

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>10am - 11:30am</b>	Adult <b>No</b> Gi Jiu Jitsu	Adult Gi Jiu Jitsu	Adult Gi Jiu Jitsu	Adult Gi Jiu Jitsu	Adult Gi Jiu Jitsu	Adult Open Mat	Closed
<b>5pm - 6pm</b>	Kids Jiu Jitsu All Levels	Kids Striking All Levels	Kids Jiu Jitsu All Levels	Kids Striking All Levels	Kids Jiu Jitsu All Levels		
<b>6pm - 7pm</b>	Adult Striking	Competition Kids Jiu Jitsu	Kids Wrestling All Levels	Competition Kids Jiu Jitsu	Adult Striking		
<b>7pm - 8:30pm</b>	Adult Gi Jiu Jitsu	Adult <b>No</b> Gi Jiu Jitsu	Adult Gi Jiu Jitsu	Adult <b>No</b> Gi Jiu Jitsu	Adult Gi Jiu Jitsu		

Schedule Subject to Change  
Gym closed for all major holidays and local tournaments