**206 Old Rd. Eliot ME 03903 207.956.0565** **info@pinetreeinstitute.org**

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**Greater Portsmouth Youth Wellness Coalition**

**January 15, 2025**

**Attendees:**

**Amy Michaels, Meghan Stewart, Larry McCullough, Joanne Coles, Eli George, Chris Burke, Brady Barry, Mary Calhoun, Danielle Heaton, Katie Soule, Sam Thamsen, Ashley Murphy, Cheryl Strong, Melissa Wallis**

**Agenda:**

1. Welcome, introductions, and opening activity
2. Coalition spotlight – NH Recovery Friendly Workplace
3. Current Coalition Projects – Amy
4. Roundtable Share

**Discussion:**

1. Welcome, introductions and opening activity
2. Coalition Spotlight – New Hampshire Recovery Friendly Workplace
	1. Slides attached in email
	2. The Greater Portsmouth Youth Wellness Coalition has been designated as a Recovery Friendly Workplace!
		1. This aligns with our mission to create safe, healthy, and stigma-free spaces within our community and for our youth
		2. Coalition members will now have access to RFW trainings and you can register here: <https://docs.google.com/forms/d/e/1FAIpQLSchEazxeRDR-rGYFBBtkQWa6qJcvMhqYEwdoNAS2kdQYVBCbw/viewform>
		3. Any questions about RFW or recommendations, please reach out to Ellie Masson at ellie@recoveryfriendlyworkplace.com
3. Current Coalition Projects
	1. Portsmouth Middle School Youth 2 Youth group is working on creating a poster for Celebrate Graduation to use at their upcoming fundraiser at Flatbread!
		1. Celebrate Graduation is a substance-free overnight event on the night of graduation
		2. Been running since 1984 and is organized by a group of parents in the community
		3. 100% community funded and 86% participation rate!
		4. As Coalition members, please think about people or places in the community you know might be willing to donate or participate
4. Roundtable Share
	1. B3 Youth Clinic Sneaker for All fundraiser was successful and 78 kids at Gosling received new shoes!
		1. Hosting a new fundraiser at Cheese Louise in Portsmouth on Jan 17
	2. Friends of Aine is the only center for grief support for youth in NH
		1. Providing grief trainings and resources for community partners
		2. Entirely free
		3. Caregiver group as well
	3. Alternative to suspension program at Portsmouth High School/Seacoast Youth Services is going well
		1. 50% of kids choose alternative suspension over traditional
		2. SYS is now running a truancy program as well
	4. Seacoast Community Diversion Program is completely full and Chase Home is also completely full
		1. Questions about med providers in the Seacoast area
			1. ClearChoice MD, Portsmouth
			2. Core Physicians, Exeter
			3. Greater Seacoast Community Health/Families First
			4. Hampstead Hospital
			5. Lamprey Healthcare, Newmarket
			6. Martins Point Healthcare, Portsmouth
			7. Portsmouth Hospital
			8. Seacoast Mental Health Center, Portsmouth
			9. If someone has Medicaid, they can call their provider and connect with resource navigators to find med providers

**Next Meeting: February 19th at 3:30pm**

**Great Bay Community College – WorkReadyNH Classroom**