

WHAT IS THE EMOTION CODE?

WORKING WITH THE SUBCONSCIOUS MIND TO UNDERSTAND EMOTIONS THAT ARE TUCKED AWAY - HELD WITHIN.

Have you ever had to “push down” or repress an emotion because it was unsafe or inappropriate to express in a particular situation? or perhaps, you simply weren't ready to process it yet?

A “repressed” emotion or an unprocessed emotion means the frequency of that emotion is “kept down” deep in our tissues. If left long enough, this vibration will negatively affect the function of our organs and dampen our ability to authentically connect with the flow of life. The Emotion Code work is a gentle, non-invasive and safe approach. Only the energy of trapped emotions are identified, not the circumstance provoking the emotions - Energy work.

HOW IT WORKS

OUR SUBCONSCIOUS MIND IS AN ALL-KNOWING COMPUTER EQUIPPED FOR ULTIMATE HEALTH AND HAPPINESS. USING MUSCLE TESTING AND SPECIFIC QUESTIONING, A CERTIFIED PRACTITIONER CAN FOLLOW THE GUIDANCE OF A CLIENT'S SUBCONSCIOUS AND IDENTIFY A TRAPPED EMOTION. ONCE IDENTIFIED, A THERAPEUTIC MAGNET IS USED TO DE-MAGNETIZE THE ENERGY OF THE TRAPPED EMOTION VIA THE GOVERNING MERIDIAN. NOT UNLIKE SWIPING A MAGNET ACROSS THE BLACK INFORMATION STRIP ON THE BACK OF A CREDIT CARD. THE TRAPPED EMOTION IS PERMANENTLY ERASED AND THE EFFECTS IMMEDIATE AND LONG LASTING.

HOW WILL I FEEL?

Most people report feeling lighter, softer, & more open (clarity, less heavy). This can be felt immediately or throughout the few days afterwards. Releasing trapped emotions helps to restore balance and there by enhances the body's innate ability to heal and respond to the daily stressors we all encounter.

WHAT TO EXPECT

You can choose to work on any issue you have, whether it is a health challenge, an emotional issue, lack of abundance or work you love, or a nagging feeling of being on the wrong path. Everything has energetic underpinnings. Your own subconscious mind is brilliant, and will lead us on the right path to clearing (sometimes very surprising) obstacles. Often there are new outward shifts naturally occurring in their lives. We are clearing the hidden energies that cause the outward effects. (Clearing stagnant energy helps to free up space to shift perceptions in the mind & get energy moving).

These sessions will be by video call so that we can see each other by camera. They can be in person as well. After you say what you want to work on, I will ask your subconscious, using muscle testing, and we will find energetic imbalances, and clear them one by one. Sessions usually last an hour and a typical session will clear 3 to 10 imbalances.