

REGENERATIVE MEDICINE/PRP AT THE ARTHRITIS CENTER

Micro-Needling and Platelet Rich Plasma (PRP) Procedure

Platelet Rich Plasma (PRP) can dramatically improve the appearance of aging skin and restore a natural, youthful glow by using your own blood. The therapy can provide dramatic improvements in the skin's appearance, sometimes better than those offered by dermal fillers. This technique greatly aids in the removal of dark circles under the eyes, fine lines, wrinkles, sun damage, skin discoloration, acne scars, skin textures and improves collagen and elasticity.

Description of the Procedure

Dr. Baak's team will begin by taking a blood sample from your arm. This sample is filtered through a special machine to separate the platelets from the blood. Dr. Baak's certified Medical Aesthetician will apply a medical grade numbing cream to your face so the procedure is comfortable. She then will start the micro-needling treatment that creates micro "injuries" to the skin. This triggers new collagen synthesis, resulting in smoother, firmer and younger looking skin. Then, your own Platelet Rich Plasma will be micro-needled into these open channels to boost the skin repair and rejuvenation of your face and neck.

Expected Results

The highly concentrated platelets are collagen-rich which will firm and tighten your skin resulting in a refreshed, natural-looking glow that takes years off your appearance. This treatment will ease the appearance of fine lines, wrinkles, crepey skin, pore size reduction and acne scarring of the skin around the eyes and face. You may notice healthier-looking skin immediately, but optimal results are typically seen with a series of three treatments. The treatment can also be used to reduce stretch marks on the legs, abdomen or back.

Schedule Your Treatment 314-942-6464



59 year old smoker after 2 PRP treatments

Expected Downtime

The procedure has no downtime required, meaning you won't need to take a day off from work or other obligations and the procedure takes around one hour. Allow 90 minutes total to accommodate the numbing process and the full treatment. You may experience skin tightness and mild sensitivity to the touch. This will diminish greatly after a few hours following treatments and within the following 24 hours the skin will be completely healed. The day following the treatment your skin will be red and flushed in appearance to a mild sunburn. This 'sunburn' can be covered with your normal make up. After day three there is barely any evidence that the procedure has taken place. Your treatment includes aftercare products that you will be given to be used at home for two weeks following the procedure. Most patients undergo a series of three treatments for optimal results.

Am I a good candidate?

This procedure is good for skin that has been damaged by the sun or smoking; skin that lacks elasticity due to aging that is dry, rough or wrinkled. Dr. Baak uses this to treat crow's feet, dark circles around the eyes, fine lines around the mouth, poor skin texture, sun damage, acne scars, crepey skin around the eyes, neck and décolletage. If you are prone to cold sores outbreaks inform us when scheduling your treatment as Dr. Baak will send you a prescription that needs to be taken for one week prior to the treatment and for three days after the treatment. All patients need to avoid tanning or exposure to the sun two weeks before and two weeks after the procedure. To achieve the best results, use a broad spectrum 50 SPF on your face and neck as part of your DAILY routine as this will prevent hyperpigmentation of the skin.

If you have questions or would like to schedule your treatment contact us by calling our office at 314-942-6464 or emailing info@drbaak.com

Micro-Needling with PRP



3440 DePaul Lane, Suite 113
Bridgeton, MO 63044
www.drbaak.com · 314-942-6464