

December 2022

Sun.	Monday	Tuesday	Wednesday	Thursday	Friday	Sat.
				1	2	3
				10-11am Seated Chair Yoga 12:30-1:30: Knitting 12:30-3:30pm: Duplicate Bridge	10-Noon: Mah Jongg 1-3pm: Cribbage, Cards/Games	
4	5	6	7	8	9	10
	10-12:00 Drop in Hand & Foot 10-Noon: Mah Jongg 12:30-3:30pm: Bridge 1:45pm Beginners Mah Jongg	10:00- 1:00pm BINGO 11-12pm Grab and Go pick up 1:30-2:30pm Seated Chair Yoga	1:15-2pm Strength & Mobility	10-11am Seated Chair Yoga 12:30-1:30: Knitting 12:30-3:30pm: Duplicate Bridge	10-Noon: Mah Jongg 1-3pm: Cribbage, Cards/Games	
11	12	13	14	15	16	17
	10-12:00 Drop in Hand & Foot 10-Noon: Mah Jongg 12:30-3:30pm: Bridge 1:45pm Beginners Mah Jongg	10:00- 1:00pm BINGO 11-12pm Grab and Go pick up 1:30-2:30pm Seated Chair Yoga	11:30-12:30 Pizza Party 12:30-1pm Cookie Exchange 1:15-2pm Strength & Mobility	10-11am Seated Chair Yoga 12:30-1:30: Knitting 12:30-3:30pm: Duplicate Bridge	10-Noon: Mah Jongg 1-3pm: Cribbage, Cards/Games	
18	19	20	21	22	23	24
	10-12:00 Drop in Hand & Foot 10-Noon: Mah Jongg 12:30-3:30pm: Bridge 1:45pm Beginners Mah Jongg	10:00- 1:00:pm BINGO 11-12pm Grab and Go pick up 1:30-2:30pm Seated Chair Yoga	11:30-12:30 Holiday Soup luncheon and raffle drawing 1:15-2pm Strength & Mobility	10-11am Seated Chair Yoga 12:30-1:30: Knitting 12:30-3:30pm: Duplicate Bridge	Closed for the Holidays	
25	26	27	28	29	30	31
MERRY 	Closed for the Holidays	10:00- 1:00:pm BINGO 11-12pm Grab and Go pick up 1:30-2:30pm Seated Chair Yoga	11:30-12:30 Meet & Eat luncheon at Ray's Seafood 1:15-2pm Strength & Mobility	10-11am Seated Chair Yoga 12:30-1:30: Knitting 12:30-3:30pm: Duplicate Bridge	10-Noon: Mah Jongg 1-3pm: Cribbage, Cards/Games	