

# What is Faith?

Faith (fāth) n. means belief or trust in the **promises** of God, or his truth and faithfulness.

The Bible says, "without faith, it is impossible to please God." - Hebrews 11:6

## What does it mean to have faith in God?

Faith is what you believe in. As a Christian, you believe in God. Faith is the confidence that God will do what he has **promised**. Your faith will be tested. Study his Word, **especially his promises**, and you will gain stronger faith.

God gives us **promises**.  
Our faith believes he will keep them.

## How to have strong faith

The two scriptures below are God's **promises** to you! He promises that when you become a Christian, all of your past sins are forgiven and he will continue to "mold" you into a new person until the day Jesus comes again.

"Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things have become new."  
2 Corinthians 5:17

"Being confident of this very thing, that he which has begun a good work in you will perform it until the day of Jesus Christ."  
Philippians 1:6

The Bible is filled with **promises**.  
You need to read and study the Bible to claim them as your own.

## Think about this:

- When things are going well for you, do you praise God and thank him?
- When things are not going the way you think that they should, do you start to lose your faith and wonder where God is during your hard times?

## Remember:

God is always there for you whether you are having a good day or a bad day. Again, **you need to study and know God's promises to gain strong faith**.

## God's promises found in the Bible

### When you are having a bad day:

"Come to me, all you that labor and are heavy laden, and I will give you rest." - Matthew 11:28

### When you have anxiety:

"Be careful for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passes all understanding, will keep your hearts and minds through Christ Jesus." - Philippians 4:6-7

### When you are tempted to do wrong:

"But the Lord is faithful, who will stablish you, and keep you from evil." - 2 Thessalonians 3:3

### When you have done something wrong:

"If we confess our sins, he is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness." - 1 John 1:9

God made you. He knows all your needs.  
Trust him. Have complete faith in him.  
You will make mistakes. Pray and learn from them.