

February 5, 2024

I have known Zarina Zainal for a number of years and recently was provided life coaching whereas, we spoke about relationships, financial stability, and everyday life situations. Zarina is inspiring, insightful, profound, passionate and endearing. She embodies confidence, exudes positive energy and provides a level of comfort where you can be your authentic self.

We spoke about my relationship, both personally and professionally. She provided guidance that enabled me to embrace my independence, but also taught me to request assistance when needed; to be more open and to accept others as they are.

Zarina's coaching has enabled me to be more confident; appreciative of my life skills and committed to build, support and encourage my daily life situations.

I encourage anyone to build a rapport with Zarina. She's a great coach and mentor!!



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