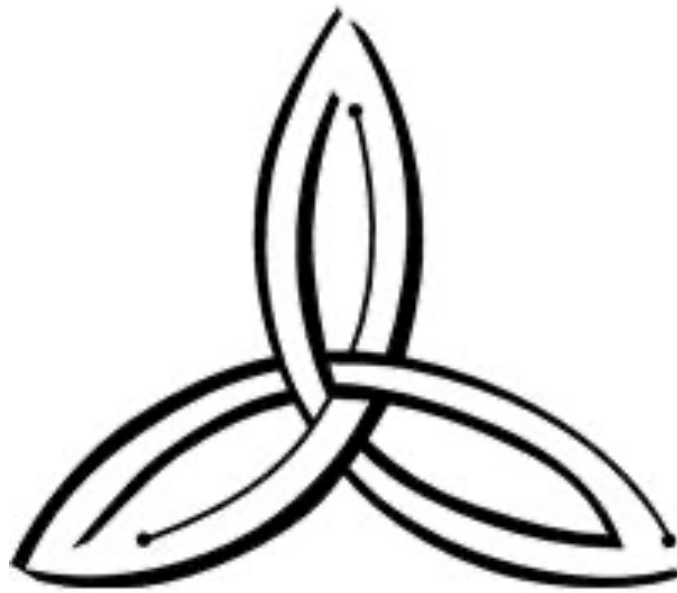


# Bellevue 主愛堂

三一主日



時間：2026年5月31日 9:30 ~ 10:30

地點：411 156th Ave NE Bellevue WA 98007

聯絡：Pastor Wendy Cheung, 206-972-1115

網頁：[loveofchristlutheran.org](http://loveofchristlutheran.org)

「你們要彼此相愛，像我愛你們一樣，這就是我的命令」(約翰福音 15:1)

序樂

宣召

奉聖父、聖子、聖靈的名，阿們！

眾立

哈利路亞！聖哉！聖哉！聖哉！萬軍之耶和華；祂的榮光充滿全地。哈利路亞！（以賽亞書 6:3）

詩歌 # 233 聖哉！聖哉！聖哉！全能大主宰

認罪與宣赦

牧師：讓我們向上帝承認我們的罪。

（安靜默想）

會眾：

滿有憐憫的上帝，我們向祢承認我們一切的罪。我們所背負的重擔沉重，靠自己無法得著釋放。求祢憑著憐憫呼喚我們回到祢面前。因為祢的軛是容易的，祢的擔子是輕省的。求祢重新建立我們，使我們安居在祢所賜的平安之中。我們奉基督的聖名禱告。阿們。

牧師：

耶穌說：「凡勞苦擔重擔的人，可以到我這裡來，我就使你們得安息。」  
奉上帝——聖父、✠ 聖子、聖靈的名，你們的罪已蒙赦免。願你們安息在上帝的慈愛之中。

會眾：阿們。

## 禱告

### 牧師：讓我們禱告

全能的創造主、永活的上帝，我們敬拜祢，祢是永恆的三位一體；我們讚美祢的大能，祢們是一體中的三位真神。求祢保守我們堅守這信仰，在一切患難與試探中護衛我們；並帶領我們進入祢榮耀的同在，在那裡享受永不止息的喜樂與慈愛。聖父、聖子、聖靈，獨一的真神，永遠掌權，從今時直到永永遠遠。阿們！

## 兒童信息

### 詩歌 # 498 榮耀主聖名

### 讀經 哥林多後書 13:11-13

弟兄姊妹們，最後，我還有話說：要喜樂；要追求完全；要接受勸勉；要同心合意；要彼此和睦。如此，賜慈愛與平安的上帝必與你們同在。你們要用聖潔的親嘴彼此問安。眾聖徒都向你們問安。願主耶穌基督的恩惠、上帝的慈愛、聖靈的團契常與你們眾人同在。阿們。

### 福音題 馬太福音 28:16-20

十一個門徒往加利利去，到了耶穌約定的山上。他們見了耶穌就拜他，然而還有人疑惑。耶穌進前來，對他們說：「天上地下所有的權柄都賜給我了。所以，你們要去，使萬民作我的門徒，奉父、子、聖靈的名給他們施洗。凡我所吩咐你們的，都教訓他們遵守。我就常與你們同在，直到世界的末了。」

## 講道

回應詩歌： # 13 慈愛天父，我心真感激祢

### 使徒信經

眾立

**牧師：**讓我們用使徒信經來承認我們的信仰。

我信上帝、全能的父、創造天地的主。

我信耶穌基督、上帝的獨生子、我們的主；因著聖靈成孕、由童女馬利亞所生；在本丟彼拉多手下遇難，被釘在十字架上、死了、葬了；下到陰間；第三天從死裡復活；後升天，坐在無所不能的父上帝的右邊；將來要從那裡降臨，審判活人、死人。

我信聖靈；一聖基督教會；聖徒相通；罪得赦免；肉身復活；並且永生。阿們！

## 代禱

每一個禱告之後，**牧師**說：「主啊！靠著你的憐憫」，請會眾以「聽我們的禱告」來回應。

## 奉獻

詩歌 # 303 天父，我敬拜祢

奉獻禱告（牧師與會眾同聲感謝）

慈愛的上帝，我們將心中的感恩與奉獻獻在祢的聖桌前。求祢幫助我們全心信靠祢，常常以祢為我們的滿足與力量；也使我們樂意分享祢所賜的愛與恩典。願我們藉著慷慨的給予和愛心的服事，成為祢恩典的管道，使萬有都能品嚐祢豐盛的供應與慈愛。我們這樣禱告，是靠著如今與我們同在、並永遠住在我們裡面的聖靈。奉主耶穌基督的聖名，阿門！

## 彼此問安

在我們領受聖餐前，我們先彼此問安，彼此祝福。賜平安的主與我們每個人同在，也讓我們用主賜的平安向在我們身邊左右的弟兄姊妹彼此問安。

## 聖餐禮

起立

## 主禱文 Lord's Prayer

我們期待主耶穌榮耀的再來，讓我們用祂教導我們的禱告向主祈求：

會眾：

我們在天上的父，願人都尊你的名為聖。

願你的國降臨，願你的旨意行在地上如同行在天上。

我們日用的飲食，今日賜給我們。

免我們債，如同我們免了人的債。

不叫我們遇見試探，救我們脫離兇惡。

因為國度、權柄、榮耀全是你的，直到永遠。阿門！

召請

牧師：天國已經臨近。來吧！一起分享主所預備的筵席！

領聖餐後禱告 ( Prayer after Communion )

施餐

請按次序來到前面，雙手呈十字架，領受耶穌的身體和寶血。

詩歌 # 322 主禱文

感謝禱告

滿有憐憫的上帝，藉著這餅和杯的恩賜，祢豐盛的慈愛充滿了我們的心。求祢堅固我們，使我們藉著這神聖的筵席得著力量，如同祢白白地將愛賜給我們，也使我們能自由、慷慨地將祢的愛分享給他人。我們這樣禱告，是靠著如今滋養我們、並永遠與我們同在的。聖靈奉主耶穌基督的聖名，阿門！

祝福 **Blessing**

眾立

**牧師**：惟願主賜福你，保護你，願主用面上的榮光照你賜恩與你，願主眷顧你，賜你憑康。奉聖父、聖子、聖靈的名。阿門！

報告

## 差遣詩歌 #406 救世主凡事引導我

在唱第三節時走向門口，站在受洗盆前

牧師：主耶穌說：「父差遣了我，我也照樣差遣你們」靠著上帝的恩典，藉著在主耶穌基督裏的信心，我們被呼召去……

會眾：同心敬拜三位一體的真神上帝，( Gather)

在我們救主耶穌基督的恩典和知識上有長進，(Grow)

與人同得福音的好處，(Go)

使用上帝給我們的各樣恩賜，彼此服事，彼此款待，(Give)

並將一切榮耀，感謝歸給神。(Glory) 阿門！

牧師：你們要平平安安的去，快快樂樂的事奉主！會眾：**thanks be to God.**  
殿樂

### 報告事項

- 1, 歡迎所有的弟兄姊妹一起來敬拜神. 如果您是第一次來，歡迎你留下電話或是 email, 也歡迎加入我們的「每日箴言靈修」微信群，我們可以彼此聯絡。  
若有奉獻可以採用現金，支票，Zelle 的方式來支持教會聖工的發展。
- 支票奉獻 ( 抬頭請寫：Love of Christ Lutheran Church )
  - Zelle 奉獻 ( 帳號 Email：offering.loveofchrist@hotmail.com )

## 2. Stewardship (管家職分) 講座

Pastor Larry 將於 6 月 14 日 (主日) 上午 11:00–12:00 繼續帶領 Stewardship (管家職分) 系列 (2) 講座。歡迎弟兄姊妹預留時間踴躍參加，一同學習如何作神忠心良善的管家，在信仰與生活中榮耀神。

## 3. 為衛青益姊妹代禱

衛青益姊妹於上週五整理家務時不慎跌倒，造成膝蓋受傷。預計於下週一與醫生會診後安排手術治療。懇請弟兄姊妹為衛青益姊妹的手術順利、術後恢復，以及她和家人的身心靈平安代禱，也求主感動我們彼此關懷與扶持，陪伴這個家庭度過這段困難的時期。

## 4. 2026 教會退修會報名

一年一度的教會退修會將於 8 月 21 日至 8 月 23 日 (星期五至主日) 在 Cedar Springs Christian Retreat Center 舉行，為期三天兩夜。費用如下：

12 歲以上參加者：每人 \$238，4–11 歲兒童：半價，0–3 歲幼兒：免費。費用包含住宿及四餐。誠摯邀請弟兄姊妹預留時間參加，一同靈修、學習、團契與休息。即日起開始報名及繳費，報名截止日期為 6 月 30 日。請將費用交給夏靜德姊妹。

## 5. 暑假期間行程通知

暑假即將來臨，若弟兄姊妹有回國探親、出外旅行或其他較長時間離開的安排，請通知牧師，讓教會能彼此關心、代禱，並為旅途平安獻上祝福。

## 6. 家庭祝福禱告

若有家庭願意接受教會的祝福與代禱，歡迎與牧師聯絡。我們將安排在主日崇拜中為家庭獻上祝福禱告，一同經歷神的恩典與同在。

## 每日箴言 5/24/2026 ~ 5/30/2026

5/24/2026

詩篇 24:7 「眾城門哪，你們要抬起頭來！永久的門戶，你們要被舉起！那榮耀的王將要進來！」

使徒行傳 22:2、4 「眾人聽他說的是希伯來話，就更加安靜了。……我也曾逼迫奉這道的人，直到死地，無論男女都鎖拿下監。」

默想

詩篇 24:7 發出一個偉大的宣告：「眾城門哪，你們要抬起頭來！」這是歡迎榮耀君王進城的聲音。它也是一個預言，最終應驗在耶穌基督身上，祂騎著驢駒進入耶路撒冷城，預備走上十字架，完成救贖人類的使命。

神不只是一要進入聖殿，也要進入人的生命。很多時候，我們心裡像緊閉的城門一樣，被憂慮、驕傲、傷害、罪疚或害怕緊緊鎖住。但神仍然溫柔地呼喚我們，把心門向祂打開。

《使徒行傳》讓我們看見保羅生命極大的改變。他曾經逼迫基督徒，甚至把信主的人下在監裡。然而，當他真正遇見耶穌之後，生命完全被翻轉。原本抵擋主的人，後來竟成為熱心傳揚福音的人。這讓我們看見：沒有任何人的生命，是神不能改變的。

今天，你是否願意再次向主打開心門？也許你心裡有些地方仍然緊閉著，不願讓神觸碰。但那位榮耀的王來到，不是要定罪，而是要帶來光明、赦免與新的生命。保羅的生命，就是最真實的見證。

### 禱告

主耶穌，祢是榮耀的王。求祢進入我的心，打開我裡面封閉與剛硬的地方。無論我的過去如何，求祢更新我的生命，使我成為跟隨祢、見證祢的人。願我的生命向祢敞開，讓祢的榮耀與平安充滿我。奉主耶穌基督的名禱告，阿們。

5/24/2026

Psalm 24:7 “Lift up your heads, you gates; be lifted up, you ancient doors, that the King of glory may come in.”

Acts 22:2, 4 “When they heard him speak to them in Hebrew, they became very quiet. ... I persecuted the followers of this Way to their death, arresting both men and women and throwing them into prison.”

### Meditation

Psalm 24:7 makes a great declaration: “Lift up your heads, you gates!” This is the sound of welcoming the King of glory into the city. It is also a prophecy ultimately fulfilled in Jesus Christ, who rode into Jerusalem on a donkey, preparing to walk the road to the cross and accomplish the mission of salvation for humanity.

God does not only desire to enter the temple—He also desires to enter human hearts. Many times, our hearts are like tightly shut gates, locked by anxiety, pride, wounds, guilt, or fear. Yet God still gently calls to us, inviting us to open the doors of our hearts to Him.

The book of Acts shows us the dramatic transformation of Paul's life. He once persecuted Christians and even imprisoned those who believed in Jesus. But when he truly encountered Christ, his life was completely changed. The one who once opposed the Lord became a passionate preacher of the gospel. This reminds us that there is no life that God cannot transform.

Today, are you willing to open your heart to the Lord once again? Perhaps there are still places within you that remain closed and untouched. But the King of glory comes not to condemn, but to bring light, forgiveness, and new life. Paul's life stands as a true testimony of this reality.

Prayer

Lord Jesus, You are the King of glory. Please enter my heart and open the places within me that are closed and hardened. No matter what my past may be, renew my life and make me a person who follows You and bears witness to You. May my life be open to You, and may Your glory and peace fill me completely. In the name of Jesus Christ I pray, Amen.

5/25/2026

詩篇 117:2 「因為祂向我們大施慈愛；耶和華的誠實存到永遠。你們要讚美耶和華！」

使徒行傳 2:5、7、11

「那時，有虔誠的猶太人從天下各國來，住在耶路撒冷。」

「都驚訝希奇說：『看哪，這說話的不都是加利利人嗎？』」

「我們都聽見他們用我們的鄉談，講說神的大作為。」

默想

整本聖經，如果要用一個字來表達它最核心的信息，許多人都會認同那個字就是：「愛」。然而，聖經所啟示的愛，主要是神的愛。

神的愛與人的愛有很大的不同。人的愛可能會改變、冷淡，人的承諾也可能因環境、時間或距離而消失；甚至當人離開世界時，一切似乎也跟著結束了。但神的愛卻不同。神的愛裡有真理、有律法、有救恩，也有永恆。祂的愛不是只停留在我們的感覺裡，而是帶著真理與聖潔；祂的愛不是短暫的，而是從永遠到永遠。這是人無法給出的愛。

《使徒行傳》第二章記載，當時有從各國來到耶路撒冷的人，他們驚訝地聽見門徒用不同地方的語言，述說「神的大作為」。這讓我們看見：福音不是只屬於某一個民族、文化或語言，而是神向萬民發出的邀請。

神非常看重人是否真正明白祂的愛，因此祂讓人用自己的「鄉談」聽見福音。神願意靠近人，用人能理解的方式對人說話。

今天，我們要把福音傳給誰呢？就是那些心裡痛苦、疲憊、失落、需要神的人。願我們不只是自己經歷神的慈愛，也願意成為傳遞神愛的人，用別人能聽懂的「語言」，把從神而來的安慰與盼望帶給更多人。

### 禱告

主耶穌，感謝祢向我們施慈愛、賜厚恩，祢的信實永不改變。求祢讓我不只是作一個領受祢的恩典的人，也願意把祢的愛分享給別人。奉主耶穌基督的名禱告，阿們。

5/25/2026

**Psalm 117:2** “For great is His love toward us, and the faithfulness of the Lord endures forever. Praise the Lord!”

**Acts 2:5, 7, 11**

“Now there were staying in Jerusalem God-fearing Jews from every nation under heaven.”

“Utterly amazed, they asked: ‘Aren’t all these who are speaking Galileans?’”

“We hear them declaring the wonders of God in our own tongues!”

**Meditation**

If the entire Bible could be summarized in one word, many people would agree that word is: “love.” However, the love revealed in the Bible is primarily the love of God.

God’s love is very different from human love. Human love can change or grow cold, and human promises may disappear because of circumstances, time, or distance. When people leave this world, everything may seem to come to an end. But God’s love is different. His love contains truth, holiness, salvation, and eternity. It is not based merely on feelings, but is rooted in truth and holiness. His love is not temporary—it lasts from everlasting to everlasting. This is a kind of love no human being can fully give.

Acts chapter 2 tells us that people from many nations had come to Jerusalem, and they were amazed to hear the disciples declaring “the wonders of God” in different languages. This shows us that the gospel does not belong to only one nation, culture, or language. It is God’s invitation to all people.

God deeply desires people to truly understand His love. Therefore, He allowed them to hear the gospel in their own native language. God comes near to people and speaks to them in ways they can understand.

Today, who are we called to share the gospel with? We are called to share it with those who are hurting, weary, discouraged, and in need of God. May we not only experience God’s love ourselves, but also become people who carry His love to others—using a “language” they can understand, bringing God’s comfort and hope into their lives.

## Prayer

Lord Jesus, thank You for pouring out Your love and abundant grace upon us. Your faithfulness never changes. Help me not only to receive Your grace, but also to share Your love with others. In the name of Jesus Christ I pray, Amen.  
5/26/2027

詩篇 97:10 「你們愛耶和華的，都當恨惡罪惡；祂保護聖民的性命，搭救他們脫離惡人的手。」

帖撒羅尼迦前書 5:14 「我們又勸弟兄們，要警戒不守規矩的人，勉勵灰心的人，扶助軟弱的人，也要向眾人忍耐。」

## 默想

詩篇 97:10 的前半段講到「人的心」，後半段講到「神的保守」。一個真正愛神的人，生命會慢慢轉向神；而當人願意轉向神、離開罪惡時，也會更深地經歷神的保護與帶領。

因為「罪」本身，常常會把人帶進黑暗、捆綁與破壞裡。很多時候，真正傷害人的，不只是外面的惡人，而是罪本身。例如：驕傲會破壞關係；貪心會使人失去平安；苦毒會吞吃人的心；仇恨會使人活在黑暗裡；情慾會帶來捆綁；假冒為善則會使人遠離真實。愛神的人漸漸明白：罪不但會傷害自己，也會傷害別人，更會使人遠離神，因此心裡自然開始「恨惡罪惡」。

當人願意靠近神、倚靠神、離開黑暗時，神就親自保守、扶持並引導他。這並不是說，信主的人從此不再遇見困難，而是神永遠不會放棄屬祂的人。祂保守人的心不被黑暗吞吃，在誘惑中不至跌倒，在苦難中不失去信心，也不讓人的生命被罪捆綁。

保羅也提醒教會：對待不同的人，需要不同的愛與耐心。有些人需要被提醒，有些人需要被鼓勵，有些人需要被扶助。這讓我們看見，成熟的信仰不只是關心自己與

神的關係，也學習去關心別人的需要。當一個人真正活在神的愛裡時，他不只自己被神改變，也會成為別人的安慰與幫助。這樣的人生，才能漸漸活出神所喜悅的完全與成熟。

今天，請你留意身邊的人：有誰正處在疲憊、灰心、軟弱，或需要一句從神而來的安慰與鼓勵？也許神正要使用你，把祂的愛與真理帶進那個人的生命中。

### 禱告

主耶穌，求祢幫助我真實地愛祢，也讓我學習遠離那些使我離開祢的罪。當我軟弱時，求祢親自扶持我；也求祢賜給我溫柔與忍耐的心，使我能安慰灰心的人、扶助軟弱的人。願我的生命活出祢的真理與愛。奉主耶穌基督的名禱告，阿們。

5/26/2027

Psalm 97:10 “Let those who love the Lord hate evil, for He guards the lives of His faithful ones and delivers them from the hand of the wicked.”

1 Thessalonians 5:14 “And we urge you, brothers and sisters, warn those who are idle and disruptive, encourage the disheartened, help the weak, and be patient with everyone.”

### Meditation

The first half of Psalm 97:10 speaks about “the human heart,” while the second half speaks about “God’s protection.” A person who truly loves God will gradually turn their heart toward Him; and when a person is willing to turn toward God and walk away from sin, they will also experience more deeply God’s protection and guidance.

Sin itself often leads people into darkness, bondage, and destruction. Many times, what truly harms us is not only the evil around us, but sin within us. Pride destroys relationships; greed steals peace; bitterness consumes the heart; hatred causes people to live in darkness; lust brings bondage; hypocrisy leads people away from truth. Those who love God gradually come to understand that sin not only harms themselves and others, but also separates them from God. Therefore, they naturally begin to “hate evil.”

When people draw near to God, depend on Him, and walk away from darkness, God personally protects, strengthens, and guides them. This does not mean believers will never face difficulties, but it does mean that God will never abandon those who belong to Him. He guards our hearts from being consumed by darkness, keeps us from falling in temptation, sustains our faith during suffering, and prevents our lives from becoming completely enslaved by sin.

Paul also reminds the church that different people require different kinds of love and patience. Some need warning, some need encouragement, and some need gentle support. This teaches us that mature faith is not only about our own relationship with God, but also about learning to care for the needs of others. When a person truly lives in God's love, they themselves are transformed by God and also become a source of comfort and help to others. This is the kind of life that gradually grows into the maturity and wholeness that pleases God.

Today, pay attention to the people around you. Who may be weary, discouraged, weak, or in need of a word of encouragement from God? Perhaps God wants to use you to bring His love and truth into that person's life.

#### Prayer

Lord Jesus, help me to truly love You and to turn away from the sins that draw me away from You. When I am weak, please strengthen and uphold me. Give me a gentle and patient heart so that I may encourage the discouraged and help the weak. May my life reflect Your truth and Your love. In the name of Jesus Christ I pray, Amen.



5/27/2926

詩篇 89:1 「我要歌唱耶和華的慈愛，直到永遠；我要用口將祢的信實傳與萬代。」

馬可福音 16:20 「門徒出去，到處宣傳福音。主和他們同工，用神蹟隨著，證實所傳的道。阿們！」

### 默想

人經歷神的恩典之後，會將這些恩典存在心裡，化作不斷感恩與讚美。有些人甚至願意傳給下一代，代代相傳。因為神的慈愛和信實不只是過去的故事，而是在人的生命中不斷真實發生。

《馬可福音》最後記載，門徒出去傳福音，有「主和他們同工」——多寶貴的應許啊！神從來沒有要人單獨完成祂的工作。當人願意為主踏出去時，神自己會同在、引導、加添力量。

很多人以為傳福音一定要很有能力、很會講道，或做很偉大的事。但其實，很多時候，一個真實的生命見證、一句安慰的話、一個陪伴與關心的行動，都可能成為神工作的器皿，成為別人生命中的安慰與盼望。因為真正感動人的，不只是人的口才，而是神的同在與愛。

傳福音，就是與人分享基督和祂的十字架救恩，把神的慈愛與信實帶進某個人的生命。

今天，願神使用你的口和你的聲音。

## 禱告

主耶穌，感謝祢用永遠的慈愛愛我，也用祢的信實一路帶領我。當我傳揚祢的信實與慈愛的時候，求祢提醒我：祢仍然與我同工。求祢使我剛強壯膽，成為一個福音使者。奉主耶穌基督的名禱告，阿們。

5/27/2026

**Psalm 89:1** “I will sing of the Lord’s great love forever; with my mouth I will make Your faithfulness known through all generations.”

**Mark 16:20** “Then the disciples went out and preached everywhere, and the Lord worked with them and confirmed His word by the signs that accompanied it. Amen.”

## Meditation

After people experience God’s grace, they often treasure those experiences deep in their hearts, and they become a continual source of thanksgiving and praise. Some even desire to pass this faith on to the next generation, from generation to generation. This is because God’s love and faithfulness are not merely stories from the past, but realities that continue to unfold in people’s lives today.

At the end of the Gospel of Mark, we read that the disciples went out to preach the gospel, and “the Lord worked with them.” What a precious promise! God never intended for people to accomplish His work alone. When we are willing to step out for Him, God Himself goes with us, guiding us and giving us strength.

Many people think that sharing the gospel requires great ability, powerful preaching, or doing extraordinary things. But in reality, a genuine testimony, a word of encouragement, or a simple act of care and companionship can become a vessel through which God works—bringing comfort and hope into someone’s life. What truly touches people is not merely human eloquence, but the presence and love of God.

To share the gospel is to share Christ and the salvation of His cross, bringing God’s love and faithfulness into another person’s life.

Today, may God use your voice.

#### Prayer

Lord Jesus, thank You for loving me with Your everlasting love and for faithfully guiding me throughout my life. As I share Your love and faithfulness with others, remind me that You are still working with me. Strengthen and encourage me to become a messenger of the gospel. In the name of Jesus Christ I pray, Amen.

5/28/2026

約伯記 **19:25** 「我知道我的救贖主活著，末了必站立在地上。」

哥林多前書 **15:20** 「但基督已經從死裡復活，成為睡了之人初熟的果子。」

#### 默想

很多人都在尋找盼望。只是，真正的盼望究竟從哪裡來？人的努力能為自己帶來真正的盼望嗎？當人陷在痛苦的深淵裡時，還能看見盼望嗎？

約伯在人生最黑暗的時候，失去了財產、健康與親人的支持，甚至連他自己都不明白，為什麼苦難會臨到。然而，在極深的痛苦中，他卻說出一句充滿盼望的話：

「我知道我的救贖主活著。」這是一個怎樣的信心啊！超越環境、超越感覺、甚至超越了死亡。

保羅在今天的經文回答了這個問題。因為耶穌基督已經從死裡復活。祂成為「初熟的果子」，表示死亡不是最後的結局，黑暗也不是永遠的。所以屬祂的人，也有永生與復活的盼望。

人最大的恐懼不只是因為 suffering 的來到，而是害怕在苦難中沒有盼望。今天，願約伯對上帝的信心再次提醒我們：「我的救贖主活著。」因為祂活著，我們就仍然有盼望——不是短暫的盼望，而是永恆的盼望。

#### 禱告

主耶穌，感謝祢是活著的救贖主。賜給我信心相信祢既然勝過死亡，必能賜給我永遠的盼望。願我的心在祢裡面重新得著力量與平安。奉主耶穌基督的名禱告，阿們。

**Job 19:25** “I know that my Redeemer lives, and that in the end He will stand on the earth.”

**1 Corinthians 15:20** “But Christ has indeed been raised from the dead, the firstfruits of those who have fallen asleep.”

### Meditation

Many people are searching for hope. But where does true hope really come from? Can human effort bring lasting hope? When a person is trapped in the depths of suffering, is it still possible to see hope?

At the darkest moment of his life, Job lost his possessions, his health, and even the support of those closest to him. He himself could not understand why suffering had come upon him. Yet in the midst of such deep pain, he spoke these powerful words of hope: “I know that my Redeemer lives.”

What an extraordinary faith this was! A faith that rose above circumstances, above feelings, and even above death itself.

Paul answers this question clearly in today’s Scripture. Jesus Christ has risen from the dead. He became “the firstfruits,” meaning that death is not the final ending, and darkness is not forever. Because Christ has conquered death, those who belong to Him also have the hope of eternal life and resurrection.

Humanity’s greatest fear is often not simply the coming of suffering, but the fear of having no hope in the midst of suffering. Today, may Job’s faith in God remind us once again: “My Redeemer lives.” Because He lives, we still have hope—not a temporary hope, but an eternal hope.

### Prayer

Lord Jesus, thank You for being my living Redeemer. Give me faith to believe that because You have conquered death, You are also able to give me eternal hope. May my heart find renewed strength and peace in You. In the name of Jesus Christ I pray, Amen.

5/29/2026

耶利米書 10:23 「耶和華啊，我曉得人的道路不由自己；行路的人也不能定自己的腳步。」

路加福音 12:19-20 「然後要對我的靈魂說：『靈魂哪，你有許多財物積存，可作多年的費用，只管安安逸逸地吃喝快樂吧！』神卻對他說：『無知的人哪，今夜必要你的靈魂；你所預備的要歸誰呢？』」

### 默想

現代人非常重視規劃。從教育、工作、退休到財務管理，我們總希望把未來安排得妥妥當當。然而，當我讀到耶利米所說的：「人的道路不由自己；行路的人也不能定自己的腳步。」心裡非常認同。它讓我們看見人生的真相。

耶利米並不是要我們放棄計畫，也不是否定人的責任，而是要我們醒悟過來：無論計畫多麼周詳，人生仍有許多事情超出我們的掌控。生命中總會出現意想不到的轉折、失去與改變，讓我們不得不承認自己的有限。

耶穌所講的財主比喻，正是一個典型的例子。財主努力工作，也累積了豐富的財富，卻以為這些就是人生最大的保障。他對自己說：「只管安安逸逸地吃喝快樂吧！」然而，當生命突然被神收回時，他才發現自己所依靠的一切，都無法帶走。

人生真正的保障究竟是什麼？是銀行帳戶裡的數字？是健康的身體？是成功的事業？還是穩定的人際關係？這些都很重要，也都是神所賜的恩典。然而，財富可能流失，健康可能衰退，關係可能改變，人的能力也會隨著歲月漸漸減少。

我們真正的平安，來自哪裡？耶穌曾說：「我留下平安給你們；我將我的平安賜給你們。」這平安不是環境順利時才有的平安，而是在風浪中仍然能夠安息的平安。當人願意把未來交託給神時，就能在不確定的世界裡，活出安穩與信靠。

今天，誠實地問自己：我最深的安全感，是建立在自己的計畫上，還是建立在神永不改變的信實上？

### 禱告

主耶穌，我需要祢時刻的提醒：我的生命不在自己的掌控之中，而是在祢慈愛的手裡。求祢幫助我學習謙卑，不把盼望建立在財富、能力或成就上，而是建立在祢永不改變的信實裡。當我面對未來的不確定時，求祢賜給我信靠祢的心，使我知道祢必引導我的腳步。奉主耶穌基督的名禱告，阿們。

5/29/2026

**Jeremiah 10:23** “LORD, I know that people’s lives are not their own; it is not for them to direct their steps.”

**Luke 12:19–20** “And I’ll say to myself, ‘You have plenty of grain laid up for many years. Take life easy; eat, drink and be merry.’ But God said to him, ‘You fool! This very night your life will be demanded from you. Then who will get what you have prepared for yourself?’”

### Meditation

Modern people place great importance on planning. From education and careers to retirement and financial management, we all hope to arrange our future carefully and securely. Yet when I read Jeremiah’s words, “People’s lives are not their own; it is not for them to direct their steps,” I find myself deeply agreeing. These words reveal an important truth about life.

Jeremiah is not telling us to stop planning, nor is he denying human responsibility. Rather, he is calling us to awaken to the reality that no matter how

carefully we plan, there will always be things beyond our control. Life inevitably brings unexpected turns, losses, and changes that remind us of our limitations.

The rich fool in Jesus' parable is a perfect example. He worked hard and accumulated great wealth, believing that his possessions were his ultimate security. He said to himself, "Take life easy; eat, drink and be merry." Yet when God called him home unexpectedly, he realized that everything he had depended upon could not be taken with him.

What, then, is our true security? Is it the balance in our bank account? A healthy body? A successful career? Stable relationships? These are all valuable gifts from God. Yet wealth can disappear, health can decline, relationships can change, and human abilities fade with time.

So where does true peace come from? Jesus said, "Peace I leave with you; my peace I give you." This peace is not dependent on favorable circumstances. It is a peace that enables us to rest even in the midst of storms. When we entrust our future to God, we can live with confidence and trust in an uncertain world.

Today, let us honestly ask ourselves: Is my deepest sense of security built upon my own plans, or upon the unchanging faithfulness of God?

#### Prayer

Lord Jesus, I need Your constant reminder that my life is not ultimately under my control, but in Your loving hands. Teach me to be humble and not to place my hope in wealth, abilities, or achievements, but in Your unchanging faithfulness. When I face an uncertain future, grant me a heart that trusts in You, knowing that You will guide my steps. In the name of Jesus Christ I pray, Amen.



5/30/2026

歷代志下 30:18-19 「以法蓮、瑪拿西、以薩迦、西布倫有許多人尚未自潔，他們卻也吃逾越節的羊羔，不合所記錄的定例。希西家為他們禱告說：『凡專心尋求神，就是耶和華他列祖之神的，雖不照著聖所潔淨之禮自潔，求至善的耶和華也饒恕他。』」

路加福音 15:20 「於是起來，往他父親那裡去。相離還遠，他父親看見，就動了慈心，跑去抱著他的頸項，連連與他親嘴。」

### 默想

今天的兩段經文都讓我們看見神所看重的，不只是外在是否完全，更是人是否真心回轉歸向祂。

在希西家王的時代，有許多百姓因時間倉促，未能完全按照律法的規定潔淨自己，就參與了逾越節。然而，他們的心是真誠尋求神的。於是希西家為他們代求，求神憐憫那些專心尋求祂的人。神垂聽了這個禱告，也接納了這些百姓。

耶穌所講的浪子比喻，更把「這份恩典」描繪得淋漓盡致。浪子帶著失敗、羞愧回家，甚至還沒有走到父親面前，父親就遠遠地看見他，動了慈心，跑去抱住他。這位父親的形象，就是天父的心。

今天，願我們看見的，不只是自己的軟弱、失敗與虧欠，以致不敢靠近神；更要看見天父早已向我們伸出恩典的雙手，正滿懷慈愛地等候我們回轉。當我們願意轉身歸向祂時，就能重新經歷祂的赦免、接納與祝福。回轉得越早，就越早享受神所預備的恩典與豐盛生命。

### 禱告

主耶穌，感謝祢。我只想說一句話：「祢的憐憫與恩典，永遠大過我的軟弱與不足。」求祢賜給我一顆專心尋求祢的心，讓我無論在什麼景況中，都願意回到祢的懷抱裡。奉主耶穌基督的名禱告，阿們。

5/30/2026

**2 Chronicles 30:18–19** “Although most of the many people who came from Ephraim, Manasseh, Issachar, and Zebulun had not purified themselves, yet they ate the Passover contrary to what was written. But Hezekiah prayed for them, saying, ‘May the LORD, who is good, pardon everyone who sets their heart on seeking God—the LORD, the God of their ancestors—even if they are not clean according to the rules of the sanctuary.’”

**Luke 15:20** “So he got up and went to his father. But while he was still a long way off, his father saw him and was filled with compassion for him; he ran to his son, threw his arms around him and kissed him.”

### ✨ Meditation

Today’s two passages remind us that what God values most is not outward perfection, but a heart that sincerely turns back to Him.

In the days of King Hezekiah, many people were unable to complete the ceremonial purification required by the Law before participating in the Passover. Yet their hearts were genuinely seeking God. Therefore, Hezekiah prayed on their behalf, asking God to show mercy to those who sincerely desired to seek Him. God heard his prayer and accepted the people.

Jesus’ parable of the prodigal son paints this same grace in a beautiful and powerful way. The son returned home carrying failure, shame, and regret. Yet

before he even reached his father, his father saw him from a distance, was filled with compassion, ran to him, embraced him, and kissed him. This father is a picture of our Heavenly Father's heart.

Today, may we not focus only on our weaknesses, failures, and shortcomings, allowing them to keep us away from God. Instead, may we see that our Heavenly Father has already stretched out His hands of grace and is lovingly waiting for us to return. When we turn back to Him, we experience once again His forgiveness, acceptance, and blessing. The sooner we return, the sooner we will enjoy the grace and abundant life that God has prepared for us.

#### Prayer

Lord Jesus, thank You. There is only one thing I want to say:

"Your mercy and grace are always greater than my weakness and shortcomings." Please give me a heart that sincerely seeks You, so that no matter what circumstances I face, I will always be willing to return to Your loving embrace. In the name of Jesus Christ I pray, Amen.