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**Greater Portsmouth Youth Wellness Coalition**

**September 18, 2024**

**Attendees:**

**Amy Michaels, Meghan Stewart, Larry McCullough, Kim Harty, Jordan Trombino, Joanne Coles, Ashley Murphy, Jennifer Minicucci, Eli, Gretyl Macalaster, Chris Burke, Nicole Seaward, Anya Zlotosch, Mary Calhoun, Lynn Thomas, Lisa Jacobus, Sam Areson, Molly Louison, Joanne Clements, Heidi, Brady Barry, Russ G**

**Agenda:**

1. Welcome, introductions, and opening activity
2. Seacoast Public Health Network Naloxone Training (slides attached)
3. Current Coalition Projects – Amy
4. Roundtable Share

**Discussion:**

1. Welcome, introductions and opening activity
2. SPHN Naloxone training (slides attached)
   1. Questions from the groups:
      1. Are there risks related to doing rescue breaths and Fentanyl exposure? 🡪 the risk is low but safety is also encouraged, SPHN gives out CPR mouth barriers with their safety kits
      2. Why is it so important to remain at the scene after calling 9-1-1? 🡪 Naloxone works by covering/blocking the opioid receptors in the brain and it can wear off before the opioids in the person’s system do and the person could potentially overdose again
      3. Do we do chest compressions? 🡪 chest compressions are better than nothing, but rescue breaths are ideal
         1. Keep the person on their side in between breaths/chest compressions to avoid aspiration
      4. Where should we store Naloxone? 🡪 Naloxone should be kept near AEDs and other life saving devices. SPHN gives out Nalox boxes to those who need them – contact Sam for more info! [sareson@seacoastphn.org](mailto:sareson@seacoastphn.org)
3. Current Coalition projects – Amy
   1. CADCA graduation – Coalition Staff, Meghan & Amy, have completed all training and CADCA products required to graduate!
   2. The Coalition has received the STOP grant which will allow us to do more alcohol-specific prevention programming – we are thinking of doing a pre-prom campaign
   3. We are starting a youth action group at Portsmouth Middle School alongside 2 school staff – Chelsey and Ian
      1. Dover Youth 2 Youth will be doing an assembly for the 6th grade class at PMS on Sept 30
   4. 3S Artspace has dedicated the month of September to hosting many art workshops that allow those impacted by SUD to create art that will be showcased at the end of the month
4. Roundtable Share
   1. Gosling Meadows needs an accessible swing for the playground as some of the kids who live there are not able to use the playground as it is
   2. YMCA is sponsoring a Communities that Care conference on October 4th from 9am-4:30pm – more info here: <https://ymcagranite.sgasoftware.com/Sales/Product/Guest?GuestID=33>
   3. Safe Harbor is back to hosting the Alternative Peer Group on Saturdays at the center and if anyone is interested in free parenting education, please reach out to Jordan! [jbrown@granitepathways.org](mailto:jbrown@granitepathways.org)
   4. Families First is fully staffed and will have organization classes coming soon!
   5. Seacoast Outright is hosting a Halloween party
   6. Chase Home Diversion program is looking for volunteer opportunities for the youth in their program. Please reach out to Ashley with any ideas! [amurphy@chasehome.org](mailto:amurphy@chasehome.org)
      1. Ashley is also attending a Motivational Interviewing training soon (training info in attached flyer)
   7. Portsmouth Middle School recently submitted a grant application that would support internet/online safety workshops for parents
   8. Portsmouth Music and Arts Center has $37,000 in scholarships available and is offering a free music & art class in October! <https://www.pmaconline.org/free-music-and-art-day/>

**Next Meeting: Wednesday, October 16th at 3:30pm**

**Great Bay Community College – WorkReadyNH Classroom**