

# New Patient Information

Welcome! Please take time to fill out the medical history. This will help me to treat you more effectively; and is kept strictly confidential. My goal is to help you achieve optimal health.

## Appointments

When your appointment is put in the calendar, that time is reserved for you and your care. It is very important for you to provide at least 24 hours notice if you are unable to keep the appointment. .

**Please note that you will be charged for any missed appointment without 24 hours notice.**

## Payments/ Insurance

The fee for treatment is \$95. In order to make frequent treatments affordable, there are also packages and a sliding scale available. The practice is set up for direct pay only and that you pay at the time of your visit. I accept credit cards, checks and cash as forms of payment. I do not bill insurance companies. I will be happy to provide you with the documentation you may need to submit for reimbursement. If a check is returned, a fee of \$25 will be applied to your account.

## Attire

Loose, comfortable clothing is best, as acupuncture therapy involves palpation and treatment of various parts of the body. Draping will be provided to ensure modesty.

## Acupuncture

is a therapy, and can take several treatments to be beneficial. It improves your body's healing system by activating points on your connective tissue right under your skin, which affects your nervous, endocrine, immune, cardio and digestive systems.

The number of treatments depends on the condition, your health, and how long you've had symptoms. Patients can feel better right away or the next day. You should feel a difference within 3 treatments. For many complaints, two treatments per week for the first two weeks are recommended. This allows the treatments to have cumulative effects, which speeds up the healing process.

Practicing medicine with integrity and your well being are extremely important to me. Your appointments are a time that you get to leave everything at the door and relax. If you ever need anything while you are here (quieter music, to be warmer, water, anything), please ask. Your comfort is paramount. I look forward to working with you.

## Packages/Sliding Scale: \*\* Packages Expire after 1 year from purchase date \*\*\*

\*\*3 treatments (\$85each).....\$255

\*\*5 treatments (\$80 each).....\$400

**\*\*20% off** (for those on Medicaid):

\$76-treatment

\*\*10 treatments (\$74 each).....\$740