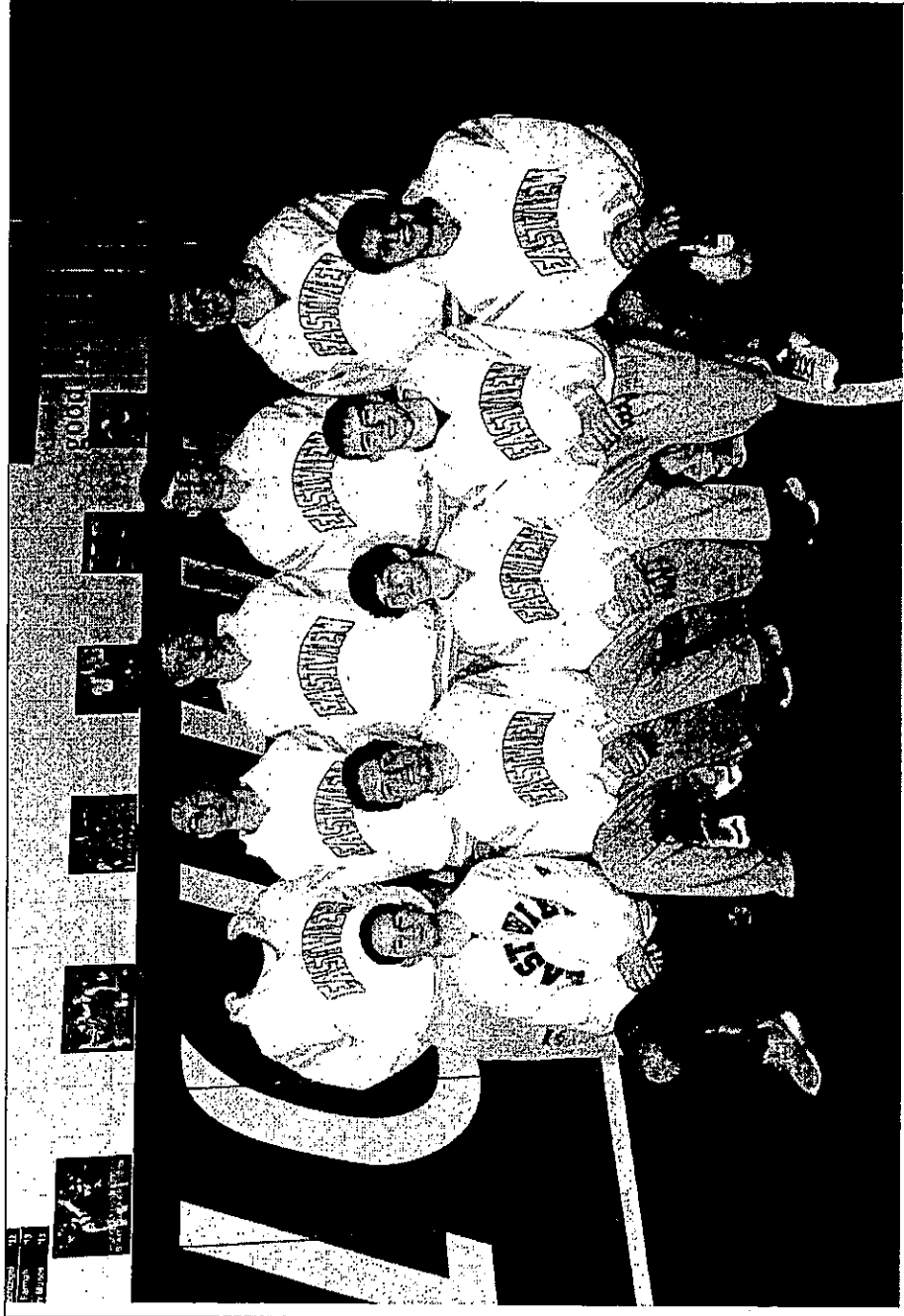
SOUTH SUBURBAN

CONFERENCE RECORDS

Apple Valley	9-0
Shakopee	8-1
Farmington	7-2
Eagan	6-3
Prior Lake	5-4
Eastview	4-5
Lakeville South	3-6
Lakeville North	2-7
Rosemount	1-8
Burnsville	0-9

Off-Season Training Club 2016

Members made commitments to... Thunderbolts, Augsburg Practices, Freestyle Tournaments, State & National Tournaments, Summer Strength Training, Wrestling Training Sessions, and Wrestling Camps.



Off-Season Training Club Members 2016	
Silver	Tim Duffy
Silver	Collin Dolejs
Silver	Alex Lindstrom
Silver	Gage Greenlee
Bronze	Logan Tse
Bronze	Adam Larson
Bronze	Daniel Arehart
Bronze	Will Florin
Bronze	Nate Luciano
Bronze	Mike Delich

Who will be in 2016?

Eastview Wrestling Season Awards – 2016

3-D Club Membership

Logan Estep	Carter Epperson
Adam Larson	Brady Renteria
Nate Luciano	Danny Arehart
Alex Lindstrom	Collin Dolejs
Dane McDevitt	Tim Duffy
Nate Moore	

Academic Club – Gold (3.6-4.0)

Mason Enderlein	Oliver Matte
Carter Mckenzie	Zach Selchow
Brian Zurich	Kyle Brusco
Charlie Dunne	Eric Schmidt
Mike Delich	Carter Epperson
Nate Luciano	Nathan Taylor
Logan Tse	Abby Lindgren
Riley Peterson	Julia Rosen
Steffi Frederickson	Hope Gilbertson
Marissa Munos	Abby Hallstrom
Brooke Van Overbeke	Brianna Peterman
Rachel Schmidt	Jack Vandenberg
Logan O'Neil	

Freshman 3-D Club Membership

Max Alipate	Mark Norton
Cedrick Warner	

Academic Club – Silver (3.0-3.59)

Alex Burdi	Michael Dara
Quinn Hoffman	Mark Norton
Peter Swanson	Cedric Warner
Bill Barreto	Brady O'Neil
Blake Plan	Chris Abbey
Cory Brodeur	Adam Larson
Alex Lindstrom	Dane McDevitt
Nate Moore	Brady Renteria
Ali Shahrokhi	Blake Branch
Collin Dolejs	Tim Duffy
Paige Olson	Sophia Wells
Jheta'li Gutierrez	Allyson Tuthill
Dylan Fredrickson	

Most Falls

V – Tim Duffy - 21
 JV – Eric Schmidt – 12
 9th – Mason Enderlein – 9

Most Takedowns

V – Alex Lindstrom – 91
 JV – Adam Bass - 38
 9th – Mason Enderlein - 32

Most Team Points

V – Tim Duffy - 171
 JV – Adam Bass - 91
 9th – Mason Enderlein - 78

Most Valuable Varsity Wrestler of the Year _____

Most Valuable Junior Varsity Wrestler of the Year _____

Most Valuable Freshman Wrestler of the Year _____

Freshman Team Most Valuable Wrestler _____

Most Improved Wrestler of the Year _____

Most Improved Freshman Wrestler of the Year _____

Scholar Athlete Award _____

Lightning Award _____

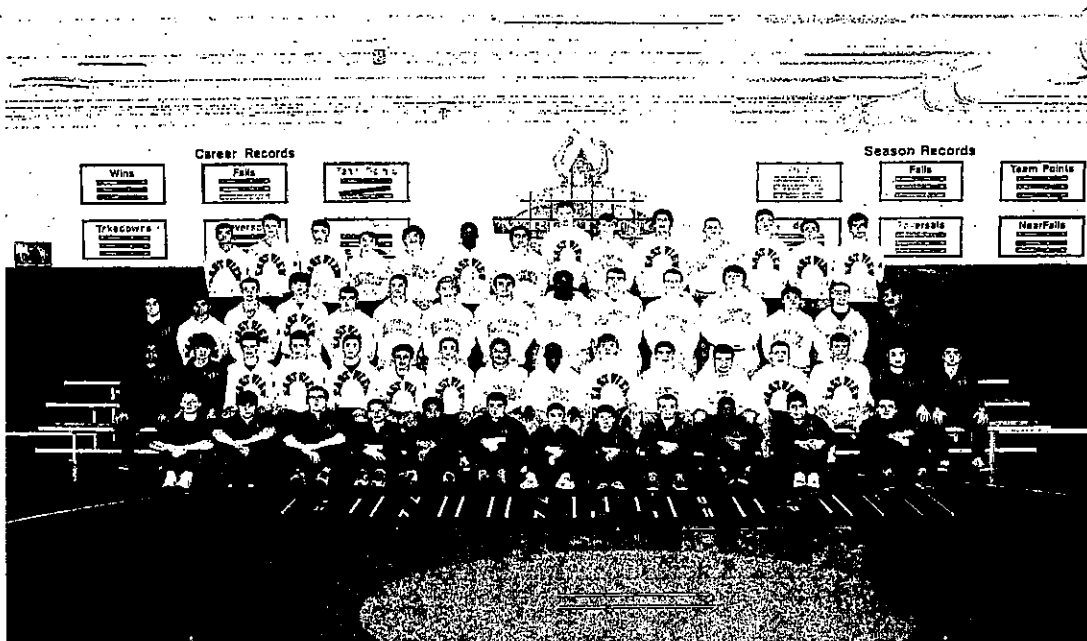
John Rodin Service Award _____

Junior Varsity – Varsity Drill Partner Award _____

Freshman Drill Partner Award _____

2015 – 2016 STATISTIC LEADERS

	VARSITY		JUNIOR VARSITY		FRESHMAN	
WINS	Collin Dolejs	35	Adam Bass	22	Mason Enderlein	17
	Alex Lindstrom	34	Cory Brodeur	16	Peter Swanson	12
	Mike Delich	33	Eric Schmidt	15	Cedric Warner	9
FALLS	Tim Dufy	21	Eric Schmidt	12	Mason Enderlein	9
	Dane McDevitt	20	Adam Bass	11	Cedric Warner	7
	Collin Dolejs	18	Chris Abbey	10	Peter Swanson	6
			Carter Epperson	10		
TEAM POINTS	Tim Duffy	171	Adam Bass	91	Mason Enderlein	78
	Collin Dolejs	166	Chris Abbey	68	Peter Swanson	56
	Mike Delich	156	Mason Enderlein	65	Cedric Warner	49
	Alex Lindstrom	156				
TAKEDOWNS	Alex Lindstrom	81	Adam Bass	38	Mason Enderlein	32
	Brendan Formanek	56	Chris Abbey	36	Peter Swanson	22
	Mike Delich	52	Mark Norton	27	Quinn Hoffman	15
NEAR FALLS	Gage Greenlee	38	Adam Larson	18	Mason Enderlein	12
	Collin Dolejs	31	Chris Abbey	17	Peter Swanson	12
	Mike Delich	30	Mason Enderlein	12	Sam Morgenstern	4
REVERSALS	Collin Dolejs	37	Adam Larson	11	Quinn Hoffman	7
	Logan Estep	23	Blake Branch	10	Peter Swanson	7
	Brendan Formanek	19	Erich Schmidt	10	Marcus Norton	3
					Patrick Rouse	3





Eastview Varsity Meet Results

Overall Record: 19 Wins 6 Losses
 Conference Record: 4 Wins 5 Losses

Eastview	49	Woodbury	20	Win
	36	Mounds View	22	Win
	69	Burnsville	6	Win
	60	St. Paul Central	22	Win
	37	Alexandria	33	Win
	18	Apple Valley	54	Loss
	48	Faribault	18	Win
	57	Champlin Park	18	Win
	53	Andover	21	Win
	39	Lakeville South	30	Win
	48	Tartan	25	Win
	52	Blaine	22	Win
	51	Maple Grove	13	Win
	37	Owatonna	30	Win
	22	Farmington	46	Loss
	52	Lakeville North	22	Win
	33	Shakopee	40	Loss
	61	Rosemount	13	Win
	29	Eagan	38	Loss
	45	Goodhue	26	Win
	37	South St. Paul	34	Win
	45	Fridley	21	Win
	19	Prior Lake	45	Loss
	52	Lakeville North	18	Win
	16	Apple Valley	51	Loss

Team Tournaments

Eastview Duals 1st Place
 Mounds View Duals 1st Place
 Armstrong Duals 1st Place

Individual Tournaments

MN Christmas 25th Place (32 Teams)
 Bi-State Classic 8th – Division, 16th - Overall (58 Teams)
 Eastview Invite 2nd Place
 Section 2AAA 3rd Place

Varsity Tournament Results

Team Tournaments

Eastview Duals - 1st Place	
Burnsville	Win 69-6
St. Paul Central	Win 60-22
Mounds View Duals - 1st Place	
Tartan	Win 48-25
Blaine	Win 52-22
Armstrong Duals - 1st Place	
Goodhue	Win 45-26
South St. Paul	Win 37-34
Fridley	Win 45-21

Individual Tournaments

MN Christmas Tournament		25th Place	
106 Alex Burdi (1-2)	DNP	138 Gavin Greenlee (0-2)	DNP
113 Mark Norton (1-2)	DNP	145 B. Formanek (1-2)	DNP
120 Logan Estep (2-2)	DNP	152 K. Gutierrez (1-2)	DNP
126 M. Moukrim (1-2)	DNP	160 Alex Lindstrom (3-3)	8 th
132 Gage Greenlee (2-2)	DNP	170 Collin Dolejs (3-3)	8 th

Trinity Invitational		5th Place	
1 st 209.5	Bl. Kennedy	9 th 46	St. Paul Humboldt
2 nd 191	Pine Island	10 th 20	Prairie Seeds Acad.
3 rd 172	Trinity	11 th 0	MPLS North
4 th 122.5	Trinity		

Eastview Lightning Invitational		2nd Place	
1 st 185.5	Farmington	5 th 105	Scott West
2 nd 162.5	Eastview	6 th 99.5	Park
3 rd 145	Almery	7 th 93	Maple River
4 th 145	Almery	8 th 86	Wayzata

106 Alex Burdi (0-3)	6 th	138 B. Formanek (2-2)	4 th	182 Danny Arehart (2-2)	4 th
113 M. Norton (2-2)	5 th	145 K. Gutierrez (3-2)	3 rd	195 Mike Delich (3-1)	3 rd
Trever Sharp	6 th				
120 Logan Estep (2-2)	4 th	152 Chris Abbey	6 th	220 Dane McDevitt (2-1)	3 rd
126 G. Greenlee (2-2)	5 th	160 A. Lindstrom (3-0)	1 st	285 Tim Duffy (3-1)	3 rd
				Adam Larson (0-2)	DNP
132 Blake Plan (0-2)	DNP	170 Collin Dolejs (3-1)	3 rd	B. Sammon (0-2)	DNP

Bi-State Classic

8th Place in Division 1		16th Place overall out of 58 teams	
106 Alex Burdi (1-2)	DNP	138 Blake Plan (2-2)	DNP
113 Mark Norton (1-2)	DNP	145 Peter Swanson (1-2)	DNP
120 Logan Estep (2-2)	DNP	152 Carter Epperson (0-2)	DNP
126 M. Moukrim (3-2)	DNP	160 Alex Lindstrom (5-2)	5 th
132 G. Greenlee (2-2)	DNP	170 Collin Dolejs (3-2)	DNP

Division 1		Division 2		Division 3	
1. Hudson 338.5		1. Ellsworth 274.0		1. Stratford 321.5	
2. Holmen 203.0		2. Luverne-Casco 238.0		2. New London 122.0	
3. Sparta 184.0		3. River Valley 220.5		3. Coon Rapids 177.0	
4. Lakeville South 166.0		4. South Saint Paul 166.5		4. Albert Lea 170.0	
5. Pulaaki 148.5		5. Caledonia/Jouston 163.0		5. Coon Rapids 169.5	
6. Burlington 148.0		6. West Salem/Banger 163.0		6. Riverdale 169.0	
7. Muskego 144.5		7. Lodi 148.5		7. Iowa County/Highland 98.0	
8. Eastview 142.0		8. Mauston 124.5		8. Independence 97.0	
9. Stillwater 130.0		9. Mount Horeb 120.0		9. Lancaster 44.5	
10. Wausau West 127.0		10. Monroe 118.0		10. Hillsboro 43.0	
11. DC Everest 121.5		11. Adams-Friendship 115.0		11. North Grove/Seneca 40.0	
12. Tomah 117.0		12. Dodgeville 101.0		12. Independence/Elkhartton 32.0	
13. New Richmond 116.5		13. Prairie Du Chien Steuben 98.0		13. Blomington 28.27.0	
14. Bloomington Kennedy 112.5		14. Nekosco/Port Edwards 98.0		14. Altona 27.0	
15. La Crosse Central 106.0		15. Baraboo 105.0		15. Weston/Wisconsin 26.0	
16. Middleton 105.0		16. Lewiston/Rushford-Petersen 98.0		16. Westby 13.0	
17. Middleton 98.5		17. Cuba City/Southwestern 26.0		17. Kickapoo/La Farge 11.0	
18. Marshfield 62.5		18. Behm/Palmer 21.0		18. Royal 5.0	
19. La Crosse Logan 51.0		19. Richland Center 17.0			
20. Portage 24.5					
21. Verona Area 0.0					

Mound Westonka Invitational		2nd Place	
1 st 260.5	Waconia	4 th 129.5	Buffalo
2 nd 159.5	Eastview	5 th 110.5	Orono
3 rd 144	Mound Westonka	6 th 83.5	Monticello

106 M. Enderlein (1-2)	6 th	138 B. Formanek (1-2)	4 th	182 D. Arehart (1-2)	4 th
113 Trever Sharp (0-2)	7 th	145 K. Gutierrez (2-1)	2 nd	195 Cory Brodeur (1-1)	3 rd
120 Logan Estep (2-0)	1 st	152 C. Epperson (2-1)	2 nd	220 Nate Moore (1-2)	4 th
126 M. Moukrim (1-2)	7 th	160 Adam Larson (2-1)	3 rd	285 Tim Duffy (2-0)	1 st
132 Blake Plan (2-1)	5 th	170 Eric Schmidt (1-2)	4 th	B. Sammon (1-2)	4 th

Section 2 AAA Individual		3rd Place	
1 st 248	Apple Valley	4 th 189.5	Prior Lake
2 nd 215	Shakopee	5 th 119	Lakeville North
3 rd 192.5	Eastview	6 th 74.5	Rosemount

106 Alex Burdi (1-2)	5 th	138 B. Formanek (3-2)	3 rd	182 D. Arehart (1-2)	3 rd
113 Trever Sharp (0-3)	6 th	145 K. Gutierrez (2-2)	4 th	195 Mike Delich (2-0)	1 st
120 Logan Estep (2-2)	4 th	152 Carter Epperson (2-2)	5 th	220 D. McDevitt (2-1)	2 nd
126 G. Greenlee (2-2)	4 th	160 Alex Lindstrom (2-1)	2 nd	285 Tim Duffy (2-0)	1 st
132 M. Moukrim (1-2)	4 th	170 Collin Dolejs (3-1)	2 nd		

MN State Place Winners by Section	
2 AAA - 18	5 AAA - 11
8 AAA - 14	1 AAA - 11

MN State Team Scores by Section...	
2 AAA - 320 pts	1 AAA - 216 pts
8 AAA - 233 pts	5 AAA - 184 pts
	7 AAA - 167 pts
	6 AAA - 136.5 pts
	3 AAA - 131.5 pts
	4 AAA - 66 pts

VARSITY STATISTICS

Wrestler	Wins	Loss	T2	E1	R2	N2	N3	Majors	Tech Falls	Pins	Team Points
Chris Abbey	3	6	8	10	5	1	1	0	0	2	15
Danny Arehart	14	14	29	26	9	2	5	2	0	7	68
Cory Brodeur	3	3	3	3	1	1	0	0	0	2	15
Kyle Brusco	1	0	0	0	0	0	0	0	0	0	6
Alex Burdi	12	22	19	14	11	8	10	2	0	4	53
Mike Delich	33	8	52	27	12	7	23	4	1	14	156
Collin Dolejs	35	9	42	25	37	15	16	3	2	16	166
Tim Duffy	30	7	32	11	3	0	2	0	0	21	171
Mason Enderlein	5	6	8	1	0	3	2	0	1	2	26
Carter Epperson	8	10	18	12	9	2	2	1	0	7	46
Logan Estep	20	18	21	26	23	2	12	1	1	12	103
Will Florin	1	4	5	4	0	0	1	0	0	0	3
Brendan Formanek	22	16	56	46	19	6	4	2	0	4	83
Gage Greenlee	23	15	45	30	7	20	18	3	2	12	118
Gavin Greenlee	6	3	8	5	5	2	4	1	0	4	31
Knowledge Gutierrez	20	15	43	36	2	5	5	1	1	6	87
Adam Larson	6	6	7	7	4	0	2	0	0	1	24
Alex Lindstrom	34	12	81	38	14	11	13	4	4	9	156
Nate Luciano	7	14	14	14	4	6	1	2	0	3	35
Dane McDevitt	29	12	46	34	8	10	16	0	1	19	155
Phil Melroe	1	0	0	0	0	0	0	0	0	0	6
Nate Moore	4	4	8	3	1	3	3	1	0	3	22
Mehdi Moukrim	11	18	24	12	9	5	6	1	0	4	46
Mark Norton	2	16	19	11	0	0	0	1	0	0	7
Blake Plan	8	11	10	15	10	5	3	0	0	5	39
Mickey Prommachai	0	1	0	0	0	0	0	0	0	0	0
Ben Sammon	5	9	3	9	0	0	0	0	0	1	24
Eric Schmidt	4	4	4	6	0	1	1	0	0	1	18
Trever Sharp	4	20	6	13	3	0	0	0	0	1	18
Peter Swanson	1	2	0	1	2	1	0	0	0	1	6
Logan Tse	3	4	2	0	0	0	1	0	0	0	12
Hamsa Yusof	1	1	0	0	0	0	0	0	0	0	6

Team Totals	356	297	613	439	198	116	151	29	13	161	1721
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Varsity Tournament Pictures



VARSIY SEASON RECORDS

FALLS

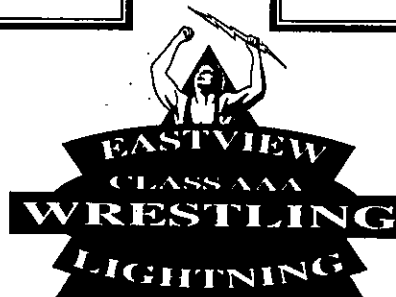
Adam Fokken	'01	28
Nate Kocer	'03	28
Erik Ehresmann	'11	26

WINS

Luke Dodd	'15	40
Mitch Rechtzigel	'12	39
Adam Fokken	'01	38

TEAM POINTS

Adam Fokken	'01	200
Nate Kocer	'03	199
John Makabe	'06	190



TAKEDOWNS

Mitch Rechtzigel	'12	221
Ryan Langlais	'04	134
Adam Fokken	'01	119

NEAR FALLS

Mikey Fornicoia	'02	79
Josh Weinberg	'10	73
Minh Huynh	'05	56

REVERSALS

Josh Weinberg	'10	41
Kevin McBride	'02	38
Collin Dolejs	'16	37

VARSDTY CAREER RECORDS

FALLS

Adam Fokken	'01	83
Jacob Rukavina	'14	75
Scott Hogan	'09	66

WINS

Mitch Rechtzigel	'12	158
Adam Fokken	'01	147
Jacob Rukavina	'14	141

TEAM POINTS

Adam Fokken	'01	727
Jacob Rukavina	'14	679
Mitch Rechtzigel	'12	674



TAKEDOWNS

Mitch Rechtzigel	'12	499
Ryan Langlais	'04	449
Adam Fokken	'01	349

NEAR FALLS

Mikey Fornicoia	'02	166
Minh Huynh	'06	148
Scott Hogan	'09	145

REVERSALS

Anthony Munos	'13	92
Adam Fokken	'01	92
Josh Weinberg	'10	87

Wrestling Manager Hall of Fame

Each wrestling manager inductee has successfully graduated from Eastview High School and demonstrated a tremendous commitment and work ethic to the sport and to the Eastview Wrestling program.



Erinn Roos
Class of 2000

Rachel Davis
Class of 2001

Kari Okonek
Class of 2003

Ashley Langlais
Class of 2006

Libby Carroll
Class of 2009

Brooke Larson
Class of 2010

Sara Olson
Class of 2010

Derek Dravis
Class of 2013

Hannah Habbeck
Class of 2013

Who will be next?

John Rodin Service Award

*In memory of John Rodin
and his life long commitment
to the sport of wrestling.*

This award winner is a person who has shown great commitment to the Eastview Wrestling program as well as to the youth programs in the Eastview Community.



Brad Okonek
1998

Brad Okonek
1999

Andrew Lenertz
2000

John Getzke
2001

Cory Wagner
2002

Cory Wagner
2003

Ben Foertsch
2004

Dante Hendricks
2005

Pat Cox
2006

Joey Scott
2007

Nick Dodd
2008

Peter Nguyen
2009

Jacob Rukavina
2010

Levi Groskreutz
2011

Billy Marks
2012

Nick Pegelow
2013

Brendan Formaneck
2014

Brendan Formaneck
2015



JV WRESTLING RESULTS

Team Results Record (11-3)

Eagan: W 54-30
Faribault: W 15-11
Lakeville South: W 18-18
Champlin Park: W 16-18
Woodbury W 18-12
Mounds View: W 18-15
Burnsville: W 36-9
Andover: W 22-18
Rosemount: W 4-0
Apple Valley: L 19-24
Shakopee: L 18-42
Farmington: L 27-45
Lakeville North: W 45-12
Prior Lake: W 55-33

Mustang Invite

Trever Sharp 2nd
 Micky Prommachai DNP
 Adam Bass 3rd
 Charlie Dunne 6th
 Jacob Laflex 5th
 Kobe Alba 6th
 Kyle Brusco 5th
 Adam Larson 1st
 Eric Schmidt 1st
 Brady O'Neil 5th
 Spencer Hagebock 6th
 Nathan Taylor 5th
 Blake Branch 3rd
 Cory Brodeur 1st
 Hamsa Yusuf 4th
 Nate Moore 4th
 Brady Renteria 4th

Armstrong Tourney

Phil Melroe 2nd
 Marcus Norton 3rd
 Brady Renteria 4th
 Micky Prommachai 3rd
 Blake Plan 1st
 Will Florin 3rd
 Logan Tse 2nd
 Kobe Alba 3rd
 Brandon Rice 4th
 Adam Bass 1st
 Kyle Brusco 2nd
 Nathan Berger 3rd
 Zachary Selchow 4th
 Adam Larson 2nd
 Eric Schmidt 1st
 Carter Epperson 1st
 Chris Abbey 2nd
 Max Alipate 4th
 Nate Moore 1st
 Ben Sammon 1st
 Cory Brodeur 1st
 Carter McKenzie 4th
 Blake Branch 2nd

Trinity Invite (V)

Mason Enderlein 6th
 Trever Sharp 5th
 Blake Plan 3rd
 Will Florin DNP
 Carter Epperson 4th
 Adam Larson 2nd
 Eric Schmidt 5th
 Danny Arehart 2nd
 Cory Brodeur 4th
 Nate Moore 3rd
 Ben Sammon 4th

Lakeville Gold (2nd)

Mason Enderlein 5th
 Marcus Norton 4th
 Will Florin 4th
 Adam Bass 3rd
 Chris Abbey 3rd
 Carter Epperson 1st
 Adam Larson 5th
 Eric Schmidt 4th
 Blake Branch 7th
 Cory Brodeur 2nd
 Nate Moore 4th
 Ben Sammon 3rd

Eastview Invite

Micky Prommachai 4th
 Will Florin 1st
 Adam Bass 1st
 Nathan Berger 3rd
 Jacob Laflex 2nd
 Kobe Alba 3rd
 Kyle Brusco 4th
 Carter Epperson 1st
 Brady O'Neil 2nd
 Nathan Taylor 3rd
 Nate Luciano 1st
 Blake Branch 2nd
 Cory Brodeur 1st
 Hamsa Yusuf 2nd
 Nate Moore 1st
 Brady Renteria 4th
 Phil Melroe 2nd
 Ali Shahrokhi 3rd

Lakeville Silver

Bill Barreto 0-1 DNP
 Micky Prommachai 2-1 3rd
 Nathan Berger 2-2 6th
 Kobe Alba 2-1 2nd
 Kyle Brusco 2-2 5th
 Nathan Taylor 1-1 3rd
 Spencer Hagebock 0-2 4th
 Ali Shahrokhi 1-0 1st
 Brady Renteria 0-2 3rd
 Phil Melroe 2-0 1st
 Logan Tse 2-0 1st

Northfield Invite

Bill Barreto DNP
 Mark Norton DNP
 Adam Bass 3rd
 Jacob Laflex 6th
 Nathan Berger DNP
 Kyle Brusco 4th
 Nathan Taylor 5th
 Blake Branch 4th
 Hamsa Yusuf 6th
 Brady Renteria DNP
 Phil Melroe DNP

JUNIOR VARSITY STATISTICS

Wrestlers	Wins	Loss	T2	E1	R2	N2	N3	Major	Tech Falls	Pin	Team Points
Chris Abbey	12	2	36	8	4	6	11	1	2	8	68
Kobe Alba	12	10	13	3	5	4	6	2	0	8	41
Max Alipate	2	5	3	1	2	1	1	0	0	2	12
Bill Barretto	3	3	12	1	1	1	2	0	1	1	9
Adam Bass	22	3	38	18	2	2	6	1	0	11	91
Nathan Berger	4	8	3	4	2	1	0	0	0	3	24
Blake Branch	12	12	22	13	10	3	4	0	0	8	60
Cory Brodeur	16	2	20	11	8	3	4	1	0	9	61
Kyle Brusco	10	12	17	15	5	0	9	0	2	5	49
Clofunn Bulsen-Bratton	0	2	5	3	0	0	1	0	0	0	0
Alex Burdi	1	0	1	0	0	0	0	0	0	1	6
Charlie Dunn	5	4	9	5	4	2	3	0	0	2	15
Mason Enderlein	14	3	22	11	2	4	8	1	1	9	65
Carter Epperson	11	1	19	2	3	6	1	0	0	10	63
Travis Faulkner	0	2	1	1	0	0	0	0	0	0	0
Will Florin	10	7	19	10	1	1	8	1	2	7	56
Gavin Greenlee	1	0	0	0	0	0	0	0	0	0	6
Knowledge Gutierrez	1	0	1	0	0	0	0	0	0	1	6
Spencer Hagebock	0	8	1	1	0	0	0	0	0	0	0
Hector Hernandez	0	1	0	0	0	0	0	0	0	0	0
Quinn Hoffman	4	3	3	2	2	0	3	1	0	1	16
Enrique Johnson	0	4	1	3	1	0	0	0	0	0	0
Jacob Laflex	10	6	13	10	9	3	1	1	0	3	40
Adam Larson	14	4	21	8	11	5	13	3	2	3	52
Nate Luciano	4	0	3	0	0	0	0	0	0	3	24
Peyton McGowan	4	2	6	4	4	1	2	0	0	3	21
Carter Mckenzie	1	9	2	4	0	0	0	0	0	1	6
Phil Melroe	11	6	11	9	2	3	9	0	1	6	50
Nate Moore	9	5	11	3	7	1	4	0	0	6	45
Sam Morgenstern	1	1	1	0	0	0	0	0	0	1	6
Mark Norton	9	8	27	11	2	4	2	2	0	2	32
Brady O'Neil	10	7	16	9	4	2	2	0	0	8	54
Blake Plan	8	0	9	1	2	3	0	0	0	8	42
Mickey Prommachai	8	17	14	3	5	2	5	0	0	6	39
Brady Renteria	2	12	3	13	2	0	0	0	0	0	6
Brenden Rice	0	8	0	1	0	0	0	0	0	0	0
Patrick Rouse	2	4	4	8	2	1	2	1	0	0	7
Ben Sammon	9	2	11	3	1	0	0	1	0	7	49
Eric Schmidt	15	2	13	1	10	1	3	0	0	12	63
Zach Selchow	1	4	4	1	3	1	2	0	1	0	5
Ali Shahrokhi	2	5	6	0	1	0	0	0	0	2	6
Trever Sharp	3	2	7	8	1	1	2	0	0	1	12
Peter Swanson	10	0	13	3	1	0	3	1	0	9	58
Nathan Taylor	6	11	15	11	3	1	3	0	0	3	27
Logan Tse	8	5	11	2	2	1	5	0	0	8	36
Cedric Warner	7	3	8	4	3	0	3	0	0	7	42
Hamsa Yusuf	7	6	13	7	6	0	1	0	0	2	24
Brian Zurich	0	1	0	0	1	0	0	0	0	0	0
Team Totals	301	222	488	236	134	64	129	17	12	187	1394

JUNIOR VARSITY SEASON RECORDS

FALLS

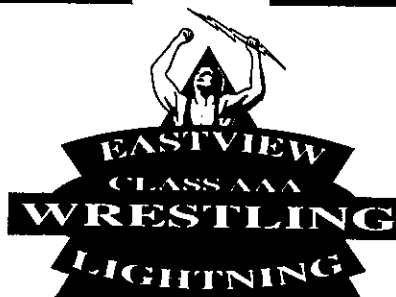
James Pudwill	'06	28
Justin Armstrong	'06	27
Scott Kenning	'06	25

WINS

Andrew Lenertz	'02	31
Tom Chies	'03	30
Fred Hwang	'03	30

TEAM POINTS

Andrew Lenertz	'02	175
James Pudwill	'06	171
Justin Armstrong	'06	165



TAKEDOWNS

Matt Ladd	'12	87
Mike Redig	'06	65
Nathaniel Carroll	'05	50

NEAR FALLS

Josh Weinberg	'08	46
Kyle Fokken	'02	39
Carter Epperson	'15	35

REVERSALS

David Phomphackdy	'13	28
Mike Redig	'06	26
Josh Weinberg	'08	22

FRESHMAN RESULTS 2015-2016

Overall Record: 7 Wins 5 Losses
 Section Record: 5 Wins 3 Losses

Eastview

vs

Section Duals				
	46	Park	51	Loss
	69	Henry Sibley	27	Win
	66	St. Thomas Academy	24	Win
	68	Cretin-DH	18	Win
	57	Rosemount	21	Win
	72	Tartan	12	Win
	21	Hastings	52	Loss
	18	Eagan	55	Loss
	60	Richfield	9	Win
Eastview Team Tournament				
	28	Eagan	36	Loss
	22	Slowatonner	61	Loss
	54	EP/Rosemount	34	Win

Team State Tournament Did not Qualify

INDIVIDUAL TOURNAMENTS

TEAM RESULTS...	EV Invite	Northfield Invitation JV	EV Lightning Invite JV	Region 4	State	SSC JV Tourney (Silver)
Austin Gerisch				2-1, 2 nd		
Mason Enderlein (8)			3-0	3-0, 1st	2-3, 8th	
Logan O'Neil				1-3, 6th		
Mark Norton	2-1, T 2 nd	3-2, 6 th		1-2, 6th		
Alex Burdi				2-1, 5th		
Sam Morgenstern			1-2			
Brian Zurich	1-2, dnp		2-1	0-2, dnp		
Patrick Rouse	1-2, dnp	0-2, dnp	1-2	0-2, dnp		0-2, 5 th
Dylan Fredrickson				2-1, 4th		
Zach Selchow	3-0, 1st	1-2, dnp		0-2, dnp		
Travis Faulkner	1-2, dnp	0-2, dnp				
Brenden Rice	0-3, dnp	0-2, dnp	0-3			0-2, dnp
Clofunn Harris	2-1, 2 nd		0-3			
Peyton McGowan		4-1, 3 rd	2-1	2-1, 2nd	0-2, dnp	
Peter Swanson	2-1, 2 nd	4-0, 1 st	3-0	2-1, 2nd	1-2, dnp	3-0, 1 st
Quinn Hoffman		3-1, 2 nd	1-2	2-0, 1st	0-2, dnp	
Carter McKenzie	2-1, 2 nd	1-3, dnp	0-3	2-2, 5th		1-1, dnp
Cedric Warner	2-1, 2 nd	3-1, 2 nd	2-1	2-1, 2nd	2-3, 8th	3-0, 1 st
Hector Christ.Hernandez	2-0, T 1 st		0-2			
Michael Dara	DQ					
Enrique Johnson	0-3, dnp		0-3			0-2, 5 th
Max Alipate	1-2, dnp	0-2, dnp		0-3, 6th		1-2, 5th
James Goetz	1-2, dnp					

FRESHMAN STATISTICS

Wrestlers	Wins	Loss	T2	E1	R2	N2	N3	Major	Tech Falls	Pin	Team Points
Max Alipate	1	10	1	1	0	0	0	0	0	1	6
Clofunn Bulsen-Bratton	0	1	2	2	1	0	0	0	0	0	0
Alex Burdi	6	1	7	1	1	0	0	0	0	3	36
Mason Enderlein	17	4	32	6	1	5	7	3	0	9	78
Travis Faulkner	0	3	0	0	0	0	0	0	0	0	0
Austin Gerisch	4	1	4	1	2	1	2	0	0	4	24
James Goetz	0	3	1	0	0	2	1	0	0	0	0
Quinn Hoffman	8	3	15	7	7	1	2	1	0	3	34
Enrique Johnson	0	4	2	0	0	1	0	0	0	0	0
Peyton McGowan	3	4	5	2	1	2	0	0	0	2	9
Carter McKenzie	4	6	6	3	0	2	0	0	0	3	21
Sam Morgenstern	3	1	4	3	1	1	3	1	0	1	7
Mark Norton	4	5	8	2	3	0	1	0	0	0	18
Logan O'Neil	3	5	5	6	0	0	0	0	0	2	18
Brenden Rice	1	4	0	1	0	0	0	0	0	0	6
Patrick Rouse	2	9	8	4	3	2	2	1	0	1	10
Zach Selchow	4	5	7	2	2	0	1	0	0	2	18
Peter Swanson	12	5	22	3	7	4	8	2	0	6	56
Jack Vandeberg	3	1	2	0	0	0	3	0	0	1	9
Cedric Warner	9	6	12	9	2	0	2	1	0	7	49
Brian Zurich	5	9	7	5	1	0	3	1	0	3	25
Team Totals	89	90	150	58	32	21	35	10	0	48	424

FRESHMAN SEASON RECORDS

FALLS

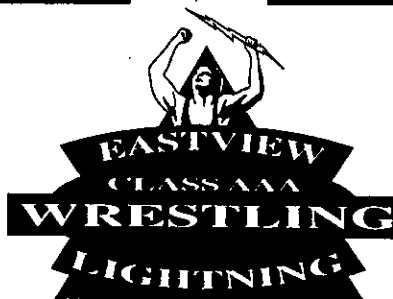
Dane Mcdevitt	'14	18
Matt Schumann	'13	18
Casey Dravis	'12	16

WINS

Tom Delich	'12	28
Casey Dravis	'12	25
Bryan Okonek	'05	25

TEAM POINTS

Tom Delich	'12	143
Dane Mcdevitt	'14	140
Casey Dravis	'12	139



TAKEDOWNS

Bryan Lewis	'00	80
Trever Sutherland	'05	68
Bona Ku	'01	61

NEAR FALLS

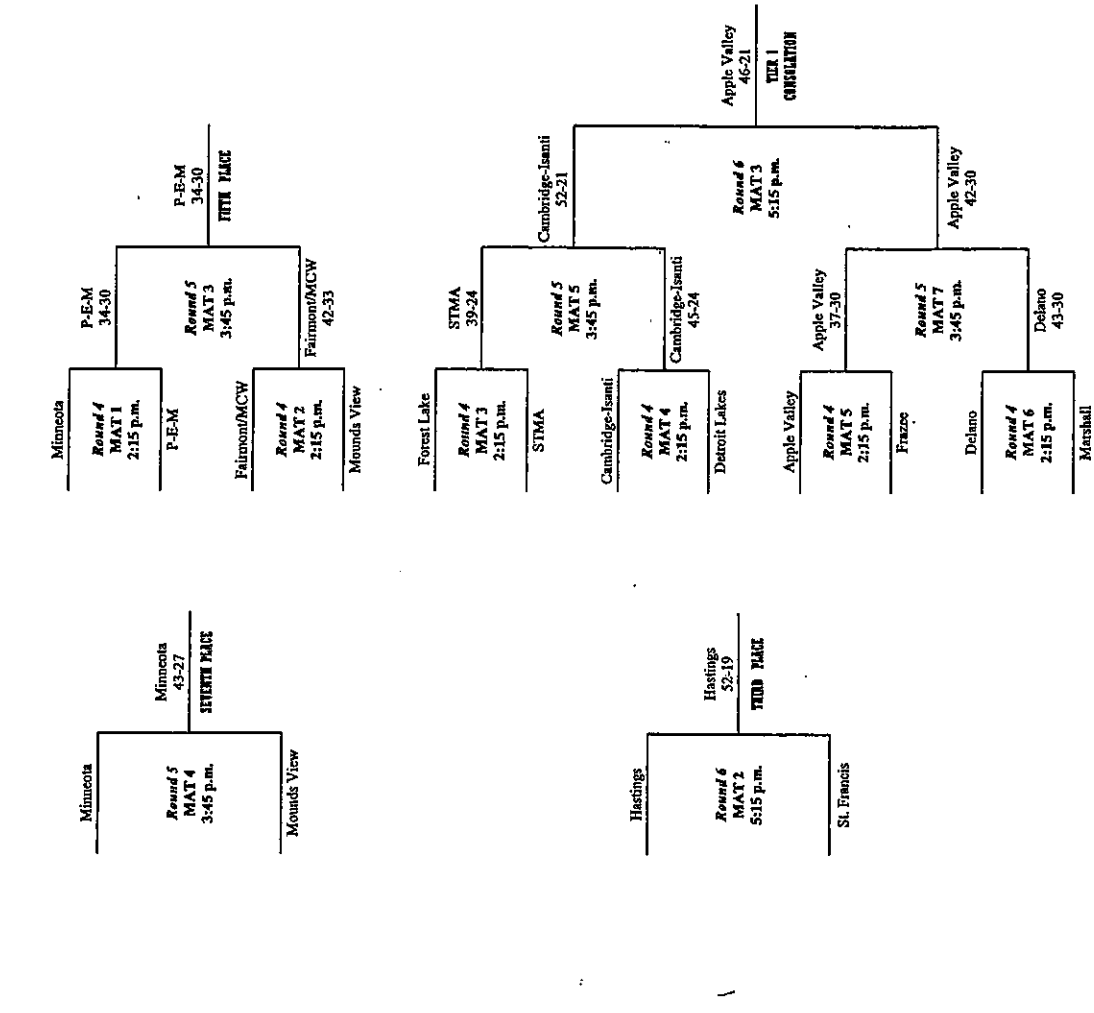
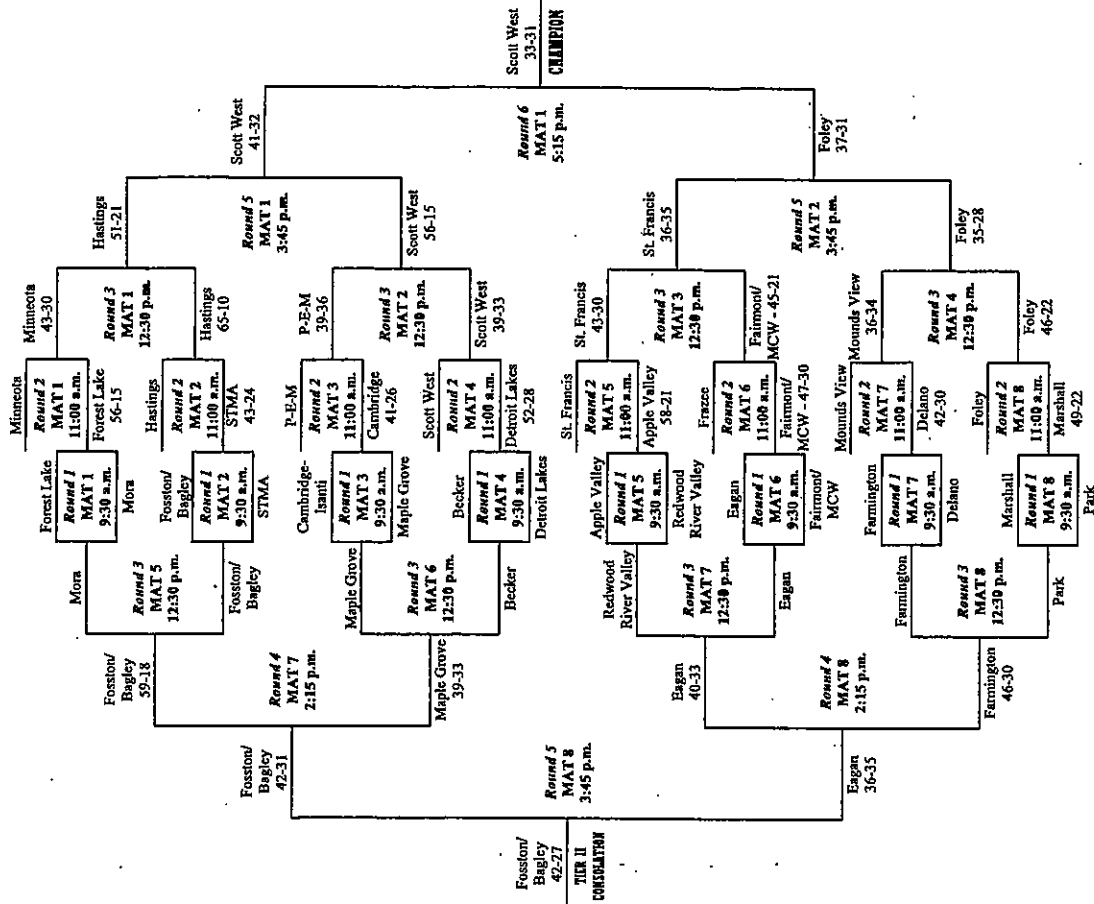
Nathaniel Carroll	'03	26
Minh Huynh	'03	23
Kyle Fokken	'01	22

REVERSALS

Kyle Fokken	'01	17
Andrew Nelson	'03	15
Nathaniel Carroll	'03	15
Nick Mako	'06	15

MNGWL TEAM TOURNAMENT - JANUARY 16, 2016

CONSOLATION PLACE MATCHES



Eastview Wrestling

***Now it's time to fight
Time to score, score, score***

***With attitude and effort
We're gonna give them more.***

***Score early, score often, extend the lead
Think Strong, Be Strong, Finish Strong is our Creed.***

Wrestling for the Lightning at:

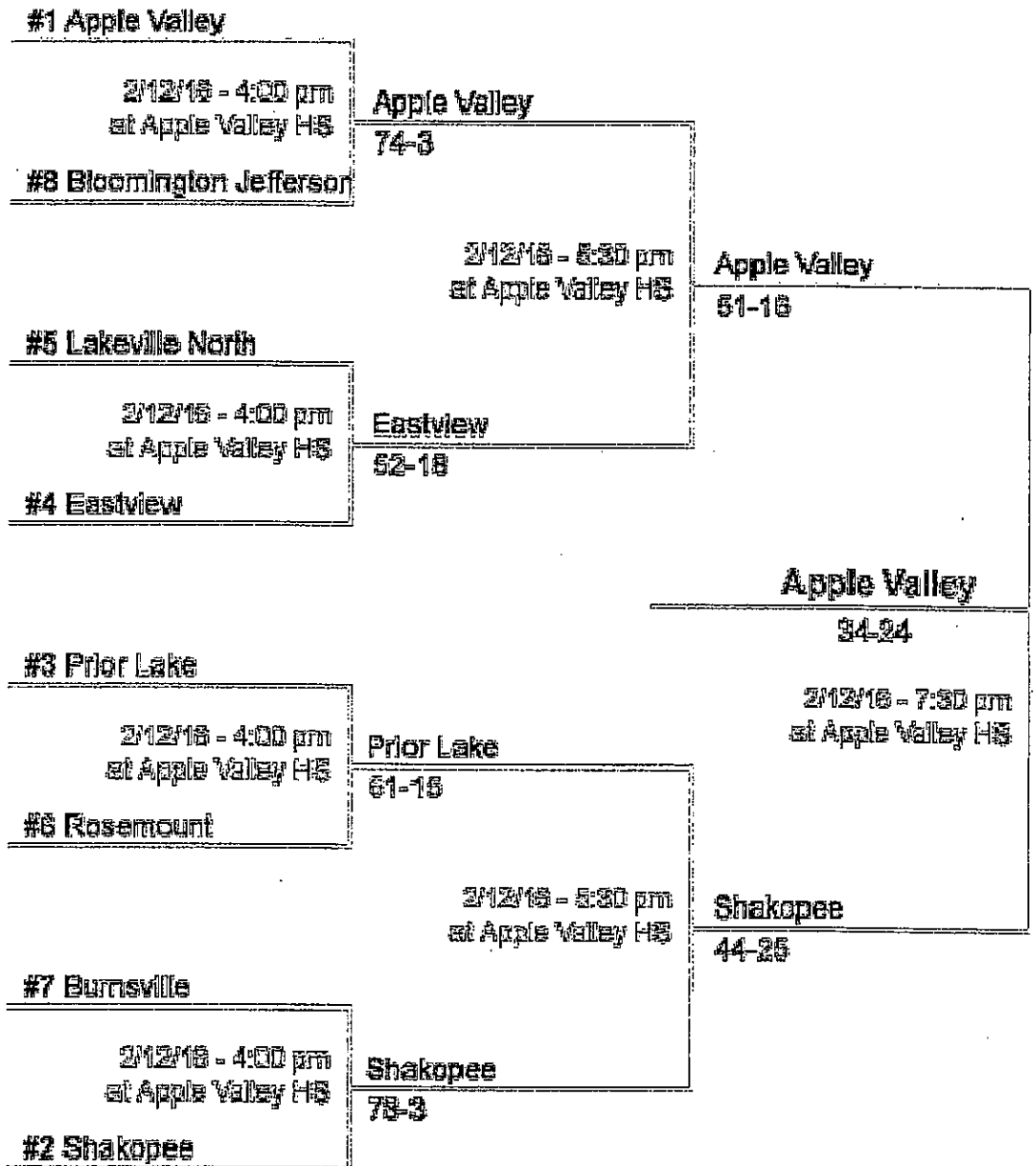
- | | |
|---------------------------------------|------------------------------------------|
| 106: Brawlin' Burdi | 152: Lofty Lindstrom
Crafty Carter |
| 113: Tough Trever
Notorious Norton | 160: Dominatin' Dolejs
Ascendin' Adam |
| 120: Electrifyin' Estep | 170: Lightnin' Luciano |
| 126: Growlin' Greenlee | 182: Determined Danny |
| 132: Mighty Mehdi
Poundin' Plan | 195: Menacin' Mike |
| 138: Ferocious Formaneck | 220: Dangerous Dane |
| 145: Gutsy Gutierrez | HWT: Destroyin' Duffy
Slammin' Sammon |

Believe in your training, Believe in your technique

Believe in your teammates, Believe in yourself!

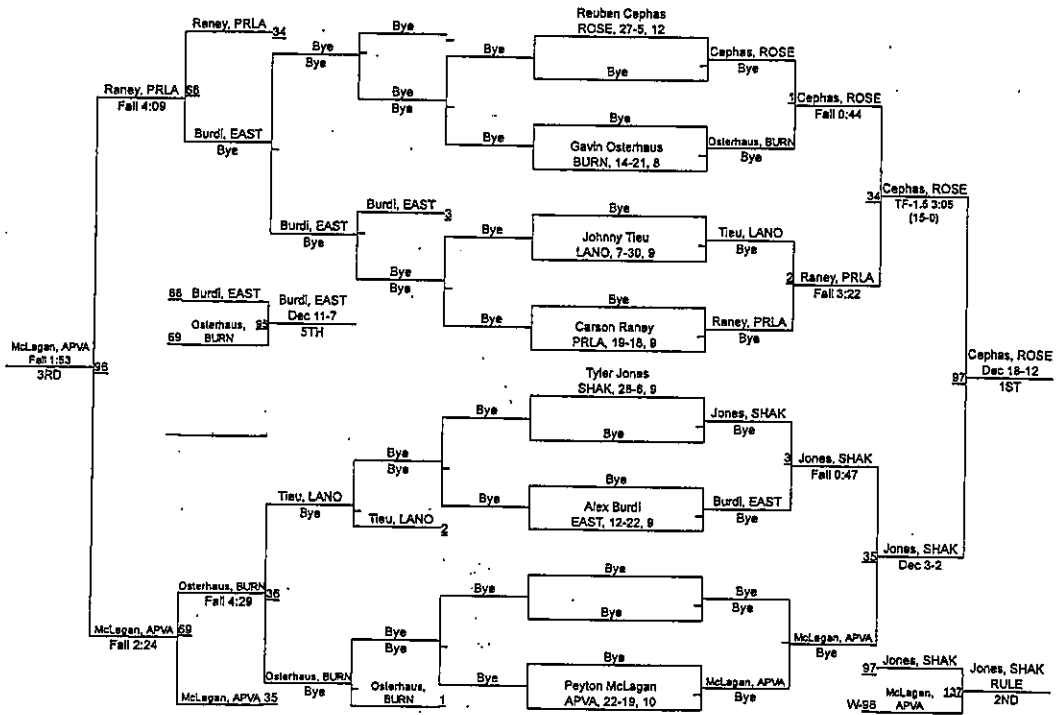
It's time for Lightning to Strike!

Section 2AAA Team Tournament – 2016



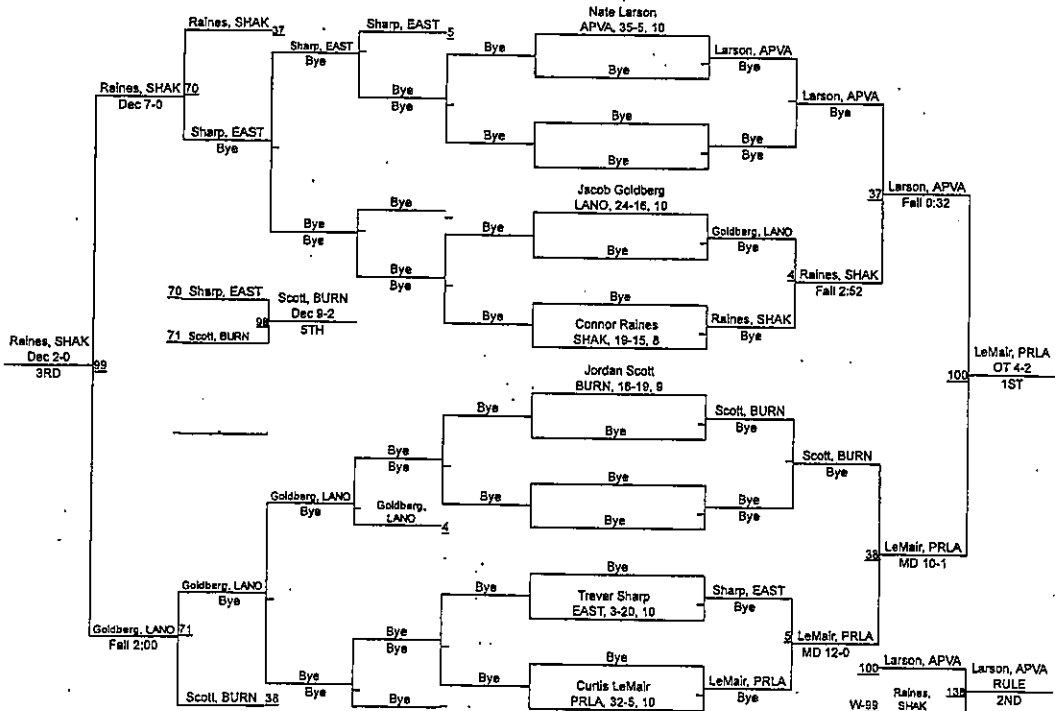
MSHSI Section 2AAA

106



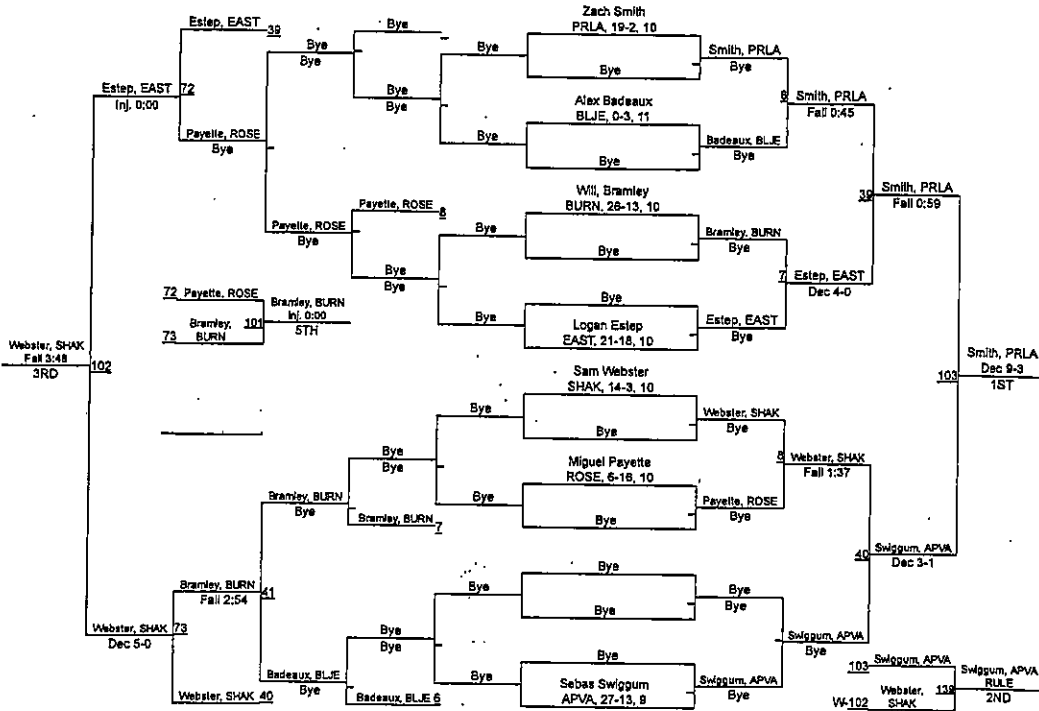
MSHSI Section 2AAA

113



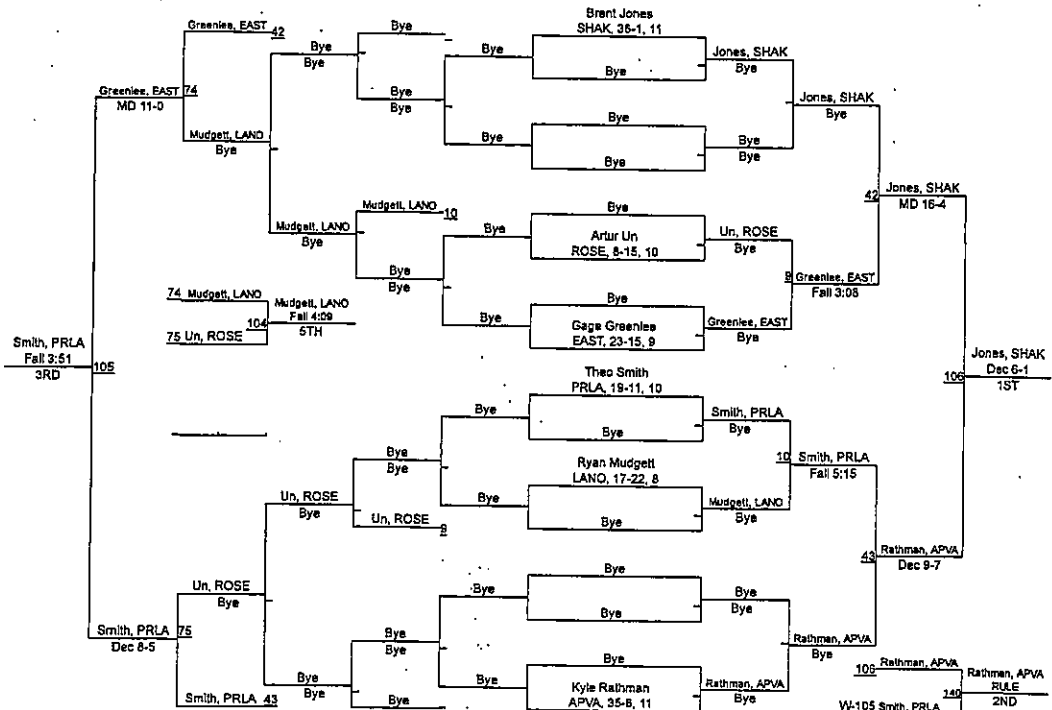
MSHSL Section 2AAA

120

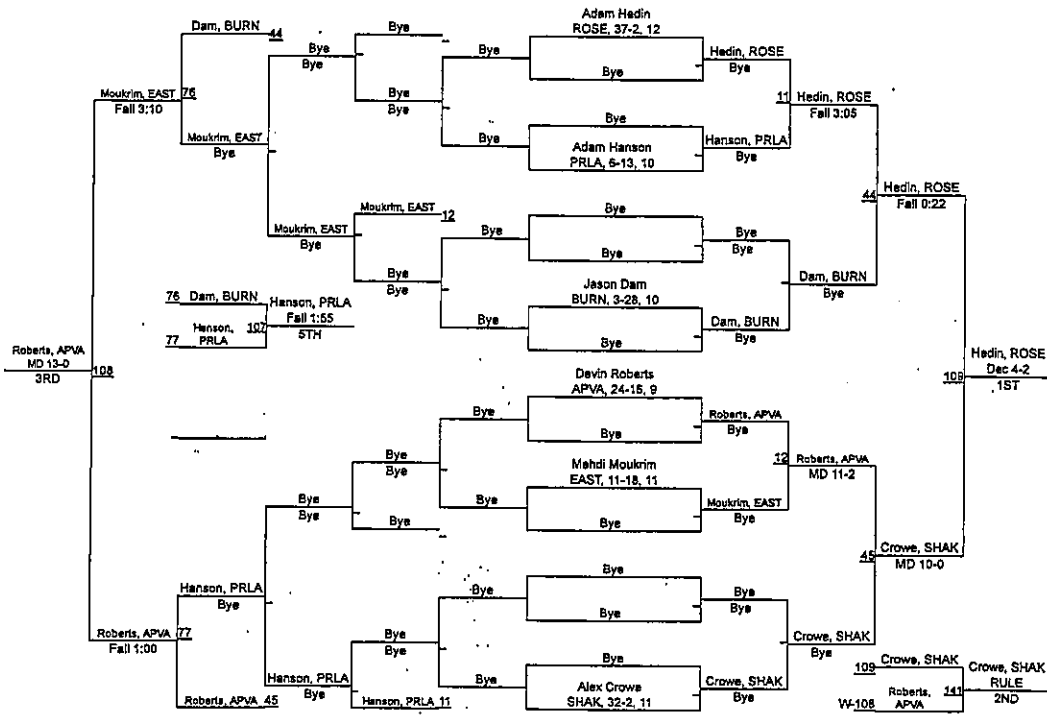


MSHSL Section 2AAA

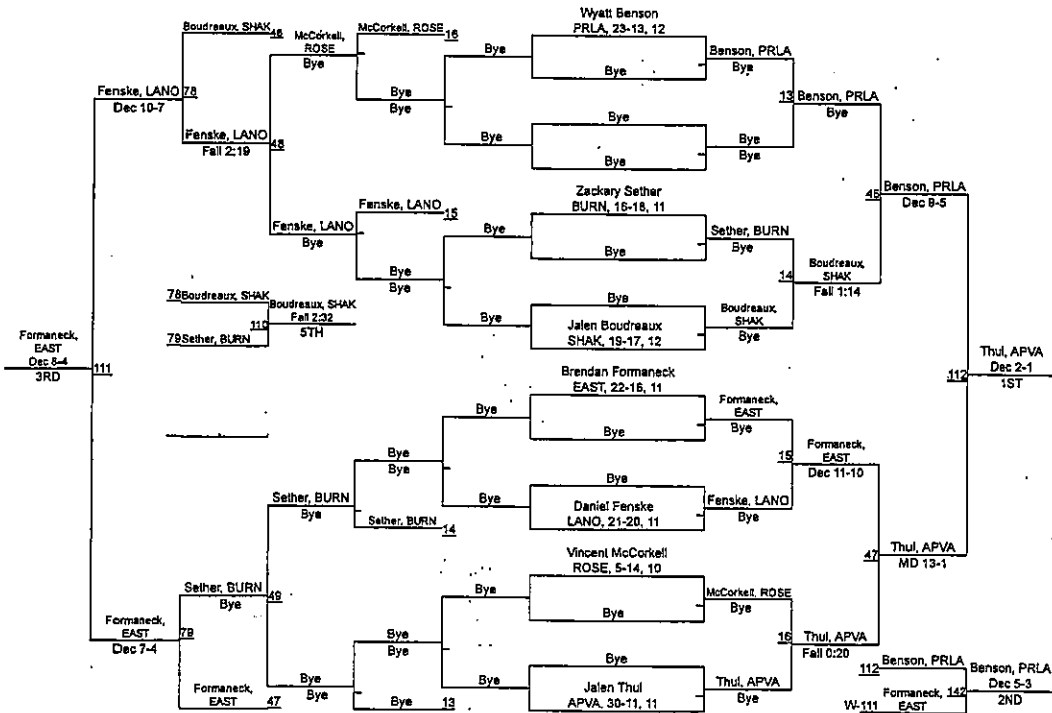
126



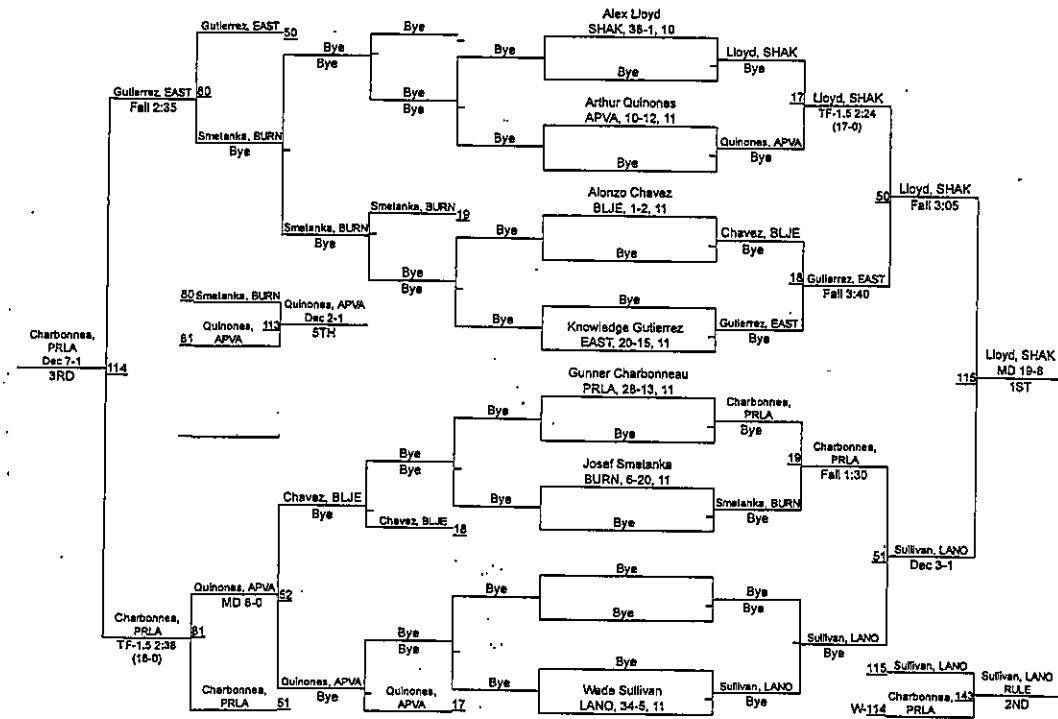
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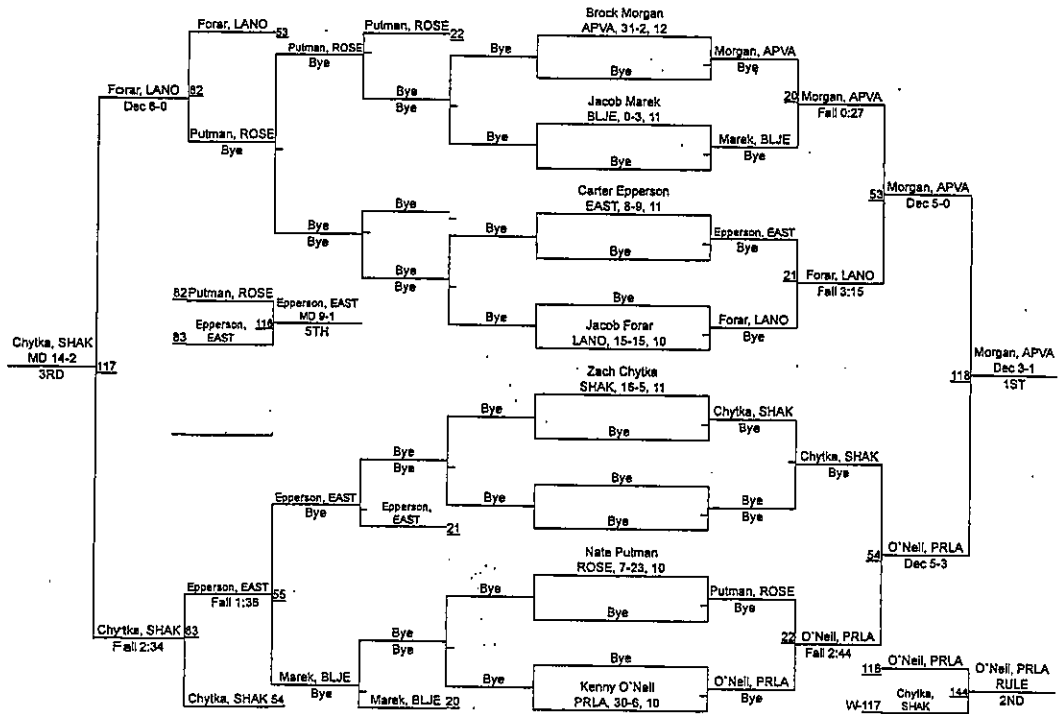
MSHSL Section 2AAA



MSHSL Section 2AAA

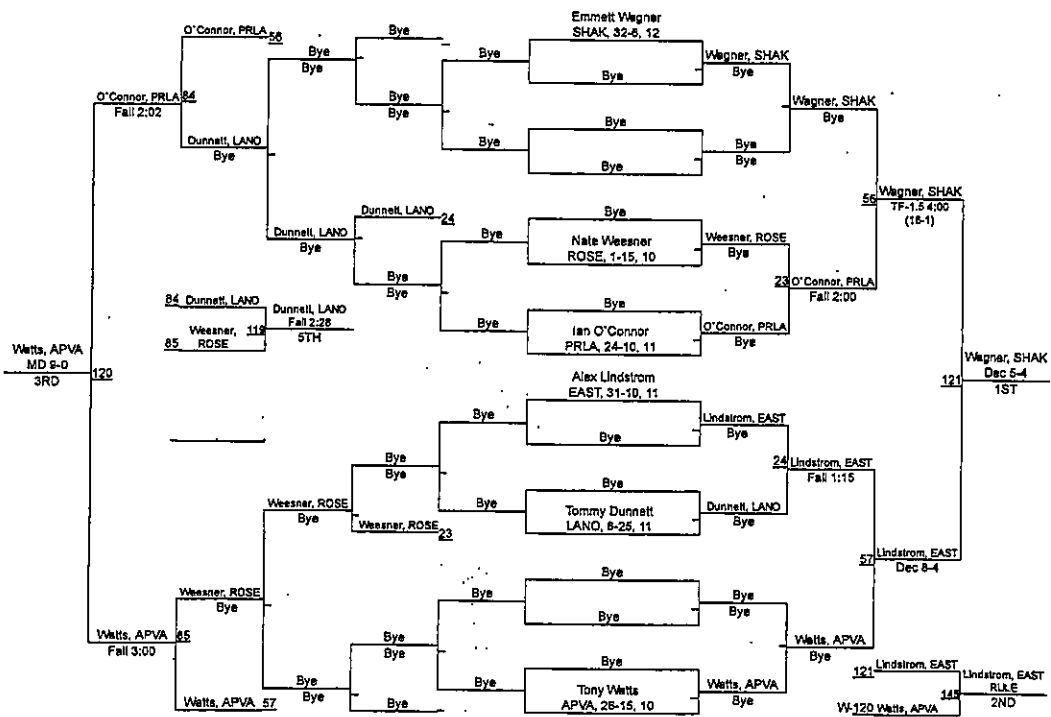


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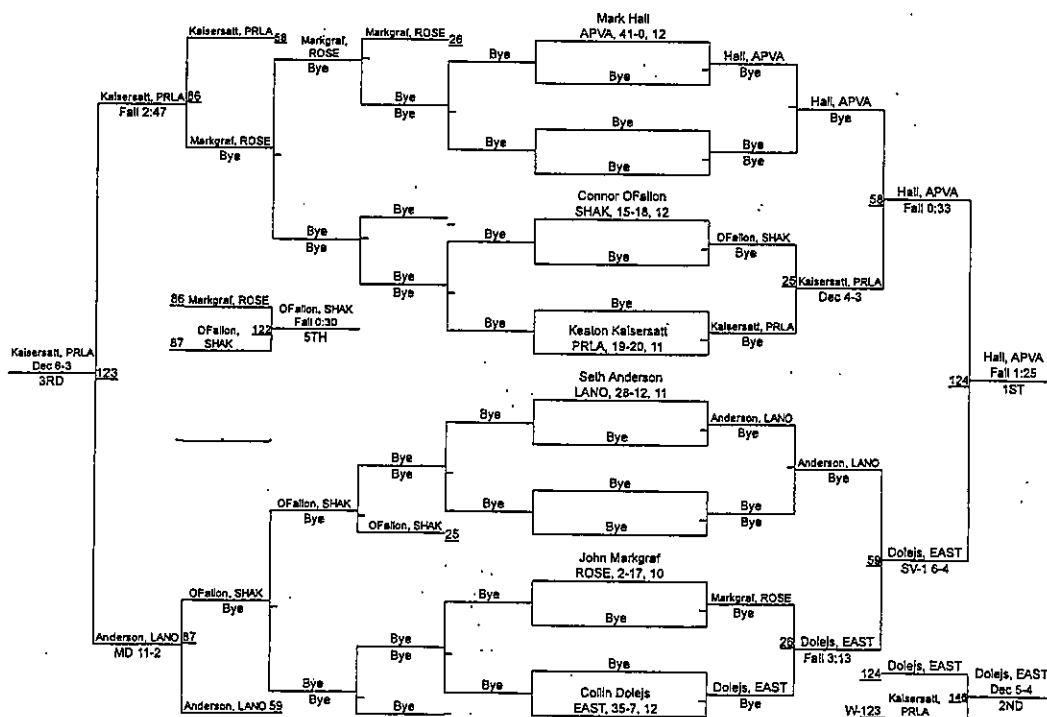
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160

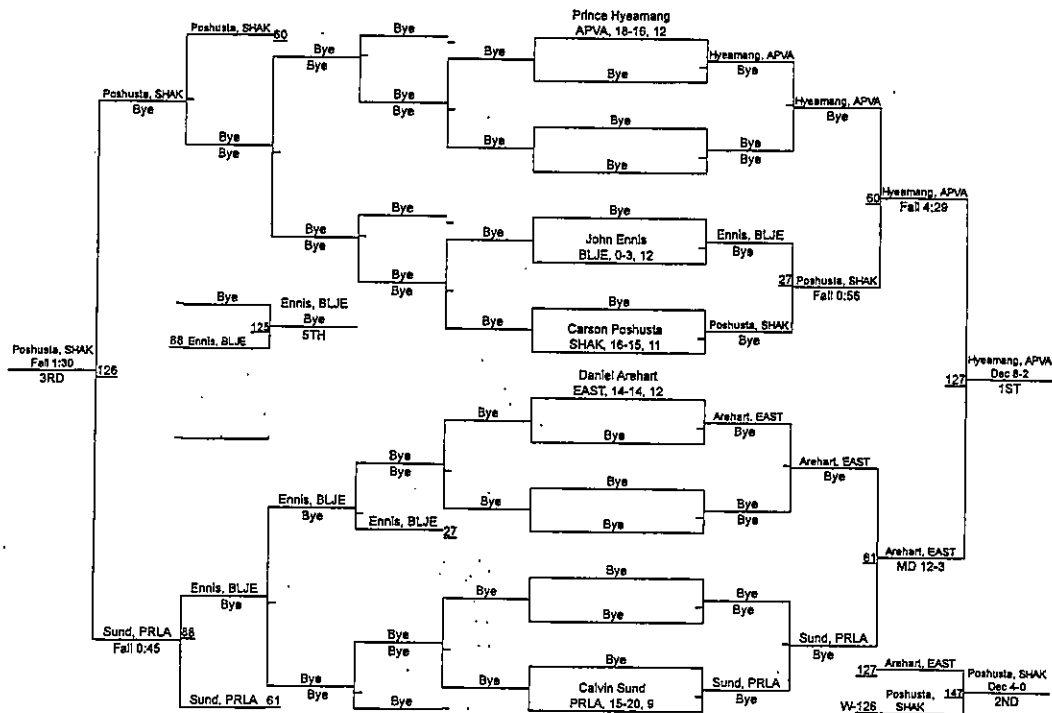


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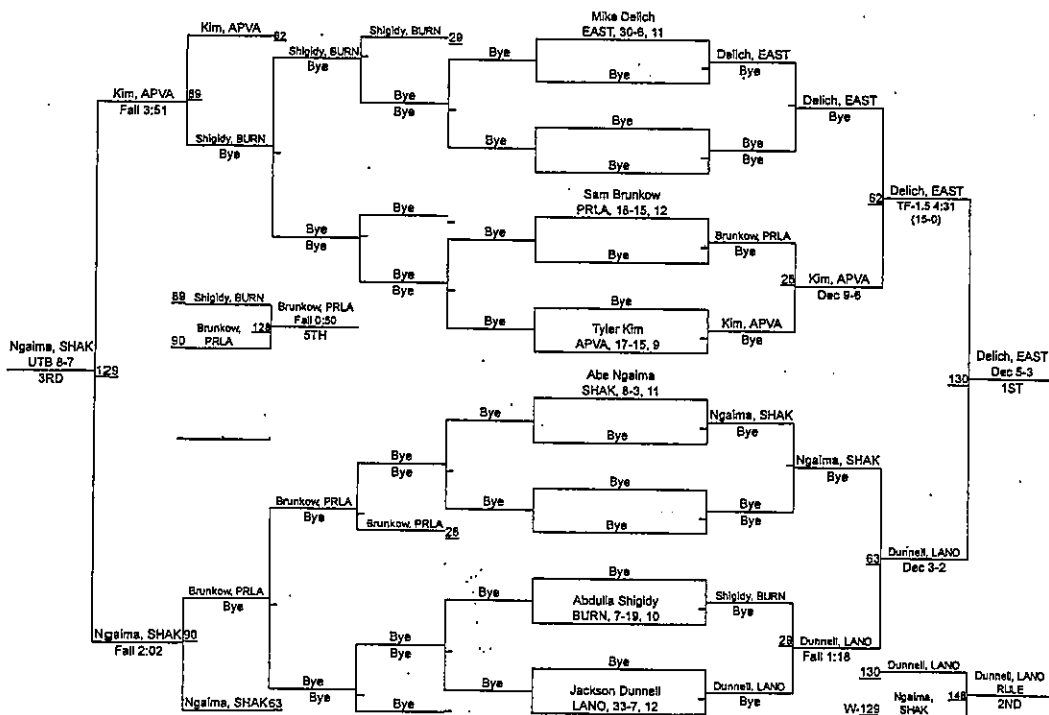
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MSHSL Section 2AAA

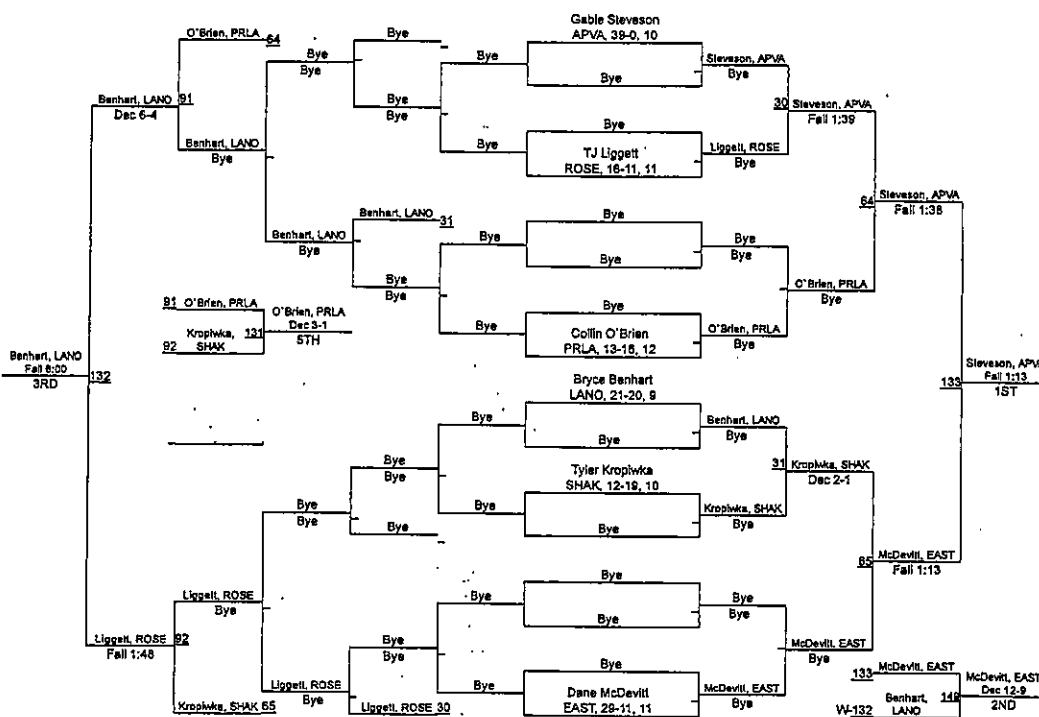


MSHSL Section 2AAA



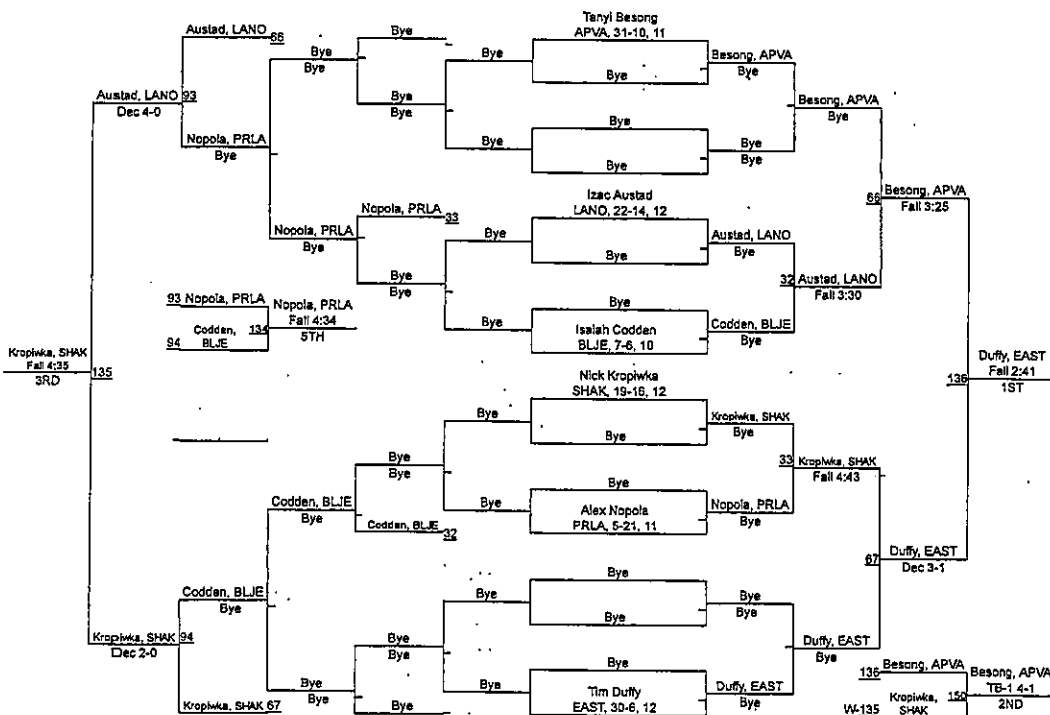
MSHSL Section 2AAA

220



MSHSL Section 2AAA

285



2016 SECTION 2AAA STATE PLACE WINNERS

106	Reuben Cephas	5th	Rosemount
113	Curtis Lemair	3rd	Prior Lake
113	Nate Larson	4th	Apple Valley
120	Sebas Swiggum	3rd	Apple Valley
120	Zach Smith	6th	Prior Lake
126	Brent Jones	1st	Shakopee
132	Adam Hedin	2nd	Rosemount
132	Alex Crowe	3rd	Shakopee
138	Jalen Thul	5th	Apple Valley
145	Alex Loyd	1st	Shakopee
145	Wade Sullivan	2nd	Lakeville North
152	Brock Morgan	2nd	Apple Valley
152	Kenny O'Neil	3rd	Prior Lake
160	Emmett Wagner	3rd	Shakopee
160	Alex Lindstrom	5th	Eastview
170	Mark Hall	1st	Apple Valley
195	Mike Delich	4th	Eastview
220	Gable Steveson	1st	Apple Valley

2016 SOUTH SUBURBAN CONFERENCE STATE PLACE WINNERS

106	Trayton Anderson	4th	Farmington
106	Reuben Cephas	5th	Rosemount
113	Victor Gliva	1st	Farmington
113	Curtis Lemair	3rd	Prior Lake
113	Nate Larson	4th	Apple Valley
132	Adam Hedin	2nd	Rosemount
132	Alex Crowe	3rd	Shakopee
132	Riley White	5th	Eagan
132	Jamin Leduc	6th	Farmington
145	Alex Loyd	1st	Shakopee
145	Wade Sullivan	2nd	Lakeville North
152	Brock Morgan	2nd	Apple Valley
152	Kenny O'Neil	3rd	Prior Lake
160	Emmett Wagner	3rd	Shakopee
160	Alex Lindstrom	5th	Eastview
170	Mark Hall	1st	Apple Valley
182	Taylor Venz	1st	Farmington
195	Mike Delich	4th	Eastview
220	Gable Steveson	1st	Apple Valley
220	Adam Lucast	6th	Lakeville South

Team Results Class AAA

Minnetonka _____ 15	STMA _____ 35
STMA _____ 55	STMA _____ 26
Centennial _____ 24	Anoka _____ 25
Anoka _____ 44	CHAMPION Apple Valley
Hastings _____ 15	Apple Valley _____ 46
Apple Valley _____ 46	Apple Valley _____ 31
Willmar _____ 37	Willmar _____ 24
Farmington _____ 30	
Anoka _____ 42 THIRD	Anoka _____
Willmar _____ 23	
Minnetonka _____ 34	Minnetonka _____ 33
Centennial _____ 32	Consolation Hastings
Hastings _____ 44	Hastings _____ 44
Farmington _____ 24	

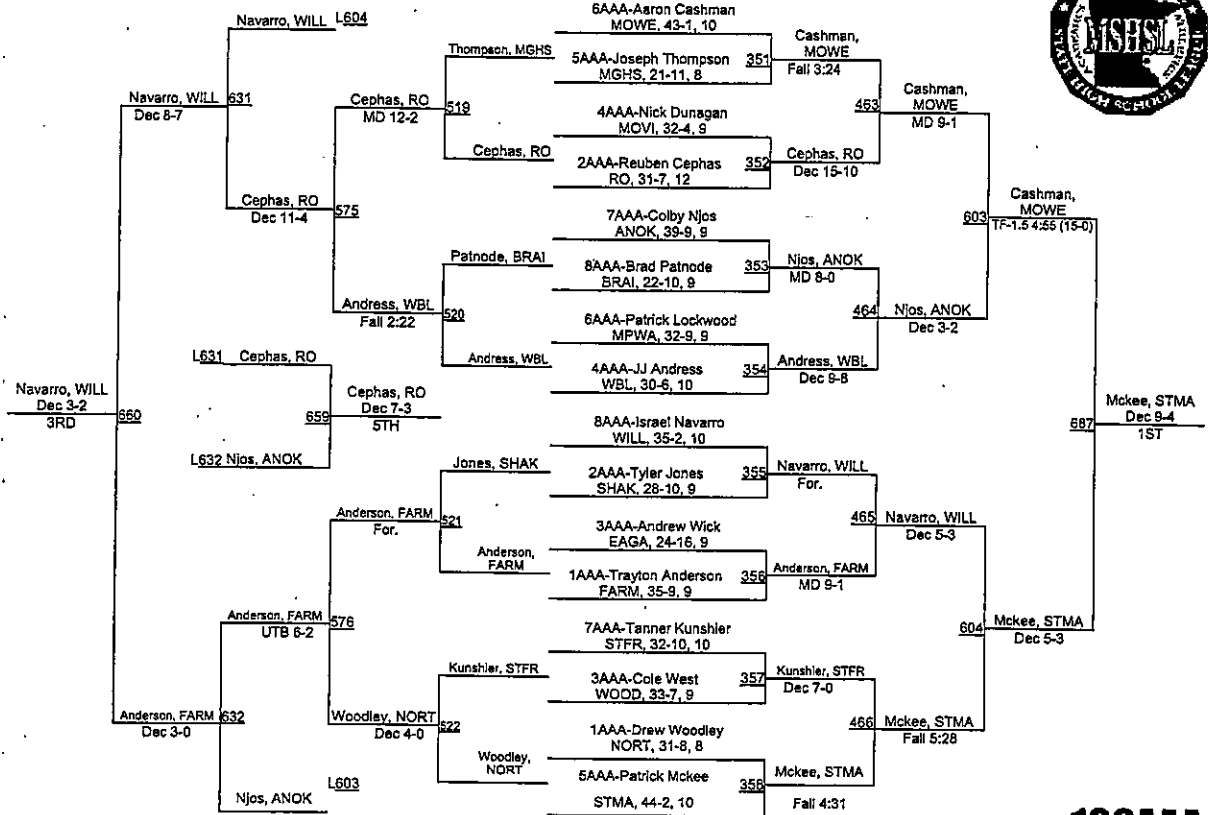
Team Results Class AA

Totino Grace _____ 15	Simley _____ 28
Simley _____ 53	Foley _____ 21
Perham _____ 18	Foley _____ 31
Foley _____ 33	CHAMPION Kasson-Mantorville
Mora _____ 3	Kasson-Mantorville _____ 36
Kasson-Mantorville _____ 64	Kasson-Mantorville _____ 37
Wabasso-Red Rock Central _____ 25	Scott West _____ 18
Scott West _____ 35	
Simley _____ 20 THIRD	Scott West _____
Scott West _____ 40	
Totino Grace _____ 21	Perham _____ 38
Perham _____ 46	Consolation Perham
Mora _____ 18	Wabasso-Red Rock Central _____ 24
Wabasso-Red Rock Central _____ 44	

Team Results Class A

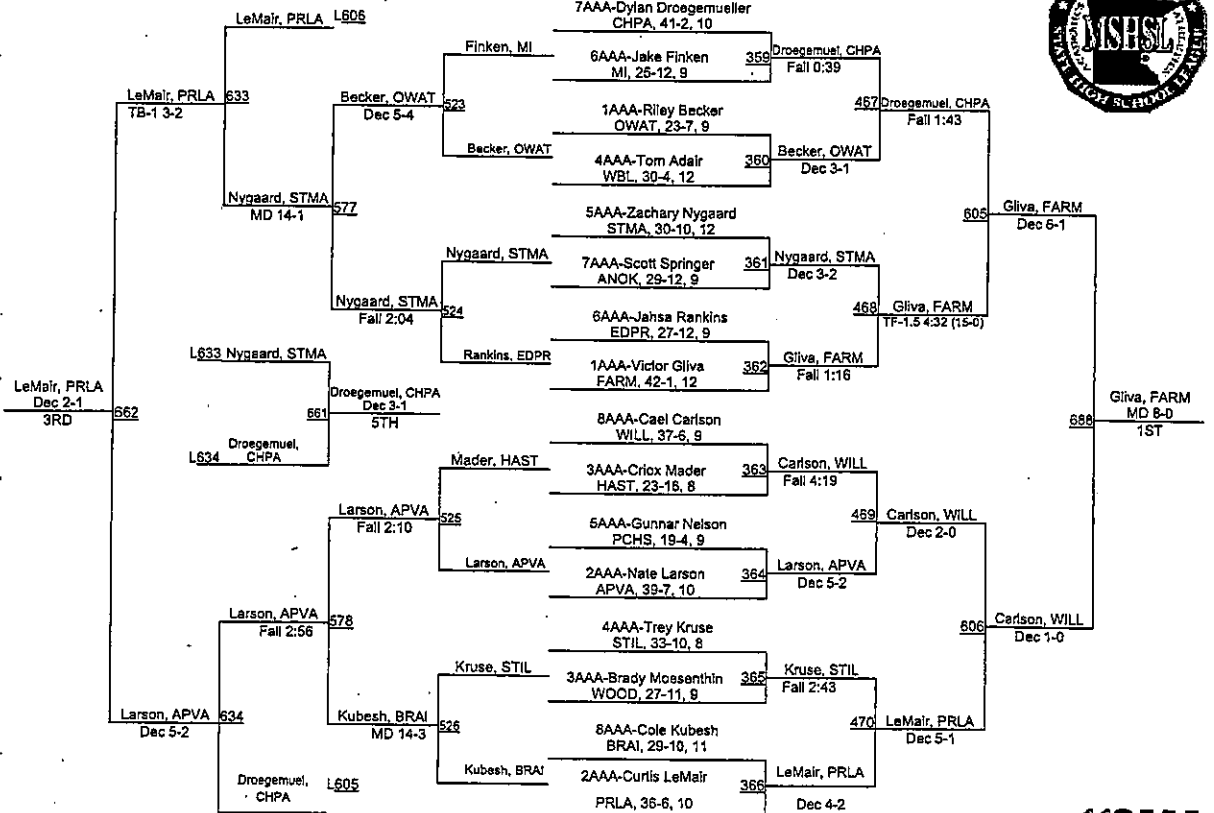
West Central Area _____ 15	Minneota _____ 21
Minneota _____ 41	Frazee _____ 24
Sibley East _____ 11	Frazee _____ 32
Frazee _____ 48	CHAMPION Kenyon-Wanamingo
Caledonia _____ 26	Kenyon-Wanamingo _____ 34
Kenyon-Wanamingo _____ 39	Kenyon-Wanamingo _____ 26
Kerkhoven-Murdock-Sunburg _____ 22	Pierz _____ 21
Pierz _____ 44	
Minneota _____ 16 THIRD	Pierz _____
Pierz _____ 39	
West Central Area _____ 42	

2016 MSHSL State Championships



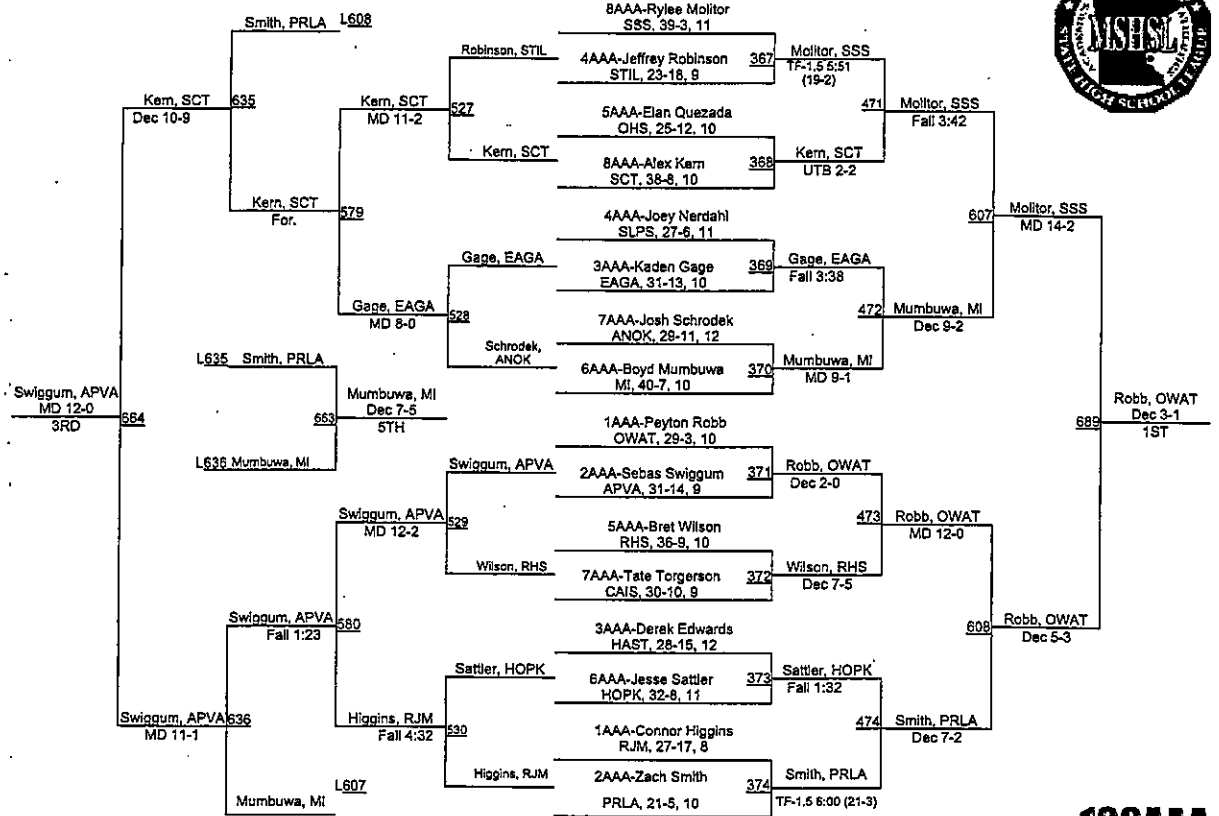
106AAA

2016 MSHSL State Championships



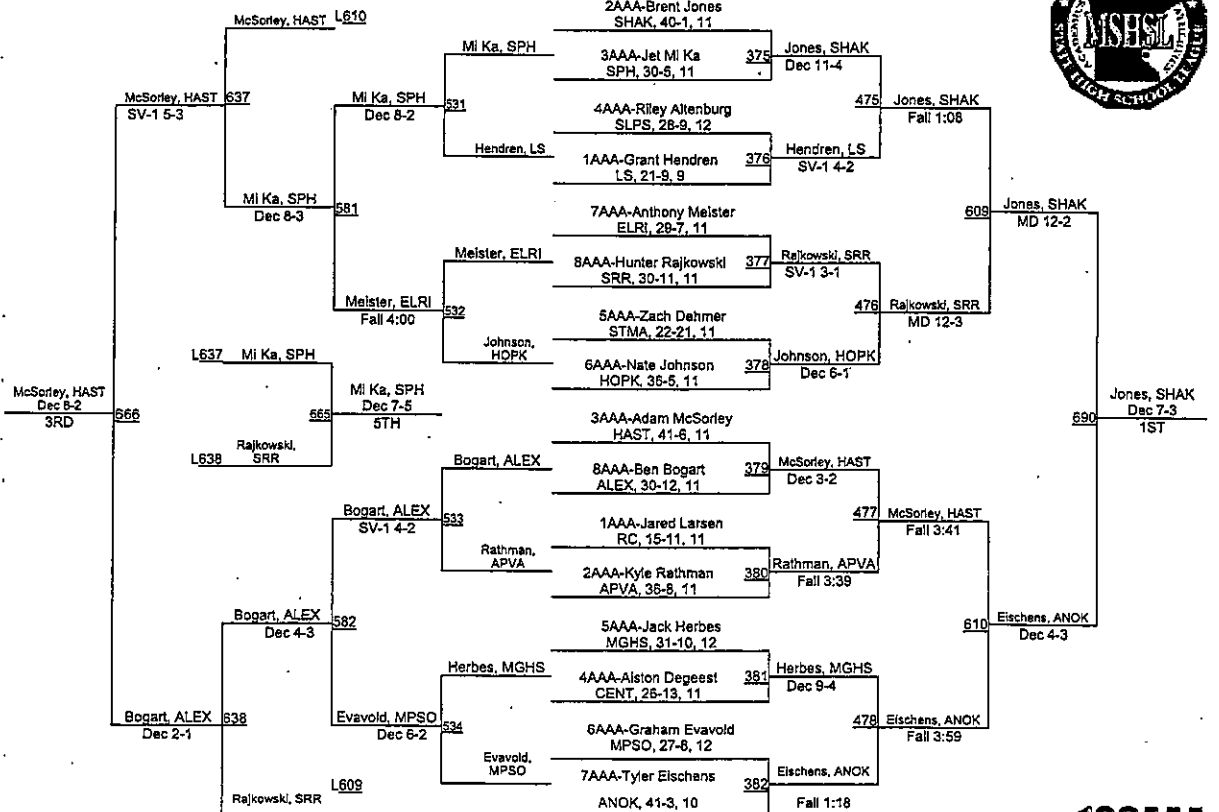
113AAA

2016 MSHSL State Championships



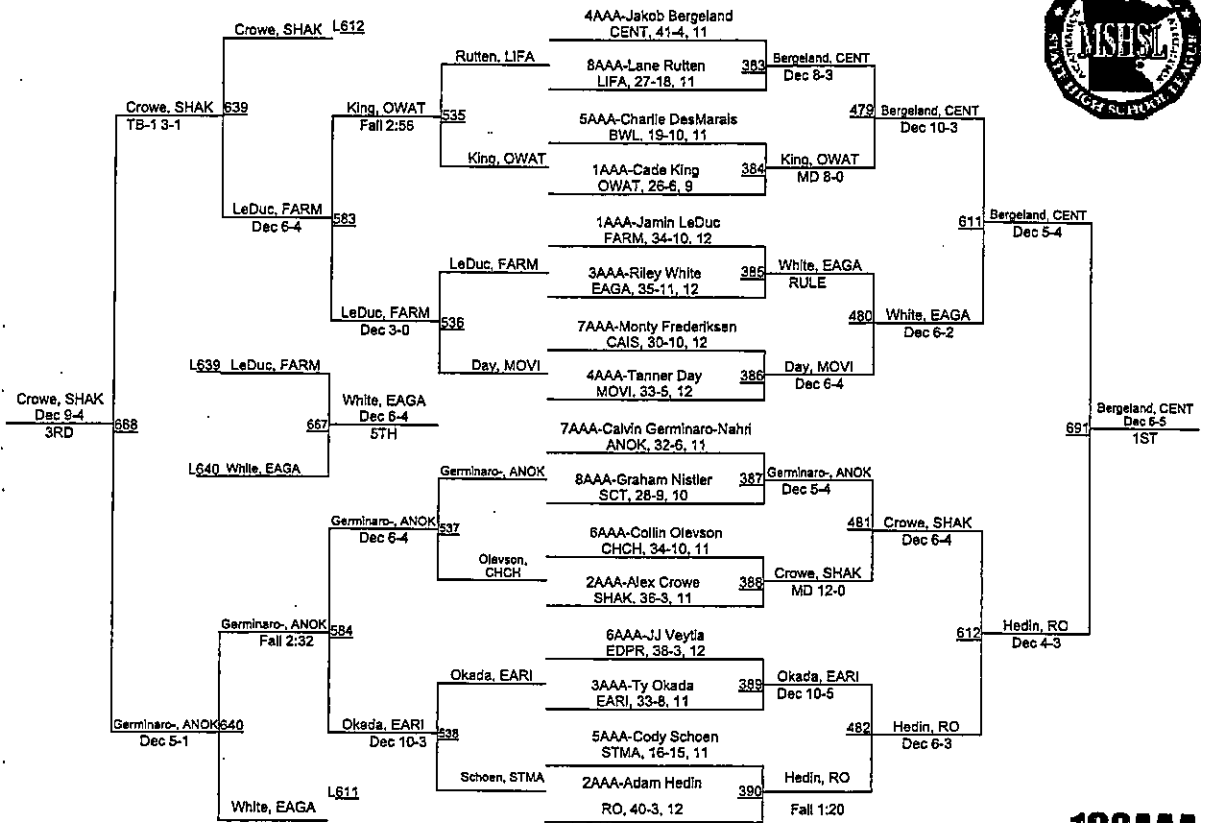
120AAA

2016 MSHSL State Championships

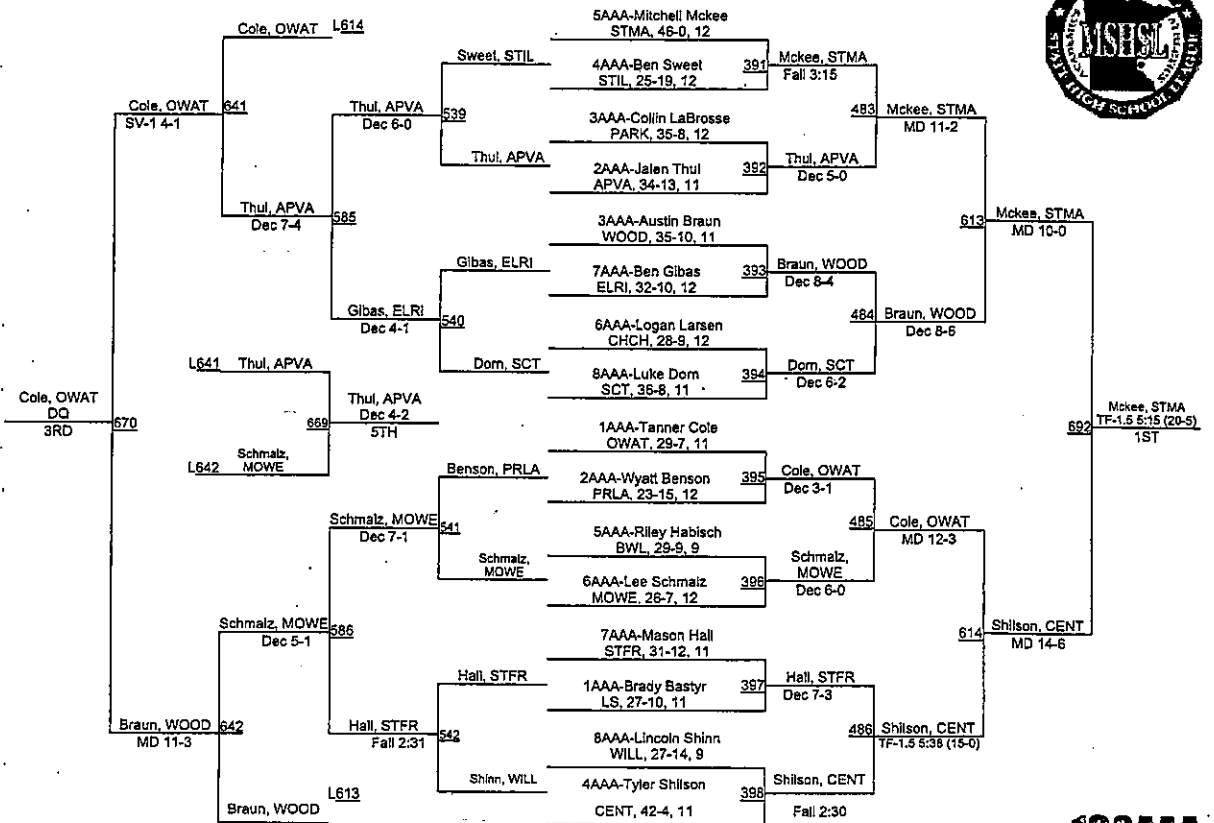


126AAA

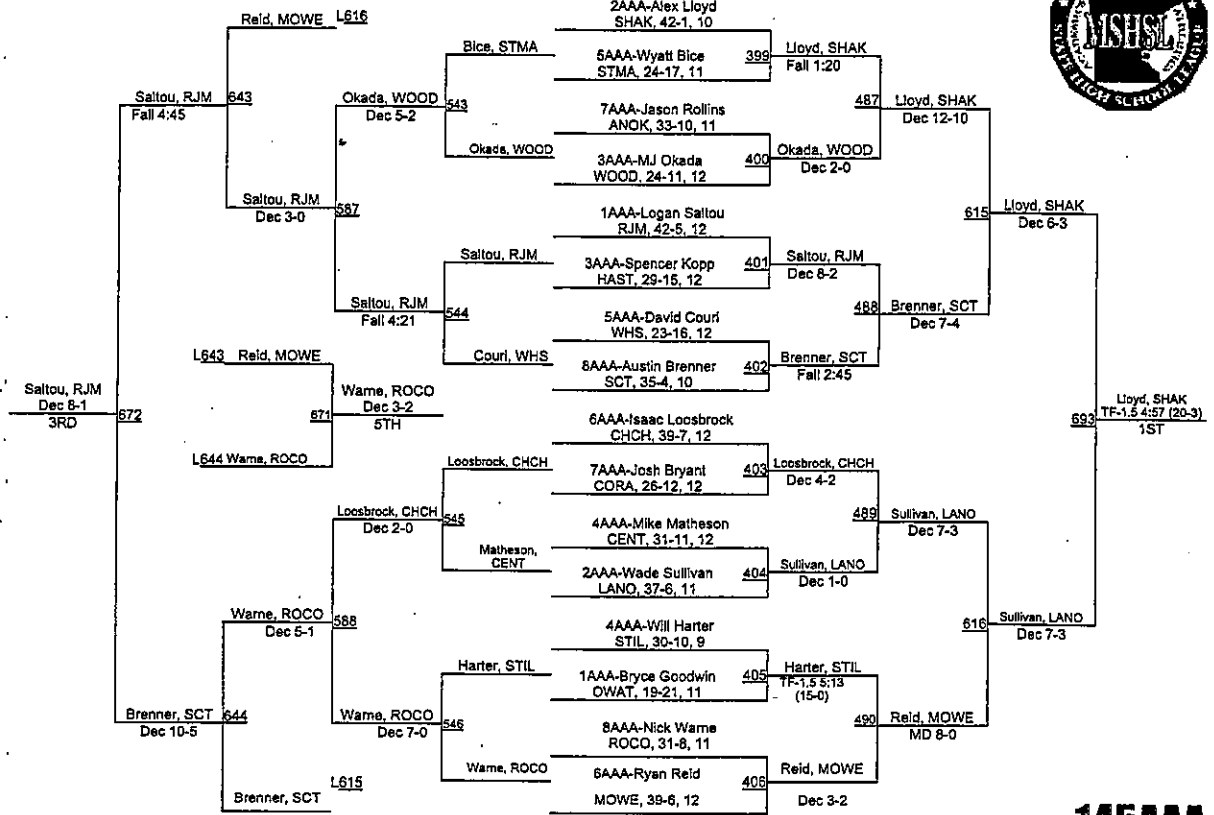
2016 MSHSL State Championships



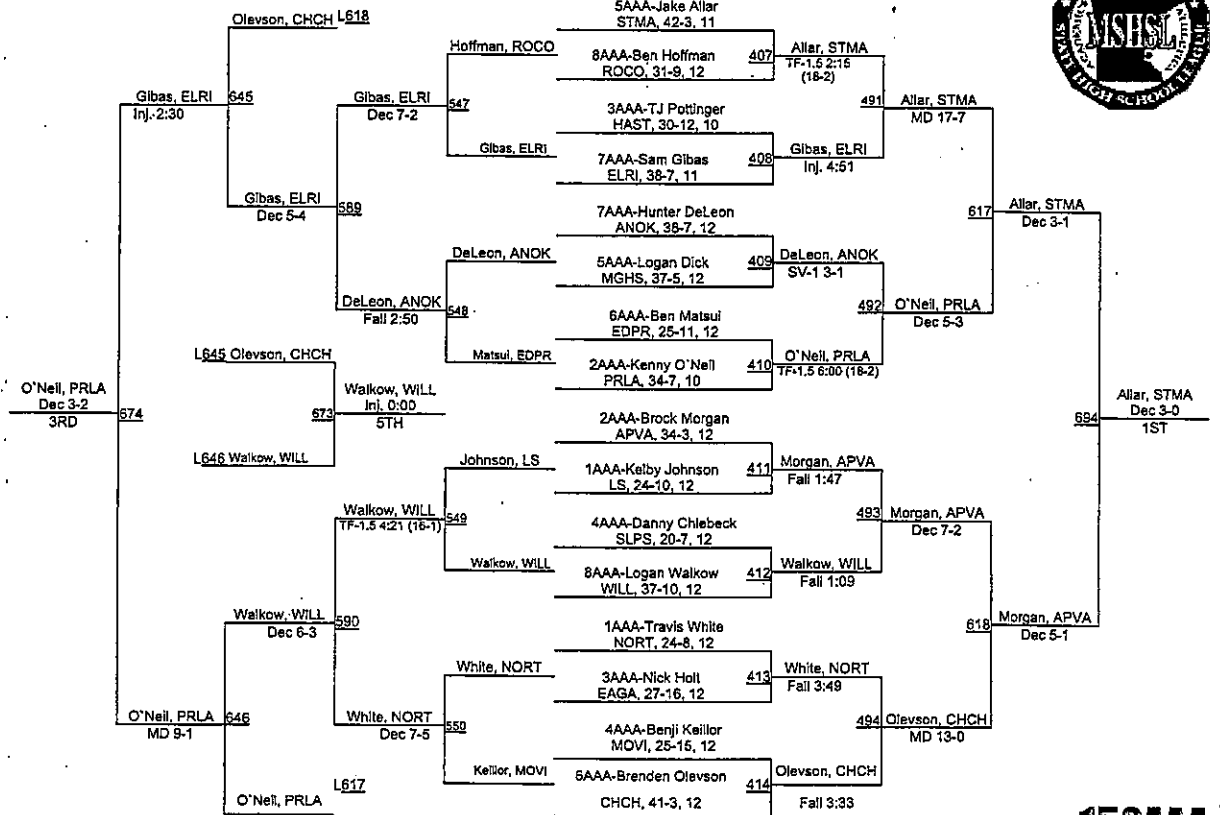
2016 MSHSL State Championships



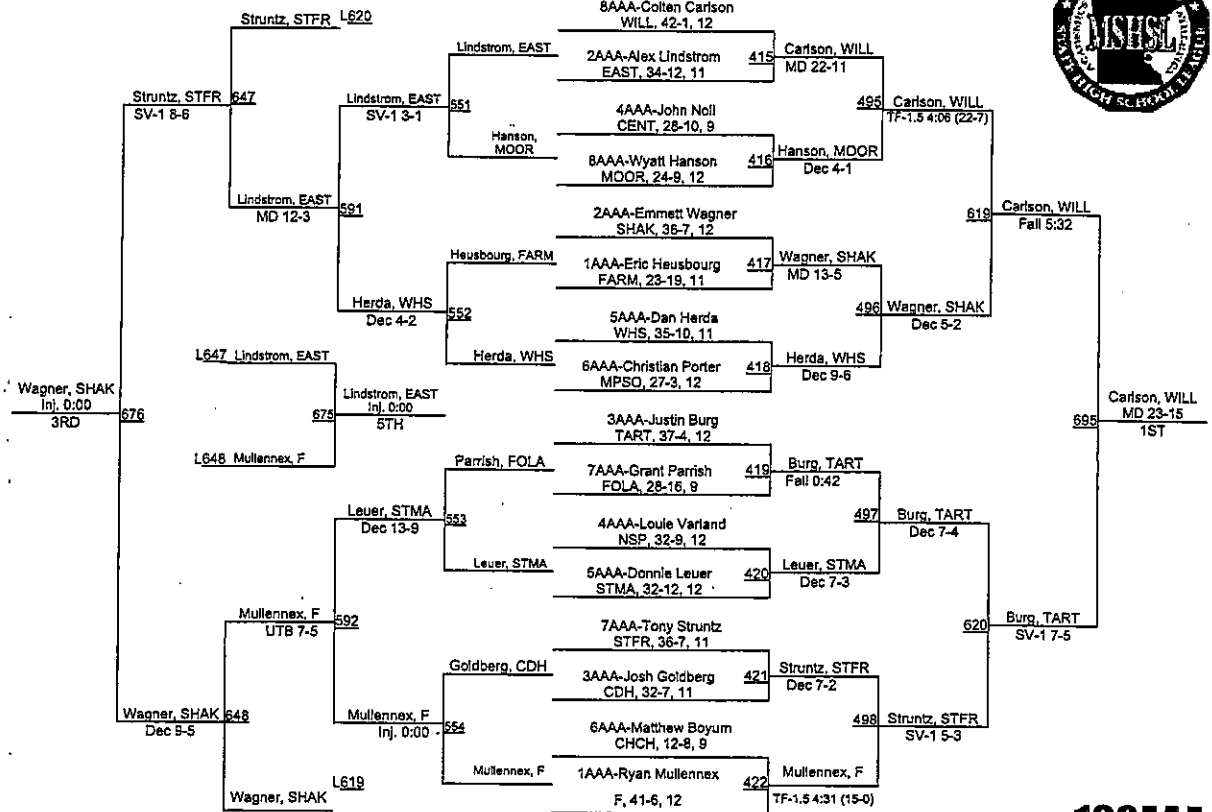
2016 MSHSL State Championships



2016 MSHSL State Championships

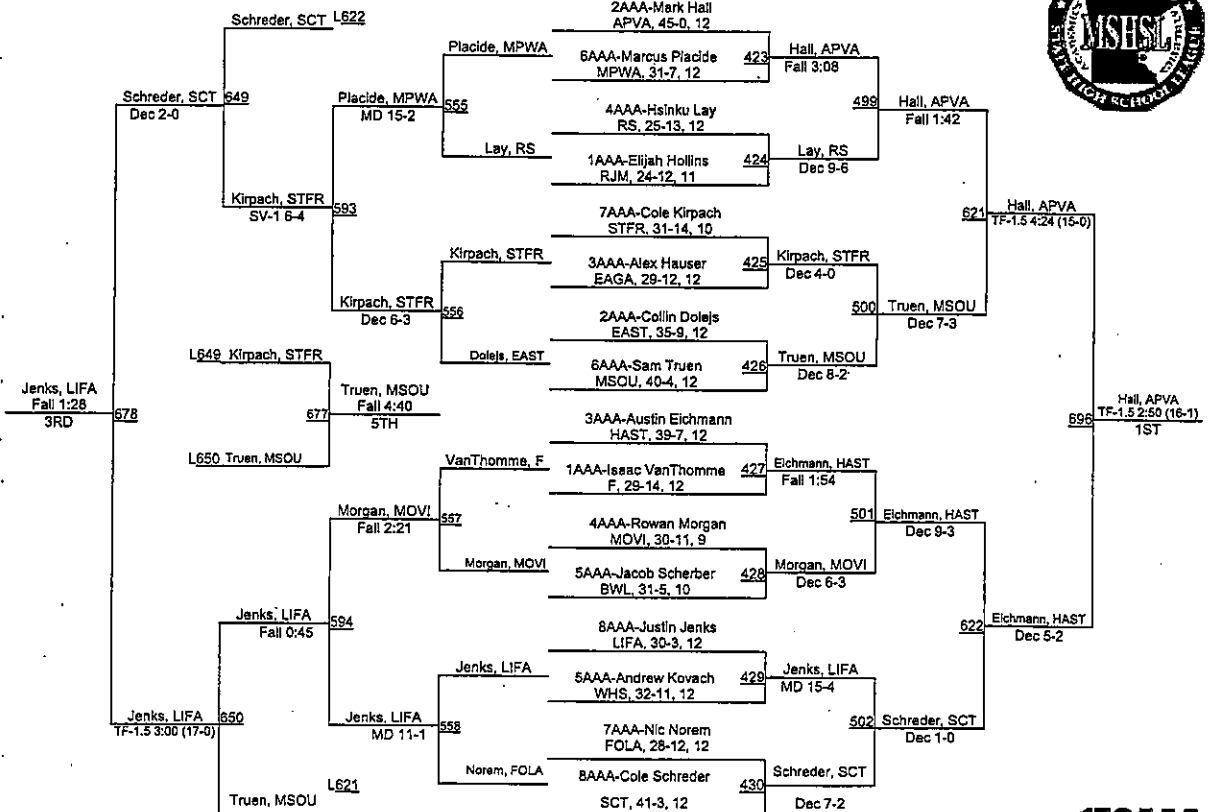


2016 MSHSL State Championships



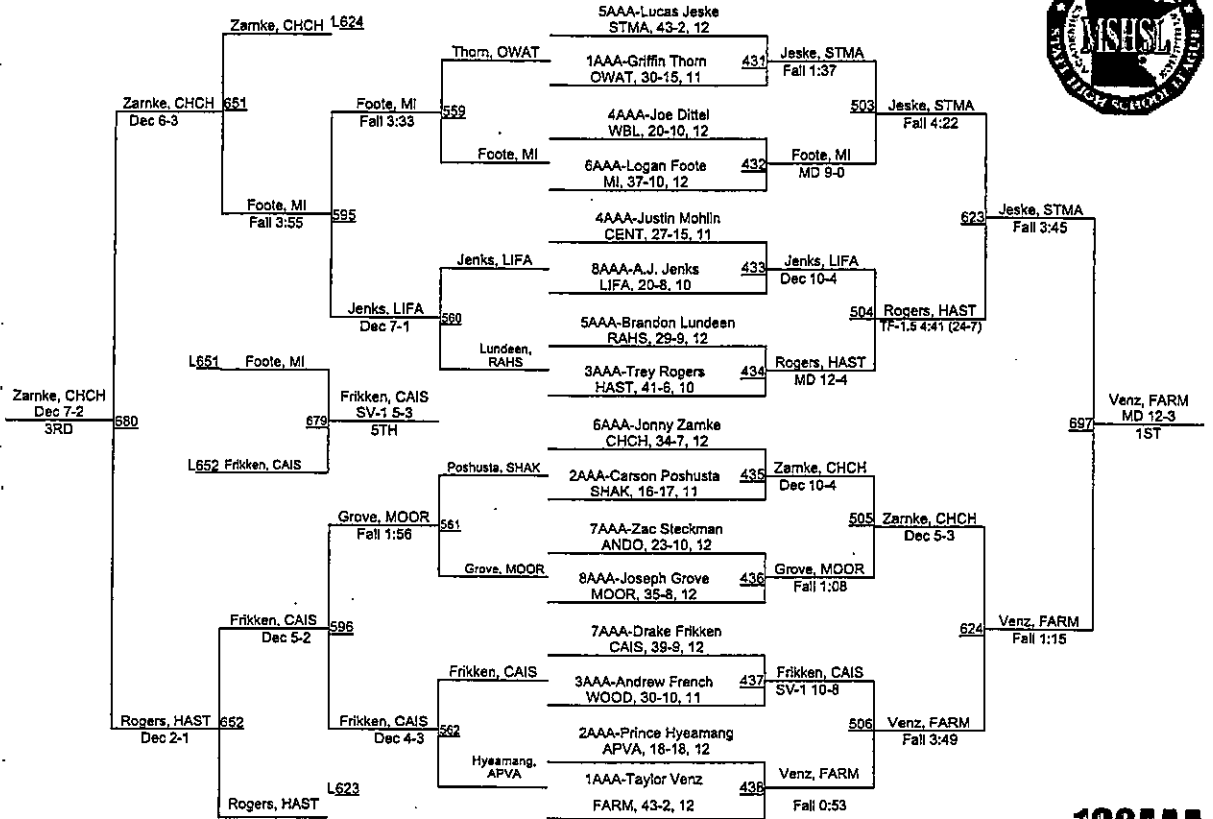
160AAA

2016 MSHSL State Championships



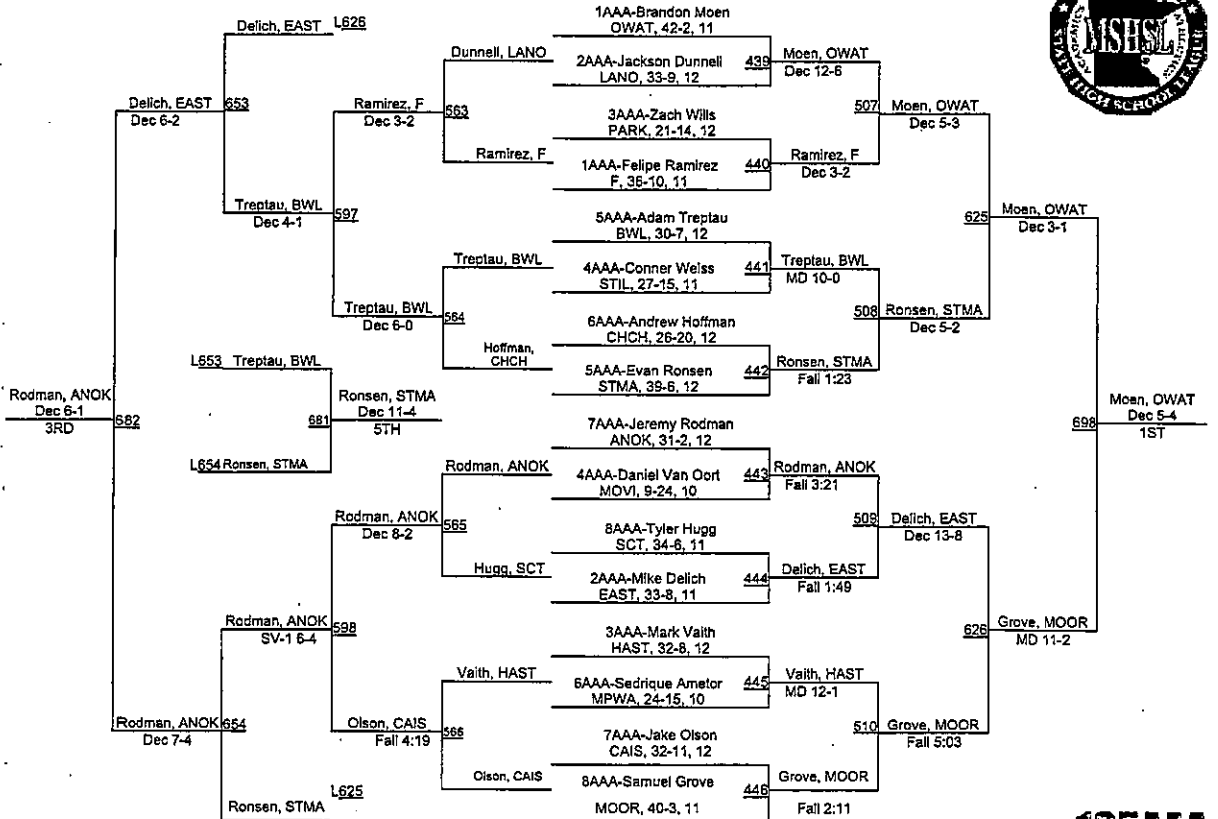
170AAA

2016 MSHSL State Championships



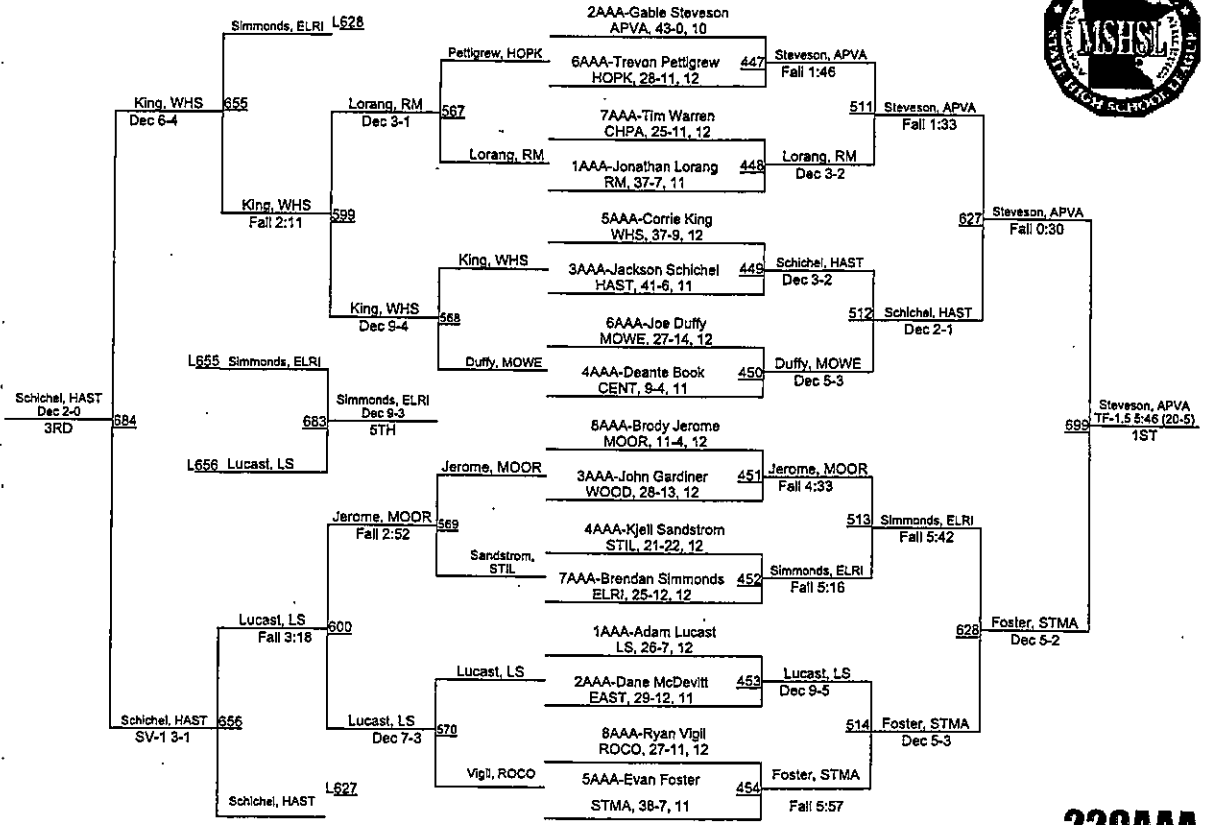
182AAA

2016 MSHSL State Championships



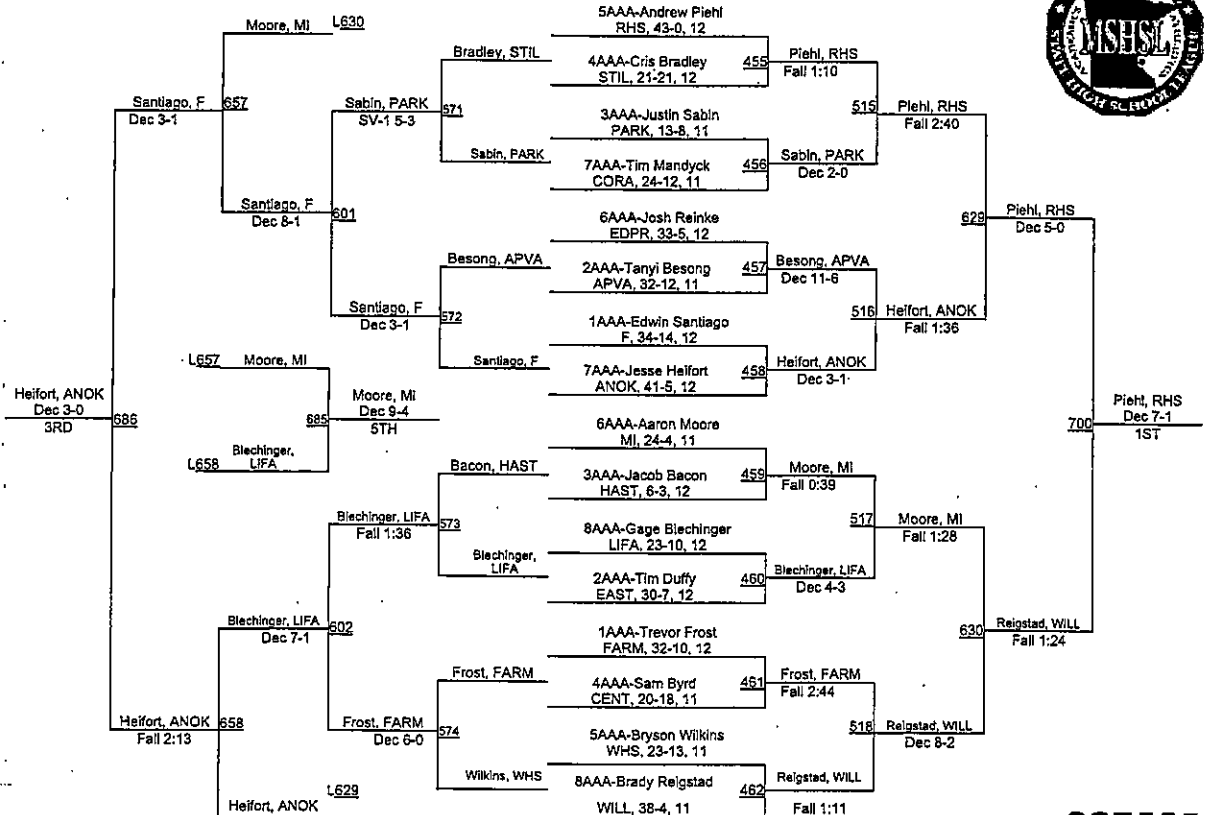
195AAA

2016 MSHSL State Championships



220AAA

2016 MSHSL State Championships



285AAA

SATURDAY'S INDIVIDUAL

CLASS 3A

106 POUNDS
Consolation quarterfinals
 Reuben Cephas, Rosemount, dec. JJ Andress, White Bear Lake, 11-4
 Trayton Anderson, Farmington, dec. Drew Woodley, Northfield, UTB 6-2
Championship semifinals
 Aaron Cashman, Mound-Westonka, tech. fall Colby Njos, Anoka, 4:55, 15-0
 Patrick McKee, St Michael-Albertville, dec. Israel Navarro, Willmar, 5-3
Consolation semifinals
 Navarro dec. Cephas, 8-7
 Anderson dec. Njos, 3-0
Fifth place
 Cephas dec. Njos, 7-3
Third place
 Navarro dec. Anderson, 3-2
Championship
 McKee dec. Cashman, 9-4
113 POUNDS
Consolation quarterfinals
 Zachary Nygaard, St Michael-Albertville, maj. dec. Riley Becker, Owatonna 14-1
 Nate Larson, Apple Valley, pinned Cole Kubesh, Brainerd, 2:55
Championship semifinals
 Victor Gilva, Farmington, dec. Dylan Droege Mueller, Champlin Park, 6-1
 Cael Carlson, Willmar, dec. Curtis LeMair, Prior Lake, 1-0
Consolation semifinals
 LeMair dec. Nygaard, TB-1, 3-2
 Larson dec. Droege Mueller, 5-2
Fifth place
 Droege Mueller dec. Nygaard, 3-1
Third place
 LeMair dec. Larson, 2-1
Championship
 Gilva maj. dec. Carlson, 8-0
120 POUNDS
Consolation quarterfinals
 Alex Kern, St Cloud Tech, dec. Kaden Gage, Eagan, forfeit
 Sebas Swiggum, Apple Valley, pinned Connor Higgins, Rochester John Marshall 1:23
Championship semifinals
 Rylee Molitor, Sartell-St Stephen, maj. dec. Boyd Mumbwa, Minnetonka, 14-2
 Peyton Robb, Owatonna, dec. Zach Smith, Prior Lake, 5-3
Consolation semifinals
 Kern dec. Smith, 10-9
 Swiggum dec. Mumbwa, 11-1
Fifth place
 Mumbwa dec. Smith, 7-5
Third place
 Swiggum maj. dec. Kern, 12-0
Championship
 Robb dec. Molitor, 3-1
126 POUNDS
Consolation quarterfinals
 Jet Mi Ka, Harding, dec. Anthony Meister, Elk River, 8-3
 Ben Bogart, Alexandria, dec. Graham Evavold, Mpls Southwest, 4-3
Championship semifinals
 Brent Jones, Shakopee, maj. dec. Hunter Rajkowski, Sauk Rapids-Rice, 12-2
 Tyler Eischens, Anoka, dec. Adam McSorley, Hastings, 4-3
Consolation semifinals
 McSorley dec. Mi Ka, SV-1, 5-3
 Bogart dec. Rajkowski, 2-1
Fifth place
 Mi Ka dec. Rajkowski, 7-5
Third place
 McSorley dec. Bogart, 8-2
Championship
 Jones dec. Eischens, 7-3
132 POUNDS
Consolation quarterfinals
 Jamin LeDuc, Farmington, dec. Cade King, Owatonna, 6-4
 Calvin Germinaro-Nahring, Anoka, pinned Ty Okada, East Ridge, 2:32
Championship semifinals
 Jakob Bergeland, Centennial, dec. Riley White, Eagan, 5-4
 Adam Hedin, Rosemount, dec. Alex Crowe, Shakopee, 4-3
Consolation semifinals
 Crowe dec. LeDuc, TB-1, 3-1
 Germinaro-Nahring dec. White, 5-1
Fifth place
 White dec. LeDuc, 6-4
Third place
 Crowe dec. Germinaro-Nahring, 9-4
Championship
 Bergeland dec. Hedin, 6-5

138 POUNDS
Consolation quarterfinals
 Jalen Thul, Apple Valley, dec. Ben Gibas, Elk River, 7-4
 Lee Schmalz, Mound-Westonka, dec. Mason Hall, St Francis, 5-1
Championship semifinals
 Mitchell McKee, St Michael-Albertville, maj. dec. Austin Braun, Woodbury, 10-0
 Tyler Shilson, Centennial, maj. dec. Tanner Cole, Owatonna, 14-6
Consolation semifinals
 Cole dec. Thul, SV-1, 4-1
 Braun maj. dec. Schmalz, 11-3
Fifth place
 Thul dec. Schmalz, 4-2
Third place
 Cole dec. Braun, DQ
Championship
 McKee tech. fall Shilson, 5:15, 20-5
145 POUNDS
Consolation quarterfinals
 Logan Saltou, Rochester John Marshall, dec. MJ Okada, Woodbury, 3-0
 Nick Warne, Rocori, dec. Isaac Loosbrock, Chaska-Chanhassen, 5-1
Championship semifinals
 Alex Lloyd, Shakopee, dec. Austin Brenner, St Cloud Tech, 6-3
 Wade Sullivan, Lakeville North, dec. Ryan Reid, Mound-Westonka, 7-3
Consolation semifinals
 Saltou pinned Reid, 4:45
 Brenner dec. Warne, 10-5
Fifth place
 Warne dec. Reid, 3-2
Third place
 Saltou dec. Brenner, 8-1
Championship
 Lloyd tech. fall Sullivan, 4:57, 20-3
152 POUNDS
Consolation quarterfinals
 Sam Gibas, Elk River, dec. Hunter DeLeon, Anoka, 5-4
 Logan Walkow, Willmar, dec. Travis White, Northfield, 6-3
Championship semifinals
 Jake Allar, St Michael-Albertville, dec. Kenny O'Neil, Prior Lake, 3-1
 Brock Morgan, Apple Valley, dec. Brenden Olevson, Chaska-Chanhassen, 5-1
Consolation semifinals
 Gibas inj. def. Olevson, 2:30
 O'Neil maj. dec. Walkow, 9-1
Fifth place
 Walkow inj. def. Olevson, :00
Third place
 O'Neil dec. Gibas, 3-2
Championship
 Allar dec. Morgan, 3-0
160 POUNDS
Consolation quarterfinals
 Alex Lindstrom, Eastview, maj. dec. Dan Herda, Wayzata, 12-3
 Ryan Mullenex, Faribault, dec. Donnie Leuer, St Michael-Albertville, UTB 7-5
Championship semifinals
 Colten Carlson, Willmar, pinned Emmett Wagner, Shakopee, 5:32
 Justin Burg, Tarian, dec. Tony Struntz, St Francis, SV-1 7-5
Consolation semifinals
 Struntz dec. Lindstrom, SV-1, 8-6
 Wagner dec. Mullenex, 9-5
Fifth place
 Lindstrom inj. def. Mullenex, :00
Third place
 Wagner inj. def. Struntz, :00
Championship
 Carlson maj. dec. Burg, 23-15
170 POUNDS
Consolation quarterfinals
 Cole Kirpach, St Francis, dec. Marcus Placide, Mpls Washburn, SV-1 6-4
 Justin Jenks, Little Falls, pinned Rowan Morgan, Mounds View, 0:45
Championship semifinals
 Mark Hall, Apple Valley, tech. fall Sam Truen, Mpls South, 4:24, 15-0
 Austin Eichmann, Hastings, dec. Cole Schreder, St Cloud Tech, 5-2
Consolation semifinals
 Schreder dec. Kirpach, 2-0
 Jenks tech. fall Truen, 3:00, 17-0
Fifth place
 Truen pinned Kirpach, 4:40
Third place
 Jenks pinned Schreder, 1:28
Championship
 Hall tech. fall Eichmann, 2:50, 16-1

182 POUNDS
Consolation quarterfinals
 Logan Foote, Minnetonka, pinned A.J. Jenks, Little Falls, 3:55
 Drake Frikken, Cambridge-Isanti, dec. Joseph Grove, Moorhead, 5-2
Championship semifinals
 Lucas Jeske, St Michael-Albertville, pinned Trey Rogers, Hastings, 3:45
 Taylor Venz, Farmington, pinned Jonny Zarnke, Chaska-Chanhassen, 1:15
Consolation semifinals
 Zarnke dec. Foote, 6-3
 Rogers dec. Frikken, 2-1
Fifth place
 Frikken dec. Foote, SV-1, 5-3
Third place
 Zarnke dec. Rogers, 7-2
Championship
 Venz major dec. Jeske, 12-3
195 POUNDS
Consolation quarterfinals
 Adam Treptau, Buffalo-West Lutheran, dec. Felipe Ramirez, Faribault, 4-1
 Jeremy Rodman, Anoka, dec. Jake Olson, Cambridge-Isanti, 6-4
Championship semifinals
 Brandon Moen, Owatonna, 4-1-2 won by decision over Evan Ronsen, St Michael-Albertville, 39-5, Dec 3-1
 Samuel Grove, Moorhead, maj. dec. Mike Delich, Eastview, 11-2
Consolation semifinals
 Delich dec. Treptau, 6-2
 Rodman dec. Ronsen, 39-6
Fifth place
 Ronsen dec. Treptau, 11-4
Third place
 Rodman dec. Delich, 6-1
Championship
 Moen dec. Grove, 5-4
220 POUNDS
Consolation quarterfinals
 Carrie King, Wayzata, pinned Jonathan Lorang, Rochester Mayo, 2:11
 Adam Lucast, Lakeville South, pinned Brady Jerome, Moorhead, 3:18
Championship semifinals
 Gable Steveson, Apple Valley, pinned Jackson Schichel, Hastings, 0:30
 Evan Foster, St. Michael-Albertville, dec. Brendan Simmonds, Elk River, 5-2
Consolation semifinals
 King dec. Simmonds, 6-4
 Schichel dec. Lucast, SV-1, 3-1
Fifth place
 Simmonds dec. Lucast, 9-3
Third place
 Schichel dec. King, 2-0
Championship
 Steveson tech. fall Foster, 5:46, 20-5
285 POUNDS
Consolation quarterfinals
 Edwin Santiago, Faribault, dec. Justin Sabin, Park, Dec 8-1
 Gage Blechinger, Little Falls, dec. Trevor Frost, Farmington, 7-1
Championship semifinals
 Andrew Piehl, Rogers, dec. Jesse Helfort, Anoka, 5-0
 Brady Reigstad, Willmar, pinned Aaron Moore, Minnetonka, :24
Consolation semifinals
 Santiago dec. Moore, 3-1
 Helfort pinned Blechinger, 2:13
Fifth place
 Moore dec. Blechinger, 9-4
Third place
 Helfort dec. Santiago, 3-0
Championship
 Piehl dec. Reigstad, 7-1

STATE WRESTLING MEET RESULTS

INDIVIDUAL TOURNAMENT

At Xcel Energy Center

CLASS 3A

Semifinals

- 106: Aaron Cashman, Mound-Westonka, dec. Colby Njos, Anoka, 15-0; Patrick McKee, St. Michael-Albertville, dec. Israel Navarro, Willmar, 5-3.
- 113: Victor Gilva, Farmington, dec. Dylan Droege Mueller, Champlin Park, 6-1; Cael Carlson, Willmar, dec. Curtis LeMair, Prior Lake, 1-0.
- 120: Rylee Molitor, Sartell-St Stephen, dec. Boyd Mumbwa, Minnetonka, 14-2; Peyton Robb, Owatonna, dec. Zach Smith, Prior Lake, 5-3.
- 126: Brent Jones, Shakopee, dec. Hunter Rajkowski, Sauk Rapids-Rice, 12-2; Tyler Eischens, Anoka, dec. Adam McSorley, Hastings, 4-3.
- 132: Jakob Bergeland, Centennial, dec. Riley White, Eagan, 5-4; Adam Hedin, Rosemount, dec. Alex Crowe, Shakopee, 4-3.
- 138: Mitchell McKee, St. Michael-Albertville, dec. Austin Braun, Woodbury, 10-0; Tyler Shilson, Centennial, dec. Tanner Cole, Owatonna, 14-6.
- 145: Alex Lloyd, Shakopee, dec. Austin Brenner, St. Cloud Tech, 6-3; Wade Sullivan, Lakeville North, dec. Ryan Reid, Mound-Westonka, 7-3.
- 152: Jake Allar, St. Michael-Albertville, dec. Kenny O'Neil, Prior Lake, 3-1; Brock Morgan, Apple Valley, dec. Brenden Olevson, Chaska/Chanhassen, 5-1.
- 160: Colten Carlson, Willmar, pinned Emmett Wagner, Shakopee, 5:32; Justin Burg, Tartan,

dec. Tony Struntz, St. Francis, 7-5, OT.

• 170: Mark Hall, Apple Valley, dec. Sam Truen, Minneapolis South, 15-0; Austin Eichmann, Hastings, dec. Cole Schreder, St. Cloud Tech, 5-2.

• 182: Lukas Jeske, St. Michael-Albertville, pinned Trey Rogers, Hastings, 3:45; Taylor Venz, Farmington, pinned Jonny Zarnke, Chaska/Chanhassen, 1:15.

• 195: Brandon Moen, Owatonna, dec. Evan Ronsen, St. Michael-Albertville, 3-1; Samuel Grove, Moorhead, dec. Mike Delich, Eastview, 11-2.

• 220: Gable Steveson, Apple Valley, pinned Jackson Schichel, Hastings, 0:30; Evan Foster, St. Michael-Albertville, dec. Brendan Simmonds, Elk River, 5-2

• 285: Andrew Piehl, Rogers, dec. Jesse Helfort, Anoka, 5-0; Brady Reigstad, Willmar, pinned Aaron Moore, Minnetonka, 1:24

Finals

- 106: McKee dec. Cashman, 9-4.
- 113: Gilva dec. Carlson, 8-0.
- 120: Robb dec. Molitor, 3-1.
- 126: Jones dec. Eischens, 7-3.
- 132: Bergeland dec. Hedin, 6-5.
- 138: McKee dec. Shilson, 20-5.
- 145: Lloyd dec. Sullivan, 20-3.
- 152: Allar dec. Morgan, 3-0.
- 160: Carlson dec. Burg, 23-15.
- 170: Hall dec. Eichmann, 16-1.
- 182: Venz dec. Jeske, 12-3.
- 195: Moen dec. Grove, 5-4.
- 220: Steveson dec. Foster, 20-5.
- 285: Piehl dec. Reigstad, 7-1.

LADDS

136 POUNDS
Consolation quarterfinals
Isaac Haman, Kasson-Mantorville, dec. Brody
Nilsen, Albert Lea Area, 8-7
Teddy Pierce, Chisago Lakes, dec. Tim Blaska,
Priceton, 4-1
Championship semifinals
Anthony Jackson, Simley, dec. Sam Naddy,
Clermont, 3-2
Peter Nelson, South St Paul, dec. Trent Milliss,
Zimmonsburg, 2-2
Consolation semifinals
Herman dec. Milliss, 9-4
Herman dec. Naddy, 5-1
Fifth place
Winess dec. Naddy, 5-4
Third place
Pierce dec. Haman, 7-6
Championship
Jackson dec. Nelson, 3-2
145 POUNDS
Consolation quarterfinals
Nate Adkins, Pepout Lakes-Pine River-Bark
maj. dec. Josh Bernier, Thief River Falls, 11
Luis Cirilo, Johnson, dec. Patrick Vogli, Fitch
9-3
Championship semifinals
Ryan Epps, Cannon Falls, dec. Patrick Kennel
Kasson-Mantorville, 5-1
Logan Axford, Tracy-Milroy-Balaton-Westbro
Walnut Grove, dec. Ben Kelvington, Sci
West, 2-2
Consolation semifinals
Kelvington dec. Adkins, 2-0
Kennedy dec. Cirilo, 11-5
Fifth place
Adkins pinned Cirilo, 3:49
Third place
Kennedy dec. Kelvington, 6-4
Championship
Epps dec. Axford, 1-0
152 POUNDS
Consolation quarterfinals
Coy Thorsen, Ottertail Central, dec. Kirby
Winson, Quad County, 5-4
McCoy Tekautz, Lewisville-Alura-Rushford-
Peterson, dec. Ty Mosser, Perham, 3-2
Championship semifinals
Griffin Parriott, West Prague, pinned Sakai Kelly,
Shiley, 1:45
Devin Fitzpatrick, Mahtomedi, maj. dec. Di
Kuchenbaker, Milaca-Faith Christian, 13-4
Consolation semifinals
Kuchenbaker dec. Thorsen, TB-1, 5-3
Tekautz pinned Kelly, :33
Fifth place
Kelly maj. dec. Thorsen, 12-4
Third place
Kuchenbaker dec. Tekautz, 7-3
Championship
Parriott pinned Fitzpatrick, 1:0
160 POUNDS
Consolation quarterfinals
Tras Bedford, Annandale-Maple Lake, 22-7
pinned Tyler Daily, Maple Edison, 1:26
Parker Hale, GMLOKS, dec. Owen Herzog,
Waconia, 4-1
Championship semifinals
Stomton Nielsen, Leveins, inj. def. Brady Bergo,
Kasson-Mantorville, 9-9
Sam Bailer, Redwood-River Valley, pinned
Lazier Albert Lea Area, 3-2
Consolation semifinals
Bier maj. dec. Eichhoff, 12-3
Eichhoff pinned Bergo, 10-2
Fifth place
Hale inj. def. Bergo
Third place
Bier maj. dec. Eichhoff, 11-1
Fifth place
Eichhoff, 1-0
Championship
Hale dec. Bedford, 5-0
Championship
Bailer dec. Nielsen, 5-2

CLASS A

100 POUNDS
Consolation quarterfinals
Caron Swanson, Belgrade-Brookton-Erossa, dec.
Spencer Miller, Staples-Moiley, 6-4
Dayne Moron, Sibley East, dec. Brent Buysse,
Minnesota, 4-3
Championship semifinals
Jerom Nelson, Kenyon-Wanamingo, pinned
Dillon Miceke, Walker-Hickensack-Akeley-
Nevis, pinned Caleb Clabes, Lake Crystal,
Minnesota, 12-2
Consolation semifinals
Miron dec. Swanson, 12-2
Fifth place
Clabes maj. dec. Swanson, 6-0
Third place
Clark dec. Swanson, 6-0
Championship
Miron dec. Clabes, 10-2
Championship quarterfinals
Mason maj. dec. McGee, 17-3
113 POUNDS
Consolation quarterfinals
Tanner Schermerhorn, Frazee, maj. dec. Zack
Holtz, Kimball, 14-5
Willie Meine, Fertile-Beltrami, pinned Avery
Vanoverbeke, Minnesota, 2:53
Championship semifinals
Hunter Barnett, Pipestone, dec. Ethan Cola,
Kenyon-Wanamingo, TB-1 9-3
Jacob Goving, Dier River, dec. Mark Burlinga, St
Charles, 10-8
Consolation semifinals
Burlinga maj. dec. Schermerhorn, 10-2
Fifth place
Schermerhorn inj. def. Meine, :00
Third place
Burlinga dec. Cola, 6-4
Championship
Burlinga maj. dec. Goving, 15-3
120 POUNDS
Consolation quarterfinals
Eiseban Tiegan, Spectrum, dec. Austin
DeVaenrick, Minnesota, 1-4
Jake Notre, West Central Area, dec. Matthew
Pollock, Dilworth-Glyndon-Fellon, 5-0
Championship semifinals
Noah Bauer, Pine Island, dec. Tanner Pasvogel,
Shiley East, 6-2
Michael Suda, Pipestone, dec. Noah Becker,
LPGE-Browerville, SV-1 9-7
Consolation semifinals
Becker maj. dec. Tiegan, 11-2
Pasvogel dec. Nore, 9-3
Fifth place
Kallenbach dec. Capelle, 29-11
Third place
Allen dec. Harrison, 3-2
Championship
Ryan dec. Schmil, 7-2
220 POUNDS
Consolation quarterfinals
Wyatt Yoemans, Bernhof, dec. Alchan Robbs,
Bloomington-Kennedy, 5-2
Isaac Breuer, Plainview-Elgin-Milville, pinned
Mohamed Hegazi, Columbia Heights, 2:46
Championship semifinals
Kevin Kneisl, Delano, pinned Dylan Wiegand,
Waseca, 2:39
Zachary Jakes, Mankato West, pinned Paxton
Woods, South St Paul, 3:49
Consolation semifinals
Yoemans dec. Woods, 3-1
Wiegand maj. dec. Breuer, 10-1
Fifth place
Breuer pinned Woods, 1:34
Third place
Wiegand dec. Yoemans, 4-1
Championship
Kneisl pinned Jakes, 4:17
285 POUNDS
Consolation quarterfinals
James Anderson, Benilde-St. Margarets, pinned
Tyler Barber, Albany, 2:18
Cassy Vestledahl, Becker, pinned Cody Coullier,
Wabasso-Red Rock Central, 0:20
Championship semifinals
James Huwe, Detroit Lakes, pinned Matt Palmer,
Albert Lea Area, 1:49
Logan Swanson, Menkaio East, dec. Sam
Anderson, Tolino-Grace, 7-4
Consolation semifinals
S. Anderson pinned J. Anderson, 1:19
Vestledahl pinned Palmer, :11
Fifth place
Anderson dec. Palmer, 5-0
Third place

170 POUNDS
Consolation quarterfinals
Treyton Hought, Breckenridge, dec. Garrett
Ploeger, Pipestone, 5-4
Devin Manzy, Zumbrota-Mazepa, pinned
Tanner Bachmann, Frazee, 1:53
Championship semifinals
Michael Oromo, Dover-Eyota, dec. Brett
Kapsner, Pierz, 9-6
Derek Herman, United South Central, pinned
Ted Androll, Kenyon-Wanamingo, 0:28
Consolation semifinals
Androll pinned Hought, 1:44
Mandy dec. Kapsner, 4-1
Fifth place
Kapsner dec. Hought, 3-1
Third place
Mandy dec. Androll, SV-1, 4-2
Championship
Oromo maj. dec. Herman, 16-9
182 POUNDS
Consolation quarterfinals
Keaton Schaefer, Dover-Eyota, dec. Austin
Beaty, Frazee, 7-5
Josh McCown, Prairie Valley, pinned Josh
Some, New London-Spicer, 12:1
Championship semifinals
Keegan Moore, Jackson County Central, pinned
Alec Buellet, Minnesota, 2:3
Caden Steffen, Zumbrota-Mazepa, dec. Luke
Rechtzigel, Kenyon-Wanamingo, 5-2
Consolation semifinals
Rechtzigel dec. Schaefer, 5-4
McCown pinned Buellet, 4:08
Fifth place
Schaefer pinned Buellet, :28
Mandy dec.
McCown pinned Rechtzigel, 4:53
Championship
Cramer dec. Steffen, 25-12
195 POUNDS
Consolation quarterfinals
Reid Seethammer, Dover-Eyota, dec. Jason
Kessle, Royden-Upper-St. Cloud, dec. Jason
Kieran Johnson, Bemisville, 1-0
Kieren Johnson, Bemisville, 1-0
Championship semifinals
Jordan Lopez, Frazee, pinned Lukas Trio, Maple
Ridge, 2:35
Alex G., Caladonia, dec. Sam Erckenbrack,
New York Mills, 10-
Consolation semifinals
Seethammer pinned Erckenbrack, :50
Third place
Lopez dec. Trio, SV-1, 3-1
Fifth place
Erckenbrack pinned Trio, 1:42
Third place
Thompson dec. Seethammer, 3-0
Championship
Lopez pinned Goergen, 3:22
220 POUNDS
Consolation quarterfinals
Trenten Rogich, Lesueur-Henderson, dec. Seth
Donkers, Kenyon-Wanamingo, TB-1 3-2
Eli Craig, Caladonia, dec. Charlie Niemaber,
Bertha-Hewitt-Verndale, 11-4
Championship semifinals
Manuel Garcia, Bold, dec. Teddy Delner, Pierz,
9-2
Karter VanHeuvel, KMS, dec. Tyler Oberg,
Dilworth-Glyndon-Fellon, 3-2
Consolation semifinals
Rogich dec. Oberg, 9-3
Delner dec. Craig, 7-2
Fifth place
Craig pinned Oberg, 3:14
Third place
Rogich dec. Delner, 9-6
Championship
Garcia dec. VanHeuvel, 8-2
285 POUNDS
Consolation quarterfinals
Blake Wolters, Pipestone, maj. dec. Tanner
Austin Jackson, Kenyon-Wanamingo, pinned
David Skiba, Pierz, 4:58
Championship semifinals
Tanner Welsh, Dover-Eyota, dec. Blake Maus,
Caladonia, 1-0
Wyatt Filterer, New Richland-H-E-G, pinned
Trent Esping, Minnesota, 1:02
Consolation semifinals
Wolters pinned Esping, 2:24
Maus dec. Jackson, 6-0
Fifth place
Whitman dec. Buysse, 3-1
Third place
Davis dec. Kroli, 9-2

136 POUNDS

136 POUNDS
Consolation quarterfinals
Ethan Byler, Frazee, 42-3 dec. Cole Kirkner,
Blue Earth Area, 9-2
Alan Siderer, St. Charles, dec. Nolan Booge, Park
Rapids, 6-0
Championship semifinals
Tomas Hegeweg, New London-Spicer, dec.
Ryan Kilsen, Specturn, dec. Lincoln Andri,
Byer dec. Andri, 7-5
Consolation semifinals
Elias dec. Andri, 3-1
Third place
Hegeweg, SV-1, 7-5
Championship
Siderer dec. Kilsen, 5-3
138 POUNDS
Consolation quarterfinals
Brandon Coak, Coak, maj. dec. Jared Suream,
Park Rapids, 13-0
Jake Harndt, Chaffield, dec. Tyler Ryan, Kenyon-
Wanamingo, 9-6
Championship semifinals
Ryan Keach, Dover-Eyota, dec. Kyle Hennel,
Minnesota, 4-3
Grant Johnson, Frazee, dec. Wallace Michels,
Norwood-Young America, 3-2
Consolation semifinals
Harndt dec. Hennel, 7-4
Fifth place
Hennel dec. Michels, 4-1
Third place
Michels, 7-2
Mandy dec. Coyer, 10-7
Championship
Keach pinned Jepson, 3:17
145 POUNDS
Consolation quarterfinals
Adam Knudson, United South Central, dec. Logan
Rogers, Adrian, 4-0
Grant Aschman, Benson, dec. Cameron
Whitcomb, Acker, 5-1
Championship semifinals
Tom Tellers, United North Central, dec. Nick
Karl, Badger-Greenbush-Middle River, 7-5
Bryce Bruner, Minnesota, maj. dec. Lane Heim, St
Charles, 15-1
Consolation semifinals
Heim dec. Knudson, 11-0
Helm dec. Knudson, 8-6
Karl dec. Aschman, 5-2
Fifth place
Aschman dec. Knudson, 11-0
Third place
Karl dec. Helm, 9-5
Championship
Bruner dec. Tellers, 3-0
152 POUNDS
Consolation quarterfinals
Dierich Balsbaugh, Trinity, dec. Kody Lelabvre,
Mahomet-Waubun, 11-5
Michael Preuss, Adrian, dec. Damon
Schmalbreid, Lake Crystal-Wellcome
Memorial Area, 9-4
Championship semifinals
Bailes O'Reilly, Goodhue, dec. Coby Schramel,
Bellevue, 9-9
Jared Novak, Eros, dec. Kollon Eschers, Pierz, 3-2
Eschers dec. Balsbaugh, 3-1
Preuss pinned Schramel, 3:49
Fifth place
Balsbaugh dec. Schramel, SV-1, 5-3
Third place
Eschers maj. dec. Preuss, 15-7
Championship
Coyer dec. Novak, 3-1
160 POUNDS
Consolation quarterfinals
Justin DeWitt, Park Rapids, dec. Brad Kroli,
Leop Buysse, Minnesota, dec. Brady Mehr,
Kinnab, 14-7
Championship semifinals
Alex Erpelding, Staples-Moiley, dec. Brad Kroli,
Royton-Upper-St. Cloud, 8-4
Noah Landrus, Aitkin, dec. Jacob Winjum,
Caladonia, 11-8
Consolation semifinals
Erpelding, 3-1
Davis dec. Winjum, 1-0
Fifth place
Whitman dec. Buysse, 5-4
Third place
Davis dec. Kroli, 9-2



Join us as we work to
Take Down Cancer!

WRESTLERS OF THE WEEK

<u>Varsity</u>	<u>Junior Varsity</u>	<u>Freshman</u>
Dane McDevitt	Blake Plan	Cedric Warner
Collin Dolejs	Phil Melroe	Patrick Rouse
Adam Larson	Adam Bass	Peter Swanson
Mike Delich	Eric Schmidt	Quinn Hoffman
Dan Arehart	Brady O'Neil	Mason Enderlein
Alex Lindstrom	Ben Sammon	Peyton McGowan
Nate Luciano	Cory Brodeur	Carter McKenzie
Logan Estep		Cedric Warner
Alex Burdi		Mason Enderlein
Gage Greenlee		Peter Swanson
Carter Epperson		Cedric Warner
Tim Duffy		
Knowledge Gutierrez		
Alex Lindstrom		
Collin Dolejs		
Mike Delich		
Dane McDevitt		
Tim Duffy		
TEAM 2016		



**EASTVIEW WRESTLER ALUMNI
VARSITY CAREER STATISTICS**

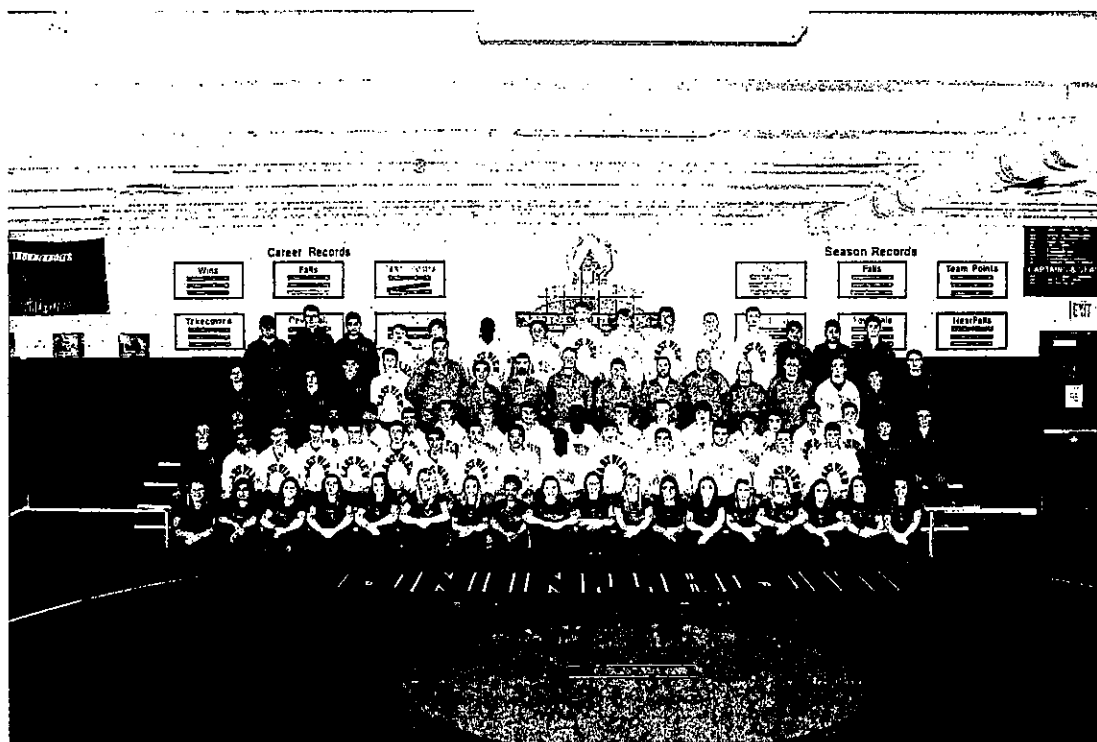
NAME	YEAR	WINS	LOSSES	TD	NF	R	FALLS	TEAM PTS
Tony Rodin	1999	77	23	151	83	36	31	361
Brandon Jones	1999	13	20	31	18	7	5	56
Joe Theisen	1999	5	27	11	7	7	1	22
Brad Okonek	2000	49	50	84	71	24	33	255
Matt Davis	2000	44	61	76	66	25	23	204
Nate Ernst	2000	44	24	94	25	15	19	203
Adam Miller	2000	28	34	64	15	13	14	135
Nick Thompson	2000	27	21	41	23	39	13	126
Chris Verhaeghe	2000	2	3	3	2	1	1	9
Adam Fokken	2001	147	36	349	121	92	83	727
David Rasmussen	2001	66	49	154	60	43	23	298
Brian Putnam	2001	19	21	13	11	7	10	91
Adam Johnson	2001	13	45	39	16	15	7	65
Eric Budd	2001	0	1	0	0	0	0	0
Jon Hanson	2001	0	5	1	0	1	0	0
Kris Carson	2002	0	0	0	0	0	0	0
Mikey Fornicoia	2002	107	31	231	166	84	44	491
Mic Hale	2002	0	1	0	0	0	0	0
Wade Halvorsen	2002	1	0	1	0	1	1	6
Eric Lemm	2002	38	37	53	26	24	16	173
David Pudwill	2002	11	12	10	1	0	4	51
John Getzke	2003	78	46	138	79	50	40	368
Nate Kocer	2003	55	25	71	31	55	45	310
Andrew Lenertz	2003	5	5	12	4	5	2	24
Kevin McBride	2003	110	84	111	89	65	39	307
Chris Shuck	2003	64	59	194	35	17	16	252
Jud Turk	2003	53	57	110	63	26	16	223
James Voyles	2003	50	28	107	12	11	15	213
Jason Berve	2004	0	1	0	0	0	0	0
Pat Dea	2004	79	57	151	123	69	42	322
Kevin Eich	2004	71	61	167	47	26	18	290
Jeremiah Foertsch	2004	48	57	97	50	50	26	228
David Grogg	2004	7	16	14	4	4	3	30
Fred Hwang	2004	12	23	15	9	7	11	74
Ryan Langlais	2004	139	54	449	112	50	55	621
Andy Tighe	2004	2	0	0	0	0	0	12
Cory Wagner	2004	13	12	15	9	7	11	74
Brain Wallenta	2004	4	3	3	3	1	2	24
Tom Chies	2005	12	27	19	9	21	2	48
Steve McMoore	2005	6	8	15	7	9	2	25
Ryan Ruckdashel	2005	54	29	76	30	10	36	292
Sam Voyles	2005	15	12	33	14	8	7	74
Kyle Wilson	2005	19	45	44	8	22	9	97
Justin Armstrong	2006	7	5	4	3	4	5	42
Chris Becker	2006	4	10	3	4	2	1	18
Chad Eul	2006	31	23	40	24	18	17	160
Chris Griep	2006	20	41	27	15	15	8	98
Minh Huynh	2006	100	32	160	148	53	42	458
John Makabe	2006	90	33	190	60	45	47	442
Andrew Nelson	2006	49	44	54	48	46	23	216
Josh Nelson	2006	60	52	156	68	25	20	254
Dillon Powell	2006	32	19	85	21	13	16	149
Abebe Dessalegn	2007	36	24	89	35	13	21	178
Dan Getzke	2007	70	35	142	101	36	39	326
Jacob Nelson	2007	65	25	103	75	35	23	304
Jeff Hanson	2007	1	2	3	0	1	0	3
Andrew Pudwill	2007	12	21	18	3	5	7	61
Alex Bakardjiev	2008	1	7	0	0	2	1	6
Dino Blundetto	2008	18	37	36	11	4	14	105
Scott Kenning	2008	20	30	31	13	11	13	104
David Ly	2008	35	40	53	29	30	16	155
Tony Nguyen	2008	7	8	10	2	1	2	39
Brian Okonek	2008	55	51	91	37	35	27	261
James Pudwill	2008	37	40	54	24	16	26	189
Pat Cox	2009	0	6	1	0	3	0	0

NAME	YEAR	WINS	LOSSES	TD	NF	R	FALLS	TEAM PTS
Matt Franson	2009	11	12	15	6	4	7	59
Ty Groskreutz	2009	65	43	92	59	22	41	323
Scott Hogan	2009	129	25	252	145	75	66	606
Billy Kor	2009	15	24	32	2	8	2	61
Bobby Ladd	2009	21	23	24	11	22	11	100
Dijon Sanders	2009	58	44	74	21	39	17	240
Carl Brown	2010	0	2	0	0	0	0	0
Nick Dodd	2010	37	42	49	28	35	19	170
Cody Groskreutz	2010	82	48	180	58	46	26	341
Alec Johnson	2010	22	25	25	24	26	14	118
Peter Nguyen	2010	48	35	67	50	27	29	249
Nels Pederson	2010	86	35	200	50	50	28	373
Steven Phomphackdy	2010	21	18	29	16	15	6	83
DJ Schliesman	2010	16	30	19	6	11	8	78
Joey Scott	2010	44	46	56	26	17	16	192
Alec Teagarden	2010	8	12	17	5	8	4	36
Josh Weinberg	2010	64	29	74	126	87	27	298
Rob Wietecha	2010	14	23	30	3	7	5	57
Derek Becker	2011	13	18	27	8	8	5	58
Josh Blake	2011	29	18	33	40	31	17	147
Erik Ehresmann	2011	53	31	79	31	10	35	269
Jack Lesch	2011	0	2	2	0	0	0	0
Alex Mitchell	2011	0	0	0	0	0	0	0
Mike Schliesman	2011	0	1	0	0	0	0	0
Ben Schmitz	2011	21	21	33	24	14	5	84
Marcus Shaw	2011	0	0	0	0	0	0	0
Chris Bechly	2012	38	50	71	13	30	13	170
Brendan Cole	2012	13	23	28	10	9	9	73
Adam Foreman	2012	11	18	6	2	7	10	63
Edgar Garcia	2012	35	43	34	10	16	19	189
BJ Groskreutz	2012	85	78	144	70	63	35	389
Zac Groskreutz	2012	7	16	18	28	6	3	38
Matt Henning	2012	26	27	50	39	19	17	137
Greg Howard	2012	25	28	44	12	13	12	122
Matt Ladd	2012	8	5	16	11	3	4	44
Joe Martens	2012	0	2	2	0	1	0	0
Mitch Rechtzigel	2012	158	50	499	98	54	54	674
Nick Zelenak	2012	2	2	1	1	3	1	12
Will Gibson	2013	20	18	36	32	20	9	99
Blake Harris	2013	1	3	0	0	0	0	6
Jonathan Lenz	2013	35	35	60	13	11	21	169
Patrick Mako	2013	3	1	2	1	1	2	18
Vince Metz	2013	11	14	13	3	5	7	64
Anthony Munos	2013	94	62	187	124	92	40	438
David Phomphackdy	2013	0	1	0	0	0	0	0
Jon Watson	2013	4	9	6	1	3	2	18
Jack Buck	2014	57	25	93	29	19	27	281
Tyler Lindgren	2014	28	65	31	22	23	14	146
Billy Marks	2014	23	19	33	33	21	8	103
Ricky Martinez	2014	1	0	0	0	0	0	6
Nick Pegelow	2014	72	31	155	33	21	33	336
Jacob Rukavina	2014	141	68	318	82	58	75	679
Jordan Swanson	2014	23	15	33	12	20	2	96
Tom Delich	2015	45	34	58	14	14	30	228
Luke Dodd	2015	100	54	195	96	45	35	414
Casey Dravis	2015	79	51	71	76	56	37	370
George Farnah	2015	108	25	223	77	42	53	498
Andre Gaubert	2015	1	3	2	1	1	1	6
Zach Habeck	2015	47	63	122	43	25	17	225
Brett Hestness	2015	15	37	34	13	5	9	70
Zach Praus	2015	12	20	21	5	11	11	53
Jack Schliesman	2015	35	29	49	10	2	17	165
Eric Stumpf	2015	39	62	103	31	27	13	166
Daniel Arehart	2016	19	17	38	11	11	10	101
Blake Branch	2016	0	0	0	0	0	0	0
Collin Dolejs	2016	56	26	66	64	65	29	266
Tim Duffy	2016	83	33	119	19	29	54	432
Gavin Greenlee	2016	41	40	73	37	30	24	199
Hamsa Yusuf	2016	1	1	0	0	0	0	6

Returning Letter Winners 2015-2016 Varsity Career Statistics

WRESTLER	GRADE	WINS	LOSS	TD	NF	R	FALLS	TM PTS
Chris Abbey	11	9	16	15	5	5	4	48
Cory Brodeur	11	3	3	3	1	1	2	15
Mike Delich	11	75	21	125	76	32	42	366
Carter Epperson	11	12	18	28	8	10	9	68
Will Florin	11	2	10	8	2	0	0	6
Brendan Formanek	11	61	44	142	45	44	20	270
Knowledge Gutierrez	11	22	18	46	10	1	8	96
Adam Larson	11	6	9	8	2	4	1	24
Alex Lindstrom	11	135	79	336	157	89	64	629
Nate Luciano	11	7	14	15	7	4	3	35
Dane McDevitt	11	37	24	64	30	12	20	203
Phil Melroe	11	1	0	0	0	0	0	6
Mehdi Moukrim	11	12	27	25	11	12	5	52
Ben Sammon	11	5	11	3	0	0	1	18
Logan Tse	11	3	7	4	2	0	0	12
Kyle Brusco	10	1	0	0	0	0	0	6
Logan Estep	10	25	25	25	23	27	14	123
Blake Plan	10	8	11	10	8	10	5	39
Eric Schmidt	10	4	4	4	2	0	1	18
Trever Sharp	10	6	28	8	0	3	2	27
Alex Burdi	9	12	22	19	18	11	4	53
Gage Greenlee	9	51	34	92	64	19	35	268
Mark Norton	9	2	16	19	0	0	0	7
Mason Enderlein	8	5	6	8	5	0	3	26

Other Letter Winners... Jacob Laflex, Adam Bass



EASTVIEW WRESTLING RECOGNITIONS

ALL CONFERENCE

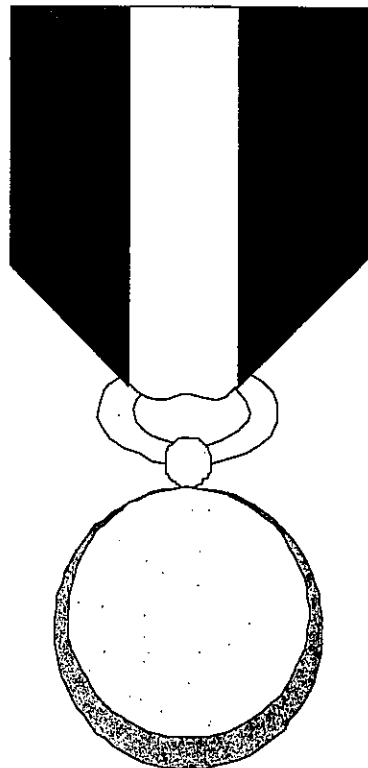
Tony Rodin (2x)
Brad Okonek
Nate Ernst
Adam Fokken (4x)
David Rasmussen
Mikey Fornicoia
Eric Lemm
James Voyles
John Getzke
Nate Kocer
Kevin McBride
Ryan Langlais (2x)
Minh Huynh (2x)
John Makabe(2x)
Ryan Ruckdashel
Scott Hogan (3x)
Jacob Nelson
Andrew Nelson
Dan Getzke (2x)
Chad Eul
Bryan Okonek
Mitch Rechtzigel (3x)
Nels Pederson
Josh Weinberg
Erik Ehresmann
BJ Groskreutz
George Farmah (2x)
Anthony Munos
Jacob Rukavina
Alex Lindstrom
Billy Marks
Luke Dodd (2x)
Nick Pegelow
Mike Delich
Alex Lindstrom
Collin Dolejs
Dane McDevitt
Tim Duffy

SECTIONS CHAMPIONS

Tony Rodin
Adam Fokken
David Rasmussen
Mikey Fornicoia
James Voyles
Nate Kocer
Ryan Langlais
Nels Pederson
George Farmah (2x)
Luke Dodd
Mike Delich
Tim Duffy

STATE QUALIFIERS

Tony Rodin (2x) 4th Place
Brad Okonek
Adam Fokken (3x) 4th Place
 1st Place
David Rasmussen
Mikey Fornicoia (2x) 6th Place
James Voyles
Jud Turk
Nate Kocer 6th Place
John Getzke 5th Place
Ryan Langlais (3x)
Pat Dea
Steve Davis (2x) 4th Place
Minh Huynh (3x) 4th Place
John Makabe
Ryan Ruckdashel
Dan Getzke
Chad Eul
Jacob Nelson
Will Jackson 4th Place
Nels Pederson
Dijon Sanders
Mitch Rechtzigel 2nd Place
BJ Groskreutz
Jacob Rukavina (3x) 3rd Place
George Farmah (2x) 2nd Place
 2nd Place
Luke Dodd (2x)
Nick Pegelow
Tim Duffy (2x) 5th Place
Alex Lindstrom (2x) 5th Place
Collin Dolejs
Mike Delich (2x) 4th Place
Dane McDevitt



Season Captains & Team Motto

Year	Captains	Motto
1998	Matt McDonald, Joe Theisen	<i>Lightning Strikes</i>
1999	Tony Rodin, Joe Theisen	<i>Attitude and Effort</i>
2000	Nate Ernst, Brad Okonek, Adam Fokken	<i>Team 2000: Paving the Way</i>
2001	Adam Fokken, Mikey Fornicoia	<i>Courage to Succeed</i>
2002	Mikey Fornicoia, John Getzke, Eric Lemm	<i>Mission Possible: 2002</i>
2003	John Getzke, Kevin McBride, Jud Turk, James Voyles	<i>Fight! Inch ... By ... Inch</i>
2004	Kevin Eich, Jeremiah Foertsch, Ryan Langlais, Tyler Cookas	<i>The Long March</i>
2005	Ryan Ruckdashel, Sam Voyles, Kyle Wilson	<i>No Guts, No Glory</i>
2006	Chad Eul, Minh Huynh, Josh Nelson	<i>Our Vision, Our Mission</i>
2007	Dan Getzke, Jake Nelson	<i>Storm The Matt</i>
2008	Bryan Okonek	<i>Prepare for Battle</i>
2009	Scott Hogan, Ty Groskreutz,	<i>Something More</i>
2010	Cody Groskreutz, Nels Pederson	<i>Eye of the Storm</i>
2011	Mitch Rehtzigel, Josh Blake, Ben Schmitz	<i>Trained Tough</i>
2012	Mitch Rehtzigel, BJ Groskreutz, Chris Bechly	<i>Aim Towards the Enemy</i>
2013	Jonathan Lenz, Anthony Munos, Jacob Rukavina	<i>Respect All, Fear None</i>
2014	Jack Buck, Billy Marks, Nick Pegelow	<i>Leave No Doubt</i>
2015	Luke Dodd, Casey Dravis	<i>Pain is Temporary, Pride is Forever</i>
2016	Mike Delich, Tim Duffy, Alex Lindstrom	<i>Think Strong—Be Strong—Finish Strong</i>

Season Statistics

	Wins	Losses	Ties	Conf. Wins	Conf. Place	State Qualifiers
1998	3	19	1	1	9 th	1
1999	6	14	1	2	7 th	2
2000	18	4	0	7	2 nd	3
2001	14	8	0	5	5 th	4
2002	16	9	0	6	4 th	3
2003	21	5	1	7	2 nd	4
2004	13	15	0	4	5 th	3
2005	12	14	0	3	7 th	3
2006	24	7	0	8	2 nd	3
2007	13	7	0	5	4 th	3
2008	14	10	0	5	4 th	0
2009	18	9	0	7	2 nd	2
2010	21	6	0	8	2 nd	0
2011	14	13	0	4	4 th	0
2012	12	15	0	2	7 th	3
2013	16	8	0	4	4 th	1
2014	21	5	0	5	3 rd	4
2015	18	7	0	4	7 th	7
2016	16	9	0	4	6 th	5
Totals	290 wins	184 losses			.611 winning percentage	

Season Awards

Most Valuable Varsity Wrestler of the Year		2002 Tyler Cookas	2010 Nick Dodd & Cody Groskreutz
1998 Tony Rodin	2003 Troy Fokken	2011 Erik Ehresmann	
1999 Adam Fokken	2004 Ryan Stepan	2012 Chris Bechly	
2000 Adam Fokken	2005 Trever Sutherland	2013 Anthony Munos	
2001 Adam Fokken	2006 Scott Hogan	2014 Jack Buck & Tyler Lindgren	
2002 Mikey Fornicoia	2007 Cody Groskreutz	2015 Casey Dravis & Tom Delich	
2003 Nate Kocer	2008 Matt Galloway	John Rodin Service Award	
2004 Ryan Langlais	2009 Brad Hogan	1998 Brad Okonek	
2005 Minh Huynh	2010 Anthony Munos	1999 Brad Okonek	
2006 Minh Huynh & John Makabe	2011 Jacob Rukavina	2000 Andrew Lenertz	
2007 Jacob Nelson & Dan Getzke	2012 George Faramah	2001 John Getzke	
2008 Scott Hogan	2013 Tim Duffy	2002 Cory Wagner	
2009 Scott Hogan	2014 Alex Lindstrom	2003 Cory Wagner	
2010 Nels Pederson	2015 Eric Schmidt	2004 Ben Foertsch	
2011 Mitch Rehtzigel	Most Improved Wrestler of the Year		2005 Dante Hendricks
2012 Mitch Rehtzigel	1998 Nate Ernst	2006 Pat Cox	
2013 Jacob Rukavina	1999 Nick Thompson	2007 Joey Scott	
2014 Jacob Rukavina & George Faramah	2000 Brad Okonek	2008 Nick Dodd	
2015 George Faramah & Luke Dodd	2001 David Rasmussen	2010 Jacob Rukavina	
Most Valuable Junior Varsity Wrestler of the Year		2002 Eric Lemm	2011 Levi Groskreutz
1998 Jim Maloney	2003 Jud Turk	2012 Billy Marks	
1999 Tyrel Narva	2004 Minh Huynh	2013 Nick Pegelow	
2000 Chris Verhaeghe	2005 Josh Nelson	2014 Brendan Formaneck	
2001 David Pudwill	2006 Chad Eul	2015 Brendan Formaneck	
2002 Andrew Lenertz	2007 Dijon Sanders	Wrestling Manager Hall of Fame	
2003 Andrew Lenertz	2008 Nels Pederson	2000 Erinn Roos	
2004 Brian Wallenta	2009 Nels Pederson & Josh Weinberg	2001 Rachel Davis	
2005 Chad Eul	2010 Eric Ehresmann	2003 Kari Okonek	
2006 Mike Redig	2011 Anthony Munos & Josh Blake	2006 Ashley Langlais	
2007 Jeff Hanson	2012 BJ Groskreutz	2009 Libby Carroll	
2008 Josh Weiberg	2013 Will Gibson	2010 Brooke Larson & Sara Olson	
2009 Nick Dodd	2014 Jordan Swanson	2013 Hannah Habeck	
2010 Alec Teagarden	2015 Jack Schliesman	Wrestling Scholarship Recipients	
2011 Matt Henning	Lightning Award		2005 Kyle Wilson
2012 Matt Ladd	1998 Chris Verhaeghe	2006 John Makabe	
2013 Billy Marks	1999 Chris Verhaeghe	2007 Jacob Nelson	
2014 Jack Schliesman	2000 Brian Putnam	2008 David Ly	
2015 Carter Epperson	2001 Brian Putnam & Eric Budd	2009 Robert Ladd	
Most Valuable Freshman Wrestler of the Year		2002 David Pudwill	2010 Nick Dodd
1998 Adam Fokken	2003 Jud Turk & John Getzke	2011 Ben Schmitz	
1999 Mikey Fornicoia	2004 Jeremiah Foertsch	2012 Chris Bechly	
2000 Bryan Lewis	2005 Sam Voyles	2013 Jonathan Lenz	
2001 Steve Davis	2006 Chris Griep & Dillon Powell	2014 Billy Marks	
	2008 Bryan Okonek & David Ly	2015 Luke Dodd & Brett Hestness	
	2007 Abebe Dessalegn & Andrew Pudwell		
	2009 Bobby Ladd & Matt Franson		

Eastview Distinguished Athletes



Adam Fokken
Football, Wrestling & Track
2001 Athlete of the Year
2001 Scholar Athlete
2000 4th Place State - 189 lbs.
2001 State Champion - 189 lbs.



Ryan Langlais
Football, Wrestling & Baseball
2004 Athlete of the Year
3X State Qualifier
2004 Section Champion - 160 lbs.



Ryan Ruckdashel
Football, Wrestling & Track
Distinguished Athlete & Scholar
2004 MSHSL ExCEL Winner
2005 State Qualifier & Team Captain



Scott Hogan
Soccer & Wrestling
Distinguished Athlete
129 Career Wins
Team Captain



Ty Groskreutz
Football, Wrestling & Baseball
2001 Scholar Athlete
3 Sport Letter Winner
Team Captain



Cody Groskreutz
Wrestling & Baseball
Athlete of the Year
82 Career Wins
Team Captain 2010



Ben Schmitz
Wrestling & Soccer
Distinguished Scholar Athlete
Section Place Winner
Team Captain 2011



Jonathan Lenz
Wrestling & Soccer
Scholar Athlete of the Year
Section Place Winner
Team Captain 2013



Nick Pegelow
Football & Wrestling
Distinguished Scholar Athlete
State Qualifier
Team Captain 2014



Jack Buck
Football, Wrestling, Track
Athlete of the Year
Three Sport Letter Winner
Team Captain 2014



Wall of Excellence

Criteria: State Place Winner, finish the program in good standing, and graduate from Eastview High School.



Tony Rodin
1998 - 4th Place
125 lbs.



Adam Fokken
2000 - 4th Place 189 lbs.
2001 - State Champ
189 lbs.



Mikey Fornicoia
2002 - 6th Place
130 lbs.



John Getzke
2003 - 5th Place
152 lbs.



Nate Kocer
2003 - 6th Place
189 lbs.



Minh Huynh
2005 - 4th Place
103 lbs.



Mitch Rehtzigel
2012 - 2nd Place
160 lbs.



Jacob Rukavina
2014 - 3rd Place
160 lbs.



George Farmah
2014 - 2nd Place
2015 - 2nd Place
126 lbs.



Luke Dodd
2015 - 2nd Place
182 lbs.

Section Champions

Mikey Fornicoia, Tony Rodin, Adam Fokken,
David Rasmussen, James Voyles, Nate Kocer, Ryan Langlais,
Nels Pederson, George Farmah, Luke Dodd

THE GUILLOTINE

Website for the Minnesota
amateur wrestling community

Class AAA Teams 1/29/2016

1. Apple Valley (2)
2. St. Michael-Albertville (5)
3. Anoka (7)
4. Shakopee (2)
5. Farmington (1)
- 6. Eastview (2)**
7. Willmar (8)
8. Prior Lake (2)
9. Hastings (3)
10. Eagan (3)
11. St. Francis (7)
12. Owatonna (1)

Lean and Mean

Centennial (4), Faribault (1), Little Falls (8), St. Cloud Tech (8), Cambridge-Isanti (7), Brainerd/Pillager (8), Moorhead (8), Coon Rapids (7), Lakeville South (1), Mounds View (4), Wayzata (5), Minnetonka (6)

Commitment To Excellence

How good do you want to be? If your answer is, "good enough to get by," than a commitment to excellence is not necessary, but if your completely honest answer is, "the best," you must make a total commitment to excellence.

Wrestlers are born with varying degrees of natural ability. Sacrifice and a commitment to excellence are required to develop that ability. Time, hard work, continuous practice and repetition all go into the making of a good athlete.

To be a winner you must be willing to make sacrifices. This means maintaining good training habits, getting the proper amount of rest, and eating a balanced diet.

You can be as great as you want to be. If you believe in yourself and have the courage, determination, dedication, competitive drive, and if you are willing to give up the little things in life to accomplish an ultimate goal down the road, you will succeed!

In our years of involvement in athletics, we have seen athletes make a sincere commitment to excellence. They had a burning desire to be not just good, but great. They craved coaching. They wanted to learn a new wrestling move every day. They worked harder than the other wrestlers during the season and they never stopped working in the offseason. They went out of their way to look for tougher competition. Finally, they were stubborn - they refused to settle for anything less than the best.

As a result, each was a big winner. There was no luck or chance involved; these wrestlers worked hard so they would always have an edge when they went into their matches. They knew they would win...and they did.

A commitment to excellence means you must be willing to work hard, to push yourself physically until it hurts. We believe that any wrestler who walks off the mat after a full match and is not physically spent has not worked to his physical potential.

If you have a true commitment to excellence you will give up anything that does not help you become better as an athlete or a person. Don't be content with mediocrity- strive to live up to the greatness within you.

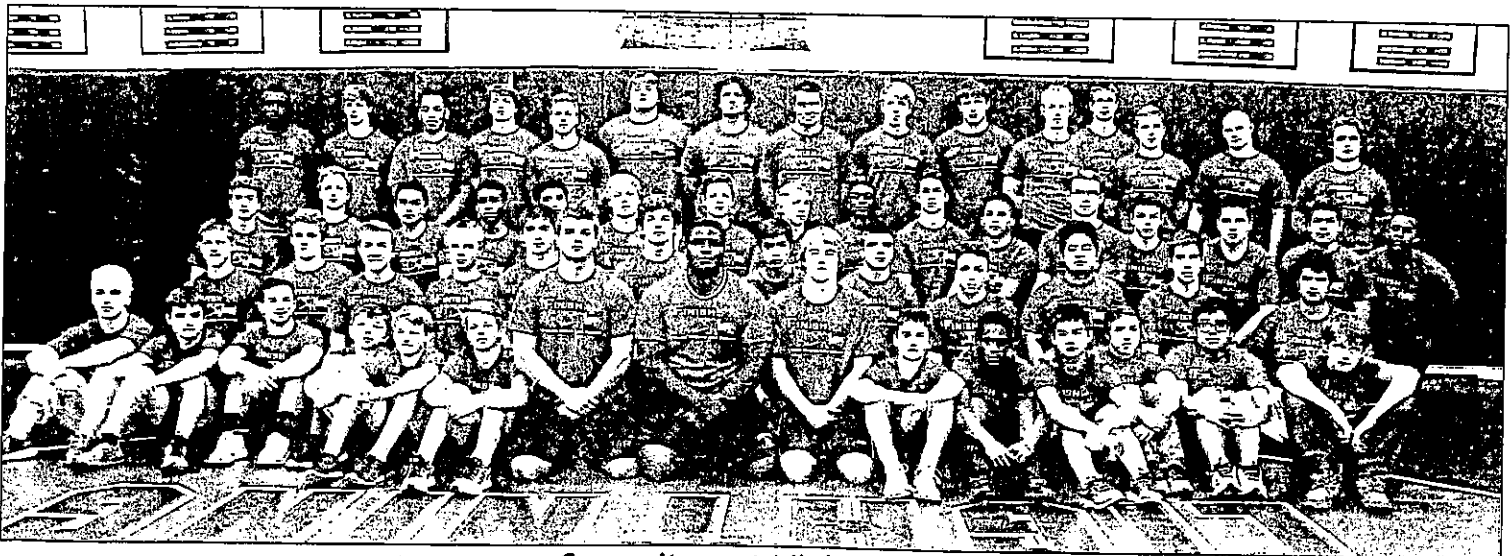
COMMITMENT NIGHT: This is a night for you to pledge your commitment to excellence in the Eastview Wrestling program. This night will involve activities that encourage you to reflect on your goals and to discuss what it will take to reach those goals. Also, this night will emphasize each wrestler's commitment to the whole team. We depend upon each wrestler to succeed. Your complete commitment is crucial to the success of the team. You deserve to give yourself the best opportunity to succeed. **BE THE BEST YOU CAN BE!**

The great coach Vince Lombardi had this to say about making the commitment to excellence:

"For the winner there is 100 percent elation, 100 percent laughter, 100 percent fun and for the loser the only thing left is a 100 percent resolution and 100 percent determination. The game, I think, is a great deal like life. Every man makes his own personal commitment toward excellence and toward victory. Although you know ultimate victory can never be completely won, it must be pursued with all of one's might and each week there is a new encounter, each year a new challenge.

"I'd like to say that the quality of any man's life is a full measure of that man's personal commitment to excellence and to victory, regardless of what field he may be in."

MAKE A COMMITMENT TO EXCELLENCE!



Commitment Night 2015

One-and-done issue is still a sore subject

'It's just not fair for kids, one coach says

By Jace Freiderick
jfrederick@pioneerpress.com

Eastview junior Alex Lindstrom is Willmar senior Colton Carlson's biggest fan. At least for six minutes every February.

Three Eastview wrestlers placed eighth at the Christmas Tournament — junior Alex Lindstrom (160), senior Collin Dolejs (170) and senior Tim Duffy (285). Duffy went 3-2 in the tournament; his two losses were by injury default. They are among the wrestlers who helped the Lightning rise to ninth in the state Class 3A rankings and build an 8-1 dual-meet record (with the only loss to Apple Valley).

Eastview's Mike Delich, who is ranked second in Class 3A at 195, went 2-2 in the tourney, with both losses coming against wrestlers ranked in the top five in Minnesota.

For the second straight year, Lindstrom lost to Carlson in the first round of the state wrestling tournament Thursday at the Xcel Energy Center. That started the waiting game.

Lindstrom sat around for hours, waiting for Carlson's next match in the Class 3A, 160-pound quarterfinals. If Carlson won, Lindstrom

ONE AND DONE, 3B

The Lightning made its annual trip to the Bi-State Classic La Crosse, Wisconsin, finishing eighth in Division 1 and 16th overall out of 58 teams. Sophomore Mike Delich won one of his six matches to place second at 195. He is 13-3 this season.

Also placing were Alex Lindstrom, who was 5-2 at 160 to finish fifth, and Dane McDevitt, who was 4-3 at 220 and finished fourth. Mehdi Moukrum (126) and Collin Dolejs (170) each went 3-2 in the tournament.

CONTINUED FROM 1B

One and done

Lindstrom came through for an upset victory in the second round to keep Lindstrom in the tournament. That whole match, and he ended up winning," Lindstrom said. "It's weird."

Lindstrom won in the quarterfinals Thursday, again keeping Lindstrom alive. The Eastview junior is one of the lucky ones. Each year, four wrest-

lers from each weight in each class are sent home after one defeat when the first-round opponent they lost to then loses in the quarterfinals.

"I feel bad for the people who lose one and they're done," Lindstrom said. "Their high school career might be done just because they lost one match."

Such was the case for Park senior Collin LaBrosse on Thursday.

He lost 5-0 to Apple Valley's Jalen Thul in the first round of the 188-pound bracket. Thul then lost to St. Michael-Albertville's Mitchell McKee in the second round to seal LaBrosse's fate. It was the second straight year LaBros-

were seeded, increasing the likelihood that the best wrestlers wouldn't be bounced before getting a second match thanks to a bad draw. Habeck said there's now a better chance that the wrestlers sent home after the first round are the lowest-quality wrestlers.

"(But) there's no guarantees of that," he said. "When it was a random draw, you were getting state place winners that were one-and-done and they didn't get a second chance. That's very unfortunate."

Habeck said every year coaches ask the Minnesota State High School League for a double-elimination tournament, but it doesn't look to be

in the cards.

In an email, MSHSL associate director Craig Perry said the current format and space provide logistical issues, plus adding more matches into the fold. Only eight mats fit on the Xcel Energy floor, and Friday and Saturday are already all-day affairs to wrestle through the individual tournaments.

"Time is a big issue," Habeck said. "I think if we had a better time schedule (double-elimination) probably would be (an option). I don't think the State High School League is against it. But just trying to make it work with the system we have right now just doesn't work very well. It's unfortunate."

nate, because kids work so hard."

Lindstrom said he understands why the system is the way it is. He said a true double-elimination tournament might require a third day for the individual tournament, but it's still something he'd like to see soon.

"We're all willing to stick around another half-hour or 45 minutes or whatever it would take to do that wrestle-back round," Jim LaBrosse said. "Whatever — starting out earlier or staying later, we're here, so why not do it?" "It's always been this way." Mahtomedi coach Joe Leif said. "To try to get them to change it is pretty hard."

Sports

ALEX LINDSTROM
Eastview • wrestling
The junior
152-pounder improved
to 28-6 on the season
with his third consecu-
tive undefeated week.

He went 4-0, including a victory over
Bailee O'Reilly of Goodhue (Class 1A,
No. 4 at 160), and won all three
matches at Armstrong Duals.

Tigers, Lightning take top two places at Eastview invite

by **Mike Shaughnessy**
SUN THIS WEEK
DAKOTA COUNTY TRIBUNE

Twelve Farmington
wrestlers placed as the
Tigers, ranked fourth in
Class 3A, won the East-
view Lightning Invitation-
al on Saturday.

Farmington's Victor
Gliva (113 pounds) and
Taylor Venz (182) won
individual championships
as the Tigers finished 23
points ahead of runner-up
Eastview. The Lightning,
which had one individual
champion, edged Centen-
nial for second place by
half a point.

Centennial is ranked
12th in Class 3A. Scott
West, ranked sixth in
Class 2A, finished fifth
of 11 teams in the East-
view tourney. Rosemount
placed ninth and had one
individual champion.

Farmington coach
Chad Olson said it was the
Tigers' first championship
in a tournament with in-
dividual scoring since De-
cember 2002.

Gliva won his 100th
career match on his way
to the Eastview tourney.



Eastview's Danny Arehart locks up with Kyle Heusbourg of Farmington during a South Suburban Conference dual meet Friday night. Farmington won 46-22, the next day Farmington and Eastview finished first and second in the Eastview Invitational. (Photo by Mike Shaughnessy)

championship at 113. He
pinned all three of his op-
ponents in the first period.
Gliva (26-1) pinned Bailey
Thurmes of Park of Cot-
tage Grove in 1 minute, 12
seconds in the champion-
ship match.

Venz (25-2) beat his
first two opponents by
technical fall before ear-
ning a 6-4 decision over Ty-
ler Buesgens of Scott West
in the final. Venz is ranked

second at 182 in Class 3A,
while Buesgens is fifth at
195 in Class 2A.

Three other Tiger wres-
tlers reached the finals:
Trayton Anderson (106),
Mason Hawkins (195) and

Trevor Frost (285).

Eastview junior Alex
Lindstrom (21-6) pinned
two of his three opponents
en route to the 160-pound
championship. He defeat-
ed Chris Wisted of Wi-
nona by fall in 1:48 in the
final.

The Lightning's
Knowledge Gutierrez
(145), Collin Dolejs (170),
Mike Delich (195), Dane
McDevitt (220) and Tim
Duffy (285) were third in
their weight classes.

Reuben Cephas of
Rosemount improved to
14-5 with his 7-4 victory
over Trayton Anderson in
the championship match
at 106. Cephas and Ander-
son (15-7) are ranked sixth
and seventh in Class 3A.

Centennial's Jakob
Bergeland decided
Adam Hedin of Rose-
mount 8-5 in a featured
match for the 132-pound
championship. The loss
ended Hedin's 68-match
winning streak dating to
the start of the 2014-15
season.

Bergeland is ranked
fourth in Class 3A at 132.
Hedin (23-1) is ranked sec-

ond at 138 but is the de-
fending state 132-pound
champion.

Hedin won his first two
matches in the Eastview
tourney by technical fall
and major decision.

Diondre Lodge of
Rosemount placed third at
138.

Farmington 46, Eastview 22

Farmington defeated
Eastview 46-22 on Friday
night in a South Suburban
Conference dual meet be-
tween two of the top seven
teams in the guillotine.com
Class 3A state rankings.

The fourth-ranked Ti-
gers clinched the match
with Taylor Venz's major
decision over Mike Delich
at 195 pounds. Farming-
ton is 15-6 in dual meets,
with nine of its victories
coming against ranked op-
ponents.

Eastview is 13-2, with
its only two losses against
Farmington and No.
1-ranked Apple Valley.

Mike Shaughnessy is at mike.shaughnessy@scrm-inc.com.



Eastview's five state qualifiers pose with their brackets from the Class 3A, Section 2 individual wrestling tournament at Eastview High School. (Submitted photo)

out. I have enough body control where I don't have to try out those things. I just have to wrestle basic, wrestle smart."

Rosemount senior Adam Hedin (132) and Apple Valley sophomore Gable Steveson (220) also are defending state champions in Class 3A. Also returning to the Xcel Energy Center are Farmington senior Taylor Venz, who won a state title in 2013, and Lakeville North junior Wade Sullivan, a state champion in 2014.

After the state team championships are decided Thursday (Apple Valley is seeking an 11th consecutive state title, and Farmington is among the final eight teams), the individual tournament takes over Friday and Saturday.

Ianyi Besong, junior, 31-10. Section 2 runner-up at 285.

Eastview

Alex Lindstrom, junior, 31-10. Section 2 runner-up at 160. Two-time state qualifier.

Collin Dolejs, senior, 35-7. Section 2 runner-up at 170.

Mike Delich, junior, 30-6. Section 2 champion at 195. Two-time state qualifier.

Dane McDevitt, junior, 29-11. Section 2 runner-up at 220.

Tim Duffy, senior, 30-6. Section 2 champion at 285. Two-time state qualifier; placed fifth last year.

Email Mike Shaughnessy at mike.shaughnessy@ecm-inc.com.

Lightning's Delich 4th



Eastview junior Mike Delich tries to pull out of the grasp of Anoka's Jeremy Rodman in the 195-pound third-place match at the state Class 3A wrestling tournament. Rodman won 6-1. The fourth-place finish closed a 33-8 season for Delich, one of five Eastview wrestlers to qualify for last weekend's state tournament at Xcel Energy Center. Alex Lindstrom (34-12) was 3-2 at state and finished fifth at 160. Collin Dolejs (35-9) lost to the fifth- and sixth-place finishers at 170. Dane McDevitt (29-12) lost his only match at 220 and Tim Duffy (30-7) lost his only match at 285. (Photo by Mike Shaughnessy)



Prince Hyeamang of Apple Valley tries to pull Daniel Archart of Eastview back to the mat during the 182-pound championship match at the Class 3A, Section 3 individual tournament. Hyeamang won 8-2 to qualify for the state tourney. (Photo by Mike Shaughnessy)

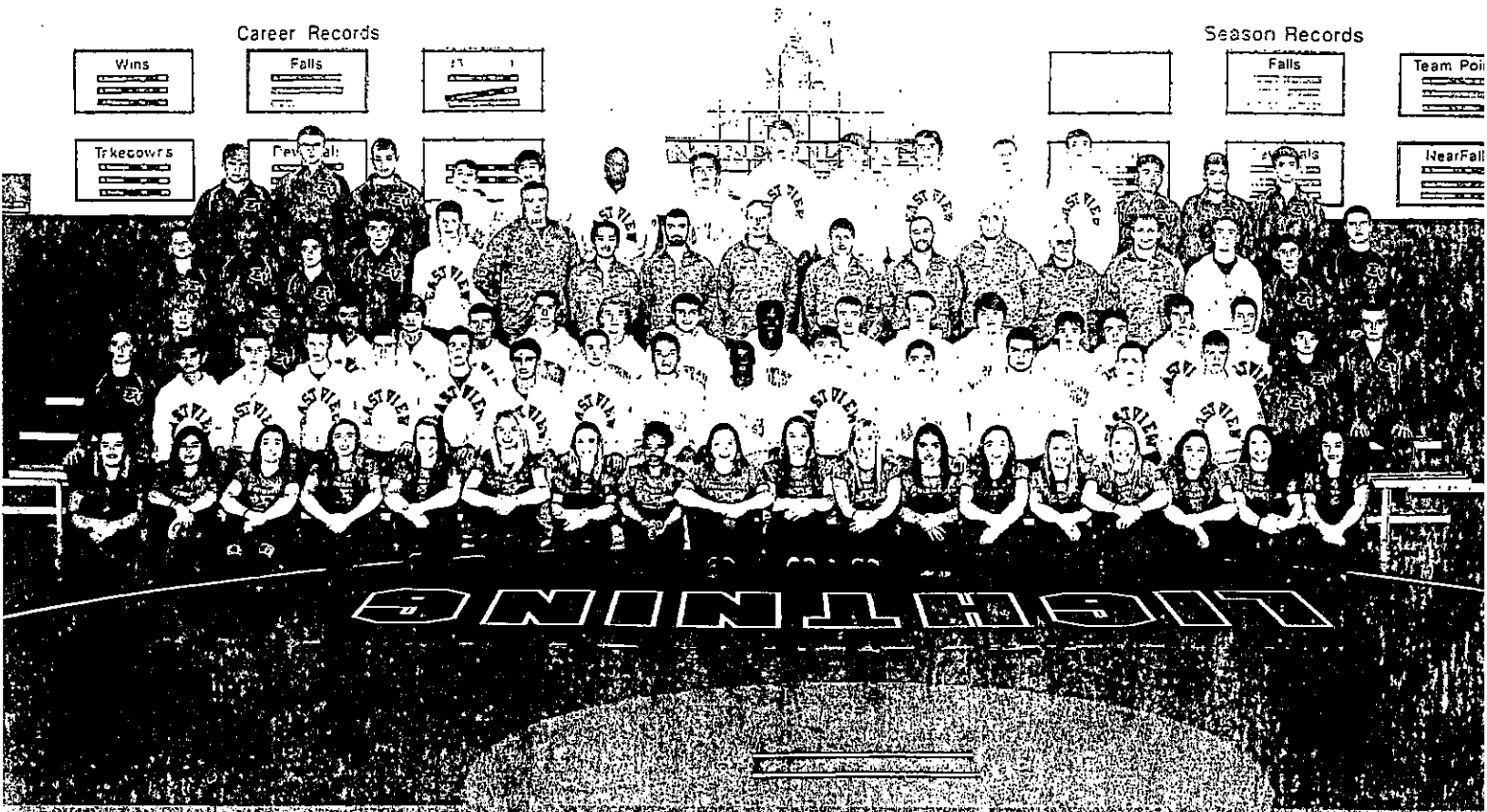


EASTVIEW FINISH

WRESTLING



THINK STRONG - BE STRONG



Career Records

Season Records

Wins

Falls

Falls

Team Poi

Takeovers

Revs

Falls

Near Fall

FINISH

2015-2016