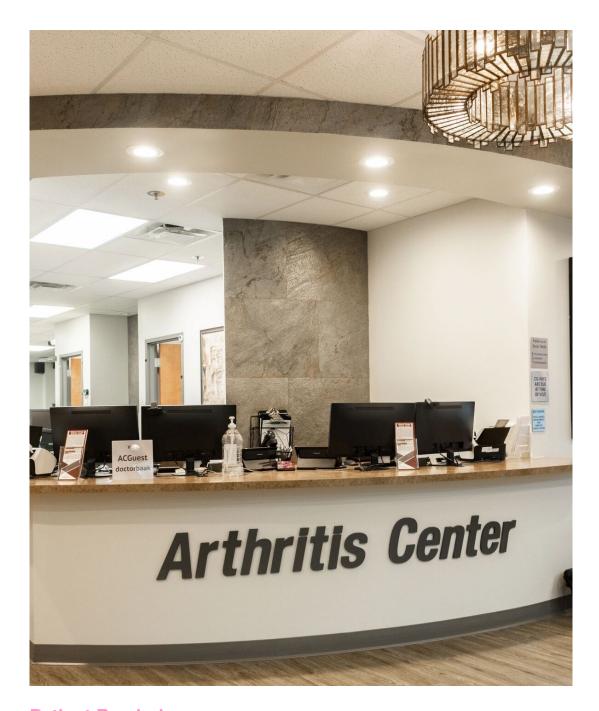






Hello, Friends!

Happy February!



## **Patient Reminders:**

You can now schedule office visits, ultrasound guided steroid injections, and make a payment on our website! Check it out

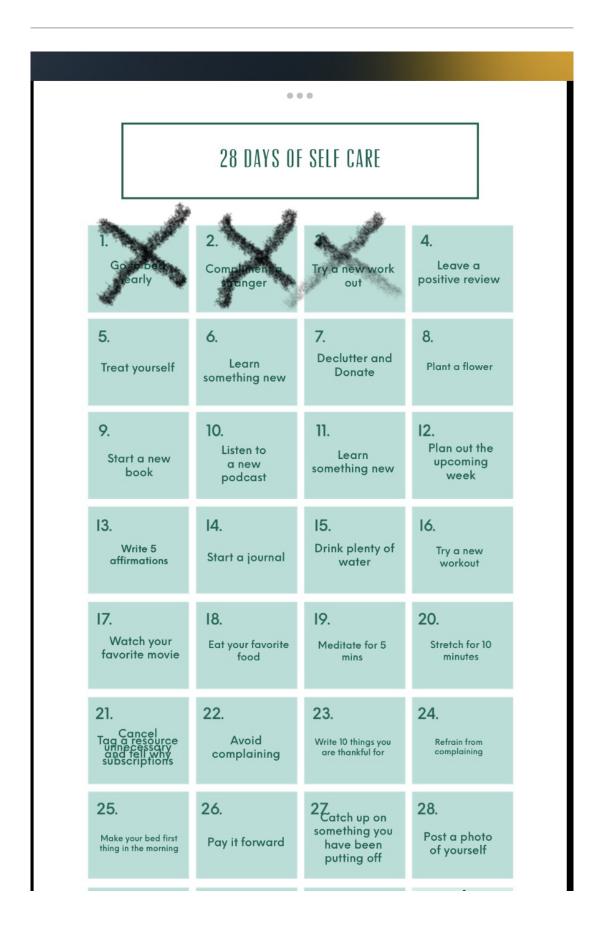
It is your responsibility to make sure we have your most recent insurance card and information to avoid any delays in care. You will have to reschedule your infusion therapy or joint injections if we do not have a copy of your most current insurance card on file.

We do provide payment plans to help offer flexible options to avoid any delays in care! Please do not hesitate to contact our billing office something you think yo

## 28 Days of Self Care

Since February is the month of love, we've put together a challenge focusing on your most

important relationship: the one you have with yourself. For every day in February, you'll be challenged to try different activities focusing on getting to know yourself, caring for yourself, and prioritizing yourself. Follow the challenge, and tag us on Instagram! Follow us!



## AT THE END OF THE CHALLENGE POST A PHOTO OF YOURSELF AND TAG @ARTHRITISCENTERSTL



## **Early Symptoms of Rheumatoid Arhtiritis**

- \_ Fatigue
- \_ Slight fever
- \_ Weight loss
- \_ Numbness and tingling
- \_ Joint stiffness and tenderness
- \_ Decrease in range of motion
- \_ Activities of daily living affected
- \_ Redness and warmth on body joint

Subscribe to our weekly blog posts and be sure to follow us onInstagram , Twitter and like our

\*\*Facebook

Kind regards, Arthritis Center



©2023 Arthritis Center | 3440 DePaul Dr, Bridgeton, Missouri, United States of America, 63044

Web Version

Forward

Unsubscribe

Powered by GoDaddy Email Marketing ®