



# NEW HEIGHTS ACADEMY

## NHA's Health & Safety Plan for the 2020-21 School Year

To ensure the safety of our faculty, students, and families when we open our campus for the 2020-21 school year, NHA has developed the following policies in response to the guidance released by the CDC. These policies were adopted based on the CDC guidance currently available and will be updated as needed as subsequent guidance is released from the CDC and Governor Kemp. Barring a shelter-in-place order from Governor Kemp or additional restrictions recommended by the CDC, the policies described below should enable us to open our campus for in-person instruction on August 13th as planned. NHA's Health & Safety Plan includes implementing additional screening, distancing, and hygiene practices to reduce the likelihood of the transmission of germs. Disruption to typical classroom routines will be minimized to the greatest extent possible to support student and faculty socio-emotional health, as well as best practices for instruction. Information provided to students will be positive and will focus on healthy hygiene practices instead of referring to "COVID19" or "the pandemic". NHA recognizes that parents and faculty both play an important role in helping children make sense of what they hear in a way that is honest, accurate and minimizes anxiety or fear.

| Plan Item                              | Policies  |
|--|---|
| Covid-19 Testing                       | <ul style="list-style-type: none"><li>While we currently do not have plans to require testing for all faculty and students at the commencement of the school year, group-based testing may be requested at any time during the school year if administration deems necessary.</li><li>A positive antibody test following a negative COVID-19 test could eliminate future testing requests.</li><li>Currently, the CDC has stated that all international travelers arriving at the US from countries or regions with widespread ongoing transmission of COVID-19 should stay home for 14 days after their arrival. Faculty and students visiting these areas should not return to school until 14 days after returning to the US. A negative COVID-19 test will also be required before returning to school.</li></ul> |
| Promotion of Healthy Hygiene Practices | <ul style="list-style-type: none"><li>Teachers and students are in close contact for much of the day, and schools can become a place where respiratory diseases like COVID-19 can quickly spread. Our goal is to protect our faculty, students, and families by practicing and promoting healthy habits during the school year.</li><li>All faculty will be trained on healthy hygiene practices and proper physical distancing during pre-planning. Faculty will be instructed on what symptoms to look for so that anyone with COVID-19 symptoms can be separated from other students and faculty until they can leave school campus.</li></ul>   |

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(Adapted 8/4/20 Appendix A)



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|                      | <ul style="list-style-type: none"> <li>▪ Students will receive healthy hygiene reminders throughout the school year about handwashing, physical distancing, etc.</li> <li>▪ Proper handwashing strategies will continue to be encouraged, including washing with soap and water for at least 20 seconds.</li> <li>▪ Sanitizing stations will be placed at the main entrance and at the entrance.</li> <li>▪ Adequate supplies (e.g. soap, paper towels, tissues, alcohol-based hand sanitizer that contains at least 60% alcohol) will be made available to all faculty and students to support healthy hygiene practices.</li> <li>▪ No person should drink water directly from a water fountain. Fountains should only be used to fill cups or refill water bottles.</li> </ul> |
| Masks                | <ul style="list-style-type: none"> <li>▪ The wearing of masks by students or faculty will be optional unless a teacher identifies themselves as “at-risk.” In this case, the teacher may require the wearing of masks for their classroom. We are currently not aware of any such request.</li> <li>▪ We acknowledge the potential benefit of utilizing masks to prevent the spread of disease, and any student, visitor or faculty member is welcomed to use this safety precaution.</li> </ul>  |
| Intensified Cleaning | <ul style="list-style-type: none"> <li>▪ Surfaces and objects that are frequently touched will be routinely cleaned and disinfected.</li> <li>▪ Adequate cleaning supplies will be made available to all faculty.</li> <li>▪ Administration will develop a cleaning rotation schedule for all classrooms and common areas.</li> </ul>   |
| Physical Distancing  | <ul style="list-style-type: none"> <li>▪ Student gatherings/classes may be limited to a certain group size. Such groups may be separated by at least 6 feet.</li> <li>▪ Student desks will be rearranged to maximize the space between students where possible. Desks may be turned to face in the same direction rather than facing each other to reduce transmission caused from virus-containing droplets (e.g. from talking, coughing, sneezing).</li> <li>▪ Administration will evaluate and may adjust arrival and/or dismissal times and procedures if necessary.</li> </ul>   |
| Health Screening     | <ul style="list-style-type: none"> <li>▪ Every faculty member and student’s temperature may be taken upon arrival each day as they enter the building. Students or faculty with a temperature of 100 will not be allowed to attend school that day and cannot return to school until they are 48 hours symptom-free without medication. A negative COVID-19 test may be required to re-enter at this point depending upon symptoms.</li> <li>▪ Nonessential visitors will be limited. Approved visitors may be required to have their temperature checked upon entry.</li> </ul>  |

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|  | <ul style="list-style-type: none"> <li>▪ Sick students and faculty, particularly those with symptoms of respiratory illness, will be given a face mask and kept separate from well students and faculty until they can leave the campus.</li> </ul>  |
| <p>Requirement for anyone who is sick to stay home</p> | <ul style="list-style-type: none"> <li>▪ Students and faculty will be required to stay home from school if they are feeling sick, test positive for COVID-19, exhibit a fever of 100 degrees or greater, or have any of the symptoms of COVID-19 based on the following CDC guidance: Symptoms may appear 2-14 days after exposure to the virus. People with these symptoms may have COVID-19:             <ul style="list-style-type: none"> <li>Fever or chills                 <ul style="list-style-type: none"> <li>○ Cough</li> <li>○ Shortness of breath or difficulty breathing</li> <li>○ Fatigue</li> <li>○ Muscle or body aches</li> <li>○ Headache</li> <li>○ New loss of taste or smell</li> <li>○ Sore throat</li> <li>○ Congestion or runny nose</li> <li>○ Nausea or vomiting</li> <li>○ Diarrhea</li> </ul> </li> </ul> </li> <li>▪ Students will not be penalized for illness-related absences as usual.</li> <li>▪ As always, administration and teachers will work with students who are absent to complete missed work at home and/or after they return to school.</li> </ul>   |
| <p>Returning to School</p>                             | <ul style="list-style-type: none"> <li>▪ Persons with confirmed COVID-19 who have symptoms must be cleared by a doctor to return using one of the following strategies:             <ul style="list-style-type: none"> <li>➤ <b>Time-based strategy (without testing)</b><br/>                 At least 3 days (72 hours) have passed since recovery (defined as resolution of fever without the use of fever-reducing medications) and improvement in respiratory symptoms (e.g., cough, shortness of breath); <i>and</i><br/>                 At least 10 days have passed since symptoms first appeared</li> <li>➤ <b>Test-based strategy</b><br/>                 Resolution of fever without the use of fever-reducing medications, and Improvement in respiratory symptoms (e.g., cough, shortness of breath), <i>and</i><br/>                 Two negative PCR test &gt; 24 hours apart</li> </ul> </li> <li>▪ Persons with confirmed COVID-19 who do not have symptoms must be cleared by a doctor to return using one of the following strategies:             <ul style="list-style-type: none"> <li>➤ <b>Time-based strategy (without testing)</b></li> </ul> </li> </ul> |

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|                                | <p>At least 10 days have passed since their first COVID-19 diagnostic test, <i>and</i><br/>They have not subsequently developed symptoms since their positive test.</p> <ul style="list-style-type: none"> <li>➤ <b>Test-based strategy</b> <ul style="list-style-type: none"> <li>Two negative PCR test &gt; 24 hours apart</li> <li>▪ Persons with suspected COVID-19 who do not get tested must be cleared by a doctor to return using the following guidelines:           <ul style="list-style-type: none"> <li>➤ At least 3 days (72 hours) have passed since recovery (defined as resolution of fever without the use of fever-reducing medications) and improvement in respiratory symptoms (e.g., cough, shortness of breath); <i>and</i></li> <li>➤ At least 10 days have passed since symptoms first appeared               <ul style="list-style-type: none"> <li>▪ Persons who have a household member with confirmed COVID-19 will not be permitted to return to the NHA campus until the person with confirmed COVID-19 is cleared by a doctor to return using one of the applicable strategies listed above.</li> <li>▪ Persons who have had direct contact with a non-household member with confirmed COVID-19 will be permitted to return after at least 3 days (72 hours) have passed since exposure if they have not developed any symptoms since exposure.</li> </ul> </li> </ul> </li> </ul> </li> </ul> |
| High Risk Faculty and Students | <ul style="list-style-type: none"> <li>▪ Faculty and students who are high risk should discuss their options with administration before school begins in August.</li> </ul>  |
| Communication                  | <ul style="list-style-type: none"> <li>▪ Policy changes will continue to be shared with applicable faculty and student families as usual.</li> <li>▪ If any student or faculty member tests positive for COVID-19 and they have been at school while contagious, communication would be sent to all faculty and the parents of all students. The infected person’s name would not be released in accordance with HIPPA guidelines. The classroom would be closed until a thorough cleaning has been completed.</li> <li>▪ Any outbreak of COVID-19 at NHA would be communicated to local health officials.</li> <li>▪ If local health officials determine there is substantial transmission of COVID-19 within our community, they will provide guidance to administrators on the best course of action for schools. Any guidance provided would be discussed by NHA’s administration and Board, and</li> </ul>  |

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|  | <p>any changes for our school would be communicated to applicable faculty, students, and families as soon as possible.</p> |
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