

**Canine Cavaletti Seminar:
Building Better Movement for the Sporting Dog**



Butler Dog Training Association

1017 Evans City Rd.

Renfrew, PA 16053

Saturday

October 10, 2026

1:00 PM-3:00 PM

\$75 / per working spot (limited)

\$25 / per auditing spot

(only dogs in working spots permitted)

To register (or any questions) please email:

dogpawscs@zoominternet.net

or call: 724-482-6017

Please see next page for additional information

Overview

Designed specifically for handlers of young, novice, and recreational sport dogs, this seminar uses cavaletti work to lay the groundwork for durable, efficient movement patterns. Whether your dog is just beginning agility, rally, dock diving, or enjoys structured activity on weekends, controlled pole exercises help prevent the repetitive strain injuries that often sideline developing athletes.

Meet Your Instructor

Meredith Wille, LVT, CCRP, CCFT (Steel City Canine Rehabilitation and Sports Medicine)

Meredith is a Licensed Veterinary Technician specializing in canine rehabilitation and fitness. She holds certifications as a Certified Canine Rehabilitation Practitioner (CCRP) and a Certified Canine Fitness Trainer (CCFT), bringing a unique blend of clinical therapy knowledge and practical conditioning expertise to her instruction. With years of hands-on experience working with recreational and amateur sport dogs, Meredith focuses on teaching handlers how to build resilient movers from the ground up — emphasizing body awareness, injury prevention, and sustainable long-term fitness strategies that fit real training schedules.

What You'll Learn

- How to set cavaletti spacing and height for your dog's current structure and gait stage, not someone else's final form
- Reading your dog's movement through the poles: identifying stiffness, shortening, or unevenness before it becomes a chronic problem
- Progressive routines that grow with your dog — from physical awareness foundations to rhythm and core engagement without pounding joints
- Warm-up and cool-down sequences using cavaletti to prepare the body for work and promote recovery afterward
- When to push, when to pause: recognizing fatigue and developmental limits in the recreational sport dog

Who Should Attend

Handlers with dogs in early agility foundations, puppy sport classes, recreational dock diving, scent work, or **any active training where long-term soundness matters** more than next weekend's title.